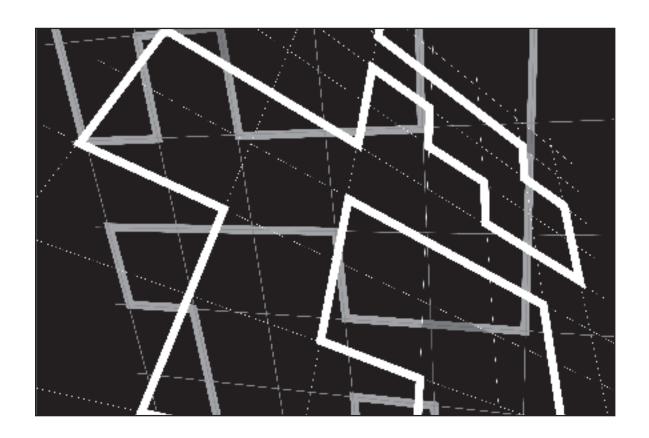
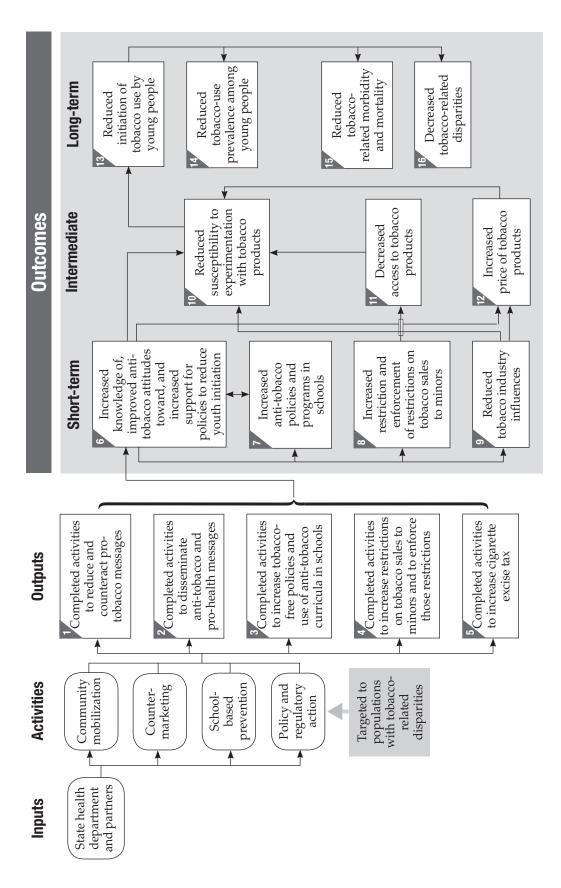
# Goal Area 1: Preventing Initiation of □ Tobacco Use Among Young People □



Goal Area 1

Preventing Initiation of Tobacco Use Among Young People



# Preventing Initiation of Tobacco Use Among Young People $\Box$

#### **Short-term Outcomes**

- ■□Outcome 6: Increased knowledge of, improved anti-tobacco attitudes toward, and increased support for policies to reduce youth initiation
  - ▶ 1.6.1 ☐ Level of confirmed awareness of anti-tobacco media messages
  - ▶ **1.6.2** Level of receptivity to anti-tobacco media messages
  - ▶ 1.6.3☐ Proportion of students who would ever wear or use something with a tobacco company name or picture
  - ▶ 1.6.4□ Level of support for policies, and enforcement of policies, to decrease young people's access to tobacco
  - ▶ 1.6.5□ Level of support for increasing excise tax on tobacco products
  - ▶ 1.6.6☐ Level of awareness among parents about the importance of discussing tobacco use with their children
  - ▶ 1.6.7<sup>NR□</sup> Level of support for creating policies in schools
  - ▶ **1.6.8**<sup>NR</sup> Proportion of young people who think that the cigarette companies try to get young people to smoke
- Outcome 7: Increased anti-tobacco policies and programs in schools ☐
  - ▶ 1.7.1□ Proportion of schools or school districts reporting the implementation of 100% tobacco-free policies
  - ▶ 1.7.2□ Proportion of schools or school districts that provide instruction on tobacco-use prevention that meets CDC guidelines
  - ▶ 1.7.3□ Proportion of schools or school districts that provide tobacco-use prevention education in grades K–12
  - ▶ 1.7.4□ Proportion of schools or school districts that provide program-specific training for teachers
  - ▶ 1.7.5□ Proportion of schools or school districts that involve families in support of school-based programs
  - ▶ 1.7.6☐ Proportion of schools or school districts that support cessation interventions for students and staff who use tobacco
  - ▶ 1.7.7□ Proportion of schools or school districts that assess their tobacco-use prevention program at regular intervals
  - ▶ 1.7.8☐ Proportion of students who participate in tobacco-use prevention activities

- ▶ 1.7.9 Level of reported exposure to school-based tobacco-use prevention curricula that meet CDC guidelines
- ▶ 1.7.10 Perceived compliance with tobacco-free policies in schools
- ▶ 1.7.11 Proportion of schools or school districts with policies that regulate display of tobacco industry promotional items

### Outcome 8: Increased restriction and enforcement of restrictions on tobacco sales to minors

- ▶ 1.8.1□ Proportion of jurisdictions with policies that ban tobacco vending machine sales in places accessible to young people
- ▶ 1.8.2□ Proportion of jurisdictions with policies that require retail licenses to sell tobacco products
- ▶ 1.8.3☐ Proportion of jurisdictions with policies that control the location, number, and density of retail outlets
- ▶ 1.8.4□ Proportion of jurisdictions with policies that control self-service tobacco sales
- ▶ 1.8.5□ Number of compliance checks conducted by enforcement agencies
- ▶ 1.8.6 Number of warnings, citations, and fines issued for infractions of public policies against young people's access to tobacco products
- ▶ 1.8.7□ Changes in state tobacco control laws that preempt stronger local tobacco control laws

### ■ Outcome 9: Reduced tobacco industry influences □

- ▶ 1.9.1 Extent and type of retail tobacco advertising and promotions
- ▶ 1.9.2□ Proportion of jurisdictions with policies that regulate the extent and type of retail tobacco advertising and promotions
- ▶ **1.9.3** Extent of tobacco advertising outside of stores
- ▶ 1.9.4 Proportion of jurisdictions with policies that regulate the extent of tobacco advertising outside of stores
- ▶ 1.9.5□ Extent of tobacco industry sponsorship of public and private events
- ▶ 1.9.6 Proportion of jurisdictions with policies that regulate tobacco industry sponsorship of public events
- ▶ 1.9.7☐ Extent of tobacco advertising on school property, at school events, and near schools
- ▶ 1.9.8 ☐ Extent of tobacco advertising in print media

- ▶ 1.9.9 ☐ Amount and quality of news media stories about tobacco industry practices and political lobbying
- ▶ 1.9.10 □ Number and type of Master Settlement Agreement violations by tobacco companies
- ▶ 1.9.11□ Extent of tobacco industry contributions to institutions and groups
- ▶ 1.9.12 Amount of tobacco industry campaign contributions to local and state politicians

#### **Intermediate Outcomes**

# ■□Outcome 10: Reduced susceptibility to experimentation with tobacco products

- ▶ 1.10.1□ Proportion of young people who think that smoking is cool and helps them fit in
- ▶ 1.10.2□ Proportion of young people who think that young people who smoke have more friends
- ▶ 1.10.3☐ Proportion of young people who report that their parents have discussed not smoking with them
- ▶ 1.10.4□ Proportion of parents who report that they have discussed not smoking with their children
- ▶ 1.10.5 Proportion of young people who are susceptible never-smokers

### Outcome 11: Decreased access to tobacco products

- ▶ 1.11.1□ Proportion of successful attempts to purchase tobacco products by young people
- ▶ 1.11.2□ Proportion of young people reporting that they have been sold tobacco products by a retailer
- ▶ 1.11.3□ Proportion of young people reporting that they have been unsuccessful in purchasing tobacco products from a retailer
- ▶ 1.11.4□ Proportion of young people reporting that they have received tobacco products from a social source
- ▶ 1.11.5□ Proportion of young people reporting that they purchased cigarettes from a vending machine
- ▶ 1.11.6<sup>NR</sup> Proportion of young people who believe that it is easy to obtain tobacco products

### ■ Outcome 12: Increased price of tobacco products □

▶ **1.12.1** Amount of tobacco product excise tax

# **Long-term Outcomes**

- Outcome 13: Reduced initiation of tobacco use by young people
  - ▶ 1.13.1 Average age at which young people first smoked a whole cigarette
  - ▶ 1.13.2 Proportion of young people who report never having tried a cigarette
- Outcome 14: Reduced tobacco-use prevalence among young people
  - ▶ 1.14.1 Prevalence of tobacco use among young people
  - ▶ 1.14.2 Proportion of established young smokers

# Increased Knowledge of, Improved Anti-tobacco Attitudes Toward, and Increased Support for Policies to Reduce Youth Initiation

The theory of change associated with preventing young people from starting to use tobacco begins with increasing their knowledge of the dangers of tobacco use, changing their attitudes toward tobacco use, and increasing public support for policies that reduce the likelihood that young people will use tobacco. The tobacco industry spends more than \$12.5 billion per year on marketing.¹ Adolescents are bombarded with pro-tobacco messages in and around retail stores, in magazines, in movies, and by smokers around them. Evidence shows that anti-tobacco media campaigns, when combined with other interventions, are effective in reducing tobacco use by adolescents.² For example, the "truth" anti-tobacco media campaign in Florida achieved nearly 93% confirmed awareness of the message among young people and was associated with improved anti-tobacco attitudes.³ After one year, both susceptibility to smoking and cigarette use declined more among Florida's young people than among young people in the rest of the nation.³

In addition to changing young people's attitudes toward tobacco use, it is necessary to increase adult support for implementing and enforcing policies that reduce the likelihood that young people will begin smoking. Such policies include increasing tobacco excise taxes, passing and enforcing strong laws that decrease young people's access to tobacco, and implementing tobacco-free school policies. Policies such as these eventually create an environment that supports a smoke-free lifestyle among young people.

Listed below are the indicators associated with this outcome:

- ▶ 1.6.1□ Level of confirmed awareness of anti-tobacco media messages
- ▶ 1.6.2□ Level of receptivity to anti-tobacco media messages
- ▶ **1.6.3** □ Proportion of students who would ever wear or use something with a tobacco company name or picture
- ▶ **1.6.4** Level of support for policies, and enforcement of policies, to decrease young people's access to tobacco
- ▶ 1.6.5 ☐ Level of support for increasing excise tax on tobacco products
- ▶ 1.6.6☐ Level of awareness among parents about the importance of discussing tobacco use with their children
- ▶ 1.6.7<sup>NR□</sup> Level of support for creating policies in schools
- ▶ **1.6.8**<sup>NR</sup> Proportion of young people who think that the cigarette companies try to get young people to smoke

### References

- 1. Federal Trade Commission. *Cigarette report for 2002.* Washington, DC: Federal Trade Commission; 2004.
- 2. Task Force on Community Preventive Services. The guide to community preventive services: tobacco use prevention and control. *American Journal of Preventive Medicine*. 2001;20(Suppl 2):1–88.
- 3. [Sly DF, Heald GR, Ray S. The Florida "truth" anti-tobacco media evaluation: design, first year results, and implications for planning future state media evaluations. *Tobacco Control.* 2001;10(1):9–15.

### For Further Reading

Alcaraz R, Klonoff EA, Landrine H. The effects on children of participating in studies of minors' access to tobacco. *Preventive Medicine*. 1997;26(2):236–40.

Brown J, Caston M, Pollard J. Students and substances: social power in drug education. *Educational Evaluation and Policy Analysis*. 1997;19(1):65–82.

Centers for Disease Control and Prevention. Effectiveness of school-based programs as a component of a statewide tobacco control initiative. *Morbidity and Mortality Weekly Report*. 2001;50(31):663–6.

Centers for Disease Control and Prevention. Guidelines for school health programs to prevent tobacco use and addiction. *Morbidity and Mortality Weekly Report Recommendations and Reports.* 1994;43(RR-2):1–18.

Eischen MH, Brownson RC, Davis JR, Cooperstock LR, Crawford R, Freeman D, Howard G, Michael MJ. Grassroots efforts to promote tobacco-free schools in rural Missouri. *American Journal of Public Health*. 1994;84(8):1336–7.

Elder JP, Perry CL, Stone EJ, Johnson CC, Yang M, Edmundson EW, Smyth MH, Galati T, Feldman H, Cribb P, Parcel GS. Tobacco-use measurement, prediction, and intervention in elementary schools in four states: the CATCH Study. *Preventive Medicine*. 1996;25(4):486–94.

Flay BR, Brannon BR, Johnson CA, Hansen WB, Ulene AL, Whitney-Saltiel DA, et al. The television school and family smoking prevention and cessation project. 1. Theoretical basis and program development. *Preventive Medicine*. 1988;17(5): 585–607.

Lantz PM, Jacobson PD, Warner KE, Wasserman J, Pollack HA, Berson J, Ahlstrom A. Investing in youth tobacco control: a review of smoking prevention and control strategies. *Tobacco Control*. 2000;9(1):47–63.

Lee DJ, Trapido E, Weatherby N, Rodriguez R. Correlates of participation and willingness to participate in anti-tobacco activities among 4th–7th graders. *Journal of Community Health*. 2001;26(6):447–57.

Lynch BS, Bonnie RJ. *Growing up tobacco free: preventing nicotine addiction in children and youths.* Washington, DC: National Academy Press; 1994.

National Cancer Institute. Smoking and Tobacco Control Monograph, No. 14. *Changing adolescent smoking prevalence: where it is and why.* Bethesda, MD: National Cancer Institute; 2001. NIH Publication No. 02-5086.

Pentz M. *Primary prevention of adolescent drug abuse: applied developmental psychology.* Columbus, OH: McGraw-Hill; 1994. pp. 435–74.

Pentz MA, Brannon BR, Charlin VL, Barrett EJ, MacKinnon DP, Flay BR. The power of policy: the relationship of smoking policy to adolescent smoking. *American Journal of Public Health*. 1989;79(7):857–62.

Peterson AV Jr, Kealey KA, Mann SL, Marek PM, Sarason IG. Hutchinson Smoking Prevention Project: long-term randomized trial in school-based tobacco use prevention—results on smoking. *Journal of the National Cancer Institute*. 2000;92(24):1979–91.

Thomas R. School-based programmes for preventing smoking. *The Cochrane Database of Systematic Reviews*, 2002;(4):CD001293. DOI: 10.1002/14651858.CD001293.

U.S. Department of Health and Human Services. *Preventing tobacco use among young people: a report of the Surgeon General*. Atlanta, GA: Centers for Disease Control and Prevention; 1994.

Unger JB, Rohrbach LA, Howard KA, Boley Cruz T, Johnson CA, Chen X. Attitudes toward anti-tobacco policy among California youth: associations with smoking status, psychosocial variables and advocacy actions. *Health Education Research*. 1999;14(6):751–63.

Winkleby MA, Feighery EC, Altman DA, Kole S, Tencati E. Engaging ethnically diverse teens in a substance use prevention advocacy program. *American Journal of Health Promotion*. 2001;15(6):433–6.

# Increased Knowledge of, Improved Anti-tobacco Attitudes Toward, and Increased Support for Policies to Reduce Youth Initiation

Indicator Rating

←○○● ●→ better

Number	Indicator	Overall quality	Strens enuces	Utility dince	Face vo.	practice	Control
1.6.1	Level of confirmed awareness of anti-tobacco media messages		\$\$	•	•	•	
1.6.2	Level of receptivity to anti-tobacco media messages		\$\$	•	•		•
1.6.3	Proportion of students who would ever wear or use something with a tobacco company name or picture	<b>□</b>	\$\$	•			
1.6.4	Level of support for policies, and enforcement of policies, to decrease young people's access to tobacco		\$\$	Ø		•	
1.6.5	Level of support for increasing excise tax on tobacco products	<del></del> 1	\$\$ <sup>†</sup>	Ø		•	•
1.6.6	Level of awareness among parents about the importance of discussing tobacco use with their children	<b>──</b>	\$\$	•		○ <sup>†</sup>	0
1.6.7 <sup>NR</sup>	Level of support for creating policies in schools		Ø	Ø	Ø	Ø	$\Diamond$
1.6.8 <sup>NR</sup>	Proportion of young people who think that the cigarette companies try to get young people to smoke		Ø	Ø	Ø	Ø	Ø

<sup>†□</sup> Denotes low agreement among reviewers: that is, fewer than 75% of the valid ratings for this indicator were within one point of each other (see Appendix B for an explanation).

Denotes no data. □

 $<sup>^{\</sup>rm NR}\,$  Denotes an indicator that is not rated (see Appendix B for an explanation).  $\Box$ 

## Indicator 1.6.1

<b>Level of Confirm</b>	ned Awareness	of Anti-tol	bacco Media	Messag	es					
Goal area 1	Preventing initiat	ion of tobacco	o use among you	ıng people						
Outcome 6		Increased knowledge of, improved anti-tobacco attitudes toward, and increased support for policies to reduce youth initiation								
What to measure	Proportion of the	target popula	ation that can acc	curately rec	all a media mess	age□				
Why this indicator□ is useful□	awareness of thes	Evaluators should measure exposure to anti-tobacco media messages to confirm awareness of these messages by asking respondents to provide specific information about the message. <sup>1</sup>								
Example data source(s)		Legacy Media Tracking Survey (LMTS), 2003 Information on LMTS available at: http://tobacco.rti.org/data/lmts.cfm								
Population group(s)	Young people age	d less than 18	3 years							
Example survey question(s)	From LMTS  Have you recently seen an anti-smoking or anti-tobacco ad on TV that shows									
<b>Comments</b> □	The example questions could be asked of adults.  Evaluators may want to categorize awareness of the medium (e.g., billboard, television, print) through which respondents learned of the anti-tobacco message.  Programs may want to evaluate confirmed awareness of an advertisement by respondents' smoking status (current, former, or never) and addiction level (e.g., light, moderate, or heavy), because awareness levels may differ significantly among groups with different levels of addiction.  Evaluators should work closely with countermarketing campaign managers to (1) develop a separate series of questions for each main media message and (2) coordinate data collection with the timing of the media campaign.									
Rating	Overall quality low ← → high	Resources needed	Strength of evaluation  evidence	Utility	Face validity	Accepted practice				
		\$\$	•							
				<b>←</b> ○○	● → better					

<sup>1. [</sup>Sly DF, Heald GR, Ray S. The Florida "truth" anti-tobacco media evaluation: design, first year results, and implications for planning future state media evaluations. *Tobacco Control*. 2001;10(1):9–15.

<b>Level of Recept</b>	ivity to Anti-tob	acco Medi	ia Messages	<b>;</b>					
Goal area 1	Preventing initiat	Preventing initiation of tobacco use among young people □							
Outcome 6	Increased knowledge of, improved anti-tobacco attitudes toward, and increased support for policies to reduce youth initiation								
What to measure□	generally defined message. In tobac receptivity is the	The level of receptivity to media messages by the intended audience. Receptivity is generally defined as the extent to which people are willing to listen to a persuasive message. In tobacco control evaluation, however, the definition is narrower; receptivity is the extent to which people believe that the message was convincing, made them think about their behavior, and stimulated discussion with others. <sup>1</sup>							
Why this indicator is useful	attitudes, and inte if their messages message helps en	Message awareness is necessary but not sufficient to change the knowledge, attitudes, and intentions of young people. Media campaigns are effective only if their messages reach and resonate with the intended audience. A well-received message helps ensure campaign effectiveness. <sup>2-5</sup> One study found that receptivity to anti-tobacco messages was a significant predictor of lower rates of intention to smoke. <sup>6</sup>							
Example data source(s)		Legacy Media Tracking Survey (LMTS), 2003 Information on LMTS available at: http://tobacco.rti.org/data/lmts.cfm							
Population group(s)	Young people age	Young people aged less than 18 years □							
Example survey question(s)	From LMTS  Tell me how much you agree or disagree with the following statement: This ad is convincing. Would you say you:  ☐ Strongly agree ☐ Agree ☐ Disagree ☐ Strongly disagree ☐ Have no opinion ☐ Don't know								
	Would you say the ad gave you good reasons not to smoke?  ☐ Yes ☐ No ☐ Don't know								
	Did you talk to your friends about this ad?  ☐ Yes ☐ No ☐ Don't know								
Comments  The example questions could be asked of adults.  Evaluators may want to assess receptivity by the medium through which learned of the media message (e.g., television, print, or radio).						respondents			
	Evaluators should work closely with countermarketing campaign managers to (1) develop a separate series of questions for each main media message and (2) coordinate data collection with the timing of the media campaign.								
Rating	Overall quality low ← → high	Resources needed	Strength of evaluation evidence	Utility	Face validity	Accepted practice			
		\$\$							
				<b>←</b> ○○	● ● → better				

- 1. Sly DF, Heald GR, Ray S. The Florida "truth" anti-tobacco media evaluation: design, first-year results, and implications for planning future state media evaluations. *Tobacco Control.* 2001;10:9–15.
- 2. McGuire WJ. Public communication as a strategy for inducing health-promoting behavioral change. *Preventive Medicine*. 1984;13(3):299–319.
- 3. Kotler P, Armstrong G. Principles of marketing, 9th ed. Upper Saddle River, NJ: Prentice-Hall; 2001.
- 4. Carter WB. Health behavior as a rational process: theory of reasoned action and multiattribute utility theory. In: Glanz K, Lewis F, Rimer B, editors. *Health behavior and health education: theory, research, and practice.* San Francisco, CA: Jossey-Bass; 1990. p. 63–91.
- 5. Maibach E, Parrott RL, editors. Designing health messages: approaches from communication theory and public health practice. Thousand Oaks, CA: Sage; 1995.
- 6. Straub DM, Hills NK, Thompson PJ, Moscicki AB. Effects of pro- and anti-tobacco advertising on nonsmoking adolescents' intentions to smoke. *Journal of Adolescent Health*. 2003;32(1):36–43.

# Proportion of Students Who Would Ever Wear or Use Something with a Tobacco Company Name or Picture

Goal area 1	Preventing initiati	on of tobacco	use among you	ng people					
Outcome 6		Increased knowledge of, improved anti-tobacco attitudes toward, and increased support for policies to reduce youth initiation							
What to measure	Proportion of students who are willing to buy or receive a cigarette promotional item (e.g., sports gear, clothing, lighters, or sunglasses)								
Why this indicator□ is useful□	Evidence suggests a causal relationship between adolescents' willingness to wear or use tobacco promotional items and the likelihood that they will experiment with cigarettes. Young people who are highly receptive to tobacco marketing are more than twice as likely to become established smokers as those with a low level of receptivity to tobacco marketing.								
Example data source(s)	Youth Tobacco Su	rvey (YTS): C	DC Recommend	ded Questio	ons: Core, 2004				
Population group(s)	Young people age	d less than 18	years 🗆						
Example survey question(s)	From YTS  Would you ever u on it, such as a lig  □ Definitely yes	hter, t-shirt, ha	at, or sunglasses	s?		or picture			
Comments	None								
Rating	Overall quality low ← → high	Resources needed	Strength of evaluation  evidence	Utility	Face validity	Accepted practice			
	<b>──</b>	\$\$ _	•			•			
			←○ ○ ● ● → better						

- 1. IU.S. Department of Health and Human Services. *Preventing tobacco use among young people: a report of the Surgeon General.* Atlanta, GA: Centers for Disease Control and Prevention; 1994.
- 2. Gilpin EA, Pierce JP, Rosbrook B. Are adolescents receptive to current sales promotion practices of the tobacco industry? *Preventive Medicine*. 1997;26(1):14–21.
- 3. Biener L, Siegel M. Tobacco marketing and adolescent smoking: more support for a causal inference. *American Journal of Public Health*. 2000;90(3):407–11.
- 4. Sargent JD, Dalton M, Beach M, Bernhardt A, Heatherton T, Stevens M. Effect of cigarette promotions on smoking uptake among adolescents. *Preventive Medicine*. 2000;30(4):320–7.
- 5. Feighery EC, Borzekowski DL, Schooler C, Flora J. Seeing, wanting, owning: the relationship between receptivity to tobacco marketing and smoking susceptibility in young people. *Tobacco Control*. 1998;7:123–8.

