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**HEARING ON FDA'S ROLE IN THE
EVALUATION OF AVANDIA'S SAFETY**

Wednesday, June 6, 2007

House of Representatives,

Committee on Oversight and

Government Reform,

Washington, D.C.

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Committee Hearings

of the

U.S. HOUSE OF REPRESENTATIVES



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10 | The committee met, pursuant to call, at 10:00 a.m. in
11 | room 2154, Rayburn House Office Building, the Honorable Henry
12 | A. Waxman [chairman of the committee] presiding.

13 | Present: Representatives Waxman, Towns, Cummings,
14 | Kucinich, Davis of Illinois, Tierney, Clay, Watson, Yarmuth,
15 | Cooper, Hodes, Sarbanes, Davis of Virginia, Shays, Cannon,
16 | Issa, McHenry, Foxx, Sali.

17 | Staff Present: Phil Barnett, Staff Director and Chief
18 | Counsel; Kristen Amerling, General Counsel; Karen Nelson,
19 | Health Policy Director; Karen Lightfoot, Communications
20 | Director and Senior Policy Advisor; Andy Schneider, Chief

21 Health Counsel; Sarah Despres, Senior Health Counsel; Molly
22 Gulland, Assistant Communications Director; Steve Cha,
23 Professional Staff Member; Earley Green, Chief Clerk; Teresa
24 Coufal, Deputy Clerk; Caren Auchman, Press Assistant;
25 Zhongrui ``JR`` Deng, Chief Information Office; Leneal Scott,
26 Information Systems Manager; Rachel Sher, Counsel; William
27 Ragland, Staff Assistant; Kerry Gutknecht, Staff Assistant;
28 David Marin, Minority Staff Director; Larry Halloran,
29 Minority Deputy Staff Director; Jennifer Safavian, Minority
30 Chief Counsel for Oversight and Investigations; Keith
31 Ausbrook, Minority General Counsel; Ellen Brown, Minority
32 Legislative Director and Senior Policy Counsel; Anne Marie
33 Turner, Minority Counsel; Victoria Proctor, Minority Senior
34 Professional Staff Member; Susie Schulte, Minority Senior
35 Professional Staff Member; John Cuaderes, Minority Senior
36 Investigator and Policy Advisor; Patrick Lyden, Minority
37 Parliamentarian and Member Services Coordinator; Brian
38 McNicoll, Minority Communications Director; Benjamin Chance,
39 Minority Clerk.

40 Chairman WAXMAN. The meeting of the Committee will come
41 to order.

42 Today we are holding a hearing about an important
43 medication that is being used by a million Americans to
44 control their diabetes. Diabetes is a terrible disease.
45 Diabetics are unable to control their blood sugar. High
46 blood sugar affects nearly every part of the body and can
47 cause blindness, kidney failure, heart attack and stroke.
48 Heart attacks and stroke caused by high blood sugar levels
49 end up killing two out of every three diabetics.

50 Diabetes can't be cured. But with proper medical
51 attention and effective drugs, it can be controlled, and the
52 devastating consequences of diabetes can be delayed or even
53 prevented. Endocrinologists who specialize in the treatment
54 of diabetes believes that drugs that lower blood sugar levels
55 are especially important to prevent the long-term
56 complications of this disease. Avandia was approved in
57 1999 because of clinical evidence that it effectively lowers
58 the blood sugar levels in diabetics. Trials conducted since
59 then confirm that Avandia is indeed effective in lowering
60 blood sugar levels. That is why it has been so widely
61 prescribed by doctors across the Nation.

62 Avandia, however, is a sophisticated and complicated
63 drug. It works at the gene level and has multiple effects on
64 the body. For instance, it may increase weight and

65 | cholesterol. That is why from the outset, concerns have been
66 | raised about whether Avandia could increase the risk of heart
67 | attacks.

68 | I have struggled with the right tone for today's
69 | hearings. Diabetes is a serious illness and Avandia is an
70 | effective medication for lowering blood sugar. Sounding a
71 | false alarm about the dangers of the drug has a potential to
72 | cause serious harm to patients.

73 | On the other hand, there have been repeated warnings
74 | from the day of approval forward about the potential cardiac
75 | risks associated with Avandia. And these should not be
76 | ignored.

77 | It is not Congress' role to adjudicate these medical
78 | issues. But it is our role to assure that the Federal Food
79 | and Drug Administration is taking these concerns seriously
80 | and providing doctors and patients with the guidance they
81 | need to make informed decisions.

82 | That is why we are holding this hearing today. Although
83 | Avandia has been marketed for eight years and has been used
84 | by millions of Americans, the post-market studies have not
85 | been done to say conclusively whether Avandia increases or
86 | decreases the risk of heart attacks. That is a major failure
87 | of our system, and that is what is causing so much confusion
88 | and worry among the patients who are taking Avandia today.

89 | Avandia was approved on May 25th, 1999. The primary

90 | medical reviewer at FDA recommended approval of the drug
91 | because clinical trials showed it to be effective at reducing
92 | blood sugar. That was justified and appropriate. The
93 | medical reviewer also noticed that the clinical data raised
94 | questions about Avandia's effect on the heart. I would like
95 | to introduce the findings of the medical reviewer into the
96 | record and read an excerpt.

97 | The excerpt is technical and long, but it reveals how
98 | our system is supposed to work, and the quote I want to read
99 | is: ``Whether Avandia favorably affects the natural history
100 | of type 2 diabetes is open to question. Long-term
101 | improvement in HbA1c, a measure of blood sugar, should
102 | decrease the risk of retinopathy, eye problems, nephropathy,
103 | kidney problems, and neuropathy, nerve problems. However,
104 | the increase in body weight and undesirable effects on serum
105 | lipids, cholesterol, is cause for concern. Heart disease due
106 | to atherosclerosis is a major cause of morbidity and
107 | mortality in patients with type 2 diabetes, and it cannot be
108 | assumed that treatment with Avandia would decrease the
109 | risk.''

110 | Well, because of this concern about the potential for
111 | ``deleterious long-term effects on the heart,' ' the medical
112 | reviewer recommended that ``a post-marketing study to address
113 | these concerns needs to be a condition of approval.' ' The
114 | medical reviewer did everything right. He recognized that

115 | Avandia held great promise because of its impact on blood
116 | sugars, and he recognized there were questions about its side
117 | effects that could be answered conclusively only through a
118 | properly designed post-market trial. Unfortunately, at that
119 | point, FDA dropped the ball.

120 | FDA and the drug manufacturer did agree on a post-market
121 | study called ADOPT. But it was designed to show whether
122 | Avandia provided long-term control of blood sugar levels, not
123 | to assess whether Avandia increases the risk of heart
124 | attacks. ADOPT did show that Avandia is an excellent drug for
125 | keeping blood sugar under control, but it did not answer the
126 | medical reviewer's questions about heart risks.

127 | FDA did receive several warnings about a potential link
128 | between Avandia and heart attacks. In March 2000, Dr. John
129 | Buse, who will testify on the second panel today, wrote FDA
130 | to request cardiovascular safety trials of high-risk
131 | populations. In February 2003, the World Health Organization
132 | issued a warning of the potential cardiac risks associated
133 | with drugs like Avandia. A year later, a review in the New
134 | England Journal of Medicine stated that ``Data about the
135 | effects of TZDs, drugs like Avandia, on cardiovascular
136 | disease, are urgently needed.''

137 | Then in October 2005, the drug manufacturer
138 | GlaxoSmithKline informed FDA that an internal company
139 | analysis showed that Avandia may be associated with increased

140 risk of myocardial ischemia, a medical term that includes
141 heart attacks. The drug manufacturer gave the FDA this
142 analysis 11 months later, along with a second study the
143 company sponsored that did not show increased risks.

144 Yet despite the FDA medical reviewer's recommendation,
145 despite additional warnings by outside experts, despite the
146 millions of patients who rely on Avandia to control their
147 blood sugar, and despite the potential risks involved, FDA
148 never required the manufacturer to conduct a thorough
149 post-market study of Avandia's heart risks. In fact, it took
150 the publication of an article last month in the New England
151 Journal of Medicine to spur the agency to public action.

152 European regulators were not so negligent. Over six
153 years ago, they required GlaxoSmithKline to initiate a study
154 called RECORD, which is designed to assess cardiovascular
155 risks. The company published partial results from this study
156 yesterday. Unfortunately, as we will hear from the experts
157 on our second panel, the results to date are inconclusive and
158 RECORD does not appear to be large enough to answer the key
159 questions about Avandia's cardiac risks. It was not designed
160 to be completed until 2009.

161 While many people watching this hearing today will be
162 looking for answers about whether Avandia is safe, and I
163 understand and share their desire for answers, but because of
164 the lack of data, there may be no definitive conclusions. By

165 | examining Avandia, however, we can learn a lot about the drug
166 | approval and post-market surveillance process. Avandia is a
167 | case study of the need for reform of our drug safety laws.

168 | As a member of Congress, I am not qualified to judge
169 | whether the risks of Avandia outweigh its benefits. But I do
170 | know that the millions of diabetics who have taken Avandia
171 | have not been well served by our regulatory system. Doctors
172 | and their patients should be able to turn to FDA for guidance
173 | about the safety of the drugs they take. But in the case of
174 | Avandia, FDA did not insist upon the data it needs to
175 | consider their questions definitively.

176 | Legislation has passed the Senate and is pending in the
177 | House that would give FDA new powers to require post-market
178 | studies of drugs like Avandia. This hearing will show why
179 | these reforms are urgently needed. FDA needs the will, the
180 | resources and the authority to be a more effective watchdog
181 | of drug safety.

182 | I look forward to the testimony we will receive and I
183 | want to thank all of the witnesses for being here today.

184 | I want to now call upon the Ranking Republican Member of
185 | the Committee, Mr. Davis, for his statement.

186 | [Prepared statement of Chairman Waxman follows:]

187 | ***** INSERT *****

188 Mr. DAVIS OF VIRGINIA. Thank you, Mr. Chairman, and good
189 morning.

190 Once again, this Committee meets to consider serious
191 questions about how the Food and Drug Administration and drug
192 makers monitor the long-term safety of approved
193 pharmaceutical products. In 2004 and 2005, we led an
194 extensive bipartisan investigation into the pain reliever
195 Vioxx, confronting many of the same questions we face today.

196 How effective are programs by the FDA and industry to
197 gather timely and useful data on lingering safety concerns
198 about approved products? When those safety concerns emerge,
199 how should preliminary, often anecdotal information be used
200 by regulators, clinicians and patients? And how do we strike
201 the correct balance between speedy approval of life-saving or
202 life-enhancing therapies that patients want and the much
203 slower process of amassing statistically valid data sets on
204 long-term health outcomes?

205 Today's hearing was prompted by recent warnings the
206 diabetes medication Avandia, manufactured by GlaxoSmithKline,
207 may increase the risk of cardiovascular disease in some
208 patients, patients already uniquely vulnerable to heart
209 problems. An admittedly limited meta-analysis of disparate
210 research findings suggests that increase may be substantial.
211 But other studies point to little, if any, measurable
212 increase in heart risks.

213 So patients and doctors are left with conflicting or
214 incomplete information upon which to base delicate judgments
215 about the net benefits of various treatment options.

216 But this hearing, as the Chairman notes, is not about
217 one product. At least, it shouldn't be. It is about the
218 effectiveness of the overall drug approval and the monitoring
219 process. As the Chairman's memo to members cautioned, this
220 hearing is not about whether Avandia makes patients healthier
221 or harms them. We are not here to substitute our judgment
222 for that of scientists and regulators still evaluating
223 clinical safety data.

224 But we are here to ask whether current post-marketing
225 surveillance programs and protocols are both robust and
226 sensitive enough to detect emerging evidence of deleterious
227 health effects and how that evidence informs regulatory
228 research and treatment decisions.

229 Taken by almost 1 million Americans today, Avandia was
230 approved in 1999 because it lowers harmful blood sugar levels
231 in patients suffering type 2 diabetes. Managing type 2
232 diabetes by lowering blood sugar can decrease the patient's
233 chance of having diabetes-related problems later in life,
234 such as kidney failure, heart disease, stroke and limb
235 amputation.

236 But the so-called surrogate endpoint of reduced blood
237 glucose is only an indirect measure of the drug's overall

238 | impact on health. Questions about the extent of any increase
239 | cardiovascular risk posed by Avandia were raised eight years
240 | ago. So the FDA required Glaxo to compare the safety and
241 | effectiveness of Avandia with other oral anti-diabetes
242 | medicines. In 2000, the company initiated another large,
243 | long-term clinical trial to look specifically at
244 | cardiovascular outcomes in people with diabetes using Avandia
245 | to manage the disease.

246 | So far, results from that study have not shown increased
247 | health risks at levels suggested by the meta-analysis that
248 | would require discontinuation of the research for safety
249 | reasons. Nevertheless, last year, based on data from a study
250 | involving patients with existing congestive heart failure,
251 | the FDA required a labeling change for the drug to include a
252 | new warning about a potential increase in heart attacks and
253 | heart-related chest pain in some individuals.

254 | The FDA will convene an advisory committee as early as
255 | next month to review this matter. That committee's findings
256 | should provide health care providers and patients with a
257 | better understanding of any cardiovascular risks involved
258 | with the use of Avandia.

259 | It is not clear if the advisory committee will also look
260 | at the entire class of oral anti-diabetes medications that
261 | operate like Avandia. Perhaps FDA can answer that question
262 | today.

263 This muddled post-marketing picture is not unique. A
264 recent New England Journal of Medicine editorial called the
265 FDA approach to post-approval or Phase 4 research
266 ``desultory,`` because during the period from 1998 through
267 2003, only about a quarter of the required Phase 4 trials
268 were completed. And as of September 30th, 2006, a total of
269 899 Phase 4 studies remain pending. As a result, the safety
270 profile of some drugs, particularly those approved using
271 surrogate endpoints, can remain incomplete for years.

272 Most Americans believe once the FDA approves a drug, it
273 carries the medical equivalent of the Good Housekeeping seal
274 of approval and can be used with little or no risk. But the
275 process of developing, marketing, regulating, prescribing and
276 using modern pharmaceuticals involves some, at times
277 considerable risk, at every stage. Those risks have to be
278 acknowledged frankly and managed responsibly.

279 Adverse event surveillance and research have to be
280 sensitive enough to detect potential safety problems but
281 discrete enough to distinguish between well-publicized
282 anecdotes and scientific evidence. Otherwise, public
283 confidence in both the FDA and the pharmaceutical industry
284 will be undermined by conflicting data and allegations no one
285 is protecting the long-term welfare of patients.

286 I look forward to hearing from our panels of expert
287 witnesses today on how we can strengthen FDA approval and

288 | post-marketing surveillance systems. I would ask unanimous
289 | consent that the statement of Dr. Brian Strom, the Chairman
290 | of Biostatistics and Epidemiology and Director of the Center
291 | for Clinical Epidemiology and Biostatistics at the University
292 | of Pennsylvania be included in the official hearing record.

293 | Chairman WAXMAN. Without objection, that will be the
294 | record.

295 | [The referenced information follows:]

296 | ***** INSERT *****

297 | Mr. DAVIS OF VIRGINIA. Thank you.

298 | [Prepared statement of Mr. Davis of Virginia follows:]

299 | ***** INSERT *****

300 Chairman WAXMAN. We have a number of witnesses to
301 present testimony to us today. So we did not invite members
302 to give opening statements. Of course, all of the members'
303 opening statements that they wish to submit will be made part
304 of the record.

305 But we do have a request from Congressman Towns and I do
306 want to recognize him. In doing so, I will invite any other
307 member who wants to make a very brief statement to do so.
308 But do recognize the fact that we will keep it brief, and you
309 may submit a fuller statement for the record.

310 Mr. Towns?

311 Mr. TOWNS. Thank you very much, Mr. Chairman. I thank
312 you for calling this hearing on patient safety.

313 As you know, diabetes and heart disease occur in the
314 African American population at a rate disproportionate to the
315 general population. That is also true of Hispanic Americans.
316 Death rates for strokes are about 25 percent higher for
317 African American males and about 20 percent higher for
318 African American women. African Americans develop high blood
319 pressure at an early age, and heart disease death rates are
320 1.5 times higher and 1.8 times greater for fatal strokes.

321 Yet, despite the disproportionately higher mortality and
322 morbidity of cardiovascular disease, Latinos and African
323 Americans are significantly less likely than whites to
324 undergo treatment for their conditions, and less likely to

325 | receive the most advanced cardiac procedures. Despite having
326 | the same insurance status and disease severity rates,
327 | diabetes rates are also significantly higher for African
328 | Americans and Hispanic Americans. These are also not one at
329 | a time conditions. If you have one, there is a greater
330 | likelihood that you may have them together.

331 | The published higher death rates from the May 16th New
332 | England Journal of Medicine study is of course what brings us
333 | here today. However, Mr. Chairman, while I am certainly
334 | concerned about the possibility or the potential higher level
335 | of risk for cardiovascular causes that has been associated in
336 | this single study of Avandia, I am more concerned with the
337 | likelihood of the low levels of participation of African
338 | Americans and other people of color in the clinical trials
339 | associated with Avandia.

340 | I am certainly aware of the large number of clinical
341 | trials associated with it. However, I am particularly
342 | concerned that the findings have not had sufficient data to
343 | make a determination as to the effects of this drug on
344 | African Americans and Hispanics, whether they associate
345 | Avandia with the higher levels of risk for death from
346 | cardiovascular causes or not.

347 | While we are not here today, Mr. Chairman, to discuss
348 | the reauthorization of the Prescription Drug User Fee Act, a
349 | number of us serve on the Committee on Oversight and the

350 | Committee on Energy and Commerce, as you and I do. I am here
351 | today to make sure that both the Food and Drug Administration
352 | and the pharmaceutical and medical devices industry takes the
353 | expansion of the numbers of African Americans and Hispanic
354 | Americans in drug and medical devices studies seriously.

355 | I am therefore proposing in the PDUFA reauthorization a
356 | more verifiable alternative for minorities than the pediatric
357 | exclusion and an office of diverse population within the
358 | Office of the FDA Commissioner that will have the authority
359 | and responsibility of increasing the numbers of racially and
360 | ethnically diverse populations within the FDA.

361 | Mr. Chairman, I believe that we need to get to the
362 | bottom of whether or not there is associated risk with
363 | Avandia. However, that risk should have scientific evidence
364 | that applies to ethnically and racially diverse communities,
365 | as well as the general population. I would like to submit a
366 | statement for the record from the National Medical
367 | Association, which actually supports the statement that I
368 | just made. So I would like to submit that for the record as
369 | well.

370 | Chairman WAXMAN. Without objection, so ordered.

371 | [The referenced information follows:]

372 | ***** INSERT *****

373 | Mr. TOWNS. And on that note, I yield back, Mr. Chairman,
374 | and thank you for the special consideration.

375 | [Prepared statement of Mr. Towns follows:]

376 | ***** INSERT *****

377 Chairman WAXMAN. Thank you, Mr. Towns.

378 Does any other member wish to make an opening statement?

379 Mr. Issa.

380 Mr. ISSA. Thank you, Mr. Chairman. I will be brief and
381 put my entire statement in for the record.

382 But I think it is important, first of all, I would like
383 to thank you for your opening statement. I think it helped
384 balance perhaps what started off very much as imbalance in
385 this hearing. I am concerned today that we not tread too
386 closely toward the hypocrisy that I believe this hearing
387 begins to look like.

388 Just a few months ago, this Committee held a hearing in
389 which the Bush Administration was accused of politicizing
390 science, of censoring and editing research and politicizing
391 science is exactly what we could be doing here today. This
392 is not global warming, this is in fact, though, an ongoing
393 investigation on a current drug early in the questioning
394 period. I believe that the anecdotal evidence that came out
395 from the New England Journal of Medicine, which we now
396 understand included some consulting to the majority members
397 of this Committee, is in fact a very dangerous pattern.

398 A few weeks ago, the New England Journal of Medicine
399 questioned something. We now hold a hearing on that drug and
400 consistent with that drug. As the Chairman said, rightfully,
401 and I appreciate his saying it, none of us here is qualified

402 | to evaluate this drug. As a matter of fact, none of the
403 | people speaking before us today, without a vast group of
404 | people not present, is capable of evaluating the safety and
405 | side effects of this drug. It is in fact the FDA and
406 | science's community responsibility to get all the research
407 | in, and in fact then to go through that as a panel, not as
408 | one individual speaking before this Committee.

409 | I appreciate that this is the committee of oversight and
410 | of reform. If we are doing oversight, I believe that it is
411 | okay to look at something if it is a clear and present
412 | danger. That is not the case here. This drug is very much
413 | still effective and on the market for patients today and
414 | should not be artificially called into question as to its
415 | safety or side effects as a result of anecdotal information
416 | presented here.

417 | Vioxx, Celebrex and other drugs certainly have gone
418 | through a much more exhaustive study and could be just as
419 | easily used to show the need for reform and in fact, as an
420 | oversight agency, to look at past failures. I believe that
421 | we are treading very close to exactly the hypocrisy that this
422 | Committee can easily be drawn into, politicizing science
423 | while saying that we don't want to politicize science. So I
424 | appreciate the Chairman's opening remarks. Hopefully that
425 | has set a tenor for not only what is being said by the
426 | witnesses today, but in fact for our questions, that we not

427 | allow this to be about one drug or one limited study, and
428 | that we try to stay toward the settled science, toward the
429 | settled cases of the FDA in our oversight and potential
430 | reforms.

431 | I thank the Chairman for his opening statement, because
432 | hopefully it brought us a little closer--and the Ranking
433 | Member--a little closer toward the correct reason for this
434 | Committee to hold these types of hearings. I yield back and
435 | thank the Chairman.

