State of Oregon Department of Human Services Vocational Rehabilitation Division



"The World is at Your Fingertips"
Second Edition
Summer 1999

INTERNET DISABILITY RESOURCE MENU FOR THE REHABILITATION PROFESSIONAL

by

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> Second Edition Summer 1999

Preface

This document originated from a graduate project at Southern Oregon University where the author, Franklin Corbin, attended in 1997. Franklin currently works as a VR Counselor Specialist in the Medford office.

VRD Training & Development Services has provided assistance with formatting, layout, technical assistance and distribution of this booklet. As you are aware, web sites are ever changing with new sites being added daily. Mr. Corbin has done his best to keep up with sites that are relevant to the Rehabilitation Professional. If you can contribute to any new additions for future editions, please forward your information to: franklin.n.corbin@state.or.us

Franklin N. Corbin Vocational Rehabilitation Division July 1999

Introduction

Here is my second of what I hope will be many future editions of this booklet. Computers and the number of users continue to grow to staggering numbers. Just think, in 1981 there were less than 300 computers in use that had internet capability. In 1999, it is estimated that there are more than 65 million people in the United States alone with access to the internet. The future for the internet is endless.

I have completely updated and added many new internet sites and deleted those from the first edition that are no longer functioning. I have added two new additions in the Table of Contents, Financial Resources and Business & Technical Assistance/Home-Based Self-Employment. The later was added due to a recent trend we are seeing toward more consideration of self-employment and technical assistance needs.

Enclosed you will find 185 high-quality internet sites that were selected for use by professional's working with individuals with disabilities. Please be sure to explore the attached links when accessing each site as this will lead you to other valuable resources in your search. As with edition one, site addresses that are followed by three asterisks (***) are sites that I found to be of exceptional content. Remember that each address must be typed exactly as it appears in this booklet. Many sites are case sensitive (if some letters are capitalized or lower case, you must do the same). Do not type spaces in any internet address.

It's a pleasure to provide this 1999 second edition. I want to thank all of you who were gracious enough to share your feedback and contributions with me in preparation of this edition. I would also like to thank Amy Klaus, who is VRD's Desktop Publisher. This project would not have been possible without her willingness to take it on in the midst of her other daily responsibilities.

I welcome your comments and suggestions. You can e-mail me at fnc@mailexcite.com or at my state office: franklin.n.corbin@state.or.us

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I. Disability Legislation& ADA Information

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ADA Technical Assistance Program http://www.adata.org/

National Center for the Decimation of Disability Research***
http://www.ncddr.org/

ADA & Disability Information: Virginia Polytechnic Institute & State University http://www.ps.vt.edu/ps/er/adadoc/html

Disability Law: The Practicing Attorney's Homepage http://www.legalethics.com/pa/practice/disabled.htm

NOD: National Organization on Disability http://www.nod.org/

Americans with Disabilities Act:
A Guide to Disability Rights Laws.
http://maxpages.comk/awda

ADA Information Center Online: From the Kansas Commission on Disability Concerns. http://www.adabbs.hr.state.ks.us/dc/

ADA Document Center http://janweb.icdi.wvu.edu/kinder/

U.S. Department of Justice: Americans with Disabilities Act: ADA Homepage http://www.usdoj.gov/cer/ada/adahom1.htm

The Legal Information Institute: Cornell Law School http://galaxy.einet.net/galaxy/Law.html

II. Orthopedic Disabilities

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Independent Living Products: Helping to make life a little easier and more enjoyable.

http://www.ilp-online.com/

Gateway to the Orthopedic Internet http://owl.orthogate.org/

Chairbound.com: A site for people to communicate and share ideas. http://www.chairbound.com/index01.htm

Alternative Driving Solutions http://www.gocortez.com/page 6.html

Access Unlimited: Working to set you free. http://www.accessunlimited.com/

National Spinal Cord Injury Association http://www.spinalcord.org/

Spinal Cord Injury/Dysfunction Service,
Dept. Veterans Affairs (Great Resource for Vets.)
http://www.longbeach.va.gov/sci/

The Hub: Wheelchair users information. http://www.curbut.com

Physical Activity and Disabilities Act: ADA Homepage http://info.lut.ac.uk/research/padd/home.html

