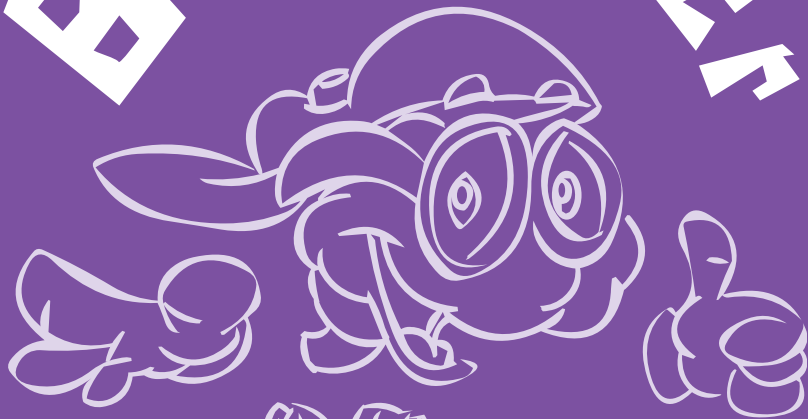


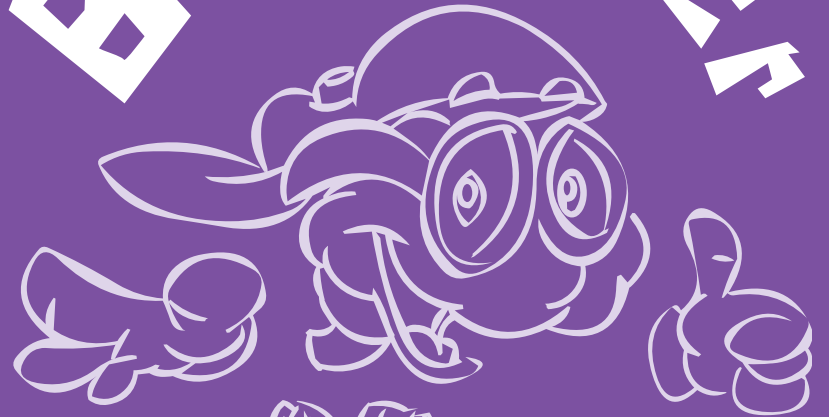
Brain Power



JUNIOR SCIENTISTS

• NIDA •

Brain Power



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• NIDA •

## Nicotine

◊ NIDA ◊



Nicotine is a chemical that is found in cigarettes and other tobacco products. Smoking cigarettes is very bad for you. It is not healthy for your body or your brain.

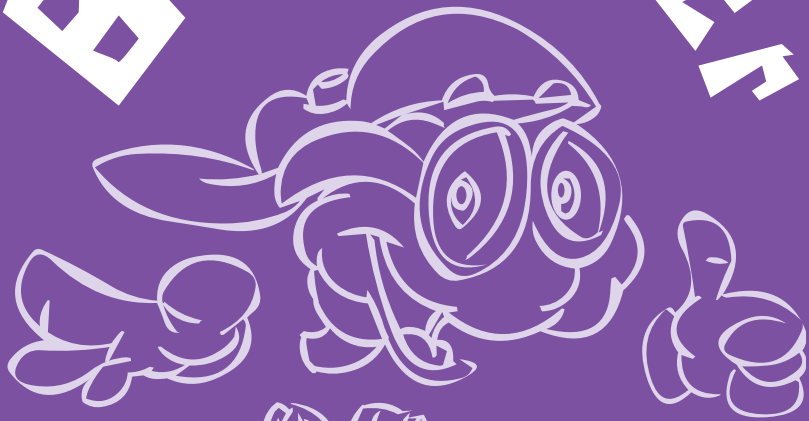
## Alcohol

◊ NIDA ◊



Alcohol is found in drinks like beer and wine. Children are not allowed to drink alcohol. Adults can drink alcohol but not too much, or it can hurt them.

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## Aspirin and Tylenol



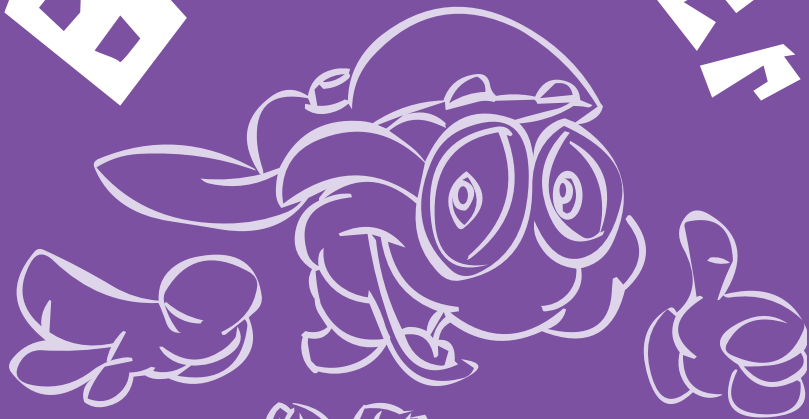
Aspirin and Tylenol can help some aches and pains go away. Children should only take aspirin and Tylenol if they are given by a parent or a doctor.

