



DEPARTMENT OF HEALTH & HUMAN SERVICES  
FOOD AND DRUG ADMINISTRATION

Public Health Service

Memorandum

Date . APR 19 1999


From Senior Regulatory Scientist, Regulatory Branch, Division of Programs & Enforcement Policy (DPEP), Office of Special Nutritionals, HFS-456

Subject 75-day Premarket Notification for New Dietary Ingredient

To Dockets Management Branch, HFA-305

New Dietary Ingredient: vinpocetine  
Firm: General Nutrition Corporation  
Date Received by FDA: April 16, 1999  
90-day Date: July 13, 1999

In accordance with the requirements of section 413(a)(2) of the Federal Food, Drug, and Cosmetic Act, the attached 75-day premarket notification for the aforementioned new dietary ingredient should be placed on public display in docket number 95S-0316 after July 13, 1999.

  
Robert J. Moore, Ph.D.

95S-0316

RPT 47



DEPARTMENT OF HEALTH & HUMAN SERVICES

Public Health Service

Food and Drug Administration  
Washington, DC 20204

8961 '99 APR 20 P2:10  
APR 19 1999

Ronald Thompson, Ph.D.  
Vice President, Product Development  
General Nutrition Corporation  
300 Sixth Avenue  
Pittsburgh, Pennsylvania 15222

Dear Dr. Thompson:

This is to notify you that your submission pursuant to section 413(a)(2) of the Federal Food, Drug, and Cosmetic Act (the Act) dated April 12, 1999, concerning the marketing of a substance that you assert is a new dietary ingredient (i.e., vinpocetine) was received by the Food and Drug Administration (FDA) on April 16, 1999. Your submission will be kept confidential for 90 days from the date of receipt, and after July 13, 1999, your submission will be placed on public display at Dockets Management Branch (Docket No. 95S-0316). Commercial and confidential information in the notification will not be made available to the public.

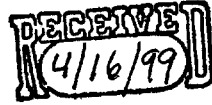
Please contact us if you have questions concerning this matter.

Sincerely,

A handwritten signature in cursive script that reads "Robert J. Moore".

Robert J. Moore, Ph.D.  
Senior Regulatory Scientist  
Division of Programs and Enforcement Policy  
Office of Special Nutritionals

**GNC** Live Well.



8962 '99 APR 20 P2:10

A handwritten signature in black ink, appearing to be "W. Thompson".

April 12, 1999

Office of Special Nutritionals  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street (HFS-450)  
Washington, DC 20204

Dear Ma'am or Sir:

Pursuant to Section 8 of the Dietary Supplement Health and Education Act of 1994, General Nutrition Corporation ("GNC") located at 300 Sixth Avenue, Pittsburgh, PA 15222 wishes to notify the Food and Drug Administration that GNC will market a new dietary ingredient, Vinpocetine, a derivative of vincamine, which is an extract of vinca minor (periwinkle). Accordingly, enclosed please find an original and two (2) copies of this notification.

The dietary supplement which contains Vinpocetine, will consist of 5mg of Vinpocetine in a tablet or capsule which will be suggested to be taken one (1) time per day.

Attached please find the scientific studies and other information which establish that this dietary ingredient, when used under the conditions suggested in the labeling of the dietary supplement, is reasonably expected to be safe. This information includes:

- (1) Product Specification & Process Manufacturing
- (2) Toxicity Studies
- (3) Clinical Research Study

Very truly yours,

A handwritten signature in black ink, appearing to be "Ronald Thompson".

Ronald Thompson, Ph.D.  
Vice President, Product Development

Enclosures

# Product Specification & Process Manufacturing

11963 '99 APR 20 P2:10

**VINPOCETINE**

**NOMENCLATURE**

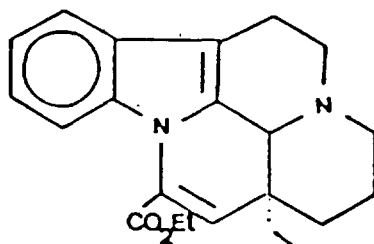
International Nomenclature (INN): Vinpocetine, Vinpocetinum  
 Chemical Name: (3 $\alpha$ , 16 $\alpha$ ) eburnamenine -14-carboxylic acid ethyl ester

Other Names: Ethyl apovincaminatate, Cavinton™, Ceractin™ (ref.: Merck Index, XII, N° 10128).

**DESCRIPTION**

Vinpocetine is a white or slightly yellow crystalline powder, odourless, soluble in chloroform and in methylene chloride, slightly soluble in alcohol and methanol, insoluble in water.

