

# Follow-up study of chrysotile textile workers: cohort mortality and exposure-response

Misty J Hein, Leslie T Stayner, Everett Lehman and John M Dement

*Occup. Environ. Med.* 2007;64;616-625; originally published online 20 Apr 2007; doi:10.1136/oem.2006.031005

Updated information and services can be found at: http://oem.bmj.com/cgi/content/full/64/9/616

These include:

References	This article cites 24 articles, 10 of which can be accessed free at: http://oem.bmj.com/cgi/content/full/64/9/616#BIBL
Rapid responses	One rapid response has been posted to this article, which you can access for free at: http://oem.bmj.com/cgi/content/full/64/9/616#responses
	You can respond to this article at: http://oem.bmj.com/cgi/eletter-submit/64/9/616
Email alerting service	Receive free email alerts when new articles cite this article - sign up in the box at the top right corner of the article

Notes

To order reprints of this article go to: http://journals.bmj.com/cgi/reprintform

# **ORIGINAL ARTICLE**

# Follow-up study of chrysotile textile workers: cohort mortality and exposure-response

# Misty J Hein, Leslie T Stayner, Everett Lehman, John M Dement

.....

Occup Environ Med 2007;64:616-625. doi: 10.1136/oem.2006.031005

**Objectives:** This report provides an update of the mortality experience of a cohort of South Carolina asbestos textile workers.

**Methods:** A cohort of 3072 workers exposed to chrysotile in a South Carolina asbestos textile plant (1916– 77) was followed up for mortality through 2001. Standardised mortality ratios (SMRs) were computed using US and South Carolina mortality rates. A job exposure matrix provided calendar time dependent estimates of chrysotile exposure concentrations. Poisson regression models were fitted for lung cancer and asbestosis. Covariates considered included sex, race, age, calendar time, birth cohort and time since first exposure. Cumulative exposure lags of 5 and 10 years were considered by disregarding exposure in the most recent 5 and 10 years, respectively.

See end of article for authors' affiliations

Correspondence to: Ms M J Hein, Industrywide Studies Branch, Division of Surveillance, Hazard Evaluations and Field Studies, National Institute for Occupational Safety and Health, 4676 Columbia Parkway, R-13, Cincinnati, Ohio 45226, USA; MHein@ cdc.gov

Accepted 30 March 2007 Published Online First 20 April 2007 **Results:** A majority of the cohort was deceased (64%) and 702 of the 1961 deaths occurred since the previous update. Mortality was elevated based on US referent rates for a priori causes of interest including all causes combined (SMR 1.33, 95% CI 1.28 to 1.39); all cancers (SMR 1.27, 95% CI 1.16 to 1.39); oesophageal cancer (SMR 1.87, 95% CI 1.09 to 2.99); lung cancer (SMR 1.95, 95% CI 1.68 to 2.24); ischaemic heart disease (SMR 1.20, 95% CI 1.10 to 1.32); and pneumoconiosis and other respiratory diseases (SMR 4.81, 95% CI 3.84 to 5.94). Mortality remained elevated for these causes when South Carolina referent rates were used. Three cases of mesothelioma were observed among cohort members. Exposure-response modelling for lung cancer, using a linear relative risk model, produced a slope coefficient of 0.0198 (fibre-years/ml) (standard error 0.00496), when cumulative exposure was lagged 10 years. Poisson regression modelling confirmed significant positive relations between estimated chrysotile exposure and lung cancer and asbestosis mortality observed in previous updates of this cohort.

**Conclusions:** This study confirms the findings from previous investigations of excess mortality from lung cancer and asbestosis and a strong exposure-response relation between estimated exposure to chrysotile and mortality from lung cancer and asbestosis.

sbestos is well recognised to be a cause of malignant and non-malignant respiratory diseases. However, a continuing debate exists over whether or not, and if so to what extent, the chrysotile form of asbestos is a cause of these diseases. Some have suggested that "pure" chrysotile may not in fact be carcinogenic and that respiratory cancer excesses that have been observed in studies of chrysotile exposed workers may be explained by trace tremolite contamination in commercially used chrysotile.<sup>1</sup> This speculation has been referred by some as the "amphibole hypothesis". Others have argued against this hypothesis.<sup>2</sup>

A recent study, which provides evidence against the amphibole hypothesis, is a 25-year longitudinal study of male workers (n = 515) at an asbestos plant in China, where exposure was to chrysotile with little tremolite contamination (<0.001%).<sup>4</sup> An age- and smoking-adjusted relative risk of 8.1 (95% CI 1.8 to 36.1) was observed for lung cancer among highly exposed workers (workers in poorly ventilated raw material and textile sections) relative to workers with low exposure to asbestos (office workers and workers in the well-ventilated asbestos cement section) and two cases of malignant mesothelioma were observed.<sup>4</sup>

Another line of evidence against the amphibole hypothesis is the strong relation between lung cancer and chrysotile observed in a cohort of textile workers in South Carolina.<sup>5</sup> The strong exposure-response relations between chrysotile and lung cancer, in addition to pneumoconiosis and other respiratory diseases (including asbestosis), have persisted in updates of this cohort.<sup>6-8</sup> In addition, a case-control analysis of this cohort

www.occenvmed.com

indicated that the relation between chrysotile exposure and lung cancer was not confounded by exposures to mineral oil.<sup>7</sup> Predicted lifetime excess risks of lung cancer and asbestosis from exposure to chrysotile, based on extensive exposure-response modelling of this cohort, were estimated by Stayner *et al.*<sup>8</sup> Vital status follow-up was recently extended through 2001 for the cohort of South Carolina textile workers. The primary objectives of this study were to update mortality and exposure-response relations between chrysotile and lung cancer and asbestosis mortality. This study was approved by the National Institute for Occupational Safety and Health Human Subjects Review Board.

# **METHODS**

The study plant, located in South Carolina, produced asbestos products beginning in 1896 and asbestos textile products beginning in 1909.<sup>9</sup> The plant exclusively used chrysotile fibres obtained from Quebec, British Columbia and Rhodesia; however, small amounts of crocidolite yarn were used to make woven tape or braided packing from the 1950s until 1975. The total quantity of crocidolite used was approximately 2000 pounds compared to 6–8 million pounds per year of chrysotile during the same time period. As the crocidolite tapes was done wet on a single loom, the predominant exposure at the plant was to chrysotile. The cohort definition included all

Abbreviations: JEM, job exposure matrix; NDI, National Death Index; SMR, standardised mortality ratio; TSFE, time since first exposure

#### Downloaded from oem.bmj.com on 30 August 2007

#### Follow-up study of chrysotile textile workers

textile production departments including preparation, carding, spinning (ring and gang, mule), spooling, twisting, winding, braiding, rope, wick and cord, weaving, finishing and quality control. The plant stopped using asbestos material by the end of 1977.

# **Cohort description**

The original cohort (n = 1261) was defined as all white male workers employed in textile production operations for at least one month between 1 January 1940 and 31 December 1965, with vital status follow-up through 1975.<sup>5</sup> The cohort was expanded to include white and non-white males and white females (n = 3022) and vital status follow-up was extended through 1990.<sup>6 7</sup> For the current study, 21 non-white females were added to the cohort. Updated demographic information was available for 29 workers who were previously excluded from analysis. Therefore, the current study updates mortality for 3072 workers with vital status follow-up through 2001.

# **Cohort mortality**

Follow-up methods in the original study and previous update of this cohort were applied to all workers, regardless of race or sex. For the present update, names of cohort members were submitted to the National Death Index (NDI) for determination of vital status from 1 January 1991 through 2001. The NDI Plus provided underlying and contributing causes of death for deceased workers identified by the NDI. All deaths were coded according to the revision of the International Classification of Diseases (ICD) in effect at the time of death. Workers that were confirmed alive on 1 January 1979, with a valid (within assigned range) Social Security number and not shown to be deceased on the NDI were considered to be alive as of the study end date. Those lost to follow-up before 1 January 1979, with invalid Social Security numbers, and thus not able to be matched with the NDI, were considered "lost to follow-up".