## Antibiotics



Antibiotics are medicines that kill bacteria in the body. A doctor will give antibiotics for illnesses like an ear infection or strep throat.

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## Trusted Adults



GRANDMA  
MOM  
DAD  
NANNY  
DOCTOR  
NURSE  
TEACHER

Take medicine only from  
people you know and trust.

## Protect Your Brain

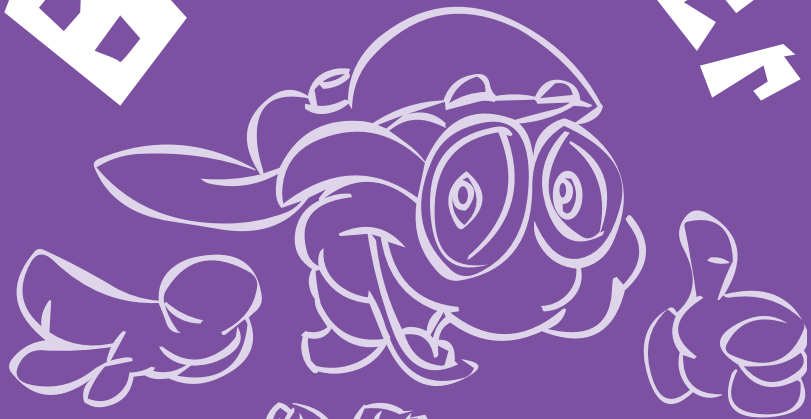


S Z S K L V I H S S  
E S I C R E X E A P  
M Y E M D L B F N E  
Z D S E A E E I R E  
P O X I T T A Y L L  
M B L H Y R K T A S  
J U R G B H D R I O  
J U X A M L M O E C  
E K A J Q W O C C W  
X L B N T J D Z A S

### Word Bank

BETH	EXERCISE	MAX
BODY	JUAN	SAFETY
BRAIN	JULIA	SLEEP
CORTY		

Brain Power



Junior Scientists

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Brain Power

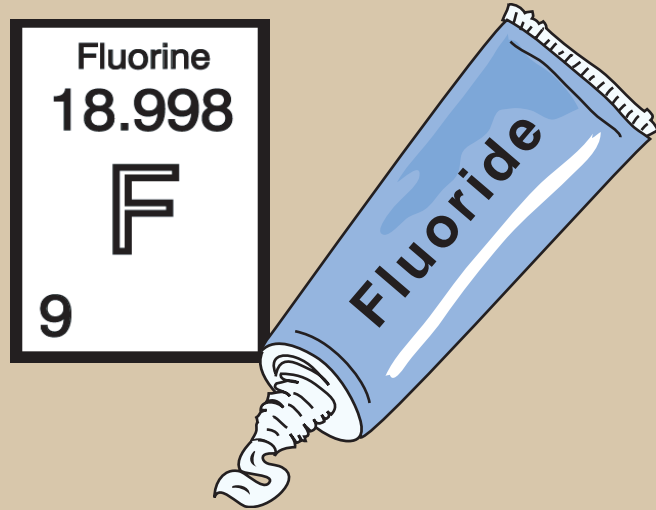


Junior Scientists

• N/DA •

## Fluoride

NIDA

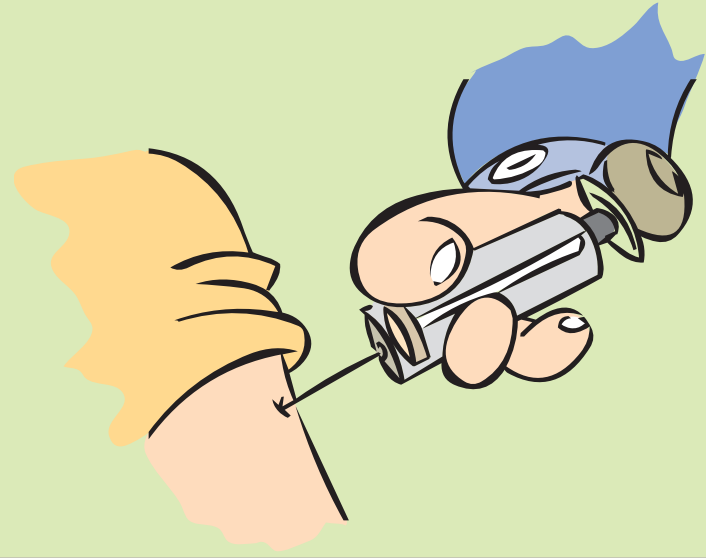


Fluoride is very important for children to use. It makes children's teeth strong.

Fluoride is found in toothpaste, mouthwash, and even in the water you drink.

## Immunizations

NIDA



Immunizations can also be called vaccinations, inoculations, or "baby shots." Immunizations help the body fight off bad germs that can cause a person to get sick. Children are safe from diseases like measles and mumps because of these medicines.