

Music



Music



The Medical Expenditure Panel Survey, or MEPS, is a principal source of information about how people in the United States receive and pay for health care.



MEPS information is drawn from two main sources: a nationally representative group of households who are interviewed each year in the MEPS Household Component,



and medical providers and pharmacies identified by these households, who are contacted in the MEPS Medical Provider Component. This video is an introduction to the MEPS Medical Provider Component, or MPC.



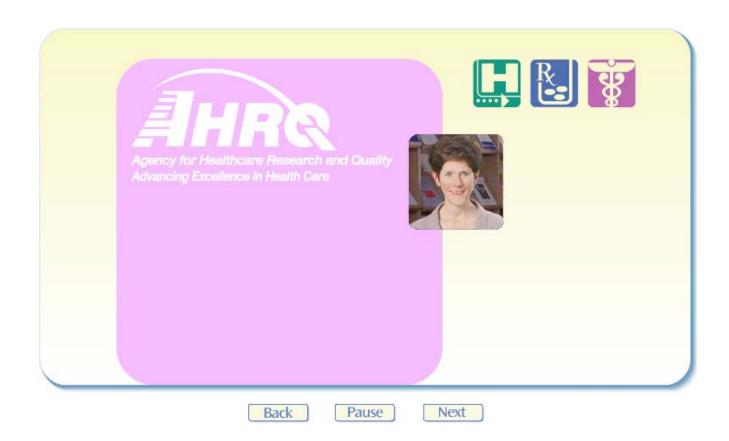
MEPS is sponsored by the Agency for Healthcare Research and Quality, or AHRQ,



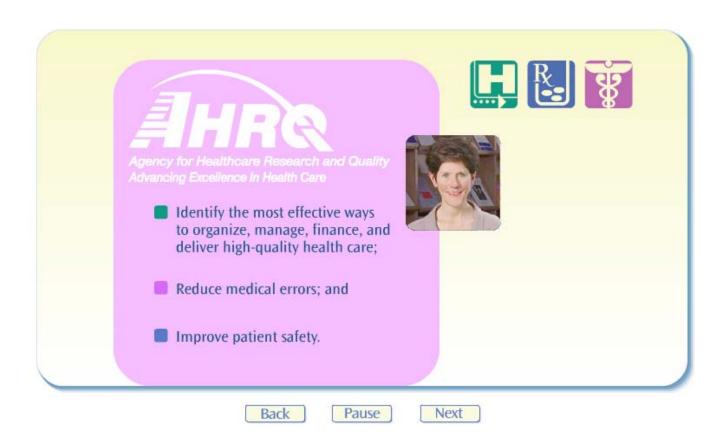
and cosponsored by the Centers for Disease Control and Prevention, or CDC.



Both agencies are part of the U.S. Public Health Service.

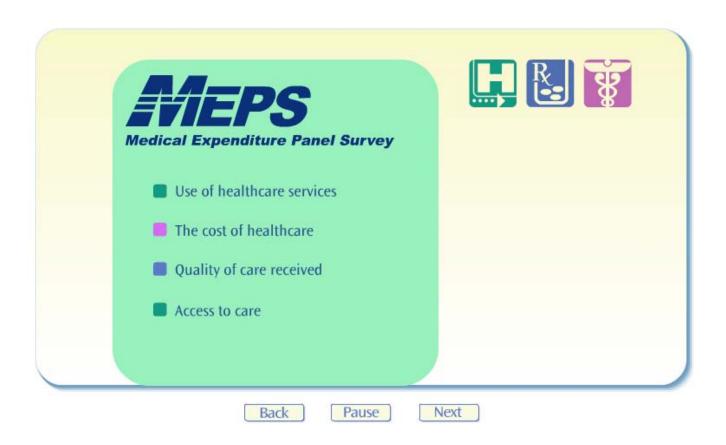


The Director of the Agency for Healthcare Research and Quality is Dr. Carolyn Clancy. She and her staff manage the project and disseminate MEPS data to users across the country. AHRQ's mission is to improve the quality, safety, efficiency, and effectiveness of healthcare for all Americans. The agency sponsors research on a wide range of topics, but with a common set of goals.