436 | [Prepared statement of Mr. Issa follows:]

437 | ***** INSERT *****

438 Chairman WAXMAN. Mr. Issa, I am pleased you attacked the
439 hypocrisy that you admitted did not exist. I don't know if
440 the New England Journal of Medicine would resent being
441 categorized as a magazine that simply puts together a bunch
442 of anecdotes, but I certainly resent the statement that there
443 was any kind of consultation between the people that wrote
444 the article in the New England Journal of Medicine and the
445 majority of this Committee. It is just absolutely not true.

446 Mr. ISSA. Mr. Chairman, the author of the study
447 published in the New England Journal of Medicine admitted to
448 the Wall Street Journal that he had talked to people on the
449 Hill while preparing his analysis. Yet the FDA says that no
450 one has consulted them. So in fact, I believe that this is
451 dangerously close to that question of politicizing science.
452 And like I say, I appreciate the fact that your opening
453 statement was balanced. But we have to look at the
454 underlying premise of bringing a hearing on a drug three
455 weeks after an article comes out and the author of that
456 article admits that he's been talking to people on the Hill.

457 This is one of those times in which I want to make sure
458 that this is not an attack on the practice of a particular
459 company, or a chilling effect on companies, but rather,
460 legitimate oversight and legitimate effort to find reform. I
461 appreciate the Chairman's effort to try to lead at that
462 direction. I wanted to make sure that I supported him in

463 | pushing this hearing in that correct direction.

464 | Chairman WAXMAN. I thank you for your explanation of
465 | your conclusion. And it will stand for all to review. And I
466 | appreciate your statements.

467 | Any other member wish to make an opening statement?

468 | Yes, Mr. Davis.

469 | Mr. DAVIS OF ILLINOIS. Thank you, Mr. Chairman. I do
470 | not have a written statement, but I do want to, as a member
471 | of the Committee, thank you for calling the hearing. And
472 | also as a person who has been diagnosed as a type 2 diabetic,
473 | I want to emphasize the particular personal interest that I
474 | have in this hearing. I agree with the conclusion in your
475 | opening statement that I hope that we will move toward, and
476 | we do in fact need a stronger and more resourceful Food and
477 | Drug Administration, so that they have not only the authority
478 | but also the resources that are needed to do extensive
479 | research and oversight to try and assure that the
480 | pharmaceutical drugs that we use for medical treatment are as
481 | safe as humanly possible.

482 | So again, I thank you for calling the hearing and look
483 | forward to hearing the witnesses.

484 | [Prepared statement of Mr. Davis of Illinois follows:]

485 | ***** COMMITTEE INSERT *****

486 Chairman WAXMAN. Thank you very much, Mr. Davis.

487 Any other member wish to make a very brief statement?

488 Ms. Foxx.

489 Ms. FOXX. Thank you, Mr. Chairman. I appreciate it very
490 much.

491 My background is as a social scientist. I worked for
492 many years in medical research. So in reading the material
493 about today's hearing, I tried to bring back some of my
494 experiences of some time ago. And I wanted to get a
495 definition of the term ``meta-analysis.'' I think that it is
496 really important that in this hearing we keep in mind what a
497 meta-analysis is.

498 The purpose of it is to raise questions but not to draw
499 a conclusion. Let me read you a definition from Taber's
500 Cyclopedic Medical Dictionary. It says, ``Meta-analysis, a
501 statistical procedure for combining data from a number of
502 studies and investigations in order to analyze the
503 therapeutic effectiveness of specific treatments''--and this
504 is the really important part--``and plan future studies.''

505 The meta-analysis does not actually do research. It
506 does not gather the data that is so important to gather when
507 drug companies are searching for the effectiveness of the
508 drugs they're working with. So I think it's extremely
509 important that we keep in mind what a meta-analysis is.

510 Now, Mr. Chairman, on May 21st, Dr. Nissen's study was

511 | published by the New England Journal of Medicine, along with
512 | a Journal editorial encouraging physicians to stop
513 | prescribing the drug and encouraging the FDA to take
514 | regulatory action. Then there were alarming headlines
515 | pronouncing an increased risk of death for anyone taking this
516 | drug.

517 | According to a very interesting article entitled
518 | Political Defibrillator, published in the May 28th, 2007
519 | issue of Biocentury, a journal providing analysis for the
520 | biotechnical community, soon after the release of Dr.
521 | Nissen's study, some of my Congressional colleagues in the
522 | House and Senate issued statements to the press suggesting
523 | that they knew ahead of time about this study. Included
524 | among the press releases, there was an apparent attempt to
525 | manufacturer a scandal, including the statement that ``Both
526 | the drug company and the FDA have some major explaining to do
527 | about what they knew about Avandia, when they knew it and why
528 | they didn't take immediate action to protect patients.``
529 | These statements were made with disregard for the limits of
530 | this study and the impact that these statements and actions
531 | could have on public safety or the reputation of the company
532 | involved.

533 | Let me read the opening paragraph of the Biocentury
534 | piece: ``The circumstances surrounding the publication by the
535 | New England Journal of Medicine of a meta-analysis of safety

536 | data from studies of Avandia and an accompanying commentary
537 | suggesting that FDA critics on Capitol Hill have collaborated
538 | with whistleblowers in the agency and pharmaceutical industry
539 | critics and academia to create a controversy over Avandia's
540 | safety in order to advance a political agenda.'" According
541 | to this article, even though members of the Senate and House
542 | and their staffs were apparently aware of this study and that
543 | it was going to be published, the author never notified the
544 | FDA. Yet the FDA is the one agency that holds the key to
545 | action if this study in fact reveals data about an immediate
546 | threat to the public.

547 | The British medical journal, The Lancet, published May
548 | 23rd, 2007, took issue with how this was handled, stating
549 | that "'To avoid unnecessary panic among patients, a calmer
550 | and more considered approach to the safety of rosiglitazone
551 | is needed. Alarmist headlines and confident declarations help
552 | nobody.'"

553 | Mr. Chairman, while there is no need to manufacture a
554 | scandal here, it appears that there may already be one that
555 | needs investigating, at least by the press. I would like to
556 | see the press determine what members of Congress and their
557 | staff knew about this study, when they knew it and whether
558 | there was a coordinated effort among the author, disgruntled
559 | FDA staff and staff at the New England Journal of Medicine to
560 | develop and publish this study in a way that would create a

561 sensation in the press and maximum embarrassment for the FDA.

562 My husband is diabetic. So I am very interested in this
563 disease and very interested in our finding treatments for it.
564 It is a very pernicious disease and one of the most expensive
565 in our Country.

566 However, we serve no purpose by scaring people about
567 drugs. And I have no dog in this fight, as they say. I am
568 not here as an apologist for Glaxo, but I think we should be
569 very careful when we talk about scientific issues and make
570 sure that we have a balanced approach to this. Thank you,
571 Mr. Chairman.

572 [Prepared statement of Ms. Foxx follows:]

573 ***** COMMITTEE INSERT *****

574 Chairman WAXMAN. The gentlelady's time has concluded.

575 I would like to get to the witnesses. Does any member
576 feel compelled to say anything further? Yes, the gentleman
577 from Massachusetts.

578 Mr. LYNCH. Thank you, Mr. Chairman, and I will be brief.

579 I just wanted to address a couple of things. First of
580 all, there has been the allegation that this study was
581 anecdotal. I just want to point to the editorial itself and
582 the reports and the concerns that have been cited by the
583 doctors. They were based on 40 different studies, and I
584 think they are very thoughtful.

585 Secondly, I agree with the sentiment, although I am not
586 sure it is shared, that this shouldn't be dragged down into
587 some type of partisan politics issue. However, I think when
588 you begin the hearing by criticizing the New England Journal
589 of Medicine because of something that has been published
590 there, which is, I think, a very thoughtful view, it is just
591 one view, but very thoughtful, but to impugn their character
592 that it is somehow in league politically to take down a drug
593 company, I think you immediately drag down the debate to that
594 level. I would just caution against it.

595 The second comment I want to address is the idea that
596 somehow folks that come to the Oversight Committee because of
597 an issue of genuine concern have done so for political
598 purposes and not for legitimate reasons has not been proven

599 | here, and should not be suggested. This is where people
600 | should come. It should not be circumstantial evidence to the
601 | disingenuousness of people who come to this Committee that
602 | they have come to us with an issue. This is the Oversight
603 | Committee. This is where they should be coming. And we
604 | should have the intelligence and the balance here to just let
605 | the evidence be presented and not suggest that it is being
606 | done for a disingenuous reason and then have it presented in
607 | that context.

608 | This is a tremendously important issue. My family has
609 | diabetes, I know thousands and thousands of families that are
610 | dealing with this problem. We should approach this as
611 | adults. And at the end of the day, it may prove that the
612 | concern was elevated. It may prove that the concern was
613 | understated, but we should receive the evidence in an open
614 | and honest discussion. That is the way we should have it,
615 | and I yield back.

616 | [Prepared statement of Mr. Lynch follows:]

617 | ***** INSERT *****

618 Chairman WAXMAN. The gentleman's time has expired. We
619 will now go to our witnesses.

620 Mr. SALI. Mr. Chairman? May I make a brief statement?

621 Chairman WAXMAN. The gentleman is recognized for a brief
622 statement.

623 Mr. SALI. Mr. Chairman, it appears to me, in hearing the
624 opening statements and kind of thinking through this, that
625 the real concern is that there may be a side effect from this
626 drug. And we don't know if that side effect is present based
627 on this meta-study, that it may be a side effect.

628 I also understand that, according to the FDA, no
629 approved diabetes drug has ever shown any kind of reduction
630 in macro-vascular risk, the kinds of risk that may exist here
631 today. So I guess in the testimony, I am hoping that it
632 becomes clear, number one, whether we can really say that the
633 side effect does exist from this drug, and if it doesn't,
634 then I think our job of oversight may be done at that point.

635 Secondly, even if it does exist, does it exist in such a
636 significant number of cases that we know about that we can
637 say the FDA is off track and this Committee, with its
638 oversight capability, should intervene?

639 Finally, Mr. Chairman, I think the question is, knowing
640 that there is a side effect, is it appropriate for doctors to
641 prescribe it anyway? There are plenty of drugs that have
642 known side effects. If patients are better off if this drug

643 | is prescribed, perhaps it will change prescribing patterns
644 | for physicians that are involved. But if there is a known
645 | side effect, if everybody takes that into account in making
646 | the decision whether to take the drug, prescribe the drug,
647 | are the people better off who can take this drug by
648 | prescription? And if they are, again, this Committee has no
649 | business in providing oversight.

650 | Chairman WAXMAN. Well, perhaps we can get some answers
651 | to those questions from the scientists.

652 | I would like to welcome our first witnesses. Dr. von
653 | Eschenbach is the current Commissioner of the Food and Drug
654 | Administration. He is the former head of the National Cancer
655 | Institute and is a renowned cancer specialist. We are
656 | delighted to have you here to testify.

657 | Accompanying Dr. von Eschenbach is Dr. Dal Pan, who is
658 | the head of the Office and Surveillance and Epidemiology at
659 | the Food and Drug Administration. And Dr. Jenkins is the
660 | head of the Office of New Drugs at FDA. We want to welcome
661 | each of you to our hearing today. We are looking forward to
662 | your views on some of these scientific and regulatory
663 | questions that members have on their minds.

664 | It is the practice of this Committee to ask all
665 | witnesses to take an oath. I would like to ask you to rise.

666 | [Witnesses sworn.]

667 | Chairman WAXMAN. Thank you very much. The record will

668 | indicate that each of the witnesses answered in the
669 | affirmative. Dr. von Eschenbach, why don't we start with
670 | you?

671 | We ordinarily ask witnesses to be limited to five
672 | minutes in their oral presentation. Your full statement will
673 | be part of the record. We will run the clock, if you need a
674 | little bit more time, we will certainly provide it to you.

675 | STATEMENT OF ANDREW C. VON ESCHENBACH, M.D., COMMISSIONER,
676 | FOOD AND DRUG ADMINISTRATION; ACCOMPANIED BY: JOHN K.
677 | JENKINS, M.D., DIRECTOR, OFFICE OF NEW DRUGS, FOOD AND DRUG
678 | ADMINISTRATION; GERALD DAL PAN, M.D., OFFICE OF SURVEILLANCE
679 | AND EPIDEMIOLOGY, FOOD AND DRUG ADMINISTRATION

680 | STATEMENT OF ANDREW C. VON ESCHENBACH

681 | Dr. VON ESCHENBACH. Thank you very much, Mr. Chairman
682 | and Ranking Member Davis and members of the Committee. I
683 | really want to express our appreciation for allowing us to
684 | appear before you today.

685 | My written testimony provides important details about
686 | the scientific facts and many post-marketing trials that are
687 | involved in FDA's ongoing multi-faceted regulation of the
688 | diabetes drug rosiglitazone, perhaps better known as Avandia.
689 | Rather than recount those details, I would like to focus my
690 | oral statement on the process used at FDA to do the right
691 | thing for patients by making decisions using a comprehensive,
692 | multidisciplinary approach that incorporates all the data
693 | available and addresses the best interest of all patients
694 | affected by that decision.

695 | With me are two senior and expert FDA colleagues: Dr.

696 | John Jenkins, the Director of the Office of New Drugs; and
697 | Dr. Gerald Dal Pan, the Director of the Office of
698 | Surveillance and Epidemiology, formerly the Office of Drug
699 | Safety. Both of these offices are part of FDA's Center for
700 | Drug Evaluation and Research. Their presence this morning is
701 | important regarding the FDA's decision-making process,
702 | because they represent the close interaction between the FDA
703 | office that reviews marketing applications for new drugs and
704 | the office that monitors their safety profile.

705 | We are here as partners, reflecting the management and
706 | the professionals at the FDA who are dedicated to
707 | collaborating even more closely, not simply to approve
708 | products, disapprove them or defer decisions, but rather, to
709 | do the right thing, so that our actions will both promote and
710 | protect the health of Americans.

711 | Mr. Chairman, I know that you called this hearing
712 | because of your deep concern for the welfare of Americans, a
713 | motivation that transcends politics and that is shared by
714 | every member of this Committee. I know you and members of
715 | Congress want and even demand that the FDA do its utmost to
716 | protect and promote the health of all Americans, including
717 | those millions of Americans affected by diabetes, and the
718 | hundreds of thousands that are perhaps using the drug
719 | Avandia.

720 | Let me be clear at the outset. Our focus in the

721 | decisions FDA has made and will make on Avandia is to serve
722 | an approximate 18 to 20 million Americans who are at risk of
723 | blindness, kidney failure, limb amputation and death from
724 | diabetes. We will carry out that mission by thoughtfully
725 | weighing the potential effect of FDA's actions on the entire
726 | patient and on all patients. It is our goal to not just make
727 | the right decision about a drug like Avandia; but more
728 | importantly, to always do the right thing for patients.

729 | How do we do the right thing? First, by doing it as a
730 | team that embraces the diversity of all points of view and
731 | weighs all points of view to arrive at an FDA decision.
732 | Second, by using decision standards that are science-based,
733 | drawing upon all the scientific data that bears on an issue
734 | and by demanding of ourselves and others rigor, precision and
735 | accuracy in the analysis of that data. Because our decision
736 | that weighs both the benefits and the risks of a drug will
737 | affect not one or a few, but often millions of lives.

738 | Third, by committing to a standard of excellence that
739 | requires us to constantly improve the processes by which we
740 | make decisions. Since I arrived at FDA, we have specifically
741 | addressed process improvement as it relates to decisions
742 | regarding drug safety. We have completed or are rapidly
743 | putting in place more than 40 drug safety initiatives that
744 | are in keeping with the recommendations of the Institute of
745 | Medicine report that we commissioned.

746 A few recent examples of process improvement are the
747 fact that we have issued a guidance on communicating drug
748 safety information, announced the creation of a risk
749 communications advisory committee, proposed tougher
750 procedures for membership on FDA advisory committees, and our
751 critical path initiative promises to provide the modern tools
752 needed to improve the predictability of the processes by
753 which products are discovered, developed and monitored after
754 delivery to patients.

755 We have acknowledged that increasing demands and the
756 complexity of the products we regulate requires increasing
757 resources. We are grateful for the Administration's
758 proposals and the Congressional consideration given to the
759 additional resources in fiscal year 2007 and those being
760 considered for 2008.

761 Among the many needs, we must especially use these
762 resources to build a more robust FDA infrastructure of
763 information technology to obtain and analyze all the data
764 required for timely and accurate decisions. We need to focus
765 on product safety throughout the entire life cycle of the
766 product, including stronger post-market surveillance and
767 pharmaco-vigilance. In fact, a robust pharmaco-vigilance
768 system supported through a public-private arrangement such as
769 an institute or a foundation could provide considerable
770 benefit and would be most welcome as part of the

771 Congressional consideration of pending FDA legislation.

772 In closing, Mr. Chairman, let me emphasize that as we
773 deal with drug safety, we encourage those with an interest to
774 bring to us comments, ideas and data from all sources. FDA
775 is committed to appropriate scientific dialogue and
776 discussion about the making of decisions. And in the end, we
777 must always be true to our mission to both protect and
778 promote the health of all Americans.

779 Mr. Chairman and members of the Committee, thank you for
780 your time, your interest and your commitment to this mission
781 . My colleagues and I would be pleased now to answer any
782 questions.

783 [Prepared statement of Dr. von Eschenbach follows:]

784 ***** INSERT *****

785 Chairman WAXMAN. Thank you very much, Dr. von
786 Eschenbach.

787 We are going to start with 10 minutes on each side. I
788 want to thank you very much for your testimony. You are very
789 distinguished scientists and I know that you have a job at
790 FDA that you are trying to see through and relying on good
791 science and recognizing the public interest. Of course, I
792 have been a strong supporter of the FDA, because I think the
793 American public expects the FDA to make sure that drugs that
794 are available to them are safe and effective, not just at the
795 time they are approved, but throughout the time the drug is
796 available and going to be used. And that information is to
797 be based on science, not rumors, not anecdotes, not
798 demagoguery, but science.

799 The issue with Avandia, like so many other drugs, it was
800 approved without the full knowledge of all the impacts it
801 might have. This is not unusual, because many drugs need to
802 be watched carefully after they are approved. But there has
803 been a pressure at FDA to get drugs approved as quickly as
804 possible. In fact, we even have user fees that can help FDA
805 have more resources to get those drugs approved.

806 The question that I am looking at is the post-marketing
807 surveillance of this drug as it reflects post-marketing
808 surveillance of other drugs. This particular drug was
809 approved in 1999. And your reviewer at the FDA did, as I

810 | mentioned in my opening statement, exactly what he should do.
811 | He looked at the effectiveness, whether it lowers blood
812 | sugar, and he found that there was enough clinical evidence
813 | to show that it did.

814 | But he was concerned about the possibility of increased
815 | heart attacks, strokes, because of some evidence that he saw
816 | in the data, and suggested that there be a post-marketing
817 | surveillance of that issue. So in 1999, we had this
818 | opportunity for FDA to make sure that the post-marketing
819 | study was being done.

820 | But it wasn't done. And then later, in 2000 and 2003,
821 | you mention in your statement, you welcome the input from
822 | those who have concerns, well, FDA got input from people who
823 | had concerns. Dr. Buse wrote to FDA to express his concern
824 | about Avandia's potential cardiovascular risks. And he urged
825 | the FDA to conduct a cardiovascular safety trial on high risk
826 | populations. It is still not being done.

827 | In February 2003, the World Health Organization issued a
828 | warning of potential cardiac risks associated with Avandia's
829 | class of drugs. And this was another opportunity for FDA to
830 | insist that a post-market study be done by the manufacturer
831 | on this potential danger, and nothing was done. Not until we
832 | got this report in the New England Journal of Medicine has
833 | there been this great concern expressed in the public, which
834 | I must state to you, I had nothing to do with, nor did any

835 member of my staff have anything to do with, nor would the
836 distinguished journal welcome us to get involved in their
837 scientific evaluations.

838 So there are a number of missed opportunities. What
839 happened? Why didn't FDA insist on the post-marketing
840 surveillance to look at the risk for heart attacks and
841 strokes?

842 Dr. VON ESCHENBACH. Thank you, Mr. Chairman. First of
843 all, I would like to echo your important emphasis on the fact
844 that we are in fact looking at these issues from the point of
845 view of the total life cycle of product. We are building in
846 much more opportunity to assure the safety of these drugs,
847 even before they are allowed to be applied to patients in the
848 general population.

849 We are doing that in the most efficient and effective
850 way we can, so that it is more rapid, so that we can get
851 these life-saving and life-enhancing drugs to people. But
852 that rapidity does not mean it is reckless. We are applying
853 the rigor and precision and discipline in the internal
854 processes, and also recognizing, as you pointed out, that
855 once that drug goes out into a much larger population, no
856 clinical study or trial could ever give us all the
857 information we need. So we are engaged in rigorous
858 post-market surveillance.

859 With regard to this drug, there were post-marketing

860 studies being conducted. FDA continued to be engaged in
861 acquiring, analyzing and assessing data coming in with regard
862 to the experience that was being developed with Avandia and
863 these large populations, both here and in Europe, and did in
864 fact take regulatory action. I would like to ask Dr.
865 Jenkins--

866 Chairman WAXMAN. Before you talk about the regulatory
867 action, did you ask for and did you get a study on the
868 potential side effects dealing with the heart, as was
869 recommended by so many others that I mentioned. Did you
870 actually tell the manufacturer to do the study so you could
871 have a definitive study?

872 Dr. VON ESCHENBACH. I am going to let Dr. Jenkins talk
873 about the approval and what was involved, and Dr. Dal Pan
874 describe the post-market assessment.

875 Chairman WAXMAN. I am more interested in the
876 post-market. Because the approvals seem to be reasonable.
877 You have enough evidence. The reviewer saw the studies,
878 said, this drug merits approval from what we have seen so
879 far. But raised a concern about the possible heart attack
880 problem. And he recommended that there be a follow-up
881 post-market review.

