

HAWAII ADMINISTRATIVE RULES

TITLE 17

DEPARTMENT OF HUMAN SERVICES

SUBTITLE 9 COMMUNITY LONG-TERM CARE PROGRAMS

CHAPTER 1420

HOMEMAKER SERVICES FOR COMMUNITY LONG-TERM
CARE PROGRAMS

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§17-1420-1 Goals. Homemaker services shall be directed at helping persons achieve or maintain the following goals:

- (1) Self-sufficiency by providing services to enable and assist recipients to achieve, restore, or maintain independent living and self-direction;
- (2) Preventing or remedying abuse, neglect, or exploitation of the individual by providing services to recipients during a protective crisis period; and
- (3) Preventing or reducing premature or inappropriate institutional care by providing services in the community which allow recipients to improve functioning sufficiently so that institutional care shall not be needed. [Eff 6/29/92] (Auth: HRS §346-14) (Imp: HRS §346-14; 42 U.S.C. §1397)

§17-1420-2 Definitions. For the purpose of this chapter:

"Homemaker services" means supportive in-home services specified in section 17-1420-5 provided to eligible recipients by department employees to help a family remain intact during a period of crisis, to train the primary caregiver to improve household management and family care, or to maintain or improve independent living for disabled recipients. The services provided by the department employee shall not require the professional skills possessed by a nurse, a home health aide, or a social worker. [Eff 6/29/92] (Auth: HRS §346-14) (Imp: HRS §346-14; 42 U.S.C. §1397a)

§17-1420-3 Eligibility requirements. (a) In order to be eligible for homemaker services, the individual shall meet one of the following requirements:

- (1) Income maintenance status as specified in section 17-1416-20(2)(A); or
- (2) Without regard to income status for individuals who require protective services as specified in section 17-1416-20(2)(B). When the department determines that protection is no longer needed as specified in section 17-1421-15, the recipient shall be assisted to apply for homemaker services, and eligibility shall be established as specified in paragraph (1).

(b) In addition to meeting the categorical eligibility requirements specified in subsection (a), the individual shall meet the following program eligibility requirements:

- (1) Based upon the individual's statements and upon the social worker's observation and judgment, the individual shall have a physical or mental condition which restricts the individual from performing essential housekeeping or home management activities as specified in section 17-1420-5;
- (2) The social worker's assessment, based upon observation of and discussion with the individual, is that the individual is able to make constructive use of the service and is willing to assume responsibility for as much

self-help and self-care as possible, i.e., the individual does not expect the department employee to perform tasks that the individual is capable of doing;

- (3) The individual states there are no relatives or friends able and willing to assist without charge;
- (4) The individual has no spouse in the same home capable of providing the service; and
- (5) Chore services as specified in chapter 17-1419 are insufficient or unavailable to meet the individual's needs.

(c) A medical statement of the nature, severity, and duration of the limiting physical or mental condition shall be required when the department questions the individual's ability to meet the program eligibility requirements specified in subsection (b). [Eff 6/29/92; am 10/28/95] (Auth: HRS §346-14) (Imp: HRS §346-14; 42 U.S.C. §1397c)

§17-1420-4 Geographic areas of service.

Homemaker services shall be available to eligible recipients throughout the State subject to the availability of funds or staff to perform the service. [Eff 6/29/92] (Auth: HRS §346-14) (Imp: HRS §346-14; 42 U.S.C. §1397c)

§17-1420-5 Scope of service.

(a) Homemaker services shall be provided according to a service plan developed by the recipient and the department social worker on an eight hour basis or any portion thereof, usually between the hours of 7:45 a.m. to 4:30 p.m., Monday through Friday, excluding holidays.

(b) Homemaker services shall include one or more of the following activities based on the social worker's assessment of the recipient's need:

- (1) Routine housecleaning such as sweeping, mopping, dusting, making beds, cleaning toilet and shower or bathtub, taking out rubbish;
- (2) Care of clothing and linen including washing, drying, ironing, and mending;
- (3) Shopping for household supplies, clothing, and personal essentials;

- (4) Running errands such as paying bills, picking up medication;
- (5) Household budgeting and consumer education;
- (6) Marketing and preparing of meals;
- (7) Assistance with bathing, dressing, and grooming;
- (8) Escorting the recipient to medical care services, nutritional or recreational programs;
- (9) Assisting with simple health care routines such as reminders to take oral medication, to maintain diet restrictions, and to carry out recommended exercises;
- (10) Skilled observation and detailed feedback to the social worker on a recipient's behavior, attitude, use of homemaker service, and adjustment in the home;
- (11) Teaching home management skills, and encouragement and stimulation of self-help attitudes and behavior;
- (12) Providing emotional support and encouragement during periods of loneliness, depression, bereavement, or stress;
- (13) Stimulating and encouraging self-help attitudes, and the recipient's interest in outside activities and events;
- (14) Reading to or writing for the individual; or
- (15) Maintaining household routine.