### Indicator 1.6.4

# Level of Support for Policies, and Enforcement of Policies, to Decrease Young People's Access to Tobacco

Population group(s)  Adults aged 18 years or older □  Example survey question(s)  From ATS  How important is it that communities keep stores from selling tobacco product teenagers? Would you say it is □ Very important □ Somewhat important □ Not very important □ Not important at all □ No opinion/Don't know □ Refused  How strongly do you agree or disagree with the following statement: Store ov should be required to have a license to sell tobacco products, similar to alcohol.	ing young s owners,						
What to measure  Proportion of adults who support policies and enforcement of policies restriction people's access to tobacco products  Why this indicator  Tobacco-free policies are unlikely to be adopted without support from busines policy makers, and the general public.¹-⁴ In California, for example, public support in the passage of local tobacco licensing policies has grown since 1990, and this has contribe the passage of local tobacco licensing ordinances in several jurisdictions.⁵  Example data source(s)  Population group(s)  Adults aged 18 years or older □  Example survey question(s)  From ATS  How important is it that communities keep stores from selling tobacco product teenagers? Would you say it is □ Very important □ Somewhat important □ Not very important □ Not important at all □ No opinion/Don't know □ Refused  How strongly do you agree or disagree with the following statement: Store ov should be required to have a license to sell tobacco products, similar to alcohological products.	ing young s owners,						
Why this indicator □ is useful □  Tobacco-free policies are unlikely to be adopted without support from busines policy makers, and the general public.¹-⁴ In California, for example, public supretail tobacco sales licensing policies has grown since 1990, and this has contribute passage of local tobacco licensing ordinances in several jurisdictions.⁵  Example data source(s)  Adult Tobacco Survey (ATS): CDC Recommended Questions: Supplemental Su	s owners,						
policy makers, and the general public. 1-4 In California, for example, public sup retail tobacco sales licensing policies has grown since 1990, and this has contril the passage of local tobacco licensing ordinances in several jurisdictions. 5  Example data source(s)  Adult Tobacco Survey (ATS): CDC Recommended Questions: Supplemental Supplem	port for						
Population group(s)  Adults aged 18 years or older □  Example survey question(s)  From ATS  How important is it that communities keep stores from selling tobacco product teenagers? Would you say it is □ Very important □ Somewhat important □ Not very important □ Not important at all □ No opinion/Don't know □ Refused  How strongly do you agree or disagree with the following statement: Store ov should be required to have a license to sell tobacco products, similar to alcohol.							
From ATS  How important is it that communities keep stores from selling tobacco product teenagers? Would you say it is  □ Very important □ Somewhat important □ Not very important □ Not important at all □ No opinion/Don't know □ Refused  How strongly do you agree or disagree with the following statement: Store over should be required to have a license to sell tobacco products, similar to alcohologically.	Adult Tobacco Survey (ATS): CDC Recommended Questions: Supplemental Section F: Policy Issues, 2003						
How important is it that communities keep stores from selling tobacco product teenagers? Would you say it is  ☐ Very important ☐ Somewhat important ☐ Not very important ☐ Not important at all ☐ No opinion/Don't know ☐ Refused  How strongly do you agree or disagree with the following statement: Store over should be required to have a license to sell tobacco products, similar to alcohologically.							
teens can't buy tobacco products. Would you say it is  ☐ Very important ☐ Somewhat important ☐ Not very important ☐ Not important at all ☐ No opinion/Don't know ☐ Refused	vners						
<b>Comments</b> The example questions could be asked of decision makers or retailers. □  Evaluators may want to analyze the level of support for creating policies to de access to tobacco by respondent's tobacco use. □	crease 🗆						
	Accepted practice						
\$\$ \\							
←○ ○ ● ◆ → better							
□ Denotes no data.							

- 1.□U.S. Department of Health and Human Services. *Reducing tobacco use: a report of the Surgeon General.* Atlanta. GA: Centers for Disease Control and Prevention; 2000.
- 2. IU.S. Department of Health and Human Services. *Women and smoking: a report of the Surgeon General.* Rockville, MD: U.S. Department of Health and Human Services, Public Health Service, Office of the Surgeon General; 2001.
- 3. Thompson GW, Wilson N. Public attitudes about tobacco smoke in workplaces: the importance of workers' rights in survey questions. *Tobacco Control*. 2003;13:206–8.
- 4. Howard KA, Rogers T, Howard-Pitney B, Flora JA, Norman GJ, Ribisl KM. Opinion leaders' support for tobacco control policies and participation in tobacco control activities. *American Journal of Public Health*. 2000;90(8):1283–7.
- Gilpin EA, Emery SL, Farkas AJ, Distefan JM, White MM, Pierce JP. The California Tobacco Control Program: a decade of progress, results from the California tobacco surveys, 1990–1998. La Jolla, CA: University of California, San Diego; 2001. Available from: http://repositories.cdlib.org/tc/surveys/CTS1999/. Accessed December 2004.

<b>Level of Suppor</b>	t for Increasing	<b>Excise Ta</b>	x on Tobacco	Product					
Goal area 1	Preventing initiat	Preventing initiation of tobacco use among young people □							
Outcome 6	Increased knowledge of, improved anti-tobacco attitudes toward, and increased support for policies to reduce youth initiation								
What to measure		Proportion of adults who support an increase in excise tax on cigarettes and the amount of tax increase they support							
Why this indicator□ is useful□	on tobacco produ business owners,	Public opinion is a major determinant of the feasibility of enacting an excise tax increase on tobacco products. Tobacco policies are unlikely to be adopted without support from business owners, policy makers, and the general public. <sup>1-4</sup> Measuring policy makers' support for a tax increase will assess their willingness to support legislation for a tax increase. <sup>5</sup>							
Example data source(s)		Adult Tobacco Survey (ATS): CDC Recommended Questions: Supplemental Section F: Policy Issues, 2003							
Population group(s)	Adults aged 18 ye	ears or older	]						
Example survey question(s)	From ATS  How much additions and a properties of the properties of	oney raised w dollars a pac oack ack	vas used to supp ck	ort tobacco n fifty cents ncrease	control program a pack				
<b>Comments</b> □	The example questions could be asked of decision makers or opinion leaders.  Evaluators may want to analyze the level of support for increasing an excise tax on tobacco products according to the smoking status of the respondent.  To gather more complete data on tobacco use, evaluators can also ask questions about the use of other tobacco products such as spit tobacco (smokeless), bidis, small cigars, and loose tobacco (roll-your-own).								
Rating	Overall quality low ← ▶ high	Resources needed	Strength of evaluation  evidence	Utility	Face validity	Accepted practice			
		\$\$ <sup>†</sup>	$\bigotimes$						
				<b>←○○</b>	● → better				
	† □Denotes low agr indicator were v ⊗ Denotes no dat	vithin one poin	g reviewers: that is at of each other (se						

- 1. IU.S. Department of Health and Human Services. *Reducing tobacco use: a report of the Surgeon General.* Atlanta, GA: Centers for Disease Control and Prevention; 2000.
- 2. IU.S. Department of Health and Human Services. *Women and smoking: a report of the Surgeon General.* Rockville, MD: U.S. Department of Health and Human Services, Public Health Service, Office of the Surgeon General; 2001.
- 3. Thompson GW, Wilson N. Public attitudes about tobacco smoke in workplaces: the importance of workers' rights in survey questions. *Tobacco Control*. 2003;13:206–8.
- 4. Howard KA, Rogers T, Howard-Pitney B, Flora JA, Norman GJ, Ribisl KM. Opinion leaders' support for tobacco control policies and participation in tobacco control activities. *American Journal of Public Health*. 2000;90(8):1283–7.
- 5. O'Connell P. Tobacco control in the land of the golden leaf. Has political perception kept pace with reality? *North Carolina Medical Journal*. 2002;63(3):175–6.

### Indicator 1.6.6

# Level of Awareness Among Parents About the Importance of Discussing Tobacco Use with Their Children

Goal area 1	Preventing initiation of tobacco use among young people□						
Outcome 6	Increased knowledge of, improved anti-tobacco attitudes toward, and increased support for policies to reduce youth initiation						
What to measure	Proportion of parents who believe that discussing tobacco use with their children is important						
Why this indicator□ is useful□	Although studies show that parental discussion about tobacco can reduce young people's tobacco use, many parents do not discuss tobacco use with their children. <sup>1-3</sup> Increasing awareness among parents of the importance of discussing tobacco use with their children is an important step in reducing tobacco initiation and use.						
Example data source(s)	No commonly used data sources were found						
Population group(s)	Parents of young people aged less than 18 years $\hfill\Box$						
Example survey question(s)	How important is it that you discuss tobacco use with your child(ren)? Would you say it is  ☐ Very important ☐ Somewhat important ☐ Not very important ☐ Not important at all ☐ No opinion/Don't know ☐ Refused to answer						
Comments	The authors created this example question. It does not come from any commonly used data source.						
	Overall quality Resources Strength of Utility Face validity Accepted practice evidence						
	←○ ○ ● ◆ → better						
	† Denotes low agreement among reviewers: that is, fewer than 75% of the valid ratings for this indicator were within one point of each other (see Appendix B for an explanation).						

- 1. Clark PI, Scarisbrick-Hauser A, Gautam SP, Wirk SJ. Anti-tobacco socialization in homes of African-American and white parents, and smoking and nonsmoking parents. *Journal of Adolescent Health*. 1999;24:329–39.
- 2. Jackson C, Henriksen L. Do as I say: parent smoking, antismoking socialization, and smoking onset among children. *Addictive Behaviors*. 1997;22(1):107–14.
- 3. U.S. Department of Health and Human Services. *Preventing tobacco use among young people: a report of the Surgeon General.* Atlanta, GA: Centers for Disease Control and Prevention; 1994.

<b>Level of Suppor</b>	t for Creating Policies in Schools
Goal area 1	Preventing initiation of tobacco use among young people □
Outcome 6	Increased knowledge of, improved anti-tobacco attitudes toward, and increased support for policies to reduce youth initiation
What to measure	Proportion of adults who support creating and actively enforcing tobacco-free policies in schools
Why this indicator is useful	Young people's attitudes about the acceptability of smoking are influenced by what they see their peers and educators doing at school. Strong school anti-tobacco policies require the support of parents, teachers, principals, policy makers, and the general public. <sup>1</sup>
Example data  source(s)	<ul> <li>Adult Tobacco Survey (ATS): CDC Recommended Questions: Supplemental Section F: Policy Issues, 2003</li> <li>University of California at San Diego, California Tobacco Survey (CTS): Adult Attitudes and Practices, 1996         Information on CTS available at:         <ul> <li>http://ssdc.ucsd.edu/tobacco</li> <li>http://www.dhs.ca.gov/ps/cdic/ccb/TCS/html/Evaluation_Resources.htm</li> </ul> </li> <li>Behavioral Risk Factor Surveillance System (BRFSS), Tobacco Use Prevention Module, 2000</li> </ul>
Population group(s)	Adults aged 18 years or older□
Example survey question(s)	From ATS  How strongly do you agree or disagree with the following statement: Tobacco use by adults should not be allowed on school grounds or at any school events.  ☐ Strongly agree ☐ Agree ☐ Disagree ☐ Strongly disagree ☐ No opinion/Don't know ☐ Refused  From CTS
	Do you think schools should prohibit students from wearing clothing or bringing gear with tobacco brand logos to school?  ☐ Yes ☐ No
	From BRFSS
	Do you think that smoking should be allowed in all areas of schools, restaurants, day care, and indoor work areas, some areas, or not allowed at all?  ☐ All areas ☐ Some areas☐ ☐ Not allowed ☐ Refused to answer
Comments	The example questions could also be asked of decision makers.  Evaluators may want to analyze the level of support for creating tobacco-free policies □ in schools based on the respondent's tobacco use.□  This indicator was not rated by the panel of experts and, therefore, no rating information □ is provided. See Appendix B for an explanation.□

Rating□	Overall quality low ← high	Resources needed	Strength of evaluation  evidence	Utility	Face validity	Accepted practice		
		$\emptyset$	$\bigotimes$	$\bigotimes$	$\bigotimes$	$\bigotimes$		
			<-○ ○ ● ● → better					
	□ Denotes no data	ì.						

 $<sup>\</sup>overline{\ }^{NR}$  Denotes an indicator that is not rated (see Appendix B for an explanation).

<sup>1.</sup> Task Force on Community Preventive Services Meeting. February 25, 2004. Meeting minutes available at www.thecommunityguide.org.

# **Proportion of Young People Who Think That the Cigarette Companies Try to Get Young People to Smoke**

	_	_	-						
Goal area 1	Preventing initiat	ion of tobacco	use among you	ing people					
Outcome 6	Increased knowledge of, improved anti-tobacco attitudes toward, and increased support for policies to reduce youth initiation								
What to measure		Proportion of young people who believe that cigarette companies try to get young people to start smoking							
Why this indicator is useful	to start smoking,	If young people are aware of the tobacco industry's attempts to persuade them to start smoking, they may become less susceptible to the tobacco industry's marketing tactics. <sup>1</sup>							
Example data  source(s)	California Independent Evaluation: Youth Survey, 2000 Information available at: http://www.dhs.ca.gov/ps/cdic/ccb/TCS/html/ Evaluation_Resources.htm								
Population group(s)	Young people age	ed less than 18	3 years□						
Example survey question(s)	From California Independent Evaluation: Youth Survey  Do tobacco companies try to get young people to start smoking by using advertisements that are attractive to young people?  ☐ Yes, definitely ☐ Yes, maybe ☐ Probably not ☐ Not sure								
Comments		This indicator was not rated by the panel of experts and, therefore, no rating information is provided. See Appendix B for an explanation.							
Rating	Overall quality low ← ▶ high	Resources needed	Strength of evaluation  evidence	Utility	Face validity	Accepted practice			
		$\bigotimes$	$\bigotimes$	$\emptyset$	$\bigotimes$	$\bigotimes$			
				<b>←</b> ○○	● → better				
	○ Denotes no data	a							

 $<sup>^{\</sup>mbox{\scriptsize NR}}$  Denotes an indicator that is not rated (see Appendix B for an explanation).

<sup>1.</sup> Evans N, Farkas A, Gilpin E, Berry C, Pierce JP. Influence of tobacco marketing and exposure to smokers on adolescent susceptibility to smoking. *Journal of the National Cancer Institute*. 1995;87(20):1538–45.

# **Increased Anti-tobacco Policies and Programs in Schools**

To prevent and reduce tobacco use by young people, schools should implement comprehensive anti-tobacco policies and programs that reinforce tobacco-free norms. Young people spend much of their time in school and are influenced by school policies and programs and by the actions of their peers and of adults.¹ Evidence shows that education programs that include instruction on the short-and long-term physiologic and social consequences of tobacco use, social influences on tobacco use, peer norms, and life skills can prevent or reduce tobacco use among students.²³ School-based interventions that are combined with mass media campaigns and additional community-wide educational anti-tobacco activities show evidence of effectiveness in reducing tobacco use among young people.³ The Community Guide to Preventive Services Task Force, however, states that insufficient evidence is available to indicate that either school-based education programs (e.g., classroom programs) or student-delivered community education (e.g., Students Working Against Tobacco [SWAT]) are effective when implemented alone, without other community activities to supplement or reinforce them.³

The demand for effective tobacco-use cessation interventions for young people has been growing.<sup>4</sup> As with all public health programs, such interventions must be based on evidence that proves that they work. Unfortunately, few rigorous scientific studies exist on which to base recommendations that would help young smokers quit.<sup>4</sup>

CDC provides guidelines for school health programs to prevent tobacco use and addiction.<sup>2</sup> The guidelines include recommendations on policies, curricula and instruction, teacher training, parental involvement, tobacco-use cessation, and evaluation. The guidelines are based on research, scientific theory, and practice.

Listed below are the indicators associated with this outcome:

- ▶ **1.7.1** □ Proportion of schools or school districts reporting the implementation of 100% tobacco-free policies
- ▶ 1.7.2□ Proportion of schools or school districts that provide instruction on tobacco-use prevention that meets CDC guidelines
- ▶ 1.7.3□ Proportion of schools or school districts that provide tobacco-use prevention education in grades K–12
- ▶ 1.7.4□ Proportion of schools or school districts that provide program-specific training for teachers
- ▶ 1.7.5□ Proportion of schools or school districts that involve families in support of school-based programs
- ▶ 1.7.6☐ Proportion of schools or school districts that support cessation interventions for students and staff who use tobacco
- ▶ 1.7.7□ Proportion of schools or school districts that assess their tobacco-use prevention program at regular intervals

▶ 1.7.8□	Proportion of students who participate in tobacco-use prevention $\square$ activities $\square$
> 1.7.9 □	Level of reported exposure to school-based to bacco-use prevention $\Box$ curricula that meet CDC guide lines $\Box$
▶ 1.7.10 □	Perceived compliance with tobacco-free policies in schools
> 1.7.11□	Proportion of schools or school districts with policies that regulate $\Box$ display of tobacco industry promotional items $\Box$

#### References

- 1. [U.S. Department of Health and Human Services. *Preventing tobacco use among young people: a report of the Surgeon General.* Atlanta, GA: Centers for Disease Control and Prevention; 1994.
- 2. Centers for Disease Control and Prevention. Guidelines for school health programs to prevent tobacco use and addiction. *Morbidity and Mortality Weekly Report Recommendations and Reports*. 1994;43(RR-2):1–18. Available from: http://www.cdc.gov/mmwr/PDF/RR/RR4302.pdf. Accessed March 2005.
- 3. Task Force on Community Preventive Services Meeting. February 25, 2004. Meeting minutes available at www.thecommunityguide.org.
- 4. [Milton MH, Maule CO, Yee SL, Backinger C, Malarcher AM, Husten CG. *Youth tobacco cessation: a guide for making informed decisions.* Atlanta, GA: Centers for Disease Control and Prevention; 2004.

### For Further Reading

Alcaraz R, Klonoff EA, Landrine H. The effects on children of participating in studies of minors' access to tobacco. *Preventive Medicine*. 1997;26(2):236–40.

Epstein JA, Griffin KW, Botvin GJ. Competence skills help deter smoking among inner city adolescents. *Tobacco Control.* 2000;9(1):33–9.

Farrelly MC, Healton CG, Davis KC, Messeri P, Hersey JC, Haviland ML. Getting to the truth: evaluating national tobacco countermarketing campaigns. *American Journal of Public Health*. 2002;92(6):901–7. Erratum in: *American Journal of Public Health*. 2003;93(5):703.

Glantz SA, Begay ME. Tobacco industry campaign contributions are affecting tobacco control policymaking in California. *Journal of the American Medical Association*. 1994; 272(15):1176–82.

Huang TT, Unger JB, Rohrbach LA. Exposure to, and perceived usefulness of, school-based tobacco-prevention programs: associations with susceptibility to smoking among adolescents. *Journal of Adolescent Health.* 2000;27(4):248–54.

Lee DJ, Trapido E, Weatherby N, Rodriguez R. Correlates of participation and willingness to participate in anti-tobacco activities among 4th–7th graders. *Journal of Community Health*. 2001;26(6):447–57.

Lewit EM, Hyland A, Kerrebrock N, Cummings KM. Price, public policy, and smoking in young people. *Tobacco Control.* 1997;6(Suppl 2):S17–24.

National Cancer Institute. Smoking and Tobacco Control Monograph, No. 14. *Changing adolescent smoking prevalence: where it is and why.* Bethesda, MD: National Cancer Institute; 2001. NIH Publication No. 02-5086.

Pierce JP, Gilpin EA, Emery SL, White MM, Rosbrook B, Berry CC, Farkas AJ. Has the California tobacco control program reduced smoking? *Journal of the American Medical Association*. 1998;280(10):893–9.

Rohrbach LA, Howard-Pitney B, Unger JB, Dent CW, Howard KA, Cruz TB, Ribisl KM, Norman GJ, Fishbein H, Johnson CA. Independent evaluation of the California Tobacco Control Program: relationships between program exposure and outcomes, 1996–1998. *American Journal of Public Health*. 2002;92(6):975–83.

Sargent JD, Dalton MA, Beach M, Bernhardt A, Pullin D, Stevens M. Cigarette promotional items in public schools. *Archives of Pediatrics & Adolescent Medicine*. 1997;151(12):1189–96.

Siegel M, Biener L. The impact of an antismoking media campaign on progression to established smoking: results of a longitudinal youth study. *American Journal of Public Health*. 2000;90(3):380–6.

Sly DF, Heald GR, Ray S. The Florida "truth" anti-tobacco media evaluation: design, first year results, and implications for planning future state media evaluations. *Tobacco Control*. 2001;10(1):9–15.

Sly DF, Trapido E, Ray S. Evidence of the dose effects of an antitobacco counter-advertising campaign. *Preventive Medicine*. 2002;35(5):511–8.

Straub DM, Hills NK, Thompson PJ, Moscicki AB. Effects of pro- and anti-tobacco advertising on nonsmoking adolescents' intentions to smoke. *Journal of Adolescent Health*. 2003;32(1):36–43.

Task Force on Community Preventive Services. The guide to community preventive services: tobacco use prevention and control. *American Journal of Preventive Medicine*. 2001;20(Suppl 2):1–88.

U.S. Department of Health and Human Services. *Preventing tobacco use among young people: a report of the Surgeon General*. Atlanta, GA: Centers for Disease Control and Prevention; 1994.

Unger JB, Rohrbach LA, Howard KA, Boley Cruz T, Johnson CA, Chen X. Attitudes toward anti-tobacco policy among California youth: associations with smoking status, psychosocial variables and advocacy actions. *Health Education Resources*. 1999;14(6):751–63.

Winkleby MA, Feighery EC, Altman DA, Kole S, Tencati E. Engaging ethnically diverse teens in a substance-use prevention advocacy program. *American Journal of Health Promotion*. 2001;15(6):433–6.

Zucker D, Hopkins R, Sly D, Urich J, Mendoza Kershaw J, Solari S. Florida's "truth" campaign: a counter-marketing, anti-tobacco media campaign. *Journal of Public Health Management and Practice*. 2000;6(3):1–6.

### Outcome 7

# **Increased Anti-tobacco Policies** and **Programs in Schools**

Indicator Rating

←○○● ●→ better

			~ <b>~</b>		- DOLLOI		
Number	Indicator	Overall quality	evaluation evices	math of the state	Face	Practice	a cepted
1.7.1	Proportion of schools or school districts reporting the implementation of 100% tobacco-free policies	<b></b>	\$\$	•		•	•
1.7.2	Proportion of schools or school districts that provide instruction on tobacco-use prevention that meets CDC guidelines		\$\$	•	0	● <sup>†</sup>	
1.7.3	Proportion of schools or school districts that provide tobacco-use prevention education in grades K–12	<b></b>	\$\$	•	•	•	<b>●</b> <sup>†</sup>
1.7.4	Proportion of schools or school districts that provide program-specific training for teachers		\$\$	0	0	•	•
1.7.5	Proportion of schools or school districts that involve families in support of school-based programs	<b>──</b>	\$\$	0	0		
1.7.6	Proportion of schools or school districts that support cessation interventions for students and staff who use tobacco		\$\$	0	0	•	•
1.7.7	Proportion of schools or school districts that assess their tobacco-use prevention program at regular intervals	<b>─</b>	\$\$\$	0	•	<b>●</b> <sup>†</sup>	0
1.7.8	Proportion of students who participate in tobacco-use prevention activities	<b></b>	\$\$	•	•	•	•
1.7.9	Level of reported exposure to school-based tobacco-use prevention curricula that meet CDC guidelines		\$\$	•	•	•	
1.7.10	Perceived compliance with tobacco-free policies in schools		\$\$	Ø		•	•
1.7.11	Proportion of schools or school districts with policies that regulate display of tobacco industry promotional items		\$\$				

<sup>†□</sup> Denotes low agreement among reviewers: that is, fewer than 75% of the valid ratings for this indicator were within one point of each other (see Appendix B for an explanation).