882 Dr. Dal Pan, why wasn't one done? Which of you--

883 Dr. VON ESCHENBACH. This is on the approval, Dr.
884 Jenkins.

885 Dr. JENKINS. Thank you, Mr. Chairman. Let me try and
886 address that point.

887 I was the senior member of the review team that reviewed
888 Avandia back in 1999. I actually signed the approval letter
889 for Avandia in 1999. And the approval did have a phase 4
890 commitment for a long-term, four-year safety and efficacy
891 study titled ADOPT, which was designed to look at the
892 long-term efficacy of the drug, but also long-term safety and
893 specifically reading from our post-marketing commitment web
894 site, we talked about long-term safety, including hepatic
895 effects, cardiovascular and hematologic effects, changes in
896 body weight and serum lipids.

897 So the medical officer that you are describing who, in
898 his review called for the study, this is the same study that
899 he was calling for that we actually got as a post-marketing
900 commitment.

901 Chairman WAXMAN. Did the study, the ADOPT study look at
902 the specific concerns about potential heart attack? I know
903 you requested it. But in my understanding, the ADOPT study
904 only confirmed that the drug was effective in lowering blood
905 sugar.

906 Dr. JENKINS. At the time we approved Avandia, there were
907 quite a number of different questions we had that we were
908 looking for answers for. One of them was about its long-term
909 efficacy in comparison to other drugs. There were concerns

910 | about its hepatic safety, because the previous member of this
911 | class had proven to have a liver toxicity signal. There were
912 | also concerns about congestive heart failure and edema.

913 | Chairman WAXMAN. Did the study give you the answers you
914 | needed on the question of the safety matters that involved
915 | the larger population using the drug? Did we have the
916 | answers from that study that we can now cite as showing us,
917 | on this specific issue of cardiac problems, that we now know
918 | the risks?

919 | Dr. JENKINS. The study was not specifically designed to
920 | be a study to evaluate myocardial infarction or heart attack
921 | in an of itself. It was designed to look at cardiovascular
922 | outcomes. We now have the data from that study. It was
923 | published last fall, it is currently under review by FDA--

924 | Chairman WAXMAN. You are talking about ADOPT?

925 | Dr. JENKINS. ADOPT. It provided a lot of very valuable
926 | information about the cardiovascular safety of Avandia, as
927 | well as its liver safety, its effectiveness in long-term use.
928 | So I think it was a very useful study.

929 | Chairman WAXMAN. And when was that study concluded?

930 | Dr. JENKINS. I can't give you the exact date when it was
931 | concluded. It was published last fall and it was submitted
932 | to the FDA as a final study report earlier this year. It is
933 | currently under a complete review by the FDA.

934 | Chairman WAXMAN. Did it show that there were more heart

935 attacks?

936 Dr. JENKINS. The overall data did not seem to suggest
937 that there was a difference between Avandia and Metformin,
938 another commonly used drug, or a sulfonylurea, I think it was
939 glyburide, in that study.

940 Chairman WAXMAN. So you didn't have any reason as a
941 result of that study to think anything more needed to be
942 done?

943 Dr. JENKINS. We only got the final study report of ADOPT
944 earlier this year. It is still under review. We have not
945 completed our review of that study. The results I am
946 describing are what are in the published article from last
947 fall.

948 Chairman WAXMAN. The company says that they have the
949 study RECORD. They weren't told to do that study by the FDA,
950 but by the Europeans.

951 Dr. JENKINS. Right.

952 Chairman WAXMAN. And they cited some preliminary data
953 from that study which was specifically on the cardiac
954 problems. And they said, well, this shows that it is not a
955 problem. But some of the critics say, well, it wasn't a big
956 enough population covered in that study.

957 Why did they do a second study if ADOPT resolved this
958 issue?

959 Dr. JENKINS. The RECORD study was requested as a

960 post-marketing commitment by the European regulatory agency
961 when they approved the drug shortly after we did. So it was
962 designed to address different questions. As I said, at the
963 time of approval, there were multiple questions that could
964 answered by different studies. They chose to try to address
965 a cardiovascular outcome study. Those data just recently
966 became available and are under review at FDA. As you know,
967 they were just published online in the New England Journal of
968 Medicine yesterday.

969 Chairman WAXMAN. My time is up, but I would submit to
970 you, Dr. Jenkins and Dr. von Eschenbach, that the study,
971 ADOPT, did not have a sample big enough, from what I
972 understand, of the cardiac issues. It was not conclusive on
973 that question. Even accepting what you had to say, it took
974 eight years before you got that study. And there had been
975 enough warning signs that this is a problem, even before the
976 New England Journal of Medicine article finally came out with
977 their report.

978 You had a number of instances where FDA's intention
979 should have been to ask for a genuine study looking at this
980 specific issue. Because after all, heart attacks and strokes
981 are one of the leading causes of death for people with
982 diabetes. We want to know if this drug is reducing the risk
983 or increasing the risk. That is an issue that I don't think
984 we fully resolved, or do you believe we resolved?

985 Dr. JENKINS. If I could respond to that, we did ask for
986 a study to look at the long-term safety of Avandia. And we
987 have the results of that study under review. The Europeans
988 asked for a different study. We now have an interim analysis
989 from that study.

990 There were several different issues related to the
991 cardiac effects of Avandia that were of interest in 1999 and
992 2000 when those studies were designed, including congestive
993 heart failure. So you are probably correct that the RECORD
994 study doesn't look like it is going to be adequately powered
995 for the endpoint of myocardial infarction or heart attack
996 alone. That was not the primary concern in 2000 when the
997 study was designed.

998 Chairman WAXMAN. But there are others who have raised
999 that concern.

1000 Dr. JENKINS. We do have very valuable information coming
1001 to bear on this question.

1002 Chairman WAXMAN. Dr. Dal Pan, you reviewed this ADOPT
1003 study, and other studies post-market?

1004 Dr. DAL PAN. Right.

1005 Chairman WAXMAN. Do you think we have concluded this
1006 issue as a result of this ADOPT study?

1007 Dr. DAL PAN. I don't think we have come to a conclusion
1008 as a result of this or any study. I think we are still
1009 looking at all the data. We are looking at exactly how the

1010 study was designed, conducted, taking apart the data, if you
1011 would. We are also doing that for RECORD. We are taking a
1012 careful look at how the study was designed, what it can and
1013 can't answer. We only have data that is essentially what we
1014 have in the online publication from the New England Journal
1015 about RECORD. We don't have the data sets or anything like
1016 that to look at it more thoroughly. But we are looking at
1017 the design and the end term analysis results.

1018 Chairman WAXMAN. Thank you.

1019 Mr. Davis?

1020 Mr. DAVIS OF VIRGINIA. Thank you. I want to thank you
1021 all for your time.

1022 There is controversy in the medical community about the
1023 use of surrogate endpoints because drugs approved on this
1024 basis are not required to demonstrate actual clinical
1025 benefit. Is that correct?

1026 Dr. VON ESCHENBACH. The expectation is that we look at a
1027 clinical endpoint that will reflect the favorable outcome of
1028 survival, the improvement.

1029 Mr. DAVIS OF VIRGINIA. But we don't test for survival,
1030 we just look at the endpoint and assume the rest, basically.

1031 Dr. VON ESCHENBACH. Correct.

1032 Mr. DAVIS OF VIRGINIA. Some argue that the Avandia was
1033 approved on a surrogate endpoint, and while the drug is
1034 clearly efficacious, the health benefits haven't been

1035 | demonstrated for exactly that reason. If you were to sit
1036 | through the whole process it could take years to get any kind
1037 | of approval.

1038 | Dr. VON ESCHENBACH. That is correct. It was also
1039 | approved in the context of the overall experience with
1040 | diabetes, both type 1 and type 2, where it is recognized that
1041 | control of blood sugar is an extremely important part of
1042 | care, resulting then in the ability to reduce the
1043 | complications and problems that then would reduce the risk of
1044 | death and--

1045 | Mr. DAVIS OF VIRGINIA. I guess my question is, what
1046 | effect would abandoning glycemic control as an endpoint have
1047 | on the approval process for a diabetes drug?

1048 | Dr. VON ESCHENBACH. If we were to eliminate that and go
1049 | to a model that said we could not make a decision about a
1050 | drug until we had absolute outcomes with regard to death, you
1051 | would be looking at studies that would have to go on for
1052 | decades, 25, 30 years perhaps, before you would get an
1053 | answer.

1054 | Mr. DAVIS OF VIRGINIA. So if you went to that to get a
1055 | diabetes drug approved, if the outcome trials were needed
1056 | pre-approval, you are talking decades?

1057 | Dr. VON ESCHENBACH. There would literally be millions of
1058 | people or hundreds of thousands of people dying in the
1059 | interim until we got that answer.

1060 Mr. DAVIS OF VIRGINIA. Some in the medical community
1061 have been critical in recent weeks that Dr. Nissen's study
1062 was rushed to publication, and created unnecessary confusion
1063 and concern among diabetics. How has the meta-analysis
1064 published in May in the New England Journal of Medicine
1065 contributed to our understanding of the balance of risks and
1066 benefits of Avandia?

1067 Dr. VON ESCHENBACH. We view the publication of this
1068 meta-analysis, along with all of the other pieces and data of
1069 information that we had, both from other meta-analyses as
1070 well as data and information from controlled clinical trials.
1071 So we welcome the additional contribution, recognizing that
1072 like other meta-analyses, there are limitations of these
1073 kinds of studies. That is factored in, obviously, to the
1074 weight we apply to a meta-analysis.

1075 But the important point is, it was one piece of
1076 information in a large portfolio of data and information that
1077 we, the FDA, have available to us upon which to make ultimate
1078 decisions about the right thing.

1079 Mr. DAVIS OF VIRGINIA. In fact, the editorial itself
1080 notes the study has a number of weaknesses, only summary
1081 trial level data rather than patient level data were
1082 available. So it was not possible to conduct time to event
1083 analyses or to evaluate the time course of risks. And they
1084 note in this setting the possibility that the findings were

1085 | due to chance cannot be excluded. So the meta-analysis could
1086 | be basically irrelevant.

1087 | Dr. VON ESCHENBACH. As you are very well pointing out,
1088 | there are limitations to any study. There are particular
1089 | limitations to a meta-analysis. We took the opportunity to
1090 | recognize this, along with other information, were clues in
1091 | any kind of detective game. But we had to look at all the
1092 | clues, all the information, all the data from all sources.

1093 | Mr. DAVIS OF VIRGINIA. Now, you had done your own
1094 | meta-analysis, am I right on that?

1095 | Dr. VON ESCHENBACH. That is correct.

1096 | Mr. DAVIS OF VIRGINIA. Prior to this article?

1097 | Dr. DAL PAN. Dr. Dal Pan can speak specifically to our
1098 | analysis on that, Mr. Davis.

1099 | Mr. DAVIS OF VIRGINIA. That is what I am interested in.

1100 | Dr. DAL PAN. So in August of 2006, the company submitted
1101 | what was called a pool of clinical trial analysis,
1102 | essentially a meta-analysis. That was one of two studies
1103 | they submitted. They also submitted a large observational
1104 | epidemiologic study. The pooled clinical trial analysis, the
1105 | meta-analysis, suggested a risk of heart attacks, let's call
1106 | it, while the observational study did not suggest that risk.
1107 | So one of our challenges was to try to reconcile this
1108 | apparent difference.

1109 | As part of that, we looked into both of these studies

1110 | and we realized that there were some methods that the company
1111 | used that we didn't think were the best methods, given the
1112 | data they had. We had the data and our statisticians have
1113 | recently completed their own meta-analysis of the data.

1114 | Mr. DAVIS OF VIRGINIA. And what have your statisticians
1115 | concluded?

1116 | Dr. DAL PAN. The statisticians came up with a numerical
1117 | finding that is similar to the company's and similar to Dr.
1118 | Nissen's, approximately a relative risk of 1.4. Now, the job
1119 | of the FDA at this point is to look at those data in, how can
1120 | I put it, in a more granular level, to look to see if there
1121 | are sub-groups of patients who may be at particular risk, to
1122 | analyze the data more to see what's contributing to that, and
1123 | also to put it in the context of all the other data we have.
1124 | So that is an ongoing process.

1125 | Mr. DAVIS OF VIRGINIA. So you haven't reached any
1126 | conclusions yet, is that fair to say?

1127 | Dr. DAL PAN. No, the agency hasn't reached a conclusion
1128 | on this.

1129 | Mr. DAVIS OF VIRGINIA. Would you say even with your
1130 | setting, looking at both of them, that the findings could be
1131 | due to chance?

1132 | Dr. DAL PAN. I think that is a question more for a
1133 | statistician. I think that from someone who is interested in
1134 | drug safety, I always have to consider that possibility, but

1135 I have to actually look at what the data are telling me as
1136 well about the numerical evidence of risk.

1137 Mr. DAVIS OF VIRGINIA. Your testimony also mentioned
1138 that FDA is going to convene an advisory committee in the
1139 near future. When do you plan to convene the panel?

1140 Dr. VON ESCHENBACH. The advisory committee meeting is
1141 now scheduled for July 30th. It is the end of July, it has
1142 been published in the Federal Register.

1143 Mr. DAVIS OF VIRGINIA. Are they going to look strictly
1144 at Avandia, or is it going to examine other drugs in its
1145 class?

1146 Dr. DAL PAN. The focus will be on Avandia. But because
1147 of the nature of the studies, we are going to be looking at
1148 other oral agents to treat diabetes. They are all involved
1149 in the same studies.

1150 Mr. DAVIS OF VIRGINIA. People get very confused when
1151 this stuff gets out in the media and it gets very unfiltered.
1152 Some others in the medical community have argued that too
1153 many warnings on a drug label can lead to as much harm as too
1154 few warnings, because it leads to the under-use or the
1155 under-prescribing of effective drugs to treat certain
1156 conditions. How does FDA reach an appropriate balance between
1157 caution about safety and unnecessary concern?

1158 Dr. VON ESCHENBACH. Mr. Davis, I think you are making an
1159 extremely important point that I tried to emphasize in my

1160 oral statement. Our challenge, first of all, is to take the
1161 data associated with this particular drug, which is in fact
1162 very voluminous, very complex and very complicated, come to
1163 an analysis and an understanding of what has it told us about
1164 this specific drug as it relates to its complications. Also,
1165 what has it told us about drugs that may be very similar to
1166 it.

1167 Secondly, then take that information and put it in the
1168 context of what should be our appropriate action, what is the
1169 right thing to do for patients. If we have to in that regard
1170 weigh the benefit of what would occur if we continued to use
1171 this drug under certain circumstances and provide information
1172 to patients and doctors, or if we were to withdraw this drug
1173 and everything else like it, what would that mean to patients
1174 who were now deprived of an important therapy to control
1175 their diabetes, and what would the alternatives be and what
1176 were the complications of those alternatives, for example, if
1177 they had to go on insulin.

1178 So we, the FDA, are not looking at one slice or one
1179 piece in isolation.

1180 Mr. DAVIS OF VIRGINIA. You are looking at the big
1181 picture.

1182 Dr. VON ESCHENBACH. We are looking at every piece and
1183 putting it together into a comprehensive decision of what the
1184 right thing to do is for patients.

1185 Mr. DAVIS OF VIRGINIA. Have similar drugs also been
1186 subject to meta-analysis by either you or anyone else? And
1187 if so, what have they found?

1188 Dr. JENKINS. We have requested that the manufacturer of
1189 the other drug in this class, pioglitazone, which is marketed
1190 as Actos, perform a similar meta-analysis of their short-term
1191 studies. Other than that, I am not aware if there have been
1192 other published meta-analyses for the other drugs. Gerald
1193 may know.

1194 Dr. DAL PAN. I am not aware of published meta-analyses
1195 for diabetes drugs.

1196 Mr. DAVIS OF VIRGINIA. Could you give me a scientific
1197 reason why you might have that cause and effect that the
1198 Nissen report, their meta-analysis brought up? Why the cause
1199 and effect would be a higher risk of heart attacks?

1200 Dr. DAL PAN. I am sorry, I don't really understand the
1201 question.

1202 Mr. DAVIS OF VIRGINIA. We understand what the
1203 meta-analysis and the article in the New England Journal of
1204 Medicine said. Can you give me a scientific reason why you
1205 would get that conclusion with higher incidence of heart
1206 attack, given your understanding of the drug?

1207 Dr. DAL PAN. I think that is what the meta-analysis
1208 does, it is a technique to bring together smaller trials,
1209 which each individually--

1210 Mr. DAVIS OF VIRGINIA. Well, it shows the results, but I
1211 am asking, not the results, I am asking then what is the
1212 reason? Why does this happen?

1213 Dr. VON ESCHENBACH. One of the things I think your
1214 question is pointing out, Mr. Davis, is the need for us to
1215 understand more about the mechanisms of these drugs.

1216 Mr. DAVIS OF VIRGINIA. That is what I am trying to get
1217 at. I am a lawyer.

1218 Dr. VON ESCHENBACH. And as we know more about the
1219 mechanisms, as well as observe the effects that they are
1220 having on patients, then we will be in a much better position
1221 to make decisions about safety.

1222 Mr. DAVIS OF VIRGINIA. So you don't know at this point,
1223 in other words?

1224 Dr. VON ESCHENBACH. No, in fact, one might suggest it is
1225 a little paradoxical. You might conclude that the effect on
1226 microvasculature would be to have improved it, rather than to
1227 predispose to infarction.

1228 Mr. DAVIS OF VIRGINIA. I have one last question. In
1229 your testimony, you say that the FDA approves a drug only
1230 after a sponsor demonstrates that drug's benefits outweigh
1231 its risks for a specific population and a specific indication
1232 and it shows that the drug meets the statutory standard for
1233 safety and effectiveness. Does the FDA still believe that
1234 Avandia continues to meet those statutory standards?

1235 Dr. VON ESCHENBACH. We are in the midst of an analysis
1236 as we speak, and we have not arrived at a conclusion
1237 regarding that final decision. Up to this point in time, we
1238 clearly have believed that it was an important part of the
1239 armamentarium. We have issued changes in the label to
1240 provide appropriate warnings, as we had the data to support
1241 it. And we will continue to do that. And if the data
1242 changes or alters after our decision after this current
1243 analysis that we are in the midst of, we will take
1244 appropriate action.

1245 Mr. DAVIS OF VIRGINIA. I guess my question is, it meets
1246 the standards until you conclude otherwise, basically?

1247 Dr. VON ESCHENBACH. Correct.

1248 Chairman WAXMAN. Thank you, Mr. Davis.

1249 Mr. Davis?

1250 Mr. DAVIS OF ILLINOIS. Thank you very much, Mr.
1251 Chairman. Dr. von Eschenbach, it is good to see you again.
1252 I want to thank you for being here and thank you for your
1253 testimony.

1254 On May 21st, the Food and Drug Administration issued a
1255 safety alert on Avandia. Could you tell us, as close to
1256 possible, exactly what that means?

1257 Dr. VON ESCHENBACH. I am going to let Dr. Jenkins and
1258 Dr. Dal Pan speak specifically to that.

1259 Dr. JENKINS. Mr. Davis, the intent of the announcement

1260 | from the FDA was to communicate to physicians and patients
1261 | and other health care providers about the status of the
1262 | information, so they could be aware of the findings from the
1263 | meta-analysis, aware of other data that FDA was reviewing
1264 | from other trials that we have talked about a bit already
1265 | this morning, as well as to give advice to physicians and
1266 | patients about how we felt they should respond to this new
1267 | information.

1268 | We particularly wanted to make sure that patients got
1269 | the message that they should not stop taking the drug
1270 | precipitously. If they had concerns, they should speak with
1271 | their doctor. Because going off of a drug for diabetes
1272 | without careful attention can lead to your diabetes being out
1273 | of control, which has its own health risks.

1274 | Mr. DAVIS OF ILLINOIS. The Food and Drug Administration,
1275 | of course, knew prior to this article and prior to the
1276 | issuance of this information that there were potential side
1277 | effects for the use of the drug, is that correct?

1278 | Dr. JENKINS. Yes.

1279 | Mr. DAVIS OF ILLINOIS. What has the Food and Drug
1280 | Administration done, if anything, to help make the general
1281 | public more aware of these side effects?

1282 | Dr. JENKINS. The primary vehicle by which we communicate
1283 | about the risks and benefits of drugs is through the approved
1284 | labeling for the product. And we have made numerous changes

1285 | to the Avandia labeling over the years since it has been
1286 | approved to reflect emerging information and new information
1287 | about the risks. When we make those changes to the labeling,
1288 | we share those through a system we have with many stakeholder
1289 | groups and public patient groups, professional societies, so
1290 | that they are aware of the changes. They are often
1291 | communicated to the physicians through letters from the
1292 | company and through the promotional materials.

1293 | So those are the primary vehicles that we have utilized
1294 | for Avandia.

1295 | Dr. VON ESCHENBACH. Mr. Davis, also, if you will allow
1296 | me, this is an extremely important issue for the FDA in the
1297 | future, in terms of our continuous improvement of how we
1298 | communicate both to professionals and most importantly, to
1299 | patients and to patients of a diverse population. We are
1300 | approaching that, first of all, to learn more about how to do
1301 | that even better. And we have issued guidances with regard
1302 | to communicating drug safety information.

1303 | We now have put in place a risk communications advisory
1304 | committee to help us learn how to do that. We are paying
1305 | particular attention to the vehicles we use, including our
1306 | web site, and we are engaged in a major overhaul of the FDA
1307 | web site and the initial project. And that overhaul is to
1308 | address the part of our web site that is prepared for
1309 | consumers, for patients, so that they can come to the FDA and

1310 | get information in a form that is understandable and useful
1311 | to them as they need to make informed decisions about their
1312 | health care, but to do that in the context of a relationship
1313 | with their physician.

