

FOOD AND DRUG ADMINISTRATION
CENTER FOR DRUG EVALUATION AND RESEARCH

MEETING OF THE
ARTHRITIS ADVISORY COMMITTEE

8:00 a.m

Tuesday, September 30, 2003

Versailles Ballroom
Holiday Inn
8120 Wisconsin Avenue
Bethesda, Maryland

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ALSO PRESENT:

BILL FREIMUTH, M.D., PH.D.
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C O N T E N T S

Systemic Lupus Erythematosus Concept Paper

* * *

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P R O C E E D I N G S

(8:00 a.m.)

DR. WILLIAMS: We welcome you all to this session of the Arthritis Advisory Committee meeting. I'm Jim Williams and I've been asked to act as chair today.

We'd like to begin by introducing the members of the committee, and we'll start with Richard and move around this way.

DR. LOONEY: I'm John Looney, University of Rochester, rheumatologist.

DR. HARDIN: John Hardin, Albert Einstein College of Medicine, Division of Rheumatology.

DR. DOOLEY: Mary Anne Dooley, University of North Carolina, Chapel Hill, dermatologist.

DR. ALARCON: Graciela Alarcon, University of Alabama at Birmingham, rheumatologist.

DR. PISETSKY: David Pissetsky, rheumatologist, Duke University.

DR. GIBOFSKY: Allan Gibofsky, rheumatologist, Hospital for Special Surgery, Cornell.

DR. HOFFMAN: Gary Hoffman, rheumatology, Cleveland Clinic.

DR. ANDERSON: Jennifer Anderson, statistician, Boston University.

DR. WILLIAMS: Jim Williams, rheumatologist,

1 University of Utah.

2 DR. CALLAHAN: Leigh Callahan, outcomes
3 researcher, epidemiologist, University of North Carolina,
4 Chapel Hill.

5 MS. McBRIAR: Wendy McBriar, Director of
6 Arthritis Services, Virtua Health, consumer rep.

7 DR. MANZI: Susan Manzi, rheumatologist,
8 University of Pittsburgh.

9 DR. ILOWITE: Norman Ilowite, pediatric
10 rheumatologist, Schneider Children's Hospital and Albert
11 Einstein College of Medicine.

12 DR. DAVIS: John Davis, rheumatologist,
13 University of California, San Francisco.

14 DR. DIAMOND: Betty Diamond, Albert Einstein
15 College of Medicine.

16 DR. BUYON: Jill Buyon, New York University
17 School of Medicine, Hospital for Joint Diseases,
18 rheumatologist.

19 DR. WALLACE: Dan Wallace, rheumatologist,
20 Cedars-Sinai, UCLA.

21 DR. SIEGEL: Jeff Siegel, Division of Clinical
22 trials, FDA.

23 DR. SCHIFFENBAUER: Joel Schiffenbauer, FDA,
24 Division of Analgesic, Anti-inflammatory, and Ophthalmic
25 Drug Products.

1 DR. SIMON: Lee Simon, rheumatologist and
2 Director of the same division, FDA.

3 DR. WILLIAMS: We'll ask Kimberly Littleton
4 Topper to read our conflict of interest statement.

5 MS. TOPPER: The following announcement
6 addresses the issue of conflict of interest with respect to
7 this meeting and is made a part of the record to preclude
8 even the appearance of such at this meeting.

9 The committee will discuss the proposed
10 systemic lupus erythematosus (SLE) concept paper, a
11 preliminary discussion for creating a guidance for
12 development of drugs, biologics, and devices for the
13 treatment of SLE. The committee will also discuss the
14 section concerning clinical trial design.

15 The topic of today's meeting is an issue of
16 particular matter of broad applicability. Unlike issues
17 before a committee in which a particular product is
18 discussed, issues of particular matters of broader
19 applicability involve many industrial sponsors and academic
20 institutions.

21 All special government employees have been
22 screened for their financial interests as they may apply to
23 the general topics at hand. Because they have reported
24 interests in pharmaceutical companies, the Food and Drug
25 Administration has granted general matters waivers of broad

1 applicability to the following SGEs which permits them to
2 participate in today's discussions: Drs. Jill Buyon, Betty
3 Diamond, Mary Anne Dooley, R. John Looney, Susan Manzi,
4 Joan Merrill, Daniel Wallace, and Michael Weisman.

5 A copy of the waiver statements may be obtained
6 by submitting a written request to the Freedom of
7 Information Office, room 12A-30 of the Parklawn Building.

8 Because general topics could involve so many
9 firms and institutions, it is not prudent to recite all
10 potential conflicts of interest, but because of the general
11 nature of today's discussion, these potential conflicts are
12 mitigated.

13 In the event that the discussions involve any
14 other products or firms not already on the agenda for which
15 an FDA participant has a financial interest, the
16 participants' involvement and their exclusion will be noted
17 for the record.

18 With respect to all other participants, we ask
19 in the interest of fairness that they address any current
20 or previous financial involvement with any firms whose
21 products they may wish to comment upon.

22 Thank you.

23 We also have a person connected by telecon.

24 Dr. Liang?

25 DR. LIANG: Yes.

1 MS. TOPPER: Would you introduce yourself,
2 please?

3 DR. LIANG: I'm Matthew Liang, a rheumatologist
4 from Harvard Medical School.

5 DR. WILLIAMS: Thank you.

6 We'll now turn the time to Lee Simon who will
7 give us our charge and an overview.

8 DR. SIMON: Thank you and good morning and
9 welcome to our second day. We certainly had an
10 entertaining day yesterday, although quite demanding in
11 both time and attention. I hope you all had a good night
12 rest and a good dinner so that you could prepare and be
13 fortified for the discussion this morning.

14 We discussed and reviewed some of the issues
15 regarding pivotal trial design, looking at some of the
16 questions that we entitled "state of the art" yesterday,
17 and then we also discussed and reviewed the issue of
18 claims, as well as the issue of surrogate markers and how
19 they might be applied as pivotal approvals for accelerated
20 approval programs with phase IV commitments.

21 What became clear to some of us yesterday was
22 that we all need to remember in discussing today when we
23 revisit some of the issues, particularly related to trial
24 design, that there are differences between the issue of
25 regulatory approval and clinical practice. I cannot

1 underline how important it is for us to think in the
2 context of regulatory approval and not how we practice
3 medicine. Although it is nice when they are congruent, it
4 is not required that they be congruent. The bar for
5 regulatory approval cannot be set in a way that it is
6 impossible to achieve and it is not necessarily standard of
7 care.

8 I remind you all that the ACR-20 in its
9 applicability to rheumatoid arthritis is not a very high
10 bar. It was created at a time when the best we had were IM
11 gold, not well studied, and nonsteroidal anti-inflammatory
12 drugs. The reality is we're not in a dissimilar position
13 today. Although we might want to have the ACR-50 presently
14 be the bar for approval in rheumatoid arthritis, that is
15 only because we've had the ACR-20 which allowed us to see
16 the discriminate ways that drugs behave between what we
17 achieve with the ACR-20 and what we might want to achieve
18 with the ACR-50.

19 Of course, we all want to cause remission and
20 to cure our patients, but we are very nascent in this
21 particular arena and we need to remember what that bar
22 needs to be so that we can actually precipitate, engender,
23 and interest interested people in wading into the field.

24 Under those circumstances, I implore you and
25 ask you to think about that as we discuss the trial design

1 issues and what it would really take for approval. So I
2 ask you to think about the issues of pivotal approval.
3 What we're looking at here is not phase I and phase II
4 trials, although that is important, and in fact, we will
5 talk a little bit about those issues because those are
6 issues that decide dose and proof of concept and how one
7 wants to look at certain issues in phase III. But it's the
8 phase III design which actually is sent to us not in
9 exclusion of the totality of the evidence, but it is the
10 phase III designs that we use to determine whether or not
11 approval will be awarded.

12 So certain things happened yesterday that we
13 became confused about, and I'd like to highlight those and
14 ask us to think about them as we go through the trial
15 design discussions led by Joel Schiffenbauer and then the
16 discussions afterwards.

17 The first that we are not clear about is the
18 issue of signs and symptoms. We discussed the issues of
19 lumping and splitting yesterday, but I'm still not sure and
20 we're still not sure whether or not signs and symptoms are
21 something that we want to pursue a la the signs and
22 symptoms of lupus and you get approved for that. And it's
23 not clear what the components of this indication would be.

24 What would you have to prove to achieve that particular
25 indication if in fact it should stand? And how would we

1 measure that?

2 In that context, there was a long discussion
3 intermittently and repetitively about disease activity
4 indices and their applicability. We became quite confused
5 about that because some of us heard that a DAI could be a
6 standalone and thus demonstrate overall disease activity
7 and thus perhaps could be applicable for signs and
8 symptoms.

9 But then we also heard that there's a hierarchy
10 of the utility of these disease activity indices where
11 BILAG seemed to be somewhat more flexible and better than
12 SLAM and SLAM was somewhat better in certain circumstances
13 than SLEDAI, but everybody seemed to have a different
14 opinion about the SLAM and SLEDAI and where you would apply
15 it and how it would be utilized.

16 Furthermore, we weren't sure that everybody
17 concurred that perhaps there needed to be two disease
18 activity indices used, not just one, although we heard that
19 also repetitively through the day.

20 So I would ask us to think about that
21 particular issue in trial design, and if that was the case,
22 what would be the pivotal measure? What would be the
23 primary measure? Would there be co-primaries or would
24 there be one primary and one secondary and the secondary
25 couldn't worsen? What would you have to win on to then win

1 approval?

2 Now, in the context of pivotal trial designs
3 and pivotal measures for primary approval, we're unclear.
4 We think we heard in a splitters' camp that whatever the
5 sponsor would suggest, for example, the arthritis of
6 systemic lupus, that that would distinguish it from
7 systemic lupus. We heard that there was not a lot of
8 enthusiasm for a drug to treat lupus as opposed to
9 components of lupus, which may be a temporal issue.
10 Perhaps we're not there yet that we're comfortable with
11 understanding all of the biology of the disease, thus all
12 of its manifestations, and we're not entirely sure that
13 there is yet a drug that could address at the same time
14 thrombotic issues, CNS lupus, nephritis, and the signs and
15 symptoms such as arthritis and rash and fever all at the
16 same time and thus getting the acronym, the treatment of
17 systemic lupus.

18 So we'd like to reiterate and concur with you
19 that in fact you do want to go the route of per whatever
20 the sponsor wants and allow them to demonstrate what their
21 measurements will be, determine what their methods of
22 outcome would be, and if they win, they get that approval.

23 Then finally, in the discussion of surrogates
24 and accelerated approval, we were not clear about what the
25 outcome of that discussion was. Some of us heard that

1 there was enthusiasm for a composite outcome, perhaps for
2 example, antibodies to double-stranded DNA in the context
3 of proteinuria and an active urinary sediment and perhaps a
4 change in urinary creatinine clearance that would not
5 worsen, perhaps even improve, but certainly not worsen.
6 And that, in association with a quality of life indicator
7 and perhaps a disease activity index, could lead to an
8 accelerated approval and then a phase IV commitment for
9 clinical linkage.

10 We also heard that people were uncomfortable
11 with the more traditional measures that people have used
12 such as serum creatinine and that the length of time it
13 would take to lead to change that was consistent and then
14 showing differences in end-stage renal disease development.
15 I remind the committee that the agency in the past has
16 considered doubling of serum creatinine as a link to
17 increased risk for end-stage renal disease. One of the
18 reasons why that shows up in the document is because that's
19 been a tried and true methodology of studying that
20 particular patient.

21 We don't believe that that's actually a good
22 temporal approach. It takes a long time, as had been
23 mentioned in the open public forum, and we were looking for
24 some other measures that would allow us to gain an
25 understanding in a shorter period of time to allow the

1 sponsors to approach trials that would not last 2 to 3
2 years. We were hoping we could do something in 6 months to
3 a year and then link that to a subsequent postmarketing
4 study that might go on longer.

5 I don't know how you all think about that today
6 because some of us heard that you were not enthusiastic
7 about that either, that even in the composite approach,
8 that you were a little uncomfortable with the implications
9 of that.

10 We were charged yesterday by some of the other
11 speakers to think about taking risks. In the context of
12 safety, of course, we don't want to take too many risks,
13 but at the same time, we need to be at a place in our
14 development programs to allow the sponsors some latitude so
15 that we can understand and learn about the disease, we can
16 stimulate risk-taking in our colleagues in industry and
17 otherwise, and perhaps learn something about this disease.

18 So I ask you all to take off a little bit of
19 your clinicians' hats, put on a little bit of your trial
20 design hats as we go into the next part of this discussion
21 and think about trial design development, the implications
22 of pivotal trial designs, the implications of primary
23 outcomes, how to identify them and what we will do with
24 them in the context of drug approval.

25 Thank you, Mr. Chairman.

1 DR. WILLIAMS: Thank you, Dr. Simon.

2 We'll now hear from Dr. Joel Schiffenbauer, and
3 he'll be our first presenter.

4 DR. SCHIFFENBAUER: Good morning. The topic
5 for this morning's discussion is trial design issues in
6 lupus, and my name is Joel Schiffenbauer.

7 SLE is a disorder that may wax and wane with
8 and without therapy, making determination of the efficacy
9 and safety of new therapies difficult. The use of
10 potentially toxic medication requires rigorous study design
11 to demonstrate clear evidence of efficacy and safety. The
12 challenge this morning is to present approaches about study
13 design to hopefully address some of these concerns.

14 This is a list of the topics that I'm going to
15 try and get through. I won't read through these, but let
16 me just go right into the first topic, choice of endpoints.

17 The primary consideration in any efficacy trial
18 design is what is the trial design to show and therefore
19 the design will depend on the claims sought. So, for
20 example, some of the endpoints that were discussed
21 yesterday include an organ-specific endpoint, signs and
22 symptoms, a flare endpoint, and then other endpoints such
23 as steroid-sparing or surrogate endpoints.

24 I've listed here some of the advantages and
25 disadvantages to these approaches. Some of this was

1 discussed yesterday, so I won't spend too much time going
2 over it, but I'd just like to make a few points in this
3 regard.

4 The first endpoint would be some measure of
5 disease activity using a disease activity index. The
6 advantages to this approach is that it allows a recruitment
7 of adequate numbers of patients. However, a disadvantage
8 that I don't think was mentioned yesterday is that there is
9 potential for imbalance in disease manifestations in
10 treatment and control groups based on analysis by indices,
11 and that would be of concern in data analysis.

12 The second endpoint is a flare design. Again,
13 that would allow recruitment of sufficient numbers of
14 patients and may also reduce time of under-treatment or
15 partial treatment. Again, it's problematic for analysis if
16 flares differ in the treatment and control groups.

17 The third endpoint and perhaps the most
18 straightforward is the organ-specific endpoint analyzing a
19 single organ in a single trial. This allows for a
20 homogeneous population as well as well-defined outcomes,
21 but of course, may make recruitment of adequate numbers of
22 individuals more difficult.

23 And lastly, I'd like to propose the organ-
24 specific outcome but stratified by organ. So in this trial
25 design, a single trial could recruit individuals with

1 renal, skin, joint disease, and have each organ stratified.
2 This will tend to improve the power while maintaining the
3 homogeneity of the two treatment groups. However, it may
4 increase complexity of analyses.

5 Having decided on the approach, the next step
6 would be to decide whether you want to look at individuals
7 with active or inactive disease, and then under each of
8 those headings, whether the individual is treated and
9 active disease such as a partial or a non-responder or
10 untreated and active disease such as an individual naive to
11 any therapy. Likewise, for inactive disease, whether
12 that's inactive due to treatment on some dose of steroids
13 or inactive and untreated.

14 This will then determine the endpoints that
15 will be considered for the trial. So for an individual
16 with active disease, one could study a disease activity
17 measure, either an index or organ-specific endpoint. One
18 can look at a responder index, and in this regard an
19 example I give is some combination of disease activity
20 measure, health-related quality of life, damage, and
21 steroid dose, and any other measures so desired. Or
22 alternatively, a steroid dose or concomitant medication
23 dose could be the endpoint.

24 For inactive disease, most likely the endpoint
25 would be flare, either time to, number of, or rate of, or

1 again, it could be a steroid dose or concomitant medication
2 dose.

3 Whatever endpoints are chosen, there are two
4 questions that need to be addressed. What changes are
5 considered clinically meaningful and what constitutes a
6 successful outcome? And we'd ask the committee to address
7 some of those concerns in the questions this morning.

8 I've tried to summarize everything I just said
9 in this relatively simple two-by-two table. So across the
10 top, I have the disease activity active or inactive, and
11 across the side, the two basic outcome endpoint measures,
12 organ-specific or signs and symptoms. So for a study
13 designed to look at an organ-specific outcome in active
14 lupus patients, the endpoints could be a disease activity
15 measure specific for that organ, a responder index or a
16 steroid dose, or if the study is designed to look at an
17 organ-specific outcome in inactive lupus patients, a flare
18 design or maintenance design, which would be similar to the
19 flare design, or a steroid dose or steroid-sparing would be
20 appropriate outcomes.

21 For signs and symptoms in active lupus
22 patients, the outcomes could be a disease activity index of
23 your choice or steroid dose, and for signs and symptoms in
24 inactive lupus patients, a flare, maintenance, or steroid
25 dose would be the appropriate outcome measures.

1 I'd like to spend a few slides just mentioning
2 some issues about flare design, and some of these questions
3 were addressed yesterday. But the question is, what
4 reduction in flare rate would be considered clinically
5 meaningful in the context of adverse events? Are all
6 flares equal, renal versus joints as an example? We
7 touched on this yesterday. And lastly, should a new
8 therapy be asked to address the treatment of active
9 disease, in addition to preventing flares? Again, we
10 touched on this issue yesterday.

11 There are some advantages and disadvantages to
12 the flare design, which I'd just like to briefly mention
13 here. A flare design could be considered, in a sense, a
14 responder analysis in that it takes into account the
15 individual response. It also reduces time of partial
16 treatment or under-treatment of the individual. However,
17 there are some disadvantages to the flare design. One is
18 the heterogeneous outcomes that may occur in the treatment
19 and control groups. It also does not demonstrate treatment
20 of active disease and in some cases may be impractical in
21 that there are relatively few flares, and so trials may
22 take a much longer duration.

23 I've given two examples in the next two slides
24 of some flare definitions and there clearly are many
25 others. We talked a little about the SELENA flare

1 definition yesterday, but these are just two examples that
2 I'd like to give. The first is for a flare definition, an
3 organ-specific, in this case renal, attributed to lupus by
4 a treating physician which may require one or more
5 criteria, and the two criteria I've listed here are a
6 reproducible increase in serum creatinine greater than 20
7 percent, accompanied by proteinuria, hematuria, and/or red
8 cell casts and/or white cell casts; or reproducible
9 increase in 24-hour urine protein. The question is by how
10 much.

