

Oregon Teen Pregnancy Prevention Action Agenda Activity Guide

The Oregon Teen Pregnancy Prevention Action Agenda, last published in 2002, outlines seven strategies that address the issues of adolescent pregnancies.

Across the state, local teen pregnancy prevention coalitions have created and implemented specific projects that put the fundamentals of the strategies into action. This booklet provides an overview of those projects.

The projects are sorted by the strategy they pertain to. Contact information is included for each project. *(Please note: This guide is not intended to reflect all DHS or state-agency programs and activities that contribute to the overall effort to prevent teen pregnancies.)*

For more information about the Action Agenda and local coalitions, please contact the DHS Office of Prevention and Transitional Benefits Unit at (503) 945-5600.

April 2005



Strategy I -- Positive community values Build and support positive community values through public awareness, youth and adult involvement, and collaboration with the community.

| Type of Activity | Name | Description | Contact |
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| Publication | <i>The Rational Enquirer</i> | <p>A 20-page publication that features current articles about teens, teen parents, birth control, best practices and successful programs. A statewide distribution network has been set up.</p> <p>This is a joint project of the Oregon Teen Pregnancy Task Force and the Department of Human Services (DHS).</p> <p>For copies, call (503) 731-4021, download from www.oregon.gov/dhs/children/publications/tpp/index.shtml</p> | <p>Judy Fightmaster DHS Health Services (503) 731-3242</p> |
| Publication | <p><i>Bee Involved in Teen Pregnancy Prevention: Organizing, Operating and Building Your Coalition.</i></p> <p><i>Bee Involved in Teen Pregnancy Prevention: Communication</i></p> | <p>These two booklets were designed to assist local prevention coalitions. They are available free of charge, and can be downloaded from www.oregon.gov/dhs/children/publications/tpp/index.shtml</p> | <p>Department of Human Services (503) 945-5600</p> |
| Publication | <i>An Overview of DHS Teen Services</i> | <p>This booklet is designed to be used primarily by DHS staff and community partners to identify benefits and services that are available from DHS to help young people successfully transition to adult life.</p> <p>Copies can be downloaded at http://dhsforms.hr.state.or.us/forms/served/DE2301.pdf</p> | <p>Department of Human Services (503) 945-5600</p> |

Strategy 1 (continued)

| Type of Activity | Name | Description | Contact |
|-------------------|----------------------------------|---|---|
| Publication | Youth Resource Card | <p>Lists toll-free phone numbers and websites where young people can get information on critical topics such as alcohol and drug abuse, family planning services and crisis intervention.</p> <p>Cards are available in English and Spanish at no cost, and can be downloaded from www.oregon.gov/dhs/children/publications/tpp/index.shtml</p> | <p>Department of Human Services</p> <p>(503) 945-5600</p> |
| Technical Support | DHS support for local coalitions | <p>Each of the 36 local teen pregnancy prevention coalitions has been assigned a DHS Prevention Services staff member. The DHS staff member is directly involved in most of the coalition's efforts, developing work plans and working side-by-side with community partners.</p> <p>DHS staff members help tailor plans to a local community, based upon its resources and needs.</p> | <p>Department of Human Services</p> <p>(503) 945-5600</p> |

Strategy 2 -- Comprehensive sexuality education and youth development Support and promote school- and community-based youth development efforts, and research-based, comprehensive sexuality education for all young people.

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| Resource | "Campaign for Our Children" (CFOC) | <p>A statewide media campaign in 2000-01 that presented a teen pregnancy prevention message focused on youth and their parents. It included print materials such as billboards and posters, and radio public service announcements that were purchased from CFOC.</p> | <p>Department of Human Services</p> <p>(503) 945-5600</p> |
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Strategy 2 (continued)