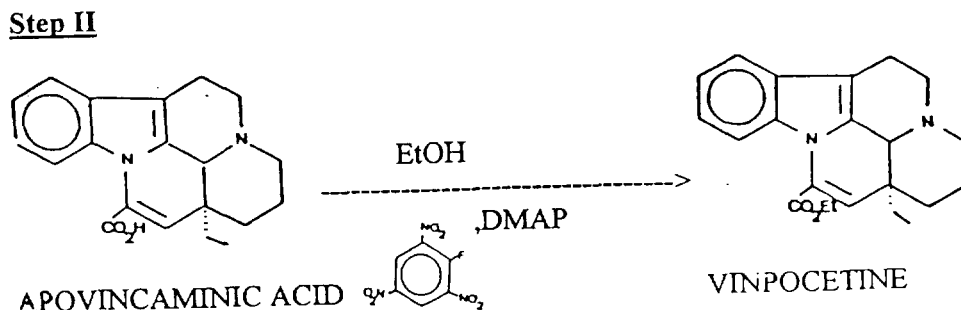
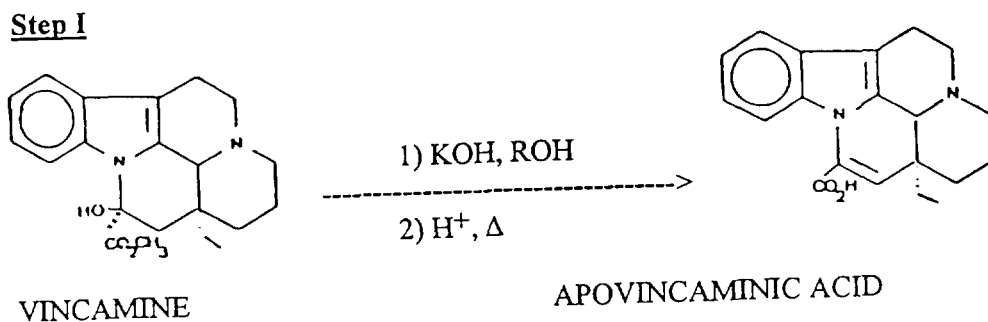
Structural Formula:



Molecular Formula: C<sub>22</sub>H<sub>26</sub>N<sub>2</sub>O<sub>2</sub>  
 Molecular Weight: 350.46  
 Chirality: (+)Vinpocetine

**MANUFACTURE. SYNTHESIS METHOD**

The steps are as follows:

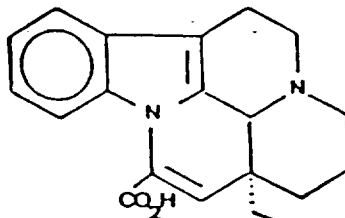


See Pat. ES 549.105, by reaction between apovincaminic acid and ethyl alcohol catalized by 4-dimethylamine pyridine and 2,4,6-trinitro-fluorobenzene. Apovincaminic acid was obtained by vincamine with potassium hydroxide in methyl alcohol.

Purification steps: Vinpocetine is purified by silica gel chromatography, using methylene chloride. The solvent is then eliminated and the product is crystallised in ethanol (99.6%).

### QUALITY CONTROL DURING MANUFACTURE

Starting material: Apovincaminic acid



Apovincaminic acid

$C_{20}H_{22}N_2O_2$ : 322.43

### DESCRIPTION

Apovincaminic acid is a white or slightly yellow powder, odourless.

### IDENTIFICATION

Mass spectrum, m/e: 322 ( $M^+$ ), 293, 252, etc.

Dragendorff test: complies.

Melting point: 248-250°C (dc).

Specific rotation: +85° (0.1%, 1N NaOH).

### PURITY TEST

High Performance Liquid Chromatography (HPLC): Weigh 0.1g of apovincaminic acid (test solution) and dilute in 20 ml of 1N NaOH and 80 ml of acetonitrile (HPLC) to make 100 ml. Weigh 0.01g of apovincaminic acid (standard solution), dilute in 20 ml of 1N NaOH and 80 ml of acetonitrile (HPLC) to make 100 ml.

Inject 50  $\mu$ l of the prepared solutions (test and standard solutions), in the chromatographic conditions required. Retention time: 1.7 min  $\pm$  10%. Retention time of apovincaminic acid test must be the same as that of the standard reference.

#### *Chromatographic conditions:*

Detector: UV spectrophotometer (wavelength: 280 nm).

Column: Spherisorb C18 ODS2 5 $\mu$ m (25x0.46 cm).

Mobile Phase: Ammonium acetate buffer/acetonitrile (3:7). Ammonium acetate buffer: 0.2M in water (HPLC grade).

Flow: Adjust the flow so that the apovincaminic acid peak appears aprox. at 2 minutes.