This research seeks to:

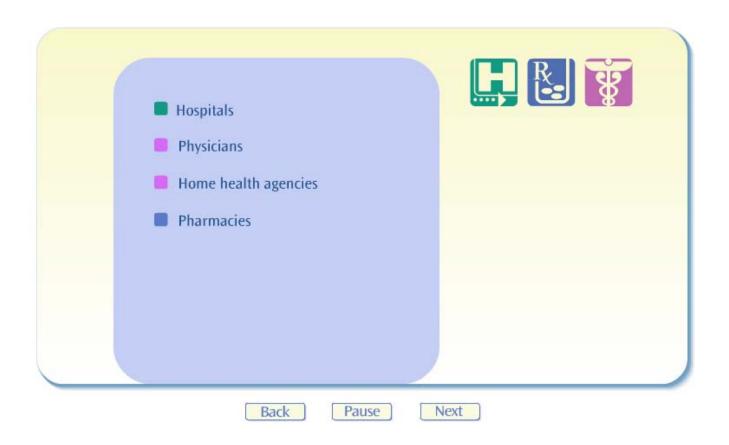
- Identify the most effective ways to organize, manage, finance, and deliver high-quality health care;
- Reduce medical errors; and
- Improve patient safety.



Within this broader mission, the Medical Expenditure Panel Survey – MEPS – focuses specifically on the use, cost, quality, and access to health care in the United States.



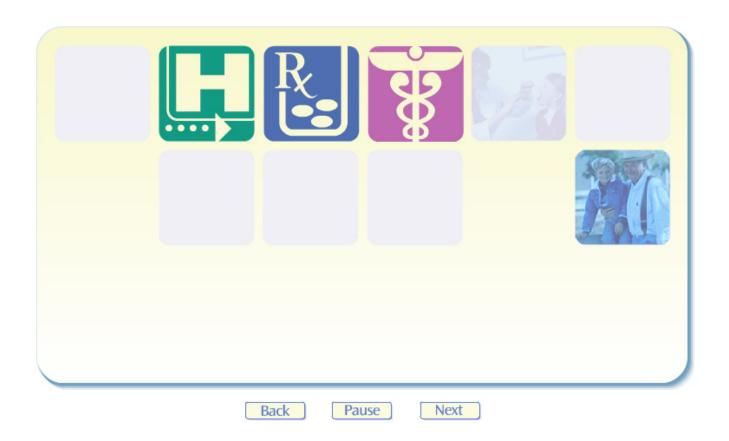
Each year since 1996 MEPS has interviewed a cross-section of the American public, collecting detailed information on their health and medical care.



Each year MEPS also collects information directly from hospitals, physicians, home health agencies, and pharmacies.



These providers are contacted by telephone in the MEPS Medical Provider Component, or MPC.



Through its unique design, MEPS is able to link data from households and their health care providers to create a rich and comprehensive picture of how people use and pay for health care in America.

How are medical establishments chosen to participate in this study?







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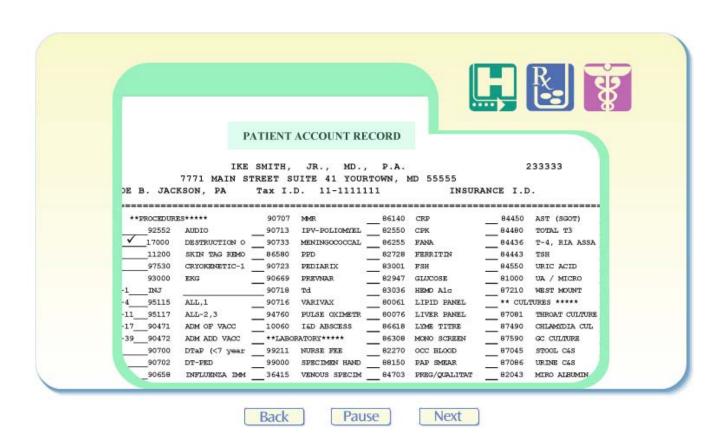
Each of the providers contacted for the MPC was identified by a survey participant who voluntarily signed a HIPAA compliant authorization form.