| Type of Activity | Name | Description | Contact |
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| Activity | Jefferson County Youth Summit 2003 | The purpose was to engage youth in community activities and link them with community resources. It focused on prevention and building supportive networks for youth. Young people were responsible for all aspects of the summit. 150 youth were invited to participate. | Department of Human Services (503) 945-5600 |
| Resource | "Safer Choices" Curriculum | Through a contract with DHS, the Jackson County Health Department provided technical support to the Phoenix/Talent School District during the 2002-03 school year, while they used the Safer Choices curriculum with their students. Safer Choices is a high-school based prevention program for HIV, STDs and pregnancy. It is recommended by the Center for Disease Control as an effective program and costs \$189. | Department of Human Services (503) 945-5600 Information and ordering of program: ETR & Assoc. 1-800-321-4407 |
| Training / Resource | Community Assets Training Conference | The Hope for the Future: Families, Children & Communities: Together We Can Make a Difference Conference was a statewide training on the Search Institute's 40 Developmental Assets framework, held in 2004. The training supports the concepts and principles of the Positive Youth Development Program. The conference was sponsored by the Department of Human Services and the Oregon Commission on Children and Families. | Department of Human Services (503) 945-5600 Oregon Commission on Children and Families (503) 373-1570 Program information: Search Institute (800) 888-7828 www.search-institute.org Assets for Colorado Youth 1(888) 543-7871 www.buildassets.org |

Strategy 2 (continued)

| Type of Activity | Name | Description | Contact |
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| Activity | Before- and after-school programs | Several counties have developed and hosted activities for youth before and after school. Some examples of activities are: homework clubs, peer-mentor programs, services-learning projects and family education events. The costs of these activities vary. | Department of Human Services (503) 945-5600 |
| Training / Resource | "Can We Talk?" | DHS provided statewide training and support for the "Can We Talk?" parent education program. The program consists of a series of parent workshops that encourage parents and schools to partner in sexuality education of young people. Trained facilitators are available in certain areas. Materials are available in English and Spanish. There may be funding available through the Oregon Education Association to cover the costs of family workbooks and videos. | Department of Human Services (503) 945-5600 Information on the program and funding for materials: Ore. Education Assoc. 6900 SW Atlanta, Portland, OR 97223 (503) 684-3300, (800) 858-5505 |
| Publication | Oregon Teen Pregnancy Prevention Action Agenda Curriculum Guide | This is intended as a tool to help local schools and organizations select programs and activities related to sexuality education. The curricula and programs were reviewed against a set of criteria by Action Agenda work groups. The guide also provides information on some research-based sexuality education programs available nationwide. It is available at no cost, and can be downloaded from www.oregon.gov/dhs/children/publications/tpp/index.shtml | Department of Human Services (503) 945-5600 |

Strategy 3 -- Abstinence Education Promote abstinence and help youth develop the skills to identify and resist pressures, so they are able to choose abstinence.

| Type of Activity | Name | Description | Contact |
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| Program | <p>"STARS" (Students Today Aren't Ready for Sex)</p> <p>("Estrellas" Spanish version)</p> | <p>STARS is based on the Postponing Sexual Involvement Curriculum, which believes that young teens should postpone sexual involvement. High school students are trained as educators and act as role models for their younger peers.</p> <p>STARS can be delivered in English and Spanish. It is currently taught in two-thirds of the state's middle schools, has involved 14,467 teen leaders and has reached over 226,135 6th and 7th grade students.</p> | <p>Jon McDaid DHS STARS Program 30 N. Webster Suite A Portland, OR (503) 280-6781 ext. 286 www.stars-foundation.org</p> <p>www.oregon.gov/dhs/children/publications/tpp/index.shtml</p> |
| Program | <p>"Stop and Think"</p> | <p>The Stop and Think program teaches decision making skills while encouraging pre-marital abstinence. It focuses on abstinence alone and presents sex in the context of marriage.</p> <p>It is offered in ten counties in Oregon and two in southwest Washington. There is no charge to schools or community organizations for the program or materials.</p> | <p>Andrew Robinson Lane Pregnancy Support Center 134 E. 13th, #5 Eugene, OR 97401 (541) 485-8662 www.stopthink.net</p> |
| Resource | <p>"Talk to Them"</p> | <p>The Talk to Them campaign is a resource to help involve parents with their children's sexual health. The campaign uses billboards, radio public service announcements, TV commercials and brochures to encourage parents and give them the tools to have ongoing conversations with their children about sex, love and relationships.</p> | <p>Rose Fuller Northwest Family Services 4805 NE Glisan Portland, OR 97213 (503) 215-6377 www.talktothem.org</p> |