Denotes no data.

-	chools or School Districts l tion of 100% Tobacco-free	-	_				
Goal area 1	Preventing initiation of tobacco use among young people□						
Outcome 7	Increased anti-tobacco policies a	nd pr	ograms	in schools□			
What to measure□	Proportion of schools or school districts that report having a policy that prohibits anyone from using tobacco at all times on school grounds, at all school-sponsored functions, and in school vehicles						
Why this indicator is useful	Young people spend much of their formative years in school. Their attitudes toward the acceptability of smoking in general are influenced by the actions of their peers and educators at school. <sup>1,2</sup>						
Example data source(s)	CDC School Health Profiles: School Principal Questionnaire (Profiles), 2002						
Population group(s)	School principals□						
Example survey question(s)	From Profiles  Has this school adopted a policy prohibiting tobacco use?  ☐ Yes ☐ No  Does the tobacco prevention policy specifically prohibit use of each type of tobacco ☐						
	product for each for the following Type of tobacco product  • Cigarettes • Csmokeless tobacco • Cigars • Pipes	ng gro Stud Yes	_	Faculty/Staff Yes No	Visit	tors   No	
	Does the tobacco prevention policy specifically prohibit use during each of the following times for each for the following groups?  Time Students Faculty/Staff Visitors						
	<ul><li>Time</li><li>During school hours</li><li>During non-school hours</li></ul>	Yes	No	Faculty/Staff Yes No	Yes	No	
	Does the tobacco prevention po following locations for each of t Location		owing g			ach of the   tors  No	
	<ul> <li>In school buildings</li> <li>In school grounds</li> <li>In school buses or other □</li> </ul>						
	vehicles used to transport students						
	<ul> <li>□At off-campus, school-□ sponsored events □</li> </ul>						

#### **Comments**

To measure this indicator fully, evaluators should use all four example questions, not just one or two.

Evaluators could also collect information on school districts in order to measure the proportion of students in the district who attend schools with anti-tobacco policies.

This indicator can be used to measure progress toward achieving Recommendation 1 of CDC's "Guidelines for School Health Programs to Prevent Tobacco Use and Addiction." <sup>1</sup>

### **Rating**



<sup>†</sup> Denotes low agreement among reviewers: that is, fewer than 75% of the valid ratings for this indicator were within one point of each other (see Appendix B for an explanation).

- 1. Centers for Disease Control and Prevention. Guidelines for school health programs to prevent tobacco use and addiction. *Morbidity and Mortality Weekly Report Recommendations and Reports.* 1994;43(RR-2):1–18.
- 2. IU.S. Department of Health and Human Services. *Preventing tobacco use among young people: a report of the Surgeon General.* Atlanta, GA: Centers for Disease Control and Prevention; 1994.

# Proportion of Schools or School Districts That Provide Instruction on Tobacco-use Prevention That Meets CDC Guidelines

Goal area 1	Preventing initiation of tobacco use among young people □							
Outcome 7	Increased anti-tobacco policies and programs in schools□							
What to measure□	Proportion of schools or school districts that report providing instruction on (1) the physiologic and social consequences of tobacco use and (2) the social influences on tobacco use, peer norms, and life skills							
Why this indicator is useful	Evidence suggests that programs that include instruction on the short- and long-term physiologic and social consequences of tobacco use, social influences on tobacco use, peer norms, and life skills can prevent or reduce tobacco use among students. <sup>1,2</sup>							
Example data □ source(s)□	<ul> <li>CDC School Health Profiles: Lead Health Education Teacher Questionnal (Profiles), 2002</li> <li>California Tobacco Use Prevention Education Evaluation: Teacher Survey Information available at: http://www.dhs.ca.gov/ps/cdic/ccb/TCS/html_Evaluation_Resources.htm</li> </ul>	y, 2003						
Population group(s)	► Health education teachers							
	► Teachers and school administrators							
Example survey question(s)	Prom Profiles  During this school year, did teachers in this school teach each of the following use prevention topics in a required health education course for students in ar grades 6 through 12? Mark yes or no for each topic.  a. □Short- and long-term health consequences of cigarette smoking (such as stained teeth, bad breath, heart disease, and cancer)  b. □Benefits of not smoking cigarettes (including long- and short-term health benefits, social benefits, environmental benefits, and financial benefits)  c. □Risks of cigar or pipe smoking  d. □Short- and long-term health consequences of using smokeless tobacco  e. □Benefits of not using smokeless tobacco  f. □Addictive effects of nicotine in tobacco products  g. □How many young people use tobacco  h. □The number of illnesses and deaths related to tobacco use  i. □Influence of families on tobacco use  k. □Social or cultural influences on tobacco use  l. □How to find valid information or services related to tobacco-use cessation  m. Making a personal commitment not to use tobacco  n. □How students can influence or support others in efforts to prevent tobacco use  o. □How students can influence or support others in efforts to quit	Yes No						
	using tobacco p. [How to say no to tobacco use							
	q. The health effects of environmental tobacco smoke (ETS) or second-hand smoke							

Example survey □	From California Tobac	co Use Preventio	on Education Evaluat	ion: Teacher S	Survey				
<b>question(s)</b> (cont.) $\square$	During the last school year (2002–2003), which of the following topics did you cover in your tobacco use prevention lessons? (Mark all that apply).								
	☐ I did not teach tobacco prevention lessons ☐ Effects of tobacco on health ☐ How many young people smoke ☐ Reasons why young people smoke ☐ Social consequences of using tobacco ☐ Secondhand smoke ☐ Social influences that promote tobacco use ☐ Behavioral skills for resisting tobacco offers ☐ General personal and social skills (e.g., problem solving, ☐ assertiveness, communication, and goal setting)☐ ☐ Tobacco cessation ☐ Tobacco advertising and marketing ☐ Cigar use ☐ Other (specify):								
Comments □	It would be useful for evaluators to obtain information on the specific curriculum taught. Further information on the anti-tobacco curriculum being taught could be collected using a student survey.								
	This indicator can of CDC's "Guidel Addiction." <sup>2</sup>								
	Overall quality low ← → high	Resources needed	Strength of evaluation  evidence	Utility	Face validity	Accepted practice			
		\$\$		$\bigcirc$	<b>●</b> <sup>†</sup>				
				<b>←○○</b>	● → better				
	† Denotes low agr	reement among	reviewers: that is	. fewer than	75% of the valid ra	atings for this			

#### References

1. IU.S. Department of Health and Human Services. *Preventing tobacco use among young people: a report of the Surgeon General.* Atlanta, GA: Centers for Disease Control and Prevention; 1994.

indicator were within one point of each other (see Appendix B for an explanation).

2. ©Centers for Disease Control and Prevention. Guidelines for school health programs to prevent tobacco use and addiction. *Morbidity and Mortality Weekly Report Recommendations and Reports.* 1994;43(RR-2):1–18.

# Proportion of Schools or School Districts That Provide Tobacco-use Prevention Education in Grades K-12

Goal area 1	Preventing initiation of tobacco use among young people □					
Outcome 7	Increased anti-tobacco policies and programs in schools $\hfill\Box$					
What to measure	Proportion of schools or school districts that report providing tobacco-use prevention education in grades K–12					
Why this indicator ☐ is useful ☐	Research, theory, and current practice demonstrate that the success of school-based prevention programs dissipates over time. CDC's "Guidelines for School Health Programs to Prevent Tobacco Use and Addiction," therefore, calls for tobacco use prevention to be taught in each grade, with increasing intensity in middle school and reinforcement in high school grades. <sup>1</sup>					
Example data source(s)	CDC School Health Profiles: Lead Health Education Teacher Questionnaire (Profiles), 2002					
Population group(s)	Health education teachers □					
Example survey question(s)	From Profiles  During the school year, in which of the following grades was information on tobaccouse prevention provided?  Yes No  Grade 6  Grade 7  Grade 8  Grade 9  Grade 10  Grade 11  Grade 12   Are required tobacco-use prevention units or lessons taught in each of the following courses in the school?  Course   Yes No					
<b>Comments</b> □	This indicator can be used to measure progress toward achieving Recommendation 3 of CDC's "Guidelines for School Health Programs to Prevent Tobacco Use and Addiction."					



Denotes low agreement among reviewers: that is, fewer than 75% of the valid ratings for this indicator were within one point of each other (see Appendix B for an explanation).

#### Reference

1. ICenters for Disease Control and Prevention. Guidelines for school health programs to prevent tobacco use and addiction. *Morbidity and Mortality Weekly Report Recommendations and Reports.* 1994;43(RR-2):1–18.

## **Proportion of Schools or School Districts That** $\square$ **Provide Program-specific Training for Teachers** Goal area 1 Preventing initiation of tobacco use among young people □ **Outcome 7** Increased anti-tobacco policies and programs in schools□ What to measure Proportion of schools or school districts that report providing tobacco-use prevention education training for school educators Why this indicator CDC's "Guidelines for School Health Programs to Prevent Tobacco Use and Addiction" is useful state that curriculum implementation and overall program effectiveness are improved when teachers are trained to deliver the program as designed.<sup>1</sup> Example data ▶ CDC School Health Profiles: Lead Health Education Teacher Questionnaire, source(s) (Profiles), 2002 California Tobacco Use Prevention Education Evaluation: Teacher Survey, 2003 Information available at: http://www.dhs.ca.gov/ps/cdic/ccb/TCS/html/ Evaluation Resources.htm California Tobacco Use Prevention Education Evaluation: District Coordinator Survey, 2003 Information available at: http://www.dhs.ca.gov/ps/cdic/ccb/TCS/html/ Evaluation\_Resources.htm **Population group(s)** □ Health education teachers Teachers District coordinators **Example survey From Profiles** question(s) During the past two years, did you receive staff development (such as workshops, conferences, continuing education, or any other kind of in-service training) on each of the following topics? [22 health topics (letters a-v) are listed; tobacco-use prevention is one topic] Mark yes or no for each topic. Would you like to receive staff development on each of these [22] health education topics? Mark yes or no for each topic. From California Tobacco Use Prevention Education Evaluation: Teacher Survey During the past five years, how much tobacco use prevention training have you received? □ None ☐ More than one full day of in-service training ☐ One full-day of in-service training ☐ Less than a full-day of in-service training ☐ I don't remember During the past five years, were you trained to deliver a specific published tobaccouse prevention curriculum? $\square$ Yes $\square$ No $\square$ I don't remember

Example survey	Overall, to what extent do you feel you are prepared to teach tobacco use prevention lessons?							
<b>question(s)</b> (cont.)□		☐ Somewhat	☐ Not too much	□ Not at a	ll □ Does	not apply		
	From California Toba	cco Use Preventio	n Education Evaluation	: District Coordi	nator Survey			
	During the 2002–2003 school year, how many tobacco-specific in-service trainings, □ workshops, or staff development sessions has your school district sponsored or □ attended? □ Number of trainings, workshops, or staff development sessions. □ □ I do not know/I'm not sure							
		nent≀sessions d ł? □	ttend tobacco-specuring the last school:					
Comments			easure progress to Health Programs to					
Rating□	Overall quality low  → high	Resources needed	Strength of evaluation □ evidence	Utility	Face validity	Accepted practice		
		\$\$						
		_		<b>←</b> ○○●●	→ better	<del></del> -		

<sup>1.</sup> Centers for Disease Control and Prevention. Guidelines for school health programs to prevent tobacco use and addiction. *Morbidity and Mortality Weekly Report Recommendations and Reports.* 1994;43(RR-2):1–18.

# **Proportion of Schools or School Districts That Involve Families in Support of School-based Programs**

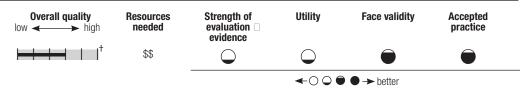
Goal area 1	Preventing initiation of tobacco use among young people □										
Outcome 7	Increased anti-tobacco policies and programs in schools□										
What to measure	Proportion of schools or school districts that attempt to get students' parents or families involved in school-based tobacco-use prevention or cessation programs										
Why this indicator□ is useful□	CDC's "Guidelines for School Health Programs to Prevent Tobacco Use and Addiction" recognizes the important role that parents and families play in providing social and environmental support that will help young people remain tobacco-free. Families are part of the greater community to which schools should be connecting their programs. <sup>1,2</sup>										
Example data □ source(s)□	<ul> <li>CDC School Health Profiles: Lead Health Education</li> <li>(Profiles), 2002</li> </ul>	on Te	acher	Quest	ionnai	re					
	<ul> <li>California Tobacco Use Prevention Education Eval Information available at: http://www.dhs.ca.gov/p Evaluation_Resources.htm</li> </ul>										
Population group(s)	Health education teachers Teachers										
Example survey question(s)	From Profiles  During this school year, has this school done each of the following activities?  Mark yes or no for each activity.  □ Provided families with information on the health education program  □ □ Met with a parents' organization such as the PTA or PTO to discuss the health education program  □ □ Invited family members to attend a health education class										
	From California Tobacco Use Prevention Education Evaluation: Teacher Survey										
	To what extent have you tried to get students' parents involved in tobacco $\Box$ use prevention education? $\Box$										
	Type of Involvement	(Plea	Get F ase ma Very	Parents rk a res Small extent	You Tri S Invol Sponse Modest extent	ved for eac : Great	ch) Very				
	<ul> <li>Included parents in homework assignments</li> <li>Held meeting with parents of student smokers</li> <li>Distributed assent to don't have the student and add</li> </ul>										
	<ul> <li>Distributed parent-student handbook that included description of tobacco-free school policy</li> <li>Distributed newsletters or educational materials</li> </ul>										
	to parents										
	<ul> <li>Provided information on smoking cessation to parents</li> </ul>										
	<ul> <li>Had tobacco education displays or discussions at open houses, meetings, health fairs</li> <li>Invited parents to be guest speakers on tobacco issues</li> </ul>										
	<ul><li>Involved parents in school-related activities (e.g., as judges of poster essay contests)</li><li>Other (describe)</li></ul>										

#### **Comments**

The example survey questions are limited to the perspective of educators. They cannot be used to assess parents' actual involvement or desire to be involved in school-based tobacco control activities.

This indicator can be used to measure progress toward achieving Recommendation 5 of CDC's "Guidelines for School Health Programs to Prevent Tobacco Use and Addiction."  $^{1}$ 

#### **Rating**



Denotes low agreement among reviewers: that is, fewer than 75% of the valid ratings for this indicator were within one point of each other (see Appendix B for an explanation).

- 1. ICenters for Disease Control and Prevention. Guidelines for school health programs to prevent tobacco use and addiction. *Morbidity and Mortality Weekly Report Recommendations and Reports.* 1994;43(RR-2):1–18.
- 2. Task Force on Community Preventive Services Meeting. February 25, 2004. Meeting minutes available at www.thecommunityguide.org.

# Proportion of Schools or School Districts That Support Cessation Interventions for Students and Staff Who Use Tobacco

Goal area 1	Preventing initiation of tobacco use among young people □								
Outcome 7	Increased anti-tob	acco policies	and programs	in schools□					
What to measure □	Proportion of scho (e.g., counseling for programs)								
Why this indicator is useful	recommends that	CDC's "Guidelines for School Health Programs to Prevent Tobacco Use and Addiction" recommends that schools support cessation for staff and students, either by providing referrals to cessation services or by sponsoring cessation programs. <sup>1,2</sup>							
Example data source(s)	CDC School Heal	th Profiles: So	chool Principal	Questionnai	re (Profiles), 200	)2			
Population group(s)	School principals								
Example survey question(s)	From Profiles  Does your school following groups: Group  Faculty and state Students	ý Y lff [	rals to tobacco es No	cessation pro	ograms for each	of the			
Comments	A survey question (2) the type of cess This indicator can CDC's "Guideline	sation progra be used to m	ms to which str neasure progres	udents and fa s toward ach	aculty are referro nieving Recomm	ed. endation 6 of			
Rating	Overall quality low ← → high	Resources needed	Strength of evaluation evidence	Utility	Face validity	Accepted practice			
		\$\$							
				<b>←</b> ○○(	● → better				

- 1. Centers for Disease Control and Prevention. Guidelines for school health programs to prevent tobacco use and addiction. *Morbidity and Mortality Weekly Report Recommendations and Reports.* 1994;43(RR-2):1–18.
- 2. Milton MH, Maule CÖ, Yee SL, Backinger C, Malarcher AM, Husten CG. Youth tobacco cessation: a guide for making informed decisions. Atlanta, GA: Centers for Disease Control and Prevention; 2004.

## Indicator 1.7.7

# **Proportion of Schools or School Districts That Assess Their Tobacco-use Prevention Program at Regular Intervals**

Goal area 1	Preventing initiation	Preventing initiation of tobacco use among young people □					
Outcome 7	Increased anti-toba	acco policies	and programs i	n schools 🗆			
What to measure	Proportion of scho place and using it						
Why this indicator is useful	CDC's "Guidelines recommend that so intervals.1						
Example data source(s)	No commonly use	d data sourc	es were found				
Population group(s)	<ul><li>School principa</li><li>Health education</li></ul>						
Example survey question(s)	Does your school ( at regular intervals  ☐ Yes ☐ No		•	ır tobacco-u	se prevention pr	rogram	
<b>Comments</b> □	The authors create data source.  This indicator can CDC's "Guidelines	be used to m	easure progress	toward ach	nieving Recomm	endation 7 of	
Rating	Overall quality low ← → high	Resources needed	Strength of evaluation  evidence	Utility	Face validity	Accepted practice	
	<b>├</b>	\$\$\$	$\bigcirc$		<b>●</b> <sup>†</sup>		
				<b>←</b> ○○(	● → better		
	† Denotes low agre indicator were wi				75% of the valid ra 3 for an explanatio		

<sup>1.</sup> Centers for Disease Control and Prevention. Guidelines for school health programs to prevent tobacco use and addiction. *Morbidity and Mortality Weekly Report Recommendations and Reports.* 1994;43(RR-2):1–18.

<b>Proportion of St</b>	tudents Who Par	ticipate in	Tobacco-us	se Prever	ntion Activition	es 🗆
Goal area 1	Preventing initiati	on of tobacco	use among you	ang people		
Outcome 7	Increased anti-toba	acco policies	and programs i	n schools		
What to measure	Proportion of stud activity in the past		oort participatin	g in at least	one tobacco-use	prevention
Why this indicator is useful	An intervention w activities. These ac with tobacco by ch	tivities help	reduce young p	eople's susc	eptibility to exp	
Example data source(s)	Youth Tobacco Sur	vey (YTS): (	CDC Recommen	ided Questi	ons: Core, 2004	
Population group(s)	Young people age	d less than 18	3 years□			
Example survey question(s)	From YTS  During the past 12 discourage people  ☐ Yes ☐ No, I	your age fro		tes, chewing		
<b>Comments</b> □	Evaluators may chemiddle, high school Evaluators may we school and outside	ol, private, pa ant to assess	arochial, public)			-
	Overall quality low ← → high	Resources needed	Strength of evaluation  evidence	Utility	Face validity	Accepted practice
				<b>←</b> ○○(	● → better	
					75% of the valid ra 3 for an explanation	

- 1. Unger JB, Rohrbach LA, Howard KA, Boley Cruz T, Johnson CA, Chen X. Attitudes toward anti-tobacco policy among California youth: associations with smoking status, psychosocial variables and advocacy actions. *Health Education Resources*. 1999;14(6):751–63.
- 2. Winkleby MA, Feighery E, Dunn M, Kole S, Ahn D, Killen JD. Effects of an advocacy intervention to reduce smoking among teenagers. *Archives of Pediatrics & Adolescent Medicine*. 2004;158(3):269–75.

### Indicator 1.7.9

# Level of Reported Exposure to School-based Tobacco-use Prevention Curricula That Meet CDC Guidelines

		000 00.0							
Goal area 1	Preventing initiat	ion of tobacco	use among yo	ung people					
Outcome 7	Increased anti-tob	Increased anti-tobacco policies and programs in schools							
What to measure	Proportion of stud	dents who rep	port receiving to	bacco preve	ention education	in class□			
Why this indicator is useful	Measuring studer and saliency. <sup>1</sup>	Measuring students' recall of tobacco education helps verify curriculum delivery and saliency. <sup>1</sup>							
Example data  source(s)	California Ind Information a	<ul> <li>Youth Tobacco Survey (YTS): CDC Recommended Questions: Core, 2004 □</li> <li>California Independent Evaluation: Youth Survey, 2000 □         Information available at: http://www.dhs.ca.gov/ps/cdic/ccb/TCS/html/ □         Evaluation_Resources.htm □     </li> </ul>							
Population group(s)	Young people age	ed less than 18	3 years□						
Example survey question(s)	From YTS  During this school year, did you practice ways to say NO to tobacco in any of your classes (for example, by role-playing)?  ☐ Yes ☐ No ☐ Not sure								
	During this school year, were you taught in any of your classes about the dangers of tobacco use?  ☐ Yes ☐ No ☐ Not sure								
	From California Independent Evaluation: Youth Survey								
	During the last year (12 months), did you discuss the reasons why people your age smoke during any of your classes?  ☐ Yes ☐ No ☐ I don't know/I'm not sure								
	During the last yes smoke during any ☐ Yes ☐ No [	of your class	ses?		ny people your a	age			
Comments	Evaluators may a (elementary, midd					chool			
	Student perception who perceive the not perceive it as	education as							
Rating	Overall quality low ← → high	Resources needed	Strength of evaluation evidence	Utility	Face validity	Accepted practice			
		\$\$							

- Centers for Disease Control and Prevention. Guidelines for school health programs to prevent tobacco use and addiction.
   *Morbidity and Mortality Weekly Report Recommendations and Reports.* 1994;43(RR-2):1–18.
   Huang TTK, Unger JB, Rohrbach LA. Exposure to, and perceived usefulness of, school-based tobacco prevention
- 2. Huang TTK, Unger JB, Rohrbach LA. Exposure to, and perceived usefulness of, school-based tobacco prevention programs: associations with susceptibility to smoking among adolescents. *Journal of Adolescent Health*. 2000;27(4): 248–54.