The mortality experience of the cohort was analysed using the National Institute for Occupational Safety and Health modified life table analysis system.<sup>10 11</sup> Under this system, each cohort member accumulated person-years at risk (PYAR) for each year of life after 1 January 1940 or completion of the onemonth eligibility period (whichever was later) until the earliest of the following: the date of death for deceased cohort members, the date last observed for persons lost to follow-up or the study end date (31 December 2001).

Rate files created for the life table analysis system identify 92 cause of death categories for which rates begin in 1940 and extend through 2001.<sup>12</sup> The PYAR were stratified into five-year intervals by age and calendar time and then multiplied by the appropriate US sex-, race- and cause-specific mortality rates to calculate the expected number of deaths. The ratio of observed to expected number of deaths was expressed as the standar-dised mortality ratio (SMR). Expanded rate files that identify 119 cause of death categories, including asbestosis, were created for both US and South Carolina referent populations.<sup>12</sup> In analyses using 119 cause of death categories, PYAR and observed deaths started to accumulate on 1 January 1960, when the rates were first available, or completion of the one-month eligibility period, whichever was later.

We considered mortality from the following causes to be of a priori interest: mesothelioma; cancers of the digestive system, larynx, trachea/bronchus/lung, peritoneum, and pleura; nonmalignant respiratory diseases including pneumoconiosis and asbestosis; and ischaemic heart disease. As a specific code for mesothelioma did not exist before the 10th revision of the ICD, we reviewed death certificates for any mention of mesothelioma in order to identify pleural and peritoneal mesothelioma deaths during 1991–8. Mesothelioma deaths occurring after 1998 were identified by ICD-10 code C45 in the NDI cause of death file.

# **Exposure** assessment

Detailed work histories listing beginning and ending dates in departments and operations were available for each member of the cohort. A department-, operation-, and calendar year-specific job exposure matrix (JEM) was available to link with the detailed work histories to calculate cumulative exposure to chrysotile.<sup>9</sup> Chrysotile exposure concentrations (expressed as fibres longer than 5 micrometers per millilitre of air) were estimated using statistical modelling of nearly 6000 industrial hygiene sampling measurements taken over the period 1930–75 and analysed using phase contrast microscopy. Exposure concentrations were considerably higher before 1940, before engineering dust control measures were put into place. This JEM has been used in previous mortality studies and exposure-response analyses of this cohort.<sup>5–8 13</sup>

Each day in the work history was assigned an exposure level based on the JEM and cumulative exposure was defined as the sum of the assigned exposure concentrations over all days worked. SMRs were calculated by cumulative exposure for cancer of the trachea, bronchus, and lung (hereafter referred to as lung cancer) and pneumoconiosis and other respiratory diseases. Cutpoints of cumulative exposure were selected to give six exposure strata with approximately equal numbers of deaths (cause-specific).

# Internal exposure-response modelling

Since stratified SMRs are not directly comparable, rate ratios (RRs) for each cumulative exposure category relative to the lowest group, adjusted for sex, race, age ( $<50, 50-54 \dots 75-79$ , and  $\geq 80$  years), and calendar year (<1970, 1970-9, 1980-9, and  $\geq 1990$ ) were obtained by Poisson regression. Exposure lags of 5 and 10 years were considered by disregarding exposures in the most recent 5 and 10 years, respectively.

More detailed Poisson regression analyses were conducted by treating cumulative exposure as a continuous variable. In these analyses, cumulative exposure was partitioned into 30 categories with approximately equal numbers of deaths (causespecific) and modelled as a continuous variable using the mean exposure, weighted by PYAR, in each exposure category.<sup>14</sup> Birth cohort (<1900, 1900–9, 1910–19, 1920–9, and ≥1930) was used, in the absence of smoking information for all cohort members, as a surrogate for smoking. Additional covariates considered included sex, race, age, calendar year and time since first exposure (TSFE; <20, 20–39, and ≥40 years).

For lung cancer, the underlying cause of death was used to define the response and the model form was based on a linear relative risk model that was similar to the 1986 US Environmental Protection Agency lung cancer model.<sup>15</sup> In a previous analysis of this cohort, this model was found to best fit the lung cancer exposure-response.8 Background incidence was modelled as a log (ln) linear function of the covariates (sex, race, birth cohort, age and calendar year). Second-order interactions were assessed among the covariates in the baseline function. The predicted incidence rate  $(\lambda)$  was modelled as the product of the background incidence  $(\lambda_0)$  and a linear function of cumulative exposure, that is:  $\lambda = \lambda_0 \times (1 + \beta E_{10})$ , where  $E_{10}$ represents cumulative exposure to chrysotile (fibre-years/ml, as measured by phase contrast microscopy) omitting any exposure in the most recent 10 years (that is, a lag of 10 years). Interactions between exposure and the baseline covariates were considered along with the interaction between exposure and TSFE.

For asbestosis, both underlying and contributing causes were used to define the response and background incidence was

similarly modelled, but a power model ( $\lambda = \lambda_0 \times (E + \alpha)^{\beta}$ ) was employed. In the power model, alpha ( $\alpha$ ) was solved iteratively by minimising the model deviance. The power model was found to best fit the asbestosis exposure-response in a previous analysis of this cohort.<sup>8</sup> Cumulative exposure lags of 5 and 10 years were also considered. Interactions between exposure and the baseline covariates were considered along with the interaction between exposure and TSFE.

Restricted cubic spline and categorical models, the model deviance, and Akaike's Information Criterion were used to informally evaluate the continuous models.<sup>16</sup> Models with the smallest values of Akaike's Information Criterion were considered to be the best fitting models. Poisson regression models were fit using Epicure (version 2.11, Hirosoft Corporation, Seattle, Washington, USA).

# RESULTS

# Cohort mortality

The cohort of 3072 workers has been followed for 118 513 PYAR (table 1). The additional 11 years of follow-up and the inclusion of non-white females to the cohort added 702 deaths and more than 13 000 PYAR. More than half of the cohort (63.8%) had died through 2001. Nearly 10% of the cohort, however, was considered lost to follow-up, mostly because of high rates of loss to follow-up among females. One hundred and twenty workers known to be dead as of 31 December 2001 were missing cause of death information. An additional 426 workers who died or were lost to follow-up before 1 January 1960 were excluded from analyses using South Carolina referent rates because rates were not available before 1960. As the observed person-time and deaths among non-white females were too few to provide stable estimates for any cause of death, results for non-white females are only reported in analyses combining all females or all workers.

The distribution of duration of employment was strongly right skewed with approximately half of the workers employed for one year or less ("short-term workers"). Short-term workers were more likely to have been hired during the World War II years of 1939–45. Most of the short-term and many of the long-term workers hired during these years did not continue working at the plant after the war.

Table 2 gives the results of the mortality analysis by race and sex based on the use of US mortality rates. Mortality was elevated for all causes combined and all cancers. Among the a priori causes of interest, mortality from cancers of the digestive organs was not elevated, with the exception of excess mortality from oesophageal cancer; mortality from cancers of the respiratory system was elevated, largely due to excess mortality from lung cancer; mortality from ischaemic heart disease was elevated; and mortality from diseases of the respiratory system was elevated, particularly chronic obstructive pulmonary disease and pneumoconiosis and other respiratory diseases. These elevations persisted in subsequent analyses (not shown) in which South Carolina referent rates were used to generate expected numbers of deaths. When short-term workers were excluded, elevations in mortality from lung cancer (SMR 2.44, 95% CI 2.04 to 2.90) and pneumoconiosis and other respiratory diseases (SMR 7.07, 95% CI 5.49 to 8.97) persisted.

Mortality was elevated from diabetes mellitus and diseases of the digestive system; these elevations persisted when South Carolina referent rates were used. Mortality was elevated based on US, but not South Carolina, referent rates for other diseases of the heart, other diseases of the circulatory system including cerebrovascular disease, and accidents. Reduced mortality was observed for cancer of the intestine (excluding the rectum) and suicide. Among white males, excess mortality was also observed for cirrhosis and other chronic liver diseases, particularly when South Carolina referent rates were used (SMR 1.88, 95% CI 1.15 to 2.91).