Strategy 3 (continued)

| Type of Activity | Name | Description | Contact |
|------------------|--|--|--|
| Program | "Youth Solutions" Abstinence Education Program | <p>Youth Solutions offers English and Spanish services, including peer-enacted dramas relating to the pressures faced by middle and high school students; peer-leader presentations, school intervention with curriculum, family and parent education; and education and skill-development presentations for community and school audiences.</p> <p>Programs are provided in all Oregon and southwest Washington areas. There is no charge to schools or community organizations for the program or materials.</p> | <p>Rose Fuller Northwest Family Services 4805 NE Glisan Portland, OR 97213 (503) 215-6377 e-mail: service@facts.cc web: www.facts.cc</p> |

Strategy 4 -- Contraceptive access Help youth avoid pregnancy by providing timely education, outreach and access to reliable contraceptives

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| Resource | Condom Access | <p>In response to request from clients, DHS has made condoms available in local branch offices and some partner agency offices.</p> <p>Each DHS service delivery area works closely with community partners such as Planned Parenthood and local county health departments in these efforts.</p> | <p>Department of Human Services (503) 945-5600</p> |
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Strategy 4 (continued)

| Type of Activity | Name | Description | Contact |
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| Activity | Jackson County Demonstration Project (2001-02) | <p>DHS funded a demonstration project in Jackson County in collaboration with Jackson County Public Health Services.</p> <p>The project surveyed youth and adults on three key issues: ease or difficulty youth face when accessing pregnancy-prevention and sexual-activity resources; whether youth are using birth control; and where they obtain it.</p> <p>The project has been renamed the Reproductive Health Care Demonstration Project.</p> | <p>Department of Human Services</p> <p>(503) 945-5600</p> |
| Activity | Benton County Male Involvement Project: "Male Advocates for Responsible Sexuality (MARS)" | <p>This is one of three contraceptive access demonstration projects intended to determine if there is community support for increased access to reproductive health care services for adolescents.</p> <p>The goal of MARS is to increase male involvement in responsible decision making about sexual health in young men 14 to 24 years old.</p> <p>This project included educational outreach, monetary incentives for young males to attend sexual health counseling appointments, and a media campaign to promote the services of the county's Sexual Health Clinic.</p> | <p>Judy Fightmaster DHS Health Services</p> <p>(503) 731-3242</p> |

Strategy 4 (continued)

| Type of Activity | Name | Description | Contact |
|-----------------------|--|---|--|
| Resource/ Training | Contraceptive Access Tools for Local Coalitions | A tool kit of information and presentation materials for use at the local level to education coalition partners and other community members about the importance of contraceptive access for teens | Marsha Brantley DHS Health Services (503) 731-4018 |
| Service | Family Planning Expansion Program (FPEP) | <p>This Medicaid Waiver program guarantees free clinical contraceptive services for people with incomes under 185 percent of the federal poverty level. Teens are assessed for eligibility based on their own income.</p> <p>This program has resulted in significant expansion of clinical capacity throughout the state. Coupled with the Title X grant program, it has allowed more than 44,000 young people aged 19 or under to receive services each year.</p> | <p>DHS Family Planning Program (503) 731-4018</p> <p>For information about local services, call 1-800-SAFENET (723-3638)</p> |
| Activity | Marion County Contraceptive Access Demonstration Project | <p>This second demonstration project was administered through the Willamette Educational Service District (WESD).</p> <p>This project included surveys sent to school-age youth, and the faith, business and health communities, with the survey findings shared through local community meetings; and a media campaign.</p> | <p>Judy Fightmaster DHS Health Services (503) 731-3242</p> |