<b>Perceived Comp</b>	oliance with Tobacco-free Policies in Schools							
Goal area 1	Preventing initiation of tobacco use among young people □							
Outcome 7	Increased anti-tobacco policies and programs in schools□							
What to measure	Proportion of students who report that the school population is complying with the school's tobacco-free policy							
Why this indicator is useful	Perceived compliance with tobacco-free policies is one measure of actual compliance with these policies. <sup>1,2</sup> If tobacco-free policies are not observed, they are not likely to be effective in changing social norms or inhibiting tobacco use among young people.							
Example data  source(s)	<ul> <li>▶ Youth Tobacco Survey (YTS): CDC Recommended Questions: Core, 2004 □</li> <li>▶ CDC Youth Risk Behavior Surveillance System (YRBSS), 2003 □</li> <li>▶ California Independent Evaluation: Youth Survey, 2000 □</li> <li>Information available at: http://www.dhs.ca.gov/ps/cdic/ccb/TCS/html/ □</li> <li>Evaluation_Resources.htm □</li> </ul>							
Population group(s)	Young people aged less than 18 years□							
Example survey question(s)	From YTS and YRBSS  During the past 30 days, on how many days did you smoke cigarettes on school property?  □ 0 days □ 1 or 2 days □ 3 to 5 days □ 6 to 9 days □ 10 to 19 days □ 20 to 29 days □ All 30 days  During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip on school property? □ 0 days □ 1 or 2 days □ 3 to 5 days □ 6 to 9 days							
	☐ 10 to 19 days ☐ 20 to 29 days ☐ All 30 days  From California Independent Evaluation: Youth Survey  Is there a rule at your school that no one is allowed to smoke cigarettes in the school building or on the school yard?  ☐ Yes ☐ No ☐ I don't know/I'm not sure  Have you seen any students break that rule?  ☐ Yes ☐ No ☐ My school does not have a no-smoking rule  ☐ I don't know/I'm not sure  How many students who are smokers break that rule?  ☐ None ☐ A few ☐ Some ☐ Most ☐ All of them  ☐ My school does not have a no-smoking rule ☐ I don't know/I'm not sure  Have you seen adults break that rule?  ☐ Yes ☐ No ☐ My school does not have a no-smoking rule  ☐ I don't know/I'm not sure							
	Is there a rule at your school that no one is allowed to use chewing tobacco or snuff in the school building or on the school yard?  ☐ Yes ☐ No ☐ I don't know/I'm not sure							

#### **Comments**

If students report on the YTS or YRBSS instruments (1) the existence of a tobacco-free school policy and (2) having personally used tobacco products more than 1 day on school property, they are considered noncompliant.

Evaluators may categorize data by grade level and type of school (elementary, middle, high school, private, parochial, public).

Evaluators should determine the scope of the tobacco-free policies before evaluating perceived compliance with them.

The example survey questions could be asked of teachers and principals.

#### **Rating**

Overall quality low high	Resources needed	Strength of evaluation □ evidence	Utility	Face validity	Accepted practice
	\$\$	$\bigotimes$			
			<b>←○○</b>	● → better	
N D 1.1.					

Denotes no data.

- 1. Shopland DR, Anderson CM, Burns DM, Gerlach KK. Disparities in smoke-free workplace policies among food service workers. *Journal of Occupational and Environmental Medicine*. 2004;46(4):347–56.
- 2. Weber MD, Bagwell DA, Fielding JE, Glantz SA. Long-term compliance with California's smoke-free workplace law among bars and restaurants in Los Angeles County. *Tobacco Control*. 2003;12:269–73.

# Proportion of Schools or School Districts with Policies That Regulate Display of Tobacco Industry Promotional Items

Goal area 1	Preventing initiat	Preventing initiation of tobacco use among young people □							
Outcome 7	Increased anti-tob	Increased anti-tobacco policies and programs in schools□							
What to measure□	of tobacco advert	Proportion of schools and school districts that have policies that regulate the display of tobacco advertising in the school, on school grounds, on school vehicles, or in school publications. This policy should cover apparel and other merchandise showing tobacco logos.							
Why this indicator is useful	promotional item	Studies have consistently associated possession of or willingness to use tobacco industry promotional items with increased smoking among youth. <sup>1,2</sup> Restrictions on the display of these promotional items at school contribute to an anti-tobacco social norm.							
Example data source(s)	CDC School Heal	CDC School Health Profiles: School Principal Questionnaire (Profiles), 2002							
Population group(s)	School principals								
Example survey question(s)	the building, o	puilding grounds, income playing fieses or other volications sing through our school programmer chandis on it?	luding on the oulds, or other areachicles used to tresponsorship of sobibited from we se with tobaccoordarking a tobaccoord	tside of as of the car ansport stu school event earing tobac company na	npus dents  ts prohibited? cco brand-name ames, logos, or zone (that is, a	Yes	No		
Comments	Evaluators may a (elementary, mido					hool			
Rating	Overall quality low ← → high	Resources needed	Strength of evaluation  evidence	Utility	Face validity	Accep pract			
		\$\$					)		
				<b>←○○</b>	● → better				

- 1. [Sargent JD, Dalton MA, Beach M, Bernhardt A, Pullin D, Stevens M. Cigarette promotional items in public schools. *Archives of Pediatrics & Adolescent Medicine*, 1997:151(12):1189–96.
- Archives of Pediatrics & Adolescent Medicine. 1997;151(12):1189–96.

  2. Centers for Disease Control and Prevention. Guidelines for school health programs to prevent tobacco use and addiction. Morbidity and Mortality Weekly Report Recommendations and Reports. 1994;43(RR-2):1–18.

# Increased Restriction and Enforcement of Restrictions on Tobacco Sales to Minors

Activities to decrease young people's access to tobacco products are recognized components of a comprehensive approach to reducing the number of young people who start smoking. Efforts to reduce young people's access to tobacco products are based on the rationale that making it more difficult for young people to obtain tobacco products will discourage them from beginning or continuing to use tobacco and thus reduce the prevalence of tobacco use. One strategy is to attempt to reduce retail tobacco sales to minors through activities such as (1) passing laws that restrict young people's access to tobacco (including laws barring the sale of tobacco products to minors, bans on self-service displays of tobacco products, and bans or restrictions on tobacco vending machines), (2) educating merchants about these laws, (3) enforcing compliance with these laws, (4) educating the community and the media about the value of these laws, and (5) mobilizing the community to support these laws.

Experience shows that adoption and sustained enforcement of strong laws are prerequisites for reducing young people's access to tobacco. Although this approach is necessary for success, it is not sufficient. Compliance checks show that laws against selling tobacco products to young people, when accompanied by retailer education and enforcement, can reduce the proportion of retailers who are willing to sell these products to minors. But, these reductions do not automatically translate into reductions in young people's self-reported or perceived access to tobacco products, or into reductions in their tobacco use—the ultimate goal of youth access interventions.¹ Some studies suggest that even if only a few retail outlets in a community sell tobacco to minors, young people who use tobacco are likely to know of these outlets and to frequent them.²

According to the *Guide to Community Preventive Services*, the most effective approach to preventing young people from gaining access to tobacco products (as measured by minors' self-reported tobacco purchase or use behaviors) consists of a combination of strong local and state laws, vigorous and sustained enforcement of these laws, retailer education, and—most importantly—community mobilization to generate community support for efforts to reduce youth access to tobacco products.<sup>3</sup> As with other aspects of tobacco control, community mobilization may play a particularly important role because of its ability to change social norms—in this case, norms regarding the social acceptability of selling or otherwise providing tobacco products to minors. The *Guide to Community Preventive Services* indicates that none of the interventions listed above have been shown to be effective when implemented in isolation, in particular when implemented without a strong link to community mobilization initiatives.<sup>3</sup>

Moreover, even if illegal sales to minors were eliminated completely, young people could still acquire tobacco products through other, noncommercial or social sources, including shoplifting, stealing from parents and other relatives, borrowing from friends and relatives, and asking older friends or strangers to buy tobacco products for them. In fact, younger children (who have less success than older children in

purchasing tobacco products at retail outlets) often rely on these alternative sources to obtain tobacco products. Thus, even interventions that are successful in reducing young people's self-reported or perceived access to tobacco products through commercial sources will not necessarily reduce their overall access to or use of these products. Accordingly, as rates of retail sales to minors decline, interventions to address these other sources of access will become increasingly important.

Listed below are the indicators associated with this outcome: ▶ 1.8.1 Proportion of jurisdictions with policies that ban tobacco vending □ machine sales in places accessible to young people □ **▶** 1.8.2 □ Proportion of jurisdictions with policies that require retail licenses to sell tobacco products□ Proportion of jurisdictions with policies that control the location,  $\Box$ **▶** 1.8.3 □ number, and density of retail outlets □ **▶** 1.8.4 □ Proportion of jurisdictions with policies that control self-service tobacco sales□ **▶** 1.8.5 □ Number of compliance checks conducted by enforcement agencies Number of warnings, citations, and fines issued for infractions of  $\Box$ **▶** 1.8.6 □ public policies against young people's access to tobacco products □ **▶** 1.8.7 □ Changes in state tobacco control laws that preempt stronger local  $\Box$ 

#### References

tobacco control laws□

- 1. Rigotti NA, DiFranza JR, Chang Y, Tisdale T, Kemp B, Singer DE. The effect of enforcing tobacco-sales laws on adolescents' access to tobacco and smoking behavior. *New England Journal of Medicine*. 1997;337:1044–51.
- 2. DiFranza JR, Coleman M. Source of tobacco for youths in communities with strong enforcement of youth access laws. *Tobacco Control*. 2001;10(4):323–8.
- 3. Fielding JE, Briss PA, Carande-Kulis VG, Hopkins DP, Husten CG, Pechacek TF, et al. Tobacco. In: Briss PA, Zaza S, Harris KW, editors. *The guide to community preventive services*. New York: Oxford University Press; in press 2005.

#### For Further Reading

Castrucci BC, Gerlach KK, Kaufman NJ, Orleans CT. The association among adolescents' tobacco use, their beliefs and attitudes, and friends' and parents' opinions of smoking. *Maternal and Child Health Journal*. 2002;6(3):159–67.

Celebucki CC, Diskin K. A longitudinal study of externally visible cigarette advertising on retail storefronts in Massachusetts before and after the Master Settlement Agreement. *Tobacco Control.* 2002;11(Suppl 2):ii47–53.

Distefan JM, Gilpin EA, Choi WS, Pierce JP. Parental influences predict adolescent smoking in the United States, 1989–1993. *Journal of Adolescent Health*. 1998; 22(6):466–74.

Howard KA, Ribisl KM, Howard-Pitney B, Norman GJ, Rohrbach LA. What factors are associated with local enforcement of laws banning illegal tobacco sales to minors? A study of 182 law enforcement agencies in California. *Preventive Medicine*. 2001 Aug;33(2 Pt 1):63–70.

Jackson C, Dickinson D. Can parents who smoke socialise their children against smoking? Results from the Smoke-Free Kids intervention trial. *Tobacco Control*. 2003;12(1):52–9.

Jackson C, Henriksen L. Do as I say: parent smoking, antismoking socialization, and smoking onset among children. *Addictive Behaviors*. 1997;22(1):107–14.

Lantz PM, Jacobson PD, Warner KE, Wasserman J, Pollack HA, Berson J, Ahlstrom A. Investing in youth tobacco control: a review of smoking prevention and control strategies. *Tobacco Control*. 2000;9(1):47–63.

Pierce JP, Distefan JM, Jackson C, White MM, Gilpin EA. Does tobacco marketing undermine the influence of recommended parenting in discouraging adolescents from smoking? *American Journal of Preventive Medicine*. 2002;23(2):73–81.

Saffer H, Chaloupka F. The effect of tobacco advertising bans on tobacco consumption. *Journal of Health Economics*. 2000;19(6):1117–37.

Sargent JD, Dalton M. Does parental disapproval of smoking prevent adolescents from becoming established smokers? *Pediatrics*. 2001;108(6):1256–62.

Schooler C, Feighery E, Flora JA. Seventh graders' self-reported exposure to cigarette marketing and its relationship to their smoking behavior. *American Journal of Public Health*. 1996;86(9):1216–21.

# **Increased Restriction and Enforcement of Restrictions on Tobacco Sales to Minors**

Indicator	Rating
	hotte

Number	Indicator	Overall quality	Street evices	University of the state of the	Face VL	practice	Accepted
1.8.1	Proportion of jurisdictions with policies that ban tobacco vending machine sales in places accessible to young people		\$\$\$		0		•
1.8.2	Proportion of jurisdictions with policies that require retail licenses to sell tobacco products		\$\$\$	•		•	
1.8.3	Proportion of jurisdictions with policies that control the location, number, and density of retail outlets		\$\$\$	0	*	0	_*
1.8.4	Proportion of jurisdictions with policies that control self-service tobacco sales		\$\$\$	•	•	•	•
1.8.5	Number of compliance checks conducted by enforcement agencies		\$\$\$	•	•	•	•
1.8.6	Number of warnings, citations, and fines issued for infractions of public policies against young people's access to tobacco products		\$\$\$	•	•	•	
1.8.7	Changes in state tobacco control laws that preempt stronger local tobacco control laws		\$	Ø	•		•

<sup>\* □</sup>Denotes low reviewer response: that is, greater than 75% of the experts either did not rate the indicator, or gave the criterion an invalid rating (see Appendix B for an explanation).

<sup>†□</sup> Denotes low agreement among reviewers: that is, fewer than 75% of the valid ratings for this indicator were within one point of each other (see Appendix B for an explanation).

Denotes no data.

## Indicator 1.8.1

# **Proportion of Jurisdictions with Policies That Ban Tobacco Vending Machine Sales in Places Accessible to Young People**

Goal area 1	Preventing initiat	ion of tobacco	o use among you	ing people					
Outcome 8	Increased restricti	Increased restriction and enforcement of restrictions on tobacco sales to minors□							
What to measure		Proportion of local jurisdictions that have enforceable policies banning to bacco $\square$ vending machine sales in locations accessible to minors $\square$							
Why this indicator□ is useful□	used by even the restricted minors'	Accessible vending machines provide virtually unrestricted access to tobacco and can be used by even the youngest children. As of 2004, 46 states and the District of Columbia restricted minors' access to tobacco through vending machines, and 30 states and the District of Columbia banned vending machines in locations that are accessible to young people. <sup>1</sup>							
Example data	<ul><li>Policy tracking</li></ul>	g system□							
source(s)□	Americans for	Nonsmokers	s' Rights (ANR) lble at: http://w		ke.org□				
	American Lur Information or		n's State Legislat lable at: http://s			es (SLATI) 🗆			
Population group(s)	Not applicable. The local tobacco laws			l by tracking	g and monitoring	g pertinent			
Example survey question(s)	Not applicable								
<b>Comments</b> □	Evaluators may w (e.g., restrictions of				tobacco vending	g machines			
	Evaluators may a population affected				demographics o	f the			
Rating 🗆	Overall quality low ← → high	Resources needed	Strength of evaluation  evidence	Utility	Face validity	Accepted practice			
		\$\$\$		$\bigcirc$		<b>○</b> <sup>†</sup>			
		444							

<sup>1.</sup> ICenters for Disease Control and Prevention. State Tobacco Activities Tracking and Evaluation (STATE) system. Atlanta, GA: Centers for Disease Control and Prevention. Online database. Available from: http://www.cdc.gov/tobacco/statesystem. Accessed February 2005.

# **Proportion of Jurisdictions with Policies That Require Retail Licenses to Sell Tobacco Products**

Goal area 1	Preventing initiation of tobacco use among young people								
Outcome 8	Increased restriction and enforcement of restrictions on tobacco sales to minors $\hfill\Box$								
What to measure	Proportion of local jurisdictions that have public policies requiring retailers to have a license in order to sell tobacco products								
Why this indicator is useful	Licensing laws that include graduated penalties for illegal sales and provisions for suspension or revocation for repeated violations may be an incentive for merchants to obey the law. Requiring licenses allows evaluators to develop a comprehensive list of tobacco merchants that can be used to conduct compliance checks. In addition, licensis fees can be used to support the cost of compliance checks. As of 2004, 39 states and the District of Columbia required tobacco retailers to obtain a license for over-the-counter tobacco sales and 27 states and the District of Columbia had laws in place identifying circumstances in which retail licenses can be suspended or revoked. <sup>2</sup>								
Example data  source(s)	<ul><li>Policy tracking</li><li>Americans for Information or</li></ul>	Nonsmoker	s' Rights (ANR) lble at: http://wv	ww.no-smol	ke.org□				
Population group(s)	Not applicable. The local tobacco laws			by tracking	g and monitoring	g pertinent			
Example survey question(s)	Not applicable								
Comments	Evaluators may a population affected				demographics o	f the □			
Rating □	Overall quality low ← → high	Resources needed	Strength of evaluation  evidence	Utility	Face validity	Accepted practice			
		\$\$\$							
				<b>←</b> ○○	● → better				

- 1. Forster JL, Wolfson M. Youth access to tobacco: policies and politics. *Annual Review of Public Health.* 1998;19:203–35.
- 2. Centers for Disease Control and Prevention. *State Tobacco Activities Tracking and Evaluation (STATE) system.* Atlanta, GA: Centers for Disease Control and Prevention. Online database. Available from: http://www.cdc.gov/tobacco/statesystem. Accessed February 2005.

### Indicator 1.8.3

# Proportion of Jurisdictions with Policies That Control the Location, Number, and Density of Retail Outlets

	* Denotes low review	wer respons	se: that is, greate		● → better  f the experts either	er did not rate			
		\$\$\$	$\bigcirc$		$\bigcirc$				
<b>Rating</b> □	Overall quality Iow high	Resources needed	Strength of evaluation □ evidence	Utility	Face validity	Accepted practice			
Comments	Evaluators may also population affected b	choose to goy the relev	gather data on tl vant laws or ord	ne size and inances.	demographics o	f the			
Example survey question(s)	Not applicable								
Population group(s)	Not applicable. This local tobacco laws, or			by tracking	g and monitoring	g pertinent			
Example data □ source(s) □	<ul><li>Policy tracking sy</li><li>Americans for No Information on A</li></ul>	onsmokers			ke.org□				
Why this indicator□ is useful□	products and the nur	Limiting the number of retail tobacco outlets decreases the availability of tobacco products and the number of pro-tobacco messages in a community. It also means that fewer stores need to be monitored for compliance with laws that prohibit young people's access to tobacco. <sup>1,2</sup>							
What to measure	Proportion of local jurisdictions that have public policies controlling the location, number, and density of tobacco retail outlets								
Outcome 8	Increased restriction	and enforc	ement of restric	tions on tob	pacco sales to mi	nors□			
Goal area 1	Preventing initiation of tobacco use among young people								

- 1. IHyland A, Travers MJ, Cummings KM, Bauer J, Alford T, Wieczorek WF. Tobacco outlet density and demographics in Erie County, New York. *American Journal of Public Health*. 2003;93(7):1075–6.
- 2. [Hyland A, Travers MJ, Cummings KM, Bauer J, Alford T, Wieczorek WF. Demographics and tobacco outlet density. [Letter]. *American Journal of Public Health.* 2003;93(11):1794.

### Indicator 1.8.4 □

<b>Proportion of Ju</b>	risdictions with	1 Policies	That Control	Self-ser	vice Tobacco	<b>Sales</b> □				
Goal area 1	Preventing initiat	ion of tobacco	o use among you	ıng people						
Outcome 8	Increased restricts	ion and enfor	cement of restric	ctions on tol	oacco sales to mi	nors□				
What to measure □	tobacco sales (i.e.,	Proportion of local jurisdictions that have public policies controlling self-service tobacco sales (i.e., sales that allow customers to handle tobacco products before purchasing them)								
Why this indicator□ is useful□	in stores; they als	Self-service displays contribute to the visibility of tobacco and pro-tobacco messages in stores; they also make shoplifting tobacco products easier for minors. Illegal sales are more common when young people can access tobacco products directly through self-service displays rather than having to ask clerks for assistance. <sup>1,2</sup>								
Example data  source(s)	Americans for	<ul> <li>▶ Policy tracking system□</li> <li>▶ Americans for Nonsmokers' Rights (ANR)□</li> <li>Information on ANR available at: http://www.no-smoke.org□</li> </ul>								
Population group(s)	Not applicable. To local tobacco laws			by tracking	g and monitoring	g pertinent				
Example survey question(s)	Not applicable									
Comments	Evaluators may a population affect	lso choose to ed by the rele	gather data on t vant laws or ord	he size and inances. $\square$	demographics o	f the □				
Rating □	Overall quality low ← ▶ high	Resources needed	Strength of evaluation  evidence	Utility	Face validity	Accepted practice				
		\$\$\$								
				<b>←○○</b>	● → better					

- 1. Lee RE, Feighery EC, Schleicher NC, Halvorson S. The relation between community bans of self-service tobacco displays and store environment and between tobacco accessibility and merchant incentives. *American Journal of Public Health*. 2001;91(12):2019–21.
- 2. [Teall AM, Graham MC. Youth access to tobacco in two communities. Journal of Nursing Scholarship. 2001;33(2):175–8.

### Indicator 1.8.5

Number of Com	pliance Checks	Conducte	d by Enforce	ement Ag	encies			
Goal area 1	Preventing initiati	on of tobacco	use among you	ung people				
Outcome 8	Increased restriction	on and enfor	cement of restri	ctions on tol	pacco sales to mi	nors		
What to measure □	The number of checks conducted by enforcement agencies (e.g., police, health department inspectors, or building inspectors) to assess the level of retailer compliance with laws, regulations, or ordinances related to the sale of tobacco to minors							
Why this indicator□ is useful□	An effective mean ance checks, which ing rates of complethe message that perious about enfo	h reduce illeg iance with la policy makers	gal sales.¹ Comp ws regulating to s and the public	liance check obacco sales	s are also a meth to minors. Such	nod of assess- checks convey		
Example data □ source(s) □	to Tobacco, 200	ependent Eva 20 Vailable at: h	aluation: Policy		nt Survey: Youth			
Population group(s)	Agency representa	atives respon	sible for enforce	ement□				
Example survey question(s)	From California Indepe During the past 12 to enforce PC §308	2 months, how	w many sting o <sub>l</sub>	perations did				
Comments	Survey responden	ts may not h	ave access to all	requested in	nformation.			
Rating □	Overall quality low ← → high	Resources needed	Strength of evaluation  evidence	Utility	Face validity	Accepted practice		
	<b>──</b>	\$\$\$						
				<b>←○○</b>	● → better			
	† Denotes low agree indicator were w				75% of the valid ra 3 for an explanatio			

- 1. 「Rigotti NA, DiFranza JR, Chang Y, Tisdale T, Kemp B, Singer DE. The effect of enforcing tobacco-sales laws on adolescents' access to tobacco and smoking behavior. *New England Journal of Medicine*. 1997;337(15):1044–51.
- 2. Kiser D, Boschert T. Eliminating smoking in bars, restaurants, and gaming clubs in California: BREATH, the California smoke-free bar program. *Journal of Public Health Policy*. 2001;22(i):81–7.
- 3. LWeber MD, Bugwell DA, Fielding JE, Glantz SA. Long-term compliance with California's smoke-free workplace law among bars and restaurants in Los Angeles county. *Tobacco Control.* 2003;12:269–73.

# Number of Warnings, Citations, and Fines Issued for Infractions of Public Policies Against Young People's Access to Tobacco Products

Goal area 1	Preventing initiation of tobacco use am	nong young peop	le							
Outcome 8	Increased restriction and enforcement	Increased restriction and enforcement of restrictions on tobacco sales to minors $\hfill\Box$								
What to measure	The number of warnings, citations, and fines issued to retailers for infractions of public policies against young people's access to tobacco									
Why this indicator is useful	Studies show that aggressive enforcement of laws regulating tobacco sales to young people results in significantly reduced sales to minors and may also result in reduced smoking prevalence among teenagers. <sup>1-3</sup>									
Example data □ source(s) □	Tobacco, 2000	California Independent Evaluation: Policy Enforcement Survey: Youth Access to Tobacco, 2000 Information available at: http://www.dhs.ca.gov/ps/cdic/ccb/TCS/html/								
Population group(s)	Agency representatives responsible for	enforcement								
Example survey question(s)	From California Independent Evaluation: Policy Enforcement Survey: Youth Access to Tobacco In the past year, how often has your agency conducted any of the following types of enforcement activities related to Penal Code §308?									
		Never	Rarely	Very often	Don't know					
	<ul> <li>□Responded to complaints about mer selling tobacco products to minors</li> <li>□Issued warnings to merchants selling</li> </ul>									
	tobacco products to minors									
	<ul> <li>Issued citations to merchants for illessales of tobacco products to minors</li> </ul>	egal $\ \square$								
Comments □	loss of license to sell tobacco) have on i Data must be interpreted in context. For	Evaluators may want to assess the effects that different penalties (e.g., graduated fines, loss of license to sell tobacco) have on illegal tobacco sale to minors.  Data must be interpreted in context. For example, a low number of citations may indicate either high levels of compliance or low levels of enforcement.								
	Overall quality Resources Streng	ation 🗆	Fac	e validity	Accepted practice					
Rating □	low <b>→</b> high <b>needed evalu</b>	ation 🗆	Fac	e validity						

#### References

- 1. 「Rigotti NA, DiFranza JR, Chang Y, Tisdale T, Kemp B, Singer DE. The effect of enforcing tobacco-sales laws on adolescents' access to tobacco and smoking behavior. *New England Journal of Medicine*. 1997;337(15):1044–51.
- 2. Jason LA, Berk M, Schnopp-Wyatt DL, Talbot B. Effects of enforcement of youth access laws on smoking prevalence. *American Journal of Community Psychology.* 1999;27(2):143–61.
- 3. Howard KA, Ribisl KM, Howard-Pitney B, Norman GJ, Rohrbach LA. What factors are associated with local enforcement of laws banning illegal tobacco sales to minors? A study of 182 law enforcement agencies in California. *Preventive Medicine*. 2001;33(2 Pt 1):63–70.

indicator were within one point of each other (see Appendix B for an explanation).