Mortality from asbestosis was highly elevated based on US referent rates (observed 36, expected 0.15, SMR 232.5, 95% CI 162.8 to 321.9) and remained highly elevated based on South Carolina referent rates (expected 0.33, SMR 108.2, 95% CI 75.8 to 149.8). A manual review of the death certificates identified three mesothelioma deaths, all among white males. Two of these have been described in a previous update of this cohort (Dement *et al*, 1994). The third mesothelioma death occurred in 1995, nearly 50 years after the employee began working in the mule spinning department for approximately 2.5 years. None of the deaths under the 10th revision of the ICD were due to mesothelioma.

A mortality analysis among workers actively employed, which considered person-time and deaths from the personyear begin date through termination of employment at the plant, indicated reduced mortality overall (63 deaths, SMR 0.59, 95% CI 0.46 to 0.76), however, excess mortality was observed for pneumoconiosis and other respiratory diseases (7 deaths, SMR 8.14, 95% CI 3.26 to 16.8). Mortality in the first year post termination of employment was elevated overall (59 deaths, SMR 4.36, 95% CI 3.32 to 5.63) and for all cancers combined (18 deaths, SMR 7.87, 95% CI 4.66 to 12.4) with much of the elevation was due to cancers of the digestive organs (4 deaths, SMR 6.63, 95% CI 1.81 to 17.0), lung cancer (11 deaths, SMR 21.6, 95% CI 10.8 to 38.7), and pneumoco-

	White males	White females	Non-white males	Non-white females	Total
Total number of workers	1256	1244	551	21	3072
Vital status through 31 December 2001					
Alive	373 (29.7%)	339 (27.3%)	129 (23.4%)	5 (23.8%)	846 (27.5%)
Dead, cause of death known	841 (67.0%)	647 (52.0%)	345 (62.6%)	8 (38.1%)	1841 (59.9%)
Dead, cause of death unknown	27 (2.1%)	50 (4.0%)	39 (7.1%)	4 (19.0%)	120 (3.9%)
Lost to follow-up	15 (1.2%)	208 (16.7%)	38 (6.9%)	4 (19.0%)	265 (8.6%)
Person-years at risk					
Vital status through 2001*	49409.8	49163.9	19180.9	758.0	118512.6
Vital status through 1990†	43898.8	43743.8	17406.1	674.6	105723.3
Age at death, years median (range)	64.5 (18.1-95.8)	73.4 (22.6-101.0	) 61.0 (22.1–96.5)	66.2 (47.5-90.0)	67.1 (18.1–101.0
Age at date last observed, years median (range)	66.6 (18.1-95.8)	74.1 (16.9-101.0	) 63.3 (16.9–96.5)	72.8 (21.1-90.0)	68.8 (16.9-101.0
Cumulative exposure, fibre-years/ml median (range)	4.4 (0.1–699.8)	4.2 (0.2–317.1)	14.5 (0.4–682.7)	5.9 (0.5–216.0)	5.5 (0.1–699.8)
Duration of employment, years median (range)	1.1 (0.1–46.8)	0.9 (0.1-43.7)	1.5 (0.1-43.8)	0.9 (0.1-30.9)	1.1 (0.1–46.8)

\*Length of follow-up through 2001. Person-years at risk was calculated from the later of rate file begin date, date achieve 15 years of age, and date achieve one month of employment between 1 January 1940 and 31 December 1965, through the earlier of date of death, study end date (31 December 2001), and date last observed to be alive. †Length of follow-up through 1990.