11 The second definition would be considered a
12 general flare definition, and this is defined as at least
13 one of the following: an increase in prednisone greater
14 than 5 milligrams a day for at least 14 days since the
15 previous visit; an SLE manifestation requiring
16 hospitalization; or an addition of new medication or an
17 increase in the dose of an existing medication to
18 specifically treat a manifestation of increased lupus
19 activity.

20 Let me now move on briefly to data to collect
21 in trials of lupus. Again, we touched on this yesterday.
22 This is a listing of the domains that have been suggested
23 to look at in any trial of lupus proposed by the OMERACT
24 group. This is one of the publications, Lupus 2000, volume
25 9, page 322.

1 The first domain is a measure of disease
2 activity which can either be the disease activity index or
3 an organ-specific definition here.

4 The second domain is a measure of damage. The
5 ACR-SLICC Damage Index measures overall damage, although
6 damage can certainly be defined on an organ-specific basis.

7 In either instance, one needs to determine the toxicity
8 from the drug versus damage due to the disease itself.

9 The third domain is a measure of health status
10 or health-related quality of life, and we discussed the use
11 of the SF-36 yesterday.

12 Then lastly, the economic costs and adverse
13 events.

14 I've listed here some of the sample data that
15 may be obtained for a trial in lupus nephritis. First
16 would be renal pathology, and the question, does everyone
17 need a biopsy? We've touched on that also. Urine protein,
18 urine sediment, some measure of renal function, whether
19 it's serum creatinine or an appropriate measure of
20 glomerular filtration rate. And the question is, what
21 threshold of GFR would be important to study? Then lastly,
22 other adverse events.

23 But the question remains, what data is needed,
24 let's say, for a trial in central nervous system lupus.
25 Would we require trials to include MRIs with or without

1 gadolinium, lumbar punctures with cerebral spinal fluid
2 analyses, EEGs, or what? And then the question is, what
3 data is needed for other manifestations? For example, in a
4 trial looking at the skin manifestations, certainly skin
5 biopsies would be easy to do and should be required. But
6 what, for example, should we look at in pulmonary disease
7 or in other manifestations?

8 Let me move now on to some other trial design
9 issues, controls and standard of care issues. I've listed
10 here, for those interested, a web site that you can go to
11 to look up information about trial design. This is the
12 fda.gov/cder/guidance web site, which many of you may be
13 familiar with. I've listed here some of the sources of
14 information that you can find.

15 The first is the ICH E9. ICH is the
16 International Conference on Harmonization. It's a group of
17 U.S. and international regulators that get together to
18 propose harmonized standards for trial design and trial
19 conduct. The first document is the ICH E9, statistical
20 principles for clinical trials.

21 The second is ICH E10, choice of control groups
22 and related issues in clinical trials.

23 I'd also refer you to the Rheumatoid Arthritis
24 Guidance which discusses many of the same issues that we
25 are going to be discussing this morning, and then hopefully

1 in the future, there will be some guidance related to
2 lupus.

3 Lastly, I would refer you to the CONSORT
4 recommendations published in Lancet 2001, volume 357.
5 CONSORT is Consolidated Standards of Reporting Trials.
6 These are recommendations really for reporting trials in
7 journals, but they discuss many of the important issues in
8 trial design.

9 So controls. Ideally a study would have
10 placebo and that could either be a standard of care plus
11 placebo versus a true placebo plus an active control plus a
12 dose response. What this allows for is a measure of the
13 absolute effect size, that is, comparing the new drug
14 versus placebo. It shows existence of an effect. It shows
15 a dose response and allows comparisons of new therapy
16 versus the standard, a comparator.

17 In looking at lupus trials, there are basically
18 two approaches, either the superiority trial or an
19 equivalence or noninferiority trial. I've provided here
20 two examples of a superiority trial.

21 So, for example, the first one is a standard of
22 care which could either be, as an example, steroids plus
23 cyclophosphamide plus a new drug versus the same standard
24 of care plus placebo. In this case, one would need to show
25 that the new drug is superior to placebo.

1 The second example is the standard of care,
2 which in this case I've given as an example steroids, plus
3 the new drug versus standard of care plus cyclophosphamide.
4 In this case the new drug would have to be shown to be
5 superior to cyclophosphamide.

6 Alternatively, one can consider the equivalence
7 or noninferiority trial and the example here is standard of
8 care plus new drug versus standard of care plus comparator.

9 Now, in this case, the new drug should be shown to be
10 equivalent to or noninferior to the comparator by a
11 predefined margin or delta and the comparator must have
12 been shown to be effective compared to placebo in previous
13 trials. And I'll come back to equivalence trials in a few
14 slides.

15 The other consideration is can there be a
16 period of placebo therapy or steroids plus placebo. This
17 would certainly depend on the organ studied and on the
18 severity of the disease, but it's important to use this at
19 the beginning of an active controlled trial to establish
20 assay sensitivity, that is, to show that the new drug is
21 superior to the placebo. The question in this regard is,
22 are there instances where steroids only are an acceptable
23 treatment in lupus nephritis? And we'll come back to that.

24 I'd like to mention briefly just two other
25 trial designs. The first one is called the randomized

1 withdrawal design. In this trial, subjects receive test
2 treatment for a specified time and are then randomly
3 assigned to continue treatment with the test treatment or
4 placebo. I'll refer you again -- you've heard about this
5 -- to the New England Journal article 1991. This is the
6 Canadian hydroxychloroquine trial which is a variant of
7 this randomized withdrawal design.

8 The second design is a replacement study. So
9 in this design, a new drug or placebo is added by random
10 assignment to conventional treatment, which is given at an
11 effective dose, and then the conventional treatment is
12 withdrawn, usually by tapering. The outcome measure is
13 looking at the ability to maintain the patient's baseline
14 status or, in other words, preventing a flare. This
15 approach would be useful for any agent that's considered to
16 be a steroid-sparing agent.

17 Is there a standard of care? This, of course,
18 depends on the organ studied. I've already asked the
19 question for lupus nephritis. Are there instances where
20 steroids only are acceptable? What is the standard of care
21 for central nervous system disease? How about for other
22 organs? The caveat is that if we insist on using
23 cyclophosphamide in all instances, for example, of lupus
24 nephritis, it may be difficult to demonstrate an effect of
25 a new therapy especially if the mechanisms of action are

1 similar. So we'd ask you to consider that in the questions
2 later this morning.

3 Just a comment about the concept of add-on
4 trials, and I've provided a reference in Arthritis and
5 Rheumatism 2003. This is an editorial by Martin Bois. It
6 was in reference to add-on trials in rheumatoid arthritis,
7 but many of the issues are the same.

8 The first is that add-on trials will be
9 performed in individuals who are nonresponders or partial
10 responders to therapy and we're adding on a new therapy.
11 The first issue is how do we define a partial responder in
12 systemic lupus erythematosus? The second is with any new
13 therapy, we'd like to understand the toxicity of that
14 therapy, but in add-on trials, we're concerned now about
15 toxicity of not only the new therapy but about combination
16 therapy. So the recommendation would be for investigators
17 to consider the use of a factorial design which basically
18 looks at the various combinations of therapy.

19 I already mentioned something about equivalence
20 or noninferiority trials. Again, this trial design
21 involves comparing a new drug to a standard comparator, and
22 again, the comparator must show historical evidence of
23 sensitivity to drug effect based on prior placebo-
24 controlled trials. You then predefine a margin of
25 difference between the new drug and the comparator, and

1 this margin cannot be greater than the smallest effect size
2 that the active drug or the standard comparator would be
3 reliably expected to have, compared with placebo in the
4 historical trial.

5 Let me briefly move on to issues about
6 blinding. Blinding is intended to minimize potential
7 biases resulting from differences in management of patients
8 or interpretation of results. The question is then, can
9 trials with IV cyclophosphamide or potentially any new
10 therapy be adequately blinded, especially if there are
11 changes in laboratory results, symptoms such as nausea, or
12 signs such as hair loss?

13 I would refer you to an old article, 1971
14 Annals of Internal Medicine, volume 75, by Steinberg for
15 its trial design. In that trial he assigned therapists and
16 observers. So, for example, the therapist made changes to
17 the dose of medication without knowing whether they were
18 changing placebo or cyclophosphamide based on the white
19 count; whereas, the observer did not know anything about
20 the laboratory data and was responsible for determining the
21 clinical status of the patient. Pharmacists prepared
22 medications, so it was unknown what the individual was
23 getting, and he actually gave all the patients that came
24 into the trial wigs so the issue of hair loss did not come
25 up.

1 Why blind? Subjects on active drug might
2 report more favorable outcomes because they expect a
3 benefit or might be more likely to stay in a study.
4 Knowledge of treatment could affect the vigor of attempts
5 to obtain on-study follow-up. Knowledge of treatment could
6 affect decisions about whether a subject should remain on
7 treatment or receive concomitant medication, which is a big
8 concern in lupus trials. And knowledge of treatment could
9 affect decisions as to whether a given subject's results
10 should be included in the analysis. We've asked you, the
11 committee, to comment on the issue of blinding in trials.

12 The next issue is data analysis. In data
13 analysis, it's important to prespecify how missing data
14 will be handled, especially in relatively small trials.
15 The standard approaches have been the last observation
16 carried forward or the worst observation carried forward,
17 but certainly other conservative methods of imputation
18 could be appropriate such as imputing placebo or treatment
19 and treatment values for placebo.

20 Alternatively, one could consider the use of a
21 responder index which would obviate the need for imputation
22 of missing data, and this could include a response at any
23 time, response at the last visit, or response at each
24 visit. The use of a responder index may also be useful to
25 maintain power but reduce sample size.

1 One could stratify by any number of factors.
2 We already talked about stratification by disease
3 manifestation, but one could also stratify by dose of
4 steroid or others, with the caveat that too many
5 stratification factors leads to too small numbers of
6 individuals in different treatment groups and may make
7 demonstration of efficacy more difficult.

8 Alternatively, one could do a covariate
9 analysis on predefined covariates. I've listed just some,
10 but there may be others, anti-DNA at baseline, number of
11 organs involved or disease activity at baseline, by center,
12 or in the future possibly by cytokine levels, IL-6 levels,
13 complement levels, et cetera.

14 The issue of concomitant medications is a very
15 important one. Certainly we need to define the allowable
16 medications at baseline, but also we need to define
17 medications that will be allowed during the trial, such as
18 starting of ACE inhibitors.

19 We also need to address in trial design the
20 issue of rescue medication. Do patients stay in the trial
21 once they've received some form of rescue? How much rescue
22 is allowed? If a patient is allowed to increase their
23 prednisone by 5 milligrams per week, do they stay in the
24 trial?

25 This is an important concern because subtle

1 changes in steroid dose could influence outcomes.
2 Therefore, we should consider a run-in period to
3 standardize the steroid dose. Dose adjustments should be
4 specified in the protocol, and I think Dr. Liang will
5 address this in more detail. Then lastly, whatever change
6 in steroid dose we look at, if we use this as an endpoint,
7 they must be clinically meaningful.

8 Duration of studies. Duration of studies may
9 depend on the claims sought. I will refrain from using the
10 constitutional changes, but change the question to mean
11 could a trial for some manifestation of lupus be 3 months
12 in duration rather than the 6 months or 1 year trial that
13 we've usually considered? Trial duration in individuals
14 with inactive disease could be just the time to collect
15 adequate numbers of flares, however long that may be.

16 We've talked about trial duration in active
17 disease, whether the indication sought is for acute or
18 induction therapy versus maintenance therapy. Even in a
19 case of induction therapy which might be identified within
20 weeks to months, we need to consider the demonstration of
21 maintenance or durability of effect, and so at some point a
22 chronic or maintenance trial needs to be performed. This
23 could be months or possibly even years, and it could take
24 the form of either an extension study or a phase IV study.

25 There are some practical considerations. It

1 may be difficult to perform a chronic, well-controlled
2 trial in lupus secondary to flares, changing medications,
3 dropouts, and changes in medical practice. On the other
4 hand, in a disease that waxes and wanes, short-term trials
5 may not provide adequate demonstration of efficacy, safety,
6 and importantly, durability.

7 As I said, extension trials could be used to
8 demonstrate durability and safety, but considerations of
9 extension trials -- and this question came up yesterday.
10 Are comparators needed? Should these extension trials be
11 blinded or open-label? And we've asked the committee to
12 address some of these concerns. Or could the long-term
13 trial be a phase IV commitment? How long should it be? I
14 think that length depends on what needs to be demonstrated.

15 Lastly safety concerns. Again, I've provided
16 some recommendations from the ICH group. 300 to 600
17 patients should be studied for 6 months and 100 for 1 year,
18 but this is defined for a chronic, non-life-threatening
19 disorder. What is the standard for a disorder as varied as
20 lupus in which some manifestations are chronic and others
21 acute and life-threatening? I think that this depends, at
22 least in part, on the toxicity profile of the drug under
23 study.

24 So the question, does one size or does one
25 approach fit all? I think clearly the answer is no. I

1 hope what I've done this morning is present multiple
2 possibilities for "wins."

3 These are just a summary of the concerns that
4 I've discussed in determining trial design. Should it be
5 an organ-specific versus non-organ-specific? Active versus
6 inactive disease? Activity measure, whether it's a disease
7 activity index or organ-specific or flare? Superiority
8 versus equivalence trials? Induction or maintenance
9 therapy? Short- and long-term safety? And the data to
10 collect.

11 Lastly, I'd like to thank all the people who
12 I've discussed these issues with and for their useful
13 input.

14 I will turn the meeting back to the chair.

15 DR. WILLIAMS: Thank you, Dr. Schiffenbauer.

16 We now have the opportunity to hear from Dr.
17 Matt Liang by teleconference. Dr. Liang?

18 DR. LIANG: Thanks very much. I hope you can
19 hear me because all I'm hearing is a buzz with your voice
20 very muted.

21 DR. WILLIAMS: We can hear you fine, Matt.

22 DR. LIANG: Great. I think that this builds on
23 yesterday's presentation, and you should have the full
24 manuscript that we have submitted to ANR on the subject.
25 This was one of the three initiatives that the ACR asked

1 our committee to deal with. Unlike the material from
2 yesterday, this did not go through the usual approval
3 process and endorsement by the board. Nevertheless, we
4 thought it was a valuable exercise and at least should be
5 fuel for debate.

6 We tried to make explicit something that is
7 maddeningly difficult and that is the use of steroids in
8 SLE management. Many people yesterday talked about the
9 treatment being worse than the disease sometimes, and I
10 think that that 900-pound gorilla that everybody was
11 referring to was steroids because steroids arguably are the
12 dominant cause of latent morbidity and mortality. If there
13 was any strategy that could reduce the amount of steroids
14 that we almost always use in serious, life-threatening
15 manifestations of lupus, that would be a blow for freedom.

16 In any case, I think the first slide is just
17 the title, and the next slide is the sponsorship, which
18 included many of the same organizations that funded the
19 original project, with the exception of the Office of the
20 Clinical Director where we received support in kind to
21 complete the project.

22 What we tried to do in Dusseldorf with the
23 attendees was to develop an explicit process to actually
24 come up with a specific tapering schedule based on some
25 assumptions about a design that could be used. We used a

1 technique for achieving consensus called the nominal group
2 technique to define mutually exclusive, collectively
3 exhaustive disease manifestations of SLE or the phenotype.
4 We asked the participants one by one and until everybody
5 was exhausted and could name no more manifestations.
6 Presentation, where they as clinicians would use the most
7 steroids to control the signs and symptoms, and we labeled
8 this severe SLE. Then in another separate exercise, same
9 process, we asked them to define the manifestations of
10 lupus where they would be moderately severe, where they
11 would use moderate doses of steroids to control the signs
12 and symptoms. And the remainder, although we didn't
13 discuss it, were viewed as mild, but not the real emphasis
14 of the exercise.

15 Then we presented a randomization, withdrawal
16 design or tapering design, and we asked each clinician to
17 write, if they felt comfortable writing it, a prednisone
18 taper schedule. What we're doing is basically presenting
19 the descriptive statistics as a recommendation.

20 The next slide is "SLE Phenotypes." I doubt
21 you can read this, but it's in the handout and it's also in
22 the paper. We tried to do this by organ system. You can
23 see that some manifestations might be very severe or
24 moderately severe, so they could occur in all three
25 categories technically. But these were the items that

1 people named in the nominal group technique. In all cases
2 we assumed that on the ground, face to face with a patient,
3 the clinician had excluded non-SLE causes for these
4 manifestations.

5 The next slide I think would be the
6 hypothetical study of how you might evaluate whether a drug
7 A had steroid-sparing ability. I think I should just walk
8 through this a little bit. So you take patients. They
9 would be randomized into treatment A plus steroids or B
10 plus steroids. Mind you, the assumption here is that it is
11 unethical to have, in patients with very serious
12 manifestations of lupus, a patient that was not treated
13 with steroids to control the acute inflammatory
14 manifestations.

15 In any case, after a patient has been given a
16 dose of steroids to control these manifestations and the
17 agent A or B, they would be either improved, same, worsened
18 -- no. I'm sorry. There's a mistake here. But basically
19 they would be improved, same, or worsened, instead of the
20 "improved" in the last box. These would be built on either
21 target organ a priori criteria which we talked about, but
22 didn't present in detail, that would be explicitly defined
23 or the deltas of the disease activity units that we
24 developed with the exercise from yesterday.

25 At this point people who are worse would be the

1 basis of an analysis at that point, but if they were
2 improved, they would begin a protocolized steroid taper.
3 And then if you follow the patients subsequently, as both
4 groups are given the standardized steroid taper, they could
5 enter into one of the three states at the bottom of the
6 slide.

7 I hope that's clear.

8 Here are the results from the attendees where
9 we asked them to give us the initial dose for severe lupus,
10 moderately severe lupus, or mild, and how they might give
11 it, either orally or by bolus, and we've listed what the
12 final results were from the participants who felt like they
13 were experienced enough to make a vote, so to speak, and we
14 also present the range. It, again, underscores the fact
15 that reasonable clinicians, given approximately the same
16 kind of data in a similar context of a protocol, have a
17 tremendous variation in terms of what they would prescribe
18 in their patients.

19 Now, this actually may be the solution to one
20 dilemma that is frequently presented, and that is that
21 patients and physicians are oft loathe to enter a trial
22 where they're completely hampered by a paint-by-numbers
23 steroid dosing. The range could be a way that a protocol
24 could at least be explicit but allow some individualization
25 for the patient and perhaps the physician as well.