Access Unlimited: Adaptive
Transportation and Moblity Technology
http://www.accessunlimited.com***

Don's Spinal Cord Injury Page: Forums, muscle spasms, spacsisity and pain control. (Great resource page.)***

http://www.biddeford.com/~dlappin/spinal.html

RIS:RERC on Technology for Children with Orthopedic Disabilities: Rehabilitatin Engineering Research Center on Technology for Children with Orthopedic Disabilities.

http://www.icdi.wvu.edu/

III. Mental/Learning Disabilities

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National Association of Down's Syndrome http://www.nas.com/downsyn/

Mental Health and Developmental Disability Services Division:
Oregon Department of Human Resources homepage
http://www.hr.state.or.us/mhdd/welcome.html

The ARC Homepage: The ARC of the United States:
Services to children and adults with mental retardation
http://www.thearc.org/

LD Online: Interactive guide to learning disabilities for parents, teachers, and children. http://www.idonline.org/index.html

Internet Mental Health: Sharing mental health knowledge with the world. A free encyclopedia. http://www.mentalhealth.com/***

Attention Deficit Disorder/A.D.D., A.D.H.D http://www.inquest.met/greatconnect/oneaddplace

Attention Deficit Disorder Association http://www.add.org/

The Schizophrenia Society of Canada: A handbook for families about warning signs of schizophrenia and how to deal with it.

http://www.mentalhealth.com/book/p40-sc01.html

Down's Syndrome Resources http://www.nas.com/downsyn/

Sites Sorted by Disability Type: Mental Health Disablities.*** http://indie.ca/

IV. Visual Disabilities

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Oregon Industries for the Blind: Serving blind and developmentally disabled.

http://www.teleport.com/~oib/

Oregon Commission for the Blind: A state agency resource to assist visually impaired Oregonians.

htp://www.cfb.state.or.us/

AFB/American Foundation for the Blind http://www.afb.org/

Blindness Resource Center: Over 200 links related to blindness and the use of computers by persons with low vision.

http://www.nyise.org/blind.htm

Blindness Related E-Mailing Lists: Subscribe to over 65 blindness related e-mail lists. http://www.hicom.ner/~oedipus/blist.htm/

Blind Spots: Movie reviews for the visually impaired http://www.vashti.ner/blind/

Guide Dogs for the Blind, Inc. http://www.guidedogs.com/

National Federation for the Blind http://www.nfb.org/

Canine Companions for Independence: "Exceptional Dogs for Exceptional People." http://www.caninecompanions.org/

Enablenet II: By the Disabled People's Association, Singapore, Japan.

http://www.dpa.org.sg/

Royal National Institute for the Blind, England http://www.rnib.org.uk:80/

Visual Impairments: A guide for the perplexed. http://vanbc.wimsey.com/~jlyon/index.html

V. Hearing Disabilities

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Center for Assessment & Demographic Studies at Gallaudet University.

http://gri.gallaudet.edu/

Canine Companions for Independence http://www.caninecompanions.org/

Central Institute for the Deaf: Private non-profit institute centered on the effects of hearing impairment.

http://www.cid.wustl.edu/

Deaf World: Comprehensive worldwide site***
http://deafworldweb.org/

Gallaudet University http://www.gallaudet.edu/

Note Page, Inc.: Assistive technology products and services for the deaf & HOH http://www.icdi.wvu.edu/Others.htm#g5

Rehabilitation Research & Training Center for Persons Who Are Deaf or Hard of Hearing http://www.vark.edu/depts/rehabres/

HITEC Group International Assistive Device Center http://www.hitec.com/nadc/index.html

VI. Addiction Resources

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Substance Abuse Education & Addiction Resources http://mcet.edu/healthlinks/subst.html

Resources: Addiction Recovery http://www.flpinstitute.com/steppingstones/addrec.htm

Addiction: The High-Low Trap: A nice, comprehensive website with good links on addiction issues.***

http://idir.net/~irvcohen/links.html

Addiction Intervention Center - Family Intervention for Addiction: Intervention resources for alcoholism, drug addiction, gambling, computer addiction, and other self-destructive behavior.