	White	males	Non-	white males	Females		All wo	orkers com	bined
Underlying cause of death	Obs	SMR (95% CI)	Obs	SMR (95% CI)	Obs	SMR (95% CI)	Obs	Ехр	SMR (95% CI)
All deaths	868	1.52** (1.42 to 1.62)	384	1.10 (0.99 to 1.22)	709	1.29** (1.20 to 1.39)	1961	1469.9	1.33** (1.28 to 1.39
All cancers	221	1.58** (1.37 to 1.80)	73	0.96 (0.75 to 1.21)	169	1.14 (0.97 to 1.32)	463	365.0	1.27** (1.16 to 1.39)
MN of buccal cavity and pharynx	4	1.14 (0.31 to 2.90)	2	0.83 (0.10 to 3.00)	2	1.08 (0.13 to 3.90)	8	7.8	1.03 (0.44 to 2.03)
MN of digestive organs and	37	1.06 (0.75 to 1.46)	28	1.28 (0.85 to 1.85)	26	0.74 (0.48 to 1.08)	91	92.1	0.99 (0.80 to 1.21)
peritoneum		, ,							
MN of oesophagus	8	2.17 (0.94 to 4.28)	9	2.26* (1.03 to 4.28)	0		17	9.1	1.87* (1.09 to 2.99)
MN of stomach	4	0.79 (0.22 to 2.02)	9	1.94 (0.88 to 3.67)	0		13	13.3	0.97 (0.52 to 1.67)
MN of intestine except rectum	6	0.49 (0.18 to 1.07)	2	0.37 (0.04 to 1.32)	11	0.71 (0.36 to 1.28)	19	33.1	0.57* (0.35 to 0.90)
MN of rectum	2	0.66 (0.08 to 2.38)	2	1.54 (0.19 to 5.55)	5	1.77 (0.57 to 4.13)	9	7.2	1.26 (0.57 to 2.38)
MN of biliary passages and	7	2.10 (0.84 to 4.32)	1	0.40 (0.01 to 2.23)	2	0.55 (0.07 to 1.98	10	9.5	1.05 (0.51 to 1.94)
liver MN of pancreas	9	1.28 (0.58 to 2.43)	5	1.34 (0.43 to 3.12)	7	0.93 (0.37 to 1.91)	21	18.3	1.15 (0.71 to 1.75)
MN of peritoneum and	1	1.79 (0.05 to 9.94)	0		1	1.38 (0.03 to 7.69)	2	1.6	1.28 (0.15 to 4.60)
unspecified of digestive organs			Ŭ				-	1.0	1.20 (0.10 10 -1.00)
MN of respiratory system	121	2.34** (1.94 to 2.79)	22	0.84 (0.52 to 1.27)	65	2.30** (1.78 to 2.93)	208	106.3	1.96** (1.70 to 2.24
MN of larynx	4	2.20 (0.60 to 5.63)	1	0.79 (0.02 to 4.36)	1	2.08 (0.05 to 11.6)	6	3.6	1.68 (0.61 to 3.66)
MN of trachea, bronchus and		2.34** (1.94 to 2.81)	21	0.85 (0.52 to 1.30)	61	2.22** (1.70 to 2.85)	198	101.7	1.95** (1.68 to 2.24
lung	0		0		0		0	0.2	
MN of pleura	0	2.05/0.00 . 10.1	0		0	10.0** (0.75 - 07.7)	0	0.3	E (0+ /1 (0) 1 (0
MN of other respiratory sites	1	3.25 (0.08 to 18.1)	0		3	12.9** (2.65 to 37.6)	4	0.7	5.49* (1.49 to 14.0
MN of breast	0		0		28	0.99 (0.66 to 1.43)	28	28.6	0.98 (0.65 to 1.42)
MN of female genital organs	0	/	0		20	1.02 (0.62 to 1.58)	20	19.6	1.02 (0.62 to 1.58)
MN of male genital organs	12	1.10 (0.57 to 1.92)	8	0.79 (0.34 to 1.56)	0	0.00/0.05	20	21.0	0.95 (0.58 to 1.47)
MN of urinary organs	9	1.26 (0.57 to 2.38)	2	0.78 (0.09 to 2.83)	4	0.92 (0.25 to 2.36)	15	14.1	1.07 (0.60 to 1.76)
MN of other and unspecified sites	23	1.25 (0.79 to 1.88)	7	0.92 (0.37 to 1.90)	11	0.62 (0.31 to 1.11)	41	43.7	0.94 (0.67 to 1.27)
Neoplasms of lymphatic and hematopoietic tissue	15	1.11 (0.62 to 1.84)	4	0.78 (0.21 to 2.00)	13	0.98 (0.52 to 1.67)	32	31.9	1.00 (0.69 to 1.42)
Benign and unspecified neoplasm	5 1	0.54 (0.01 to 3.01)	2	2.09 (0.25 to 7.53)	4	1.46 (0.40 to 3.74)	7	5.5	1.26 (0.51 to 2.60)
Tuberculosis	6	1.62 (0.59 to 3.52)	6	0.75 (0.27 to 1.62)	0		12	14.7	0.82 (0.42 to 1.43)
Diabetes mellitus	18	1.79* (1.06 to 2.84)	8	1.08 (0.47 to 2.14)	18	1.24 (0.74 to 1.97)	44	31.9	1.38 * (1.00 to 1.85
Diseases of the blood and blood	0		2	1.84 (0.22 to 6.64)	2	0.86 (0.10 to 3.10)	4	5.2	0.77 (0.21 to 1.97)
forming organs Mental, psychoneurotic, and personality disorders	6	1.30 (0.48 to 2.84)	6	1.41 (0.51 to 3.07)	8	1.24 (0.53 to 2.44)	20	15.3	1.31 (0.80 to 2.02)
Disorders of the nervous system and	3	0.37 (0.08 to 1.10)	3	0.80 (0.16 to 2.33)	18	1.53 (0.90 to 2.41)	24	23.6	1.02 (0.65 to 1.51)
sense organs	005	1 20** /1 22 + 1 55	101	0.05/0.77 1.15)	100	1 10 /0 07 1 1 00	504	105 7	1 20** /1 10 1 20
Diseases of the heart	295	1.38** (1.23 to 1.55)	101	0.95 (0.77 to 1.15)	198	1.12 (0.97 to 1.29)	594	495.7	1.20** (1.10 to 1.30)
Ischaemic heart disease	250	1.39** (1.22 to 1.58)	70	0.92 (0.72 to 1.17)	149	1.11 (0.94 to 1.30)	469	390.1	1.20** (1.10 to 1.32)
Hypertension with heart disease	12	2.25* (1.16 to 3.93)	9	0.86 (0.39 to 1.64)	7	0.97 (0.40 to 2.00)	28	23.0	1.22 (0.81 to 1.76)
Other diseases of the heart	28	1.28 (0.85 to 1.86)	20	1.16 (0.71 to 1.78)	33	1.34 (0.92 to 1.88)	81	63.7	1.27 * (1.01 to 1.58
Other diseases of the circulatory	65	1.46** (1.12 to 1.86)	42	1.11 (0.80 to 1.50)	78	1.25 (0.99 to 1.56)	185	145.0	1.28** (1.10 to 1.47
system Hypertension without heart	2	1.10 (0.13 to 3.99)	7	2.10 (0.84 to 4.33)	4	1.40 (0.38 to 3.59)	13	8.0	1.63 (0.87 to 2.78)
disease	10	1 70++ /1 05 - 0.0 //		1 00 /0 /0 1 /0		1 10 10 00 1 1 5 1			1 00++ /1 00 - 1 50
Cerebrovascular disease	49	1.70** (1.25 to 2.24)	28	1.03 (0.69 to 1.49)	54	1.19 (0.90 to 1.56)	131	101.3	1.29** (1.08 to 1.53)
Diseases of the respiratory system	84	2.00** (1.60 to 2.48)	33	1.42 (0.98 to 2.00)	72	1.67** (1.30 to 2.10)	189	108.4	1.74** (1.50 to 2.01)
Chronic obstructive pulmonary disease	29	1.41 (0.94 to 2.02)	6	0.90 (0.33 to 1.96)	26	1.36 (0.89 to 1.99)	61	46.4	1.31* (1.01 to 1.69)
Asthma	1	1.08 (0.03 to 6.01)	0		0		1	3.3	0.30 (0.01 to 1.67)
Pneumoconiosis and other respiratory diseases	41	5.67** (4.07 to 7.69)	12	3.02** (1.56 to 5.28)	32	4.94** (3.38 to 6.98)	85	17.7	4.81** (3.84 to 5.94)
Asbestosis†	20	172.5** (105.3 to 266.4)	4	129.5** (35.3 to 331.2)	12	1500** (771.7 to 2611)	) 36	0.2	232.5** (162.8 to 321.9)
Diseases of the digestive system	35	1.33 (0.92 to 1.84)	12		34	1.45* (1.00 to 2.03)	81	65.4	1.24 (0.98 to 1.54)
Cirrhosis and other chronic liver	20	1.48 (0.91 to 2.29)	5	0.70 (0.23 to 1.63)	11	1.34 (0.67 to 2.39)	36	28.9	1.25 (0.87 to 1.73)
diseases									
Diseases of the genitourinary system		1.66 (0.88 to 2.84)	8	0.89 (0.38 to 1.75)	16	1.46 (0.84 to 2.38)	37	27.8	1.33 (0.94 to 1.84)
Diseases of the skin and	1	2.28 (0.06 to 12.7)	0		2	2.22 (0.27 to 8.00)	3	2.0	1.51 (0.31 to 4.41)
subcutaneous tissue Diseases of the musculoskeletal	0		0		3	1.05 (0.22 to 3.08)	3	4.8	0.63 (0.13 to 1.84)
system and connective tissue									
Symptoms and ill-defined conditions	11	1.99 (0.99 to 3.56)	10	1.33 (0.63 to 2.44)	6	1.32 (0.48 to 2.87)	27	17.6	1.53 * (1.01 to 2.23
Accidents	52	1.45* (1.08 to 1.90)	25	1.11 (0.72 to 1.64)	13	0.88 (0.47 to 1.51)	90	73.1	1.23 (0.99 to 1.51)
Transportation accidents	28	1.43 (0.95 to 2.06)	10	0.99 (0.48 to 1.83)	7	1.10 (0.44 to 2.27)	45	36.0	1.25 (0.91 to 1.67)
Suicide	8	0.66 (0.29 to 1.31)	0	,	1	0.23 (0.01 to 1.29)	9	18.6	0.48* (0.22 to 0.92
Homicide	5	1.47 (0.48 to 3.43)	7	0.55 (0.22 to 1.13)	i	0.87 (0.02 to 4.83)	13	17.3	0.75 (0.40 to 1.28)
		(1.1.5.10 01.1.5)		(		(			
Unknown cause	27		39		54		120		

Obs, observed number of deaths; SMR, standardised mortality ratio; Exp, expected number of deaths (based on US referent rates); MN, malignant neoplasm. \*Two-sided p value <0.05. \*\*Two-sided p value <0.01.

+Observed deaths, SMRs and 95% CIs for asbestosis are for the time period 1960 to 2001 due to rate file restrictions.

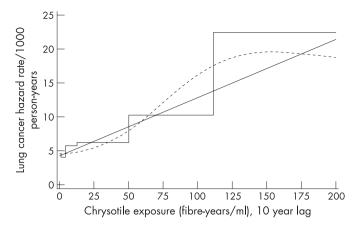


Figure 1 Estimated lung cancer mortality for white males, 60–64 years of age as a function of cumulative exposure to chrysotile (10-year lag) based on the model described in table 5 (linear relative risk model, solid curve; restricted cubic spline model, dashed curve; categorical model, step function).

niosis and other respiratory diseases (6 deaths, SMR 46.4, 95% CI 17.0 to 101); all of these deaths were among workers with cumulative exposure to chrysotile in excess of 10 000 fibredays/ml. All of the lung cancer and pneumoconiosis deaths in the first year after termination of employment occurred more than 10 years since first exposure and 3 (out of 4) digestive organ cancer deaths occurred more than 20 years since first exposure.

The results of the mortality analysis for lung cancer by cumulative exposure to chrysotile fibres are provided in table 3. A majority (96%) of the 198 lung cancer deaths occurred 20 years or more after first exposure. Increasing trends in lung cancer SMRs with increasing cumulative exposure were observed for white males, non-white males, females and overall. Increasing and highly significant trends were also observed for lung cancer mortality in internal analyses using Poisson regression, which adjusted for sex, race, age and calendar-year. Results were similar and there was no improvement in model fit when a five- or 10-year lag was employed. Rate ratios relative to the lowest cumulative exposure group were particularly elevated in the highest cumulative exposure category. The trend persisted when short-term workers were excluded from the analysis.