A.	Provider Name: Street Address:
	City: State: Zip: Telephone: ()
В.	I am voluntarily participating in the Medical Expenditure Panel Survey (MEPS), a study of health care use and expenses being conducted by the U.S. Public Health Service. I authorize and request that you provide the U.S. Public Health Service and its contractors with the medical and financial information they request about prescriptions filled or refilled for my use during the period January 1, 2004 to December 31, 2005. This authorization form applies to any and all prescribed medicines received by me during this period.
	I understand that the Health Insurance Portability and Accountability Act of 1996 (HIPAA) ⁽¹⁾ prohibits you from releasing my information without my authorization. This form (or a photocopy of this form) gives you my authorization. I have signed this form voluntarily, with the understanding that my decision to sign or not to sign the form will have no effect on my eligibility for treatment, payment, enrollment, or eligibility for any benefits to which I am entitled.
	I understand that the Public Health Service and its contractors will use this information to supplement the information I have already given for MEPS research on health care use and expenditures. I also understand that once my information is released to the study, it is no longer covered by HIPAA but is covered by the Public Health Service Act ²³ , which prohibits the release of information that would identify me, my medical providers, or my pharmacies outside the sponsoring agency and its contractors without my permission or that of my medical providers and pharmacies.
	I authorize the study to use information I have given in the survey to help you identify my records. I also understand that I can revoke this authorization at any time by contacting a study representative in writing or by telephone. Otherwise, this authorization expires 30 months from the date of signature.
C.	1. Patient Name:

The signed forms authorize and request providers to release information about their care to the study.

-	authorization at any time by contacting a study representative from the date of signature.	th wanty or by acquire
C.	Patient Name: Date of Birth	Other Names Under Which Records May be Filed
	3A. Social Security Number ⁽¹⁾	11. [11.]
E.	Patient's Signature - 14 and over sign IF PATIENT IS 14-17, BOTH PATIE 6.	NT AND PARENT/GUARDIAN MUST SIGN AND DATE. 7. Date Signed
	Parent, Guardian, Witness or Proxy's Signature 8. Signer's Relationship to Patient	9. Reason for Parent, Guardian, Witness or Proxy's Signature: Patient 13 or Younger Patient Disabled Patient 14-17 Years Old Patient Deceased
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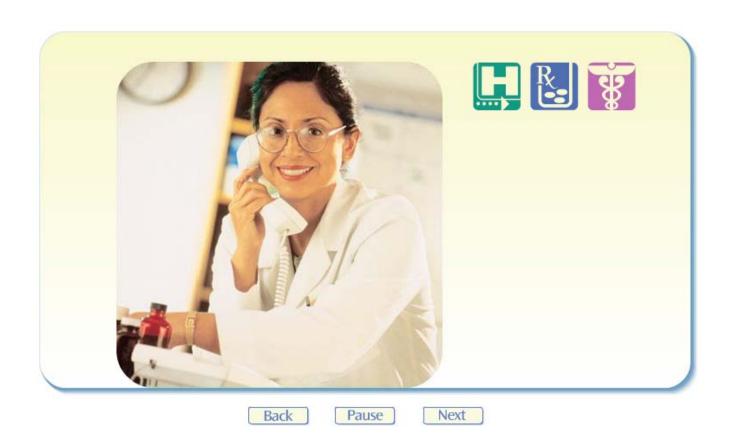
Each authorization form is signed and dated by the person, parent, guardian, or HIPAA acceptable substitute, who received medical care or prescription drugs.



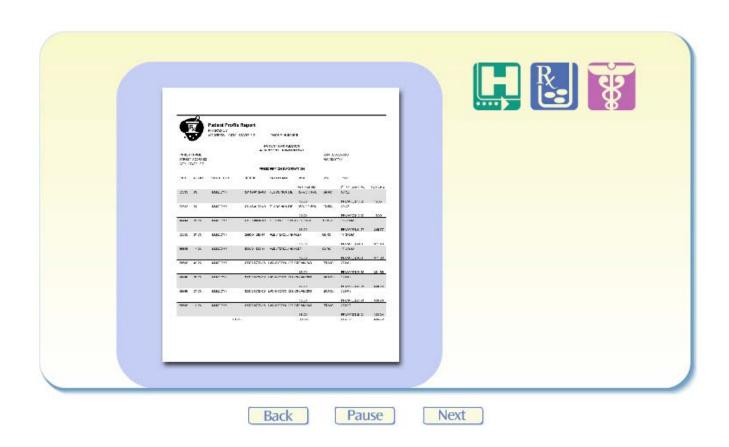
Hospitals, physicians, and home health agencies contacted for the MPC are asked to supply information from their records about the care they provided to the household participants for a specific calendar year.