http://www.intervention.com/gambling/

SOS: Secular Organization for Sobriety: An alternative recovery method for those alcoholics or drug addicts who are uncomfortable with the spiritual content of widely available 12-step programs. http://www.lewisham.gov.uk/volorgs/sos/index.html

The World Wide Web - Rational Recovery
Center: Frequently asked questions about
Rational Recovery. A comprehensive RRT site. ***
http://www.rational.org/recovery/

Non-12-Step Organization: Rational Recovery and Secular Organization for Sobriety Resources http://www.premier1.net/

Is AA for You?: Twelve questions to ask yourself if you drink.

http://www.addictions.com/

APPI: American Journal on Addictions http://www.appi.org/ajabak.html

National Clearinghouse for Alcohol and Drug Information: Chemical addictions, AIDS, HIV, sexuality, etc. http://www.health.org/resref.htm

AA @ afn.org 12-STEP RECOVERY:
A good resource for addictions.***
http://www.afn.org/~aa/

Alcohol and Drug Websites: Information about traditional recovery programs like AA or NA plus various treatment information.

http://www.odos.uiuc.edu/Counseling_Center/aodlinks.htm

[University of Illinois at urbana - Champaign, Counseling Center]

Substance Abuse Internet Sites: Addiction technology, internet search sites, substance abuse resources.

http://views.vcu.edu/vattc/

Disability Bulletin Board: For families, persons with disabilities, siblings, relatives, and professionals.

(THIS SITE IS DESIGNED FOR TEENS ONLY.)

http://www.resources4u.com/

VII. Medical Resources



Galaxy: The professional's guide to a world of information. A comprehensive medical guide on diseases, operative surgery, therapeutics, etc. http://galaxy.einet.net/galaxy/medicine.html

Virtual Hospital: Welcome to a virtual hospital. A digital health sciences library created by the University of Iowa. http://vh.radiology.uiowa.edu.80/welcome/html

Mayo Clinic

http://www.mayohealth.org/mayo/library/htm/tocbones.htm

Med Help International: We offer patients the tools necessary to make informed treatment decisions within the short timelines dictated by their illness or disease.***

http://medhlp.netusa.net/

Medical Sites on the World Wide Web http://rgfn.epcc.edu/programs/trainer/www/central/medsites.htm

Medical Breakthroughs by Ivanhoe Broadcast News, Inc. http://www.ivanhoe.com/

Northeast Rehabilitation Hospital-Rehab Net http://www.rehabnet.com/

Physical Medicine and Rehabilitation: Johns Hopkins University http://www.med.jhu.edu/rehab

Alternative Medicine Resources: Hot list on everything you want to know about alternative medicine but are afraid to ask your doctor. Comprehensive annotated list of all the alternative health topics.

http://www.pitt.edu/

VIII. Sports & Leisure Resources

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Rock N' Roll: Cycles for all special needs. http://www.coast-resources.com/rocknroll/

United Cerebral Palsy Athletic Association http://www.uscpaa.org.

International Wheelchair Aviators http://www.dsg.cs.tcd.ie/dsg_people/sloubtin/lWA.html

U.S. Disabled Volleyball Team (USDVT): "Standing physically athletics."http://volleyball.org/usdvt.html

Disabled Sports, USA: Not for profit organization promoting sports and recreation for disabled persons.

http://www.dsusa.org/

Alpine Skiing HomePage http://www.lut.ac.uk/research/paad/ipc/alpine-skiing.html

Winners on Wheels http://www.wowusa.com

Kiwanis Horses and Handicapped Riding http://inf-tech.com/kiwani

IX. Resources & OtherSpecific Disabilities

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National Organization for Rare Disorders, Inc. (NORD). I highly recommend this site. It has a built in search and a rare diseases database with an alphabetical listing of diseases.

http://www.rarediseases.org/

United Cerebral Palsy: Advancing the independence of people with disabilities.

http://www.ucpa.org/

Special and General Education Links: Many disability groups and resources listed.

http://www.dsqc.org/fre/links.htm

Resources for lesbians, gays and bisexuals with disabilities. http://tps.stdorg.wisc.edu/MGLRC/groups/dykesdisabilities/stuff.htm

JAN on the Web: Thorough site information resources by specific disabilities. http://janweb.icdi.wva.edu/links/disspec.htm

