

Vermont Resources for Service Members Returning from Deployment

Below is information about reintegration resources in VT for those returning from deployment and their families.

The VT Military, Family & Community Network

As our armed forces, including VT National Guard & Reserves, return home and transition to civilian life, we are working together to assure the smoothest reentry possible, for both them and their families. Members of the Family Readiness Group, the VA, Vet Center, National Center for PTSD, VT Department of Health and many other community service members are now collaborating to help.

“Our mission is to develop and maintain a multi group community network between community, government, and private sectors that creates awareness programs and provides services to all returning service members and their families.”

This network will become a long lasting community effort to understand, prevent, and deal with the lingering aftereffects of war on communities. We welcome to the network a variety of community members with the common goal of assisting veterans and their families in making healthy adjustments from the war-zone to the home front.

- The Vermont Yellow Book: Resources for Service Members and Their Families
- 6 local taskforces around the state
- See below for a list of resources such as those found in the Yellow Book

Contacts:

Phone: 1-888-607-8773, ask for info on the Military, Family & Community Network

Visit our website: VT Military, Family & Community Network Website <
<http://www.vtguard.com/FamRead/mfcn.htm>>

Resources

VT Veterans Affairs OIF/OEF Case Manager

Jill Alger, MSW Please call Toll Free 1-866-687-8387, x5094.

Helps facilitate Veteran's re-entry into society, maximizes their use of VA services, and takes the role of their advocate as needed.

VA Benefits, WRJ, Michael Casey Please call Toll Free: 1-800-827-1000.

Provides information on compensation and pension benefits, educational and vocational rehabilitation benefits, and loan guarantee services.

VA Health Care Benefits, WRJ, Wendy Decoff Please call 1-800-941-8387

Fill out an application for VA health benefits online
Please call Toll Free VT: 1-866-687-8387, x6281

VA Mental Health Services

WRJ, Pat Stender Please call Toll Free 1-866-687-8387, x6132.

Walk-in **without an appointment** to our primary mental health care clinic (PMHC) in WRJ, M-F, hours: 9a.m. - noon and 1-4p.m. You will complete a brief assessment and speak with a therapist and prescriber, who discuss treatment options, develop and initial treatment plan, and make appropriate referrals. Individuals may be referred for services at the VA in WRJ or any one of the community-based outpatient clinics around the state.

Women Veterans Bobbie Surott Kimberly, LICSW, CTRS.

<http://www1.va.gov/wvhp/>

The WVPM coordinates the provision of comprehensive (including gender specific) health care services to women veterans and plans for the establishment of new specialty or primary programs and the expansion of existing programs to meet the needs of women veterans. The WVPM also ensures equity of access, service and benefits to women veterans; coordinates the provision of state-of-the-art diagnostic, treatment, consultation and referral services for women veterans; coordinates medical and/or surgical health care services and provide psychological care of mental health needs.

Please call Toll Free VT: 1-866-687-8387, x5743.

The Readjustment Counseling Service's community-based Vet Center provides information and diagnostic evaluations concerning PTSD to any veteran who served in a war zone or in a military conflict (such as in Panama, Grenada, or Somalia). There are no co-payments or charges of any kind for Vet Center confidential services.

Please call 1-800-905-4675.

Chaplain Services

Rev. Joseph O'Keeffe, Catholic Chaplain

802-295-9363 X5416

Joseph.OKeeffe@med.va.gov

-Applied Suicide Intervention Skills Training (ASIST)

A two-day workshop designed to provide participants with gatekeeping knowledge and skills. Gatekeepers, as they are called after training, are taught to recognize the warning signs of suicide and to intervene with appropriate assistance. The workshops are 14 hours long (over two days). They are delivered to a maximum of 30 participants by a minimum of two trainers. Both the Active duty Army and Air Force use this program extensively for training front line supervisors, officers, NCO's, mental health workers and Family Support group leaders. While on active duty with the Army Chaplain O'Keeffe conducted 28 ASIST workshops.

Family Program Chaplain, Chaplain Jim MacIntyre

VT National Guard, Family Readiness Program

1-888-607-8773

James.MacIntyre@vt.ngb.army.mil

-Weekend Couples Retreats for strengthening relationship bonds, single parent communications, and other trainings.

Chaplain Lt Col Calvin W. Kemp, State Chaplain

South Burlington, VT 05403-5873

Comm: 802-660-5422

-Make visits, coordinate resources and serve spiritual needs of all National Guard members and their families.

Vermont National Guard Joint Forces Headquarters CAMP JOHNSON

(<http://vtonline/default.aspx>) (only accessible inside of the NG network / domain)

Camp Johnson Switchboard (802) 338 - 3000

Finance Office

MSG Rod Churchill (802) 338 - 3228

Mr. Larry Smith (802) 338 - 3195

Mr. Jeffrey Greenman (802) 338 - 3226

ESGR: Employer Support of the Guard and Reserves

LTC Lloyd Goodrow (802) 660 - 5482

SMS

John Macleod (802) 338 - 3249

FAMILY READINESS CENTER (Deployment Resource)

1-888-607-8773

ID CARDS

SSG Fellows (802) 338-3135 (call ahead for an appointment)

MEDICAL Issues / Questions

Mr. Poney (802) 338-3136

MYPAY (Website to check your LES)