Results of the mortality analysis for the cause of death category "pneumoconiosis and other respiratory diseases" (which includes asbestosis) by cumulative exposure to chrysotile fibres are provided in table 4. Of the 85 observed deaths in this category, 42 were from asbestosis. Increasing trends in pneumoconiosis SMRs with increasing cumulative exposure were observed for white males, non-white males, females and overall. Increasing and highly significant trends were also observed for pneumoconiosis mortality in internal analyses using Poisson regression. Results were similar and there was no improvement in model fit when a five- or 10-year lag was employed. Rare ratios relative to the lowest cumulative exposure group were particularly elevated in the highest cumulative exposure category. The trend persisted when short-term workers were excluded from the analysis.

### Exposure-response modelling

Lung cancer mortality (198 observed deaths) was modelled as a continuous function of exposure using the linear relative risk model. When covariates were included one-at-a-time in the background function, mortality was lower for females and nonwhites, increased with age and calendar time, but decreased with birth cohort (not shown). Model fit was improved when

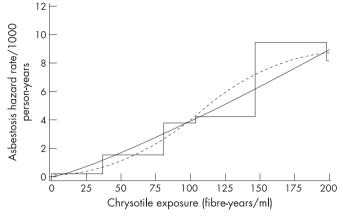


Figure 2 Estimated asbestosis mortality for white males, 60–74 years of age, and born in 1920 or later as a function of cumulative exposure to chrysotile based on the model described in table 6 (power model, solid curve; restricted cubic spline model, dashed curve; categorical model, step function).

sex, race, and age were included in the baseline function, but not when either calendar time or birth cohort was additionally included in the model. Interactions among covariates in the baseline model did not improve model fit; consequently, the baseline function included terms for sex, race, and age. Cumulative exposure, lagged 10 years, was highly significant based on the likelihood ratio test. Interactions with cumulative exposure and the baseline covariates did not improve model fit; likewise, an interaction with cumulative exposure and TSFE also did not improve model fit. The model for lung cancer mortality is described in table 5 and graphically displayed, along with the categorical and restricted cubic spline models, in figure 1. As the baseline function included categorical terms for sex, race and age, the graph depicts the predicted mortality rate for, as an example, white males 60-64 years of age. Predicted curves for other groups can be constructed using the estimated parameters in table 5. While the model was developed using the entire cohort, the graph only displays cumulative exposures through 200 fibre-years/ml, rather than the maximum of 700 fibre-years/ml because only 1% of the observed person-time is above 200 fibre-years/ml. With very little person-time and, furthermore, very few people with person-time in the range of 200-700 fibre-years/ml, modelling cannot provide much information about the shape of the exposure-response in this range, particularly for a specific cause of death. The coefficient of cumulative exposure was 0.0198 (fibre-years/ml) based on a 10-year lag; coefficients were similar, but slightly reduced, when cumulative exposure was not lagged (0.0165) or lagged by only five years (0.0176). Cumulative exposure was positively and significantly associated with lung cancer mortality in all models tested.

Asbestosis mortality (62 observed deaths) was modelled using the power model. Model fit was improved when sex, race, age and birth cohort were included in the baseline function, but not when calendar time was additionally included in the model. Age and birth cohort categories with similar estimates were combined resulting in four age categories (<50 years, 50–59 years, 60–74 years, and 75+ years) and two birth cohort categories (<1920, 1920+). Mortality was lower for females and non-whites, higher for workers born before 1920, and increased with age. With sex, race, age and birth cohort in the baseline function, the relative rate for cumulative exposure (E, fibre-years/ml) was given by  $(E+0.9)^{1.07}/(0.9)^{1.07}$ . Interactions among the baseline covariates did not improve the model, nor did interactions with cumulative exposure and TSFE; however, a statistically significant interaction between cumulative exposure and age category was observed (p value = 0.026).

Table 3 Lung car	ncer morto	und) yilk	lerlying cause) throuç	gh 2001 by cumulati	ve exposure to chryso	otile among workers in	the South Carolina a	Table 3 Lung cancer mortality (underlying cause) through 2001 by cumulative exposure to chrysotile among workers in the South Carolina asbestos textile workers cohort	cohort
			Cumulative exposure (fibre-years/ml)*	bre-years/ml)*					
Group	Lag (years)	ars)	< <b>1.5</b>	1.5-<5	5-<15	15-<60	60-<120	≥120	Trend p value
White males	0	O/E† SMR	22/12.6 1.74 (1.09–2.64)	23/14.1 1.63.(1.04–2.45)	15/8.4 1.79 (1.00–2.94)	19/7.1 2.69.11.62–4.201	17/4.8 3.56 (2.07–5.70)	20/2.5 7.85 (4 80–12.1)	<0.0001
Non-uchite malos	c	RR 1/2	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	0.94 (0.52-1.69)	1.03 (0.53–1.98)	1.52 (0.82–2.81)	2.00 (1.05–3.80)	4.43 (2.37–8.29)	<0.0001
	>	SMR S	0.00 (0.00–2.45) 1±	),4.0 1.11 (0.36–2.60) 1±	4/7.4 0.54 (0.15–1.38) 0.63 (0.17–2.35)	0.45 (0.09–1.32) 0.54 (0.13–2.27)	2/ 2.4 0.84 (0.10–3.03) 1.08 (0.21–5.59)	2.96 (1.19–6.11) 3.99 (1.23–12.9)	0.0007 0.0025
Females	0	O/E SMR	11/7.1 1.54 (0.77–2.76)	6/6.7 0.89 (0.33–1.94)	14/5.9 2.35 (1.29–3.95)	11/4.5 2.43 (1.21–4.35)	13/2.2 5.82 (3.10–9.95)	6/0.9 6.64 (2.44–14.4)	<0.0001
Overall	C	RR O/F	1 33/21.3	0.59 (0.22–1.61)	1.51 (0.69–3.33) 337/21 8	1.52 (0.66–3.50) 33/18.2	3.40 (1.52–7.60) 3279 4	3.84 (1.41-10.5) 33/5.8	0.0004
	>	SMR	0.07 21:05 1.55 (1.07-2.18) 1	0.7/ 2000 1.34 (0.93–1.88) 0.95 (0.59–1.54)	1.52 (1.04–2.13) 1.22 (0.75–1.99)	1.81 (1.25–2.54) 1.46 (0.90–2.37)	2.50 (1.53–4.81) 2.50 (1.53–4.08)	5.68 (3.91–7.98) 4.84 (2.94–7.97)	<0.0001 <0.0001
Overall	Ŷ	O/E SMR	33/21.5 1.53 (1.06–2.15)	34/25.3 1.34 (0.93–1.88) 1.00 (0.62–1.61)	33/21.7 1.52 (1.05–2.13) 1.28 (0.79–2.08)	35/18.4 1.90 (1.32–2.64) 1.50 (0.00–2.58)	32/9.4 3.41 (2.33–4.82) 2.61 (1.60–4.28)	31/5.4 5.78 (3.93–8.21) 5.14 (3.10–8.53)	1000.0>
Overall	10	SMR SMR	34/22.1 1.54 (1.07–2.15)	33/25.3 1.30 (0.90–1.83) 1.00 (0.62–1.62)	34/21.7 1.57 (1.08–2.19) 1.37 (0.85–2.21)	35/18.8 1.86 (1.30–2.59) 1.61 (1.00–2.50)	37/9.2 4.02 (2.83–5.53) 3.20 (1.00–5.14)	25/4.7 5.36 (3.47–7.92) 4.91 (2.88–8.35)	0.000
Long-term §	0	SMR SMR RR	2/0.56 3.56 (0.43-12.9) 11	7/5.2 1.34 (0.54-2.75) 1¶	26/15.9 1.64 (1.07–2.40) 1.14 (0.53–2.44)	31/16.7 1.85 (1.26–2.63) 1.39 (0.66–2.95)	32/9.4 3.41 (2.33-4.81) 2.39 (1.13-5.06)	33/58 5.68 (3.91–7.98) 4.62 (2.17–9.84)	<0.0001        
*Cutpoints of cumulative exposure were selecter 195, respectively; the person-years at risk in e 10/E, ratio of observed to expected (based oi cumulative exposure group from Poisson regre #Reference category for non-white males was \$Workers with one year or more of exposure. "Reference category for long-term workers wo	e exposure v person-years sd to expecte roup from Pc or non-white ar or more o or long-term	vere selecte s at risk in i od (based c oisson regri males vas if exposure vorkers ve	Curpoints of cumulative exposure were selected to approximately divide the deaths fit 195, respectively; the person-years at risk in each cumulative exposure group were ' 10/E, ratio of observed to expected (based on US referent rates) number of deaths; cumulative exposure group from Poisson regression analyses adjusted for sex, race, theference actegory for non-white males was cumulative exposure <5 fibre-years/n \$Workers with one year or more of exposure.		"Curpoints of cumulative exposure were selected to approximately divide the deaths from lung cancer into six cumulative exposure groups. The numbers o 195, respectively; the person-years at risk in each cumulative exposure group were 26667, 29188, 24449, 20561, 10295 and 7352, respectively. 10/E, ratio of observed to expected (based on US referent rates) number of deaths; SMR, standardised mortality ratio from life-table analyses adjuste toU/E, ratio of observed to expected (based on US referent rates) number of deaths; SMR, standardised mortality ratio from life-table analyses adjuste toU/E, ratio of observe group from Poisson regression analyses adjusted for sex, race, age and calendar year (95% CI). Theference category for non-white males was cumulative exposure <5 fibre-years/ml due to zero deaths in the <1.5 fibre-years/ml category. SWOrkers with one year or more of exposure.	re groups. The numbers of wo nd 7352, respectively. fe-table analyses adjusted fo cars/ml category. fibre-years/ml category.	arkers in each cumulative e r sex, race, age and calen	<sup>C</sup> utpoints of cumulative exposure were selected to approximately divide the deaths from lung cancer into six cumulative exposure groups. The numbers of workers in each cumulative exposure group were 705, 756, 628, 524, 264 and 195, respectively. The presentively the person-years at risk in each cumulative exposure group were 26667, 29188, 24449, 20561, 10295 and 7352, respectively. The numbers of workers in each cumulative exposure group were 705, 756, 628, 524, 264 and 1957, respectively. The person-years at risk in each cumulative exposure group were 705, 756, 628, 524, 264 and 1967, ratio of observed to expected (based on US referent rates) number of deaths; SMR, standardised mortality ratio from life-table analyses adjusted for sex, race, age and calendar year (95% CI); RR, rate ratio relative to lowest cumulative exposure exposure <5 fibre-years/ml due to zero deaths in the <1.5 fibre-years/ml category. Some one of exposure exposure <5 fibre-years/ml due to zero deaths in the <1.5 fibre-years/ml category.	5, 628, 524, 264 and atio relative to lowest