1 We also asked the group how long you would try
2 to maintain steroid doses to suppress inflammation, and we
3 called that the induction period. You see in the row for
4 severe SLE and moderately severe SLE, the duration of
5 induction therapy that the participants prescribed, and
6 then again how many weeks they would keep someone on
7 steroids until they were completely off.

8 Now, the next slide is "Steroid Taper for
9 Severe SLE After Induction Period." So for the most severe
10 manifestations in which the clinicians said that they would
11 use the most steroids in their therapeutic armamentarium,
12 this was the tapering that was done by these 27
13 participants, and you can see the descriptive statistics.
14 Again, the range might be incorporated into a protocol to
15 allow a little bit of flexibility. We did this assuming
16 prednisone milligrams per day for a 70 kilo lady.

17 Then my last slide is basically the same kind
18 of information for the moderately severe SLE patient, and
19 you can see the same kind of information.

20 It's interesting. This obviously was not an
21 easy exercise to force clinicians to develop this. On the
22 other hand, there -- I think this is interesting and
23 informative. There were two committee members who felt
24 that they couldn't really put their name on the manuscript,
25 and both said that they did not want their names on because

1 they didn't agree with the tapering schedule, which is kind
2 of interesting because I think this is what happens when
3 you have reasonable clinicians assembled. They disagree
4 but they sometimes can't allow themselves to be put into an
5 exercise prescribing a tapering dose.

6 In any case, we thought the committee might be
7 interested in this because the studies that have been done
8 on the subject show that the steroid dosing, when you
9 present clinicians scenarios, is less driven by what we
10 might think, and that is the patient characteristics, than
11 by the physician characteristics, length of training, their
12 age, et cetera. This is, I think, the first explicit
13 exercise where we actually have at least a database
14 recommendation.

15 Thank you.

16 DR. WILLIAMS: Thank you, Matt.

17 We've now come to the open public hearing, and
18 I have to read a paragraph here.

19 Both the Food and Drug Administration and the
20 public believe in a transparent process for information-
21 gathering and decision-making. To ensure such transparency
22 at the open public hearing session of the advisory
23 committee meeting, the FDA believes that it is important to
24 understand the context of an individual's presentation.

25 For this reason, the FDA encourages you, the

1 open public hearing speaker, at the beginning of your
2 written or oral statement, to advise the committee of any
3 financial relationship that you may have with any company
4 or any group that is likely to be impacted by the topic of
5 this meeting.

6 For example, the financial information may
7 include a company's or a group's payment of your travel,
8 lodging, or other expenses in connection with your
9 attendance at the meeting.

10 Likewise, the FDA encourages you at the
11 beginning of your statement to advise the committee if you
12 do not have any such financial relationships.

13 If you choose not to address this issue of
14 financial relationships at the beginning of your statement,
15 it will not preclude you from speaking.

16 We have some speakers who have requested time
17 here, and the first will be Dr. Bill Freimuth. Dr.
18 Freimuth, you have 10 minutes.

19 DR. FREIMUTH: Thank you for the opportunity to
20 speak to the Arthritis Advisory Committee. My name is Bill
21 Freimuth. I am the Senior Director of Clinical Research
22 for Rheumatology, Immunology, Infectious Diseases at Human
23 Genome Sciences, and I would like to present to you some
24 aspects dealing with the issues of clinical development of
25 a potential novel, new therapy for SLE called LymphoStat-B,

1 and I'd like to present this as a case study for the
2 endpoints and issues of trial design in SLE.

3 I'm going to briefly review the biology of BLYS
4 and the pharmacologic rationale and nonclinical and
5 clinical data of LymphoStat-B, review its phase II trial
6 design, and then deal with questions that our company and
7 our investigators have been struggling with in trying to
8 develop a clinical development plan for LymphoStat-B and
9 particularly phase II trial designs and pivotal trials in
10 the future.

11 BLYS simply stands for B-lymphocyte stimulator.
12 It was identified in a high-throughput proliferation assay
13 based on our genomics database. It is a member of the TNF
14 family. It has multiple alternate names. It is
15 biologically active in its soluble form as a 51,000
16 molecular weight homotrimer that is cleaved primarily for
17 monocytes. It binds one of three membrane receptors on B
18 cells, and particularly it acts as a survival factor by
19 inhibiting B cell apoptosis, as well as it stimulates
20 differentiation of B cells to immunoglobulin-producing
21 plasma cells.

22 The rationale for developing a BLYS antagonist
23 for SLE is based on both animal model data and human data.
24 The mouse data links BLYS with autoimmune disease such that
25 transgenic models of over-expressing BLYS develop an

1 autoimmune SLE-like phenotype, particularly glomerular
2 nephritis. Genetic models of autoimmune disease such as
3 MRL and NCBWF1 mice have elevated levels of circulating
4 BLyS. And use of soluble BLyS receptors administered in
5 these animal models have ameliorated the disease
6 progression and improved survival.

7 In humans, elevated BLyS levels are evident in
8 the serum of SLE and RA patients, and these BLyS levels
9 have correlated with serum IgG and autoantibody levels,
10 particularly anti-double-stranded DNA in lupus and
11 Rheumatoid factor in RA.

12 This slide shows an example of the elevation of
13 BLyS. The BLyS concentration is showed on this axis. The
14 normal range is 2 to 10 nanograms per ml. And two cohorts
15 of SLE patients and RA patients basically show that 30 to
16 40 percent of the patients have an elevation in BLyS, and
17 strikingly, when one collects synovial fluid from RA
18 patients, the average BLyS level is twofold greater than
19 what is found in the plasma.

20 LymphoStat-B that we are developing is a fully
21 human IgG1 lambda monoclonal antibody that's specifically
22 recognizes and binds soluble human BLyS and inactivates its
23 biological activity. To study LymphoStat-B in animal
24 models, LymphoStat-B does not bind to murine BLyS but does
25 bind to human and monkey BLyS. Therefore, to study

1 LymphoStat-B in mice, we had to give human BLyS which does
2 bind to murine BLyS receptors and increases the spleen
3 weight, splenic B cells and serum IgA. And when one adds
4 LymphoStat-B, it will selectively inhibit the BLyS-induced
5 effects.

6 An example of this is shown on this slide where
7 on the y axis you see the serum IgA in the mouse, and if
8 you focus on the yellow, when one adds four daily doses of
9 human BLyS, one doubles the murine serum IgA. If one gives
10 concomitantly during that 4-day period the control IgG,
11 there's no effect on the increased BLyS levels, and when
12 one gives increasing levels of LymphoStat-B from .5 to 5
13 milligrams per kilogram, one sees a significant reduction
14 of the human BLyS-induced IgA back to the basal levels.

15 We have also studied LymphoStat-B for its
16 activity and safety in cynomolgus monkeys, and in this case
17 LymphoStat-B was well tolerated at doses up to 50
18 milligrams per kilogram given every 2 weeks for 6 months,
19 plus an 8-month follow-up period. There were no study
20 agent-related infections during the treatment and recovery
21 period, and activity of LymphoStat-B was demonstrated in
22 decreases in B lymphocytes in lymphoid tissue in the
23 periphery. This was substantiated by flow cytometry, organ
24 weights, and histologic findings with effects of a partial
25 depletion of B cells. The PK was linear in the monkeys

1 with a terminal half-life of 11 to 14 days. And we will be
2 presenting more of these results at the upcoming ACR
3 meeting.

4 One example of LymphoStat-B's ability to reduce
5 CD20 is shown in this slide. This is the percent baseline
6 CD20 cells where all monkeys have their CD20 normalized to
7 baseline. There was a 6-month treatment and 8-month
8 recovery period. If you focus on week 26, one will see
9 that at this time there was a 58 to 65 percent reduction in
10 B cells. The depletion remained for 2 to 3 months and then
11 gradually increased, so by 6 months after the last dose of
12 LymphoStat-B, the B cells returned to their baseline.

13 We have recently completed a phase I clinical
14 trial in LymphoStat-B where we have studied four IV doses,
15 1, 4, 10, and 20 mgs per kg, with a placebo in a
16 randomized, blinded study giving LymphoStat-B either as a
17 single dose or as two doses 21 days apart. Overall, the
18 results showed that the drug was well-tolerated. There
19 were no drug-related serious adverse events. There was no
20 increase in adverse events or laboratory abnormalities
21 compared to the placebo. And there was no increase in the
22 incidence of infection.

23 The pharmacokinetics were linear suggesting a
24 14-day half-life, and biological activity was observed by a
25 significant decrease in CD20 cells. And again, we will be

1 presenting the complete results at ACR.

2 We have recently obtained fast track
3 designation from the agency.

4 More importantly and relevant to the discussion
5 today is the phase II trial design, and this is just the
6 basics of a very complex trial design, which is a multi-
7 center, randomized, double-blind, placebo-controlled trial,
8 dose-ranging with three doses of 1, 4, 10 mgs per kilogram.
9 Some of the basic entry criteria are patients with active
10 SLE, a SELENA SLEDAI greater than or equal to 4, and on
11 stable medications. In other words, this is adding
12 LymphoStat-B onto standard of care. A maximum of 350
13 patients and LymphoStat-B will be administered IV at day 0,
14 14, 28, and every 28 days for 1 year.

15 In this trial design, we have two co-primary
16 endpoints. The first one is the SELENA SLEDAI activity at
17 week 24. The second one is the time to first flare defined
18 by the SELENA SLEDAI flare index over 52 weeks. The sample
19 size was based on 80 percent power and a .05 alpha to
20 detect in one of more of the active LymphoStat-B groups
21 compared to placebo either a 25 percent absolute or a 100
22 percent relative improvement in the percent change from
23 baseline score in SELENA SLEDAI at week 24. That is
24 assuming a placebo 25 percent response and being able to
25 detect a 50 percent improvement in one of the LymphoStat-B

1 arms.

2 The second co-primary endpoint was powered to
3 see a reduction in the percent of subjects having their
4 first flare by week 52 and reducing it from 65 to 43
5 percent.

6 We are also looking at a variety of major
7 secondary endpoints that have been discussed at this
8 meeting, including week 52 SELENA SLEDAI and BILAG scores,
9 time to first flare defined by BILAG, reduction in steroid
10 dose, area under the curve of SELENA SLEDAI and BILAG over
11 52 weeks.

12 In addition, we're studying a variety of
13 biological markers, including autoantibodies, complement,
14 and subsets of B cells and plasma cells in immunoglobulin
15 subclasses.

16 Most importantly, the background I just gave
17 you is to deal with the issues and questions that we as a
18 company, trying to develop a new, novel therapy in SLE,
19 have been dealing with in discussions with our
20 investigators. These questions are: would an effect in
21 either SELENA SLEDAI at 24 weeks or time to first flare
22 over 52 weeks be an adequate basis to move forward to a
23 confirmatory trial?

24 Which endpoint is thought to be more clinically
25 meaningful?

1 Is the magnitude of effect being tested
2 clinically relevant, and would a lesser effect also be
3 clinically meaningful?

4 Are there other endpoints that would be
5 preferred or considered more clinically meaningful than the
6 ones described? For example, would significant benefit in
7 one or more of the SLE organ system manifestations such as
8 defined in BILAG be a relevant primary endpoint?

9 Would a sign steroid-sparing effect, with or
10 without a positive trend in disease activity and/or flare,
11 be a sufficient primary endpoint?

12 Which endpoint would be the most compelling as
13 a primary endpoint in a pivotal trial is one of the key
14 questions.

15 Lastly, several other clinical endpoints and
16 markers of biological activity are being explored. Which
17 of these are believed to be the most meaningful, and is
18 there currently sufficient evidence to consider any of
19 these biological markers reasonably likely to predict
20 clinical benefit?

21 We think it is vitally important that the
22 committee and the agency address these questions and others
23 that were brought up in the last presentation to help guide
24 us in the development of new therapies in SLE.

25 I thank you for your attention and look forward

1 to a lively discussion on trial design.

2 DR. WILLIAMS: Thank you, Dr. Freimuth.

3 Our next speaker will be Kathleen Arntsen.
4 She's given 7 minutes.

5 MS. ARNTSEN: Good morning and thank you. My
6 family paid for my expenses to come here and speak in honor
7 of my birthday on Sunday. I am honored to be here and hope
8 to enlighten you with my patient perspective written solely
9 by me.

10 22 years ago I was diagnosed with SLE. The
11 ongoing pain, overwhelming fatigue, and recurrent
12 infections I have suffered since childhood finally had a
13 name. I can tell you from firsthand experience that living
14 with lupus is like swimming in shark-infested waters. The
15 danger and uncertainty is always present and we are armed
16 with nothing but our will to survive. We try to stay
17 afloat while anticipating the next attack and remain ever-
18 hopeful that a rescue ship will soon appear on the horizon.
19 Existing treatments for lupus are totally inadequate,
20 toxic, and cause detrimental side effects with long-term
21 use. Many treatments being used are off-label if a
22 physician is even willing to prescribe them. This
23 profoundly disturbs me. Like most lupus patients, this
24 disease cut me down in the prime of my life and has
25 drastically impacted my future. It has stolen precious

1 time from me, as well as the opportunities to have a
2 successful career, independence, financial security, or
3 that of being a mother, just to name a few.

4 My complex medical picture includes multiple
5 autoimmune disorders such as Sjogren's, PA, Graves,
6 Raynaud's, APAS, psoriasis, and myasthenia gravis, as well
7 as GERD, Barrett's, gastroparesis, colonic inertia, and
8 MVP. I take 26 medications daily, costing \$3,800 a month.
9 I have endured decades of destruction and disfigurement
10 from 22 years of constant glucocorticoid use and other
11 treatments, and I used to weigh over 200 pounds. My entire
12 digestive tract is impaired and it takes five different
13 drugs to allow me to eat each day. I haven't eaten fruits
14 or vegetables in six years now, and I suffer from constant
15 colicky abdominal pain throughout the day and night.
16 Colostomy seems to be imminent.

17 Like most lupus sufferers, I take each day at a
18 time, trying not to think of the unpredictable course of
19 this baffling ailment or the potency or long-term effects
20 of the multitude of medications I absorb each day. My
21 treatment is individualized, and during my most recent
22 flare, my physician finally made the compassionate decision
23 to try CellCept as a steroid-sparing agent. This drug has
24 allowed me the ability to function for the past two-and-a-
25 half years when I could barely think, walk, or raise my

1 arms above my head. No one should have to spend months in
2 bone-gnawing, soul-wrenching pain, going from physician to
3 physician begging for help. It is a desperate place to be.

4 For 18 years I have been a volunteer leader in
5 a lupus foundation and have attended the ACR's and NIAMS'
6 events as a patient advocate. I have learned to listen
7 from years of hotline counseling and monthly support group
8 facilitation. I am strongly committed to maximizing the
9 quality of life for those affected by lupus by providing
10 programs designed to empower patients to actively
11 participate in their own health care to improve their
12 disease outcome.

13 Like many patients, I have educated myself on
14 my medical conditions, treatments, and tests. I am part of
15 my treatment team and I play a major role in the decision
16 making process, coordinating results between my physicians.

17 I am copied on all tests and procedures and have 22 years
18 of lab results entered into an Excel spreadsheet to assist
19 my physicians and streamline my care.

20 I have been involved in research studies for
21 lupus and gastroparesis. I was part of a phase III study
22 for cisapride prior to its FDA approval and am presently
23 enrolled in the ongoing safety study since it has been
24 pulled from the market and I work very closely with my
25 physician. I cannot eat without this drug and feel that it

1 is the only thing preventing esophageal cancer. I was a
2 subject in a lupus Arava study and have participated in
3 other studies. I deeply believe that a cure for this
4 disease will be forthcoming from research, but we must
5 urgently discover more preferable treatments and improve
6 diagnostic techniques to give patients a better quality of
7 life now.

8 I feel very strongly that patients should be
9 more actively involved in the research trial process from
10 its inception. Americans have evolved into informed
11 consumers. The world of knowledge is at their fingertips
12 through present technology. Although our agency services
13 rural upstate New York and the majority of people residing
14 there have little higher education, I can assure you that
15 they are very astute shoppers. The time has come to
16 revolutionize the way we view patients. They must be
17 better informed and educated regarding research trials.
18 Placing an informed consent document in their face and
19 asking for a signature is not sufficient. There is a
20 significant step missing in the trial process that should
21 include an informative education session involving the
22 patient and advocate of their choosing and a trial
23 educator, for lack of a better title. Patients are
24 overwhelmed enough when first presented with trial
25 participation and not given sufficient time or material to

1 make knowledgeable choices. Even airlines give consumers
2 24 hours to make a decision before a commitment. Any
3 patient who cannot make an informed decision based on
4 information supplied should be eliminated as a trial
5 candidate. If we raise the bar to new heights, as well as
6 the patient expectations, they will meet the challenge.
7 Empowering patients and giving them back some of the
8 control they have lost with disease can only result in a
9 more favorable outcome for all involved. Allowing a
10 patient to be a partner in the process allows them to take
11 ownership of the study.

12 In conclusion, I would like to share a
13 compelling call with you that I just recently received. A
14 25-year-old woman was diagnosed with SLE in May, presenting
15 with joint pain, fatigue, and pericardial effusion. She
16 was placed on 40 milligrams of prednisone and Imuran and
17 continued her studies in the local residency program. She
18 then developed shortness of breath and was diagnosed with
19 anti-cardiolipin, started on Coumadin, and a filter was
20 placed in her vena cava.

21 In July she saw her rheumatologist, complaining
22 of fever and fatigue, and was sent to her primary care
23 physician who did a brief exam and sent her back to work.
24 Shortly thereafter, she was admitted to the hospital with
25 sepsis, bacteremia, and gangrene of the bowel. Emergency

1 surgery was performed to remove part of her bowel and
2 cultures revealed a Gram-negative infection. Antibiotic
3 therapy was started and she was diagnosed with pulmonary
4 hypertension.

5 Her family, which included a physician, decided
6 to move her to a major teaching hospital where she
7 continued to fail. She was intubated, a Hickman port was
8 inserted, and Flovan therapy was initiated for her PAH.
9 She went into shock and her organs began shutting down.
10 Kidney dialysis was started and gangrene presented in her
11 extremities. Her arms and legs were then amputated from
12 above the elbows and knees down. Just as her family
13 decided to take her off the respirator, she rallied and her
14 organs began to function again little by little.

15 She still believes that she can be a physician
16 and her family does not have the heart to tell her
17 otherwise at this point. This young woman came to America
18 several years ago with the aspiration of being a physician
19 and now, because of lupus, she has not only lost that dream
20 but also her independence and any promise of a productive
21 existence.

22 Please do not think that this situation is
23 rare. Every minute of every day another person is struck
24 down in the prime of their lives by this devastating
25 disease, placed on immune-compromising, toxic drugs and

1 treated by physicians who are grasping to find some sort of
2 balance in their care.