#### Indicator 1.8.7

#### Changes in State Tobacco Control Laws That $\Box$ **Preempt Stronger Local Tobacco Control Laws** □ Goal area 1 Preventing initiation of tobacco use among young people **Outcome 8** Increased restriction and enforcement of restrictions on tobacco sales to minors□ Any change in legislation that prevents local jurisdictions from enacting restrictions What to measure that are more stringent than the state's restrictions on minors' access to tobacco or tobacco-related marketing Why this indicator Preemptive legislation is the tobacco industry's chief strategy for eradicating local is useful tobacco control ordinances. Because of the striking increase in the number of local tobacco control ordinances from the mid-1980s to the mid-1990s, the tobacco industry aggressively pushed for states to pass legislation that preempted local regulation of tobacco in various areas, including minors' access, smoke-free indoor air, and marketing.<sup>2</sup> As of September 1998, 21 states preempted at least one provision of local minors' access restrictions.3 As of December 31, 2004, only two states, Maine and Delaware, have successfully repealed preemption laws in their entirety in any area of tobacco control policy. Preemptive laws prevent communities from engaging in the process of public education, mobilization, and debate that occurs when a local ordinance is under consideration, a process that can increase awareness and change social norms. They also pose a barrier to local enforcement, because communities and local enforcement agencies may be less likely to enforce state laws that they were not directly involved in adopting than to enforce local ordinances.2 **Example data** CDC State Tobacco Activities Tracking and Evaluation (STATE) system source(s) Data available at http://www.cdc.gov/tobacco/STATEsystem Population group(s) Not applicable. This indicator is best measured by tracking and monitoring state tobacco control laws. **Example survey** Not applicable question(s) **Comments** None Rating Overall quality Resources Strength of Utility **Face validity** Accepted needed evaluation practice evidence \$ ←○○●●→better † Denotes low agreement among reviewers: that is, fewer than 75% of the valid ratings for this indicator were within one point of each other (see Appendix B for an explanation). Denotes no data.

- 1. National Cancer Institute. Smoking and Tobacco Control Monograph No. 11. State and local legislative action to reduce tobacco use. Bethesda, MD: National Cancer Institute; 2000. NIH Publication No. 00-4804.
- 2. Centers for Disease Control and Prevention. Preemptive state tobacco-control laws—United States, 1982–1998. *Morbidity and Mortality Weekly Report*. 1999;47(51 & 52):1112–4.
- 3. Centers for Disease Control and Prevention. State laws on tobacco control—United States, 1998. *Morbidity and Mortality Weekly Report CDC Surveillance Summaries*. 1999;48(SS-3):21–40.

## **Reduced Tobacco Industry Influences**

According to the most recent Federal Trade Commission tobacco report, the U.S. tobacco industry spent almost \$12.5 billion in 2002 to advertise and promote its products. It is not surprising, therefore, that studies show that a high percentage of young people are exposed to, aware of, and able to recall tobacco advertising. Moreover, researchers have found that receptivity to tobacco industry marketing is associated with susceptibility towards tobacco use, that teenagers are three times more sensitive to cigarette advertising than adults, and that young people who approve of tobacco advertising and identify with the images portrayed in the advertisements are more likely than non-approving young people to start smoking. In addition, tobacco advertising can distort young people's perceptions of tobacco use. An indirect result of heavy tobacco industry advertising is the dampening effect it has on the number and quality of media stories about the health risks of smoking. By promoting smoking, the tobacco industry undermines the ability of parents to prevent adolescents from starting to smoke.

Many of the tobacco industry's advertising expenditures are in retail stores.¹ Retail stores are saturated with pro-tobacco signage, branded objects, and tobacco displays. Many of these objects are clustered around the cash registers, making it virtually impossible for anyone, including children, not to be exposed to pro-tobacco messages. Signage visible outside the stores exposes entire communities to tobacco marketing. The result is that many U.S. children grow up surrounded by pro-tobacco messages.¹0

The tobacco industry also spends considerable resources to sponsor or support public events, the arts, and other worthy causes.<sup>1</sup> It is clear that the tobacco industry influences policy makers through contributions and lobbying, which results in a more favorable, pro-tobacco policy environment.<sup>11</sup>

Listed below are the indicators associated with this outcome:

- ▶ 1.9.1 Extent and type of retail tobacco advertising and promotions
- ▶ 1.9.2 Proportion of jurisdictions with policies that regulate the extent and type of retail tobacco advertising and promotions
- ▶ **1.9.3** Extent of tobacco advertising outside of stores
- ▶ **1.9.4** Proportion of jurisdictions with policies that regulate the extent of tobacco advertising outside of stores
- ▶ 1.9.5 Extent of tobacco industry sponsorship of public and private events
- ▶ 1.9.6 Proportion of jurisdictions with policies that regulate tobacco industry sponsorship of public events
- ▶ 1.9.7 Extent of tobacco advertising on school property, at school events, and near schools

- ▶ 1.9.8 Extent of tobacco advertising in print media
- ▶ 1.9.9 Amount and quality of news media stories about tobacco industry practices and political lobbying
- ▶ 1.9.10 ☐ Number and type of Master Settlement Agreement violations by tobacco companies
- ▶ 1.9.11 Extent of tobacco industry contributions to institutions and groups
- ▶ 1.9.12 Amount of tobacco industry campaign contributions to local and state politicians

- 1. Federal Trade Commission. *Cigarette report for 2002.* Washington, DC: Federal Trade Commission; 2004.
- 2. U.S. Department of Health and Human Services. *Preventing tobacco use among young people: a report of the Surgeon General*. Atlanta, GA: Centers for Disease Control and Prevention; 1994.
- 3. [Pollay RW, Siddarth S, Siegel M, Haddix A, Merritt RK, Giovino GA, et al. The last straw? Cigarette advertising and realized market shares among youths and adults. *Journal of Marketing*. 1996;60(2):1–16.
- 4. Schooler C, Feighery E, Flora JA. Seventh graders' self-reported exposure to cigarette marketing and its relationship to their smoking behavior. *American Journal of Public Health*. 1996;86(9):1216–21.
- 5. Feighery E, Borzekowski DL, Schooler C, Flora J. Seeing, wanting, owning: the relationship between receptivity to tobacco marketing and smoking susceptibility in young people. *Tobacco Control*. 1998;7(2):123–128.
- 6. Borzekowski DL, Flora JA, Feighery E, Schooler C. The perceived influence of cigarette advertisements and smoking susceptibility among seventh graders. *Journal of Health Communication*. 1999;4(2):105–118.
- 7. Evans N, Farkas A, Gilpin E, Berry C, Pierce JP. Influence of tobacco marketing and exposure to smokers on adolescent susceptibility to smoking. *Journal of the National Cancer Institute*. 1995;87(20):1538–45.
- 8. [Henriksen L, Flora JA, Feighery E, Fortmann SP. Effects on youth of exposure to retail tobacco advertising. *Journal of Applied Social Psychology.* 2002;32(9):1771–89.
- 9. Pierce JP, Distefan JM, Jackson C, White MM, Gilpin EA. Does tobacco marketing undermine the influence of recommended parenting in discouraging adolescents from smoking? *American Journal of Preventive Medicine*. 2002;23(2):73–81.
- 10. Dewhirst T. POP goes the power wall? Taking aim at tobacco promotional strategies utilised at retail. *Tobacco Control*. 2004;13(2):209–10.
- 11. Monardi F, Glantz SA. Are tobacco industry campaign contributions influencing state legislative behavior? *American Journal of Public Health*. 1998;88(6):918–23.

### For Further Reading

Biener L, Siegel M. Tobacco marketing and adolescent smoking: more support for a causal inference. *American Journal of Public Health*. 2000;90(3):407–11.

Celebucki CC, Diskin K. A longitudinal study of externally visible cigarette advertising on retail storefronts in Massachusetts before and after the Master Settlement Agreement. *Tobacco Control.* 2002;11(Suppl 2):ii47–53.

Forster JL, Murray DM, Wolfson M, Blaine TM, Wagenaar AC, Hennrikus DJ. The effects of community policies to reduce youth access to tobacco. *American Journal of Public Health*. 1998;88(8):1193–8.

Guthrie B. Tobacco advertising near schools. *British Medical Journal*. 1994 May 7;308(6929):658.

Lewit EM, Hyland A, Kerrebrock N, Cummings KM. Price, public policy, and smoking in young people. *Tobacco Control*. 1997;6(Suppl 2):S17–24.

Luke DA, Stamatakis KA, Brownson RC. State youth-access tobacco control policies and youth smoking behavior in the United States. *American Journal of Preventive Medicine*. 2000;19(3):180–7.

Morley CP, Cummings KM, Hyland A, Giovino GA, Horan JK. Tobacco Institute lobbying at the state and local levels of government in the 1990s. *Tobacco Control*. 2002;11(Suppl 1):i102–9.

Pucci L, Siegel M. Exposure to brand-specific cigarette advertising in magazines and its impact on youth smoking. *Preventive Medicine*. 1999;29(5):313–20.

Saffer H, Chaloupka F. The effect of tobacco advertising bans on tobacco consumption. *Journal of Health Economics*. 2000;19(6):1117–37.

Siegel M, Biener L, Rigotti NA. The effect of local tobacco sales laws on adolescent smoking initiation. *Preventive Medicine*. 1999;29(5):334–42.

Unger JB, Chen X. The role of social networks and media receptivity in predicting age of smoking initiation: a proportional hazards model of risk and protective factors. *Addictive Behaviors*. 1999;24(3):371–81.

Vaidya SG, Vaidya JS, Naik UD. Sports sponsorship by cigarette companies influences the adolescent children's mind and helps initiate smoking: results of a national study in India. *Journal of the Indian Medical Association*. 1999;97(9):354–6, 359.

## Outcome 9

# Reduced Tobacco Industry Influences

**Indicator Rating ←**○ ○ • • better

Number	Indicator	Overall quality	Strong ences	Unit of near	Face	Practic	Accepted
1.9.1	Extent and type of retail tobacco advertising and promotions		\$\$\$\$ <sup>◊</sup>	0			
1.9.2	Proportion of jurisdictions with policies that regulate the extent and type of retail tobacco advertising and promotions		\$\$\$	•	•	•	•
1.9.3	Extent of tobacco advertising outside of stores		\$\$\$\$ <sup>◊</sup>		•		
1.9.4	Proportion of jurisdictions with policies that regulate the extent of tobacco advertising outside of stores		\$\$\$ <sup>†</sup>	•	•	•	•
1.9.5	Extent of tobacco industry sponsorship of public and private events		\$\$\$\$ <sup>()</sup>	•	•	•	
1.9.6	Proportion of jurisdictions with policies that regulate tobacco industry sponsorship of public events		\$\$\$ <sup>†</sup>	•	•	•	
1.9.7	Extent of tobacco advertising on school property, at school events, and near schools		\$\$\$	Ø	•	•	•
1.9.8	Extent of tobacco advertising in print media		\$\$\$	•			•
1.9.9	Amount and quality of news media stories about tobacco industry practices and political lobbying		\$\$\$	Ø	•	•	
1.9.10	Number and type of Master Settlement Agreement violations by tobacco companies	<b>├</b>	\$\$\$\$ <sup>◊</sup>	0	•	•	
1.9.11	Extent of tobacco industry contributions to institutions and groups		\$ <sup>◊</sup>	Ø	0	<b>●</b> <sup>†</sup>	
1.9.12	Amount of tobacco industry campaign contributions to local and state politicians	<b>⊢</b>	\$ <sup>◊</sup>	Ø			•

 $<sup>\ \, \</sup>text{$\dagger$} \square \ \, \text{Denotes low agreement among reviewers: that is, fewer than $75\%$ of the valid ratings for this indicator were within one and the valid rating of the valid rating o$ 

<b>Extent and Type</b>	of Retail Tobac	co Advert	tising and Pi	romotions					
Goal area 1	Preventing initiat	ion of tobacc	o use among yo	ung people					
Outcome 9	Reduced tobacco	industry infl	uences						
What to measure □	The level and typ the extent of indo and strategic prod	or and outdo	oor advertiseme						
Why this indicator is useful	and potential smo exposed to pro-to of tobacco advert more likely to sta- tobacco marketing the odds of their of	Retail stores have become the industry's primary communication channel to smokers and potential smokers. As a result, all shoppers, regardless of age or smoking status, are exposed to pro-tobacco messages. <sup>1,2</sup> Some studies show that young people who approve of tobacco advertising and identify with the image portrayed in the advertisements are more likely to start smoking. <sup>3,4</sup> Moreover, frequent (at least weekly) exposure to retail tobacco marketing among middle-school students is associated with a 50% increase in the odds of their ever smoking a cigarette, even after controlling for other known risk factors (e.g., parent smokes or friend smokes). <sup>5</sup>							
Example data □ source(s) □	Operation Sto Information a	<ul> <li>Environmental scan of tobacco advertising and promotional practices in retail outlets</li> <li>Operation Storefront: Youth Against Tobacco Advertising and Promotion Initiative Information available at: http://www.dhs.ca.gov/tobacco/html/Evaluation_Resources.htm</li> </ul>							
Population group(s)	Not applicable. T	his indicator	is best measure	d by observa	ation.				
Example survey question(s)	Not applicable								
Comments	Note that in <i>Lorillard v. Reilly</i> (533 U.S. 525 [2001]), the U.S. Supreme Court held that most regulations regarding cigarette advertising are preempted by the Federal Cigarette Labeling and Advertising Act, which makes it difficult for states and localities to regulate the extent and amount of retail tobacco advertising and promotion.								
	Evaluators may choose to gather and report their findings by type of retailer (e.g., grocery store, convenience store, or gas station).								
	data (obtained fro	States can track the price of tobacco products independently by collecting scanner data (obtained from scanning product bar codes), which provide information on brand and promotions. However, the cost of this type of data collection can be prohibitive.							
Rating	Overall quality	Resources needed	Strength of evaluation	Utility	Face validity	Accepted practice			
		\$\$\$\$	evidence						
				<del>-00</del>	● → better				
	A Donates that the	o ovnorts' rati	na was madified	(soo Annone	liv R for an avala	nation)			

 $<sup>\</sup>overline{\Diamond}$  Denotes that the experts' rating was modified (see Appendix B for an explanation).

- 1. Feighery EC, Ribisl KM, Clark PI, Haladjian HH. How tobacco companies ensure prime placement of their advertising and products in stores: interviews with retailers about tobacco company incentive programmes. *Tobacco Control.* 2003;12(2):184–8.
- 2. Centers for Disease Control and Prevention. Point-of-purchase tobacco environments and variation by store type—United States, 1999. *Morbidity and Mortality Weekly Report*. 2002; 51(9):184–7.
- 3. LU.S. Department of Health and Human Services. *Preventing tobacco use among young people: a report of the Surgeon General.* Atlanta, GA: Centers for Disease Control and Prevention; 1994.
- 4. Eschooler C, Feighery E, Flora JA. Seventh graders' self-reported exposure to cigarette marketing and its relationship to their smoking behavior. *American Journal of Public Health*. 1996;86(9):1216–21.
- 5. Henriksen L, Feighery EC, Wang Y, Fortmann SP. Association of retail tobacco marketing with adolescent smoking. *American Journal of Public Health.* 2004;94(12):2081–3.

# **Proportion of Jurisdictions with Policies That Regulate the Extent and Type of Retail Tobacco Advertising and Promotions**

			_							
Goal area 1	Preventing initiat	ion of tobacco	use among you	ng people						
Outcome 9	Reduced tobacco	industry influ	iences							
What to measure	The proportion of retail advertising			public polic	ries that in some	way regulate				
Why this indicator ☐ is useful ☐	including offering products. Regulat	The tobacco industry is increasingly shifting its advertising focus to retailer incentives including offering financial and trade benefits to retailers that sell and display tobacco products. Regulating retail advertising and promotions may significantly reduce young people's exposure to tobacco advertising. <sup>1</sup>								
Example data source(s)	Policy tracking sy	Policy tracking system								
Population group(s)	Not applicable. This indicator is best measured by tracking and monitoring pertinent local tobacco laws, ordinances, or regulations.									
Example survey question(s)	Not applicable									
<b>Comments</b> □	Note that in Lorill most regulations Labeling and Adv the extent and am Evaluators may a population affects	regarding cig vertising Act, nount of retail lso choose to	arette advertisin which makes it o tobacco adverti gather data on t	g are preen difficult for sing and pr he size and	npted by the Fed states and locali comotion.	eral Cigarette ties to regulate				
Rating □	Overall quality low ← → high	Resources needed	Strength of evaluation  evidence	Utility	Face validity	Accepted practice				
		\$\$\$								
				<b>←○○</b>	● → better					

<sup>1.</sup> Feighery EC, Ribisl KM, Clark PI, Haladjian HH. How tobacco companies ensure prime placement of their advertising and products in stores: interviews with retailers about tobacco company incentive programmes. *Tobacco Control.* 2003;12(2):184–8.

## Indicator 1.9.3

<b>Extent of Tobaco</b>	co Advertising (	Outside of	Stores							
Goal area 1	Preventing initiat	ion of tobacco	o use among you	ung people						
Outcome 9	Reduced tobacco	industry influ	iences							
What to measure	The level and typ	The level and type of tobacco advertising on the exteriors of retail stores								
Why this indicator□ is useful□	outside walls and tobacco advertisi	Tobacco advertisements appear frequently outside U.S. stores. They can be on stores' outside walls and windows, in parking lots, or on the street.¹ The strategies for reducing tobacco advertising on the exteriors of retail establishments are often different from the strategies for reducing advertising and promotions inside stores.²								
Example data □ source(s) □	Operation Sto Information a	<ul> <li>Environmental scan of tobacco advertising and promotional practices in retail outlets</li> <li>Operation Storefront: Youth Against Tobacco Advertising and Promotion Initiative Information available at: http://www.dhs.ca.gov/tobacco/html/Evaluation_Resources.htm</li> </ul>								
Population group(s)	Not applicable. T	his indicator i	is best measured	d by observa	tion.					
Example survey question(s)	Not applicable									
Comments	None									
Rating	Overall quality low  high	Resources needed	Strength of evaluation evidence	Utility	Face validity	Accepted practice				
		\$\$\$\$ <sup>(</sup> \		<b>+00</b>	● → better					
		e experts' ratir	ng was modified	(see Append	lix B for an explai	nation).				

- 1. Centers for Disease Control and Prevention. Point-of-purchase tobacco environments and variation by store type—United States, 1999. *Morbidity and Mortality Weekly Report*. 2002;51(9):184–7.
- 2. Rogers T, Feighery EC, Tencati EM, Butler JL, Weiner L. Community mobilization to reduce point-of-purchase advertising of tobacco products. *Health Education Quarterly*. 1995;22(4);427–42.

# **Proportion of Jurisdictions with Policies That Regulate** the Extent of Tobacco Advertising Outside of Stores

				, fewer than	● → better 75% of the valid ra 3 for an explanation					
		\$\$\$ <sup>†</sup>	evidence			•				
	Overall quality low ← → high	Resources needed	Strength of evaluation	Utility	Face validity	Accepted practice				
	Evaluators may al population affecte				demographics o	f the				
Comments □	Note that in <i>Lorillard</i> v. <i>Reilly</i> (533 U.S. 525 [2001]), the U.S. Supreme Court held that most regulations regarding cigarette advertising are preempted by the Federal Cigarette Labeling and Advertising Act, which makes it difficult for states and localities to regulate the extent and amount of retail tobacco advertising and promotion.									
Example survey question(s)	Not applicable									
Population group(s)	Not applicable. This indicator is best measured by tracking and monitoring pertinent local tobacco laws, ordinances, or regulations.									
Example data source(s)	Policy tracking system									
Why this indicator is useful		Reducing exterior tobacco-related retail signs and displays will reduce young people's exposure to tobacco advertising. <sup>2</sup>								
What to measure □	tobacco advertisin	The proportion of local jurisdictions that have public policies that in some way regulate tobacco advertising on the exteriors of retail outlets (for example, some jurisdictions limit the percentage of store windows that may be covered with advertisements) <sup>1</sup>								
Outcome 9	Reduced tobacco i	Reduced tobacco industry influences								
Goal area 1	Preventing initiation of tobacco use among young people □									

- 1. Rogers T, Feighery EC, Tencati EM, Butler JL, Weiner L. Community mobilizations to reduce point-of-purchase advertising of tobacco products. *Health Economics Quarterly*. 1995;22(4);427–42.

  2. Jason LA, Pokorny SB, Mikulski K, Schoeny ME. Assessing storefront tobacco advertising after the billboard ban.
- Evaluation and the Health Professions. 2004;27(1):22–33.

## Indicator 1.9.5

<b>Extent of Tobac</b>	co Industry Spor	nsorship (	of Public and	Private	Events				
Goal area 1	Preventing initiation	on of tobacco	o use among you	ng people					
Outcome 9	Reduced tobacco is	ndustry infl	uences						
What to measure	The extent of tobacco industry sponsorship of public and private events (e.g., sports, recreation, music, family, or work-related events)								
Why this indicator is useful	This sponsorship i	The tobacco industry spends considerable resources sponsoring visible public events. This sponsorship increases exposure to advertisements for tobacco product advertising and buys legitimacy for the tobacco industry. 1,2							
Example data  source(s)	<ul> <li>Event sponsorship tracking system</li> <li>California Tobacco Industry Monitoring Evaluation: Project SMART Money Information available at: http://www.ttac.org/enews/mailer09-30-03full.html#LinkF</li> </ul>								
Population group(s)	Not applicable. Th	is indicator	is best measured	by observa	ition.□				
Example survey question(s)	Not applicable								
Comments	Evaluators may wanumbers of attend		the types of ever	nts that are	being sponsored	l and the			
Rating	Overall quality low ← → high	Resources needed	Strength of evaluation  evidence	Utility	Face validity	Accepted practice			
		<b>ΦΦΦΦ</b>	_	<b>+</b> 00(	● → better	•			
		experts' ratir	ng was modified (	see Append	lix B for an explar	nation).			

- 1. Rosenberg NJ, Siegel M. Use of corporate sponsorship as a tobacco marketing tool: a review of tobacco industry sponsorship in the USA, 1995–99. *Tobacco Control.* 2001;10(3):239–46.
- 2. Federal Trade Commission. Cigarette report for 2002. Washington, DC: Federal Trade Commission; 2004.