WebABLE: The authoritative web director for disability related internet resources.

http://www.yuri.org/webable/

Web Accessibility Initiative (WAI): Web resources on disability related issues. http://www.w3.org/wai/

State Vocational Rehabilitation Agencies:
A state by state list of addresses, phone/fax numbers, and web site addresses.

http://www.ssa.gov/odhome

Galaxy: The Professional's Guide to a World of Information: A good site for a myriad of information on disability resources.

http://galaxy.einet.net/galaxy/community/health/disabilities.html

Esmeral's Collection of Disability Resources http://www.esmerel.org/

Esmerel's List of Disability Resources http://www.esmerel.org/lists/

Untangling the Web: This site, by Steve Fullmer of the West Virginia Rehabilitation Research and Training Center, is an extremely comprehensive resource site on most disabilities. (Highly Recommended)***

http://www.icdi.wvu.edu/

Hemophilia Homepage http://www.web-depot.comk/hemophilia/

Fragile X Syndrome: FRAXA Research Foundation http://www.worx.net/fraxa/

Neuroscience Brain Head Injury Trauma Shock Cognitive Rehabilitation - The NeuroScience Center of Indianapolis http://www.inetdirect.net/nsc/

Attendants: Website for finding attendants and attendant work. http://members.oal.com/criptrip/attendants/welcome.html

Therapeutic Horseback Riding:
Special equestrian riding therapy, Inc.
http://www.instanet.com/~sert/

Access-Able Travel Service http://www.access-able.com/

Project Enable: Over 150 special interest discussion groups and over 5000 files for examination/download on disability. http://.icdi.wvu.edu./enable.htm

Web ring site that includes information on C.P., C.F.S., A.D.D.H., and arthritis. http://www.rundlepark.com/disabilityring.htm

National Education Association of Disabled Students (NEADS). National scholarships and grants for post-secondary students with disabilities.

http://csd.mcmaster.ca/

Disabled Student Services in Higher Education: A discussion group forum to share information among providers of services for disabled students in higher education.

E-mail Subscription address: listserv@ubvm.cc.buffalo.edu

Fathers of Children with Disabilities: The mission of this discussion group is to share information, inquiries, ideas and opinions on matters relating to the experiences of fathers of children who are disabled and have special health needs.

E-mail Subscription address: listserv@ukcc.uky.edu

Mentally Retarded Deaf: This list has been created to fill a great need and is open to teachers, parents, students, administrators, therapists, researchers, and anyone who has an interest in the mentally retarded deaf.

E-mail Subscription address: majordome@bga.com

SADIE: The Intellectual Disability Network: Articles and information about intellectual disabilities, including policy, psychology, medicine and education.

E-mail address:gopher.vifp.monash.edu.au

Disabled Computing: Articles and information about computing for those with physical disabilities.

E-mail address: val-dor.cc.buffalo.edu

X. Literature & Publications

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Institute on Disability Publications http://iod.unh.edu/pubdeff.htm

The DRM Guide to Disability Resources on the Internet - Publications and Services http://www.geocities.com/CapitalHill/1703/DRMpubs.html

Society for Disability Studies http://www.uic.edu/orgs/sds/index.html

Ability Network: Canada's cross disability magazine. http://www.ability.ns.ca/anet.html

Closing the Gap: Computer Technology and Rehabilitation http://www.closingthegap.com/

Ability Magazine: The first magazine published focusing on disabilities to cross over into mainstream America.

http://www.abilitymagazine.com/

The Able Informer: Your online newsletter of resources for people with disabilities.***

http://www.sasquatch.com./ableinfo/

Mental Health Resources Psychology Journals and Resources http://mentalhealth.miningco.com/blsearch.htm

National Clearinghouse of Rehabilitation Training Materials: NCRTM is a federally funded grant program that collects and disseminates grant produced rehabilitation materials. By Oklahoma State University. http://www.nchrtm.okstate.edu/index_3.html

Disability: U.S. Dept. Health and Human Services, SSA: Intro to Disability and Social Security. http://www.ssa.gov/programs/disability/publications/disability.html

Disability International Magazine http://www.escape.ca/~dpi/di.html

New Mobility Magazine http://www.newmobiltiy.com

Financial Aid Search Through the Web - Free scholarships on each site. Scholarship dollars for school. http://www.FASTWEB.COM