(c) In addition to the activities specified in subsection (b), homemaker services shall include one or more of the following activities provided by the department's social work staff:

- (1) Casework to strengthen or sustain recipients at home by improving individual or family functioning through the resolution of personal or interpersonal problems including, but not limited to:
 - (A) Resolving problems such as marital problems, financial or home management problems, or stresses that may lead to abuse or neglect; and
 - (B) Helping the recipients to carry on normal family living and home management activities during or following the absence or incapacity of the primary caregiver;

- (2) Assistance to recipients in learning about, applying for, and receiving income entitlements such as social security benefits, state supplemental payments, veterans' benefits, financial assistance, medicaid, or food stamps;
- (3) Assistance to elderly or disabled recipients in finding, arranging, and participating in programs or organized group activities to help lessen social isolation;
- (4) Assessment, preparation, and arrangement for the provision of supportive services such as adult day care, chore, or adult foster care which are needed for reasons other than protection; or
- (5) Monitoring and encouraging maximum use of supportive services which enable the family to remain together or the individual to remain at home. [Eff. JUN 29 1981] (Auth: HRS §346-14) (Imp: HRS §346-14; 42 U.S.C. §1397c)

§17-1420-6 Authorization for service. (a)

Homemaker services shall be authorized for individuals meeting eligibility requirements as specified in section 17-1420-3, subject to the availability of funds or staff to perform the service.

(b) When services cannot be provided to an eligible applicant or recipient within forty-five calendar days of the request, the individual may:

- (1) Voluntarily withdraw the application for services; or
- (2) Accept assistance in considering alternative services in the community.

(c) When services are expected to become available and the individual is willing to wait:

- (1) The application for services shall be approved;
- (2) A tentative service initiation date shall be set with the individual; and
- (3) Authorization for services shall be made as the service becomes available.

(d) Homemaker services shall include the tasks agreed upon as specified in the service plan, in the home of the recipient needing the service. When changes in the type or duration of activities are

required, the changes shall be agreed upon by the recipient and the department prior to authorization. [Eff JUN 20 1932] (Auth: HRS §346-14) (Imp: HRS §346-14; 42 U.S.C. §1397c)

§17-1420-7 Reduction or termination of service.
Homemaker services shall be reduced or terminated in accordance with section 17-1416-44 when one or more of the following occurs:

- (1) Conditions for the reduction or termination of services as specified in section 17-1416-45 are met;
- (2) Friends or relatives express willingness and are able to assist without charge to the recipient;
- (3) The social worker's determination, based upon observation, discussion, and medical statements when appropriate, is that the recipient's physical or mental condition has worsened to the extent that other more specialized services, such as personal care or nursing care, are needed;
- (4) The recipient's physician determines and the recipient agrees that the recipient's physical or mental condition has worsened to the point that the recipient may no longer be sustained at home and requires placement in adult foster care, or a medical or institutional care facility;
- (5) The recipient expresses unwillingness or the social worker's observations and discussions with the recipient and the department employee performing the service indicate that the recipient is unwilling and unable to use the service as intended, and continuation of the service is determined by the social worker to be contrary to the treatment or rehabilitation plan;
- (6) The social worker's assessment based upon observation of and discussion with the recipient, or based upon medical statements is that the recipient's situation has improved and the recipient requires fewer or no homemaker service hours;
- (7) The recipient no longer meets eligibility requirements specified in section 17-1420-3;

- (8) The recipient leaves the State;
- (9) The recipient moves and leaves no forwarding address or the individual's whereabouts are unknown;
- (10) The recipient requests termination of services;
- (11) The service required by the recipient is not encompassed by the scope of service as specified in section 17-1420-5;
- (12) Needed services are to be provided through other sources;
- (13) The department lacks available funds or staff to perform homemaker services; or
- (14) The recipient dies. [Eff JUN 29 1992]
(Auth: HRS §346-14) (Imp: HRS §346-14; 42 U.S.C. §1397c)