ina asbestos	
South Caroli	
orkers in the S	
tile among wo	
ure to chrysc	
y cumulative expos	
1 2001 by cum	
e) through 2	
derlying caus	
nortality (unc	rs/ml)*
reumoconiosis and other respiratory diseases mo ers cohort	e-yea
her respirato	Cumulative exposure (fibr
niosis and of t	J
Pneumoconio vorkers cohort	
<b>Table 4</b> Pne textile worker	

		ears)				001-07	01	≥150	Trend n value
Group	Lag (years)		3	3-<16	16-<60	00-~ 100	051>-001		
White-males	0	O/Et	9/3.0	4/2.1	6/1.0	7/0.6	4/0.3	11/0.3	
		SMR	3.05 (1.39–5.78)	1.92 (0.52-4.92)	6.10 (2.24–13.3)	11.5 (4.64–23.8)	12.3 (3.34–31.4)	38.9 (19.4–69.6)	<0.0001
		RR	_	0.64 (0.20-2.07)	1.90 (0.68–5.36)	3.62 (1.32–9.93)	3.88 (1.17–12.9)	12.1 (4.86–30.4)	<0.0001
Non-white-males	es 0	O/E	0/0.6	3/1.5	2/1.0	1/0.3	3/0.2	3/0.3	
		SMR	0.00 (0.00-5.96)	1.94 (0.40–5.68)	1.94 (0.23–7.00)	3.32 (0.08–18.5)	14.4 (2.97–42.1)	11.2 (2.30–32.6)	0.0003
Females	0	O/E	5/2.5	7/2.1	5/1.1	6/0.3	5/0.4	4/0.1	
		SMR	2.02 (0.66-4.72)	3.29 (1.32–6.78)	4.67 (1.52-10.9)	17.4 (6.39–37.9)	14.2 (4.61–33.1)	36.6 (9.97–93.7)	<0.0001
		RR	-	1.69 (0.54–5.34)	2.47 (0.71-8.54)	9.02 (2.73–29.8)	8.21 (2.36–28.6)	21.4 (5.65–81.0)	<0.0001
Overall	0	O/E	14/6.0	14/5.8	13/3.1	14/1.3	12/0.9	18/0.7	
		SMR	2.32 (1.27–3.89)	2.43 (1.33–4.08)	4.21 (2.24–7.20)	11.2 (6.11–18.8)	13.5 (6.99–23.7)	27.2 (16.1–43.1)	<0.0001
		RR	-	1.20 (0.57–2.52)	2.14 (1.00-4.58)	5.61 (2.65–11.9)	6.89 (3.15–15.1)	15.6 (7.51–32.5)	<0.0001
Overall	5	O/E	15/6.2	14/5.7	14/3.1	15/1.3	9/0.8	18/0.6	
		SMR	2.41 (1.35–3.97)	2.46 (1.35-4.16)	4.54 (2.48–7.62)	11.9 (6.68–19.7)	10.8 (4.93–20.5)	30.1 (17.8–47.6)	<0.0001
		RR	-	1.22 (0.59–2.54)	2.29 (1.10-4.79)	5.99 (2.89–12.4)	5.68 (2.45–13.2)	17.4 (8.47–35.9)	<0.0001
Overall	10	O/E	15/6.5	14/5.6	16/3.1	16/1.2	10/0.8	14/0.5	
		SMR	2.32 (1.30–3.83)	2.49 (1.36–4.18)	5.17 (2.96-8.40)	13.0 (7.42–21.1)	13.0 (6.21–23.8)	27.4 (15.0–45.9)	<0.0001
		RR	-	1.38 (0.66–2.89)	2.88 (1.40–5.90)	7.29 (3.52–15.1)	7.84 (3.44–17.9)	17.5 (8.11–37.9)	<0.0001
Long-term‡	0	O/E	1/0.33	10/3.5	13/2.9	14/1.3	12/0.9	18/0.7	
		SMR	2.99 (0.08–16.7)	2.83 (1.36–5.21)	4.41 (2.35–7.54)	11.2 (6.11–18.8)	13.5 (6.99–23.7)	27.2 (16.1–43.1)	<0.0001
		RR	15	15	1.75 (0.78–3.92)	4.54 (2.04–10.1)	5.55 (2.41–12.8)	13.1 (5.95–28.8)	<0.0001

Table 5	Nodel for lung cancer mortality as an underlying cause of death among worke	ers in
the South	Carolina asbestos textile workers cohort*	

Term in mo	del		Estimate	Standard error	Likelihood ratio test†
Intercept		βο	-8.72	0.358	-
Sex	Male	Ref	-	-	43.5, 1, <0.0001
	Female	β1	-1.02	0.161	
Race	White	Ref	-	-	23.3, 1, <0.0001
	Non-white	β <sub>2</sub>	-1.03	0.238	
Age	<50 years	Ref	-	-	253.8, 7, <0.0001
Ū.	50–54 years	β3	2.05	0.445	
	55–59 years	β4	2.66	0.410	
	60–64 years	β5	3.27	0.392	
	65–69 years	β <sub>6</sub>	3.61	0.388	
	70–74 years	β <sub>7</sub>	3.59	0.402	
	75–79 years	β8	3.87	0.415	
	80+ years	β9	4.20	0.432	
Exposure	Fibre-years/ml; 10-year lag	β10	0.0198	0.00496	47.1, 1, <0.0001

 $\beta_{\beta}(age = 65-69 \text{ years}) + \beta_{7}(age = 70-74 \text{ years}) + \beta_{8}(age = 75-79 \text{ years}) + \beta_{9}(age = 80+ \text{ years})]$  and  $E_{10}$  is cumu chrysotile exposure (in fibre-years/ml) lagged by 10 years. †Likelihood ratio  $\chi^{2}$  statistic, degrees of freedom, p value.