### LOSS ON DRYING

Not more than 0.5% (on dry).

## ACIDIMETRIC ASSAY IN NON AQUEOUS SOLVENTS

Weigh accurately about 0.3 g (W g) of apovincaminic acid, previously dried. Dissolve in 30 ml of a mixture of acetic anhydride and glacial acetic acid (1:1), add 0.2 ml of crystal violet solution and titrate with 0.1N perchloric acid (a ml). In the same manner make a measurement of the blank (b ml), and make any necessary corrections.

$$\% \text{ of apovincaminic acid: } \frac{(a-b) \times f \times 3,2243}{W \times 100}$$

f: Perchloric acid factor 0.1N.

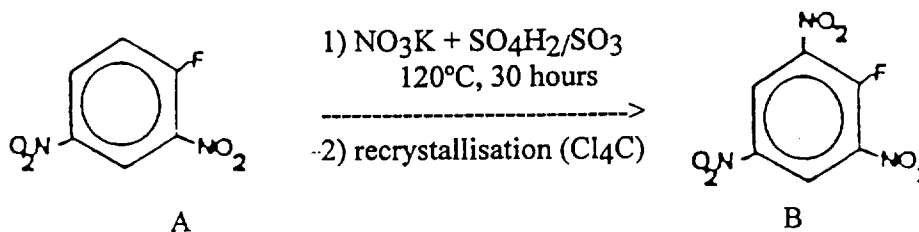
Analysis: Not more than 101.5% and not less than 98.5% (on dry).

## REGENTS AND SOLVENTS

-Ethyl alcohol: Merck quality, absolute for synthesis (Art. 818761).

-DMAP (4-dimethyl amino pyridine): Fluka quality (Art. 39405).

-FTNB (1-fluor-2,4,6-trinitrobenzene): Quality: M.P.: 122-123°C; centesimal composition, calculated: C, 31.19; h, 0.86; N, 18.19. Measured: C, 30.97; h, 0.96; N, 18.40. Synthesised in the laboratory as follows:



-1-fluor-2,4,6-trinitrobenzene (A): Fluka quality (Art. 42080).

- $\text{NO}_3\text{K}$  (Potassium nitrate): Merck quality, very pure (Art. 5061).

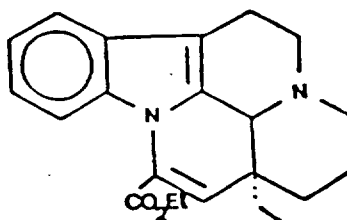
- $\text{SO}_4\text{H}_2$  (sulphuric acid): Merck fuming quality of 30%  $\text{SO}_3$  (Art. 721).

-Methylene chloride: Merck quality for synthesis, stabilised with 0.2% of ethyl alcohol (Art. 82271).

## CHEMICAL DEVELOPMENT OF THE PRODUCT (vinpocetine)

Evidence on the structure of vinpocetine

Characteristics of vinpocetine std



$\text{C}_{22}\text{H}_{26}\text{N}_2\text{O}_2$ : 350.46

Vinpocetine assay: Not less than 98.5% and not more than 101.5% (on dry).

## DESCRIPTION

Vinpocetine is a white or slightly yellow crystalline powder, odourless. Soluble in chloroform and in methylene chloride, slightly soluble in alcohol and methanol, insoluble in water.

## IDENTIFICATION

Draggendorf Test: Dissolve 0.05 g of vinpocetine in 5 ml of 0.1N hydrochloric acid TS. Add 2 or 3 drops of Draggendorf TS. An orange precipitate should appear.

Draggendorf TS: Dissolve 0.85 g of bismuth subnitrate in 10 ml of acetic acid and add 40 ml of water (solution A). Dissolve 8 g of potassium iodide in 20 ml of water (solution B). Immediately before use mix equal volumes of solutions A, B and glacial acetic acid. Store solutions A and B in light-protected recipients, in the refrigerator.

UV Spectrum: In methanol (1-10000) It has maxima at 228-230 nm, 273-275 nm and, 313-320 nm.

IR Spectrum (Nujol): 3060, 1630, 1605, 1480, 750, etc.  $\text{cm}^{-1}$ .

$^1\text{H-NMR}$  Spectrum ( $\text{CDCl}_3$ ),  $\delta$ : 1.00 (t 3H, 21- $\text{CH}_3$ ), 1.35 (t 3H, 24- $\text{CH}_3$ ), 4.48 (q 2H, 23- $\text{CH}_2$ ), 6.10 (s 1H,  $\text{H}_{15}$ ), 7.3-7.5 (m 4H,  $\text{H}_9$ ,  $\text{H}_{10}$ ,  $\text{H}_{11}$ ,  $\text{H}_{12}$ ), etc. ppm.