1314 | Mr. DAVIS OF ILLINOIS. Are we of the opinion that this
1315 | causes physicians now to know anything that they did not
1316 | already know? If I am a physician and I have studied and I
1317 | have paid close attention to what I prescribe and what I do,
1318 | would I learn anything from this that I didn't already know?

1319 | Dr. VON ESCHENBACH. What we hopefully have done, and
1320 | even going back to April of 2006, when we added a warning in
1321 | the labeling of Avandia, is that as doctors are caring for
1322 | patients and they are looking at those patients with diabetes
1323 | who they believe are at greater risk of cardiovascular
1324 | problems or already have an underlying cardiovascular
1325 | history, that they will be able to make much better informed
1326 | decisions about whether this drug or some alternative drug is
1327 | the most appropriate treatment for that specific patient.

1328 | So it arms them with more information and more awareness
1329 | to make patient by patient decisions.

1330 | Mr. DAVIS OF ILLINOIS. I know that my time is about to
1331 | expire, Mr. Chairman. Let me just ask this one question,
1332 | following up on the opening statement of Representative
1333 | Towns. Is there anything that the Food and Drug
1334 | Administration can do to help assure that there is greater

1335 | diversity in the clinical trials that are often used to
1336 | determine the viability of pharmaceutical drugs? We all know
1337 | that when it comes to African Americans and some other
1338 | population groups, there is a paucity, it is very difficult
1339 | to have data that actually reflects the impact on this
1340 | particular population group.

1341 | Dr. VON ESCHENBACH. Absolutely, Mr. Davis. And we are
1342 | approaching that from a number of perspectives. One, as you
1343 | are well aware from our previous conversations, even our
1344 | relationship with NIH and continuing to find ways to
1345 | encourage participation of minority and under-served
1346 | populations in clinical trials, so that we can learn about
1347 | that in specific.

1348 | Also, we have been reaching out at the FDA as a part of
1349 | our overarching diversity initiative. I have had meetings
1350 | with the National Medical Association leadership specifically
1351 | to address the issue of how can we get representation,
1352 | especially from the African American community in this
1353 | situation, in the FDA as part of our advisory process, as
1354 | part of our committee structure, so that there is the
1355 | richness of their representation as we go about the process
1356 | of our regulatory activity.

1357 | So we are coming at it from both ends of that spectrum,
1358 | the leadership that is required, the involvement at the FDA
1359 | level, and then promoting opportunities at the clinical

1360 trials level, so that we learn, understand and can serve
1361 those populations more appropriately.

1362 Mr. DAVIS OF ILLINOIS. Thank you very much, and thank
1363 you, Mr. Chairman.

1364 Chairman WAXMAN. Thank you, Mr. Davis.

1365 Mr. Issa?

1366 Mr. ISSA. Thank you, Mr. Chairman.

1367 Dr. von Eschenbach, I am going to try and summarize what
1368 I think I heard. You don't know whether or not there are
1369 any, in this class of drugs or in this particular one drug,
1370 if there are any side effects that essentially say, we will
1371 help you with your blood sugar, but we may hurt your heart?
1372 That is what I heard, particularly from Dr. Dal Pan.

1373 Dr. VON ESCHENBACH. What we have tried to communicate,
1374 Mr. Issa, is the fact that we have had signals and
1375 indications about this drug. As those signals and
1376 indications have had the adequate scientific data in support
1377 of a conclusion, we have made that conclusion and taken steps
1378 to inform the public and physicians about what we have known.

1379 For example, the warning--

1380 Mr. ISSA. My time is limited. My summary is the one
1381 that I wanted the question answered on. Basically, you are
1382 saying here today that, and I used the word anecdotal, and
1383 maybe that is not perfect, but Dr. Nissen in his upcoming
1384 testimony is going to say that there were several small and

1385 medium size clinical trials that are insufficient to answer a
1386 scientific question. He is going to observe that this group
1387 already has a high risk of heart disease, and that in fact,
1388 his own study, which he published, which caused this hearing
1389 to be rushed here today three weeks later, is not in fact
1390 based on sufficient study to reach--it looks like my time is
1391 coming and going, Mr. Chairman.

1392 Dr. VON ESCHENBACH. I apologize. I misunderstood your
1393 question. You are correct in the sense that we are in the
1394 midst of making that decision right now. Up to this point in
1395 time, we have not had sufficient data of a nature that we
1396 could rely upon to draw that conclusion. But we are
1397 assessing that as we speak, and we are taking that to an
1398 advisory committee at the end of July.

1399 Mr. ISSA. Then let me change my line of questioning. If
1400 it is insufficient and premature for us to be having this
1401 hearing on this drug and this line of drugs, which I think it
1402 is, I think this is not settled science, you are certainly
1403 not here to tell us it is, then let's go through--I don't
1404 have a family history of diabetes, but I do have a family
1405 history of heart disease. So I just want to go through real
1406 quickly my understanding of a little bit of the history of
1407 heart disease, so that something that is much more settled
1408 you can comment on.

1409 When you were in medical school, or maybe before, they

1410 | used to open somebody's chest and sprinkle talc in there in
1411 | hopes that it would promote growth of arteries and veins and
1412 | so on. And that was the best medical science they had at the
1413 | time. This is not a pharmaceutical, per se, there was no
1414 | prescription there. But that is what they did, because that
1415 | was the best they could do. And looking back, it undoubtedly
1416 | killed more than it saved, because of the risk of opening
1417 | somebody's chest. Is that right? Is that fair to say?

1418 | Dr. VON ESCHENBACH. That is a fair assessment.

1419 | Mr. ISSA. Okay. And then we went through a long period
1420 | of time of yanking out one vein and putting it into another
1421 | part in hopes that patching in a new one was going to take
1422 | care of it. And we thought we were doing better, but now the
1423 | studies show that in at least some categories of patients,
1424 | they are more likely to die on the table or as a result of it
1425 | later than they are to be saved or get a longer quality of
1426 | life. And having had my father go through that and then die,
1427 | I am acutely aware of it.

1428 | Now, in my own district, it is no longer Guidant
1429 | Pharmaceutical, but Guidant was a major manufacturer of
1430 | stents. So I have had the coated/uncoated stent question
1431 | going on and on and on. And it appears as though you
1432 | approved, in good faith, both coated and uncoated stents and
1433 | in both cases felt they were going to do certain things. And
1434 | now that the studies are in, at least on certain ones,

1435 | historically, some of them simply are not going to do a very
1436 | good job for a long period of time, and you would be better
1437 | off not having them than having them. Isn't that correct?

1438 | Dr. VON ESCHENBACH. Right.

1439 | Mr. ISSA. So isn't the pattern and the likely future,
1440 | based on that past, I am just using that anecdotally myself,
1441 | based on that past, you are going to always be in a position
1442 | in which you have to face allowing a drug which shows
1443 | promise, and then in fact recognizing that in the long run,
1444 | maybe 15, 20 years later, the alternative to paralysis by
1445 | analysis is that you go forward with drugs that have promise,
1446 | as this one does, that show in clinical trials it does one
1447 | thing good.

1448 | And then unfortunately, over a long period of time, you
1449 | may find out, as a matter of fact, about the time it is an
1450 | obsolete drug and there is another one, you may find out that
1451 | on balance, you wouldn't have done it if you knew everything
1452 | that you can only know 10 years later. Isn't that right?

1453 | Dr. VON ESCHENBACH. That is absolutely correct.

1454 | Mr. ISSA. Okay. So when I am looking at this hearing
1455 | today, because I am a dedicated member of this Committee on
1456 | Oversight and Reform, I am seeing two things. One is, from
1457 | an oversight standpoint, we shouldn't be second guessing your
1458 | science, even though I just went through that sort of in the
1459 | case of heart disease, that we have to accept that as long as

1460 | your function--just a moment, Chairman--as long as your
1461 | functional system is as good as science and minds can be,
1462 | that we have to accept that those risks are going to be part
1463 | of the process, and that 10 years from now, a number of drugs
1464 | or a number of procedures that are common today will no
1465 | longer be common because of what we learned over time.

1466 | Thank you, Mr. Chairman. I yield back.

1467 | Chairman WAXMAN. Thank you, Mr. Issa. I am sorry the
1468 | system is not working, but we gave you the time.

1469 | Before I recognize the next member, just to clarify
1470 | something that members ought to be aware of, Dr. von
1471 | Eschenbach, before a drug is approved, you can demand any
1472 | test from the manufacturer that you think is pertinent to
1473 | safety and effectiveness, isn't that true?

1474 | Dr. VON ESCHENBACH. Correct. Dr. Jenkins may want to
1475 | comment on that.

1476 | Chairman WAXMAN. Well, it is just yes or no. Do you
1477 | have the power to say, we need more information on this or we
1478 | need more information on that?

1479 | Dr. VON ESCHENBACH. That is true.

1480 | Chairman WAXMAN. Give us a test on it.

1481 | Dr. JENKINS. The statute says all tests reasonably
1482 | applicable.

1483 | Mr. ISSA. Mr. Chairman, point of privilege. Whose time
1484 | are you speaking on?

1485 Chairman WAXMAN. If the gentleman would permit, I just
1486 think we ought to have this clarification.

1487 Now, after the drug is approved, can FDA demand that a
1488 test be done on anything related to efficacy or safety, or do
1489 they have to negotiate it with the company to get the company
1490 to do it?

1491 Dr. JENKINS. Mr. Chairman, there are certain places
1492 where we do have the authority to require studies after
1493 approval. In other places the studies are negotiated
1494 agreements between us and the manufacturer.

1495 Chairman WAXMAN. And this particular drug, and I am sure
1496 it is true of a lot of others, for the approval, there was a
1497 strong recommendation that the test be done on heart attack
1498 risks. Could you have demanded such a test be done?

1499 Dr. JENKINS. At the time of approval, we did in fact
1500 have a post-marketing commitment for the long-term safety
1501 study to address the medical concerns.

1502 Chairman WAXMAN. What if those commitments aren't kept?
1503 Could you demand they be kept?

1504 Dr. JENKINS. Well, we certainly monitor those comments
1505 and expect them to be kept. They are written commitments to
1506 the agency and we expect them to be honored. In this case,
1507 the company did do the study in a timely manner and reported
1508 it to us earlier this year.

1509 Dr. VON ESCHENBACH. I think the point that perhaps we

1510 | should emphasize, Mr. Chairman, is that if we by virtue of
1511 | the absence of that data believe that that drug should no
1512 | longer be available to patients in terms of our ability to
1513 | assure and protect them and in promoting the public health,
1514 | we can require that drug to be withdrawn.

1515 | Chairman WAXMAN. Right. Some people call that a very
1516 | strong nuclear option. But that is your option at that
1517 | point. I did want to clarify that issue of the FDA law.

1518 | Mr. Tierney, you are next.

1519 | Mr. TIERNEY. Thank you, Mr. Chairman. It is exactly the
1520 | line of questioning I wanted to proceed on, Doctors, if I
1521 | could. Your FDA physician, originally, the one who looked at
1522 | the original application, were concerned about adverse
1523 | effects on the heart. As I understand it, he was concerned
1524 | about bad cholesterol increases and increases in weight, and
1525 | concluded that a post-approval study of cardiac effects
1526 | should be a condition of approval. Am I right so far?

1527 | Dr. JENKINS. That is what the medical officer
1528 | recommended, and that is what we implemented with the ADOPT
1529 | post-marketing commitment.

1530 | Mr. TIERNEY. Your approval letter stated that?

1531 | Dr. JENKINS. Yes.

1532 | Mr. TIERNEY. That it wanted a study after approval
1533 | looking at cardiovascular risks?

1534 | Dr. JENKINS. Well, the approval letter said what I said

1535 | earlier. It asked for a four year long-term safety and
1536 | efficacy study including looking at cardiovascular and
1537 | hematologic events, the liver events.

1538 | Mr. TIERNEY. Right. So including the safety and the
1539 | cardiovascular events on that.

1540 | Dr. JENKINS. Yes.

1541 | Mr. TIERNEY. Now, GlaxoSmithKline in their ADOPT study
1542 | didn't really do that. What they did on the ADOPT study was
1543 | they looked at the control, whether or not it controlled
1544 | elevated blood sugar.

1545 | Dr. JENKINS. The primary endpoint for the ADOPT study
1546 | was an efficacy endpoint comparing how well rosiglitazone
1547 | compared to two other commonly used medications. But they
1548 | also did specifically collect information and submit and
1549 | analyze information about safety of the liver, the heart and
1550 | other aspects, yes.

1551 | Mr. TIERNEY. People tell us, and I think you will agree,
1552 | that the study was too small, really, to get at heart risk,
1553 | and it also had no independent panel to even look at the
1554 | heart-related matters, right?

1555 | Dr. JENKINS. The study was never designed to be a
1556 | specific study for heart attack at the time it was designed
1557 | in 1999.

1558 | Mr. TIERNEY. All right. So let me bring you back to
1559 | your FDA physician who had the original application. He was

1560 | concerned about heart attack.

1561 | Dr. JENKINS. He was concerned about various heart
1562 | effects.

1563 | Mr. TIERNEY. Including heart attack, right?

1564 | Dr. JENKINS. Including heart attack, but also including
1565 | congestive heart failure.

1566 | Mr. TIERNEY. So we didn't have in the ADOPT study enough
1567 | information to really give us an answer on heart attacks on
1568 | that. And I guess my question is, with the stakes being so
1569 | high, and if in fact Dr. Nissen is correct in his analysis of
1570 | 30 to 40 percent increase in heart attack possible from this,
1571 | we could have a serious health problem here.

1572 | So why didn't we have a clinical test or the data
1573 | designed on a post-marketing study? The FDA as I understand
1574 | it did not insist on the particularity of that, on whether we
1575 | got the heart attacks, but afterwards, you don't have the
1576 | power to do a post-study except in very isolated incidents,
1577 | if I am correct. So Dr. von Eschenbach, do you believe the
1578 | FDA ought to have the authority to require more specific and
1579 | better post-approval tests?

1580 | Dr. VON ESCHENBACH. I think the point that Dr. Jenkins
1581 | was making was that the concern at the time was with regard
1582 | to toxicity across a number of organs. With the issue of the
1583 | heart, concerns because of the nature of the drug would be
1584 | more around the idea of heart failure. Those things were

1585 | included in the study.

1586 | Mr. TIERNEY. I am sorry, you are telling me now that you
1587 | think your FDA, the original doctor was concerned with heart
1588 | failure but not heart attack?

1589 | Dr. VON ESCHENBACH. I think he was concerned about
1590 | cardiac events. But what we know about these drugs would
1591 | make you think that that would be more likely heart failure,
1592 | fluid accumulation and edema that could put stress on the
1593 | heart.

1594 | Mr. TIERNEY. I guess I am having trouble with that.
1595 | Because the impression that we had clearly from the physician
1596 | was that he was concerned about heart attack, long range, as
1597 | a result of bad cholesterol increase, and the increase in
1598 | weight. You are saying that is not the case, he was just
1599 | worried about a little bit of heart trouble?

1600 | Dr. VON ESCHENBACH. I can't speak specifically to that
1601 | particular individual's concerns. I am raising a general
1602 | concern that in retrospect, now that we have the data that we
1603 | are discussing today, this issue of heart attacks, as in
1604 | different or separate from heart failure, is an important
1605 | area that needs to be explored, and a concern. That is
1606 | apparent to us now. I don't know that it was as obvious to
1607 | everyone back in 1999.

1608 | Mr. TIERNEY. Doctor, do you support legislation that
1609 | would give you and your agency the authority to require

1610 | post-market studies?

1611 | Dr. VON ESCHENBACH. As I have indicated, Congressman, I
1612 | believe very strongly that we have to be engaged in
1613 | post-market surveillance and pharmaco-vigilance. There is
1614 | legislation that is underway that is addressing those
1615 | specific issues. I am looking forward to working with you on
1616 | that.

1617 | Mr. TIERNEY. So it would be, I am trying not to be
1618 | impolite, but it is a very straightforward question. Do you
1619 | support legislation that would give your agency the authority
1620 | to require post-market studies?

1621 | Dr. VON ESCHENBACH. I would look forward to discussing
1622 | that legislation in an effort to get us to a point where we
1623 | will be able to get opportunities to collect appropriate data
1624 | in the appropriate way. And the complexity of that--

1625 | Mr. TIERNEY. Well, wouldn't the post-market studies,
1626 | wouldn't that do it?

1627 | Dr. VON ESCHENBACH. A post-market study is an extremely
1628 | important tool. The information technologies are extremely
1629 | important tools.

1630 | Mr. TIERNEY. So if it is an extremely important tool,
1631 | would you not support legislation that would give you that
1632 | extremely important tool?

1633 | Dr. VON ESCHENBACH. I am in support of legislation that
1634 | would give us the resources to be able to have those tools

1635 | and be able to implement them.

1636 | [Laughter.]

1637 | Mr. TIERNEY. You know, I am going to take that as a yes,
1638 | because what the hell, why not.

1639 | [Laughter.]

1640 | Mr. TIERNEY. I would understand the drug companies
1641 | running us around the rosie like that, but I am not sure I
1642 | understand your reluctance to be direct on that. It is your
1643 | job to protect public health.

1644 | Dr. VON ESCHENBACH. It is legislation that is currently
1645 | in process.

1646 | Mr. TIERNEY. I know, I filed it.

1647 | Dr. VON ESCHENBACH. I know, and I am engaged--we are
1648 | engaged in providing technical assistance in that
1649 | legislation. I look forward to continuing to participate in
1650 | that process.

1651 | Mr. TIERNEY. So I can look forward to your assistance in
1652 | writing legislation that will give your agency the authority
1653 | to require post-market studies?

1654 | [Laughter.]

1655 | Mr. TIERNEY. And I would be happy to sit down and talk
1656 | about that with you.

1657 | Dr. VON ESCHENBACH. I will look forward to that, sir.

1658 | Mr. TIERNEY. Good. Thank you. Thank you, Mr. Chairman.
1659 | Chairman WAXMAN. Thank you. Your time is up, even

1660 | though the light is still green.

1661 | Ms. Foxx. Thank you, Mr. Chairman.

1662 | I have a fairly brief comment and my colleague may want
1663 | to use the remainder of my time.

1664 | Commissioner, your written testimony states that while
1665 | meta-analyses are often informative, they have important
1666 | limitations. And FDA has been historically cautious in the
1667 | use of meta-analyses in support of regulatory decisions. To
1668 | your knowledge, has the FDA ever acted solely on the basis of
1669 | a meta-analysis?

1670 | Dr. VON ESCHENBACH. Congresswoman, I am going to ask the
1671 | two experts on either side. In terms of ever having acted on
1672 | it, I quite frankly cannot answer that factually right now.

1673 | Dr. JENKINS. Yes, I can provide some insight to that. We
1674 | are very cautious about the use of meta-analysis to
1675 | demonstrate the efficacy of a drug. So I am not aware that
1676 | we have ever used a meta-analysis to form the basis of
1677 | showing a drug is effective.

1678 | We do consider pooled analyses of studies or
1679 | meta-analyses, as they are sometimes called, when we are
1680 | looking at safety data. In fact, that is one of the primary
1681 | ways we look at safety data in an application, is we pool it
1682 | all together. Because any one study is usually not adequate
1683 | to provide us with the information.

1684 | We did recently make a regulatory decision about a drug

1685 | called Zelnorm that was primarily based on a safety signal
1686 | that was derived from a pooled analysis of their clinical
1687 | trials, where the evidence of the risk of a heart effect was
1688 | very large, and we thought it was so convincing that it was
1689 | actionable to recommend that that drug come off the market.

1690 | Ms. FOXX. Thank you, Mr. Chairman. I yield back the
1691 | remainder of my time to my colleague, Mr. McHenry, if I may,
1692 | Mr. Chairman.

1693 | Mr. MCHENRY. Thank you, Mr. Chairman, and I thank my
1694 | colleague from North Carolina.

1695 | There was a stakeholder meeting in May, May 29th,
1696 | regarding the safety alert on Avandia. Who participated in
1697 | that meeting and what was the outcome?

1698 | Dr. JENKINS. Dr. von Eschenbach participated in that
1699 | meeting, I participated in that meeting, several others from
1700 | the center, including the center director. We invited, I
1701 | think over 40 stakeholder organizations, professional
1702 | societies, patient groups, et cetera. I think approximately
1703 | somewhere in the teens were the number of groups that were
1704 | actually represented. Some were in the room with us, some
1705 | were on the phone.

1706 | Mr. MCHENRY. What was the outcome?

1707 | Dr. JENKINS. We had a discussion to help them understand
1708 | where we were in our analysis of the data, the scope of the
1709 | large number of trials that we were evaluating to try to come

1710 | to our decision about Avandia. They expressed their interest
1711 | in assisting us in better communicating this information to
1712 | patients in particular parts of society that may not get
1713 | access to the information through the usual pathway.

1714 | So it was a discussion and an information sharing
1715 | meeting, not an action meeting per se.

1716 | Dr. VON ESCHENBACH. And if I may, Congressman, just from
1717 | the perspective of the Commissioner, I believe very strongly
1718 | in the need for FDA to be open, transparent and proactive in
1719 | our communications. One of the things we wanted to
1720 | accomplish in this meeting was to address with stakeholders,
1721 | especially patient groups, the FDA's ongoing investment
1722 | commitment and involvement in coming to a scientific
1723 | conclusion and answer, and then whatever action that that
1724 | deemed appropriate.

1725 | In the meantime, to also have them understand that
1726 | communicating, to prematurely and abruptly stop this
1727 | medication, where patients might choose to do that on their
1728 | own, could lead to other serious problems if their diabetes
1729 | was uncontrolled, and to always re-emphasize the need for
1730 | these decisions to be made in a doctor-patient relationship.
1731 | It was an important part of our communication strategy.