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₹ 477.9 ALL. RHINITIS	789.00 ABD PAIN UNSPEC 244.9 HYPOTHYROIDISM 723.1 NECK PAIN
461.9 SINUSITIS	558.9 GASTROENTERITIS 627.8 MENOPUSAL SYND 719.41 SHOULDER PAIN
465.9 URI	455.8 HEMORRHOIDS
386.9 VERTIGINOUS SYN	564.1 IRRITABLE BOWEL **INFECTIVE DISEASES ** ** INJURY ***
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LINDA ANN RICE	10/04/65 F 555-555-555
Insured:	Insurance Company: Co-pay \$10 Check/Cash Schedule
DAVID RICE	CARE INSURANCE
2225 7 TH STREET	Payment Check/Cash
YOURTOWN, MD 21771	
Member ID#	Group No. Other Insurance? Return_D
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Relation Pho	one Employer Signature

They are asked for dates of service, diagnoses, services provided, charges, and payments – details that household participants often cannot report.



Providers can respond to the study request by giving information by telephone or by sending in copies of records.



Pharmacies are asked to report on prescription medicines dispensed to the survey participants for a specific calendar year.



They are asked for date filled, NDC code, quantity dispensed, and payment sources and amounts. Pharmacies contacted for the study most frequently respond by providing copies of printed 'patient profiles' for their customers who are participating in the study.



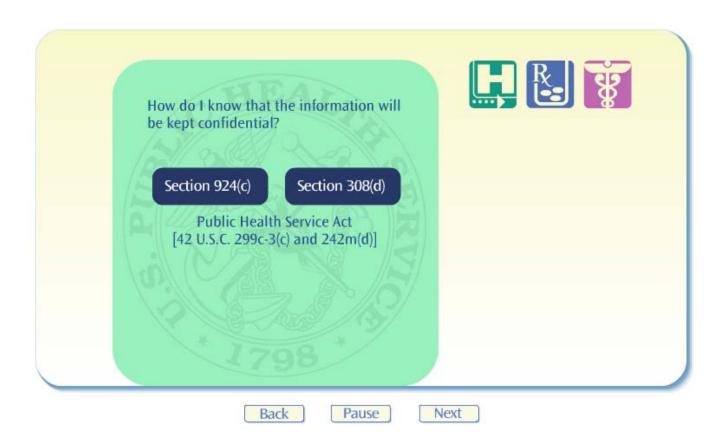
When convenient for a pharmacy, the data can be submitted by disk or CD.



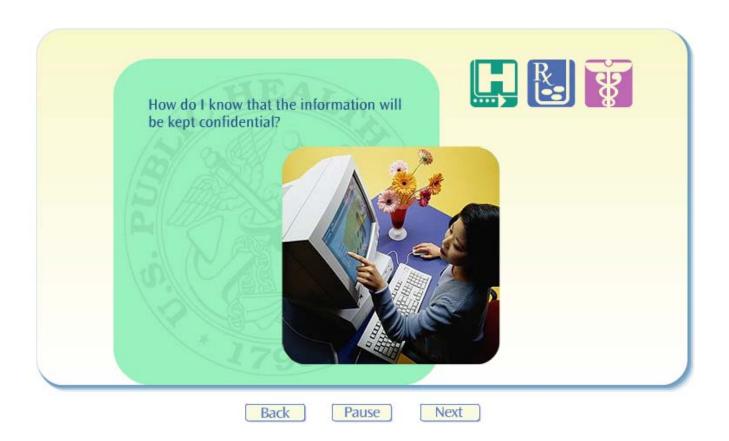
Westat, a nationally known survey research organization with headquarters in the Washington, D.C. area, collects the MEPS data under contract with the U.S. Public Health Service.



MEPS is authorized by the Public Health Service Act, which mandates that the information collected for the study be used only for research purposes.



The law also prohibits the release of any information collected in the study that might identify a participating individual or establishment without the consent of the individual or establishment. Before any MEPS data are released to the public, identifying information such as names, addresses, or telephone numbers are removed from the data files.



Data items such as health conditions or prescription medicines are edited to avoid inadvertent disclosure through the presence of rare characteristics.