$^{13}\text{C-NMR}$  Spectrum ( $\text{CDCl}_3$ ),  $\delta$ : 162.85; 133.62; 130.52; 128.65; 128.00; 127.34; 121.27; 119.72; 117.72; 112.12; 108.15; 61.17; 55.21; 50.98; 44.42; 37.14; 28.25; 26.79; 19.89; 15.86; 13.76; 8.30 ppm.

## PURITY TESTS

Colour and appearance of the solution: Dissolve 1g of vinpocetine in 100 ml of chloroform p.a. The colour of the test solution must not be more intense than the colour of the reference solution P9 of the European Pharmacopoeia. Vol. I, V.6.2.

Sulphuric Ashes: According to the European Pharmacopoeia, Vol. I, V. 3.2.14.

Heavy Metals: According to the European Pharmacopoeia, Vol. I, V.3.2.8. The content of metal impurities is determined by reaction with the sulphur ion under the specified conditions. It is quantified by comparison to a std lead solution. Specification: not more than 10 ppm.

High Performance Liquid Chromatography (HPLC): Weigh 0.1g of vinpocetine and dilute in HPLC acetonitrile, to 100 ml (test solution). Separately, weigh 0.01g of vinpocetine standard and dilute in HPLC acetonitrile, to 100 ml (standard solution).

Inject separately 50  $\mu\text{l}$  of the solutions prepared before (test and standard solutions), in the chromatographic conditions required.

Chromatographic conditions:

Detector: UV spectrophotometer (wavelength: 280 nm)

Column: Spherisorb C18 ODS2 5 $\mu\text{m}$  (25x0.46 cm).

Mobile Phase: Ammonium acetate tampon/acetonitrile (3:7). Ammonium acetate tampon: solution 0.2M in water (HPLC grade)

Flow: Adjust the flow so that the vinpocetine peak appears at aprox. 13 minutes.

Individual related substances: apovincaminic acid: not more than 0.1%; apovincamine: not more than 0.1%; ethyl vincamate: not more than 0.2%; ethyl apovincinate: not more than 0.1%. Other related substances: each one not more than 0.1%. TOTAL RELATED SUBSTANCES: NOT MORE THAN 0.5%.

Residual solvents: ethyl alcohol: not more than 200 ppm, methylene chloride: not more than 100 ppm.

## LOSS ON DRYING

Not more than 0.5% (1g at 100°C, 4h and 700 Torr).







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28770 Colmenar Viejo - Madrid - ESPAÑA  
Tel.: (1) 845 02 00 - Fax: (1) 845 02 08  
Tlx.: 47918 COVX E - Cables: COVEX

CERTIFICADO DE ANALISIS  
Analysis Certificate

PRODUCTO:  
Product **VINPOCETINE BASE**

LOTE N.º:  
Batch n.º **CV/960801**

FECHA DE FABRICACION:  
Manufacture date **August, 9th 1996**

CANTIDAD:  
Quantity **200 KG**

FECHA CADUCIDAD:  
Expiry date **August, 2001**

NOMBRE QUIMICO:  
Chemical Name **(3 $\alpha$ ,16 $\alpha$ )- eburnamenin-14-carboxylic acid ethyl ester.**

DESCRIPCION:  
Description **White to slightly yellow crystals or crystalline powder.**

SOLUBILIDAD:  
Solubility **Soluble in chloroform, insoluble in water.**

PUNTO DE FUSION:  
Melting Point

ACIDEZ (pH):  
Acidity

IDENTIFICACION:  
Identification **Complies.**

HUMEDAD:  
Moisture **0.3% (3h, at 100°C and 600 Torr).**

ROTACION EXPECIFICA ( $\alpha$ ) D :  
Specific Rotation **+145° (c: 1%, DMF).**

ABSORCION U.V.:  
Absortion U.V.

CENIZAS:  
Residue on ignition **0.07% (not more than 0.1%).**

SULFATOS:  
Sulphates -----

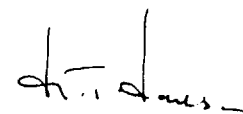
METALES PESADOS:  
Heavy Metals **5 ppm (not more than 10 ppm).**

RIQUEZA:  
Assay **99.5% (acidimetric assay, on dry).**

OTRAS PRUEBAS:  
Other Tests

**-RELATED SUBSTANCES: Complies.**  
**-IR SPECTRUM: Correspond to vinpocetine std.**

OBSERVACIONES: El producto mencionado cumple con  
Observations The above product conforms to



DEPARTAMENTO DE CONTROL  
Analysis Department