3 We must not be complacent in thinking that we
4 have progressed in treating this disease. I passionately
5 implore you to move forward on this document before one
6 more patient loses another piece of themselves to this
7 horrible predator. Please improve the quality of life for
8 those suffering from lupus by expediting the development of
9 efficacious treatments and restore our hopes, dreams, and
10 promise. Remember, lupus ends with us.

11 Thank you very much.

12 DR. WILLIAMS: Thank you, Ms. Arntsen.

13 MS. ARNTSEN: Can I ask if there are any
14 questions?

15 DR. WILLIAMS: No, there isn't. We don't take
16 questions.

17 Are there any other participants who would like
18 to speak in this open hearing?

19 (No response.)

20 DR. WILLIAMS: Seeing none, we will move on
21 then to the discussion. We've been given 11 questions to
22 discuss in an hour. So we will need to move fairly
23 expeditiously.

24 The first question is, in the context of a
25 trial looking at multiple organs, stratified by organ, and

1 the outcome is statistically significant across all organs,
2 but each organ only shows numerical trends, does this
3 provide adequate data for improvement in each organ? If
4 you agree, over what period of time should this be studied?

5 That's a rather complex question.

6 The committee looks like they are still looking
7 for the questions. There were some left at your position
8 this morning, plus they were an extension from yesterday.
9 The one this morning was left at your position with the
10 page open to it. The other one were the questions you
11 received yesterday that started off with "State of the
12 Art," and it's on page 3 from yesterday. It's on page 2
13 from today.

14 Let me read it one more time now that you've
15 all found it. In the context of a trial looking at
16 multiple organs, stratified by organ, and the outcome is
17 statistically significant across all organs, but each organ
18 only shows numerical trends, does this provide adequate
19 data for improvement in each organ? If you agree, over
20 what period of time should this be studied? Joan and then
21 Jack.

22 DR. MERRILL: No, it does not provide organ-
23 specific information. It provides what it provides, but it
24 does suggest that it's an effective treatment for lupus.

25 DR. WILLIAMS: Jack?

1 DR. CUSH: I think the design would be flawed
2 because the person is going after multiple organs. It
3 sounds like what they're really going for is signs and
4 symptoms and they achieved it in some global fashion, but
5 that they missed on multiple organ systems. So again, you
6 can go for signs and symptoms and you can go for major
7 organ involvement. There should only be a few, I think,
8 that we can well study at this point, which is renal and
9 heme and articular and cutaneous and maybe
10 neuropsychiatric. But that needs to be studied up front
11 and powered appropriately up front. But to go and say
12 globally you're going to take care of all organs for lupus
13 in a trial design makes no sense.

14 DR. WILLIAMS: John Davis?

15 DR. DAVIS: First, I wanted to congratulate
16 Joel and his group for their presentation. I thought it
17 was very clear, concise, very thoughtful, and thought-
18 provoking and gives us a good platform to go from.

19 The second, I agree with Joan that this
20 definitely does not give any organ-specific indications for
21 us.

22 But again, that leads me back to where we are
23 in our drug development and the molecules we have and the
24 pathogenic mechanisms that we understand. It would very
25 much specifically depend on the drug that we were testing.

1 And if I were to accept this, I would require at least a 6-
2 month time period.

3 DR. WILLIAMS: Allan?

4 DR. GIBOFSKY: Well, I concur with Dr. Merrill
5 and Dr. Davis. I'm not quite sure what the questioner was
6 trying to get at. I think that the information that we
7 would get from this would largely depend on what the
8 primary endpoints are predefined and prespecified to be.
9 As for the time period, I think that too would depend on
10 what we were studying.

11 DR. WILLIAMS: Joan and then Dan.

12 DR. MERRILL: I want to make it clear that I do
13 think that that would be a legitimate trial design. I
14 disagree with Dr. Cush because -- I hate to do this to
15 everyone -- if you can take multiple people from a BILAG A
16 to a BILAG C, that's compelling information that you have a
17 drug that does work for quite a few manifestations of
18 lupus. I have no problem with treating different organs at
19 the same time. That's what we do in practice.

20 DR. WALLACE: I think that anything that looks
21 at an organ has to -- you just can't say numerically. You
22 have to say what is the anatomy of the organ. What is the
23 physiology of the organ? How much damage is there to the
24 organ? How reversible is it? It's very, very complicated.
25 And what are the influences of other medications that

1 aren't anti-inflammatory such as blood flow to an organ?

2 DR. WILLIAMS: David?

3 DR. PISETSKY: I think there's something
4 implicit here in that we have outcome measures for
5 individual organ systems, and beyond BILAG it's not clear
6 to me that we do. So we've been talking about we treat
7 arthritis of lupus, and yet I don't know there are any
8 guidances as to what the criteria for a response would be
9 in the arthritis of lupus comparable to ACR response in RA.
10 And then I think you keep falling back to something like
11 BILAG, which is someone's decision to treat, and I think it
12 might be difficult for this kind of trial design unless you
13 specify beforehand what you would consider a response for
14 these different organs.

15 DR. WILLIAMS: Bevra?

16 DR. HAHN: I thought we discussed this
17 thoroughly yesterday, and I thought that the majority of
18 the panel concluded that this is acceptable. So I'm a
19 little confused going around again. I guess we still are
20 split in decision.

21 The DAIs have all been validated. They all
22 work in this kind of situation. It gets you around the
23 problem that for many organ involvements, the n isn't big
24 enough to get enough patients to see a change in that organ
25 unless it's fantastic. So if we get an ACR-70 type drug in

1 one of these organs, we'll be able to see it with a
2 reasonable n, but until we have that, I think we have to
3 settle for this number 1 based on the fact that it's not a
4 real common disease, and organ manifestations are multiple,
5 and all of the indices are pretty well designed to pick up
6 change in organs. The response levels could be set
7 beforehand to say what allows you to define BILAG B or C
8 instead of BILAG A or SLEDAI scores going from 8 to 3 or
9 something. All that can be set beforehand. It's not all
10 that difficult actually.

11 DR. WILLIAMS: Based on Dr. Simon's
12 introduction today, while we thought we might have been
13 clear in our own minds, I'm not sure we've conveyed that to
14 agency yet.

15 Dr. Simon?

16 DR. SIMON: Since we've returned back to the
17 disease activity indices yet one more time and with Matt on
18 the phone, I was wondering if we could take a moment and
19 you could answer a question for us. We heard yesterday
20 that the disease activity index measurement process is
21 impacted by the physician who is performing it, and I
22 thought I heard that that was the ideal circumstance, that
23 there would be some input of the physician into the scoring
24 based on using judgments. That's of some significant
25 concern to us in trials because I don't understand how

1 objective these measures are then, if there are judgment
2 calls about how to score or the interpretation.

3 So if you all could help us understand that
4 better, and it also reiterates the importance of blinding
5 of the trials in that context. So if you could help us
6 with that, that would be great.

7 DR. WILLIAMS: Ciela?

8 DR. ALARCON: Yes. The subjectivity actually
9 is not such because what we are asking the physician is to
10 say whether a patient that has the manifestation thinks
11 that it's really due to lupus or not, and if it's not due
12 to lupus, you're not going to score that manifestation as
13 being part of a disease activity index. This is really the
14 training that goes into applying those instruments. So if
15 you train all your centers that are doing this trial, that
16 shouldn't be a problem.

17 DR. WILLIAMS: Joan?

18 DR. MERRILL: Yes, I really want to say what
19 Ciela is saying. Let me try to give an obvious one. You
20 put a patient on a medication and the lymphocytes go down.

21 Is that lymphopenia from lupus or from the medication?
22 And sometimes you don't quite know the answer to that, but
23 often you do because you stop the medication and the
24 lymphocytes come back up. You're not going to score that.

25 That's a drug effect. That is not lupus. But that's what

1 we're talking about judgment. You must attribute to lupus.

2 DR. WILLIAMS: Dan?

3 DR. WALLACE: The most obvious one is headache
4 in somebody. Is the headache a lupus headache or is it a
5 migraine? That's 8 points on the SLEDAI, which is a huge
6 number, and that needs physician input.

7 DR. WILLIAMS: Jill?

8 DR. BUYON: Also, I would say that in the
9 SELENA trial where we had 13 centers, it was very important
10 along the way to do validation studies. So, in fact, what
11 we did was give feedback so that we had patient cases, and
12 patient cases that were real would be sent back to
13 physicians and scored. So one of the reassurances that
14 would be provided during trials is that there would be
15 continued validation using real patients that each
16 physician then could have input, and that would further
17 validate that you were getting very good data coming in.

18 DR. WILLIAMS: This kind of leads us into
19 question number 2 which is, are statistical changes in
20 disease activity indices, such as a change in SLEDAI,
21 considered robust evidence of efficacy? What change in
22 disease activity indices is considered clinically
23 meaningful?

24 Jeff?

25 DR. SIEGEL: Sorry. The answer to question

1 number 1 is really quite important to some of the issues
2 we're struggling with, and we heard Jack Cush say this
3 would not be acceptable and Bevra Hahn say clearly it would
4 be acceptable. There are a lot of people on the panel who
5 didn't comment. It would be helpful to us to know if there
6 really is a consensus that this kind of design, even if it
7 is a compromise, would be acceptable. Could we perhaps
8 just get a little bit more?

9 DR. WILLIAMS: Yes.

10 Mike?

11 DR. WEISMAN: That's exactly what I was
12 concerned about, going on to question number 2. I was a
13 little confused by this. It seems to me that David's
14 question about not knowing exactly what the specific
15 outcome measures are for different organ systems in lupus
16 is something that we've struggled with for a long time, and
17 that's what the composite measures came from. That's why
18 the composite measures were developed. So this is becoming
19 a circular argument, and that's where the confusion, to me,
20 is here.

21 Yesterday we heard conceptually, well, it would
22 be fine if in fact we just leave it to the companies to
23 come up with a design that was specified for an organ
24 system, and as long as it was tight and as long as the
25 statistical analysis was done properly and the primary

1 outcome measure is defined and there's concurrence and
2 agreement on what that is. But nobody has ever done that.
3 So we all agreed that that was a wonderful idea, but nobody
4 has ever done it.

5 DR. MERRILL: Yes, they have.

6 DR. WEISMAN: Well, they've done it in renal
7 disease.

8 DR. MERRILL: Yes.

9 DR. WEISMAN: But I'm separating that from
10 renal disease. I'm separating that to everything else in
11 lupus. It hasn't been done, and that's where the composite
12 measure came from.

13 So I think we ought to just make a decision
14 here or at least focus on the value of these composite
15 measures or we're going to get rid of the composite
16 measures and go back and redesign and reinvent this whole
17 process. I think that's what I'm trying to get this group
18 to focus on. And we need to do that. If we're going to
19 stay with composite measures, we ought to pick the one
20 that's most appropriate or we're going to drop it.

21 DR. MERRILL: I don't think we should pick one.
22 I'm sorry.

23 DR. WILLIAMS: Jennifer?

24 DR. ANDERSON: Well, if we're still talking
25 about question 1, I'll wait.

1 DR. WILLIAMS: Jill?

2 DR. BUYON: I think that we would be
3 reinventing the wheel, and I would really suggest not. If
4 we want to take a vote -- what I think is confusing here is
5 you had two questions. One was would you accept a global
6 change based on one of these instruments, and yes, we might
7 do that. And the other was, within the specific organs, if
8 they did not achieve a particular significant improvement,
9 as you say, it's not that the labeling would be for that
10 organ, but it might in fact be for what it was, which was a
11 change in that instrument that a priori was considered to
12 be a meaningful change, which will lead into question 2.

13 DR. WILLIAMS: Joan?

14 DR. MERRILL: Yes. I don't think we should
15 eliminate any of the instruments at this time. I think
16 that's premature. I think we're faced with a number of new
17 biologic agents. Some of them may have widespread effects
18 on lupus. Some of them may really be organ-specific.
19 There may be a treatment for discoid. There may be a
20 treatment for fibrosis in an organ. There may be a
21 treatment for nephritis. So I think at this point we
22 really need to leave people enough tools so that people can
23 try and design a trial that will reflect the biologic
24 effect that their trying to achieve.

25 DR. WILLIAMS: Betty?

1 DR. DIAMOND: Can I just suggest that maybe we
2 should take a vote on this? Because I believe with Bevra
3 that there's a great deal of consensus on this and that
4 most of us would accept a global assessment as a global
5 assessment of lupus activity, also acknowledging that other
6 study designs to look at organ-specific disease are
7 possible. But I don't think most of us share the concern
8 that you can't do a global assessment using the instruments
9 we have. So I think it would be just easiest to take a
10 vote.

11 DR. WILLIAMS: Lee?

12 DR. SIMON: In thinking about the vote, please
13 think about one global measure or is it several global
14 measures? Yesterday I think Bevra had suggested perhaps we
15 should be using two or three and not just one, and we do
16 need that information as well. So please think about that.

17 DR. WILLIAMS: Mary Anne, then Jack.

18 DR. DOOLEY: Can we, as Jill suggests, make the
19 vote whether or not we would accept the change in disease
20 activity as a global change in lupus and divorce it from
21 the issue about whether that would give approval for a
22 specific organ?

23 DR. CUSH: That's sort of my point exactly. I
24 don't think my point was any different than Joan's or
25 Bevra's in that if you meet the disease activity

1 requirement, is that the same as signs and symptoms? I
2 feel that it is, and it's treating the disease globally and
3 you're controlling signs and symptoms just as you would
4 with an ACR-20 for RA.

5 So I think that a disease activity measure
6 meets a signs and symptoms definition. At what level?
7 That has to be decided upon. How many? I think we could
8 talk about that, but I agree more than one, and you have
9 five or six to choose from. Meeting two out of those as a
10 minimum requirement at a certain level seems prudent in
11 going for a global indication for signs and symptoms.

12 DR. WILLIAMS: Jennifer?

13 DR. ANDERSON: We seemed to have moved into
14 question 2, so it's not just about the stratified study but
15 about the outcome measures. So I'd like to say something
16 about the outcome measures.

17 The question of which one to use and what to
18 consider as -- the amount of change that would be
19 acceptable is what I was going to address. Is that
20 premature to do that?

21 DR. WILLIAMS: Let's first get this first
22 question because we're going to come to some sort of a
23 vote.

24 Betty?

25 DR. DIAMOND: I was just going to say I think

1 that these global assessments are just that, and to say
2 whether there are one, two, three, four signs and symptoms
3 is to remake them. I think it would be a claim of reduces
4 disease activity, and it wouldn't be for stipulated signs
5 and symptoms unless it was powered to address those
6 particular signs and symptoms. But I think within that,
7 we're all in agreement.

8 DR. WILLIAMS: Lee, do you want the agency to
9 pose the questions you'd like us to vote on, or do you want
10 me to pose them?

11 DR. SIMON: I think you should go ahead and
12 pose them.

13 DR. WILLIAMS: Thank you very much.

14 (Laughter.)

15 DR. WILLIAMS: Based on that first question, I
16 would say that based on the information we have here, we
17 ask whether this would be an indication that there is
18 improvement in signs and symptoms versus specific organ
19 improvement, with the second part being, would you accept a
20 single disease activity index or would you require
21 multiple. And thirdly, if you required a single, which one
22 would it be, or does it matter?

23 DR. WILLIAMS: Ciela, you had a comment?

24 DR. ALARCON: Yes. I think that whether you do
25 one or two or three depends on whether you designed the

1 trial for that. You have to specify what's your primary
2 outcome and then go ahead and measure that. I think that
3 you cannot go and say, well, now I'm going to also measure
4 the SLAM or the SLEDAI when initially I saw that I'm going
5 to do just the BILAG.

6 DR. WILLIAMS: Are those questions fair for the
7 agency?

8 DR. SIMON: Yes.

9 DR. WILLIAMS: I think we'll go around the
10 table and ask us to address those, and we'll start with
11 you, John.

12 DR. LOONEY: Could we vote on them one at a
13 time just to keep clarity?

14 DR. WILLIAMS: Okay. Let's take the first one.
15 Do we see this as evidence of efficacy for signs and
16 symptoms or for specific organs?

17 DR. LOONEY: So let's rephrase that question.
18 Do we think that we can use the disease activity index for
19 global signs and symptoms? And I would say yes.

20 DR. ILLEI: Yes.

21 DR. HARDIN: Yes.

22 DR. HAHN: Yes.

23 DR. DOOLEY: Yes.

24 DR. ALARCON: Yes.

25 DR. PISETSKY: Yes.

1 DR. MERRILL: Yes.

2 DR. GIBOFSKY: Yes.

3 DR. HOFFMAN: Yes.

4 DR. CUSH: Yes.

5 DR. ANDERSON: Yes.

6 DR. WILLIAMS: Yes.

7 DR. CALLAHAN: Yes.

8 MS. McBRIAR: Yes.

9 DR. MANZI: Yes.

10 DR. ILOWITE: Yes.

11 DR. FINLEY: Yes.

12 DR. DAVIS: Yes.

13 DR. DIAMOND: Yes.

14 DR. BUYON: Yes.

15 DR. WALLACE: Yes.

16 DR. WEISMAN: Yes.

17 DR. WILLIAMS: Do we see this improvement as in
18 question 1 as signs of specific organ involvement? John?

19 DR. LOONEY: No.

20 DR. ILLEI: No.

21 DR. HARDIN: No.

22 DR. HAHN: No.

23 DR. DOOLEY: No.

24 DR. PISETSKY: No.

25 DR. MERRILL: No.

1 DR. HOFFMAN: No.

2 DR. CUSH: No.

3 DR. ANDERSON: No.

4 DR. WILLIAMS: We skipped Ciela.

5 DR. ALARCON: No.

6 DR. WILLIAMS: No.

7 DR. CALLAHAN: No.

8 MS. McBRIAR: No.

9 DR. MANZI: No.

10 DR. ILOWITE: No.

11 DR. FINLEY: No.

12 DR. DAVIS: No.

13 DR. DIAMOND: No.

14 DR. BUYON: No.

15 DR. WALLACE: No.

16 DR. WEISMAN: No.

17 DR. WILLIAMS: Matt, I keep skipping you.

18 Matt?

19 DR. LIANG: The first was yes and the second

20 was no.

21 DR. WILLIAMS: Thank you.

22 Do you require further questions? Would you

23 like to know if they require one or more?

24 The next question is for improvement in these

25 signs and symptoms, would we require one or more disease

1 activity measures? I understand some of the concerns Ciela
2 has, but that will be the question. John?

3 DR. LOONEY: I guess I would say that, assuming
4 that the people can prespecify which one they would take as
5 their primary outcome, I would say one.