1732 | Mr. MCHENRY. And a final question to you, Dr. von
1733 | Eschenbach. What do you think the implications are of
1734 | elevating a safety review office within FDA? What do you

1735 | think those implications are? And could that possibly offset
1736 | the balance of benefits to patients and life-saving
1737 | medications?

1738 | Dr. VON ESCHENBACH. I think we need, as you see from the
1739 | two gentlemen on either side of me, the diversity of focus
1740 | within the FDA that looks at these issues from different
1741 | perspectives, but does it in an integrated and coordinated
1742 | way. And more and more, science is moving us in the
1743 | direction that information data, scientific data is telling
1744 | us both about the effectiveness of a drug and the safety or
1745 | adverse events associated with that drug simultaneously.

1746 | Mr. MCHENRY. So rather than stovepiping it, it would be
1747 | integrated?

1748 | Dr. VON ESCHENBACH. It would be, in my opinion, moving
1749 | into the modern era, that would be more destructive than
1750 | constructive to what we want as an ultimate outcome. I look
1751 | for greater integration rather than separation.

1752 | Chairman WAXMAN. The gentlelady's time has expired. Mr.
1753 | Tierney, you are recognized next. Not Mr. Tierney, Mr.
1754 | Lynch.

1755 | Mr. LYNCH. Thank you, Mr. Chairman.

1756 | I want to thank the witnesses for coming before this
1757 | Committee and helping us with our work. I would like to ask
1758 | about the warning labels connected with Avandia. Dr. von
1759 | Eschenbach, in your written testimony you said that in April

1760 | of 2006, the labeling for Avandia was updated to include new
1761 | data in the warnings section about potential increases in
1762 | heart attacks and heart-related chest pain in some patients.
1763 | You also told USA Today with regard to the risk for heart
1764 | attacks that ``About a year ago, we began warning the public
1765 | about possible risks in Avandia's labeling.''

1766 | Again, Dr. von Eschenbach, perhaps you can assist the
1767 | Committee right now. There is a Physicians' Desk Reference
1768 | being provided to you, which as you know contains all the
1769 | updated labels for prescription drugs. A new version of the
1770 | 3,500 page book is printed each year. We have actually
1771 | flagged the section for Avandia for your convenience.

1772 | Now, can you tell me and can you tell the Committee
1773 | where the risk for heart attack warning is in the text of the
1774 | label? Because I read it, and I actually had a couple of
1775 | physicians read it and they couldn't tell me either. I
1776 | remember the earlier statement you had about the warnings of
1777 | heart attacks and chest pain. If you could just tell me in
1778 | the text there, I couldn't find it.

1779 | Dr. VON ESCHENBACH. Congressman, we are looking at that
1780 | as you are questioning us. But I would in the meantime
1781 | emphasize the point you are making. As a physician, I
1782 | recognize the inadequacy of the portrayal of this kind of
1783 | information. And in fact, earlier this year, the Food and
1784 | Drug Administration initiated a revision of the label in

1785 | terms of our ability to provide the meaningful, important
1786 | information that a physician and patient needs to get to
1787 | immediately at the front end of this process, so that it
1788 | would be easily available to any physician who had to find
1789 | it.

1790 | At the same time, we are moving towards an electronic
1791 | label that would not depend upon the publication of desk
1792 | references, but would be immediately available in real time
1793 | electronically, so that when we make a change, it isn't a
1794 | delay in another publication of a hard copy, but something
1795 | that would be available in real time.

1796 | Mr. LYNCH. Have you found it, Doctor? Because even
1797 | after I read through it and read the applicable text, I
1798 | couldn't divine the--

1799 | Dr. VON ESCHENBACH. I draw your attention to page 1,387
1800 | and 1,388. There is a section, warnings, cardiac failure and
1801 | other cardiac events.

1802 | Mr. LYNCH. Okay, can you just read the language that is
1803 | supposed to warn me about a heart attack? That is what I am
1804 | interested in.

1805 | Dr. VON ESCHENBACH. Placebo v. Avandia ischemic adverse
1806 | effects, myocardial infarction, 2 percent with regard to
1807 | placebo, 5 percent with regard to Avandia.

1808 | Mr. LYNCH. Is that in the table or is that--where is
1809 | that?

1810 Dr. VON ESCHENBACH. It is in the table in this drug
1811 label.

1812 Mr. LYNCH. That is it?

1813 Dr. VON ESCHENBACH. There is a whole section on cardiac
1814 failure and cardiac events.

1815 Mr. LYNCH. That study of that table is for a couple of
1816 hundred people, 2 non-Avandias and 5 in Avandia. I mean, you
1817 are not seriously telling me that that is it?

1818 Dr. VON ESCHENBACH. Actually, the power--well, the point
1819 is--

1820 Mr. LYNCH. Doctor--

1821 Dr. VON ESCHENBACH.--at page 1387 there is a long
1822 section on contraindications and warnings, cardiac failure
1823 and cardiac events. I drew your attention specifically to
1824 the cardiac--

1825 Mr. LYNCH. Cardiac events is not heart attack, though.
1826 Congestive heart failure is something gradual, over time. I
1827 am asking you where the--I understand infarction, that comes
1828 in under, it is in four point type, it is one line in a
1829 table. You are not seriously suggesting that that is the
1830 warning?

1831 Dr. VON ESCHENBACH. I am going to ask Dr. Jenkins to
1832 describe, perhaps better than I am able to do right now to
1833 you, Congressman, about this information.

1834 Dr. JENKINS. This language was added in April of 2006.

1835 | It specifically refers to a study that was done in patients
1836 | with pre-existing congestive heart failure to look primarily
1837 | at the function of the heart, how well did the heart
1838 | function--

1839 | Mr. LYNCH. Was it--

1840 | Dr. JENKINS. Let me please finish. As an outcome of
1841 | that study, when we reviewed it, we noticed that there was an
1842 | imbalance in the events for heart attack and heart-related
1843 | chest pain, but they were not conclusive, because as you
1844 | pointed out, the study was small. So we put the study in the
1845 | labeling as a warning. And it says, ''Although in treatment
1846 | a difference in change from baseline of ejection fractions
1847 | was observed, more cardiovascular adverse events were
1848 | observed with Avandia treatment compared to placebo during
1849 | the 52 week study. See Table 7.'' Table 7 is the table that
1850 | Dr. von Eschenbach just pointed to where it shows ischemic
1851 | adverse events, myocardial infarction--

1852 | Mr. LYNCH. My time is limited. You are repeating what
1853 | the doctor already said.

1854 | Look, all I am saying is that, you cannot be serious
1855 | about locating the warning in a label referred to, four point
1856 | type, it is this small, in an adjacent table to the warning.
1857 | And the warning, the study that you selected, you have got
1858 | thousands and thousands and thousands of people who have gone
1859 | through these various studies. You select a very small

1860 | portion of them and you are warning people who have been in
1861 | on insulin or who have had heart failure.

1862 | What about the millions of other people who are diabetic
1863 | and have not been on insulin and who have not experienced
1864 | heart failure, congestive heart failure? What about all
1865 | those folks?

1866 | I read the label, the warning, and it talks about just
1867 | those two groups. Then it refers to another, very obscure
1868 | reference in a table. I mean, this is really absurd. This
1869 | is ridiculous, what you are saying is a warning. If I wanted
1870 | to hide something, I would do this.

1871 | Chairman WAXMAN. Mr. Lynch, your time has expired.

1872 | Mr. LYNCH. Thank you, Mr. Chairman.

1873 | Dr. VON ESCHENBACH. Mr. Chairman?

1874 | Chairman WAXMAN. Yes, Dr. von Eschenbach.

1875 | Dr. VON ESCHENBACH. I fully appreciate the concerns and
1876 | the criticisms of what we have used for decades in the
1877 | practice of medicine, the Physicians' Desk Reference. But
1878 | the type size with regard to this warning is absolutely no
1879 | different than the type size in any of the other drugs on the
1880 | other 3,500 pages in this book. It is not an intent to
1881 | sequester or hide. It is just the vehicle that we have to
1882 | work with.

1883 | Chairman WAXMAN. Thank you. Mr. Cannon?

1884 | Mr. CANNON. Thank you, Mr. Chairman. We had a lot of

1885 pictures clicking there, but I am not sure the record is
1886 going to reflect the size of the book that you were just
1887 holding up, Dr. von Eschenbach. That is the kind of thing
1888 you could have stood on the parapet of a castle and thrown on
1889 the attacking enemy and crushed their heads, it is so big.

1890 [Laughter.]

1891 Mr. CANNON. This questioning, I think, really reflects
1892 the underlying problem of the complexity of how we deal with
1893 drugs that deal with the human body in complex ways and how
1894 we identify what the issues are and therefore, deal with them
1895 through the FDA. I appreciate the Chairman's holding this
1896 hearing.

1897 We had earlier some discussions among members about the
1898 role of the New England Journal of Medicine. I think one of
1899 the points that was missed there is that the New England
1900 Journal of Medicine, this enormously important journal, has
1901 an editorial position that they would like to see the FDA
1902 change the nature of the way we do business in America. That
1903 is acceptable. That is a great debate.

1904 My concern is the sensationalization of the process that
1905 scares people when we have a problem with drugs. Virtually
1906 all drugs are going to be helpful, but they will also have
1907 sidebar problems. Now, Dr. von Eschenbach, you and I have
1908 spoken personally on these issues. You know that I am
1909 committed to change and improvement in the FDA. We have also

1910 spoken in public hearings and said pretty much the same
1911 thing. And we recognized opportunities, but I am concerned
1912 about how do we go from here to there. In other words, I
1913 think doing basion studies instead of double blind studies is
1914 an important step that we need to take. But we have to do it
1915 in the context of procedures that work.

1916 Here, what we have is some alarmism that is
1917 extraordinarily important to many people who are suffering
1918 from a disease that is difficult and for whom this drug is
1919 helpful. But just to sort of give it another perspective, I
1920 am going to submit for the record but read here, in fact, I
1921 would ask unanimous consent to submit this Lancet journal
1922 article.

1923 Chairman WAXMAN. Without objection, that will be the
1924 order.

1925 [The referenced information follows:]

1926 ***** COMMITTEE INSERT *****

1927 Mr. CANNON. Taken together, these results, although
1928 based on very small numbers of events, certainly raise a
1929 signal of concern. Now, signal is, I think, a term of art in
1930 the system here, which means, we ought to look at it. There
1931 is something that we ought to be looking at. So it raises a
1932 signal of concern and indicates the need for more reliable
1933 information about--I can't say this name, I will call it the
1934 drug at hand, rosiglitazone. Pardon me.

1935 [Laughter.]

1936 Mr. CANNON. It is not the one we use when we are asking
1937 the pharmacist about it.

1938 But the FDA physicians and patients can reasonably
1939 weight the results of record, a phase 3 trial designed
1940 specifically to study cardiovascular outcomes. Until the
1941 results of record are in, it would be premature to
1942 over-interpret a meta-analysis that that the authors and the
1943 New England Journal of Medicine editorialists all acknowledge
1944 contains important weaknesses. To avoid unnecessary panic
1945 among patients, a calmer and more considered approach to the
1946 safety of Avandia is--that is not what they say here, but I
1947 will call it Avandia--is needed. Alarmist headlines and
1948 confident declarations help nobody.

1949 This is not a matter of confidence. This is a matter of
1950 what happens to people when they take this drug. Now, the
1951 problem here is what I think are called surrogate endpoints,

1952 | like controlling blood sugar levels with Avandia and other
1953 | drugs. It takes 10 to 15 years to discover and develop a new
1954 | medicine. Without such endpoints for evaluating a diabetes
1955 | medicine, for example, what would the development and
1956 | approval process, wouldn't it take much longer? And how much
1957 | longer would it take, if it does? Do you agree with the
1958 | value of using surrogate endpoints?

1959 | Dr. VON ESCHENBACH. Yes, sir, I do. And I also echo
1960 | your important point about the need for continuous
1961 | improvement. We are seeing revolutions in science and
1962 | technology around us that are going to enable FDA to
1963 | continuously improve, including how we use clinical trials,
1964 | new clinical trial type designs that will be much more
1965 | informative. We will also be using many more tools of
1966 | science and biomarkers and genomics et cetera that is going
1967 | to help us with regard to the ability to use these biomarkers
1968 | and these intermediate endpoints.

1969 | Mr. CANNON. I see my time is about to expire. But let
1970 | me just ask about this study in particular. The
1971 | meta-analysis by Dr. Nissen excluded studies in which there
1972 | were no adverse events. From a layman's point of view, of
1973 | not including studies where there were no heart attacks or
1974 | other heart problems, that would seem to skew the results a
1975 | little. But more specifically with respect to heart attacks,
1976 | I understand that six studies were not used, because none of

1977 | the patients had a heart attack. Even more studies,
1978 | approximately half of the overall available were not used,
1979 | because there were no deaths. Yet headlines screamed about a
1980 | 43 percent increased chance of death.

1981 | Is that a responsible way to communicate to the public?

1982 | Dr. VON ESCHENBACH. We value all data and all input with
1983 | regard to these issues. This study, like other
1984 | meta-analyses, has both strengths and weaknesses that have
1985 | been discussed and pointed out by others. And we use it as
1986 | an additional piece of information, but not necessarily one
1987 | upon which decisions in and by themselves would be made.

1988 | I will let Dr. Dal Pan speak specifically to how we use
1989 | data and meta-analyses.

1990 | Mr. CANNON. Mr. Chairman, I see my time has expired. But
1991 | the question I asked is, is it responsible to use this
1992 | meta-data to create what is essentially a public panic?

1993 | Dr. VON ESCHENBACH. I believe that the data was being
1994 | presented in the Journal as in a contribution and an
1995 | additional piece of information. We have all done that in
1996 | our careers in terms of publishing information and data that
1997 | we believe was a valuable contribution. We leave it then to
1998 | the entire scientific domain to weigh that, add that,
1999 | evaluate that in the larger context. I believe that is what
2000 | was hopefully going to occur here.

2001 | Other people reacted, perhaps responded to that

2002 | information and perhaps created some of the concerns that you
2003 | are alluding to.

2004 | Mr. CANNON. If the Chair would indulge just one
2005 | follow-up, there is something different from publishing and
2006 | awaiting a reaction and publishing and promoting. Would that
2007 | be different in your mind?

2008 | Dr. VON ESCHENBACH. I can't speak to the author's
2009 | intent. I have not had any conversations with Dr. Nissen.

2010 | Mr. CANNON. Mr. Chairman, I see my time has expired and
2011 | I yield back.

2012 | Chairman WAXMAN. The gentleman's time has expired.
2013 | Now I would recognize Mr. Yarmuth.

2014 | Mr. YARMUTH. Thank you, Mr. Chairman, and I thank Dr.
2015 | von Eschenbach.

2016 | I have a question that relates to the scope of the risk
2017 | that we are talking about. I think any of us who have
2018 | watched television commercials and have taken medications and
2019 | see these percentages have a hard time getting our arms
2020 | around it. Your staff, when they briefed the Committee on
2021 | this particular situation, indicated that if these numbers
2022 | are real, this is a big deal. I think that was one of the
2023 | direct quotes. And you said, these data, if confirmed, would
2024 | be of significant concern because patients with diabetes are
2025 | already at an increased risk of heart disease.

2026 | I want to understand this study. The GSK data that was

2027 presented in August of 2006 basically said, and I think you
2028 confirmed this, that those numbers indicate that the risk
2029 went from approximately 1.5 percent to approximately 2
2030 percent, which was approximately a third increase in the
2031 risk.

2032 But that body of data, 13,000 or so cases, included a
2033 lot of different combinations of regimens that were being
2034 used. As I understand it, some were taking Avandia by itself,
2035 some with insulin, some with nothing else. So in fact, am I
2036 not correct in saying that for some patients, presumably the
2037 conclusion would be that the risk is much higher than the 2
2038 percent, but we don't know, because we didn't have a breakout
2039 of those incidents?

2040 Dr. VON ESCHENBACH. There are confidence, what we call
2041 confidence intervals around that number, which means there
2042 could be a range of lower and slightly higher risk. I will
2043 let Dr. Dal Pan speak specifically to those statistical
2044 considerations as we are trying to make these decisions.

2045 Dr. DAL PAN. I think what you are asking, Congressman,
2046 is, are there patients or combinations of medications that
2047 can confer higher risk and could there be some situations
2048 where the risk is lower. That is the kind of thing our
2049 statistical analysis is focusing on. We are trying to answer
2050 those questions and put the answers to those questions into
2051 the larger context to make our decision.

2052 Mr. YARMUTH. So you don't know that yet, and you are
2053 trying to break it down?

2054 Dr. DAL PAN. Right. Our statistician has finished her
2055 review, I haven't finished looking at it extensively. But
2056 this is the kind of thing that we are actively engaged in
2057 now, yes.

2058 Mr. YARMUTH. But presumably in this case, say a patient
2059 who was taking Avandia and insulin, might have a risk of 5
2060 percent of a heart attack as opposed to 2 percent or 1
2061 percent?

2062 Dr. DAL PAN. Right. There are risks that could be
2063 higher than the overall summary risks for certain patients.

2064 Mr. YARMUTH. And of course, what we are dealing with is
2065 a situation in which if a million people are taking a
2066 particular medication, a .5 percent increase in risk amounts
2067 to 5,000 people who are adversely affected who otherwise
2068 wouldn't be. So it does become a significant risk.

2069 Now, at what point would you consider that risk to be of
2070 significant peril that some dramatic action needed to be
2071 taken, whether it was the nuclear option or advising doctors
2072 to immediately take patients off the medication?

2073 Dr. VON ESCHENBACH. Well, you are pointing out,
2074 Congressman, an extremely important part of what FDA's role
2075 is in this whole process. First of all, it is to absolutely,
2076 critically, vigorously assess the scientific data. Do

2077 | patient individual analyses, for example, the kinds of things
2078 | you were alluding to. But then put that into a larger
2079 | context. That brings into play what is the implication of
2080 | that risk as it relates to the total population of patients
2081 | with diabetes who might be affected.

2082 | Are there other alternatives that would be available to
2083 | them that would get a benefit and perhaps at less risk? Or
2084 | if there is no other option available, what risk do we deem
2085 | is appropriate and under what circumstances? Can we advise
2086 | doctors and patients to be more selective about who should,
2087 | who should not get that particular treatment. That becomes
2088 | an important part of our overall decision-making process to
2089 | that end of both protect and promote the public health.

2090 | Mr. YARMUTH. And I am concerned because as we watch
2091 | television commercials and we talk about warnings, at a
2092 | certain point the public becomes numb to these things,
2093 | because they really don't mean anything. But if you told me
2094 | that if I went to the grocery in my car and I had a 2 percent
2095 | risk of being in an accident, I might still take the chance.
2096 | If I had a 10 percent risk of it, I might not drive my car to
2097 | the grocery.

2098 | I am concerned that what information that FDA provides
2099 | to the public and what we do here as well gives the public
2100 | adequate explanation of the risks they are taking. Because
2101 | for those 5,000 people presumably it was a 100 percent risk.

2102 Dr. VON ESCHENBACH. Right. And to your point, we are
2103 attempting to do that even better than we have done it, as I
2104 indicated to you, the initiatives that we have with regard to
2105 risk communication, the vehicles that we use. But your point
2106 is extremely well taken. There are issues in which our
2107 decision will always be based on the standards of rigorous,
2108 scientific analysis, whether it is a drug for hay fever or
2109 whether it is a drug for diabetes or for cancer.

2110 However, from the patient's perspective, the
2111 risk-benefit ratio is dramatically different, whether you are
2112 thinking about taking a drug for sniffles or whether you are
2113 taking a drug for terminal cancer for which there is no other
2114 option available to you. And that is an important part of
2115 this equation that we can't lose sight of.

2116 Chairman WAXMAN. Thank you, Mr. Yarmuth.

2117 Mr. YARMUTH. Thank you, Mr. Chairman.

2118 Chairman WAXMAN. Mr. Hodes?

2119 Mr. MCHENRY. Excuse me, Mr. Chairman? I have not been
2120 recognized.

2121 Chairman WAXMAN. I didn't see you. You are recognized
2122 for your time.

2123 Mr. MCHENRY. I appreciate it. At this time I would like
2124 to yield my time to my colleague from California, Mr. Issa.

2125 Mr. ISSA. I thank you, Mr. McHenry. I just want to
2126 follow up on two more things. I know you are going to be

2127 | leaving shortly. Mr. Cannon's question, it sort of prompted
2128 | my wanting to delve a little further.

2129 | If you have the study, the study at hand, the study that
2130 | led to today's hearing, if you have a study taking out, and
2131 | maybe this is a statistical question, but it doesn't seem
2132 | like a complex one, taking out those in which nobody died of
2133 | heart attack, in which nobody got a heart attack, if you take
2134 | those out, by definition, you put them back in and the 43
2135 | percent becomes lower. We may not know how much lower, but
2136 | significantly lower, isn't that correct, inevitably?

2137 | Dr. DAL PAN. Let me say, none of the three of us here is
2138 | an expert on the statistics methods of--

2139 | Mr. ISSA. No, no, no, wait a second.

2140 | Dr. DAL PAN. But there are statistical issues--

2141 | Mr. ISSA. But let's--I only took two years in statistics
2142 | in college. It doesn't make me a statistician, but I know
2143 | that if you leave the zeroes out of a zero through ten and
2144 | you are averaging, you are going to get a lower amount if you
2145 | put the zeroes in, isn't that right?

2146 | Dr. DAL PAN. One of the things our statistician is doing
2147 | is to see if there are techniques that she could use to
2148 | actually address that issue. I can say conclusively that it
2149 | would make that risk go away, though.