Strategy 5 -- Male involvement and leadership Support active participation of young men and adult males in teen pregnancy prevention and parenting efforts

| Type of Activity | Name | Description | Contact |
|------------------|---|---|---|
| Activity | Male Involvement Pilot Projects | <p>DHS selected five counties (Coos, Jackson, Multnomah, Josephine and Washington) for male involvement pilot projects.</p> <p>The projects included:</p> <ul style="list-style-type: none"> • curriculum purchase and training • media campaign • focus and support groups • summer programs for boys • establishment of a county-wide male leadership team | <p>Department of Human Services</p> <p>(503) 945-5600</p> |
| Activity | 2000 and 2001 Teen Boys Summits | <p>In partnership with the Department of Justice, DHS and OCCF hosted two statewide teen boys summits. The goal of the summits was to help young men learn to use responsible decision-making skills to avoid becoming a teen parent.</p> <p>Over 400 young men attended the two summits, and more than 95 percent said the summit had a positive effect on them and they would recommend activities to a friend.</p> | <p>Department of Human Services</p> <p>(503) 945-5600</p> |
| Activity | "Involving Males: A Meaningful and Respectful Approach" | <p>Two pilot projects were conducted with boys aged 14 to 18, sponsored by DHS; Multnomah County Health Department; Howard Hiton, MS, LPC; Open Meadows; and Alternative Learning Center.</p> <p>Facilitated group discussions were designed to increase positive male involvement and leadership in adolescent pregnancy prevention.</p> | <p>Department of Human Services</p> <p>(503) 945-5600</p> |

Strategy 6 -- -- Balancing health, safety and legal issues Promote the balance between safety and accountability in the handling of teen-sexual-abuse and teen-pregnancy cases

| Type of Activity | Name | Description | Contact |
|------------------|--------------------------|---|---|
| Pilot Project | Multi-Disciplinary Teams | <p>Teams were funded in two counties -- Josephine and Crook .</p> <p>The teams are developing and putting into operation a procedure for "case staffings" of alleged teen sexual abuse. They are also developing and implementing a training for mandatory reporters that focuses on teen sexual abuse and the team's response to such incidents.</p> | <p>Department of Human Services</p> <p>(503) 945-5600</p> |

Strategy 7 -- Young-parent services Support and promote community services and programs essential to the health and well-being of young parents and their children

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| Resource / Training | <i>Directions</i> Guidebook for Young Parents | <p>This is a curriculum designed for providers who serve adolescent parents. It is designed to help young parents make health choices and prevent subsequent unplanned pregnancy.</p> <p>The guidebook has been translated into Spanish. It is available in electronic and printed formats from the Insights Teen Parent Program.</p> | <p>Insights Teen Parent Program</p> <p>(503) 239-6996</p> |
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Strategy 7 (continued)

| Type of Activity | Name | Description | Contact |
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| Training | Regional meetings and trainings | <p>DHS hosted five regional meetings and trainings around the state, in partnership with the Oregon Teen Pregnancy Prevention Task Force.</p> <p>The meetings brought together a variety of community partners and stakeholders to share ideas, identify local concerns, acknowledge community accomplishments and to provide training on the Directions Guidebook for Young Parents.</p> | <p>Department of Human Services</p> <p>(503) 945-5600</p> |
| Publication | <i>Essential Components in Young Parent Programs</i> | <p>This publication is a guide for organizations that work with young parents. It lists 15 essential components that contribute to the success of young parent programs. It was developed in partnership with youth and many local statewide agencies and community representatives who work to promote the health and well-being of young parents and their children.</p> <p>A copy can be downloaded from www.oregon.gov/DHS/children/publications/tpp/index.shtml</p> | <p>Department of Human Services</p> <p>(503) 945-5600</p> |

All teen-pregnancy-prevention strategies

| Type of Activity | Name | Description | Contact |
|------------------|--|---|---|
| Funding | Support for teen-pregnancy-prevention coalition projects | <p>DHS awarded up to \$20,000 to 31 qualifying county coalitions to support their local efforts.</p> <p>The projects that were funded included:</p> <ul style="list-style-type: none"> • creation of a teen theater • purchase of curriculum materials • youth summits • male involvement programs • mentoring programs • a mobile medical unit • parent education | <p>Department of Human Services</p> <p>(503) 945-5600</p> |
| Funding | "Mini-grants" | <p>DHS funded "mini-grants" for local prevention coalitions. These grants are for enhancing or implementing local teen pregnancy prevention efforts. The grants have a maximum amount of \$2,000 and can be applied to activities through June 30, 2005.</p> | <p>Department of Human Services</p> <p>(503) 945-5600</p> |

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Additional copies of this document are available by calling DHS at (503) 945-5600, or can be downloaded from www.oregon.gov/dhs/children/publications/tpp/index.shtml