6 DR. ILLEI: One.

7 DR. HARDIN: One.

8 DR. HAHN: More than one.

9 DR. DOOLEY: I would specify two, with one
10 being BILAG.

11 DR. ALARCON: Two.

12 DR. PISETSKY: Could I ask clarification? If
13 you're doing more than one, is it either/or or both? If
14 you do two --

15 DR. WILLIAMS: The question is do you require
16 one or do you require more than one.

17 DR. PISETSKY: To be positive on more than --

18 DR. WILLIAMS: To be considered as positive for
19 signs and symptoms for --

20 DR. PISETSKY: So if you do one, you are only
21 doing one, not that you're positive in one.

22 DR. WILLIAMS: No. You do one and you show
23 positivity. Therefore, you have benefit in signs and
24 symptoms of lupus, or you require two.

25 DR. ALARCON: Jim, you have to prespecify that.

1 DR. SIMON: Let me just clarify that from a
2 trial design point of view, from our point of view. We
3 have done this before. You are all aware that in
4 osteoarthritis we required three co-primary outcomes that
5 have to win. The trial has to be powered to do that. We
6 don't have a responder index like we do in the ACR
7 rheumatoid arthritis trial designs. So it is possible that
8 you can power a trial that would have two co-primary
9 outcomes. Each you have to win on. A score like this
10 would lend itself very nicely to that in particular.

11 So with those caveats -- and I would ask the
12 chair to ask the question -- with the proviso that the
13 trial was designed appropriately to consider the
14 possibility of more than one co-primary outcome where you
15 would have to win on both or more for a success, then that
16 would be the question that would be applicable, fully
17 recognizing that the power issue of a trial that requires
18 several co-primaries becomes much more complicated and if
19 you go above three co-primaries, you might as well shoot
20 yourself because you basically can't interpret the results.

21 DR. MERRILL: Clarification. Are we requiring
22 more than one activity index or allowing it?

23 DR. SIMON: Okay. That's the other question,
24 and that's an excellent one. We're asking the question
25 from the point of view, since they appear to measure

1 different things and they somewhat ask different questions,
2 so that's a different input into the response, we would ask
3 the question in the context of requiring them.

4 However, let's be clear about the entirety of
5 this. You could also require them to be secondary
6 outcomes, but you would not make a pivotal decision on the
7 secondary outcomes. They would inform you. They could be
8 in the label describing experiences for the patient and the
9 treating caregiver, but they would not be what you would
10 make your decision on for win or not win for approval.

11 So the question really should be, given all the
12 caveats and all the other things about the trial, would you
13 want one or two or more co-primaries for pivotal approval,
14 not really whether or not you want the information, because
15 you want the information. So we would assume they would be
16 otherwise secondary outcomes to be measured.

17 DR. MERRILL: May I make a clarification here
18 as a part of that? There have been published studies, a
19 number of published studies, that show that these diseases
20 do get the same results.

21 VOICES: Indices.

22 DR. MERRILL: Yes, the indices do get the same
23 results. They are, therefore, to some extent redundant.

24 DR. WILLIAMS: Dave, do you have a question?
25 Your microphone is on.

1 DR. PISETSKY: No.

2 DR. WILLIAMS: I'm not sure what the question
3 is myself right now.

4 Mary Anne?

5 DR. DOOLEY: I was just going to clarify one
6 reason why some of us may want two rather than just one is
7 that although they get at the same thing and that if you
8 look at a group of patients, that these things do correlate
9 well. If you have a particular organ focus or your group
10 of patients has a particular disease manifestations you may
11 heavily weight on one of the instruments. So, for example,
12 in nephritis, as Jill had mentioned yesterday, you get
13 points for having proteinuria, for having red cell casts,
14 for having white cell casts so that you get a preponderance
15 of points on one organ system. So for that reason, if
16 you're going to look at global lupus activity, you may wish
17 to look at more than one instrument. That would be my
18 rationale for looking at two.

19 DR. LOONEY: I guess if we're going to focus on
20 a specific organ, though, I would like an organ-specific
21 instrument and not a global one. I think for people who
22 want to look at a more global picture of lupus, what
23 particular kinds of patients they're recruiting may
24 determine which of the scales is the best one for them to
25 use. For that reason, I would like them to be able to have

1 the flexibility to do that. Especially since one of the
2 goals here is to really encourage the development of these
3 products, I don't really want to make it more difficult for
4 people to get approval because we were expecting them to
5 power it for two different indices which overlap in what
6 they're measuring.

7 DR. WILLIAMS: Mike?

8 DR. WEISMAN: Each of these instruments has a
9 certain sensitivity to change based upon some selectivity
10 for the populations that are being studied. They're
11 different in that sense. We've heard all that yesterday
12 and we know this. It's going to be very difficult to
13 require improvement in two of these instruments because the
14 companies, or whoever, is going to select the instrument
15 based upon a particular group of lupus patients that that
16 particular drug is going to be most effective in. So I
17 think that's all we can go. That's all we know at this
18 point. I can't see how we're going to require two
19 instruments. Who's to decide which two, for example. So I
20 have a lot of difficulty with that. That's the problem
21 that I have in your question, Lee. So I would vote for
22 one.

23 DR. WILLIAMS: Susan.

24 DR. MANZI: I'm pretty much agreeing with a few
25 people, but in response to Mary Anne's comment, I really

1 think this is more of dialogue and education of the
2 sponsors when they're designing their trials as to which
3 instrument makes more sense. It's the design of the trial.
4 It's what they're trying to show. There are a lot of
5 factors. I think requiring two is not the answer to that.
6 I think it's understanding the design of the trial, the
7 nuances of the instruments, because they all work and they
8 can all show change. It's just a matter of which is
9 appropriate for that study.

10 DR. WILLIAMS: Gabor?

11 DR. ILLEI: Yes. I just want to say that at
12 least we have data for how each individual instrument
13 works, and although it makes intuitive sense that two may
14 be better, we don't have any data for that. So that's why
15 I voted to accept one instrument.

16 DR. WILLIAMS: Betty?

17 DR. DIAMOND: I think the issue is not two
18 instruments. It's setting the standard. It's question 2.

19 It's what's a significant difference within any one
20 instrument, and I think if you achieve that, there's no
21 question that you've achieved efficacy.

22 DR. WILLIAMS: Bevra?

23 DR. HAHN: I was just thinking of a study
24 design which I thought we were talking about which the
25 primary outcome is reduction in disease activity, and I was

1 thinking that if you could show it by more than one
2 instrument, that people will believe you, and that if you
3 have only one instrument, then there will be all of the
4 concern that it depends entirely on the patient population
5 and it may not apply to everybody else. And there's a
6 little more believability if there are changes in two of
7 the instruments and a little more general applicability.
8 That's what I had in mind.

9 DR. WILLIAMS: Dave?

10 DR. PISETSKY: If it's one instrument, does the
11 trial designer have the option to select them from any of
12 the group out there, or will there be a certain one that's
13 chosen, so different people could use different instruments
14 amongst that? I would have concern about that just in
15 terms of trying to understand amongst agents if everybody
16 is using a different outcome measure. You do need some
17 standardization.

18 DR. WILLIAMS: Dan?

19 DR. WALLACE: I agreed with Mary Anne. I think
20 you need really two instruments. You can argue, for
21 example, that the SLAM doesn't differ from fibromyalgia
22 symptoms, that the SLEDAI is too heavily weighted in CNS,
23 and I think that if you have two, you really cover all the
24 bases and answer all the questions.

25 DR. WILLIAMS: Joan?

1 DR. MERRILL: I think that if you use the
2 BILAG, you've covered all your bases.

3 (Laughter.)

4 DR. WALLACE: I agree with you.

5 DR. WILLIAMS: Mary Anne?

6 DR. DOOLEY: I was going to tell Dan that I
7 actually have changed my opinion. I'm sorry.

8 (Laughter.)

9 DR. DOOLEY: But I am persuaded by the argument
10 that the sponsors will appropriately choose the instrument
11 to reflect the population that they're doing, and I don't
12 think that any of us would read a study and say, well, I
13 don't believe this because they used the SLAM rather than
14 the SLEDAI. I think the data are going to be presented on
15 the patients in summary form, as well as the outcome on
16 activity measures. I would accept an outcome on the SLAM,
17 the SLICC, the BILAG, the SLEDAI without any prejudice.

18 DR. WILLIAMS: Gabor, then Jack, then Lee.
19 Then we're going to vote.

20 DR. ILLEI: What I wanted to say was said
21 already.

22 DR. WILLIAMS: Jack?

23 DR. CUSH: Call the question.

24 DR. WILLIAMS: Lee?

25 DR. SIMON: Before you call the question, Joel

1 in his presentation raised a question about a single
2 instrument use having the risk that there could be
3 imbalance in manifestations between one group versus the
4 other group. Depending on the instrument, if one group had
5 a predominance of hemolytic anemia patients through a
6 randomization, which can happen, and the other group has a
7 predominance of nephritis and not the same manifestations,
8 through randomization -- we're talking about a randomized
9 trial -- would it not be more likely then that more than
10 one instrument would allow better understanding of the
11 responses in that any one therapeutic may not be able to
12 treat both of those manifestations equally?

13 Our concern is that, as it relates to the
14 choice of one instrument for a pivotal outcome, fully
15 recognizing that one would assume that there would have
16 been data accumulated before in phase I through phase II to
17 suggest that, but at the same time anybody who's done a lot
18 of trials knows that in designing a trial, you can go awry
19 in that one particular trial.

20 So could you comment on the potential imbalance
21 of recruitment in patients that would then lead to one of
22 these disease activity indices not performing technically
23 appropriately based on the intervention and the
24 distribution of patients to one arm versus another?

25 DR. WILLIAMS: You're calling for more

1 discussion and I've had others who have called for the
2 question. It's your meeting.

3 DR. SIMON: It's your meeting, number one, and
4 number two, I'm not sure there's an answer but I wanted to
5 be sure that when people voted, they were thinking about
6 this particular problem.

7 DR. LIANG: Mr. Chairman?

8 DR. WILLIAMS: Matt?

9 DR. LIANG: Can I just throw something out on
10 the table? I think that my judgment is that in the ideal
11 world we would have finished off the ACR initiative, and
12 one of the central pieces was to develop a repertoire of
13 target organ response criteria that would be done a priori
14 using available metrics and clinical sensibility really,
15 because I don't think we'd ever get enough numbers to
16 either generate or validate these response criteria. And
17 these would be used as the primary endpoint for sample size
18 calculations if someone was looking at a homogeneous group,
19 but in all instances, the measures that are used to capture
20 activity in these organ systems could be treated as
21 covariates measured in all trials, depending on whether the
22 manifestation was present or not, and used in the analysis.

23 I think that plus the disease activity measure
24 would be my preference. But the sample size would be
25 driven by what the designers were trying to answer, and I

1 would think in large part, depending on whether it's phase
2 I or II, it could be preferentially a major target organ
3 and secondarily the disease activity measures.

4 I don't think we need treatments for mild
5 lupus. We need treatments for severe lupus, and that was
6 another one of the assumptions that we were predicating our
7 work on.

8 DR. WILLIAMS: Mary Anne and then Joan.

9 DR. DOOLEY: I think any one of the instruments
10 would allow you in a very transparent way to see if there
11 was an imbalance in patients in a particular manifestation,
12 and that certainly if you were going to include patients
13 with nephritis or a major manifestation that would have a
14 significant impact on outcome, that you would stratify your
15 groups. So I would say that any instrument that you chose
16 would allow you to determine if there was an imbalance in a
17 particular manifestation and that you could, in fact,
18 account for that statistically.

19 DR. WILLIAMS: Joan. Then we have 10 more
20 questions, so we're going to finish this one up.

21 DR. MERRILL: I don't think any of the
22 instruments are particularly flawed in the way that you
23 fear, Lee. Having said that, I think we have to just trust
24 the designers of the study. Who are you going to enroll?
25 What are you treating with? And what do you expect? I

1 think the studies will be designed keeping in mind -- and
2 some studies are designed with stratifications and
3 randomization. If that's necessary, that should be built
4 in from the beginning.

5 DR. WILLIAMS: I'll remind us for the first two
6 votes, we voted that this study was for signs and symptoms
7 and not for organ-specific. The third question now is do
8 we require one primary or more than one primary variable.
9 John?

10 DR. LOONEY: One.

11 DR. ILLEI: One.

12 DR. HARDIN: One.

13 DR. HAHN: More than one.

14 DR. DOOLEY: One.

15 DR. ALARCON: Two.

16 DR. PISETSKY: More than one.

17 DR. MERRILL: One.

18 DR. GIBOFSKY: More than one.

19 DR. HOFFMAN: One.

20 DR. CUSH: One.

21 DR. ANDERSON: One, but several indices as
22 secondary.

23 DR. WILLIAMS: One.

24 DR. CALLAHAN: One.

25 MS. McBRIAR: One.

1 DR. MANZI: One.

2 DR. ILOWITE: One.

3 DR. FINLEY: More than one.

4 DR. DAVIS: One from a recommended list from
5 the FDA.

6 DR. DIAMOND: One.

7 DR. BUYON: One.

8 DR. WALLACE: One if it's the BILAG; two if
9 not.

10 (Laughter.)

11 DR. WEISMAN: One.

12 DR. WILLIAMS: Matt?

13 DR. LIANG: One.

14 DR. WILLIAMS: Jeff, Lee, is that okay?

15 DR. SIMON: Thank you.

16 DR. WILLIAMS: Moving on to question 2, are
17 statistical changes in the disease activity indices, such
18 as a change in SLEDAI, considered robust evidence of
19 efficacy? What change in a disease activity index is
20 considered clinically meaningful? And Jennifer has been
21 waiting a long time for this one.

22 DR. ANDERSON: The trial design that was
23 presented in the open part of the session suggested an
24 outcome measure which would be 25 percent improvement in
25 SELINA SLEDAI. Then yesterday in the presentation that

1 Matt Liang made, among the experts 70 percent or more
2 agreed that a change in SELENA SLEDAI, an improvement of 7
3 was clinically meaningful. And yet, the entry criteria for
4 the proposed trial suggested that the SELENA SLEDAI be at
5 least 4 at the beginning.

6 So I don't know what the usual distribution
7 including the observed range and then also the possible
8 range of these instruments is, but it would seem that it's
9 likely that both SELENA SLEDAI and BILAG have a similar
10 range because the experts came up with exactly the same
11 changes for improvement and worsening -- well, improvement
12 of 7 and a worsening of at least 8 for each of those. So I
13 don't know whether that's true or not, but that's sort of
14 like the implicit scale that they're putting on them.

15 So all of this is preamble to saying that it's
16 possible that a 25 percent improvement is a good
17 improvement, but I think there has to be a minimum change
18 added to that. I don't know whether it has to be 7 because
19 then that would mean that you've got -- if you're starting
20 off -- if the typical value at the beginning is, say, 15,
21 you'd have to improve by almost 50 percent to improve 7.

22 I don't have any idea what these distributions
23 are. So maybe if somebody does have some idea, that would
24 be helpful in deciding what kind of percent change and how
25 much change would be considered meaningful.

1 DR. WILLIAMS: Jill?

2 DR. BUYON: Well, I think first the problem is
3 designing the type of trial you're doing because if you're
4 going to enter a patient where you require that patient to
5 have a SLEDAI of 4 or greater, there's no way you can make
6 a change of 7. So, obviously, it really depends on what is
7 the question being asked, and I think the difficulty in
8 addressing question 2 is the type of trial design. Is it
9 time to flare, and how do you use the instrument? Is it
10 starting off with a certain number in the instrument? But
11 I would submit that it would be unlikely -- we'd be looking
12 at a trial where we're asking a patient to come in with 4
13 or greater and then expecting to see a change in that as
14 the final outcome. So this is a very difficult context in
15 which to answer this question because we don't know what
16 the trial design is, and I think that's one of the biggest
17 problems.

18 But in the SELENA SLEDAI, changes of 3 were not
19 consistent with flares. So when we defined flares as mild,
20 moderate, or severe and even looking at mild-moderate
21 flares, it didn't perform well with a change of only 3. We
22 missed flares or didn't see them.

23 DR. WILLIAMS: Joan?

24 DR. MERRILL: Yes. I have to agree that a
25 flare index is a very difficult thing. Will the SELENA

1 SLEDAI flare index be validated soon and published? A
2 question to Jill.

3 DR. BUYON: I'm not sure how to answer that.

4 DR. MERRILL: Because otherwise we have no
5 validated or published flare index, which is a problem per
6 se, unless you can use an instrument and define flare as
7 numbers in that instrument.

8 I don't quite understand this 7. You mean
9 people are expected to improve by 7 points?

10 DR. ANDERSON: This was part of Matt Liang's
11 presentation yesterday on the ACR SLE response criteria
12 initiative. The slide on clinically meaningful differences
13 for specific instruments.

14 DR. MERRILL: In the SLEDAI.

15 DR. ANDERSON: SELENA SLEDAI was 7, as was
16 BILAG, and SLEDAI was 6.

17 DR. MERRILL: All right. I think that that
18 would be untenable if you were treating moderate lupus.

19 DR. WILLIAMS: You're being quoted, Matt. Do
20 you have anything you want to say?

21 DR. LIANG: The answer would be too long.
22 That's the data. I think that what is being talked about
23 is really to express the change, whether it should be a
24 percent change or an absolute change. I think that's a
25 decision of an investigator, but I think a change in

1 someone who's got little activity has a different kind of
2 significance than someone who's got a lot of disease
3 activity. I think that that's more an issue of reporting
4 than anything else. The data is there and it can be
5 expressed in different ways to get into that.

6 I think the other thing that our data suggests
7 is that you're not going to do a trial in people with
8 little activity. I think we're all talking about patients
9 with either very severe or moderately severe disease with a
10 lot of activity. Therefore, these changes reflect where we
11 would want new agents.

12 DR. WILLIAMS: Thank you.

13 Jack?

14 DR. CUSH: I want to ask Matt and Joan and Jill
15 and anybody else who wants to comment on their experience
16 with using these tools, but is a 25 percent improvement in
17 SLEDAI or SLAM or BILAG enough, or do you need 50?

18 DR. MERRILL: I think it depends on the drug,
19 and I think we sometimes are treating mild to moderate
20 lupus. I would like to be able to capture the differences
21 for a person who improves in arthritis, which is 4 points
22 on the SLEDAI, or who improves on arthritis and rash, which
23 is 6 points on the SLEDAI. And if that person's pretty
24 severe arthritis got better, I would like to see that 4-
25 point change, and I'd like to know in a published paper

1 that there was a difference there. So I think trying to
2 enforce numbers when there are so many different drugs and
3 so many different ways that they might work is not going to
4 work. I think that a trial design has to come before the
5 committee and it has to be figured out on a case-by-case
6 basis.