The Smart Student Guide to Financial Aid http://www.finaid.org

XI. Employment-Related Sites

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Oregon Employer Council http://www.emp.state.or.us.emprsvcs/jsec/

Oregon Nannies Home Page: Placing child care professionals nationwide. http://www.oregonnannies.com/

The City of Eugene Transition Employment Center:
Local, state, national and global job listings.

http://www.ci.eugene.or.us.resource/tec/default.htm

Yahoo! Oregon Classified - Employment Internships:
Oregon employment and internship opportunities.
http://employment.classifieds.yahoo.com/oregon/employment

Oregon Home Page - Commerce: Links to accommodate information about Oregon's economy.

A good site with a myriad of employment and service links.

http://www.state.or.us.economy.htm

State of Oregon Employment Department:
Job seeker employment services.
http://www.emp.state.or.us.sitemap.htm

Jobs and Careers: Rising Star Internships. Search for internships in over 75 different job categories. http://www.rsinternhips.com/rshome.htm

JTPA - Oregonnation: Links to workforce and training sites. http://www.jtpa.state.or.us/more.htm

Federal Job Site http://www.usajobs.opm.gov/

Oregon Employment Department http://www.emp.state.or.us

Goodwill Industries International: Job training and employment services.

http://www.goodwill.org/

Presidents Committee on Employment of People with Disabilities http://www.pcepd.gov

JAN on the Web: Job Accommodation Network:
The largest employment accommodation
information service in the entire world.

http://janweb.icdi.wvu.edu/

The Disability Link Barn: Working to Set You Free. Good general disabilities site. Comprehensive.***

http://www.accessunlimited.com/links.html

America's Job Bank: (Every state is listed). http://www.ajb.dni.us/

CareerPath.com: (Every major newspaper in the nation is listed). http://www.careerpath.com

Job Web http://www.jobweb.org/

Monster Board: Job listing service. Search for more than 50,000 jobs worldwide.

Get your own personal job search agent.

http://www.monster.com

HelpWanted.Com http://helpwanted.com

Resume Net. Publish your resume on the www. http://www.resumenet.com

A+Online Resumes http://www.hway.com/olresume/

Resume Innovations http://www.resume-innovations.com/

ST. VINCENT dePAUL EMPLOYMENT SPECIALISTS:
Provides temporary state jobs for people
with disabilities or people who have/had a
qualifying medical or psychological condition.
http://www.stvincentdepaul.org

XII. Assistive Technology

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Assistive Technology Online http://www.asel.edu.80/at-online/assistive.html

Assistive Technology for Industries with Disabilities: Summary of S.2432, "Assistive Technology Act of 1998." http://www.house.gov.eec/techindex.htm

Assistive Technology, Inc.: Innovation without boundaries. We help you learn, communicate and control your world! http://www.assistivetech.com/

JAN Publications: Publications on TUB accommodations. http://janweb.lcdi.wvu.edu/links/

Med Sell: Your resource guide for new and previously owned medical equipment, assistive devices and services. http://www.nccn.net/~medsell/welcome.htm

Wise-Net: Catalog filled with assistive devices that can be delivered to your doorstep.

http://www.wisent.com

The ARC's Q&A on Assistive Technology: Assistive Technology for People with Mental Retardation http://thearc.org/faqs/assistqa.html

Assistive Technology for the Disabled Computer User http://www.unc.edu/cit/guides/org-20.html

AZ Tech Inc. Assistive Technology Homepage: Transforming inventions into products for persons with disabilities.

http://cosmos.ot.buffalo.edu/aztech.html

Virtual Assistive Technology Center http://www.at-center.com/

Coalition of Rehabilitation Engineering Research http://trace.wisc.edu:80/CRERO

Keyboard training software for education and industry. http://www.qwerty.com

The Center for Information Technology
Accommodation at the General Services Administration.
http://www.gsa.gov/coca

ASA Technical Assistance Work Group http://www.napanet.net/business/personal/ASA/ASA.html

XIII. Psychometric Testing

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Self-Help Website Database: An eclectic internet resource to various interesting sites/links.

http://www.iqtest.com/se/

Mind Tools: Psychometric Testing (Includes self-administered online IQ test that's fast, free, and fun.) http://www.mindtools.com/page12.html***

Drug Use Screening Inventory: DUSI-R http://www.pitt.edu/%7Ecedarspr/dusir.html

The Keirsey Temperament Sorter II: A great self-scoring temperament test designed to identify different kinds of personality. Test derived from Carl Jung's theory of "psychological types."

http://www.keirsey.com

Cyber-Psych: Where the Future of Psychological Care Is Online: Psychology resources and search engines.