2150 | Mr. ISSA. Okay. Do you know of any reason, though, for
2151 | leaving out those who did not suffer? I mean, other than

2152 promoting panic, other than getting people to think that this
2153 drug had a higher incidence of heart attack, is there any
2154 reason to leave out other groups who took the drug and didn't
2155 have heart attacks? Is there any valid reason that you can
2156 think of, without knowing anything more than what we have
2157 heard today?

2158 Dr. DAL PAN. I think it is the statistical issue. But
2159 then the issue then becomes looking at all the available data
2160 to put it together. But I think all these techniques have
2161 their statistical basis. And those statistical bases have to
2162 be respected to do the study.

2163 Mr. ISSA. Well, maybe I will go back to what we did a
2164 couple of weeks ago. We did global warming. I happen to
2165 believe in global warming, I have been a promotor of reducing
2166 CO2 emissions. But I am trying to understand, if I only took
2167 the days of the year that were cooler and I left out the days
2168 that were hotter, I could prove the earth is cooling, not
2169 heating. So I am a little shocked that you are not more
2170 concerned that a study published not for peer review but in
2171 fact published for the public and widely reported on and
2172 linked to this hearing today deliberately ignored those other
2173 patients who could have brought the number more to zero.

2174 Dr. VON ESCHENBACH. Mr. Issa, I cannot comment on why
2175 and how this particular study was done and designed and
2176 developed. That is something for the author to comment on.

2177 | But your point is extremely well taken, that with regard to a
2178 | meta-analysis, it is well recognized that they are fraught
2179 | with problems, statistical problems, in terms of how you do
2180 | them. And in this case, whether you did fixed events or
2181 | random events, in terms of how you analyze the information
2182 | and data.

2183 | And that points out, whether it is this meta-analysis or
2184 | any other meta-analysis, the problem and concern about making
2185 | definitive, explicit decisions with regard to just a
2186 | meta-analysis. You have to be mindful of the dangers that
2187 | that could involve. And that is why the FDA chose to go much
2188 | further since we had individual patient data, which the
2189 | author was not available to him. And we have expanded and
2190 | used our expertise of our biostatisticians to take this to an
2191 | appropriate level, which we are in the midst of doing right
2192 | now.

2193 | Mr. ISSA. Okay. I am going to yield back to the
2194 | gentleman. I just want to make sure something gets in the
2195 | record, though.

2196 | The American Enterprise Institute published something
2197 | that I think says a lot about the author that we are going to
2198 | hear from in a few minutes. The study's primary author,
2199 | Cleveland Clinic cardiologist, Steven Nissen, admitted to the
2200 | Wall Street Journal that he was in touch with Congress while
2201 | preparing his analysis. Three days after the study was

2202 submitted to the New England Journal of Medicine and before
2203 it was published, the FDA Commissioner received a letter
2204 about Avandia from members of the House Energy and Commerce
2205 Committee that seemed to reference the New England Journal of
2206 Medicine study. I just want to make sure that is in the
2207 record, and I will yield back to the gentleman.

2208 Mr. MCHENRY. I thank my friend from California.

2209 Let me just ask a broader question, I would like you to
2210 touch on this. I know your struggles at the FDA to make sure
2211 that we have safe drugs on the market, there is a proper
2212 balance between patient safety and life-saving medicine. It
2213 is an ongoing struggle.

2214 Do you think our regulatory hurdles are too high or just
2215 about right, or too low? There is a lot of debate going on
2216 right now and I know the Chairman is very interested in this
2217 issue and actually wants to increase the regulatory hurdles
2218 to get drugs on the market. I would like you all, all three
2219 of you, to comment upon this, on whether or not that is
2220 appropriate or our regulatory level to get a drug on the
2221 market, is about right or too high?

2222 Dr. VON ESCHENBACH. Congressman, I believe that the
2223 regulatory levels are appropriate for the individual
2224 circumstances in which the regulatory barrier has to be
2225 extraordinarily high with regard to this risk and benefit
2226 ratio. I have alluded to that, the reasons why that might be

2227 | the case whether you are dealing with hay fever or whether
2228 | you are dealing with cancer.

2229 | So I think they have to be applicable to the individual
2230 | situation and circumstance. I think it is important to point
2231 | out, as I did in my oral testimony, that the world around us
2232 | is radically changing, rapidly changing. Science and
2233 | technology, the complexity of the products, the
2234 | circumstances. We need, at the FDA, to continue to adapt and
2235 | response to those changes. The resources that we are looking
2236 | forward to are designed to specifically enable us to do that
2237 | and continuously improve.

2238 | So I think it is an issue of using the regulatory
2239 | framework but continuously improving it and improving our
2240 | ability to apply it. I think the standards are appropriate.

2241 | Chairman WAXMAN. The gentleman's time has expired.

2242 | Do Dr. Jenkins or Dr. Dal Pan like to respond to the
2243 | question, or do you agree with Dr. von Eschenbach?

2244 | Dr. JENKINS. Congressman, I head the Office of New Drugs
2245 | that makes these decisions every day. So my staff and I make
2246 | these decisions every day. It is always a weighing, of
2247 | balancing the certainty you know about the drug versus the
2248 | uncertainty of things you don't know about the drug. I think
2249 | we strike that balance very well and within the framework of
2250 | the regulations and the statute that have been given to us by
2251 | Congress to operate in. So I do think we have struck the

2252 right balance.

2253 This is clearly a societal, public policy question as
2254 far as how much certainty do you need to know about a drug
2255 before you approve it, how much uncertainty are you willing
2256 to accept at the time of approval. You can never know
2257 everything about a drug at time of approval. I think it is a
2258 public policy debate about where that standard should be set.

2259 I think we adhere to the standard that has been set for us
2260 by Congress in the statute.

2261 Chairman WAXMAN. Dr. Dal Pan?

2262 Dr. DAL PAN. Let me just add on to what Dr. Jenkins has
2263 stated. There always is this residual uncertainty at a time
2264 when a drug is approved. I think for that reason, as Dr. von
2265 Eschenbach said, it is important to have a strong
2266 post-marketing system as well, to be able to monitor that
2267 uncertainty and come up with better understanding of the
2268 drug's risks as time goes on.

2269 Chairman WAXMAN. Thank you.

2270 Mr. Hodes?

2271 Mr. HODES. Thank you, Mr. Chairman.

2272 Gentlemen, thank you for your testimony. Much of the
2273 focus of this hearing has been on post-market surveillance,
2274 what does the FDA do after a drug is approved. I would like
2275 to direct your attention to a slightly different question. I
2276 am specifically concerned with what the FDA does to ensure

2277 | the accuracy of the pharmaceutical direct to consumer drug
2278 | ads after the company's drug has gone to market.

2279 | I note in Dr. von Eschenbach's written testimony the
2280 | statement ``In April 2006, the labeling for Avandia was
2281 | updated to include new data in the warning section about a
2282 | potential increase in heart attacks.'' That was the language
2283 | you used, Dr. von Eschenbach.

2284 | There was questioning by my colleague Mr. Lynch about
2285 | warnings. Now, yesterday, in both the New York Times and the
2286 | Washington Post, GSK, the maker of the drug, took out
2287 | full-page advertisements about Avandia. In fact, a page and
2288 | a half in the New York Times, I have it here. I think you
2289 | have it in front of you. There is a full page which has
2290 | something on top, and then they have important safety
2291 | information on the bottom. And then in another half page,
2292 | there is the patient information.

2293 | Now, I am concerned about the gap we seem to have
2294 | between concern about heart attacks and warnings about heart
2295 | failure. Because if you are a consumer, plain ordinary guy
2296 | like me, a heart attack means something very different than
2297 | heart failure, which happens to be, could be the inability of
2298 | the heart to pump blood, could be a long-term thing. Heart
2299 | attack is a rather sudden and specific event.

2300 | Now, despite that you say there were label warnings for
2301 | heart attacks, if I read the language in both the New York

2302 Times and the Washington Post, what I see is a warning that
2303 says if you have heart problems or heart failure, tell your
2304 doctor. Avandia can cause your body to keep extra fluid,
2305 which leads to swelling and weight gain. Well, that is a
2306 problem. Extra body fluid can make some heart problems worse
2307 or lead to heart failure. The word heart attack, which is
2308 what consumers understand, does not appear.

2309 Now, GSK has spent \$42 million on advertisements to
2310 consumers for Avandia. Its revenue has increased 25 percent
2311 in recent years. If I am right, and if this doesn't contain
2312 the concerns about heart attacks, do you believe that
2313 consumers understand this warning by GSK to be a warning that
2314 there is an increased risk of heart attacks from Avandia?

2315 Dr. VON ESCHENBACH. No, sir, I do not believe that
2316 looking at an ad like this in a newspaper really helps to
2317 provide the kind of depth and understanding that you just
2318 described. I think that this does not occur by looking at
2319 these kinds of ads.

2320 Mr. HODES. So this ad doesn't use the word heart
2321 attacks, does it?

2322 Dr. VON ESCHENBACH. I haven't read the complete ad, sir,
2323 but I will take your word that it does not.

2324 Mr. HODES. Because I am happy to represent to you with
2325 absolute assurance that it doesn't use the word heart
2326 attacks.

2327 | Dr. VON ESCHENBACH. I will accept that.

2328 | Mr. HODES. Now, in that light, if there is concern as we
2329 | now know about the increased risk of heart attacks, and that
2330 | is what you talked about in your testimony, that is what has
2331 | now come out. And yesterday, this company is still not
2332 | warning consumers about the increased risk of heart attacks.

2333 | My question to you, as the regulatory agency, is do you
2334 | have enough power now to do something about the manufacturers
2335 | and what they are doing with post-consumer advertising? Do
2336 | you need more power? Do you need different power? What
2337 | needs to be done for you to adequately regulate how the
2338 | manufacturers are communicating in simple, plain terms that
2339 | consumers will understand?

2340 | Dr. VON ESCHENBACH. As part of the negotiations and
2341 | discussions with regard to PDUFA IV reauthorization, which is
2342 | currently in place, we have sought the resources to be able
2343 | to expand our ability to review, survey and therefore take
2344 | action against direct to consumer advertising.

2345 | Mr. HODES. Sir, with great respect, this reminds me of
2346 | your answer to my colleague Mr. Tierney's question, when he
2347 | asked you a direct question, you said, we are looking for
2348 | more resources. Now, to me, resources means maybe people,
2349 | maybe it means money. By resources, do you mean some more
2350 | regulatory power that you currently do not have to interface
2351 | with the drug manufacturers to make sure that they are doing

2352 | what they need to do to tell consumers about the risks you
2353 | are flagging?

2354 | Dr. VON ESCHENBACH. I believe right now the most serious
2355 | concern for me is having adequate numbers of people to be
2356 | able to monitor and take action against direct to consumer
2357 | advertising when it is inappropriate. That for me is a major
2358 | area that needs to be addressed.

2359 | The ability to then affect that, if that becomes a
2360 | problem that requires legislation, is something that, as I
2361 | indicated, I think we need to address. But I am not prepared
2362 | at the present time to say that is absolutely the answer that
2363 | I need in order to fix the concern or problem that is being
2364 | raised.

2365 | Mr. HODES. I am not sure I understand you. If I may
2366 | just follow up briefly with one question. Are you telling me
2367 | you don't have enough people to read this ad and see whether
2368 | or not the ad adequately, in your expert opinion, warns the
2369 | consumer of the increased risk of heart attack? Are you
2370 | telling me you don't have enough people to do that?

2371 | Dr. VON ESCHENBACH. Yes, sir. I am telling you that I
2372 | need more resources to be able to direct to the issue of the
2373 | FDA's oversight of direct to consumer advertising.

2374 | Chairman WAXMAN. The gentleman's time has expired.

2375 | Mr. HODES. May I just have one last question, Mr.
2376 | Chairman? Thank you.

2377 | You need more people to read the ad. Fine. Do you have
2378 | the power that you need to say to the drug manufacturer, fix
2379 | the ad?

2380 | Dr. VON ESCHENBACH. I believe at the present time I do
2381 | have the ability to get that accomplished and get that done.
2382 | I would certainly, if that is not adequate, after we have
2383 | done our appropriate intervention, I would then welcome any
2384 | legislative action that would require that to be a fix. But
2385 | at this point in time, I don't believe that is at the core of
2386 | the problem for me.

2387 | Mr. HODES. Thank you very much. Thank you, Mr.
2388 | Chairman.

2389 | Chairman WAXMAN. Thank you, Mr. Hodes.

2390 | Ms. Watson.

2391 | Ms. WATSON. Thank you so much, and I thank the panelists
2392 | for indulging us.

2393 | I too have the same concern. I myself have diabetes 2.
2394 | I had a complete health examination before I took my post as
2395 | ambassador, no problems. Now I develop diabetes 2 after two
2396 | years. All of a sudden, I had a heart murmur, a heart
2397 | problem. I went to my cardiologist and he examined me, he
2398 | said, what are you taking. Avandia. He said, get off of it.
2399 | I myself, no history in the family. I have a history of
2400 | diabetes, yes. He said, get off of Avandia. There are other
2401 | options out there.

2402 Now, here is my concern, listening to the testimony.
2403 Why has it taken FDA so long to come and say, we need more
2404 resources? Why did so much time pass after your approval?
2405 And the post-marketing studies seem to me to be a way to
2406 reduce the risks that millions of people are under in this
2407 Country. I heard your response to Representative Hodes, I
2408 heard your response to Mr. Tierney.

2409 But I didn't hear a plea to give us that authority. You
2410 ought to have heart attack on the label, because that would
2411 have been understood. It looked like I was heading toward
2412 just that when I went to my physician.

2413 Dr. VON ESCHENBACH. I believe at the core and the heart
2414 of the question that you have just placed before me,
2415 Congresswoman, is the issue of the fact that we have
2416 attempted to provide information that when a doctor is caring
2417 for a patient such as yourself, and there seems to be a
2418 problem or concern, that that is addressed. And it may
2419 require a change in your medicine.

2420 Ms. WATSON. Doctor, let me take back my time because I
2421 will be out of it in just a second. Would you have anything
2422 against putting on the label, there is a high risk of heart
2423 attack?

2424 Dr. VON ESCHENBACH. That is precisely what we are
2425 engaged in determining as we speak. The comprehensive
2426 analysis of all of the data related to heart attack, both

2427 | from meta-analyses as well as other studies. And the
2428 | deliberation that will occur at the advisory committee at the
2429 | end of July will lead us to the answer to that specific
2430 | question.

2431 | Ms. WATSON. All right. Thank you. The stakes are very
2432 | high.

2433 | Dr. VON ESCHENBACH. I agree.

2434 | Ms. WATSON. And you represent us who give permission for
2435 | these drugs to go on the market, and too many people are at
2436 | risk.

2437 | Now, let me shift my questioning. I am an African
2438 | American. And diabetes is spreading higher among African
2439 | Americans and now Hispanic Americans than any other group.
2440 | But I find there are too few of us in the test. So what can
2441 | you do to be sure that Americans of all ethnicity become part
2442 | of your test?

2443 | Dr. VON ESCHENBACH. I fully support and concur. We are
2444 | approaching this from one, the perspective of working with,
2445 | for example, our sister agency, the National Institutes of
2446 | Health, to be able to promote the participation of more
2447 | minorities and under-served in the clinical trials
2448 | themselves. Two, we are approaching this from the perspective
2449 | of I am engaging, with the National Medical Association and
2450 | have met with them to lay out specific plans to address that
2451 | issue, to bring representation from the African American

2452 | community specifically into the FDA's processes.
2453 | Participation in committees and the ability for us to address
2454 | in the appropriate way the way in which the community
2455 | believes is most appropriate and effective. But to get to
2456 | the endpoint, we absolutely need to serve patients better by
2457 | having them participate in these clinical trials.

2458 | Ms. WATSON. Thank you for that response. I just want to
2459 | end up by saying, the American Diabetes Association had to be
2460 | forced by a group of us, I represent Los Angeles, to do
2461 | outreach into these communities. So we had to hold our own
2462 | outreach informational sessions, ourselves. So we need a
2463 | whole reform in how we meet and reach Americans of various
2464 | ethnicities.

2465 | Thank you, Mr. Chairman.

2466 | Chairman WAXMAN. Thank you very much, Ms. Watson.

2467 | Dr. Jenkins, Dr. Dal Pan, Dr. von Eschenbach, thank you
2468 | very much for your appearance today and your willingness to
2469 | answer the questions that we had to ask you. We are of
2470 | course interested in the process used to inform the American
2471 | public about the efficacy and safety of these drugs. I think
2472 | your contribution today is helpful to us. We want to of
2473 | course review this situation in the context of legislation
2474 | that is pending in both the House and the Senate.

2475 | Dr. VON ESCHENBACH. Thank you, Mr. Chairman. On behalf
2476 | of my colleagues and the entire FDA, let me thank you and the

2477 rest of the members of the Committee for your consideration
2478 and your openness to our perspective. Thank you.

2479 Chairman WAXMAN. Well, I was a little premature in
2480 thanking you and expecting that we would move on, because we
2481 have another distinguished member of our Committee who is
2482 eager to ask questions. So I do want to recognize him. Mr.
2483 Cummings.

2484 Mr. CUMMINGS. Thank you very much, Mr. Chairman.

2485 Dr. von Eschenbach, I want to ask you about the actions
2486 of your press office over the past two weeks. On May 21st,
2487 the New England Journal of Medicine published an analysis of
2488 clinical trial data about Avandia that started a vigorous
2489 scientific and medical debate that continues today. The
2490 analysis provided a signal that Avandia may be associated
2491 with increased risk of heart attack. As you acknowledge in
2492 your written testimony, if confirmed, this signal "would be
2493 of significant concern, because patients with diabetes are
2494 already at an increased risk of heart disease."

2495 You told us in your written testimony how the FDA is
2496 committed to "early communication of emerging information
2497 about the safety of drugs," stressing that "any
2498 communication must be responsible and measured, taking into
2499 account the impact that the message will have on patients and
2500 practitioners alike to encourage good health care choices and
2501 help avoid bad ones." This seems like an appropriate

2502 | communication strategy.

2503 | What I want to know is why it was not followed in the
2504 | case of Dr. Nissen, the author of the study in the New
2505 | England Journal article.

2506 | Dr. VON ESCHENBACH. I am sorry, Mr. Cummings, could you
2507 | be more specific about--

2508 | Mr. CUMMINGS. On May 24th, just three days after the
2509 | publication of Dr. Nissen's analysis, at least two
2510 | individuals in the FDA press office forwarded to reporters in
2511 | the national media and trade press an article from the web
2512 | site, heart.org, that contains derogatory comments about Dr.
2513 | Nissen. Specifically, the article contained accusations from
2514 | an anonymous commenter to a blog posting in the Wall Street
2515 | Journal that questioned Dr. Nissen's motives in undertaking
2516 | and publishing his analysis, implying that he was only
2517 | interested in hurting companies that did not work with him
2518 | and the Cleveland Clinic.

2519 | The accusations were so baseless that the web site
2520 | itself later retracted the comments. It said that the
2521 | accusations ``do not meet the highest standards of
2522 | journalistic or scientific integrity or credibility.'' Even
2523 | worse, one of your press consultants, Douglas Aberfell
2524 | [phonetically], sent out these articles with bizarre titles.
2525 | One e-mail title was ``What are St. Steven's feet made of?
2526 | Clay, perhaps?''

2527 Another one read, ''Did you ask Nissen if the Pope
2528 called yet?'' Are you familiar with this? Are you following
2529 me so far?

2530 Dr. VON ESCHENBACH. Yes, sir, I understand the point
2531 that you are--

2532 Mr. CUMMINGS. I would like to request that a copy of Mr.
2533 Aberfell's [phonetically] e-mail be included in the record,
2534 Mr. Chairman.

2535 Mr. MCHENRY. Reserving the right to object.

2536 Chairman WAXMAN. The gentleman reserves the right to
2537 object.

2538 Mr. MCHENRY. I have not seen the e-mail. I would love
2539 to see a copy of the e-mail before I agree that this should
2540 be entered into the record.

2541 Chairman WAXMAN. The gentleman will withhold his
2542 unanimous consent request and--

2543 Mr. CUMMINGS. Very well.

2544 Well, since I will have to work with what I have got, do
2545 you believe that these actions represent responsible and
2546 measured communication to which your agency is committed?

2547 Dr. VON ESCHENBACH. No, sir.

2548 Mr. CUMMINGS. Let me finish. I am almost finished. Is
2549 it really an appropriate use of Federal, Federal taxpayer
2550 dollars to use the FDA press office as a vehicle for
2551 attacking scientists who raise important signals about

2552 | potential public health dangers in prestigious scientific
2553 | journals?

2554 | Dr. VON ESCHENBACH. Mr. Cummings, this was not an action
2555 | on the part of the FDA or the FDA's press office. This was
2556 | an action of an individual within the FDA. I completely
2557 | concur with you that it is inappropriate and unacceptable.
2558 | That individual's supervisor has taken appropriate action
2559 | with that individual. I would not condone or accept that
2560 | kind of behavior.

2561 | Mr. CUMMINGS. Is that individual still working with the
2562 | Government?

2563 | Dr. VON ESCHENBACH. That individual is still employed by
2564 | the Government. His action was addressed.

2565 | Mr. CUMMINGS. What action was taken?

2566 | Dr. VON ESCHENBACH. This action has been addressed by
2567 | the individual's superior, a letter of reprimand is in his
2568 | file.

2569 | Mr. CUMMINGS. But we are still paying him?

2570 | Dr. VON ESCHENBACH. It was an inappropriate and
2571 | unfortunate action on the part of an individual, and I
2572 | believe that that is being appropriately addressed from a
2573 | disciplinary point of view.