7 DR. WILLIAMS: Jill?

8 DR. BUYON: I fully agree with that. I want to
9 clarify, I was actually the person who did the SELENA
10 SLEDAIs on 350 paper patients. Part of the problem was
11 that you couldn't really identify change in patients who
12 came with low levels of activity. So if they started with
13 SLEDAIs that were less than 5, you could not really
14 ascertain meaningful changes because in many cases that
15 might have been a C3 that normalized or DNA and everything
16 clinically stayed the same. On the other hand, when
17 patients came in with high SLEDAI scores, then the
18 meaningful change was 7.

19 So I want to clarify, and I hope Matt will
20 concur. But that basically needed to be told to you so
21 that you could understand the context of that change. It's
22 harder to ascertain change with these instruments when
23 patients come in with lower scores. So, again, we're
24 voting by instrument. I take the good faith that the
25 company who is sponsoring the trial will, a priori, know

1 that if they're looking at a patient who's mild, SLEDAI
2 would not work in that particular situation.

3 DR. WILLIAMS: Lee?

4 DR. SIMON: So, Joan and Jill, help me
5 understand this. Are you suggesting then that you would
6 actually parse out a change that would be perhaps small in
7 a SLEDAI score that would interpret an important event in
8 the improvement of arthritis for an approval as opposed to
9 a publication?

10 DR. MERRILL: If I had a medication that
11 improved lupus arthritis significantly, I would like to
12 capture that, and I think maybe Jill has made the point
13 that the SLEDAI might not be a good instrument to use for
14 that. The SLEDAI might be a much better instrument applied
15 to more severe lupus.

16 DR. WILLIAMS: Mary Anne?

17 DR. DOOLEY: Forgive me if someone has already
18 made this point, but I think the degree of improvement
19 would also depend on the toxicity of the drug. If I was
20 using Cytoxan, sure, I'd want at least a 7-point
21 improvement. But if I'm using something with far less
22 toxicity, I would accept a lower amount of improvement. So
23 to some extent, it does depend. That's also related,
24 obviously, to the severity of disease and, therefore, the
25 entry scores that patients would be coming in with. But

1 the toxicity of the drug that you're proposing and the
2 severity of illness of the patients would make a difference
3 in terms of what a meaningful change would be.

4 DR. WILLIAMS: Ciela?

5 DR. ALARCON: The design for the patient with
6 very low lupus activity will be really time to flare. It
7 will not be really improvement or a decrease in the number
8 in the instrument.

9 DR. WILLIAMS: Joel?

10 DR. SCHIFFENBAUER: I just wanted to get
11 clarification. The question was referring to a disease
12 activity index or a measure of global activity, but the
13 issue of measure of flare came up. My understanding would
14 be that any statistically significant difference in flares,
15 rates of flares, number of flares, would be considered
16 clinically meaningful. Can I get some agreement on that
17 aspect of it and then go back to the disease activity index
18 issue?

19 DR. WILLIAMS: Joan?

20 DR. MERRILL: Yes, I think the numbers of
21 flares is definitely clinically meaningful. I have some
22 possibly piddling concerns about the use of flare indices.
23 For example, it's summertime and people go out in the sun
24 and they get a skin flare. That's a minor flare, but it
25 still counts. So it depends on the kind of flare you're

1 counting and you really have to differentiate between these
2 mild ones and the really significant flares.

3 DR. WILLIAMS: My understanding of question
4 number 2 from the discussion is that we can't give you a
5 specific answer. It depends on the severity of the
6 disease, the toxicity of the medication.

7 Question number 3. Please discuss the data
8 that should be collected for a study of lupus nephritis.
9 Please discuss the sensitivity to change and clinical
10 interpretability of change in GFR versus doubling of serum
11 creatinine versus 50 percent increase in serum creatinine.

12 What is clinically meaningful change in hematuria and
13 proteinuria? Can resolution of hematuria/proteinuria be
14 considered evidence of an important clinical benefit in the
15 treatment of renal disease? Is the measure of RBC casts
16 more useful for this?

17 DR. WALLACE: I think we should hear from Matt
18 because his committee has come out with summary
19 recommendations on that.

20 DR. WILLIAMS: Matt, do you want to start off?

21 DR. LIANG: (Inaudible) physiology or data to
22 really make an informed choice, and when you review the
23 literature, people have defined it so many different ways
24 that it's impossible to do any qualitative or quantitative
25 synthesis in a meaningful way.

1 So having none, the committee took the low road
2 and said that it's better to be consistent than to be
3 right, and we have put together recommendations in writing
4 based heavily on how the nephrology community has moved
5 towards measuring renal function, but basically using
6 clinical judgment to a priori define what we think are
7 improvements, stable, and worsening renal disease for the
8 glomerular nephritides in lupus.

9 That manuscript is being finalized, but delayed
10 because I've been out, and it's going to work its way
11 through the ACR committee structure. It's the first of the
12 seven target organs that we have dealt with in various
13 forms.

14 DR. WILLIAMS: Bevra.

15 DR. HAHN: Could you give us an idea of what
16 the conclusions are, Matt? Is it a composite?

17 DR. LIANG: At the end of the day, the groups
18 that have met have felt that you needed to have a measure
19 of renal function, and basically the nephrologists in a
20 very extensive documentation have said that clearances
21 based on the serum creatinine and other easily obtainable
22 information is good enough. That would be one parameter,
23 and we basically said -- I've forgotten exactly what the
24 percentage was at the end of the day would be an
25 improvement. Another would be stable and another would be

1 worsening.

2 They felt that a measure of urinary protein
3 excretion would be another metric, and a convenient way to
4 do that would be to get a (inaudible) urine protein/urine
5 creatinine ratio, and we stated what we thought was an
6 improvement, stable, and worsening renal disease.

7 Urinary sediment, even though everyone is in
8 love with it, there's little data on reproducibility, but
9 we felt that if a sponsor could commit the resources and
10 guarantee quality and reproducibility, that urinary
11 sediment would also be a parameter of active inflammatory
12 disease. And we tried to state what we thought was
13 explicit criteria.

14 And then the final one was -- I'm forgetting
15 actually. We tried to make a statement on renal pathology
16 which was that it's nice if you can get it, and we strongly
17 urge it. We also urged that a repeat biopsy be done
18 especially if one of the endpoints was remission at an
19 appropriate interval after the treatment.

20 Those are the highlights, but the full document
21 is working its way through.

22 DR. WILLIAMS: Did you have any specific
23 comments on hematuria?

24 DR. LIANG: Well, hematuria was included in
25 that urinary sediment. I think we all use it clinically,

1 but in a trial situation where you have multiple labs,
2 multiple investigators, we thought that the quality
3 assurance had to be guaranteed before one used it. Again,
4 it's one axis of describing response.

5 DR. WILLIAMS: Jeff?

6 DR. SIEGEL: Matt, at the Dusseldorf meeting
7 there was a lot of discussion about what change in
8 proteinuria would be clinically meaningful.

9 DR. LIANG: Yes.

10 DR. SIEGEL: And there was some thought that
11 you should really move from nephrotic range to below 1,000
12 or below 500 milligrams.

13 DR. LIANG: Yes.

14 DR. SIEGEL: Can you just discuss how that
15 ended up in the final discussion?

16 DR. LIANG: Actually if it would please the
17 committee, I'm away from the paper, but I can get it and
18 come back with you when you're ready for it. I can give
19 you more specifics. I can't do this from memory anymore.

20 DR. WILLIAMS: If you'd do that, we'd
21 appreciate it, Matt.

22 DR. LIANG: I'll be back in 5 seconds.

23 DR. WILLIAMS: Mary Anne?

24 DR. DOOLEY: Matt, before you head out, we also
25 distinguished between proliferative and membranous disease

1 so that the response would be different based on the
2 lesion. That would imply that a biopsy prior to study
3 entry would be required obviously.

4 DR. WILLIAMS: While we're waiting for Matt to
5 come back, one of the questions is the sensitivity to
6 change and clinical interpretability of change in GFR
7 versus doubling of creatinine versus 50 percent increase in
8 serum creatinine. Any comments on that?

9 DR. DOOLEY: As Matt has already described,
10 this remains a contentious issue among the nephrology
11 community as well, and I think that looking at the formula
12 to calculate creatinine clearance was highly regarded, and
13 that would be the Crockoft-Gault in adults, and correct me
14 if I'm wrong, I think it's the Schwartz in children. So
15 you would apply the appropriate instrument for the age of
16 the patient, and that was accepted as a measure of
17 creatinine clearance, recognizing the difficulty of doing
18 iothalamate clearances or the concern about the patient's
19 ability to complete 24-hour urine collection.

20 DR. WILLIAMS: Lee?

21 DR. SIMON: Could you just comment a little bit
22 more about the difficulty in performing iothalamate
23 clearances? Is this just a technical structural issue of
24 bringing the patients in to do that and then, thus, not
25 enthusiastic to be in a clinical trial, or is there some

1 other component to its difficulty?

2 DR. DOOLEY: I'm not an expert on this but my
3 understanding of the difficulty is it's a radio-labeled
4 study. Therefore, you have to be able to give the patient
5 a radioisotope and you have to be able to collect the urine
6 the patient passes and dispose of it appropriately. Many
7 GCRCs don't offer that as a procedure. So the major
8 concerns that I have seen have been in the use of the
9 radioisotope and then the availability of the test.

10 DR. WILLIAMS: Jack, then Norm.

11 DR. CUSH: Glo-fil or iothalamate
12 determinations are very reproducible and very reliable.
13 They are easy to do. The biggest hassle is that the
14 patient has to go somewhere else to have it done, number
15 one, and then the availability in any center or any city is
16 quite suspect. In Dallas, it has moved around to a few
17 different places. It used to be at the medical school.
18 Now it's over at Baylor. So it's a moving target. In a
19 city as big as Dallas is, right now there's only one site
20 that does glo-fils for our patients. So it is available
21 but it can be hard to find even in big centers.

22 DR. ILOWITE: Noninvasive methods for
23 determining glomerular filtration rate and degree of
24 proteinuria have been validated in children, and it's even
25 more extraordinarily difficult to get 24-hour urines in

1 adolescents, even in in-patients. Thirdly, our children's
2 hospital IRBs I would expect to consider nuclear medicine
3 scanning for creatinine clearance or glomerular filtration
4 rates unethical if there was a noninvasive method that had
5 been relied on and is validated.

6 DR. WILLIAMS: Gabor?

7 DR. ILLEI: In the literature, there are data
8 that some of these estimates of GFR correlate with the true
9 measure of GFR over 90 percent and they are actually more
10 reliable than the creatinine clearance. There are
11 different formulas from the diabetic renal disease studies,
12 and the Crockoft formula is also about 90 percent in terms
13 of correlation with measures of GFR.

14 DR. WILLIAMS: Joan?

15 DR. MERRILL: Yes. I want to point out that
16 any nephritis trial at this point, especially with multiple
17 agents being tested, is going to have to be a very multi-
18 center study, and so it's probably impractical to rely on
19 methods that may not be available in most cities.

20 DR. LIANG: Mr. Chairman?

21 DR. WILLIAMS: Yes.

22 DR. LIANG: Anytime you're ready.

23 DR. WILLIAMS: I'm ready now.

24 DR. LIANG: I could tell you about some of the
25 definitions we had for complete renal remission, end-stage

1 renal disease, and nephrotic syndrome. I can tell you
2 about what the recommendations were for calculated GFR,
3 urinary sediment, and urinary protein. Also, we tried to
4 list, in terms of adding to the CONSORT recommendations,
5 what we thought were the essential covariates for the
6 conduct and reporting of renal trials in SLE. So I'm
7 prepared to give you any or all. I don't know if you want
8 to spend all the time.

9 I think Jeff's comment was proteinuria?

10 DR. WILLIAMS: Yes.

11 DR. LIANG: Here we said a spot urinary protein
12 ratio over urinary creatinine was the preferred measure,
13 and it's documented in the kidney community with extensive
14 documentation. We said that an improvement was at least a
15 50 percent reduction in the UP over urinary creatinine. A
16 partial response was at least 50 percent reduction and the
17 UP over UC equal to .222, and a complete response was a UP
18 over UC equal to 0.2 to .2 and less than 0.2. Stable would
19 be unchanged UP over UC, and worsening was 100 percent
20 increase in the UP over UC and greater than 1 gram of
21 protein per 24 hours.

22 Was that the question you had, Jeff?

23 DR. SIEGEL: Yes, thanks.

24 DR. LIANG: Okay.

25 DR. WILLIAMS: Are there other questions for

1 Matt regarding the data he has? Bevra.

2 DR. HAHN: Yes. Matt, what was the discussion
3 about using creatinine clearance as opposed to creatinine
4 or reciprocal of creatinine or something like that?

5 DR. LIANG: That was very interesting, Bevra.
6 Based on the two committees' deliberations, I think the
7 most experience in that ratio, 1 over creatinine, has been
8 in diabetic nephropathy, and I think it was held out as a
9 promise. Everyone is going to collect the creatinine. So
10 I think that it's sort of moot. People could express it,
11 and whether that is a better predictor of end-stage renal
12 disease I think is a jump ball in renal nephritis, but
13 there is some suggestion that it is. But I think everybody
14 would be collecting the creatinine anyway, and that could
15 be deduced from future data.

16 DR. WILLIAMS: David?

17 DR. PISETSKY: In terms of the renal
18 improvement, if you have both renal impairment and
19 proteinuria, do you have to meet criteria for improvement
20 in both to be considered a responder?

21 DR. LIANG: Actually we did not deal with that.
22 We were just trying to establish the essential key
23 parameters that one should collect, but there was strong
24 interest in someone doing that work, which is to create a
25 one-number renal index. That obviously we couldn't do with

1 the kind of funding we had for these committee meetings.
2 But that's certainly a worthwhile research goal I think.

3 DR. WILLIAMS: Bevra, did you have another
4 question?

5 DR. HAHN: No.

6 DR. WILLIAMS: Mary Anne?

7 DR. DOOLEY: Well, I think it would be
8 essential that you could not worsen your renal function and
9 be counted as a success because as your creatinine
10 clearance falls, your proteinuria will fall as well, so
11 that you would have to have at least stable renal function
12 to have a fall in proteinuria count as a success.

13 DR. WILLIAMS: Dan?

14 DR. WALLACE: One of the major concepts we
15 discussed at this committee is that renal function per se
16 rarely improves. Yet, preventing it from getting worse can
17 be considered a success, and that has to really be factored
18 into things.

19 DR. WILLIAMS: I'm not sure we've given you a
20 lot specific help, but some generalized help. Are there
21 any further questions the agency has?

22 Jill?

23 DR. BUYON: One clarification I would ask Matt.
24 Did you have any time to have these changed because is a
25 year good enough, is it 2 years? Because we've certainly

1 seen accomplishment of those goals and then 6 months later
2 things relapse. So my question has to do with stability.

3 DR. LIANG: Yes, we did. Basically I think the
4 committee recognized that short trials are -- you know,
5 using these parameters are necessary and practical, but
6 they thought that the minimum optimal length for assessing
7 meaningful outcomes in trials of lupus GN would be at least
8 2 years and for membranous disease, even longer than 2
9 years. But I think this has to do more with -- well, this
10 is the clinical sense of the kind of trajectories and the
11 durations that you would need to do.

12 DR. WILLIAMS: Jack?

13 DR. CUSH: Matt, could you comment on whether
14 the discussion at all migrated into -- instead of looking
15 at improvement, which may be difficult and hard to agree
16 upon, to rather look on failure as the outcome measure, so
17 more hard and fast rules like end-stage renal disease or
18 doubling of creatinine or worsening of proteinuria? Were
19 those felt to be at all less preferable or equally useful?

20 DR. LIANG: There were other people who were at
21 that committee meeting. I don't think I really nailed that
22 with the committee. We were basically trying to develop
23 the parameters and to define the parameters of improvement,
24 stable, and worsening within those parameters, but not as
25 deeply as you're asking.

1 DR. WILLIAMS: Since we've been of such
2 specific help on nephritis, we'll now move to CNS lupus.

3 (Laughter.)

4 DR. WILLIAMS: Please discuss data to collect
5 for trials in CNS disease.

6 Dan?

7 DR. WALLACE: I think that any CNS trial would
8 have to include spinal fluid because you have cell count,
9 protein, oligoclonal DANDS, IgG synthesis rate, neuronal
10 antibodies, even LE cell preps on Wright's stain of the
11 spinal fluid. There's no other parameter for a CNS lupus
12 other than imaging, functional imaging, that's as precise.

13 DR. WILLIAMS: Gabor?

14 DR. ILLEI: I think it should be clarified a
15 little more exactly what we understand as CNS disease. Is
16 it all neuropsychiatric manifestations of lupus or is it just
17 lupus cerebritis inflammatory brain disease? Because I
18 think that the data you collect for a neurocognitive study
19 is different from one that you use for cerebritis.

20 DR. SIMON: Are you sure? I think we're
21 starting from scratch. I don't think we have a real good
22 understanding here, so we're trying to be as broad as
23 possible without any assumptions that we understand that
24 neuropsychiatric symptomatic manifestations -- so the
25 psychiatric manifestations -- really don't have good

1 clarity about what any other kind of objective measures
2 might have.

3 DR. WILLIAMS: Bevra?

4 DR. HAHN: Before we start this, are we going
5 to adopt the international committee's classification of
6 CNS lupus to base this discussion on, where we wouldn't
7 have a word like lupus cerebritis, for example? There are
8 something like -- I don't remember -- 17 or 21.

9 DR. WALLACE: 18 or 19 different types. At the
10 SLICC meeting, when we actually broke it down, we figured
11 out that 4 of the 18 were responsible for 95 percent of all
12 the cases.

13 DR. HAHN: Do you remember what those 4 were,
14 Dan?

15 DR. WALLACE: I think it was whatever we have
16 as vasculitis, phospholipid-mediated, the vascular, which
17 is the lupus migraine and cognitive impairment, and I can't
18 remember.

19 DR. WILLIAMS: As verbal as this committee has
20 been, there are few hands on this discussion.

21 (Laughter.)

22 DR. WILLIAMS: Bevra?

23 DR. HAHN: I brought it up because I honestly
24 don't think we can discuss this until we decide. If we're
25 going to use that classification, then we can decide only

1 certain categories are studiable, and how those could be
2 studied. Without that, if we're just going to use just
3 seizures and psychosis, then we're pretty limited.

4 DR. WILLIAMS: Jack?

5 DR. CUSH: As the diagnosis is so difficult in
6 itself and the classification is hard to get everyone to
7 agree upon, although I think that the international
8 guidelines probably should rule at this point, pending
9 further work from a guidance document like from Matt's
10 group on end organ involvement with the brain, I don't
11 think that trials in CNS disease can be done at this time.

