

## SECTION THREE

## DEMOGRAPHICS AND PROFILE OF OREGON

## Population

The 2000 U.S. Census enumerated 3,421,399 persons in Oregon. Using the 2000 U.S. Census figures the Center for Population Research and Census at Portland State University has estimated there are 617,424 Oregonians aged 60 and older in 2001. Older Oregonians ( $60+$ years old) make up approximately $18 \%$ of the population. This population is projected to increase by $16 \%$ in the next six years, with $85+$ years increasing by $31 \%$ in the same period.

## Age Changes

Oregon ranks as the $11^{\text {th }}$ fastest growing state in the country. ${ }^{2}$ Oregon's population is aging and Oregon places 25 among all 50 states in percentage of population age 65 and over with ${ }^{3}$ the baby boom generation expected to be the major factor continually pushing up Oregon's median age. The baby boom generation refers to the surge in births occurring after World War II during the period of 1946 to 1964. Oregon's 45 to 54 -year age group, which includes the oldest baby boomers, grew by 71 percent between the census years of 1990 and 2000 and was the fastest growing age group in Oregon during the 1990s. ${ }^{4}$

Population of Oregon by Age Group


In relation to size in 1990, significant gains to Oregon's population aged 5564 and 75 years and older was realized. Not all older groups increased. Relatively few births in Oregon during the 1930s caused one recent population decline: there were fewer
Oregonians aged 65-74 years in 2000 than in 1990. For example, although the $65+$ age group grew 12 percent, this rate was lower than for the population of those under 65, which increased 22 percent.

Overall increases in the state's older population reflect relatively slow growth
among the younger elderly, aged 65 to 74 years, and more rapid growth for those over 75 years, and even more rapid growth for aged 85 years and older. ${ }^{5}$ Each year between 1990 and 2000, approximately 5,000 to 6,000 retirees moved to Oregon. ${ }^{6}$ As Oregon's population ages, the likelihood of people aged 65 years and older, especially women, will constitute a considerable proportion of single person households.


## Population Growth

Like the U.S. population, Oregon's population is slowly aging and will continue to become older in coming decades. Population on the east side of the Cascade Mountains is sparse - averaging 10 persons per square mile. Lake, Wheeler, and Harney counties have less than 1 person per square mile. Growth patterns among Oregon's 36 counties varies considerably with growth rate of 0.8 percent in Sherman County to 53.9 percent in Deschutes County. During the tenyear period, Central Oregon became the fastest growing region in the state. Again, migration was the primary force driving the population increase. And while 13 Oregon counties grew faster than the state average, the remaining 23 experienced slower growth. Sherman, Grant, Lake, Union, and Coos were the bottom five in terms of growth rate. 8
Comparing Oregon's age group population in the year 2000 to that in 1990, the group aged 15 to 64 rose from 64.68 percent to 66.75 percent. The expansion of older Oregonians aged 65 years and
 over increased 12 percent in all but one county. Multnomah County was the only county with fewer elderly in 2000 than in 1990. Some counties have been aging more and have relatively higher
proportions of 60 years and older, while some counties experiencing heavy inmigration of younger people, have fairly young populations and a relatively low proportion of older residents. 9

## The 20 Largest State-to-State Migration Flows: 1995 to 2000

(Data based on a sample. For information on confidentiality protection, sampling error, nonsampling error, and definitions, see www.census.gov/prod/cen2000/doc/sf3.poff)

| State of origin | State of destination | Migration flow | Reverse flow | Gross migration ${ }^{1}$ | Net migration ${ }^{2}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| New York | Florida | 308,230 | 70,218 | 378,448 | 238,012 |
| New York | New Jersey | 206,979 | 97,584 | 304,563 | 109,395 |
| California | Nevada | 199,125 | 60,498 | 259,613 | 138,637 |
| Califomia | Arizona | 196,151 | 92,452 | 278,603 | 93,699 |
| California | Texas | 182,789 | 115,929 | 298,718 | 66,860 |
| Florida | Georgia | 157,423 | 99,225 | 256,648 | 58,198 |
| California | Washington | 156,577 | 95,469 | 251,046 | 60,108 |
| California | Oregon | 131,836 | 67,642 | 199,478 | 64,194 |
| New Jersey | Florida | 118,905 | 34,896 | 153,801 | 84,009 |
| Texas | Califomia | 115,929 | 182,789 | 298,718 | -66,860 |
| New York | Pennsylvania | 112,214 | 67,213 | 179,427 | 45,001 |
| California | Colorado | 111,322 | 56,050 | 167,372 | 55,272 |
| New Jersey | Pennsylvania | 110,436 | 88,202 | 198,638 | 22,234 |
| New York | North Carolina | 100,727 | 20,262 | 120,989 | 80,465 |
| Georgia | Florida | 99,225 | 157,423 | 256,648 | -58,198 |
| New Jersey | New York | 97,584 | 206,979 | 304,563 | -109,395 |
| Florida | North Carolina | 96,255 | 57,564 | 153,819 | 38,691 |
| New York | Califomia | 96,952 | 65,160 | 161,112 | 30,792 |
| Washington | Califomia | 95,469 | 155,577 | 251,046 | -60,108 |
| California | Florida | 94,265 | 65,211 | 159,476 | 29,054 |

Counties face different social and economic challenges because of differences in age composition. Counties with a large, increasing elderly population will likely face higher demand for special transportation by those who no longer have use of private automobiles. Continuing to be a pressing issue equaling the needs of an increasing number of 60 years of age and older, including the single and special needs households - is the need for social services to assist the growing number of older Oregonians who need health services and creative housing.

