Are You Ready?



Your local American Red Cross will always be ready to respond to emergencies with lifesaving relief and emotional support.

But the best way to protect yourself is to be prepared *before* disaster strikes.

Learn how to prepare yourself for any emergency. Visit *redcross.org* and search for "special needs and concerns".

You can help your community by becoming a Red Cross disaster relief volunteer.

Your unique skills and your understanding of the needs of people with disabilities enable you to help provide critical relief to people in need, including those with disabilities needing your special help.

Volunteer to help your community.

Contact your local American Red Cross chapter or visit redcross.org.



American Red Cross