

National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)
NIDDK T32 Directors' Meeting

Lister Hill Auditorium, Building 38A, National Institutes of Health (NIH)
September 22, 2008

Logistics

Travel Arrangements

Participants are responsible for making their own travel arrangements. Should you decide to extend your stay to take advantage of lower fares, DC-area attractions are only a short stop away from the suggested hotel.

Hotel and travel information are listed below.

Hotel Reservations

A block of sleeping rooms for participants has been reserved for the NIDDK T32 Directors' Meeting at both the Bethesda Marriott Hotel and the Residence Inn Bethesda-Downtown. The rate is \$201 per night for single or double occupancy, plus tax (currently 13%). Reservations will be for arrival on Sunday, September 21, 2008, with a departure of Monday, September 22, 2008. Participants may make reservations by calling the hotel directly (numbers below) or toll free at (800) 228-9290. **Make sure you identify yourself as a member of the NIDDK T32 Directors' group to receive the group rate. THE ROOM BLOCK WILL BE IN EFFECT AT THE GOVERNMENT RATE UNTIL SUNDAY, AUGUST 31, 2008, ONLY. ANY ROOM RESERVATIONS RECEIVED AFTER THAT DATE WILL BE ACCEPTED ON A SPACE AND RATE AVAILABILITY BASIS.** Check-in time is 4:00 p.m., and check-out time is 12:00 p.m. Any reservation cancellations must be made prior to 6:00 p.m. the day of the scheduled arrival date, or charges will apply. If you plan to cancel your attendance, please alert the hotel as well as John Hare of The Scientific Consulting Group, Inc. at jhare@scgcorp.com. The hotel information is as follows:

Bethesda Marriott Hotel

5151 Pooks Hill Road
Bethesda, MD 20814
Phone: 301-897-9400 or 1-800-228-9290
Fax: 301-897-0192

Website: <http://marriott.com/hotels/travel/wasbt-bethesda-marriott/>

Additional hotel information can be obtained from this website.

Parking is \$9 per day at the hotel.

Residence Inn Bethesda-Downtown

7335 Wisconsin Avenue
Bethesda, MD 20814
Phone: 301-718-0200 or 1-800-228-9290
Fax: 301-718-0679

Website: <http://www.marriott.com/hotels/travel/wasbr-residence-inn-bethesda-downtown/>

Additional hotel information can be obtained from this website.
Valet Parking is \$18 per day at the hotel.

Taxi Service to the Hotel

From Baltimore/Washington International Thurgood Marshall Airport (BWI):

Hotel distance and direction: 35 miles SW
Estimated Taxi Fare: \$60

From Washington Dulles International Airport (IAD):

Hotel distance and direction: 25 miles NE
Estimated Taxi Fare: \$50

From Ronald Reagan Washington National Airport (DCA):

Hotel distance and direction: 21 miles NE
Estimated Taxi Fare: \$45

Fares may differ during peak travel hours.

Metro to the Hotel

The Metro system is clean, reliable, and safe. It operates from 5:00 a.m. to 12:00 midnight Monday through Thursday; 5:00 a.m. to 3:00 a.m. on Fridays; 7:00 a.m. to 3:00 a.m. on Saturdays; and 7:00 a.m. to 12:00 midnight on Sundays. Each passenger must purchase a farecard to travel in the system. Instructions for purchasing farecards are posted on the vending machines in each station. Each Metro car features a complete color-coded map of the system. Station attendants on duty at each station can provide additional information on request. From Ronald Reagan Washington National Airport, a cost-effective way to travel to the meeting is by using the Metrorail system. A map of the system is available at: <http://www.wmata.com/metro/metro/systemmap.cfm>.

From the Ronald Regan Washington National Airport station, take the Yellow Line toward Mt. Vernon Square or Fort Totten. At the Gallery/Chinatown stop, transfer to the Red Line toward Shady Grove or Grosvenor-Strathmore. The Residence Inn Bethesda is located across from the Bethesda Metro Station. One station further is the NIH campus located at the Medical Center Station. A hotel shuttle to the Bethesda Marriott is available from this station by prearrangement with the hotel directly by calling 301-897-9400.

SuperShuttle

SuperShuttle offers service to most hotels from Ronald Reagan Washington National Airport, Washington Dulles International Airport, and Baltimore/Washington International Thurgood Marshall Airport. The shuttle leaves on an as-needed basis between the hours of 5:30 a.m. and 11:00 p.m. During other times, arrangements for a shuttle can be made by calling 1-800-258-3826 from the airport, or visit their website at <http://supershuttle.com>.

NIH Visitor Information

The Natcher Conference Center is located on the NIH Campus. For a map, general information, and directions to and around the NIH Campus, visit http://parking.nih.gov/visitor_access_map.htm.