## Rural Characteristics of Oregon

According to the Center for Population Research and Census, Oregon ranks 13th in the nation by percentage of elderly persons in the population. It also ranks as the $10^{\text {th }}$ most rural state nationally. The average number of persons per square mile for Oregon is 32 ; this is less than one half the figure for the United States (74). Fourteen counties are considered "frontier" counties, having fewer than 5 persons per square mile. All of these counties are east of the Cascade Range.

The ten counties with the highest percentage of elderly are all rural and located either east of the Cascade Range or along the Oregon coast. The high percentage of elderly in coastal communities is likely the result of in-migration. For communities in eastern Oregon, the high percentages are likely the result of the
elderly aging in place, while younger people move to areas with more economic opportunities.
Counties with the lowest area median incomes by family (including individuals living alone), ranging from $\$ 25,100$ to $\$ 35,000$, are also rural counties. These incomes are markedly lower than the area median income of $\$ 53,700$ for the three counties that make up what is referred to as the Portland metropolitan area.

## Cultural Diversity

Oregon has not been a highly ethnically diverse state, and trends indicate little increase of ethnic in-migrating expected, with the exception of the arrival of elderly Latino immigrants joining family members. Far above the national average, $86.56 \%$ of Oregonians reported themselves as white. Oregon was historically a destination for Chinese and Japanese men in the early 19th century as Chinese men came to eastern Oregonian counties to become railroad workers and miners; and Japanese men came to fish along the Oregon coast. Subsequently,

Figure 9. Percent Multiracial for U.S. States, 2000
 the largest ethnic minority group in Oregon is the Asian race. While Black or African American counts for 12.3 percent in the U.S. population, in Oregon it is 2.96 percent. Hispanic or Latino account for 8 percent of the total population, a number below the national level of 12.5 percent.

Likely because of proximity to the state, Oregon reports 1.32 percent as American Indian or Alaskan Native and .23 percent Native Hawaiian and Pacific Islander, both figures above the national average of .09 and .1 percent respectively. Nine federally recognized tribes call Oregon their home; seven of these receive Title VI grant funds.

Alaska experienced an out-migration of 126,000, with the net of 30,000 concentrated in the western states of Arizona, Oregon, and Washington. ${ }^{10}$

Racial composition varies considerably across Oregon's counties. Gilliam, Wallowa, Grant, and Baker all rural counties, and not considered predominantly agricultural regions, report 95 percent White, with only a fraction of non-white races. In contrast, metropolitan Multnomah County, is the most racially diverse county in the state. Geographical distribution of each race is uneven, with heavy concentration of multiple races in metropolitan counties such as Washington,

Multnomah, Clackamas, Benton and Lane counties. The highest total population percentage of American Indian and Alaska Natives reside in Jefferson County (15.8 percent), followed by Klamath County ( 4.19 percent) and Harney County (3.97 percent). Malheur County, however, reports the highest percentage of resident Hispanic origin in the state at 25.6 percent, followed by Hood River County at 25 percent.

## Ethnic Minority Populations in Oregon

While the absolute number of ethnic minority persons in Oregon is relatively small, with white, non-Hispanic persons making up $84 \%$ of the population, the ethnic minority population in Oregon has increased at a significantly higher rate than previously projected. In 1990 white, non-Hispanic persons made up $91 \%$ of the population. The most significant increase has been in the Hispanic population, which has increased by over 141\% since 1990 and now makes up $8 \%$ of the population. Census data on the age make-up of Oregon's Hispanic population are currently not available.

Oregon has nine federally recognized Tribes. Coquille Indian Tribe; Confederated Tribes of Coos, Lower Umpqua and Suislaw Indians; Cow Creek Band of Umpqua Tribes of Indians; Confederated Tribes of Grande Ronde; The Klamath Tribe; The Siletz Indian Tribe; Confederated Tribes of the Umatilla Indian Reservation; The Confederated Tribes of the Warm Springs Reservation of Oregon; and Burns Paiute Tribe are all federally recognized tribes in Oregon with seven of the tribes being OAA Title VI fund grantees. According to the 2000 Census, there were 40,130 non-Hispanic American Indian or Alaska natives living in Oregon.
Ethnic groups present in Oregon not adequately represented in the U.S. Census data are Eastern European and Latino immigrants. In the last decade there has been a significant increase in these ethnic populations. Frequently, both are often multi-generational families with grandparents and other family members following after the initial arrival. Social service providers working with older Eastern Europeans report that many individuals are suffering significant chronic health problems resulting from a lack of health care.