Each year, MEPS data provide national estimates of how frequently people in the United States use different kinds of health care services and what is paid for those services.









Key Themes and Highlights From the National Healthcare Disparities Report

The United States health care delive ry system is among the world's finest with outstanding providers, facilities, and technology. Many Americans enjoy easy access to care. However, not all Americans have full access to high quality health care.

Released in 2003, the first National Healthcare Disparities Report (NHDR) is a comprehensive national overview of disparities in health care among racial, ethnic, and socioeconomic groups in the general U.S. population and among priority populations. This second NHDR is built upon the 2003 report and continues to include a comprehensive national overview of disparities in health care in America. In addition, in the 2004 report, a second critical goal of the report is developed: tracking the Nation's progress towards the elimination of health care disparities.

In the 2004 report, three key themes are highlighted for policymakers, clinicians, health system administrators, and community leaders who seek to use this information to improve health care services for all

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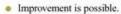
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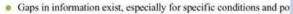
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Information from the study contributes to discussion of important health policy issues and to the evaluation of alternative ideas for improving the health care system.

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Disparities Are Pervasive

Consistent with extensive research and findings in the 2003 report, the 2004 report finds that disparities related to race, ethnicity, and socioeconomic status pervade the American health care system. While varying in magnitude by condition and population, disparities are observed in almost all aspects of health care, including:

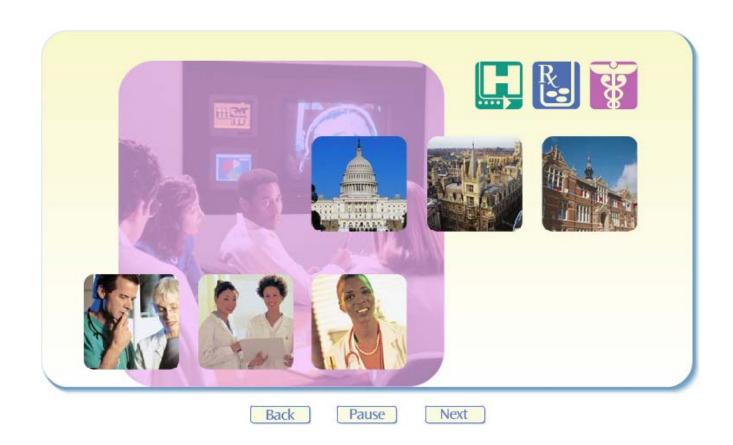
- Across all dimensions of quality of health care including effectiveness, patient safety, timeliness, and patient centeredness.
- Across all dimensions of access to care including getting into the health care system, getting care within the health care system, patient perceptions of care, and health care utilization.
- Across many levels and types of care including preventive care, acute care, and chronic care.
- Across many clinical conditions including cancer, diabetes, end stage renal disease, heart disease, and respiratorydiseases.
- Across many care settings including primary care, dental care, mental health care, substance abuse treatment, emergency rooms, hospitals, and nursing homes.
- Within many subpopulations including women, children, elderly, persons with disabilities, residents of rural areas, and individuals with special health care needs.

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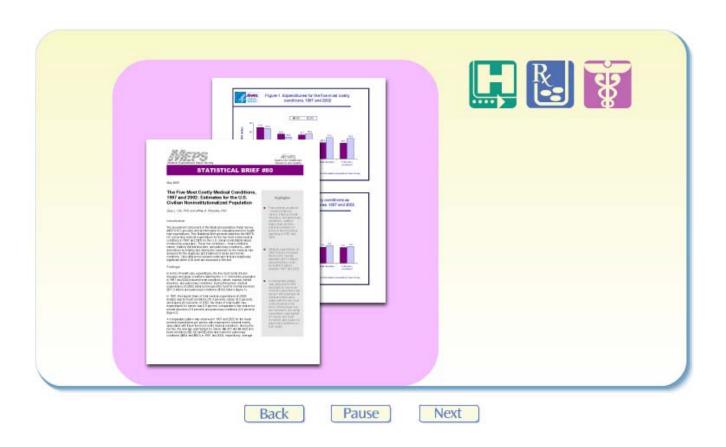
Annual MEPS data allow researchers to study how the changes and trends in health care that occur over time affect individuals and families.