2574 | Mr. CUMMINGS. The medical experts who are appearing
2575 | before this Committee this morning have distinguished
2576 | professional careers. They and their institutions should be

2577 | proud of the work they have done. And we as a Country should
2578 | not tolerate efforts by either private or public entities
2579 | that engage in intimidation and smear campaigns against
2580 | experts who act in the service of the public.

2581 | Thank you very much.

2582 | Dr. VON ESCHENBACH. Thank you, Mr. Cummings. Let me
2583 | reassure you and other members of the Committee, there is
2584 | absolutely no intention nor has there been any action on the
2585 | part of the FDA to take and behave or participate in any kind
2586 | of campaign with regard to Nissen. We have welcomed his
2587 | information and his data as a part of our ongoing assessment
2588 | and analysis. Although I have never had the opportunity to
2589 | discuss things with him personally or directly, I would look
2590 | forward to doing so at any time.

2591 | Chairman WAXMAN. Thank you, Mr. Cummings. Another
2592 | member seeks recognition, Mr. Shays.

2593 | Mr. SHAYS. Thank you, Mr. Chairman. I don't usually
2594 | seek recognition when I have come so late in the panel and I
2595 | don't have a question to ask, but I know that Mr. McHenry
2596 | would like to ask a brief question, so I would yield to him.

2597 | Mr. MCHENRY. I thank my colleague.

2598 | I would like to follow up with you and give you an
2599 | opportunity to respond to this. With complex scientific
2600 | research, it is important that a balanced perspective is
2601 | given on a study that has been released? Is that an

2602 | important function?

2603 | Dr. VON ESCHENBACH. Yes. Yes, it is.

2604 | Mr. MCHENRY. Now, an additional follow-up to this. Is
2605 | it necessary for the FDA to perhaps, in order to quell
2606 | overreaction about a release of a study, to provide a
2607 | balanced perspective on that study?

2608 | Dr. VON ESCHENBACH. I believe the FDA must accept
2609 | information and data from a variety of sources, analyze it
2610 | appropriately and then take what we believe to be the
2611 | appropriate action.

2612 | Mr. MCHENRY. An additional comment here. After the
2613 | release of the study, there have been a number of articles
2614 | written about the failure in the study. Is that something
2615 | important for consumers to be aware of?

2616 | Dr. VON ESCHENBACH. I think it is important for everyone
2617 | to be aware of balance and where there is legitimate
2618 | scientific debate, that should be something that people are
2619 | aware of. There were issues here where, for example, two
2620 | journals that are each highly reputable had differing
2621 | perspectives and points of view with regard to this
2622 | particular study. I think that is an important part of an
2623 | open and healthy dialogue and discussion.

2624 | Mr. MCHENRY. Thank you. I yield back.

2625 | Mr. SHAYS. I yield back.

2626 | Chairman WAXMAN. Thank you very much again. Thank you,

2627 gentlemen, for your testimony. We appreciate your being
2628 here.

2629 Dr. VON ESCHENBACH. Thank you, sir.

2630 Chairman WAXMAN. We are now pleased to call forward for
2631 our second panel Dr. Steven Nissen, who is the Chairman of
2632 the Department of Cardiovascular Medicine at the Cleveland
2633 Clinic, one of the Nation's most respected academic medical
2634 centers. He is the immediate past president of the American
2635 College of Cardiology. And from 2000 to 2005, Dr. Nissen
2636 served as a member of the FDA's cardio-renal advisory panel
2637 and chaired the committee during his final year.

2638 Dr. Nissen was the lead author of the May 21st, 2007 New
2639 England Journal of Medicine article that drew a connection
2640 between Avandia and increased cardiac risks.

2641 We have also Dr. Bruce M. Psaty, who is Professor of
2642 Medicine, Epidemiology and Health Services and Co-Director of
2643 the Cardiovascular Health Research Unit at the University of
2644 Washington. From 2000 to 2006, he was a member of the
2645 Institute of Medicine's Committee on the Assessment of the
2646 U.S. Drug Safety System. Dr. Psaty was the lead author for
2647 the May 21st editorial in the New England Journal of
2648 Medicine, commenting on Dr. Nissen's study, and is a lead
2649 author of one of the June 5th editorials in the same journal
2650 commenting on the newly released RECORD study.

2651 And Dr. John Buse is a Professor of Medicine at the

2652 University of North Carolina School of Medicine in Chapel
2653 Hill, North Carolina, where he serves as the Chief of the
2654 Division of Endocrinology. One of our Nation's most highly
2655 respected experts on diabetes care, Dr. Buse is
2656 president-elect of the American Diabetes Association. He has
2657 received numerous awards and honors, including citation in
2658 Best Doctors of America every year since 2001.

2659 Dr. Buse was the first physician in the Country to raise
2660 concerns about the cardiovascular safety of Avandia in a
2661 letter he wrote to the FDA in 2000.

2662 We welcome the three of you. It is the practice of our
2663 Committee to ask all witnesses to take an oath. I would like
2664 you to rise.

2665 [Witnesses sworn.]

2666 Chairman WAXMAN. The record will indicate that each of
2667 the witnesses answered in the affirmative.

2668 Dr. Nissen, why don't we start with you. We have your
2669 full statements in the record. We would like to ask you to
2670 summarize your testimony in around five minutes. We have a
2671 clock that I hope will work appropriately to let you know.
2672 Yellow light means that one minute is left, red light means
2673 the time is up. We would like to ask you to, when you see
2674 the red light, to conclude.

2675 There is a button on the base of the mic. Be sure it is
2676 pressed in. We want to hear from you.

2677

Dr. Nissen.

2678 | STATEMENTS OF STEVEN NISSEN, M.D., F.A.C.C., CHAIRMAN,
2679 | DEPARTMENT OF CARDIOVASCULAR MEDICINE, CLEVELAND CLINIC; JOHN
2680 | B. BUSE, M.D., PH.D., PROFESSOR, UNIVERSITY OF NORTH CAROLINA
2681 | SCHOOL OF MEDICINE; BRUCE M. PSATY, M.D., PH.D., CO-DIRECTOR,
2682 | CARDIOVASCULAR HEALTH RESEARCH UNIT, PROFESSOR OF MEDICINE,
2683 | EPIDEMIOLOGY AND HEALTH SERVICES, UNIVERSITY OF WASHINGTON,
2684 | INVESTIGATOR, CENTER FOR HEALTH STUDIES, GROUP HEALTH,
2685 | SEATTLE, WASHINGTON

2686 | STATEMENT OF STEVEN NISSEN

2687 | Dr. NISSEN. Thank you very much, Mr. Waxman.

2688 | My name is Steven E. Nissen, M.D. I am Chairman of the
2689 | Department of Cardiovascular Medicine at the Cleveland
2690 | Clinic, and the immediate past president of the American
2691 | College of Cardiology. My testimony does not reflect the
2692 | views of either the Cleveland Clinic or the ACC.

2693 | Before I begin, I want to thank the Committee, I want to
2694 | thank the bipartisan efforts of this Committee to look into
2695 | issues of drug safety and the FDA. This is an extremely
2696 | important issue. It affects all 300 million Americans, and I
2697 | applaud you for looking into this. I think it is clearly the
2698 | right thing to do.

2699 I have been asked to summarize for the Committee the
2700 sequence of events and the scientific basis for our
2701 manuscript describing the potential cardiovascular risks of
2702 Avandia. In September 2006, a clinical trial called DREAM
2703 was published in the British medical journal, The Lancet. In
2704 the study, patients at high risk for developing diabetes were
2705 assigned to receive either Avandia or an inactive placebo.
2706 Avandia did indeed reduce the incidence of new onset
2707 diabetes.

2708 However, the DREAM study also showed a numerical excess
2709 of heart-related adverse events, including 15 heart attacks
2710 in the Avandia group compared with 9 in the placebo group.
2711 The number of heart attacks was too few to reach statistical
2712 significance, but they were trending in the wrong direction.
2713 This was potentially an important observation, because the
2714 reason for giving a drug to prevent diabetes is to reduce the
2715 complications of diabetes, the most serious of which is heart
2716 disease.

2717 Then in December 2006, a clinical trial known as ADOPT
2718 was published in the New England Journal of Medicine. This
2719 study was designed to show whether Avandia had a more durable
2720 effect at reducing blood sugar than two generic diabetes
2721 medications. The study indeed showed a more long-lasting
2722 reduction in blood sugar with Avandia, but heart-related
2723 complications were also trending in the wrong direction. The

2724 heart attack rate was 33 percent greater in Avandia-treated
2725 patients, but again, there were too few events to reach
2726 statistical significance.

2727 After reviewing DREAM and ADOPT, I was concerned,
2728 because these were the only long-term large-scale clinical
2729 trials comparing Avandia with other therapies. And both
2730 studies showed an excess of heart attacks. When you have
2731 several small or medium-size clinical trials that are
2732 insufficient to answer a scientific question, the logical
2733 next approach is to combine these trials to try to address
2734 the issue. This process is known as a meta-analysis.

2735 Using this method, I asked one of my colleagues, a
2736 statistician, to combine DREAM and ADOPT. We noted a 40
2737 percent excess of heart attacks, which was not statistically
2738 significant, but showed a strong trend in the wrong
2739 direction. And it was approaching statistical significance.

2740 This observation was particularly concerning, because
2741 heart disease is highly prevalent in diabetics, comprising
2742 between 65 and 80 percent of all diabetic deaths. A diabetes
2743 drug that may increase the risk of heart disease would
2744 represent a potentially important public health concern.

2745 We sought more data to objectively address this
2746 scientific question. Eventually we located on the FDA web
2747 site the original group of clinical trials submitted to the
2748 agency to support approval of the drug in 1999. There were

2749 | five clinical trials comparing Avandia to other diabetes
2750 | drugs or placebo. We again noted that there were more
2751 | heart-related complications in the Avandia treatment group in
2752 | these initial clinical trials. But we still did not have
2753 | enough clinical trial data to form any reasonable scientific
2754 | conclusions.

2755 | Eventually, in April 2007, we discovered a
2756 | GlaxoSmithKline web site that disclosed basic information and
2757 | summary results for clinical trials conducted by the company.
2758 | Now we had access to the heart attack and death rates for all
2759 | relevant 42 Avandia clinical trials completed before or after
2760 | drug approval. We completed the meta-analysis, which showed a
2761 | 43 percent excess incidence of heart attack in
2762 | Avandia-treated patients, which was statistically significant
2763 | with a p value of .03. A p value of 03 means that there is a
2764 | 97 percent probability that the results of the study are not
2765 | due to chance alone. We submitted a manuscript reporting our
2766 | findings to the New England Journal of Medicine, where the
2767 | manuscript was peer-reviewed and published online on May
2768 | 21st, 2007.

2769 | In our manuscript, we were careful to point out the
2770 | strengths and limitations of our analysis. Because our
2771 | access to data was limited to publicly-available clinical
2772 | trial data, we could not analyze original patient-level
2773 | information. In addition, as we pointed out, a meta-analysis

2774 | is always less convincing than a large, prospective trial
2775 | designed to answer a specific scientific question.
2776 | Nonetheless, we thought the findings were sufficiently
2777 | important to warrant prompt publication and concluded ``Until
2778 | more precise estimates of the cardiovascular risk of this
2779 | treatment can be delineated in patients with diabetes,
2780 | patients and providers should carefully consider the
2781 | potential risks of rosiglitazone in the treatment of type 2
2782 | diabetes.''

2783 | The same 42 trials that we included in our analysis are
2784 | available to the company and to the FDA. Because both of
2785 | these organizations have access to raw patient data, they can
2786 | perform more statistically powerful analyses which can help
2787 | clarify the extent of risk. GSK has reported the basic
2788 | results of their own patient-level meta-analysis on their
2789 | clinical trials web site, which confirms a statistically
2790 | significant increase in heart-related complications in
2791 | patients who received Avandia.

2792 | The FDA also recently announced that their own internal
2793 | analysis of patient-level data confirms an approximately 40
2794 | percent excess of heart-related complications. However,
2795 | neither the GSK nor FDA analyses have been published and it
2796 | is therefore not possible to directly compare the results for
2797 | all three of these analyses.

2798 | I look forward to discussing these findings and the

2799 | policy implications with the Committee during the course of
2800 | today's hearing.

2801 | [Prepared statement of Dr. Nissen follows:]

2802 | ***** INSERT *****

2803 Chairman WAXMAN. Thank you, Dr. Nissen.

2804 Dr. Buse?

2805 STATEMENT OF JOHN BUSE

2806 Dr. BUSE. Chairman Waxman, members of the Committee, it
2807 is really an honor to be called to testify before this
2808 Committee. Before I tell you what I am really here for, I do
2809 want to make two introductory points as a matter of
2810 disclosure.

2811 First, this statement and my testimony do not reflect
2812 the opinions of my employer, the University of North Carolina
2813 School of Medicine, nor the American Diabetes Association, a
2814 voluntary health agency for which I serve as an officer.

2815 Second, I have been working in the glitazone class since
2816 approximately 1992. I have a number of conflicts of interest
2817 in that regard, and I have tried to expand those a bit in my
2818 written statement, but I don't want to go through that in
2819 detail, because of my time limitations.

2820 So I do want to give some background as to how I got
2821 involved in this process. In June of 1999, I was invited to
2822 give about six presentations at the American Diabetes
2823 Association meetings and the Endocrine Society's meetings,
2824 and dug around through the same data bases with the same
2825 materials that Dr. Nissen spoke of earlier.

2826 I was concerned about the potential of cardiovascular
2827 safety because of what I perceived to be an increase in
2828 cholesterol that was relatively specific to Avandia among the
2829 three agents that have been marketed in the United States,
2830 Avandia, Actos and Rezulin. Because of that, I looked for
2831 signals of cardiovascular safety and found a signal with
2832 regard to a comparison between Avandia and so-called active
2833 comparators in the initial Avandia data set.

2834 I realized that was a potentially explosive issue,
2835 reviewed these data with colleagues and with scientists from
2836 SmithKline Beecham, the manufacturer of Avandia. Those
2837 discussions were very helpful. Couched with many caveats, in
2838 June of 1999, on two occasions, I presented this information,
2839 including, among many, many things, this potential signal of
2840 increased risk of cardiovascular disease.

2841 Subsequent to that, I received a phone call from an
2842 employee of SmithKline Beecham, suggesting that people in the
2843 company were very upset. I explained to him that I had
2844 discussed it with people in the company before. He mentioned
2845 that there was a notion that market capitalization of the
2846 company had decreased by approximately \$4 billion, and that
2847 the company, there were people in the company that felt that
2848 I might be liable for that.

2849 Similar discussions were held with the chairman of my
2850 department. And over the next few days, I made an agreement

2851 | to sign a statement to be used with the investment community
2852 | to clarify some of my statements and offered to help with
2853 | further analysis with regard to this problem.

2854 | In March of 2000, I was aware of ongoing discussions
2855 | with the Food and Drug Administration regarding the safety of
2856 | Rezulin. Because I was concerned about the safety of each of
2857 | the agents for different reasons, I wanted to make sure that
2858 | the Food and Drug Administration was careful in considering
2859 | withdrawing one agent when we didn't have robust safety data
2860 | with the other agents. So I made the FDA Commissioner aware
2861 | of the concerns that I have just mentioned to you, and called
2862 | for greater enforcement of marketing regulations, as well as
2863 | additional trials.

2864 | By their very nature, the observations I made in 1999
2865 | and the more sophisticated analyses by Dr. Nissen are only
2866 | useful to generate questions, not to provide answers. And
2867 | the most important question is today, what should patients
2868 | and doctors do with regard to Avandia. I think the data are
2869 | sufficient that there is a reason for concern. But I think
2870 | if a patient is very well controlled on Avandia with good
2871 | cholesterol control, good blood pressure control, good
2872 | diabetes control, that with the available data, there might
2873 | be greater risk to switching than to staying. Unfortunately,
2874 | most patients with diabetes are not well controlled across
2875 | the board.

2876 To be fair, there is no currently available drug for
2877 diabetes that is known to reduce cardiovascular risks. That
2878 said, there is certainly no diabetes drug that is marketed
2879 where we are aware of a signal to increase cardiovascular
2880 events, except for possibly Avandia. If there is a lesson
2881 from the events of the last weeks and years, perhaps it is
2882 that upon filing a new drug application, pharmaceutical
2883 manufacturers should make every effort to make adequately
2884 powered, independently executed studies that examine
2885 clinically meaningful endpoints, such as heart attack or loss
2886 of vision. In parallel with regulatory approval, such a
2887 study should be reviewed with attention to design, oversight,
2888 funding plan and time line, recognizing that such studies are
2889 very expensive and will take many years to complete. Direct
2890 to consumer advertising and medical marketing should be
2891 constrained until such studies are completed.

2892 Thank you.

2893 [Prepared statement of Dr. Buse follows:]

2894 ***** INSERT *****

2895 Chairman WAXMAN. Thank you very much, Dr. Buse.

2896 Dr. Psaty?

2897 STATEMENT OF BRUCE M. PSATY

2898 Dr. PSATY. Mr. Chairman and members of the Committee, my
2899 name is Bruce Psaty. I am a Professor of Medicine and
2900 Epidemiology at the University of Washington. I wrote the
2901 New England Journal editorials that accompanied Dr. Nissen's
2902 meta-analysis and the GSK RECORD study. I also served on the
2903 IOM drug safety committee. This testimony reflects my
2904 professional views as a public health scientist.

2905 The crisis in confidence about the safety of medicines
2906 in America, which started with the withdrawal of rofecoxib in
2907 September of 2004, sadly still awaits resolution. The loss
2908 of confidence has created an explosive atmosphere around drug
2909 safety issues. The problems raised by Avandia, the subject
2910 of the hearing today, point to the importance of several
2911 recommendations made by the IOM committee. The FDA needs
2912 leadership and authority to require sponsors to conduct high
2913 quality post-market trials in a timely fashion. Public
2914 posting of clinical trial data was crucial to the
2915 identification of heart attack risk associated with Avandia.
2916 Direct to consumer advertising increases demand for drugs,
2917 some of which, like Avandia, may have been incompletely

2918 | evaluated.

2919 | The FDA needs additional resources, preferably from
2920 | general revenues rather than PDUFA funds. Joint authority
2921 | for regulatory actions in the post-market setting is also
2922 | essential for the Office of Surveillance and Epidemiology.
2923 | Decisions about safety matters need to be turned over in part
2924 | or in whole to a new group with a more robust public health
2925 | focus.

2926 | Dr. Nissen conducted a meta-analysis, which is a method
2927 | of summarizing previously conducted trials. In that
2928 | analysis, Avandia was associated with a significant increase
2929 | in the risk of heart attacks. In other words, Avandia
2930 | increases the risk by about as much as the statin-lipid
2931 | lowering drugs reduce the risk of heart attacks.

2932 | The main limitations of Dr. Nissen's meta-analysis were
2933 | the quantity and quality of the available data. The
2934 | responsibility for the limited availability of high quality
2935 | data resides with GSK, which did not conduct studies to
2936 | definitively address heart attack risk in a timely fashion.
2937 | The regulatory history of Avandia includes several key missed
2938 | opportunities. It was approved on the basis of the ability
2939 | to lower blood glucose, because high levels of blood glucose
2940 | increase the risks of vascular disease, a glucose-lowering
2941 | drug is presumed to reduce the risk of a heart attack.
2942 | Paradoxically, Avandia appears to increase rather than

2943 decrease this risk.

2944 GSK did not make a serious effort to verify the presumed
2945 health benefits of Avandia in a timely fashion. The ADOPT
2946 and the DREAM trials focused largely on marketing questions
2947 and failed to address directly questions of heart attack risk
2948 or benefit.

2949 For drugs that will be used by millions of people for
2950 many years, it is essential to document the benefits of
2951 therapies approved on the basis of surrogate endpoints. If
2952 sponsors do not voluntarily initiate large, long-term trials
2953 of public health importance, then the FDA needs the authority
2954 to insist that they do so in a timely fashion.

2955 In August 2006, GSK provided the FDA and the European
2956 Medicines Agency, the European equivalent of the FDA, with
2957 the results of several studies, including a meta-analysis
2958 similar to Dr. Nissen's. By October 2006, the product labels
2959 in Europe were revised to include this information. There
2960 was no uproar in Europe at this time when the labels were
2961 revised. The product label in the U.S. still does not
2962 identify heart attack risk as a potential adverse event in
2963 the general population of diabetics.

2964 It is not clear why the FDA failed to make this
2965 information public before Dr. Nissen's meta-analysis was
2966 published. The primary measure of regulatory success is the
2967 timeliness of information, warnings or withdrawals. With

2968 Avandia, FDA failed to warn or inform in a timely fashion.

2969 GSK's RECORD study has several major limitations in
2970 design and conduct, and even if it continues to its planned
2971 conclusion, information about heart attack risk is likely to
2972 be incomplete. Last weekend, after incorporating the interim
2973 results of the RECORD trial into the meta-analysis, Avandia
2974 is still associated with a 33 percent increased risk of heart
2975 attack. The possibility of heart attack benefit seems
2976 remote, and there is statistically significant evidence of
2977 harm.

2978 Late and incomplete evaluation of the health risks and
2979 benefits of drugs such as Avandia create concern, confusion
2980 and uncertainty among patients, physicians and policy makers.
2981 The House of Representatives, which is about to take up drug
2982 safety legislation, has a unique opportunity to prevent
2983 future drug safety problems and to reinvigorate an essential
2984 regulatory agency that has many outstanding scientists.

2985 Thank you.

2986 [Prepared statement of Dr. Psaty follows:]

2987 ***** INSERT *****

2988 Chairman WAXMAN. Thank you very much, Dr. Psaty.

2989 I will start the questioning of the three of you. I
2990 appreciate your being here.

2991 Dr. Buse, I would like to start with you, because as far
2992 as I can determine you were the first outside person, outside
2993 of FDA, to suggest that there be a post-marketing trial to
2994 determine the risk of heart attacks and stroke in patients
2995 that were taking Avandia. Specifically, you recommended that
2996 the FDA should ``encourage cardiovascular in high-risk
2997 populations, particularly with Avandia, where I believe there
2998 is ample cause for concern.'' Without objection, I would like
2999 to put the full text of your letter to the FDA dated March
3000 15th, 2000, in the record.