NIH Security

The NIH, like all federal government facilities, has instituted security measures to ensure the safety of NIH employees, patients, and visitors. The national threat advisory level, determined by the Department of Homeland Security (<http://www.whitehouse.gov/homeland/>), currently is yellow (elevated).

Perimeter Security

All visitor vehicles, including taxicabs, hotel and airport shuttles, delivery trucks, and vans will be inspected before being allowed on campus. Visitors will be asked to show one (1) form of identification (a government-issued photo ID: driver's license, passport, green card, etc.) and to state the purpose of their visit. **Be sure to allow at least 15-20 minutes for this vehicle inspection procedure.**

Building Security

Due to the checking of IDs at the perimeter, employees and visitors will not be required to show their ID again to gain access to the majority of buildings on the NIH Campus during the normal business day.

Employees and visitors should continue to wear their identification prominently at all times while on campus.

Guards will remain at certain buildings to address specific program requirements, such as sensitive research and safety concerns. At building entrances where guards are posted:

- Employees must show a DHHS-issued photo ID (for example, your NIH-issued ID badge).
- Visitors may be required to log-in, wear a visitor's pass, and be escorted by an employee through the building.
- Visitors may be required to pass through a metal detector and have bags, backpacks, or purses inspected or x-rayed as they enter buildings.
- Security staff will confiscate any suspicious or potentially dangerous materials. U.S. code prohibits bringing any dangerous weapons onto federal property, including anything with a blade longer than 2½ inches. Meeting participants may want to leave extra bags or personal materials at their hotel to minimize the time needed for inspection.

Weekday Campus Access

Visitors, including meeting attendees, patients, contractors, vendors, and delivery persons: All visitors must use the following entrances (see the Visitor Map at http://parking.nih.gov/visitor_access_map.htm):

- **Rockville Pike at South Drive (Metro):** Regular weekday schedule: Open 24 hours for inbound and outbound traffic.
- **Old Georgetown Road at Center Drive:** This entrance is primarily for commercial vehicles and visitors.
Regular weekday schedule:
5:00 a.m. to 2:00 p.m. - Inbound traffic only
2:00 p.m. to 7:00 p.m. - Inbound and outbound traffic
7:00 p.m. to 5:00 a.m. - Closed to all traffic

Driving Directions to NIH

From Points North and East:

Take I-95 South to I-495 West (Capital Beltway) toward Silver Spring. Follow I-495 West for 9 miles to Exit 34 (Bethesda/Wisconsin Avenue). Follow signs for Route 355 South and stay in the right lane.

Travel approximately 1 mile and turn right at the light onto South Drive. Pass through NIH security and follow the signs to Building 45.

From Points North and West:

Take I-270 South to I-495 East (Capital Beltway) toward Washington, DC. Stay in one of the three left lanes. Follow signs for Route 355 South, a left-lane exit, onto Wisconsin Avenue. Travel approximately 1 mile and turn right at the light onto South Drive. Pass through NIH security and follow the signs to Building 45.

From Points South:

Take I-95 North to I-495 (Capital Beltway) toward Tyson’s Corner/Rockville. Follow I-495 for 20 miles. Take Exit 34 (Bethesda/Wisconsin Avenue). Travel approximately 1 mile and turn right at the light onto South Drive. Pass through NIH security and follow the signs to Building 45.

From Baltimore/Washington International Thurgood Marshall Airport (BWI):

Take the Route 195 connector to I-95 South. Take I-95 South to I-495 West (Capital Beltway) toward Silver Spring. Follow I-495 West for 9 miles to Exit 34 (Bethesda/Wisconsin Avenue). Follow signs for Route 355 South and stay in the right lane. Travel approximately 1 mile and turn right at the light onto South Drive. Pass through NIH security and follow the signs to Building 45.

From Washington Dulles International Airport (IAD):

Take the Dulles Access Road for approximately 13 miles to Exit 18. Move to the right on the Dulles Toll Road (Route 267) and take Exit 18. Stay left on the ramp for Bethesda/Baltimore, and proceed toward Bethesda (I-495). Continue approximately 9 miles on I-495. Stay on I-495 at the I-495/I-270 split (bear right). Take Exit 34 (Wisconsin Avenue South/Route 355) toward Bethesda. Travel approximately 1 mile and turn right at the light onto South Drive. Pass through NIH security and follow the signs to Building 45.

From Ronald Reagan Washington National Airport (DCA):

Take the George Washington Parkway North for 12 miles to I-495 toward Maryland (Capital Beltway). Take Exit 34 (Bethesda/Wisconsin Avenue). Travel approximately 1 mile and turn right at the light onto South Drive. Pass through NIH security and follow the signs to Building 45.

Parking

Parking on the NIH campus is limited and is \$12 per day in the visitor lots.