# Proportion of Jurisdictions with Policies That Regulate Tobacco Industry Sponsorship of Public Events

Goal area 1	Preventing initiation of tobacco use among young people □								
Outcome 9	Reduced tobacco	industry influ	ences						
What to measure	The proportion of sponsorship of pu		tions with publi	c policies th	at regulate toba	cco industry			
Why this indicator is useful	The tobacco indus This sponsorship for the tobacco in	increases exp							
Example data source(s)	Policy tracking sy	Policy tracking system							
Population group(s)	Not applicable. This indicator is best measured by tracking and monitoring pertinent local tobacco laws, ordinances, or regulations.								
Example survey question(s)	Not applicable								
Comments	Evaluators may a population affects				demographics o	f the □			
Rating	Overall quality low ← → high	Resources needed	Strength of evaluation  evidence	Utility	Face validity	Accepted practice			
		\$\$\$ <sup>†</sup>							
		•		<b>←○○</b>	● → better				

<sup>1.</sup> Rosenberg NJ, Siegel M. Use of corporate sponsorship as a tobacco marketing tool: a review of tobacco industry sponsorship in the USA, 1995–99. *Tobacco Control*. 2001;10(3):239–46.

<sup>2.</sup> Federal Trade Commission. Cigarette report for 2002. Washington, DC: Federal Trade Commission; 2004.

#### Indicator 1.9.7

#### **Extent of Tobacco Advertising on School Property,** at School Events, and Near Schools Goal area 1 Preventing initiation of tobacco use among young people □ Outcome 9 Reduced tobacco industry influences What to measure The extent of tobacco advertising on school property, at school events off campus, and within a designated distance from schools Why this indicator Findings from a California study of retail tobacco advertising showed that stores near is useful schools (within 1,000 feet) had significantly more tobacco advertising and promotional materials overall and more advertising on their exteriors than stores not near schools.1 Stores near schools also had a significantly higher probability of having tobacco advertising or promotions near candy and low to the ground (at the eye level of children) than stores not near schools.1 **Example data** CDC School Health Profiles: School Principal Questionnaire (Profiles), 2002 source(s) Environmental scan of tobacco advertising and promotional practices in retail outlets Operation Storefront: Youth Against Tobacco Advertising and Promotion Initiative Information available at: http://www.dhs.ca.gov/tobacco/html/ Evaluation\_Resources.htm Population group(s) School principals **Example survey** From Profiles question(s) Is tobacco advertising prohibited in each of the following locations? (Mark yes or no for each location.) Yes No In the school building On school grounds, including on the outside of the building, on playing fields, or other areas of the campus On school buses or other vehicles used to transport students In school publications (e.g., newsletters, newspapers, websites, in other school publications) Is tobacco advertising through sponsorship of school events prohibited? ☐ Yes ☐ No **Comments** None **Rating Overall quality** Strenath of Utility **Face validity** Accepted Resources evaluation needed practice evidence \$\$\$

<sup>1.</sup> CRoeseler A, Rogers T, Feighery E, Gehrman J. Operation storefront: youth against tobacco advertising and promotion. Sacramento, CA: California Department of Health Services; 2003. pp. 1–4.

Goal area 1	Preventing initiati	on of tobacco	use among you	ng people				
Outcome 9	Reduced tobacco i	industry influ	iences					
What to measure	The extent of toba	.cco advertise	ment in print m	edia (e.g., n	nagazines or nev	vspapers) 🗆		
Why this indicator□ is useful□	The Master Settlement Agreement (MSA) regulated aspects of tobacco advertising in print media. However, one study found that after the MSA, the combined advertising expenditures of the four major tobacco companies increased in 19 magazines that have a youth focus. Another study found that 54% of teenagers' favorite magazines had cigarette advertisements.							
Example data □ source(s)□	<ul> <li>▶ Media Tracking Service (e.g., clipping service) □</li> <li>▶ TNS Media Intelligence Competitive Media Reporting (CMR) □         Information available at: http://www.tnsmi-cmr.com/products/index.html □     </li> </ul>							
Population group(s)	Not applicable. This indicator is best measured by tracking tobacco advertisements in print media.							
Example survey question(s)	Not applicable							
<b>Comments</b> □	Evaluators may want to assess tobacco advertising by type of print media (e.g., magazines targeted to adults or magazines targeted to adolescents).							
	Quantitative studies involve counting articles, measuring column-inches, or noting article placement. Qualitative studies require detailed content analyses to detect article themes. <sup>3,4</sup>							
	More information on how to collect data on this indicator is in reference 5 below.							
Rating □	Overall quality low high	Resources needed	Strength of evaluation □ evidence	Utility	Face validity	Accepted practice		

- 1. [Hamilton WL, Turner-Bowker DM, Celebucki CC, Connolly GN. Cigarette advertising in magazines: the tobacco industry response to the Master Settlement Agreement and to public pressure. *Tobacco Control.* 2002;11(Suppl 2):ii54–8.
- 2. Schooler C, Feighery E, Flora JA. Seventh graders' self-reported exposure to cigarette marketing and its relationship to their smoking behavior. *American Journal of Public Health*. 1996;86(9):1216–21.
- 3. Lima JC, Siegel M. The tobacco settlement: an analysis of newspaper coverage of a national policy debate, 1997–98. *Tobacco Control*. 1999;8(3):247–53.
- 4. Menashe CL, Siegel M. The power of a frame: an analysis of newspaper coverage of tobacco issues—United States, 1985–1996. *Journal of Health Communication*. 1998;3(4):307–25.
- 5. Estillman F, Cronin K, Evans W, Ulasevich A. Can media advocacy influence newspaper coverage of tobacco: measuring the effectiveness of the American Stop Smoking Intervention Study's (ASSIST) media advocacy strategies. *Tobacco Control.* 2001;10(2):137–44.

#### Indicator 1.9.9

Amount and Qua Tobacco Industr	-							
Goal area 1	Preventing initiat	ion of tobacco	o use among you	ing people				
Outcome 9	Reduced tobacco	industry influ	uences					
What to measure	Media coverage o	Media coverage of tobacco industry practices and political lobbying						
Why this indicator□ is useful□	people's behavior manipulate behavior	Demonstrating the negative aspects of tobacco industry practices may influence young people's behavior. <sup>1-3</sup> For example, being aware that the tobacco industry is trying to manipulate behavior may reduce young people's susceptibility to tobacco marketing and increase overall support for anti-tobacco policies, laws, or regulations. <sup>4</sup>						
Example data source(s)	Media Tracking Service (e.g., clipping service)							
Population group(s)	Not applicable. This indicator is best measured by monitoring and tracking pertinent media coverage of tobacco industry practices.							
Example survey question(s)	Not applicable							
Comments □	Quantitative studies involve counting articles, measuring column-inches, or noting article placement. Qualitative studies require detailed content analyses to detect article themes. <sup>2,3</sup>							
	More information	n on how to co	ollect data on thi	s indicator	is in reference 5	pelow.		
Rating □	Overall quality low ← ▶ high	Resources needed	Strength of evaluation  evidence	Utility	Face validity	Accepted practice		
		\$\$\$	$\bigotimes$					
				<b>←</b> ○○	● • → better			
	Denotes no dat	a.						

- 1. ICaburnay CA, Kreuter MW, Luke DA, Logan RA, Jacobsen HA, Reddy VC, Vempaty AR, Zayed HR. The news on health behavior: coverage of diet, activity, and tobacco in local newspapers. *Health Education & Behavior*. 2003;30(6):709–722.
- 2. Lima JC, Siegel M. The tobacco settlement: an analysis of newspaper coverage of a national policy debate, 1997–98. *Tobacco Control.* 1999;8(3):247–53.
- 3. Menashe CL, Siegel M. The power of a frame: an analysis of newspaper coverage of tobacco issues—United States, 1985–1996. *Journal of Health Communication*. 1998;3(4):307–25.
- 4. [Hicks JJ. Crispin, Porter & Bogusky. The strategy behind Florida's truth campaign. Miami, FL: Truth Campaign; 2001. Online publication. Available from: http://www.tobaccofreedom.org/msa/articles/truth\_review.html.
- 5. Estillman F, Cronin K, Evans W, Ulasevich A. Can media advocacy influence newspaper coverage of tobacco: measuring the effectiveness of the American Stop Smoking Intervention Study's (ASSIST) media advocacy strategies. *Tobacco Control*. 2001;10(2):137–44.

#### Number and Type of Master Settlement Agreement Violations by Tobacco Companies Goal area 1 Preventing initiation of tobacco use among young people Outcome 9 Reduced tobacco industry influences What to measure The number and type of Master Settlement Agreement (MSA) violations by tobacco companies Why this indicator □ In 2000, all of the major tobacco manufacturers failed to comply with the MSA, which bans the tobacco companies from targeting young people through magazine advertiseis useful ments. The companies are selectively increasing their magazine advertisements targeted to young people. Tracking these and other violations of the MSA will aid in the MSA's enforcement.2,3 **Example data** $\square$ Tobacco industry monitoring system □ source(s)California Tobacco Industry Monitoring Evaluation: Project SMART Money Information available at: http://www.ttac.org/enews/mailer09-30-03full.html#LinkF Population group(s) Not applicable. This indicator is best measured by monitoring and tracking tobacco industry practices. Example survey Not applicable question(s) **Comments** None Rating **Overall quality** Resources Strength of Utility **Face validity** Accepted needed evaluation $\square$ practice evidence \$\$\$\$ † Denotes low agreement among reviewers: that is, fewer than 75% of the valid ratings for this

#### References

1. Chung PJ, Garfield CF, Rathouz PJ, Lauderdale DS, Best D, Lantos J. Youth targeting by tobacco manufacturers since the Master Settlement Agreement: the first study to document violations of the youth-targeting ban in magazine ads by the three top U.S. tobacco companies. *Health Affairs*. 2002;21(2):254–63.

indicator were within one point of each other (see Appendix B for an explanation). ◊□Denotes that the experts' rating was modified (see Appendix B for an explanation).

- 2. Hamilton WL, Turner-Bowker DM, Celebucki CC, Connolly GN. Cigarette advertising in magazines: the tobacco industry response to the Master Settlement Agreement and to public pressure. *Tobacco Control*. 2002; 11(Suppl 2):ii54–8.
- 3. Celebucki CC, Diskin K. A longitudinal study of externally visible cigarette advertising on retail storefronts in Massachusetts before and after the Master Settlement Agreement. *Tobacco Control.* 2002;11(Suppl 2):ii47–53.

## Indicator 1.9.11

<b>Extent of Tobac</b>	co Industry Con	tributions	to Institutio	ns and G	roups		
Goal area 1	Preventing initiation of tobacco use among young people						
Outcome 9	Reduced tobacco industry influences						
What to measure	The amount of funds contributed by the tobacco industry to institutions and groups (e.g., the hospitality industry, movie industry, sports organizations, and civic groups)						
Why this indicator□ is useful□	Studies show that the tobacco industry has a history of collaborating with businesses and community organizations. The amount of the tobacco industry's influence on these groups is directly related to the amount it contributes. <sup>1-4</sup> Tracking this indicator will help to understand tobacco industry influence.						
Example data □ source(s)	▶ Public records of political contributions□ Information available from the Office of the State Secretary or equivalent in each state						
	<ul> <li>▶ Center for Responsive Politics (CRP)□         Information available at: http://www.opensecrets.org□     </li> <li>▶ Tobacco industry fiscal reports□</li> </ul>						
Population group(s)	Not applicable. This indicator is best measured by reviewing public and tobacco industry records.						
Example survey question(s)	Not applicable						
<b>Comments</b> □	Evaluators may want to categorize their findings by type of business or organization (e.g., the hospitality industry, movie industry, sports organizations, or civic groups) that received funds from the tobacco industry.						
	More information on how to collect data on this indicator is in reference 5 below.						
Rating □	Overall quality low ← → high	Resources needed	Strength of evaluation  evidence	Utility	Face validity	Accepted practice	
		\$\$	$\Diamond$		<b></b> †		
			← ○ ○ ● ● → better				
	† □Denotes low agreement among reviewers: that is, fewer than 75% of the valid ratings for this indicator were within one point of each other (see Appendix B for an explanation).   ◊□ Denotes that the experts' rating was modified (see Appendix B for an explanation).   ○ Denotes no data.						

- 1. IRitch WA, Begay ME. Strange bedfellows: the history of collaboration between the Massachusetts Restaurant Association and the tobacco industry. American Journal of Public Health. 2001;91(4):598–603.
- Rosenberg NJ, Siegel M. Use of corporate sponsorship as a tobacco marketing tool: a review of tobacco industry sponsorship in the USA, 1995–99. *Tobacco Control*. 2001;10(3):239–46.
   Dearlove JV, Bialous SA, Glant SA. Tobacco industry manipulation of the hospitality industry to maintain smoking in
- public places. Tobacco Control. 2002;11(2):94-104.
- 4. Mekemson C, Glantz SA. How the tobacco industry built its relationship with Hollywood. Tobacco Control. 2002;11 (Suppl 1):i81-91.
- 5. Rosenberg NJ, Siegel M. Use of corporate sponsorship as a tobacco marketing tool: a review of tobacco industry sponsorship in the USA, 1995–99. *Tobacco Control*. 2001;10(3):239–46.

#### Amount of Tobacco Industry Campaign Contributions to Local and State Politicians Goal area 1 Preventing initiation of tobacco use among young people Outcome 9 Reduced tobacco industry influences What to measure The amount of funds contributed to local and state politicians by the tobacco industry □ Why this indicator □ Studies show an association between political contributions from the tobacco industry is useful and pro-tobacco legislation. 1-3 Tobacco industry contributions are a significant predictor of the industry's political influence, including its influence on votes for tobacco-related legislation.<sup>1,2</sup> Tracking this indicator may help states counter the influence of the tobacco industry. **Example data** $\square$ ▶ Public records of political contributions ☐ source(s) Information available from the Office of the State Secretary or equivalent in each state ► Federal Election Commission (FEC) Searchable database available at: http://www.fec.gov 🗆 Center for Responsive Politics (CRP) □ Information available at: http://www.opensecrets.org Population group(s) Not applicable. This indicator is best measured by reviewing public records. □ **Example survey** Not applicable question(s) More information on how to collect data on this indicator is in references 4 and 5 below. □ Comments Rating **Overall quality** Resources Strength of Utility **Face validity** Accepted needed evaluation practice evidence \$ \$ **←**○ ○ **● →** better † Denotes low agreement among reviewers: that is, fewer than 75% of the valid ratings for this indicator were within one point of each other (see Appendix B for an explanation).

#### Doforomano

1. Glantz SA, Begay ME. Tobacco industry campaign contributions are affecting tobacco control policymaking in California. *Journal of the American Medical Association*. 1994;272(15):1176–82.

Denotes that the experts' rating was modified (see Appendix B for an explanation).

- 2. Monardi F, Glantz SA. Are tobacco industry campaign contributions influencing state legislative behavior? *American Journal of Public Health*. 1998;88(6):918–23.
- 3. Luke DÁ, Krauss M. Where there's smoking there's money: tobacco industry campaign contributions and U.S. Congressional voting. *American Journal of Preventive Medicine*. 2004;27(5):363–72.
- 4. Givel MS, Glantz SA. Tobacco lobby political influence on U.S. state legislatures in the 1990s. *Tobacco Control.* 2001;10(2):124–34.

Denotes no data.

5. Morley CP, Cummings KM, Hyland A, Giovino GA, Horan JK. Tobacco Institute lobbying at the state and local levels of government in the 1990s. *Tobacco Control*. 2002;11:102–9.

# **Reduced Susceptibility to Experimentation with Tobacco Products**

Susceptibility to smoking is defined as the intention to smoke or the absence of a strong intention not to smoke.¹ Studies show that susceptibility to experimentation is a valid and reliable predictor of future smoking behavior.¹ Studies also show that susceptible young people (those who have not made a firm decision not to smoke) are more likely than other young people to experiment with smoking.¹ Furthermore, recent evidence suggests that even low levels of smoking experimentation (two to four cigarettes smoked by age 10 years) substantially increase the likelihood of daily smoking in late adolescence.² To reduce the percentage of young people who take up smoking, it is therefore necessary to prevent young people from becoming susceptible to experimenting with tobacco.³ In addition to tobacco industry influences, tobacco use by peers is strongly associated with early tobacco experimentation among children.⁴ Parental involvement in young people's decision making about tobacco use is also an important contributor to reduced susceptibility to tobacco use.⁵⁻⁻

Listed below are the indicators associated with this outcome:

- ▶ 1.10.1□ Proportion of young people who think that smoking is cool and helps them fit in
- ▶ 1.10.2□ Proportion of young people who think that young people who smoke have more friends
- ▶ 1.10.3 Proportion of young people who report that their parents have discussed not smoking with them
- ▶ 1.10.4 ☐ Proportion of parents who report that they have discussed not smoking with their children
- ▶ 1.10.5☐ Proportion of young people who are susceptible never-smokers

- 1. Pierce JP, Choi WS, Gilpin EA, Farkas AJ, Merritt RK. Validation of susceptibility as a predictor of which adolescents take up smoking in the United States. *Health Psychology*. 1996;15(5):355–361.
- 2. □Jackson C, Dickinson D. Cigarette consumption during childhood and persistence of smoking through adolescence. *Archives of Pediatrics & Adolescent Medicine*. 2004;158:1050–1056.
- 3. [U.S. Department of Health and Human Services. *Preventing tobacco use among young people: a report of the Surgeon General.* Atlanta, GA: Centers for Disease Control and Prevention; 1994.
- 4. □Jackson C. Initial and experimental stages of tobacco and alcohol use during late childhood: relation to peer, parent, and personal risk factors. *Addictive Behaviors*. 1997;22(5):685–98.

- 5. Distefan JM, Gilpin EA, Choi WS, Pierce JP. Parental influences predict adolescent smoking in the United States, 1989–1993. *Journal of Adolescent Health*. 1998;22(6):466–74.
- 6. Jackson C, Henriksen L. Do as I say: parent smoking, antismoking socialization, and smoking onset among children. *Addictive Behaviors*. 1997;22(1):107–14.
- 7. Sargent JD, Dalton M. Does parental disapproval of smoking prevent adolescents from becoming established smokers? *Pediatrics*. 2001;108(6):1256–62.

## For Further Reading

Bidell MP, Furlong MJ, Dunn DM, Koegler JE. Case study of attempts to enact self-service tobacco display ordinances: a tale of three communities. *Tobacco Control*. 2000;9(1):71–7.

Centers for Disease Control and Prevention. Estimates of retailers willing to sell tobacco to minors: California, August–September 1995 and June–July 1996. *Morbidity and Mortality Weekly Report*. 1996;45(50):1095–9.

Feighery E, Altman DG, Shaffer G. The effects of combining education and enforcement to reduce tobacco sales to minors: a study of four northern California communities. *Journal of the American Medical Association*. 1991;266(22):3168–71.

Forster JL, Murray DM, Wolfson M, Blaine TM, Wagenaar AC, Hennrikus DJ. The effects of community policies to reduce youth access to tobacco. *American Journal of Public Health*. 1998;88(8):1193–8.

Howard KA, Ribisl KM, Howard-Pitney B, Norman GJ, Rohrbach LA. What factors are associated with local enforcement of laws banning illegal tobacco sales to minors? A study of 182 law enforcement agencies in California. *Preventive Medicine*. 2001 Aug;33(2 Pt 1):63–70.

Jason L, Billows W, Schnopp-Wyatt D, King C. Reducing the illegal sales of cigarettes to minors: analysis of alternative enforcement schedules. *Journal of Applied Behavior Analysis*. 1996;29(3):333–44.

Jason LA, Pokorny SB, Schoeny ME. Evaluating the effects of enforcements and fines on youth smoking. *Critical Public Health*. 2003;13(1):33–45.

Jason LA, Berk M, Schnopp-Wyatt DL, Talbot B. Effects of enforcement of youth access laws on smoking prevalence. *American Journal of Community Psychology*. 1999;27(2):143–61.

Jason LA, Ji PY, Anes MD, Birkhead SH. Active enforcement of cigarette control laws in the prevention of cigarette sales to minors. *Journal of the American Medical Association*. 1991;266(22):3159–61.

Luke DA, Stamatakis KA, Brownson RC. State youth-access tobacco control policies and youth smoking behavior in the United States. *American Journal of Preventive Medicine*. 2000;19(3):180–7.

Ma GX, Shive S, Tracy M. The effects of licensing and inspection enforcement to reduce tobacco sales to minors in greater Philadelphia, 1994–1998. *Addictive Behaviors*. 2001;26(5):677–87.

Rigotti NA, DiFranza JR, Chang Y, Tisdale T, Kemp B, Singer DE. The effect of enforcing tobacco-sales laws on adolescents' access to tobacco and smoking behavior. *New England Journal of Medicine*. 1997;337:1044–51.

Siegel M, Biener L, Rigotti NA. The effect of local tobacco sales laws on adolescent smoking initiation. *Preventive Medicine*. 1999;29(5):334–42.

Stead LF, Lancaster T. A systematic review of interventions for preventing tobacco sales to minors. *Tobacco Control.* 2000;9(2):169–76.

Teall AM, Graham MC. Youth access to tobacco in two communities. *Journal of Nursing Scholarship*. 2001;33(2):175–8.

U.S. Department of Health and Human Services. *Preventing tobacco use among young people: a report of the Surgeon General*. Atlanta, GA: Centers for Disease Control and Prevention; 1994.

# Reduced Susceptibility to Experimentation with Tobacco Products

Indicator	Rating
	► hotte

Number	Indicator	Overall quality	evaluation evices	Utthis defice	Face V	Practice Practice	accepted
1.10.1	Proportion of young people who think that smoking is cool and helps them fit in		\$\$ <sup>†</sup>	•		•	
1.10.2	Proportion of young people who think that young people who smoke have more friends		\$\$	•	0	•	
1.10.3	Proportion of young people who report that their parents have discussed not smoking with them		\$\$	•	•	•	•
1.10.4	Proportion of parents who report that they have discussed not smoking with their children		\$\$\$	Ø	•	•	•
1.10.5	Proportion of young people who are susceptible never-smokers		\$\$ <sup>†</sup>	•	•	•	•

<sup>†□</sup> Denotes low agreement among reviewers: that is, fewer than 75% of the valid ratings for this indicator were within one point of each other (see Appendix B for an explanation).

Denotes no data.

## Indicator 1.10.1

#### Proportion of Young People Who Think That Smoking Is Cool and Helps Them Fit In Goal area 1 Preventing initiation of tobacco use among young people Outcome 10 Reduced susceptibility to experimentation with tobacco products What to measure Proportion of young people who believe that smoking cigarettes will improve their social standing Why this indicator Data indicate that adolescent cigarette smokers are significantly more likely to believe that smokers are more socially adept than nonsmokers. 1-5 These data can be used to is useful estimate norms regarding the social desirability of smoking. **Example data** Youth Tobacco Survey (YTS): CDC Recommended Questions: Core, 2004 source(s) Population group(s) Young people aged less than 18 years □ **Example survey** From YTS question(s) Do you think smoking cigarettes makes young people look cool or fit in? ☐ Definitely yes ☐ Probably yes ☐ Probably not ☐ Definitely not **Comments** None **Rating Overall quality** Strenath of Utility **Face validity** Accepted Resources needed evaluation practice evidence \$\$<sup>†</sup> **←**○ ○ • • better Denotes low agreement among reviewers: that is, fewer than 75% of the valid ratings for this indicator were within one point of each other (see Appendix B for an explanation).