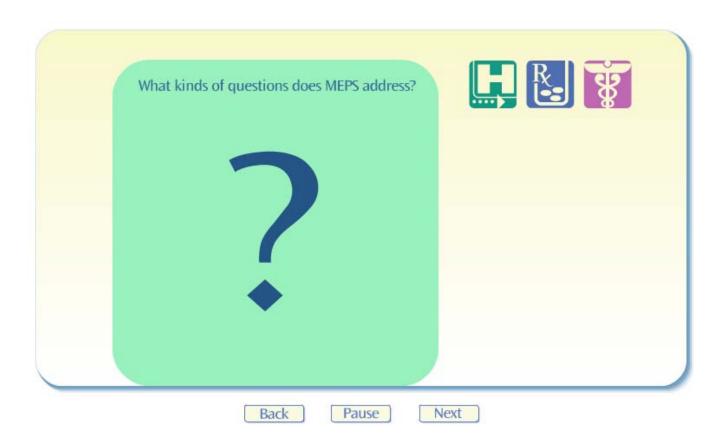
MEPS data are used by a wide variety of people in both the private and public sectors.



Hospitals, health care planners, and Federal, state, and local governments use MEPS data.



Important findings from the study are published in journals and as separate reports. (Many are available on this website.)-



What kinds of questions does MEPS address? Here are a few examples of questions examined with MEPS data:

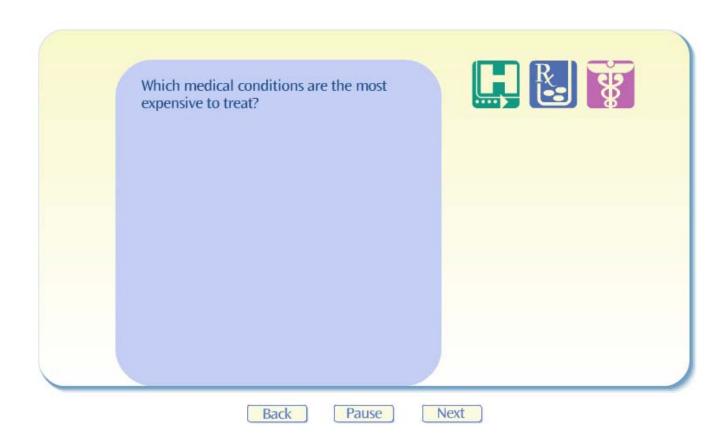
Have practices for prescribing antibiotics for children changed over time?

Antibiotic use by children age 14 years and under: United States, 1996-2001

1996	1997	1998	1999	2000	2001
39%	33.7%	30.6%	28.9%	28.6%	29.0%

Source: AHRQ, Medical Expenditure Panel Survey, 1996 - 2001

MEPS data tells us from 1996 to 2001, the proportion of children who used an antibiotic during the year declined from 39 percent to 29 percent.



Which medical conditions are the most expensive to treat?

Expenditures for the five most expensive conditions, 1997 and 2002 (in thousands of 2002 dollars)

	Heart Conditions	Cancer	Trauma	Mental Disorders	Pulminary Conditions
2002	\$67,621	\$55,423	\$53,748	\$36,195	\$35,272
1997	\$70,002	\$48,425	\$55,834	\$47,508	\$45,263

Source: AHRQ, Medical Expenditure Panel Survey, 1997 and 2002

In terms of health care expenditures, the five most costly chronic diseases and acute conditions affecting the U.S. community population in 1997 and 2002 included heart conditions, cancer, trauma, mental disorders, and pulmonary conditions.

Total prescription drug expenditures for the U.S. civilian noninstitutionalized population (in billions of dollars)

1996	1997	1998	1999	2000	2001	2002
\$65.3	\$72.3	\$78.0	\$94.2	\$103.0	\$134.1	\$150.6

Source: AHRQ, Medical Expenditure Panel Survey, 2002

How have expenditures for prescription drugs changed over time? The total prescription drug expenditures rose more than 130% from 1996 to 2002.



For much more information about uses of MEPS data, or for access to MEPS data for your own research, continue to navigate on this website when the video has ended. Thanks for watching this introduction to the MEPS Medical Provider Component. If contacted by the study, we hope that you and your organization will cooperate with us in this important national research effort. Your participation is vital to the success of the Medical Expenditure Panel Survey. Thank you.