12 DR. WILLIAMS: Betty?

13 DR. DIAMOND: I agree with Bevra that one
14 should adopt that for CNS trials, and there are 19
15 different syndromes. I think that this is one of those
16 situations where the data that you collect depends on your
17 claims, and it's as Gabor said. If you're trying to treat
18 vasculitis, you certainly need an LP. If you're trying to
19 treat neurocognitive changes, it would be interesting
20 research, but it's not clear that it's going to be an
21 outcome measurement that you would need. So I think it's
22 important to use the 19 syndromes and that studies have to
23 clarify what their claims are and what they think they're
24 treating.

25 DR. WILLIAMS: Joan?

1 DR. MERRILL: And I hope that whoever is
2 sitting out here in this room who would love to study
3 neuropsychiatric lupus or have it studied -- I don't mean
4 to thwart your aspirations, but I agree with Jack. I think
5 we can't have this discussion right now. I think there are
6 too many etiologies involved that we don't really
7 understand. There's a crying need for research on a
8 clinical level to try to sort these patients in some way
9 and measure outcomes. But there's no instrument -- and I'm
10 including all the good instruments that we have for global
11 lupus -- that really can capture before and after
12 improvement/not improvement in neuropsychiatric lupus in
13 any way that I think has been pulled together. So if Matt
14 wants to fight for some more funding to do his kind of
15 work, this is a crying need, and I don't think our
16 discussion right now is going to be very productive.

17 DR. WILLIAMS: Wendy?

18 MS. McBRIAR: I would just like to encourage
19 you if testing is done in this area that it be the least
20 invasive possible.

21 DR. WILLIAMS: Bevra?

22 DR. HAHN: I suggest that for our next meeting
23 that maybe this be tabled -- I don't know if we work that
24 way on this committee -- and the international
25 classifications be circulated to members of the committee.

1 There will be some we probably don't want to include, like
2 anxiety is one and depression is one. We may not want to
3 include those as they relate to lupus specifically. So
4 maybe we need to have a look at them before we take this
5 up.

6 DR. WILLIAMS: My sense of the committee is
7 that we're not going to be much help on this question.

8 Question number 5. What is the standard of
9 care for lupus nephritis? Are there circumstances where
10 steroids alone would be the appropriate therapy for lupus
11 nephritis?

12 Lee?

13 DR. SIMON: I just want to make one little
14 caveat here. The way this question is designed is to tease
15 out what we alluded to yesterday and just want to make
16 clear to everybody the regulatory perspective of standard
17 of care.

18 If Cytoxan is what you think is standard of
19 care, along with some other drugs, because it has not been
20 proven nor approved to actually do what we think it might
21 by standard of care, it cannot be a comparator other than
22 it serving as placebo. You can't do a noninferiority trial
23 against cyclophosphamide at this stage of the game.
24 Glucocorticoids, however, are approved and could be a
25 comparator that you could beat or be not inferior than to

1 be able to be approved. So from a regulatory perspective,
2 that's part of this question, and we wondered if you would
3 think about it in that way.

4 DR. WILLIAMS: Dan?

5 DR. WALLACE: According to the NIH trials,
6 steroids alone were equivalent to Cytoxan up to the first 5
7 years. After the first 5 years, they were associated with
8 more morbidity and mortality. But one little thing that's
9 not appreciated about the NIH study is that they mixed
10 membranous with proliferative patients, which we would
11 never do now. So the answer is we really don't know.

12 DR. WILLIAMS: Gabor?

13 DR. ILLEI: Well, I just have to voice my
14 reservation in terms of the approach of not accepting
15 cyclophosphamide as standard of care. I think
16 cyclophosphamide is the standard of care for proliferative
17 lupus nephritis. I think conceptually we do clinical
18 trials, even if they are not optimal, to assess a chance of
19 a drug, how they will work in practice, and even if a drug
20 was accepted as standard of care and performs fairly well
21 in practice, even if the studies that served as the impetus
22 to use it in everyday care, I think it should be accepted
23 as a comparator.

24 DR. WILLIAMS: Jack?

25 DR. CUSH: Lee, you're saying because

1 cyclophosphamide is not approved, it can't be the active
2 comparator in a standard of care trial. Is that right?

3 DR. SIMON: No. What I'm saying is that it can
4 always be used as an active comparator at any time you
5 want, but to be able to achieve your proof of evidence that
6 your study drug works, you'd have to show that you are
7 better than cyclophosphamide because cyclophosphamide, from
8 a regulatory point of view, regardless of its use as
9 standard of care, has not been approved for the treatment
10 of lupus nephritis if that's what you're studying.

11 DR. CUSH: But do these rules apply to orphan
12 situations such as this? The reason there's no data and it
13 hasn't been studied is because, A, the drug is very old and
14 its use is not really that great. I think everyone would
15 say that this is clearly the standard of care. At least,
16 that's what I'm going to say.

17 DR. SIMON: Based on what?

18 DR. CUSH: Based on its use.

19 DR. WILLIAMS: You're asking what the standard
20 of care is. The standard of care is cyclophosphamide. It
21 doesn't necessarily mean it's evidence.

22 Joan?

23 DR. MERRILL: Lee, is there any appropriate
24 mechanism that this committee could communicate to the FDA
25 the opinion, if we have it, which we would have to vote on,

1 that this rule is unresponsive to what we need to
2 accomplish in lupus? Just to communicate our opinion.

3 DR. SIMON: This isn't a rule. This is much
4 more than that. It is one of the fundamental issues of the
5 establishment of efficacy within the construct of the
6 agency. That's one.

7 Two, you can obviously make a consensus opinion
8 here, whatever that might be, and we will be happy to
9 convey that opinion to the powers that be.

10 DR. MERRILL: I don't think anyone is
11 comfortable with this. I think all of us physicians would
12 be thrilled to get a drug that's equal to cyclophosphamide
13 and safer and doesn't cause sterility.

14 DR. SIMON: Can I ask another question, though?

15 DR. MERRILL: Yes.

16 DR. SIMON: We're all very opinionated about
17 this. This is one of the more emotional issues within the
18 field. Where does the emotion come from? What data? I'm
19 not asking your personal experience. I have the same
20 personal experience that you have of being a rheumatologist
21 for 25 years and taking care of patients with lupus
22 nephritis. But there is an enormous amount of emotion that
23 is based on no or very little data. And please do not
24 quote the NIH trials, which are nonexistent, because
25 they're retrospective analyses.

1 DR. MERRILL: No, no. Hold on a second. The
2 emotion is not based on data, but we haven't got any
3 alternative. So you can't ask me to produce data. I would
4 be happy to have something to offer my patients as good as
5 cyclophosphamide, because that's all I have. Of course, I
6 wish I could get something better, but if I learned that
7 there were a drug that was equal to cyclophosphamide in a
8 trial that would not cause a 22-year-old to become sterile,
9 I'd want to use it.

10 DR. WILLIAMS: Gabor?

11 DR. ILLEI: Just a comment on the NIH studies
12 although I was not personally involved in any of those.
13 The first that was published by Austin back in the early
14 '80s was a summary of five different studies, and those are
15 all perspective. But the others published by Boumpas and
16 Gourley subsequently were all perspective, randomized,
17 controlled studies. They were not retrospective analysis
18 of data. They were not placebo-controlled but they were
19 prospective and randomized.

20 DR. WALLACE: The NIH-funded Ed Lewis multi-
21 center trial study with Cytoxan apheresis was also
22 prospective on over 100 people.

23 DR. WILLIAMS: Betty?

24 DR. DIAMOND: I just want a clarification.
25 You're saying what Joan thinks you're saying. Right? That

1 noninferiority to Cytosan with less side effects is not an
2 approvable indication. It's not an approvable claim. Is
3 that correct?

4 DR. SIMON: The question is in that Cytosan is
5 not approved for this indication, a trial against it as the
6 comparator, you would have to be superior for approval.
7 There is no mechanism to provide a noninferiority claim to
8 a drug that is not approved in the indication even if it is
9 more safe.

10 DR. WILLIAMS: Jeff?

11 DR. SIEGEL: I wanted to respond to Joan's
12 question about what she and other people could submit to
13 the agency that could be helpful, and this is by way of
14 fleshing out some of the concerns that Lee has expressed.

15 Investigators that I've talked to who want to
16 be able to have a drug approved based on being as good as
17 cyclophosphamide or almost as good as cyclophosphamide but
18 less toxic say that when a drug works as well as
19 cyclophosphamide, they know. Well, what would be helpful
20 is for us to know how you know, exactly how you'd measure
21 it.

22 So the reason that we ask for either
23 superiority or noninferiority is that the agency does not
24 want to approve drugs that don't work.

25 DR. MERRILL: You don't know with a head-to-

1 head trial. I am not suggesting that we're going to
2 somehow emotionally get a drug approved. I'm asking for
3 some --

4 DR. SIEGEL: Joan, let me -- can I just finish?

5 So in a noninferiority trial, the way we make
6 sure that we're not approving a drug that doesn't work is
7 to look at the active comparator -- in this case it would
8 be cyclophosphamide -- and ask what its effect size is, how
9 effective is it.

10 So what we would ask you to do, if you wanted
11 to submit your opinions to the agency to help us in our
12 decision making, is to decide what is the effect of
13 cyclophosphamide. And it would be, for example, in such
14 and such a group of patients, the effect of
15 cyclophosphamide is to cause resolution of nephritis in 50
16 percent, 25 percent, 75 percent of patients as defined by
17 thus and such within such and such a time frame. I haven't
18 heard that yet, but knowing what people believe the effect
19 of cyclophosphamide is would be helpful.

20 The NIH studies established, or at least
21 indicated, that over a 5- to 10-year time frame, the
22 progression to end-stage renal disease was lower than with
23 an active comparator, corticosteroids. I don't think you
24 all are saying that you think a drug is as good as
25 cyclophosphamide because in 5 years you have less

1 progression to end-stage renal disease. There's some other
2 effect of cyclophosphamide you're basing your presumption
3 on. It's presumably resolution of nephritis, urinary
4 sediment, normalization of creatinine, something. Defining
5 what that is and what the effect is you think you're seeing
6 would be very important and helpful to let us be more
7 specific about what we're talking about.

8 DR. WILLIAMS: Mary Anne?

9 DR. DOOLEY: I think one of the difficulties
10 that we all face is it's going back to the NIH trials and
11 trying to interpret them because, if we remember, the
12 original NIH trial, that then took 15 years to show a
13 difference, didn't use the regimen of Cytoxan that we
14 currently use. So patients were only given a dose of
15 Cytoxan every 3 months from the very beginning. So along
16 the way, this so-called NIH regimen has changed several
17 times.

18 Additionally, in at least the first two trials,
19 patients with severe renal disease were excluded. So in
20 the original trial, you couldn't come in with a serum
21 creatinine above 2. In the subsequent trials, you couldn't
22 enter presenting with acute renal failure, which is a not
23 uncommon presentation, at least at our institution. And if
24 you required dialysis, you could not come in.

25 So the reality is we look at these studies that

1 were done at least initially in caucasian patients, the
2 lowest risk group, and try to interpret them in light of
3 the patients that we actually see.

4 If we look at our data, that is, southeastern
5 United States, two-thirds African American, Cytosan works,
6 if you look at the group overall, about 70 percent of the
7 time, similar to many of the older RA medications. So a
8 highly toxic drug that does produce a benefit, but
9 certainly not for 100 percent of the patients.

10 And then if you look at subgroups, particularly
11 African Americans, we see a much lower rate of efficacy.

12 So I think one of the difficulties in your
13 question is that the drug has not been appropriately
14 studied in a clinical trial situation for us to be able to
15 state what we believe the response would be.

16 DR. WILLIAMS: Mike Weisman?

17 DR. WEISMAN: The question that Lee is posing
18 to us is pretty straightforward. The message starts out
19 that the agency will not permit an advertisement of a drug
20 that is equivalent to another drug that has not been
21 approved for the disease. That kind of makes sense to me.
22 I don't see why we're hung up on that. That's the rule.
23 Right? That's the rule and we can't get around that.

24 So he's asking the separate question here which
25 is, what are the circumstances where steroids alone would

1 be appropriate therapy for lupus nephritis to allow or
2 permit the possible claim of an effective new agent for the
3 disease? Let's answer that question instead of just kind
4 of going back over this same issue.

5 Is it possible? Is there a form of lupus
6 nephritis where steroids alone over 3 to 6 months would be
7 an appropriate comparator to a BLYS agent or a CellCept or
8 something else that might be investigated as a superior
9 drug or even equivalent to steroids and safer in lupus
10 nephritis? Is there a period of time, 3 to 6 months?

11 DR. WILLIAMS: I have myself down, and I don't
12 think that I would be successful in recruiting patients to
13 a trial that allowed steroids only for treatment of lupus
14 nephritis in our area.

15 Norm?

16 DR. ILOWITE: I wanted to tweak Betty's
17 hypothetical question. Would a company be able to come in
18 with a claim based on noninferiority if it was comparing
19 steroids plus Cytoxan plus placebo to steroids plus Cytoxan
20 plus active drug, where steroids is the approved agent?

21 DR. SIMON: What's the primary outcome that
22 you're measuring?

23 DR. ILOWITE: Well, before I dig a hole, can
24 you think of an outcome that would be approvable under that
25 design?

1 DR. SIMON: Well, it really turns on the issue
2 that the consistent therapeutic is the glucocorticoid, and
3 the study drugs are really cyclophosphamide versus the new
4 therapeutic that you're talking about. Under those
5 circumstances, if your new therapeutic was better than the
6 combination of glucocorticoid and Cytoxan, then there's no
7 problem. If the new medication is designed to be not
8 inferior to the glucocorticoid and Cytoxan -- and I think
9 Michael's previous statements are the issue at hand -- the
10 label and otherwise would look like that this new drug was
11 not different than glucocorticoids. It could not really
12 reflect the benefit or lack thereof of cyclophosphamide in
13 that context, and cyclophosphamide does not have a proven
14 role clearly in the treatment of lupus nephritis.

15 DR. WILLIAMS: Joan?

16 DR. MERRILL: I would be willing to say that it
17 would probably be considered ethical at my institution to
18 do a trial in which people were started on glucocorticoids
19 plus placebo or glucocorticoids plus agent with a 2-month
20 check, and actually a continuous check. If they get worse
21 at any time, they're going to have to switch. If they stay
22 stable at the 2-month check, if they're not improving, that
23 might be time for something or maybe you could go from
24 there to 3 months where you know you're a failure. You
25 don't see improvement. Then you're a failure and you've

1 got to do something. You could have a little something and
2 a big something, something like that. You could design a
3 trial like that, and I actually think it would be ethical.

4 We did the CellCept trial, as you're aware, and
5 if CellCept had not worked at all, we would have had
6 patients stuck on steroids for up to 3 months if they
7 weren't getting worse. At any point we could have jumped
8 out and saved them.

9 DR. WILLIAMS: Joel?

10 DR. SCHIFFENBAUER: Yes. I just wanted to
11 follow up with Dr. Dooley's comment there. Clearly in the
12 NIH trials, there were subsets of individuals that had
13 relatively stable disease, even though they had diffuse
14 proliferative, and the question is would that be a
15 population that could be studied with steroids alone with
16 an early escape, as Dr. Merrill has pointed out, for
17 worsening disease. They then could be treated with a more
18 aggressive therapy. The benefit to doing that would be to
19 simplify the analysis and also eliminate the
20 cyclophosphamide which, as I said, may actually make it
21 difficult to demonstrate effect of any new therapy that we
22 want to look at.

23 DR. WILLIAMS: Susan?

24 DR. MANZI: Well, I think everyone is gradually
25 coming to the table with what I was going to pose as a

1 question. But first, I wanted to comment.

2 I don't think you have to go head to head with
3 Cytosan to show efficacy if you define what response is up
4 front, what is an agreeable improvement, which is what
5 Matt's group is doing. And if the drug does that, that's
6 fine.

7 Then I was going to pose the exact question
8 that Michael did. Can we conceptualize a trial with an
9 escape clause so that we felt comfortable with that to just
10 treat short-term steroid alone in proliferative disease?
11 My contention is you could. I wouldn't see IRB issues and
12 patient issues as barriers to that. I'm not talking about
13 aggressive creatinines coming in at 2. Those are the kinds
14 of exclusions that I think sponsors are aware of. It is
15 just safety nets built in and just look at the efficacy of
16 the drug based on a priori response. And that seems
17 feasible to me.

18 DR. WILLIAMS: Jack?

19 DR. CUSH: I think, despite Michael's comments,
20 which I agree with, it seems pretty simple. But there is
21 an unfortunate discordance between what's obvious as far as
22 the FDA regulations say, we can't have a noninferiority
23 claim because of the shortcomings of what's been done thus
24 far, but nonetheless, the fact is what has been done
25 without much data is that the standard of care really is IV

1 Cytosan for people with class 3 and 4 disease.

2 But knowing that we can't do that, we could go
3 ahead and we could do a glucocorticoid head-to-head trial
4 and prove at least equivalence, if not superiority, and
5 have certain safety outs for toxicity reasons. But,
6 unfortunately, that's very, I think, inhumane to many of
7 our patients because 6 months of high doses of steroids
8 they will hate and they will hate us for it and they will
9 hate themselves. It's really unfortunate we can't do that.

10 To get to Jeff's question, I'll answer his by
11 saying, how do I measure the outcomes here? I would want
12 improvement or resolution in proteinuria/hematuria, a rise
13 in creatinine, and some sort of serologic measures at least
14 in 2 out of 4 for at least 6 months, and that would be my
15 improvement in a trial.

16 DR. WILLIAMS: Gabor?

17 DR. ILLEI: I think that it's feasible to do a
18 lupus nephritis study with steroids being the comparator or
19 control, especially if you use pulse, mostly pulse Solu-
20 Medrol. I think the last NIH studies has shown that at 6
21 months the response rate is fairly similar to Cytosan. I
22 think that there is a way to choose patients who have
23 active proliferative disease but do not have bad prognostic
24 factors and setting up strict withdrawal criteria. I think
25 it can be done safely.

1 DR. WILLIAMS: We have other questions. We
2 still have six more people on this one. Bevra?

3 DR. HAHN: No.

4 DR. WILLIAMS: Mary Anne?

5 DR. DOOLEY: I think again, to go back to the
6 original NIH trial to try to get a sense of is it safe to
7 treat patients with proliferative nephritis with steroids
8 alone, remember that those patients had an average duration
9 of nephritis of 11 months before they came in, and they
10 were 100 percent caucasian. So I would say if you're going
11 to look for lupus nephritis that is reasonably stable, then
12 look at membranous nephritis.