- 1. IU.S. Department of Health and Human Services. *Preventing tobacco use among young people: a report of the Surgeon General.* Atlanta, GA: Centers for Disease Control and Prevention; 1994.
- 2. [Unger JB, Rohrbach LA, Howard-Pitney B, Ritt-Olson A, Mouttapa M. Peer influences and susceptibility to smoking among California adolescents. *Substance Use and Misuse*. 2001;36(5):551–71.
- 3. Wang MQ. Social environmental influences on adolescents' smoking progression. *American Journal of Health Behavior*. 2001;25(4):418–25.
- 4. Distefan JM, Gilpin EA, Sargent JD, Pierce JP. Do movie stars encourage adolescents to start smoking? Evidence from California. *Preventive Medicine*. 1999;28(1):1–11.
- 5. Tickle JJ, Sargent JD, Dalton MA, Beach ML, Heatherton TF. Favorite movie stars, their tobacco use in contemporary movies, and its association with adolescent smoking. *Tobacco Control.* 2001;10(1):16–22.

# Proportion of Young People Who Think That ☐ Young People Who Smoke Have More Friends☐

	ine cimente mare		J.11410						
Goal area 1	Preventing initiati	Preventing initiation of tobacco use among young people							
Outcome 10	Reduced susceptil	oility to expe	rimentation with	n tobacco pr	oducts□				
What to measure	Proportion of you those who do not		ho believe that tl	nose who sr	noke have more	friends that			
Why this indicator is useful	Data indicate that who smoke have a as an estimate of r	more friends	than those who	do not smo	ke. <sup>1–5</sup> These data				
Example data source(s)	Youth Tobacco Su	rvey (YTS): (	CDC Recommen	ded Questi	ons: Core, 2004				
Population group(s)	Young people age	d less than 18	8 years□						
Example survey question(s)	From YTS  Do you think you:  □ Definitely yes		no smoke cigaret yes 🛭 Probab						
Comments	None								
Rating <b></b>	Overall quality low ← → high	Resources needed	Strength of evaluation  evidence	Utility	Face validity	Accepted practice			
		\$\$							
				<b>←</b> ○○(	● → better				

- 1. IU.S. Department of Health and Human Services. *Preventing tobacco use among young people: a report of the Surgeon General.* Atlanta, GA: Centers for Disease Control and Prevention; 1994.
- 2. Unger JB, Rohrbach LA, Howard-Pitney B, Ritt-Olson A, Mouttapa M. Peer influences and susceptibility to smoking among California adolescents. *Substance Use and Misuse*. 2001;36(5):551–71.
- 3. Wang MQ. Social environmental influences on adolescents' smoking progression. *American Journal of Health Behavior*. 2001;25(4):418–25.
- 4. Distefan JM, Gilpin EA, Sargent JD, Pierce JP. Do movie stars encourage adolescents to start smoking? Evidence from California. *Preventive Medicine*. 1999;28(1):1–11.
- 5. Tickle JJ, Sargent JD, Dalton MA, Beach ML, Heatherton TF. Favorite movie stars, their tobacco use in contemporary movies, and its association with adolescent smoking. *Tobacco Control.* 2001;10(1):16–22.

# Indicator 1.10.3

# **Proportion of Young People Who Report That Their Parents Have Discussed Not Smoking with Them**

			9						
Goal area 1	Preventing initiat	ion of tobacco	o use among you	ıng people					
Outcome 10	Reduced susceptibility to experimentation with tobacco products□								
What to measure		Proportion of young people who report that their parents have discussed the dangers of tobacco use with them in the past 12 months							
Why this indicator□ is useful□	Parental involven children take up s about smoking or up smoking and t	smoking. <sup>1-3</sup> Te do not talk t	eenagers who re o them about it a	port that the are more lik	eir parents are ui	nconcerned			
Example data source(s)	Youth Tobacco Su	rvey (YTS): (	CDC Recommen	ded Questi	ons: Core, 2004				
Population group(s)	Young people age	ed less than 1	8 years□						
Example survey question(s)	From YTS  In the past 12 model dangers of tobaccolors  ☐ Never ☐ Rangers	o use with yo	ou?	O		d the			
Comments □	Evaluators may w smoking and the	vant to ask yo perceived co	oung people que nsequences of be	stions abou eing caught	t parental rules a smoking.	bout			
	Evaluators may a dangers of tobacc	lso want to as o use (not jus	sk young people st smoking) with	if their par them.	ents have discus	sed the			
Rating □	Overall quality low ← → high	Resources needed	Strength of evaluation  evidence	Utility	Face validity	Accepted practice			
		\$\$							
				<b>←</b> ○○	● → better				

- 1. Distefan JM, Gilpin EA, Choi WS, Pierce JP. Parental influences predict adolescent smoking in the United States, 1989–1993. *Journal of Adolescent Health*. 1998;22(6):466–74.
- 2. ☐Jackson C, Henriksen L. Do as I say: parent smoking, antismoking socialization, and smoking onset among children. *Addictive Behaviors*. 1997;22(1):107–14.
- 3. Sargent JD, Dalton M. Does parental disapproval of smoking prevent adolescents from becoming established smokers? *Pediatrics*. 2001;108(6):1256–62.
- 4. Pierce JP, Distefan JM, Jackson C, White MM, Gilpin EA. Does tobacco marketing undermine the influence of recommended parenting in discouraging adolescents from smoking? *American Journal of Preventive Medicine*. 2002;23(2):73–81.

# Proportion of Parents Who Report That They Have Discussed Not Smoking with Their Children

•		•								
Goal area 1	Preventing initiat	ion of tobacc	o use among yo	oung people						
Outcome 10	Reduced suscepti	bility to expe	erimentation wi	th tobacco p	roducts□					
What to measure		Proportion of parents who report that they talked to their children at least once in the previous 6 months about what their children may or may not do regarding tobacco use								
Why this indicator is useful	children take up s	Parental involvement in their children's smoking decisions is a predictor of whether their children take up smoking. <sup>1-3</sup> In addition, asking parents about their children and smoking sensitizes parents to the importance of discussing tobacco use with their children. <sup>1-4</sup>								
Example data source(s)	Adult Tobacco Su Parental Involven		CDC Recomme	ended Questi	ons: Supplemer	ntal Section G:				
Population group(s)	Parents of childre	Parents of children aged less than 18 years□								
Example survey question(s)	From ATS  During the last 6 what he/she can only the Never  Three or more  During the last 6 cannot use tobaccomore  Never  Three or more	or cannot do	when it comes nce on't know/Not many times ha	to tobacco?  Two sure Related	rice fused your child he/sh rice					
Comments	None									
Rating	Overall quality low  high	Resources needed	Strength of evaluation evidence	Utility	Face validity	Accepted practice				
		\$\$\$								
				<b>←</b> ○○	● → better					
	Denotes no data	a.								

- 1. Distefan JM, Gilpin EA, Choi WS, Pierce JP. Parental influences predict adolescent smoking in the United States, 1989–1993. *Journal of Adolescent Health*. 1998;22(6):466–74.
- 2. ☐Jackson C, Henriksen L. Do as I say: parent smoking, antismoking socialization, and smoking onset among children. *Addictive Behaviors*. 1997;22(1):107–14.
- 3. Sargent JD, Dalton M. Does parental disapproval of smoking prevent adolescents from becoming established smokers? *Pediatrics*. 2001;108(6):1256–62.
- 4. Pierce JP, Distefan JM, Jackson C, White MM, Gilpin EA. Does tobacco marketing undermine the influence of recommended parenting in discouraging adolescents from smoking? *American Journal of Preventive Medicine*. 2002;23(2):73–81.

# Indicator 1.10.5

Proportion of Yo	oung People Who	Are Susc	eptible Neve	er-smoke	ers	
Goal area 1	Preventing initiati	on of tobacco	use among you	ing people		
Outcome 10	Reduced susceptil	pility to expe	rimentation with	n tobacco pi	roducts	
What to measure	Proportion of you a firm decision no		no have never tr	ied a cigare	tte but have not	made
Why this indicator is useful	Studies show that not to smoke) are					
Example data source(s)	Youth Tobacco Su	rvey (YTS): (	CDC Recommen	ded Questi	ons: Core, 2004	
Population group(s)	Young people age	d less than 18	3 years			
Example survey question(s)	From YTS  Have you ever trie  ☐ Yes ☐ No	ed cigarette s	moking, even or	ne or two pu	ıffs?	
	Do you think that ☐ I have already				)	
	Do you think you ☐ Definitely yes					
	If one of your best  ☐ Definitely yes					
Comments	Evaluators should	ask all four	example questio	ns to create	a susceptibility	index.¹
	Overall quality low ← → high	Resources needed	Strength of evaluation  evidence	Utility	Face validity	Accepted practice
		\$\$ <sup>†</sup>				•
				<b>←</b> ○○(	● → better	
					75% of the valid ra 3 for an explanatio	

<sup>1.</sup> Pierce JP, Choi WS, Gilpin EA, Farkas AJ, Merritt RK. Validation of susceptibility as a predictor of which adolescents take up smoking in the United States. *Health Psychology*. 1996;15(5):355–61.

# **Decreased Access to Tobacco Products**

As noted in the discussion of logic model component 8 (increased restriction and increased enforcement of restrictions on tobacco sales to minors), adopting and enforcing strong laws that restrict young people's access to tobacco can reduce the proportion of retailers that illegally sell tobacco products to minors. As also noted in that discussion, reductions in illegal sales to minors may not automatically translate into reductions in minors' self-reported access to tobacco products through commercial sources. In addition, reductions in illegal sales to young people would not be expected to affect minors' access to tobacco products through noncommercial (social) sources. More importantly, it is unclear whether reductions in retail tobacco sales to minors result in reductions in the actual rate of tobacco use by young people. Although some studies indicate that this is the case, other studies fail to support such a link.<sup>1-3</sup> The data suggest that to be successful in reducing young people's tobacco use, efforts to reduce commercial access must achieve high levels of retailer compliance (perhaps as high as 90% or more).<sup>2</sup> In practice, these levels may not always be attainable.

According to the *Guide to Community Preventive Services*, the most effective approach to preventing young people from gaining access to tobacco (as measured by minors' self-reported tobacco purchase or use behaviors) includes a combination of strong local and state laws, vigorous and sustained enforcement of these laws, retailer education, and—most importantly—community mobilization to generate community support for efforts to reduce youth access to tobacco products.<sup>4</sup> The *Guide to Community Preventive Services* notes that none of these interventions has been shown to be effective when implemented in isolation, in particular when implemented without a strong link to community mobilization initiatives.<sup>4,5</sup>

The *Guide to Community Preventive Services* and *Reducing Tobacco Use: A Report of the Surgeon General* also underscore the importance of taking a comprehensive approach to reducing tobacco use among young people.<sup>4,5</sup> Such an approach includes interventions to reduce the appeal of, and demand for, tobacco products among young people, as well as to restrict their access to these products. In addition, because young people are influenced by the social norms and environmental cues that they observe in adult society, efforts to reduce their tobacco use should be integrated into the broader framework of a comprehensive tobacco control program that also addresses tobacco use by adults.

Listed below are the indicators associated with this outcome:

- ▶ 1.11.1 Proportion of successful attempts to purchase tobacco products by young people
- ▶ **1.11.2** Proportion of young people reporting that they have been sold tobacco products by a retailer
- ▶ 1.11.3 Proportion of young people reporting that they have been unsuccessful in purchasing tobacco products from a retailer
- ▶ 1.11.4 Proportion of young people reporting that they have received tobacco products from a social source

- ▶ 1.11.5□ Proportion of young people reporting that they purchased cigarettes from a vending machine
- ▶ 1.11.6<sup>NR</sup> Proportion of young people who believe that it is easy to obtain tobacco products

#### References

- 1. Rigotti NA, DiFranza JR, Chang Y, Tisdale T, Kemp B, Singer DE. The effect of enforcing tobacco-sales laws on adolescents' access to tobacco and smoking behavior. *New England Journal of Medicine*. 1997;337:1044–51.
- 2. National Cancer Institute. Smoking and Tobacco Control Monograph, No. 14. *Changing adolescent smoking prevalence: where it is and why.* Bethesda, MD: National Cancer Institute; 2001. NIH Publication No. 02–5086.
- 3. Fichtenberg CM, Glantz SA. Youth access interventions do not affect youth smoking. *Pediatrics*. 2002;109(6):1088–92.
- 4. U.S. Department of Health and Human Services. *Reducing tobacco use: a report of the Surgeon General.* 2000.
- 5. Fielding JE, Briss PA, Carande-Kulis VG, Hopkins DP, Husten CG, Pechacek TF, et al. Tobacco. In: Briss PA, Zaza S, Harris KW, editors. *The guide to community preventive services*. New York: Oxford University Press: [In press] 2005.

## For Further Reading

Alexander C, Piazza M, Mekos D, Valente T. Peers, schools, and adolescent cigarette smoking. *Journal of Adolescent Health*. 2001;29(1):22–30.

Altman DG, Levine DW, Coeytaux R, Slade J, Jaffe R. Tobacco promotion and susceptibility to tobacco use among adolescents aged 12 through 17 years in a nationally representative sample. *American Journal of Public Health*. 1996;86(11):1590–3.

Biener L, Siegel M. Tobacco marketing and adolescent smoking: more support for a causal inference. *American Journal of Public Health*. 2000;90(3):407–11.

Castrucci BC, Gerlach KK, Kaufman NJ, Orleans CT. The association among adolescents' tobacco use, their beliefs and attitudes, and friends' and parents' opinions of smoking. *Maternal and Child Health Journal*. 2002;6(3):159–67.

Centers for Disease Control and Prevention. Youth tobacco surveillance: United States, 2000. *Morbidity and Mortality Weekly Report CDC Surveillance Summaries*. 2001;50(SS-4):1–84.

Distefan JM, Gilpin EA, Choi WS, Pierce JP. Parental influences predict adolescent smoking in the United States, 1989–1993. *Journal of Adolescent Health*. 1998; 22(6):466–74.

Forster JL, Murray DM, Wolfson M, Blaine TM, Wagenaar AC, Hennrikus DJ. The effects of community policies to reduce youth access to tobacco. *American Journal of Public Health*. 1998;88(8):1193–8.

Gilpin EA, Pierce JP, Rosbrook B. Are adolescents receptive to current sales promotion practices of the tobacco industry? *Preventive Medicine*. 1997;26(1):14–21.

Jackson C, Henriksen L. Do as I say: parent smoking, antismoking socialization, and smoking onset among children. *Addictive Behaviors*. 1997;22(1):107–14.

Jason LA, Berk M, Schnopp-Wyatt DL, Talbot B. Effects of enforcement of youth access laws on smoking prevalence. *American Journal of Community Psychology*. 1999;27(2):143–61.

Jason LA, Ji PY, Anes MD, Birkhead SH. Active enforcement of cigarette control laws in the prevention of cigarette sales to minors. *Journal of the American Medical Association*. 1991;266(22):3159–61.

Jason LA, Pokorny SB, Schoeny M.E. Evaluating the effects of enforcements and fines on youth smoking. *Critical Public Health*. 2003;13(1):33–45.

Luke DA, Stamatakis KA, Brownson RC. State youth-access tobacco control policies and youth smoking behavior in the United States. *American Journal of Preventive Medicine*. 2000;19(3):180–7.

Pierce JP, Distefan JM, Jackson C, White MM, Gilpin EA. Does tobacco marketing undermine the influence of recommended parenting in discouraging adolescents from smoking? *American Journal of Preventive Medicine*. 2002;23(2):73–81.

Sargent JD, Dalton M, Beach M, Bernhardt A, Heatherton T, Stevens M. Effect of cigarette promotions on smoking uptake among adolescents. *Preventive Medicine*. 2000;30(4):320–7.

Sargent JD, Dalton M. Does parental disapproval of smoking prevent adolescents from becoming established smokers? *Pediatrics*. 2001;108(6):1256–62.

Schooler C, Feighery E, Flora JA. Seventh graders' self-reported exposure to cigarette marketing and its relationship to their smoking behavior. *American Journal of Public Health*. 1996;86(9):1216–21.

Simons-Morton B, Haynie DL, Crump AD, Eitel SP, Saylor KE. Peer and parent influences on smoking and drinking among early adolescents. *Health Education & Behavior*. 2001;28(1):95–107.

U.S. Department of Health and Human Services. *Preventing tobacco use among young people: a report of the Surgeon General.* Atlanta, GA: Centers for Disease Control and Prevention; 1994.

Unger JB, Chen X. The role of social networks and media receptivity in predicting age of smoking initiation: a proportional hazards model of risk and protective factors. *Addictive Behaviors*. 1999;24(3):371–81.

Wang MQ. Social environmental influences on adolescents' smoking progression. *American Journal of Health Behavior.* 2001;25(4):418–25.

# Outcome 11

# **Decreased Access to Tobacco Products**

# Indicator Rating ←○○●●→ better

Number	Indicator	Overall quality	Stron evices evaluation evices	Uthing of the state of the stat	Face ver	practice	arcented .
1.11.1	Proportion of successful attempts to purchase tobacco products by young people		\$\$\$ <sup>†</sup>			•	•
1.11.2	Proportion of young people reporting that they have been sold tobacco products by a retailer		\$\$				
1.11.3	Proportion of young people reporting that they have been unsuccessful in purchasing tobacco products from a retailer		\$\$	Ø	•		
1.11.4	Proportion of young people reporting that they have received tobacco products from a social source	<del></del>	\$\$				
1.11.5	Proportion of young people reporting that they purchased cigarettes from a vending machine	<del></del>	\$\$	Ø	0	0	
1.11.6 <sup>NR</sup>	Proportion of young people who believe that it is easy to obtain tobacco products		Ø	Ø	Ø	Ø	$\otimes$

<sup>†□</sup> Denotes low agreement among reviewers: that is, fewer than 75% of the valid ratings for this indicator were within one point of each other (see Appendix B for an explanation).

Denotes no data. □

 $<sup>^{\</sup>text{NR}}$  Denotes an indicator that is not rated (see Appendix B for an explanation).  $\square$ 

<b>Proportion of Su</b>	uccessful Attemp	ts to Pur	chase Tobac	co Produ	icts by Young	g People				
Goal area 1□	Preventing initiatio	n of tobacco	use among you	ing people						
Outcome 11	Decreased access to	Decreased access to tobacco products								
What to measure		The proportion of retailers not in compliance with policies prohibiting the sale of tobacco products to minors								
Why this indicator is useful	Decreasing the rate contribute to a redu				n purchasing tol	pacco may				
Example data source(s)	Substance Abuse ar Checks Information availab					•				
Population group(s)	Tobacco retailers	Tobacco retailers								
Example survey question(s)	Not applicable									
<b>Comments</b> □	Evaluators must co of successful purch (e.g., number, type, purchase attempts purchase tobacco. <sup>2</sup>	ase attempt and locatio	s, including (1) v n of stores), (2) r	variations ir number of s	n the sampling fruccessful and ur	ame nsuccessful				
Rating	Overall quality low  high	Resources needed	Strength of evaluation  evidence	Utility	Face validity	Accepted practice				
	<b>├</b>	\$\$\$ <sup>†</sup>				•				
				<b>←○○</b>	● → better					
	† Denotes low agree indicator were with									

- 1. Rigotti NA, DiFranza JR, Chang Y, Tisdale T, Kemp B, Singer DE. The effect of enforcing tobacco-sales laws on adoles-
- cents' access to tobacco and smoking behavior. *New England Journal of Medicine*. 1997;337:1044–51.

  2. DiFranza JR. Are the federal and state governments complying with the Synar Amendment? *Archives of Pediatrics &* Adolescent Medicine. 1999;153(10):1089-97.

# Indicator 1.11.2

# Proportion of Young People Reporting That They Have Been Sold Tobacco Products by a Retailer

Goal area 1	Preventing initiation of tobacco use among young people □								
Outcome 11	Decreased access to tobacco products								
What to measure	The proportion of young people who report having been sold tobacco products by a retailer in the previous 30 days								
Why this indicator is useful	Even if most retailers in a community comply with laws prohibiting the sale of tobacco to young people and only a few continue to sell tobacco products to minors, young people's access to tobacco products through retail stores may remain unacceptably high. Young smokers will seek out the retailers that are willing to sell to them. Measuring this indicator helps determine the extent to which illegal sales of tobacco to young people are occurring. <sup>1</sup>								
Example data  source(s)	<ul> <li>Youth Tobacco Survey (YTS): CDC Recommended Questions: Core, 2004</li> <li>CDC Youth Risk Behavior Surveillance System (YRBSS), 2003</li> </ul>								
Population group(s)	Young people aged less than 18 years								
Example survey question(s)	From YTS  During the past 30 days, where did you buy the last pack of cigarettes you bought?  ☐ I did not buy a pack of cigarettes during the past 30 days  ☐ A yending machine ☐ A gas station ☐ I bought them over the Internet ☐ A convenience store ☐ Other ☐ A grocery store								
	From YTS and YRBSS  During the past 30 days, how did you usually get your own cigarettes?  I did not smoke cigarettes during the past 30 days someone else  I bought them in a store such as a convenience store, supermarket, discount store, or gas station  I bought them from a vending machine  From YTS and YRBSS  During the past 30 days, how did you usually get your own cigarettes?  I borrowed (or bummed) them from someone else  Someone else  A person 18 years or older gave them to me of the past 30 days  I took them from a store or family member of gave them from a store or family member of the past 30 days  Someone else  I took them from a store or family member of the past 30 days  I gave someone else money to buy them for me								
Comments	None								
Rating □	Overall quality Resources needed evaluation evidence  Strength of evaluation evidence  Strength of evaluation evidence								
	←○○● ◆→ better								

<sup>1. □</sup>Rigotti NA, DiFranza JR, Chang Y, Tisdale T, Kemp B, Singer DE. The effect of enforcing tobacco-sales laws on adolescents' access to tobacco and smoking behavior. New England Journal of Medicine. 1997;337:1044–51.

# Proportion of Young People Reporting That They Have Been Unsuccessful in Purchasing Tobacco Products from a Retailer

	•								
Goal area 1	Preventing initiati	on of tobacco	o use among you	ing people					
Outcome 11	Decreased access to tobacco products								
What to measure	Proportion of young people who report that they were refused sale of cigarettes because of their age during the previous 30 days								
Why this indicator is useful	Measuring this inc enforcement activ								
Example data source(s)	Youth Tobacco Su	rvey (YTS): (	CDC Recommen	ded Questi	ons: Core, 2004				
Population group(s)	Young people age	d less than 18	3 years□						
Example survey question(s)	From YTS  During the past 30 of your age?  ☐ I did not try to ☐ Yes, someone re ☐ No, no one refu	buy cigarette efused to sell	es in a store duri me cigarettes bo	ng the past ecause of m	30 days y age	ase			
Comments	Evaluators may al store, or grocery s				g., gas station, con	nvenience			
Rating	Overall quality low ← → high	Resources needed	Strength of evaluation  evidence	Utility	Face validity	Accepted practice			
	<b>⊢</b>	\$\$	$\bigotimes$	<b>●</b> <sup>†</sup>					
				<b>←</b> ○○	● → better				
	† □Denotes low agr indicator were w ☑ Denotes no data	ithin one poir			75% of the valid ra B for an explanatio				

<sup>1.</sup> Jones SE, Sharp DJ, Husten CG, Crossett LS. Cigarette acquisition and proof of age among US high school students who smoke. *Tobacco Control*. 2002;11:20–5.

