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*Dr Oken - Can you send me
the bibliography for this
review? (If I can see this
in printed form before too long,
please don't trouble.)*

SOME EMPIRICAL AND CONCEPTUAL BASES FOR
COORDINATED RESEARCH IN PSYCHOTHERAPY:

*Thank you for
sending me
"Psychotherapy -
Research"*

A Critical Review of Issues, Trends, and Evidence^{1, 2}

by

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Thus far, research in psychotherapy has failed to make a deep im-
pact on practice and technique. Presumably, this is due to the fact
that the results of most investigations have not had substantial practi-
cal significance. Reasons for this include the relatively short period
of time systematic research has been focused on the problems of psycho-
therapy, deficiencies in techniques available to the researcher, and
practical difficulties in designing and carrying out adequately con-
trolled studies.

Most researchers have been faced with serious limitations in col-
lecting and analyzing data from representative samples of patients and
therapists; follow-up studies have been difficult to carry out; the cru-
cial requirement of enlisting the full cooperation of therapists, pa-
tients, and institutions has been a continual stumbling block, and in
general rigorous designs have been difficult to impose upon the thera-
peutic phenomena themselves. Researchers who have attacked problems in
the area through experimental analogues and similar techniques frequently
have been unable to relate their findings to actual therapy situations.

NOTE: This document is a draft, subject to revisions before publication.
Several persons have already sent comments and suggestions to
the authors; their assistance is greatly appreciated and will be
properly acknowledged in the final version.

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