13 But then you present the sponsors with a
14 difficult task. The outcome of lupus membranous in general
15 is going to be good, and you're going to change on one
16 primary parameter which is going to be proteinuria. So you
17 set a much more difficult task to show efficacy.

18 I think that John Esdaile has shown that the
19 longer that you delay the initiation of cytotoxic therapy,
20 the worse the long-term outcome in renal failure is.

21 So I guess I would take the opposite point.
22 We're not trying to develop a drug for mild lupus
23 nephritis. I think what we're trying to do is to develop a
24 drug ideally better than Cytoxan with less toxicity. We're
25 not trying to develop a drug for milder forms of the

1 disease. At least I'm not interested in that.

2 I think that we would be, knowing that race is
3 one of the major predictors of poor outcome of lupus
4 nephritis, in the position, if we're going to exclude high-
5 risk patients, of depriving African Americans who, after
6 all, have three times the incidence of lupus, of
7 participation in such trials. And I would not ethically
8 randomize an African American patient with proliferative
9 nephritis to a steroid-only arm.

10 DR. WILLIAMS: Jill?

11 DR. BUYON: I was just going to say that I
12 think it does completely depend on what's going to be the
13 entry criteria, but at a meeting that several of us were at
14 not really more than 6 months ago, I was the one heretic
15 that proposed we have a head-to-head against prednisone.
16 Just looking at practices, which you have to evaluate,
17 nobody agreed with me that we could do that.

18 One thing we have absent here are any
19 nephrologists. I don't think there are any nephrologists
20 among us. I would submit that it would be difficult to do
21 this in isolation without the opinion of a nephrologist
22 because it was such individuals that felt that my proposal
23 was unethical, and I think we do have to address that.

24 DR. WILLIAMS: Gary and then David, and then
25 we're done with this question.

1 DR. HOFFMAN: I would be one to speak for a
2 randomizing to a steroid-only arm, given the following
3 constraints. I think you have to know going into the study
4 what the damage and chronicity factors are. I think you
5 need to know what the degree of global sclerosis is. I
6 think people who have high damage indices are not going to
7 be able to be enrolled in a study of this type, in part
8 because their margin of safety, their opportunity for
9 reversibility is modest, if at all existent. I think
10 people would have to be enrolled based upon activity scores
11 and opportunity for reversibility. I'm not aware of any
12 study that has done that specifically and looked at
13 steroids alone versus steroids plus a cytotoxic agent or
14 any other immunomodulatory agent.

15 I do think that you can take patients such as
16 that and randomize them to standard of care, which I think
17 there's a consensus, although not approval through the FDA
18 recognizing that as standard of care. I think you can have
19 a Cytoxan arm under that scenario compared to a test agent.
20 And I think your endpoints would be then outcomes that
21 would measure improvement, and we've mentioned a number of
22 those.

23 Reversibility, because we do know -- I don't
24 think Dan meant this when he said it, that renal lesions
25 are irreversible. I think certainly those that have high

1 activity indices and people presenting with RPGN with
2 creatinines of 3 or even people on dialysis have
3 reversibility. We have a number of people who have been on
4 dialysis who have come off dialysis who have had acute
5 renal failure.

6 I'm not suggesting that type of patient be
7 included, but certainly people with high activity indices
8 and increases in creatinine can be randomized under this
9 scheme, and I think within a period of time that we think
10 is reasonable -- reasonable as judged by experts -- we
11 could have a bailout within even a period as short as 4 to
12 8 weeks before taking people out of a steroid-only arm and
13 randomizing them into a standard of care versus test agent
14 arm.

15 DR. WILLIAMS: I think we've gone as far as we
16 can on this.

17 The next question is please discuss the
18 importance of blinding in pivotal trials. In the context
19 of phase I to IV trials, which trials can be performed
20 unblinded and what is the justification? Bevra?

21 DR. HAHN: I've done some thinking about this
22 one because with the new biologics, the difficulty of
23 administering them, many of them are IV and it gets pretty
24 complicated to do a placebo IV, and the IRB has some
25 difficulty with the ethics of doing an IV in someone that

1 is getting a placebo through the IV. So it seems to me
2 that if the assessors are blinded, the assessors of
3 outcome, then it might not be even desirable to blind a
4 study. I'd kind of like to see what the rest of the
5 committee thinks about that.

6 DR. WILLIAMS: Norm?

7 DR. ILOWITE: I think if the parameters that
8 are being looked at are very objective and not subjective,
9 which would perhaps not include some of the domains and
10 activity indices, then that would be legitimate. But an IV
11 itself has a powerful placebo effect, so only half the
12 patients would be getting that, and if there were
13 subjective parameters measured, it might introduce bias.
14 But if it were very objective parameters measured, I think
15 it would be fine.

16 DR. WILLIAMS: Jill?

17 DR. BUYON: I would have a tremendous problem
18 if it were a health assessment and that were unblinded. I
19 can certainly tell you that in the SELENA trial, one of the
20 points that was brought up and makes it difficult is if you
21 think you know what someone is on, you're going to push
22 harder for them to stay in a study. And I do want to
23 emphasize how important that is, even though we're not
24 talking about outcome measures, just having compliance and
25 coming to visits, there's a push on the part of the

1 investigator who knows. We had a lot of issues with
2 unblinding, and I actually would say blinding, as best as
3 you could, would be important.

4 DR. WILLIAMS: Joan?

5 DR. MERRILL: I'm 100 percent for blinding in
6 everything. There are so many little subtle things that
7 happen. Even for a patient, it's depressing to find out
8 you're not getting the treatment. As long as you're doing
9 okay, it's reasonable to stay in the trial now knowing, and
10 patients understand what they're doing when they go into a
11 blinded trial.

12 You can't do an SF-36 unblinded. It's going to
13 be useless information. Even though it might be a
14 nephritis trial where I'd be very comfortable with the
15 nephritis outcomes, you're going to want to be doing the
16 other instruments. They're going to give you valuable
17 information about your drug, and you really can't do the
18 other instruments unblinded.

19 DR. WILLIAMS: The comments seem to be
20 unanimous, and we're going to move on.

21 Question number 7. What would be the
22 recommended duration of trials for non-major organ system
23 studies? Could a therapy which treats constitutional
24 manifestations be approved with a 3-month trial? What is
25 the appropriate duration of trials to evaluate major organ

1 system involvement?

2 We'll take non-major organ system involvement
3 first. Is a 3-month trial adequate? Jack?

4 DR. CUSH: Again, I won't discuss
5 "constitutional." We voted that off the island yesterday.

6 (Laughter.)

7 DR. CUSH: I would stick with 6 months. I
8 don't know why we have to go with 3 months. I think you
9 can achieve maybe quick outcomes but then show maintenance
10 or sustaining outcomes. So I think whether we're talking
11 major organ involvement or signs and symptoms through
12 disease activity measures, 6 months would be my minimum
13 trial duration.

14 DR. WILLIAMS: Gabor?

15 DR. ILLEI: I agree. I would say 6 months is
16 the minimum.

17 DR. WILLIAMS: Joan?

18 DR. MERRILL: I could imagine circumstances
19 under which a primary outcome measurement might be much
20 earlier but I'd still want the trial to go 6 months to see
21 if it's maintained.

22 DR. WILLIAMS: Gary?

23 DR. HOFFMAN: I think 6 months is essential, or
24 longer, because part of what you want to build into a study
25 that looks at major organ or even minor organ involvement

1 is the ability of the test agent to allow that patient to
2 have a very meaningful reduction in steroids or get off
3 steroids, and I don't think you'll be able to say anything
4 about the durability of that therapy in terms of its
5 steroid-sparing effects within 3 months.

6 DR. WILLIAMS: Jack?

7 DR. CUSH: I'll stick to 6 months, but I will
8 speak to issues as it relates to placebo-controlled trials
9 and when you can exit them out, especially if it's life-
10 threatening organ involvement. There should be earlier
11 exit points with rules for that built into the system to
12 allow for appropriate analysis maybe at an earlier point,
13 but the desired outcome still should be 6 months.

14 DR. WILLIAMS: Again, there doesn't seem to be
15 a lot of controversy on that particular one.

16 How about for major organ involvement? How
17 long should the trials be?

18 DR. HOFFMAN: I think that would need longer, 1
19 to 2 years.

20 DR. WILLIAMS: Joan?

21 DR. MERRILL: I'd like to get back to the idea
22 of induction and maintenance. I don't think you're going
23 to approve a drug without knowing its long-term effects,
24 but it might be that a trial could be an induction trial
25 and be very helpful to collect extra data or peripheral

1 data. And maybe that's a more complicated trial, but then
2 another maintenance trial. That's one concept I hope we
3 could leave on the table.

4 DR. WILLIAMS: Lee?

5 DR. SIMON: In relationship to both Joan and
6 David's comments, I'd like to point out that we've learned
7 a lot about 2-year trials. They can't be done in the
8 context of a pre-approval, real trial design. Patient
9 dropouts are too dramatic. Rescue therapy intervenes. The
10 interpretation of the data becomes very difficult.

11 So our experience basically is a 1-year trial
12 is about the limit that you can get from the point of view
13 of a trial trial, and then you can do extensions in that
14 patient population that have built within them the caveats
15 of dealing with the extensive dropouts in patient
16 attendance and a zillion different reasons, moving away,
17 getting married, not really safety issues, but the normal
18 everyday things that we all have problems with. Coercion
19 of patients into participating longer based on rewards and
20 whatever, as everyone here knows, is a very big no-no
21 according to IRBs.

22 So in the context of that, I think the
23 induction idea is a wonderful one because you can get an
24 early response, maybe even as Joel on the side here
25 suggested, an escape at 1 month and then go on looking at

1 some other issues.

2 But what about extension trials? Because one
3 of the big issues is durability of response. So in your
4 comfort zone, you see a response at 6 months. Do you
5 expect to be able to -- let's say, it's a significant
6 improvement, a la Matt's definition of that in lupus
7 nephritis. Would you like to see that that response is
8 maintained for another 6 months? 18 months total? What
9 would be your comfort zone there?

10 DR. PISETSKY: Some of this depends I think on
11 the mechanism of the agent and what you were doing.
12 Obviously, anti-TNF drugs you'd keep on forever and you
13 want to see them sustained. You stop, things get worse.
14 But it doesn't mean they're not useful. On the other hand,
15 Cytoxan, interestingly enough, is a drug you stop and then
16 you observe.

17 DR. WILLIAMS: Mike?

18 DR. WEISMAN: Lee, I think that you have to
19 define whether or not you're talking about disease activity
20 or maintenance of a disease-free state. I think if you're
21 just looking at disease activity, I don't have a problem
22 even with a 3-month trial, if that's all you're looking at.
23 But when you're talking about taking patients from one
24 state to another, which is the issue we had with ankylosing
25 spondylitis, you remember, how long do you need to observe

1 that patient or that trial for the durability of continuing
2 the patient from one state to another? I think that at
3 least here, 1 year has got to be the maximum, according to
4 you, and probably 6 months would be the minimum.

5 So if our goal here is to provide impetus to
6 companies to push drugs further -- and I think that is one
7 of our goals -- I would move the threshold for disease
8 activity to 3 months and maintenance of a disease state,
9 whatever you want to define, load, activity, remission,
10 whatever, between 6 and 12 months. That's how I would vote
11 it.

12 DR. WILLIAMS: Jack?

13 DR. CUSH: I don't think that lupus, for most
14 people, especially the problematic patients we may be
15 talking about here, is a disease where we're on and off
16 therapy, much like the gastroenterologist may be for
17 Crohn's or the dermatologist may be for psoriasis where
18 they think of the interventions they do as being short-
19 term. I think that when we step up our therapies based on
20 disease activity, we do so for a sustained period of time
21 because lupus doesn't quickly remit.

22 I think that if you show efficacy, whether it
23 be for signs and symptoms or for organ-specific
24 indications, for 6 months, I think you've met the bar. I
25 think beyond that you're only showing durability, A, and B,

1 safety. You still only need to meet the bar at 6 months.
2 I think the 6-month extension should be strongly
3 recommended for those other two caveats, but for purpose of
4 approval, I don't know we need to go beyond 6 months.

5 DR. WILLIAMS: John?

6 DR. LOONEY: I guess I'd agree with Michael.
7 For a disease activity index where you're trying to show
8 that the drug is sort of globally effective for signs and
9 symptoms, 3 months seems to be fine to establish that. I
10 think that I wouldn't want to set the bar higher in lupus
11 than it has been in the past for rheumatoid arthritis.

12 DR. WILLIAMS: Jill?

13 DR. BUYON: I would just actually disagree. It
14 depends on what you're looking at, and for renal disease,
15 anything less than a year to me would be inadequate,
16 despite the fact that I understand 2-year trials have their
17 problems. We are looking at an undulating disease, and we
18 could easily get caught in a capsule of time, wind up with
19 an indication and be severely slapped in the face within a
20 year afterward. I would personally find that an
21 embarrassment of the FDA to approve such a drug. If it
22 were renal disease, I think 1 year would be the absolute
23 minimum, and I'd be worried about that too.

24 DR. WILLIAMS: I think we have to move on.

25 Should pediatric patients be incorporated into

1 trials of adult SLE or studied separately? Norm?

2 DR. ILOWITE: It depends what you mean by
3 "incorporated." Certainly issues to consider would be that
4 it's likely that the centers would be different. Different
5 data would have to be collected, including things like,
6 depending on the length of the study, growth, sexual
7 development, cognitive development. The children wouldn't
8 be static in any of those areas. The SLEDAI might have to
9 be modified to include things like school performance,
10 school attendance. Pharmacokinetic data may need to be
11 obtained differently because most children won't submit to
12 sampling over a course of a day, and population PK methods
13 would have to be used or likely to be used. So, sure, they
14 could be incorporated, but it would almost be a separate
15 study that was ongoing with the adult study.

16 I think most pediatric rheumatologists agree
17 that lupus in children as a disease is very similar to
18 lupus in adults, and it's just the children that are
19 different than adults that makes it different.

20 DR. WILLIAMS: Joel?

21 DR. SCHIFFENBAUER: Can I just clarify? If the
22 primary outcome was some measure of renal disease, could
23 you mix that outcome, forgetting for the moment that you
24 would need to look at growth and sexual development in the
25 kids, but if the primary outcome were development of renal

1 disease of some shape or improvement in renal disease,
2 could that all be mixed together in a single trial?

3 DR. ILOWITE: Yes, I believe that the measures
4 would be very similar, and especially if it were
5 noninvasive, that shouldn't be a big problem.

6 DR. WILLIAMS: Mary Anne?

7 DR. DOOLEY: I would agree that pediatric
8 patients should be considered to participate, but I think
9 there are a couple of issues, as Dr. Ilowite has suggested.
10 I think it would be folly to have a trial at an institution
11 where you didn't have close collaboration with pediatric
12 colleagues.

13 And then I think the other issue is about
14 corticosteroids during the trial because the younger lupus
15 patients are oftentimes given twice the dose that adult
16 patients are given and may be tapered more slowly than our
17 adult patients. At our institution, our pediatric
18 nephrologists define children as up to age 21. So there's
19 a slippery area in there.

20 So I think that there would be unique
21 considerations but that we certainly should make every
22 effort to include pediatric patients.

23 DR. WILLIAMS: Jeff?

24 DR. SIEGEL: One part of this question that
25 maybe wasn't made explicit is that studies in children are

1 often delayed until after approval of the agent for adults.

2 So one question I would like to get some feedback on is
3 whether this model should be practiced in lupus or whether
4 there's a sense that children should be included in
5 clinical trials before approval in adults.

6 DR. WILLIAMS: Jack?

7 DR. CUSH: There's sort of a practicality
8 behind that, but I think there's also a safety issue behind
9 that, and I think that safety should reign and to allow
10 this to be tested in adults first, and to look at the most
11 common or major toxicities that may arise and how that's
12 going to impact the pediatric population would be prudent
13 before going forward in at least a few studies, maybe a
14 large phase II or at least have a reasonable amount of
15 information before proceeding to an initial phase II in
16 children.

17 DR. WILLIAMS: Norm?

18 DR. ILOWITE: I agree with that. Especially if
19 there's animal data to suggest a unique toxicity in young
20 or developing organisms, then it would be more ethical to
21 test it in adults first.

22 DR. WILLIAMS: Gabor?

23 DR. ILLEI: I agree with Jack.

24 DR. WILLIAMS: Bevra?

25 DR. HAHN: Could we find a compromise age? I

1 mean, there are so many people who start with lupus when
2 they're 15 or something like that. Is there an age at
3 which we worry less about effects on growth, effects on
4 sexual development? After people have passed puberty, is
5 it okay to include them in these studies? Because it's a
6 tremendous delay for people in that age group to have to
7 wait for 2 or 3 years, if they have bad lupus, to get
8 something experimental.

9 DR. WILLIAMS: Mary Anne?

10 DR. DOOLEY: If you have lupus as a child,
11 you're much more likely to have renal disease and much more
12 likely to have frequent relapses. So in some respects,
13 they have a more severe disease. So if we could define a
14 group that could be included earlier.

15 DR. WILLIAMS: Joan?

16 DR. MERRILL: I fear that what ends up
17 happening is, for well-intentioned reasons, people are a
18 little scared to test things on kids, and what ends up
19 happening is we never do find out how things work in kids.
20 And the trials, after drugs are approved, really aren't
21 funded very well or much. So I have a lot of teenage lupus
22 patients in my practice, not because I wouldn't want them
23 to see a pediatrician, but because of the availability of
24 doctors. I know that these people and their parents would
25 like them to have access to the opportunities that other

1 patients have on a case-by-case basis, and I'd like to make
2 it available to them.

3 DR. WILLIAMS: Norm?

4 DR. ILOWITE: Well, certainly I agree that it's
5 important to study these medications in children as soon as
6 possible.

7 Bevra, in answer to your question, if we make
8 the entry criteria for older children, essentially we're
9 studying them in young adults and it's a
10 advantage/disadvantage continuum, whereas we like to get
11 the data in young children also because they're the ones
12 who are going to differ from adults the most, and that's
13 where we get the new information. So, yes, there is
14 probably a cutoff where adolescents could be included in an
15 adult trial without much modification, but it would give
16 limited information.

17 DR. WILLIAMS: We are overtime on this open
18 session. There are still three more questions. Can we
19 delay those?

20 This will end the open session. The closed
21 session will begin in 10 minutes. We need to have everyone
22 but the FDA and the committee leave the room in that time.
23 So we'll reconvene here at 11:15.

24 (Whereupon, at 11:05 a.m., the committee was
25 recessed, to reconvene in closed session at 11:15 a.m.,

1 this same day.)

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