# Indicator 1.11.4

# **Proportion of Young People Reporting That They Have Received Tobacco Products from a Social Source**

Preventing initiat	ion of tobacco	use among you	ung people	]				
Decreased access to tobacco products								
Proportion of young people who report getting their cigarettes from a social source such as a friend, family member, or schoolmate during the previous 30 days								
reduces illegal sal	Although increasing enforcement of laws prohibiting the sale of tobacco to minors reduces illegal sales, studies also suggest that more than half of high-school-aged smokers report obtaining cigarettes from social sources. <sup>1</sup>							
	•	,	-		004			
Young people age	ed less than 18	years						
☐ I did not smok ☐ I bought them discount store, ☐ I bought them ☐ I gave someone ☐ I borrowed (or ☐ A person 18 ye ☐ I took them fro	0 days, how do e cigarettes du in a store such or gas station from a vendir e else money to bummed) the ears old or oldom a store or fa	uring the past 30 n as a convenier of the state of the st	0 days nce store, su me ne else					
None								
Overall quality Resources Strength of Utility Face validity    Overall quality   Resources   Strength of   Utility   Face validity   Pace vali								
	Decreased access  Proportion of you as a friend, family  Although increasi reduces illegal sal smokers report of the property	Proportion of young people whas a friend, family member, or so a friend, family member, or gas station a friend, family members and friend, family members and	Proportion of young people who report getting as a friend, family member, or schoolmate during the gast suggest that it is smokers report obtaining cigarettes from social    ▶ Youth Tobacco Survey (YTS): CDC Recommate   ▶ CDC Youth Risk Behavior Surveillance Systems    Young people aged less than 18 years  From YTS and YRBSS  During the past 30 days, how did you usually   □ I did not smoke cigarettes during the past 30   □ I bought them in a store such as a convenient discount store, or gas station   □ I bought them from a vending machine   □ I gave someone else money to buy them for   □ I borrowed (or bummed) them from someon   □ A person 18 years old or older gave them to   □ I took them from a store or family member   □ I got them some other way  None  Overall quality   Resources   needed   Strength of   evaluation   evidence	Decreased access to tobacco products  Proportion of young people who report getting their cigar as a friend, family member, or schoolmate during the prev  Although increasing enforcement of laws prohibiting the sreduces illegal sales, studies also suggest that more than h smokers report obtaining cigarettes from social sources.¹  ▶ Youth Tobacco Survey (YTS): CDC Recommended Qu  ▶ CDC Youth Risk Behavior Surveillance System (YRBSS)  Young people aged less than 18 years  From YTS and YRBSS  During the past 30 days, how did you usually get your ow ☐ I did not smoke cigarettes during the past 30 days ☐ I bought them in a store such as a convenience store, su discount store, or gas station ☐ I bought them from a vending machine ☐ I gave someone else money to buy them for me ☐ I borrowed (or bummed) them from someone else ☐ A person 18 years old or older gave them to me ☐ I took them from a store or family member ☐ I got them some other way  None  Overall quality Resources Strength of evaluation ☐ Utility like the property of	Proportion of young people who report getting their cigarettes from a socia as a friend, family member, or schoolmate during the previous 30 days  Although increasing enforcement of laws prohibiting the sale of tobacco to reduces illegal sales, studies also suggest that more than half of high-school smokers report obtaining cigarettes from social sources.\(^1\)  Youth Tobacco Survey (YTS): CDC Recommended Questions: Core, 20  CDC Youth Risk Behavior Surveillance System (YRBSS), 2003  Young people aged less than 18 years  From YTS and YRBSS  During the past 30 days, how did you usually get your own cigarettes?  I did not smoke cigarettes during the past 30 days  I bought them in a store such as a convenience store, supermarket, discount store, or gas station  I bought them from a vending machine  I gave someone else money to buy them for me  I borrowed (or bummed) them from someone else  A person 18 years old or older gave them to me  I took them from a store or family member  I got them some other way  None  Overall quality  Resources  needed  Strength of  evaluation  evidence			

<sup>1.</sup> Centers for Disease Control and Prevention. Tobacco use and usual source of cigarettes among high school students—United States. *Morbidity and Mortality Weekly Report*. 1996;45(20);413–8.

#### **Proportion of Young People Reporting That They** Purchased Cigarettes from a Vending Machine ☐ Goal area 1 Preventing initiation of tobacco use among young people □ Outcome 11 Decreased access to tobacco products What to measure The proportion of young people who usually purchased their cigarettes from a vending machine during the previous 30 days Why this indicator □ Accessible vending machines provide virtually unrestricted access to cigarettes and can be used by even the youngest children. As of 2004, 46 states and the District of Columbia is useful restricted minors' access to tobacco through vending machines, and 30 states and the District of Columbia banned vending machines in locations that are accessible to young people.1 Example data ▶ Youth Tobacco Survey (YTS): CDC Recommended Questions: Core, 2004 source(s) CDC Youth Risk Behavior Surveillance System (YRBSS), 2003 Population group(s) Young people aged less than 18 years **Example survey** From YTS question(s) During the past 30 days, where did you buy the last pack of cigarettes you bought? ☐ I did not buy a pack of cigarettes ☐ A grocery store during the past 30 days ☐ A drugstore ☐ A gas station ☐ A vending machine ☐ A convenience store ☐ I bought them over the Internet From YTS and YRBSS During the past 30 days, how did you usually get your own cigarettes? ☐ I did not smoke cigarettes during ☐ I borrowed (or bummed) them from the past 30 days someone else ☐ I bought them in a store such as a ☐ A person 18 years or older gave them to me convenience store, supermarket, ☐ I took them from a store or family member discount store, or gas station ☐ I got them some other way ☐ I bought them from a vending ☐ I gave someone else money to buy machine them for me **Comments** None **Rating Overall quality** Resources Strength of Utility **Face validity** Accepted needed evaluation evidence \$\$ **←**○○● better Denotes no data.

<sup>1. ©</sup>Centers for Disease Control and Prevention. State Tobacco Activities Tracking and Evaluation (STATE) system. Atlanta, GA: Centers for Disease Control and Prevention. Online database. Available from: http://www.cdc.gov/tobacco/statesystem. Accessed February 2005.

# Indicator 1.11.6NR

# Proportion of Young People Who Believe That It Is Easy to Obtain Tobacco Products

Goal area 1	Preventing initiat	on of tobacco	o use among you	ing people	]			
Outcome 11	Decreased access	to tobacco pr	oducts					
What to measure	The degree to who	ch young pe	ople believe that	t it is easy or	r difficult to obta	nin		
Why this indicator□ is useful□	the perception am people perceive the	Changing the social norms regarding tobacco use by young people requires changing the perception among young people that tobacco products are easily obtained. If young people perceive that obtaining tobacco products is difficult, they are less likely to try to obtain such products. <sup>1</sup>						
Example data □ source(s) □	California Youth Information availa Evaluation_Resou	able at: http:			/ccb/TCS/html/			
Population group(s)	Young people age	d less than 1	8 years□					
Example survey question(s)	From CA YTS  Do you think it w  ☐ Easy ☐ Hard	ould be easy □ Don't k	or hard for you now/Not sure	to get cigare □ Refused	ettes if you want	ed some?		
Comments	This indicator was is available. See A				nerefore, no ratir	ng information		
Rating □	Overall quality low  high	Resources needed	Strength of evaluation  evidence	Utility	Face validity	Accepted practice		
		$\bigotimes$	$\bigotimes$	$\bigotimes$	$\bigotimes$	$\bigotimes$		
				<b>←</b> ○○	● → better			
	Denotes no data	a.						

 $<sup>^{\</sup>mbox{\scriptsize NR}}$  Denotes an indicator that is not rated (see Appendix B for an explanation).

<sup>1.</sup> Gilpin EA, Lee L, Pierce JP. Does adolescent perception of difficulty in getting cigarettes deter experimentation? *Preventive Medicine*. 2004;38(4):485–91.

# **Increased Price of Tobacco Products**

Studies show an inverse relationship between cigarette price and smoking prevalence by young people and adults. Increasing state or local excise taxes on cigarettes is an effective method of increasing the real price of cigarettes. However, maintaining higher real prices requires further tax increases to offset the effects of inflation and industry practices designed to control retail product prices. Recent efforts to offset industry pricing practices have focused on supporting minimum retail pricing laws. Econometric studies show price elasticity for tobacco use among adolescents of –0.76, which means that a 10% increase in price would result in a 7.6% decrease in tobacco use. In addition, to directly motivate people to quit or not start tobacco use, price increases can indirectly reduce tobacco use if a portion of the excise tax revenue is dedicated to the state's tobacco control program.

Although young people usually start using tobacco by first experimenting with cigarettes, some begin by experimenting with other tobacco products such as spit tobacco (smokeless), bidis, small cigars, and loose tobacco (roll-your-own). All tobacco products are taxed. To prevent tobacco users from shifting to cheaper tobacco products, increasing taxes on all tobacco products is important.<sup>5</sup> Tax increases on tobacco products increase the real price of tobacco products and thus reduce young people's demand for such products.

Listed below is the indicator associated with this outcome:

▶ **1.12.1** Amount of tobacco product excise tax

- 1. U.S. Department of Health and Human Services. *Preventing tobacco use among young people: a report of the Surgeon General*. Atlanta, GA: Centers for Disease Control and Prevention; 1994.
- 2. Feighery EC, Ribisl KM, Clark PI, Haladjian HH. How tobacco companies ensure prime placement of their advertising and products in stores: interviews with retailers about tobacco company incentive programmes. *Tobacco Control*. 2003;12:184–8.
- 3. Bloom PN. Role of slotting fees and trade promotions in shaping how tobacco is marketed in retail stores. *Tobacco Control.* 2001;10(4):340–4.
- 4. Task Force on Community Preventive Services. The guide to community preventive services: tobacco use prevention and control. *American Journal of Preventive Medicine*. 2001;20(Suppl 2):1–88.
- 5. U.S. Department of Health and Human Services. *Reducing tobacco use: a report of the Surgeon General.* Atlanta, GA: Centers for Disease Control and Prevention; 2000.

# For Further Reading

Gratias EJ, Krowchuk DP, Lawless MR, Durant RH. Middle school students' sources of acquiring cigarettes and requests for proof of age. *Journal of Adolescent Health*. 1999;25(4):276–83.

Ringel J, Pacula RL, Wasserman J. *Youth access to cigarettes: results from the 1999 National Youth Tobacco Survey.* Legacy First Look Report 10. Washington, DC: American Legacy Foundation; 2000.

U.S. Centers for Disease Control and Prevention. Responses to cigarette prices by race/ethnicity, income, and age groups—United States, 1976–1993. *Morbidity and Mortality Weekly Report*. 1998;47(29):605–9.

# **Increased Price of Tobacco Products**

# Indicator Rating ←○○ ● ● → better

Number	Indicator	Overall quality	Street enatures	Unit idence	Face v	practic	and the desired
1.12.1	Amount of tobacco product excise tax		\$	•	•	•	

# Indicator 1.12.1

Amount of Toba	cco Product Ex	cise Tax						
Goal area 1	Preventing initiat	ion of tobacc	o use among you	ıng people				
Outcome 12	Increased price of	tobacco prod	ducts					
What to measure	(1) The state excis				ercentage of the	total price		
Why this indicator□ is useful□	Increasing tax on tobacco products reduces tobacco consumption and prevalence, especially among the most price-sensitive populations (e.g., young people). <sup>1,2</sup> Increasing cigarette excise taxes is an effective method of increasing the real price of cigarettes, although maintaining high prices requires further tax increases to offset the effects of inflation. <sup>1,2</sup>							
Example data  source(s)	<ul><li>CDC State Tol Data available and "cigarette</li></ul>	at: http://w	es Tracking and ww.cdc.gov/tob					
	<ul> <li>▶ Campaign For Tobacco-Free Kids (CTFK) □</li> <li>Information available at: http://tobaccofreekids.org/research/factsheets □</li> </ul>							
	State departm		•	σ,	,			
Population group(s)	Not applicable. This indicator is best measured by tracking and monitoring state excise taxes on tobacco products.							
Example survey question(s)	Not applicable							
<b>Comments</b> □	States can also inc scanner data (obta on product price, collection can be p	ained from pa brand, and p	roduct bar codes	), which pr	ovide informatio	on Ö		
	To gather more co other tobacco pro tobacco (roll-your	ducts such as						
Rating	Overall quality low ← → high	Resources needed	Strength of evaluation □ evidence	Utility	Face validity	Accepted practice		
		\$						
				<b>←</b> ○○	● → better			

- 1. LU.S. Department of Health and Human Services. *Preventing tobacco use among young people: a report of the Surgeon General.* Atlanta, GA: Centers for Disease Control and Prevention; 1994.
- 2. ☐Task Force on Community Preventive Services. The guide to community preventive services: tobacco use prevention and control. *American Journal of Preventive Medicine*. 2001;20(Suppl 2):1–88.

# **Reduced Initiation of Tobacco Use by Young People**

Tobacco use begins primarily during adolescence, decades earlier than when the death and disability associated with tobacco use are likely to occur. Few people begin to use tobacco as adults; almost 90% of adult smokers began by age 18 years. The earlier young people begin using tobacco products, the more likely they are to use them as adults and the longer they are likely to be users. Both the duration and amount of tobacco use are related to eventual chronic health problems, with duration posing the stronger risk. The processes of nicotine addiction further ensure that many of today's adolescent smokers will use tobacco regularly when they are adults.

Listed below are the indicators associated with this outcome:

- ▶ 1.13.1 Average age at which young people first smoked a whole cigarette
- ▶ 1.13.2 Proportion of young people who report never having tried a cigarette

- 1. U.S. Department of Health and Human Services. *Preventing tobacco use among young people: a report of the Surgeon General*. Atlanta, GA: Centers for Disease Control and Prevention; 1994.
- 2. Jackson C, Dickinson D. Cigarette consumption during childhood and persistence of smoking through adolescence. *Archives of Pediatrics & Adolescent Medicine*. 2004;158:1050–6.
- 3. Doll R, Peto R. Cigarette smoking and lung cancer: dose and time relationships among regular smokers and lifelong non-smokers. *Journal of Epidemiology and Community Health*. 1978;32(4):303–13.
- 4. Flanders DW, Lally CA, Ahu BP, Henley J, Thun MJ. Lung cancer mortality in relation to age, duration of smoking, and daily cigarette consumption: results from Cancer Prevention Study II. *Cancer Research*. 2003;63:6556–62.

# Outcome 13

# **Reduced Initiation of Tobacco Use by Young People**

# Indicator Rating ←○○●●→ better

Number	Indicator	Overall quality	Strein elles	Juli of moe	Face	practice	angented .
1.13.1	Average age at which young people first smoked a whole cigarette		\$\$	•	•	•	•
1.13.2	Proportion of young people who report never having tried a cigarette		\$\$	•	•	•	•

# Indicator 1.13.1 □

Average Age at	Which Young Pe	eople First	Smoked a V	Whole Cig	jarette					
Goal area 1	Preventing initiat	ion of tobacco	use among you	ang people						
Outcome 13	Reduced initiation	n of tobacco u	se by young pe	ople						
What to measure	The average age a	it which your	ng smokers first	smoked a w	hole cigarette					
Why this indicator□ is useful□	The age at which someone first smokes a whole cigarette is significantly related to that person's long-term smoking habits. The younger people are when they start using tobacco, the more likely they are to use tobacco products as adults. <sup>1</sup>									
Example data □ source(s) □	<ul> <li>➤ Youth Tobacco Survey (YTS): CDC Recommended Questions: Core, 2004</li> <li>➤ CDC Youth Risk Behavior Surveillance System (YRBSS), 2003</li> </ul>									
Population group(s)	Young people age	Young people aged less than 18 years								
Example survey question(s)	From YTS and YRBSS  How old were you when you smoked a whole cigarette for the first time?  ☐ I have never smoked cigarettes ☐ 8 years or younger ☐ 9 or 10 years ☐ 11 or 12 years ☐ 13 or 14 years ☐ 15 or 16 years ☐ 17 years or older									
Comments □	To gather more complete data on tobacco use, evaluators can also ask questions about the use of other tobacco products such as spit tobacco (smokeless), bidis, small cigars, and loose tobacco (roll-your-own).									
Rating	Overall quality low ← → high	Resources needed \$\$	Strength of evaluation = evidence	Utility	Face validity	Accepted practice				
				<b>←○○</b>	● → better					

<sup>1.</sup> LU.S. Department of Health and Human Services. *Preventing tobacco use among young people: a report of the Surgeon General.* Atlanta, GA: Centers for Disease Control and Prevention; 1994.

# Indicator 1.13.2

<b>Proportion of Yo</b>	oung People Wh	o Report N	lever Having	Tried a (	Cigarette				
Goal area 1	Preventing initiat	ion of tobacco	o use among you	ing people					
Outcome 13	Reduced initiation	n of tobacco u	ise by young peo	ople					
What to measure	Proportion of you	Proportion of young people who have never tried a cigarette, not even one or two puffs□							
Why this indicator is useful		Reducing the number of minors who experiment with tobacco will decrease the number who become established smokers. <sup>1</sup>							
Example data □ source(s) □		<ul> <li>Youth Tobacco Survey (YTS): CDC Recommended Questions: Core, 2004</li> <li>CDC Youth Risk Behavior Surveillance System (YRBSS), 2003</li> </ul>							
Population group(s)	Young people age	Young people aged less than 18 years							
Example survey question(s)	From YTS and YRBSS Have you ever tri □ Yes □ No	ed cigarette s	moking, even or	ne or two pu	ıffs?				
<b>Comments</b> □	the use of other to	To gather more complete data on tobacco use, evaluators can also ask questions about the use of other tobacco products such as spit tobacco (smokeless), bidis, small cigars, and loose tobacco (roll-your-own).							
Rating □	Overall quality low ← high	Resources needed	Strength of evaluation  evidence	Utility	Face validity	Accepted practice			
		\$\$							
	←○ ○ ● ◆ → better								

<sup>1.</sup> LU.S. Department of Health and Human Services. *Preventing tobacco use among young people: a report of the Surgeon General.* Atlanta, GA: Centers for Disease Control and Prevention; 1994.

# **Reduced Tobacco-use Prevalence Among Young People**

Smoking by young people is associated with serious health problems, such as reduced lung capacity and physical fitness. Smoking by young people also increases the likelihood that they will continue to smoke through adulthood, increasing their risk of tobacco-related diseases such as lung and other cancers, heart disease, and emphysema. And emphysema.

Because the number of years of cigarette smoking produces a greater risk of disease than the number of cigarettes smoked per day, it is critically important to work on both preventing young people from starting to smoke and increasing the number and percentage of young smokers who quit.<sup>4,5</sup>

Listed below are the indicators associated with this outcome:

- ▶ 1.14.1 Prevalence of tobacco use among young people
- ▶ 1.14.2 Proportion of established young smokers

## References

- 1. [U.S. Department of Health and Human Services. *Preventing tobacco use among young people: a report of the Surgeon General.* Atlanta, GA: Centers for Disease Control and Prevention; 1994.
- 2. Jackson C, Dickinson D. Cigarette consumption during childhood and persistence of smoking through adolescence. *Archives of Pediatrics & Adolescent Medicine*. 2004;158(11):1050–6.
- 3. [U.S. Department of Health and Human Services. *The health consequences of smoking: a report of the Surgeon General.* Atlanta, GA: Centers for Disease Control and Prevention; 2004.
- 4. Doll R, Peto R. Cigarette smoking and lung cancer: dose and time relationships among regular smokers and lifelong non-smokers. *Journal of Epidemiology and Community Health*. 1978;32(4):303–13.
- 5. Flanders DW, Lally CA, Ahu BP, Henley J, Thun MJ. Lung cancer mortality in relation to age, duration of smoking, and daily cigarette consumption: results from Cancer Prevention Study II. *Cancer Research*. 2003;63(19):6556–62.

## For Further Reading

Centers for Disease Control and Prevention. *Targeting tobacco use: the nation's leading cause of death, 2004* [At a Glance]. Atlanta, GA: Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion; 2004. Available from: http://www.cdc.gov/nccdphp/aag/aag\_osh.htm. Accessed March 2005.

Centers for Disease Control and Prevention. Projected smoking-related deaths among youth—United States. *Morbidity and Mortality Weekly Report*. 1996;45(44):971–4.

U.S. Department of Health and Human Services. *Women and smoking: a report of the Surgeon General.* Rockville, MD: U.S. Department of Health and Human Services, Public Health Service, Office of the Surgeon General; 2001.

# **Reduced Tobacco-use Prevalence Among Young People**

# Indicator Rating ←○○● ◆→ better

Number	Indicator	Overall quality	evaluation evi-	Unit idence	Face N	practice	accepted
1.14.1	Prevalence of tobacco use among young people		\$\$				
1.14.2	Proportion of established young smokers		\$\$	•	•	•	•

# Indicator 1.14.1

Prevalence of To	obacco Use Am	ong Young	People						
Goal area 1	Preventing initiat	ion of tobacco	o use among you	ung people					
Outcome 14	Reduced tobacco-use prevalence among young people								
What to measure	Proportion of you previous 30 days	Proportion of young people who have smoked on at least 1 day during the previous 30 days <sup>1</sup>							
Why this indicator is useful	Reducing tobacco	Reducing tobacco use among young people decreases their chances of smoking as adults. <sup>2</sup>							
Example data □ source(s) □		<ul> <li>Youth Tobacco Survey (YTS): CDC Recommended Questions: Core, 2004</li> <li>CDC Youth Risk Behavior Surveillance System (YRBSS), 2003</li> </ul>							
Population group(s)	Young people age	Young people aged less than 18 years							
Example survey question(s)	During the past 3  ☐ 0 days	From YTS and YRBSS  During the past 30 days, on how many days did you smoke cigarettes?  □ 0 days □ 1 or 2 days □ 3 to 5 days □ 6 to 9 days  □ 10 to 19 days □ 20 to 29 days □ All 30 days							
<b>Comments</b> □	Evaluators may also want to collect data on young people who ever smoked a cigarette and young people who frequently smoke.  To gather more complete data on tobacco use, evaluators can also ask questions about the use of other tobacco products such as spit tobacco (smokeless), bidis, small cigars, and loose tobacco (roll-your-own).								
Rating	Overall quality low  high	Resources needed	Strength of evaluation  evidence	Utility	Face validity	Accepted practice			
		\$\$							
				<b>←</b> ○○	● → better				

- 1. ICenters for Disease Control and Prevention. Cigarette use among high school students—United States, 1991–2003. *Morbidity and Mortality Weekly Report*. 2004;53(23):499–502.
- 2. U.S. Department of Health and Human Services. *Preventing tobacco use among young people: a report of the Surgeon General.* Atlanta, GA: Centers for Disease Control and Prevention; 1994.

<b>Proportion of Es</b>	stablished Youn	g Smokers	<b>3</b>						
Goal area 1	Preventing initiat	tion of tobacco	use among you	ıng people					
Outcome 14	Reduced tobacco	-use prevalen	ce among young	g people					
What to measure	Proportion of you	ang people wł	no smoked 100 c	rigarettes or	more during the	eir lifetimes¹			
Why this indicator is useful	Young people when to cigarettes and				c of becoming ac	ldicted			
Example data  source(s)		<ul> <li>Youth Tobacco Survey (YTS): CDC Recommended Questions: Core, 2004</li> <li>CDC Youth Risk Behavior Surveillance System (YRBSS), 2003</li> </ul>							
Population group(s)	Young people age	ed less than 18	3 years						
Example survey question(s)	From YTS and YRBSS  During the past 30 days, on how many days did you smoke cigarettes?  0 days								
<b>Comments</b> □	To gather more complete data on tobacco use, evaluators can also ask questions about the use of other tobacco products such as spit tobacco (smokeless), bidis, small cigars, and loose tobacco (roll-your-own).								
Rating □	Overall quality	Resources needed	Strength of evaluation  evidence	Utility	Face validity	Accepted practice			
		\$\$	•			•			
				<b>←</b> ○○					

- 1. © Centers for Disease Control and Prevention. Cigarette use among high school students—United States, 1991–2003. *Morbidity and Mortality Weekly Report*. 2004;53(23):499–502.
- 2. LU.S. Department of Health and Human Services. *Preventing tobacco use among young people: a report of the Surgeon General.* Atlanta, GA: Centers for Disease Control and Prevention; 1994.