Including this interaction term in the model results in estimates of the relative rate for cumulative exposure that depend upon age. This model for asbestosis mortality is described in table 6 and graphically displayed, along with the categorical and restricted cubic spline models, in figure 2 for, as an example, white males 60–74 years of age born in 1920 or later. Under this model, the relative rate for asbestosis as a function of cumulative exposure was given by  $(E+0.9)^{1.52}/(0.9)^{1.52}$  for persons under 50 years of age,  $(E+0.9)^{1.50}/(0.9)^{1.50}$  for workers 50–59 years of age,  $(E+0.9)^{1.20}/(0.9)^{1.50}$  for persons 60–74 years of age, and  $(E+0.9)^{0.62}/(0.9)^{0.62}$  for persons 75+ years of age. Similar results were obtained when cumulative exposure was lagged by five or 10 years (not shown). Cumulative exposure was positively and significantly associated with asbestosis mortality in all models tested.

# DISCUSSION

The primary focus of this update was to re-examine both mortality and the exposure-response relationships between cumulative exposure to chrysotile and mortality from lung cancer and asbestosis in the South Carolina asbestos textile workers cohort with an additional 11 years of follow-up. All cause mortality remained elevated, as was mortality from all cancers including oesophageal and lung cancer, ischaemic heart disease, pneumoconiosis and other respiratory diseases, diabetes, chronic obstructive pulmonary disease, and diseases of the digestive system. The number of deaths from mesothelioma is consistent with the results of other cohort mortality studies where workers were predominantly exposed to the chrysotile form of asbestos.<sup>2 17</sup>

Increasing and highly statistically significant trends with increasing cumulative exposure were observed for both lung cancer and asbestosis, with 72 and 17 additional deaths since the last update, respectively. Standardised mortality ratios were elevated for lung cancer and pneumoconiosis and other respiratory diseases even among the lowest exposure group. Previous analyses of the exposure-response relation between chrysotile and lung cancer mortality in this cohort selected the linear relative risk model over other model forms and estimated the relative rate for cumulative chrysotile exposure (E, fibre-years/ml)

**Table 6**Model for asbestosis mortality as an underlying or contributing cause of deathamong workers in the South Carolina asbestos textile workers cohort\*

Term in model			Estimate	Standard error	Likelihood ratio test†
Intercept		βο	-14.4	1.94	-
Sex	Male	Ref	-	-	10.5, 1, 0.0012
	Female	β1	-0.938	0.299	
Race	White	Ref	-	-	11.9, 1, 0.0006
	Non-white	β <sub>2</sub>	-1.20	0.390	
Age	<50 years	Ref	-	-	20.4, 3, 0.0001
0	50–59 years	β3	1.06	2.59	
	60–74 years	β4	3.32	2.14	
	75+ years	β5	6.62	2.07	
Birth cohort	192Ó+	Ref	-	-	5.54, 1, 0.019
	<1920	β6	0.811	0.373	
Exposure	Fibre-years/ml; n		0.9	-	-
	,	β7	1.52	0.417	95.5, 1, <0.0001
Exposure×age	<50 years	Ref	-	-	9.30, 3, 0.026
	50–59 years	β <sub>8</sub>	-0.0175	0.540	
	60–74 years	β <sub>9</sub>	-0.314	0.456	
	75+ years	β10	-0.897	0.451	

\*Power model for asbestosis mortality rate is given by  $\lambda = \lambda_0 \times (E + \alpha)^{\beta}$  where  $\lambda_0 = \exp[\beta_0 + \beta_1 \{sex = female\} + \beta_2(race = non-white) + \beta_3(age = 50-59 \text{ years}) + \beta_4(age = 60-74 \text{ years}) + \beta_5(age = 75+ \text{ years}) + \beta_6(birth cohort = prior to 1920)], E is cumulative chrysotile exposure (in fibre-years/ml), <math>\alpha = 0.9$  (estimated iteratively), and  $\beta = (\beta_7 + \beta_8(age = 50-59 \text{ years}) + \beta_9(age = 60-74 \text{ years}) + \beta_{10}(age = 75+ \text{ years})).$ †Likelihood ratio  $\chi^2$  statistic, degrees of freedom, p value. to be (1 + 0.022 E) for a worker with 15–29 years of TSFE, (1+0.037 E) for a worker with 30–39 years of TSFE and (1+0.011 E) for a worker with 40 or more years of TSFE.<sup>8</sup> Using the updated data, and employing a 10-year lag on cumulative exposure, the relative rate was estimated to be  $(1 + 0.020 \text{ E}_{10})$ ; however, there was no evidence of an interaction between TSFE and exposure.

Previous analysis of the exposure-response relation between chrysotile and mortality from asbestosis in this cohort selected the power model over other model forms and estimated the relative rate for cumulative chrysotile exposure (E, fibre-years/ml) to be equal to  $(E + 0.5)^{1.3}/(0.5)^{1.3}$ . The power model, which fit the data better than other models tested (results not shown), is still a reasonable model for asbestosis mortality in this cohort, but was improved by adding an interaction with age.

Smoking information on the cohort is limited. The US Public Health Service administered surveys to active workers in 1964 and again to active workers in 1971. These surveys indicated that, compared to the US population in 1965, smoking prevalence among white males (n = 292) was similar to the prevalence among US white males; however, prevalence among non-white males (n = 113) was lower than the prevalence among US non-white males and prevalence among white females (n = 124) was higher than the prevalence among US white females.<sup>7</sup> The strong exposure-response patterns observed for lung cancer is unlikely to be fully explained by uncontrolled confounding by smoking because these analyses were conducted within the cohort and smoking is unlikely to vary by level of asbestos exposure. In a study examining the potential for tobacco and alcohol to confound the relation between laryngeal cancer and metal working fluids, Kriebel et al concluded that, for large studies, systematic or chance differences in smoking and drinking habits among the exposure groups are unlikely to cause more than a 17% change in the relative risk.<sup>18</sup> Smoking prevalence in the US is related to sex, race, education and birth cohort.19 20 In the absence of smoking information, others have used birth year or birth cohort as a surrogate for smoking.<sup>21</sup> Birth cohort, however, was neither an effect modifier nor a confounder in our models of lung cancer with cumulative exposure. In our models of asbestosis mortality, the addition of a term to identify workers born before 1920 in the baseline function significantly improved model fit, but an interaction term between birth cohort and cumulative chrysotile exposure did not.

There is some evidence of the healthy worker survival effect in that reduced mortality was observed among actively employed workers and highly elevated mortality—mostly lung cancer and pneumoconiosis and other respiratory diseases was observed in the first year following termination of employment. Time since termination of employment has been shown to confound exposure-response relationships in occupational cohorts.<sup>22</sup> In supplemental analyses (not shown), time since last employment at the plant (used as a surrogate for time since termination of overall employment) did not confound the exposure-response relationship between chrysotile and lung cancer.

The cohort included many "short-term" workers with nearly half of the workers employed for less than one year at the plant. Since higher than expected death rates among short-term employees have been observed in a number of occupational mortality studies, hypotheses have been developed that short-term workers might have certain characteristics that distinguish them from long-term workers.<sup>23 24</sup> In this cohort, a high percentage (71%) of the short-term workforce was only employed during the World War II years and the nature of their short-term employment was more likely related to the reduction of war-time demand as opposed to possible socioeconomic, lifestyle or

# Main messages

- Workers exposed to chrysotile in textile manufacturing were observed to have excess mortality from several causes of death including oesophageal cancer, lung cancer, ischaemic heart disease, and pneumoconiosis and other respiratory diseases, including asbestosis.
- Positive relationships between estimated chrysotile exposure and mortality from lung cancer and asbestosis observed in previous updates of this cohort were confirmed with the addition of 11 years of follow-up.
- Limited smoking data indicated similar or reduced smoking prevalence compared to the US population for white and non-white males, respectively; however, smoking prevalence was higher for white females.
- Three mesothelioma deaths were observed.

occupational factors. Furthermore, mortality from lung cancer and pneumoconiosis and other respiratory diseases was still elevated and positively associated with estimated cumulative exposure to chrysotile in supplemental analyses excluding shortterm workers.

