



Oregon

Theodore R. Kulongoski, Governor

Department of Human Services
Division of Medical Assistance Programs
500 Summer Street NE, E35
Salem, OR 97301-1077
Voice (503) 945-5772
FAX (503) 373-7689
TTY (503) 378-6791

September 18, 2007

To: Oregon Health Plan clients

From: Jean S. Phillips, Interim Deputy Administrator
Division of Medical Assistance Programs

Subject: Prescriptions for sleep aids (sedatives)



Starting October 1, 2007, the Oregon Health Plan (OHP) will change coverage for sedative prescription drugs (sleep aids). We have notified your health care providers of these changes.

OHP usually does not cover treatment for insomnia (not able to sleep). OHP may pay for prescription sleep aids if the insomnia is connected to certain other health conditions that are covered (for example, depression or bi-polar disease).

Our records show that sometime between July 15, 2007, and August 23, 2007, you had a prescription for medication to help you sleep. Your doctor will have to contact the Division of Medical Assistance Programs (DMAP) to see if your conditions qualify before OHP will pay for your sleeping aids from now on.

Affected medicines include Ambien CR, Lunesta, Rozerem and Sonata or similar generic drugs (*e.g.*, eszopiclone, ramelteon, zaleplon, temzepam, triazolam, flurazepam, quazepam).

Also, OHP will no longer cover use of two different sedatives at the same time for the same month.

Questions? Contact the OHP Client Services Unit (CSU) at 800-273-0557.

DMAP CU 07-170

"Assisting People to Become Independent, Healthy and Safe"
An Equal Opportunity Employer