(Includes self-administered online tests.)

http://www.webweaver.net/psychp/test.html

Intelligence: Its Nature and Measurement. http://www.wwnorton.com/norton/struc/chap_15/chap_15.html

Test-Taking for People with Disabilities. http://etsis1.ets.org/praxis/prxdisab.html

XIV. Psychotherapy & Counseling

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A Therapy Line: Professional psychotherapy & counseling by telephone. http://www.nbn.com/~atline/index.html

1-800-Therapist: A non-profit Oregon referral system. http://www.oregoncounseling.org/amha/800therapist.htm

Psych Talk Homepage: Direct e-mail connection with an experienced clinical psychologist and corporate consultant on the human condition. Response within 24 to 72 hours. Fee is \$20.00 per hour via e-mail to DrFrench@psych-talk.com/

Dr.Harold I. Mathis: Affordable expert therapeutic services. Fully licensed psychologist. http://www.drmathis.com/

Cyber Psychologist - Self-Help Center: Addictive behaviors, depression, stress. http://www.cyberpsych.com/

The Couch: Psychological services/online psychotherapy http://www.thecouch.com

Net Psychology: Exploring the online delivery of mental health services. http://www.netpsychology.com/

XV. Financial Aid Resources

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National Association of Student Financial Aid Administrators: Free scholarship search. Calculates financial need.

http://home.att.net

JAN Funding Resources: A non-comprehensive list that contains funding contacts for disability-related resources. http://janweb.icdi.wvu.edu/links/funding.htm

> Financial Aid for Disabled: Financial aid FAQ's for students with disabilities. http://www.heic.org/DISABLED.HTM

Financial Aid: The Smart Student Guide to Financial Aid. http://www.finaid.org/othetaid/disabled.phtml

TRI Online: Taconic Resources for Independence, Inc.
Many education resource sites/links.
http://www.idsi.net/tri/ed.htm

Scholarship Information for Students with Disabilities http://www.und.nodak.edu.80/deptj/dss/scholor.htm

Search database of over 4000 colleges and universities. http://www.universities.com/

Looking for Student Aid: Free info on student aid. http://www.ed.gov/prog-info/SFA/LSA/

Fast Web: Financial aid search through the web. http://www.FASTWEB.COM/

XVI. Business & Technical Assistance/Home-Based Self-Employment

Disability and Business Technical Assistance Center (DBTACs): A regional point and click website.

http://www.adata.org/dbtac.htm

Federal Business Information Center (BIC). Small business info. http://www.sba.gov

SCORE (Service Corps of Retired Executives):
A group of volunteers who offer management counseling and advice to small business owners.

http://www.sba.gov/SCORE/program.html

Center for Entrepreneural Leadership, Inc. http://www.emkf.org National association for stay at home moms and others who desire to work at home.

http://www.momwork.com

Edward Lowe Foundation- 4000 document digital library; content rich in internet links. A small business bookstore. http://www.lowe.org/smallbiznet

American Association of Home-Based Businesses, Inc. http://www.ahbb.org

About Work: Ask the experts; work at home. http://www.aboutwork.com/experts/

Community Center-Work and Family:
Devoted primarily to home-based businesses.
http://www.smalloffice.com/cooler/keep.htm

Small and Home-Based Business Links: A must visit site. http://www.ro.com/small_business/homebased.html

Work @ Home: "Making Life While Making a Living" is their motto. I like it! How tos, chats, links.

http://www.gohome.com

Work at Home Moms- A Great place to visit, even for non-moms. It's also local for us in the Northwest, but has worldwide appeal.

http://www.wahm.com/

Doing Business on the Internet: A fine site for those interested in doing business on the internet. http://www.smartbiz.com/sbs/dobiz.htm