In addition to a lack of smoking histories for all of the cohort members, the findings reported herein are subject to additional limitations including incomplete lifetime work histories and high rates of loss to follow-up, especially among female workers. The detailed exposure-response modelling is not without limitations in that estimates of risk are based on a single model and are somewhat dependent on the form of the model, the cutpoints used to stratify exposure and the lag period selected. Cumulative exposure, however, was positively and highly statistically significantly associated with lung cancer and asbestosis mortality when additional model forms were considered (not shown). The use of a large number of cutpoints and the treatment of exposure as a continuous variable in these models lessens the dependence of the results on the selected cutpoints.14 Exposure lag periods of five and 10 years were considered in addition to unlagged analyses. Results were similar in lagged and unlagged analyses, however, in this cohort, many years have passed since exposure ceased, so this was not too surprising.

In spite of these limitations, there are many strengths of the analysis, including a long follow-up time, a large number of observed deaths due to lung cancer and asbestosis, detailed work histories and a well-defined JEM. The JEM used here characterises exposure to chrysotile in terms of the number of fibres longer than 5 micrometers per millilitre of air. Exposure concentrations were estimated using statistical modelling of nearly 6000 industrial hygiene sampling measurements taken over the period 1930-75 and analysed using phase contrast microscopy. There is evidence that fibre size (diameter and length) may play an important role in characterising the exposure-response relation between chrysotile exposure and mortality from lung cancer and asbestosis.<sup>25</sup> Plans are underway for the re-analysis of this cohort using an updated JEM based on a transmission electron microscopy analysis of the air samples that considers the size distribution of the fibres in addition to the number of fibres.

In conclusion, this study confirms the findings from previous investigations of excess mortality from lung cancer and asbestosis and a strong exposure-response relation between exposure to chrysotile and mortality from lung cancer and asbestosis.

# Follow-up study of chrysotile textile workers

# ACKNOWLEDGEMENTS

The authors express their appreciation to Ms Christine M Gersic for her assistance with the data files.

# Authors' affiliations

M J Hein, E Lehman, Industrywide Studies Branch, Division of Surveillance, Hazard Evaluations and Field Studies, National Institute for Occupational Safety and Health, Cincinnati, Ohio, USA

LT Stayner, Division of Epidemiology and Biostatistics, University of Illinois School of Public Health, Chicago, Illinois, USA

L T Stayner, Risk Evaluation Branch, Education and Information Division, National Institute for Occupational Safety and Health, Cincinnati, Ohio, USA

J M Dement, Department of Community and Family Medicine, Division of Occupational and Environmental Medicine, Duke University Medical Center, Durham, North Carolina, USA

Competing interests: None declared.

The findings and conclusions in this report are those of the authors and do not necessarily represent the views of the National Institute for Occupational Safety and Health.

## REFERENCES

- McDonald JC, McDonald AD. Chrysotile, tremolite and carcinogenicity. Ann Occup Hyg 1997;**41**:699–705. **Stayner** LT, Dankovic DA, Lemen RA. Occupational exposure to chrysotile
- 2 asbestos and cancer risk: a review of the amphibole hypothesis. Am J Public Health 1996;86:179-86.
- 3 Landrigan PJ, Nicholson WJ, Suzuki Y, et al. The hazards of chrysotile asbestos: a critical review. Ind Health 1999;**37**:271–80.
- Yano E, Wang Z, Wang X, et al. Cancer mortality among workers exposed to amphibole-free chrysotile asbestos. *Am J Epidemiol* 2001;**154**:538–43. Dement JM, Harris RL Jr, Symons MJ, et al. Exposures and mortality among chrysotile asbestos workers. Part II: Mortality. *Am J Ind Med* 1983;**4**:421–33. 4
- Brown DP, Dement JM, Okun A. Mortality patterns among female and male chrysotile asbestos textile workers. *J Occup Med* 1994;**36**:882–8. 6
- **Dement JM**, Brown DP, Okun A. Follow-up study of chrysotile asbestos textile workers: cohort mortality and case-control analyses. *Am J Ind Med* 1994;26:431-47.

- 8 Stayner L, Smith R, Bailer J, et al. Exposure-response analysis of risk of respiratory disease associated with occupational exposure to chrysotile asbestos. Occup Environ Med 1997;**54**:646-52.
- Dement JM, Harris RL Jr, Symons MJ, et al. Exposures and mortality among chrysotile asbestos workers. Part I: Exposure estimates. Am J Ind Med 1983;4:399-419.
- Waxweiler RJ, Beaumont JJ, Henry JA, et al. A modified life-table analysis system for cohort studies. J Occup Med 1983;25:115–24. 10
- Steenland K, Beaumont J, Spaeth S, et al. New developments in the Life Table 11 Analysis System of the National Institute for Occupational Safety and Health. J Occup Med 1990;**32**:1091–8.
- 12 Robinson CF, Schnorr TM, Cassinelli RT II, et al. Tenth revision U.S. mortality rates for use with the NIOSH Life Table Analysis System. J Occup Environ Med 2006;48:662-7.
- Dement JM, Brown DP. Cohort mortality and case-control studies of white male chrysotile asbestos textile workers. J Occup Med Toxicol 1993;2:355-63.
- 14 Richardson DB, Loomis D. The impact of exposure categorisation for grouped analyses of cohort data. Occup Environ Med 2004;61:930-5.
- US Environmental Protection Agency. Airborne Asbestos Health Assessment Update. Report 600/8-84-003F. US Environmental Protection Agency, 1986.
- 16 Herndon JE II, Harrell FE Jr. The restricted cubic spline as baseline hazard in the proportional hazards model with step function time-dependent covariables. Stat . Med 1995;**14**:2119–29.
- Hodgson JT, Darnton A. The quantitative risks of mesothelioma and lung cancer 17 in relation to asbestos exposure. Ann Occup Hyg 2000;44:565-601
- 18 Kriebel D, Zeka A, Eisen EA, et al. Quantitative evaluation of the effects of uncontrolled confounding by alcohol and tobacco in occupational cancer studies. Int J Epidemiol 2004;33:1040-5.
- Escobedo LG, Peddicord JP. Smoking prevalence in US birth cohorts: the 19 influence of gender and education. Am J Public Health 1996;86:231–6.
  Freedman DM, Tarone RE, Doody MM, et al. Trends in reproductive, smoking,
- and other chronic disease risk factors by birth cohort and race in a large occupational study population. *Ann Epidemiol* 2002;1:363–9.
- 21 Luebeck EG, Heidenreich WF, Hazelton WD, et al. Biologically based analysis of the data for the Colorado uranium miners cohort: age, dose and dose-rate effects. Radiat Res 1999;152:339-51.
- 22 Richardson D, Wing S, Steenland K, et al. Time-related aspects of the healthy worker survivor effect. Ann Epidemiol 2004;**14**:633–9.
- 23 Gilbert ES. Some confounding factors in the study of mortality and occupational exposures. Am J Epidemiol 1982;116:177–88.
- 24 Kolstad HA, Olsen J. Why do short term workers have high mortality? Am J Epidemiol 1999;149:347-52.
- 25 Berman DW, Crump KS, Chatfield EJ, et al. The sizes, shapes, and mineralogy of asbestos structures that induce lung tumors or mesothelioma in AF/HAN rats following inhalation. Risk Anal 1995;15:181-95.

# Stay a step ahead with Online First

We publish all our original articles online before they appear in a print issue. This means that the latest clinical research papers go straight from acceptance to your browser, keeping you at the cutting edge of medicine. We update the site weekly so that it remains as topical as possible. Follow the Online First link on the home page and read the latest research.