# Oregon Plan for Salmon and Watersheds



license Put a salmon on your plate!

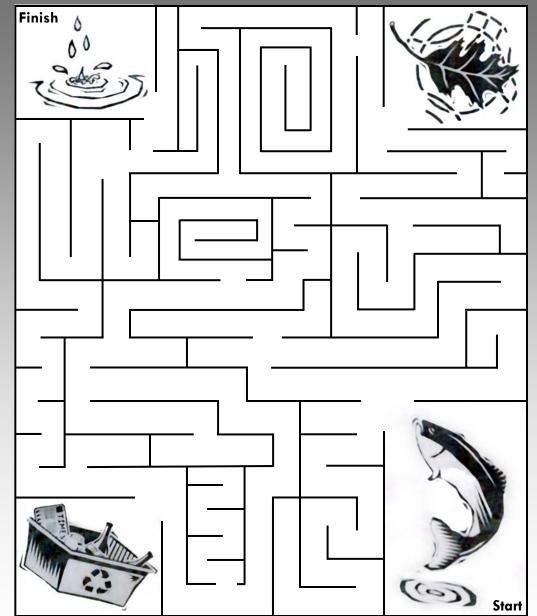
## How you can help:

#### Save Water

- Take shorter showers.
- Turn off the water when brushing teeth.
- Turn off the water when scrubbing dishes.
- Flush only when needed.
- Water lawns no more than twice a week.

#### Save Water by Saving Energy

- Turn off the light when you leave the room.
- Turn off the TV, computer, and electronic games when not in use.
- Recycle cans, paper, plastic, cardboard, glass, and more.



#### Keep Water Clean

- Wash your car on the grass.
- Dump no waste in storm drains.
- Recycle used motor oil.
- Use pesticides and fertilizers with care.
- Keep your
  streambanks stable.

### Give Fish a Home

- Volunteer with your local watershed council.
- Shade your stream.
- Leave fallen logs in the stream.

Learn more at the Oregon Plan for Salmon and Watersheds website: www.oregon-plan.org or call (503) 986-0178.

"Fish don't live in streams, they live in *watersheds*... in fact, we all do."