



Oregon

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To: Oregon Health Plan clients

From: Allison Knight, Assistant Manager
DMAP Policy and Planning Section



Subject: Prescriptions for sleep aids (sedatives)

Starting March 16, 2007, the Oregon Health Plan (OHP) will change coverage for sedative prescription drugs (sleep aids). We have notified your health care providers of these changes.

OHP usually does not cover treatment for insomnia (not able to sleep). OHP may pay for prescription sleep aids if the insomnia is connected to certain other health conditions that are covered (for example, depression or bi-polar disease).

Our records show that sometime between October 1, 2006, and December 7, 2006, you had a prescription for medication to help you sleep. Your doctor will have to contact the Division of Medical Assistance Programs (DMAP) to see if your conditions qualify before OHP will pay for your sleeping aids from now on.

If DMAP does not approve your next prescription, you will have to pay for the medicine yourself.

Affected medicines include Ambien, Ambien CR, Lunesta, Rozerem and Sonata or similar generic drugs (*e.g.*, zopiclone, eszopiclone, ramelteon, zaleplon, temzepam, triazolam, flurazepam, quazepam).

Also, OHP will no longer cover use of two different sedatives at the same time for the same month.

Questions? Contact the OHP Client Advisory Services Unit (CASU) at 1-800-273-0557.

DMAP CU Jan 07-004

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