3001 [The referenced information follows:]

3002 ***** INSERT *****

3003 Chairman WAXMAN. You sent that letter to FDA. What
3004 response did you get from the FDA?

3005 Dr. BUSE. I actually don't remember getting any specific
3006 response. I may have gotten a letter saying thank you for
3007 the letter. But I don't remember, I certainly don't believe,
3008 our specific discussion in this regard. I do run into people
3009 from the FDA from time to time, and have had numerous
3010 conversations with them over the years. But nothing that
3011 specifically responded to my letter.

3012 Chairman WAXMAN. Well, unfortunately, the FDA did not
3013 require Avandia's manufacturer to conduct the type of
3014 post-marketing trial you recommended. And here we are eight
3015 years later, without that trial having been done, so that we
3016 know exactly what kind of risks people are taking.

3017 Why are we in this situation? Do you have any idea of
3018 what went on in FDA? Dr. von Eschenbach said that they asked
3019 for a study that would have included that. And that was the
3020 ADOPT and the DREAM studies. Did those studies give us the
3021 answers we needed for this issue?

3022 Dr. BUSE. No. As Dr. Nissen indicated, if anything,
3023 they suggested a trend towards risk of cardiovascular
3024 disease. In fact, the ADOPT study I don't think adjudicated
3025 or very carefully looked at heart attacks. I think it was
3026 more carefully looked at in DREAM. But both of those studies
3027 were fairly low-risk people, not the high-risk cardiovascular

3028 | patients where my concerns were greatest. And even the
3029 | RECORD study that Dr. Psaty mentioned is a fairly low-risk,
3030 | though higher risk than DREAM and ADOPT.

3031 | Chairman WAXMAN. I believe that part of the problem is
3032 | that the FDA can't insist that a study be conducted. It can
3033 | only request it. They can negotiate before the drug is
3034 | approved that a study be done. But then if the company
3035 | doesn't do the study, and in fact most of them don't do the
3036 | studies they commit to, then the only recourse the FDA has as
3037 | an option is to take the drug off the market, which seems to
3038 | me is sometimes called a nuclear option, because it deprives
3039 | people of medicines that they are using and they are relying
3040 | on.

3041 | Dr. Nissen, you did this meta-analysis. You or your
3042 | people informed us that you were doing such an analysis, but
3043 | we didn't tell you to do it, and we didn't tell the New
3044 | England Journal of Medicine to publish it, did we?

3045 | Dr. NISSEN. No, and you didn't get to see the manuscript
3046 | until everybody else got to see it, when it was published.

3047 | Chairman WAXMAN. Do you agree with Dr. Buse that it is
3048 | going to be years before we get the result of an
3049 | appropriately powered cardiovascular outcomes study with
3050 | Avandia that is likely to provide an answer to the questions
3051 | raised in your study, the questions that he has raised?

3052 | Dr. NISSEN. I did get a look at the RECORD interim

3053 results that were published yesterday by the New England
3054 Journal of Medicine. I agree with Dr. Buse that as currently
3055 designed, the RECORD study is unlikely to give an answer even
3056 when it is completed in 2009. And since it is the major
3057 ongoing cardiovascular outcome study, I think the answer is
3058 that we will be unlikely to have a definitive answer, even
3059 when it is completed in 2009.

3060 Chairman WAXMAN. Dr. Psaty, how can we avoid this kind
3061 of problem in the future with drugs? It is going to take so
3062 long before a specific study can be actually done and give us
3063 the information we need.

3064 Dr. PSATY. I think they can be started earlier and
3065 designed well. It is not clear to me whether the FDA didn't
3066 ask for the right study or whether the company didn't want to
3067 do it. So I don't know what happened in those sorts of
3068 negotiations. But clearly there were concerns about
3069 cardiovascular events. Then they do a trial where they don't
3070 adjudicate cardiovascular events. And if you want to not
3071 find an answer, that is a way to do it.

3072 So we need the FDA, the FDA needs the authority to be
3073 able to determine the appropriate design and to insist that
3074 the company's conduct these studies in a timely fashion.

3075 Chairman WAXMAN. I went through a number of time frames
3076 when the FDA had the signal that they ought to be looking at
3077 this issue, starting with their own reviewer who approved the

3078 | drug, Dr. Buse's letter, others who were raising concerns.
3079 | It doesn't appear to me that until Dr. Nissen's mega-study
3080 | was published in the New England Journal of Medicine have we
3081 | seen real action by the FDA on this matter. I hope we can
3082 | avoid this kind of problem in the future.

3083 | Dr. PSATY. Part of the problem is that the way things
3084 | are set up now is we have, the FDA does a terrific job
3085 | evaluating drugs in the pre-approval setting. And then they
3086 | are approved and then it is marketing. And it is partly the
3087 | responsibility of Congress, who set up PDUFA and prevented
3088 | FDA from using any of these funds for drug safety for the
3089 | first 10 years. We need additional attention to drug safety.
3090 | It needs additional funding. And there needs to be a lot of
3091 | work that takes place after the approval process.

3092 | Chairman WAXMAN. Thank you very much.

3093 | Mr. McHenry.

3094 | Mr. MCHENRY. Thank you, Chairman.

3095 | Dr. Nissen, you outline in your testimony a time line of
3096 | when you found, when you started going through the whole
3097 | process. At what point did you begin your conversations with
3098 | Chairman Waxman and his staff?

3099 | Dr. NISSEN. In February, I had looked at the DREAM and
3100 | the ADOPT study. But I didn't have enough information to
3101 | actually answer the question scientifically.

3102 | I wasn't aware that there was a web site in the United

3103 | Kingdom where GSK had disclosed the results of all their
3104 | trials. So I really had an incomplete set of data. At the
3105 | time, I was discussing with various members in various
3106 | Congressional committees the pending legislation around the
3107 | similar version of the Kennedy-Enzi bill on the House size.
3108 | So I mentioned to them that I had concerns about the
3109 | cardiovascular safety of Avandia and actually requested their
3110 | assistance.

3111 | Mr. MCHENRY. So February?

3112 | Dr. NISSEN. In February. Requested their assistance in
3113 | getting access to the data. I had essentially a scientific
3114 | mystery. I didn't have the means to answer the question in a
3115 | robust, scientific way, and I really was looking for help to
3116 | be able to do that. I was looking to see whether they could
3117 | use their influence and authority--

3118 | Mr. MCHENRY. Did you provide your interim results to
3119 | them?

3120 | Dr. NISSEN. Well, to get access to any source of
3121 | information. I was really inquiring, was there anything that
3122 | the Congress could do--

3123 | Mr. MCHENRY. I am going to another question. Did you
3124 | provide your interim analysis results to any member of the
3125 | Hill or staff?

3126 | Dr. NISSEN. No. There were no interim results.
3127 | Basically what we had done is, we had a very preliminary

3128 analysis, nothing formal.

3129 Mr. MCHENRY. Did you provide your preliminary analysis
3130 to people on the Hill?

3131 Dr. NISSEN. I did show them a preliminary analysis, yes.
3132 That's correct. Yes.

3133 Mr. MCHENRY. At what point did you have that and did you
3134 share it with Mr. Waxman's staff?

3135 Dr. NISSEN. Some time in February.

3136 Mr. MCHENRY. February.

3137 Dr. NISSEN. Yes.

3138 Mr. MCHENRY. So they were aware of what you were going
3139 through the process of?

3140 Dr. NISSEN. They were aware of what I was working on,
3141 yes.

3142 Mr. MCHENRY. Why didn't you discuss your preliminary
3143 analysis with the Food and Drug Administration?

3144 Dr. NISSEN. Well, the Food and Drug Administration had
3145 all of these studies already. Remember that when you do a
3146 study, you submit a study report to the FDA.

3147 Mr. MCHENRY. But you were actually submitting to a
3148 medical journal a new study with meta-analysis, which is
3149 aggregating what was already public. So you proffer your
3150 work as original, do you not?

3151 Dr. NISSEN. It is original.

3152 Mr. MCHENRY. Okay, then, why didn't you share that study

3153 | with the Food and Drug Administration? After all, as members
3154 | of Congress, we have a regulatory structure that we put in
3155 | place for drug safety. Why didn't you go to the FDA with
3156 | that analysis?

3157 | Dr. NISSEN. This is not how it is done. We have to peer
3158 | review--

3159 | Mr. MCHENRY. So going to Capitol Hill for a political
3160 | purpose to get publicity here in a hearing is actually the
3161 | way it is done? That's really medical research--

3162 | Dr. NISSEN. With all due respect, sir, this is about
3163 | patients. It is not about politics.

3164 | Mr. MCHENRY. If it is about patients, why would you not
3165 | go to the regulator who has the authority and oversight for
3166 | drug safety?

3167 | Dr. NISSEN. Please let me finish. This is about
3168 | patients, not politics. I had an incomplete result. I was
3169 | looking for assistance to complete the study. When it was
3170 | completed, I did what any scientist would do. I sent that
3171 | for peer review and for publication. Why? Because it is my
3172 | scientific, it is my ethical and it is my moral obligation to
3173 | put such information into the public domain, so that other
3174 | physicians, other scientists providers, and patients can
3175 | consider our findings when making choices about drugs.

3176 | Mr. MCHENRY. Thank you, Dr. Nissen.

3177 | My additional question would be, what peers do you have

3178 | on the Oversight and Government Reform staff for the Democrat
3179 | staff? Because you shared your findings with them. Is that
3180 | what you consider peer review? Is that what you consider
3181 | putting patients above politics?

3182 | Dr. NISSEN. I did not give a copy of my manuscript to
3183 | this Committee or anybody else until it was published.

3184 | Mr. MCHENRY. Did you provide your initial analysis--

3185 | Dr. NISSEN. I provided preliminary suggest--I looked at
3186 | the two trial--

3187 | Mr. MCHENRY. Did you provide a draft of your--

3188 | Dr. NISSEN. You are interrupting me, sir. I really
3189 | would love to be able to answer your questions.

3190 | I provided a preliminary analysis.

3191 | Mr. ISSA. I would ask unanimous consent for two
3192 | additional minutes so that this can go on appropriately
3193 | without--

3194 | Chairman WAXMAN. No, the gentleman has his time and he
3195 | still has time left.

3196 | Mr. ISSA. Then your time is limited.

3197 | Mr. MCHENRY. Well, my time is limited. And did the
3198 | editors at the New England Journal of Medicine know that you
3199 | shared this analysis with members of the Hill before?

3200 | Dr. NISSEN. I don't know what they knew or they didn't
3201 | know. I submitted the manuscript to them.

3202 | Mr. MCHENRY. So, okay, as a final moment here, because I

3203 | know the Chairman will rap me down here, it seems very
3204 | peculiar to me that if you are considering the patients first
3205 | that you would not go to the regulator who is overseeing drug
3206 | safety, that you would go Capitol Hill, which as we know is a
3207 | political body, and we don't have the authority to take a
3208 | drug off the market, the FDA does. So you can respond to
3209 | that if you like, but my time is up and I yield back the
3210 | balance of my time.

3211 | Dr. NISSEN. I would like to respond if I could. The
3212 | regulatory agency had all of the data that I had and much,
3213 | much more. So what I had was a much more limited look at the
3214 | data than what the FDA already had. It would make no sense
3215 | for me to take study level data and submit it to the FDA when
3216 | they already had the patient level data. So I would not have
3217 | given them anything they hadn't had for many, many months.

3218 | Chairman WAXMAN. The gentleman's time is expired. Mr.
3219 | Yarmuth is now recognized. I would request that the
3220 | gentleman yield to me for just 30 seconds to ask the
3221 | following question. You came to a number of committees,
3222 | Democratic and Republican members of those committees, is
3223 | that true?

3224 | Dr. NISSEN. That is correct.

3225 | Chairman WAXMAN. And you asked for help to get data to
3226 | complete your evaluation. Did you get any help from anybody
3227 | on the Hill?

3228 Dr. NISSEN. No.

3229 Chairman WAXMAN. And wasn't that the reason you came to
3230 the committees of the Congress?

3231 Dr. NISSEN. Absolutely.

3232 Chairman WAXMAN. Okay, thanks. The gentleman is
3233 recognized.

3234 Mr. YARMUTH. Thank you, Mr. Chairman. I would like to
3235 address a question to Dr. Buse and I understand that you have
3236 a very significant family event tonight, a commencement, and
3237 you have to leave early. So I want to get this question in.
3238 I congratulate you on that.

3239 In your written testimony, you state that as far back as
3240 1999, you had concerns about Avandia based on your analysis
3241 of the initial approval studies and your knowledge that
3242 Avandia might increase levels of bad cholesterol. You
3243 explained that you had discussed your concerns at a
3244 professional meeting in 1999, and that after you did that,
3245 you came under a great deal of fire and pressure from the
3246 manufacturer at the time, SmithKline Beecham, which is now
3247 GlaxoSmithKline.

3248 You said that company representatives complained to your
3249 department chair. Exactly what did they say to him?

3250 Dr. BUSE. There was high-ranking member of the company
3251 that had a longstanding professional relationship before he
3252 joined the company with my chairman. And I don't know the

3253 details of the conversation. But it was characterized to me
3254 as being disturbing, and the two phrases that I remember, or
3255 three phrases, one involved that number, \$4 billion. The
3256 second was that I was characterized as a liar. And the third
3257 was that I was characterized as being for sale.

3258 Mr. YARMUTH. Was this something that happened frequently
3259 in your capacity as a researcher?

3260 Dr. BUSE. No. That was a fairly unique experience.

3261 Mr. YARMUTH. Was the company in any position to exert
3262 any specific pressure on you or your chair or the University
3263 of North Carolina? Were they funding research through UNC?

3264 Dr. BUSE. I don't know the answer to that question at
3265 all.

3266 Mr. YARMUTH. Was there any evidence, you mentioned the
3267 \$4 billion figure as to reduction of market capitalization,
3268 was there any basis for that statement? Had the stock
3269 actually taken a hit?

3270 Dr. BUSE. I didn't bother to look.

3271 Mr. YARMUTH. That would be a lot of money on a
3272 professor's salary, though, wouldn't it?

3273 Dr. BUSE. It would take a while.

3274 [Laughter.]

3275 Mr. YARMUTH. You also testified that following those
3276 conversations with your department chair that you signed a
3277 clarifying statement. Was that statement something that you

3278 | wrote or did the company prepare that?

3279 | Dr. BUSE. The company prepared it.

3280 | Mr. YARMUTH. During this Committee's preparation, we
3281 | requested documents from GSK relating to their meetings and
3282 | dealings with you. In response, they supplied a copy of a
3283 | three and a half page fax you sent to a Dr. Yamada, the
3284 | company's chairman of pharmaceutical research and development
3285 | at the time. Do you recall writing this letter?

3286 | Dr. BUSE. I recall agonizing about writing that letter.

3287 | Mr. YARMUTH. I would like to request unanimous consent
3288 | that a copy of the letter be included in the record, Mr.
3289 | Chairman.

3290 | Chairman WAXMAN. Without objection, that will be the
3291 | order.

3292 | [The referenced information follows:]

3293 | ***** INSERT *****

3294 Mr. YARMUTH. I would also like to read an excerpt from
3295 the letter. It says, ``I may disagree with SB's, that is
3296 SmithKline Beecham's, interpretation of the data. I am not
3297 for sale. I am anxious to help in any way that I can to
3298 establish Avandia as a safe and effective anti-diabetic agent
3299 with certain stipulations. I cannot change my opinions in
3300 the absence of new data or understanding, in large part
3301 because I am not for sale. I look forward to working with SB
3302 in the future, but will understand and not take offense if I
3303 do not. Please call off the dogs. I cannot remain civilized
3304 much longer under this kind of heat.''

3305 Dr. Buse, I regret that you were the subject of this
3306 type of intimidation. I certainly hope it has not recurred
3307 since you sent that letter. It goes without saying that this
3308 type of conduct is completely unacceptable. We can't have a
3309 post-market regulatory environment in which manufacturers
3310 attempt to intimidate science. So I thank you for your
3311 testimony.

3312 Dr. BUSE. If I could just add to that. I do think that
3313 most of the really ugly bits of that interaction were out of
3314 frustration, anger of a limited number of individuals who
3315 felt that they were trying to be forthright in presenting the
3316 data with regard to their drug. I have not had issues since
3317 then.

3318 Mr. YARMUTH. That is comforting. I yield back.

3319 Chairman WAXMAN. Mr. Cannon.

3320 Mr. CANNON. I apologize, we have a markup on energy, in
3321 the Committee on Natural Resources. So I have been back and
3322 forth, and I apologize for not being here more. I note that
3323 you lose your entire status if you leave the dais for a few
3324 minutes here.

3325 Thanks for coming. I think you were here earlier when I
3326 was questioning Dr. von Eschenbach. My concern in this
3327 process is sensationalization. I think, Dr. Nissen, we
3328 probably agree that the FDA can do things differently and
3329 better. But in this process, it has become, I think, well,
3330 at least sensational.

3331 Do you buy stocks yourself, Dr. Nissen?

3332 Dr. NISSEN. I do not.

3333 Mr. CANNON. Do you have friends that do?

3334 Dr. NISSEN. I am sure I do, but I don't know what they
3335 own.

3336 Mr. CANNON. And of course, that is not what we care
3337 about really. Are you familiar with what has happened to
3338 various drug stocks when they have been politicized over,
3339 say, the last eight or ten years?

3340 Dr. NISSEN. I really don't follow the stock market.

3341 Mr. CANNON. When the Clintons took over the presidency,
3342 and Mrs. Clinton did her exercise in oversight of the health
3343 care system, she announced at one point that the drug

3344 | companies were the villains and that the Administration was
3345 | going to go after them. Do you have any idea what happened
3346 | to the stock price of those companies?

3347 | Dr. NISSEN. I don't.

3348 | Mr. CANNON. Oh, you have to.

3349 | Dr. NISSEN. Pardon?

3350 | Mr. CANNON. You have to have an idea. It didn't go up,
3351 | of course.

3352 | Dr. NISSEN. Well, again, I don't know. I am not an
3353 | expert on stock prices.

3354 | Mr. CANNON. Stock prices fell by about half in that
3355 | period of time. Then about two weeks later she came out and
3356 | announced that the drug companies weren't really the problem
3357 | and stock prices went up, back to their normal state. A
3358 | huge, multi-billion dollar transition in a market we try to
3359 | keep stable and we try to have it work for other reasons.

3360 | Have you taken a look at or considered what has happened
3361 | to GlaxoSmithKline's stock?

3362 | Dr. NISSEN. I have seen news articles to the extent that
3363 | the stock prices dropped.

3364 | Mr. CANNON. Do you know how much?

3365 | Dr. NISSEN. I don't have specific figures.

3366 | Mr. CANNON. It dropped about 20 percent. About that, in
3367 | that range, over one study that is at least, I don't think
3368 | either of you would say that the study is definitive. There

3369 | are certainly a whole bunch of questions that the study
3370 | raises. Do you have a concern about the kind of
3371 | sensationalism that results in a 20 percent stock movement?

3372 | Dr. NISSEN. As a physician-scientist, and first of all,
3373 | I respect your perspective, Mr. Cannon, but as a
3374 | physician-scientist, I have to ask different sets of
3375 | questions. I did have concerns about publishing the study
3376 | and I did have concerns about how it would be interpreted.
3377 | So I have three questions I have to ask before publishing a
3378 | study: is it scientifically sound, did I use the right
3379 | methods, did I consider alternatives and did I do a good job.

3380 | Mr. CANNON. And everybody agrees that you are very good
3381 | at that, by the way.

3382 | Dr. NISSEN. Thank you. But we can make mistakes. So--

3383 | Mr. CANNON. Sure, so that is why we have a peer-review
3384 | process.

3385 | Dr. NISSEN. That is exactly right.

3386 | Mr. CANNON. Oh, I didn't think about that, let's go
3387 | back. But in your case, this case, it was probably not a
3388 | mistake. You had studies that GlaxoSmithKline had already
3389 | done.

3390 | Dr. NISSEN. Yes.

3391 | Mr. CANNON. Their data was available online, it was not
3392 | anything that was being hidden, by any means. So it was a
3393 | study of various studies and a lot of assumptions were made

3394 | in the process, and we came up with a signal.

3395 | Dr. NISSEN. That is right. So the first question is
3396 | scientific, and the second question is, is it ethical and
3397 | moral, is it appropriate. And I knew that when we published
3398 | this that it would in fact, there would be concerns on the
3399 | part of patients, that people would be potentially
3400 | frightened. As a consequence I tried to be as measured as I
3401 | could in how I wrote the manuscript. I really would
3402 | encourage everybody to read what I said.

3403 | Mr. CANNON. I understand that, and apparently I have
3404 | missed some of the discussion here. But there is some
3405 | question about whether or not you came to the Committee,
3406 | majority staff, and talked to them about this issue.

3407 | Dr. NISSEN. What I told them earlier is that I did not
3408 | share the manuscript. I did tell them I was working on it, I
3409 | told them I had concerns. But ultimately, what I wanted to
3410 | have happen was, we had to make a scientific judgment. We
3411 | came to the judgment. I had to make an ethical and a moral
3412 | judgment.

3413 | Let me tell you what the alternative was. And it was an
3414 | alternative I considered. The alternative would be not to
3415 | publish, to come to the conclusions and say, gee, this is so
3416 | explosive that I just won't put it out there. And I did
3417 | plenty of soul-searching. And I realized that I had
3418 | absolute, absolute ethical and moral obligation to--

3419 Mr. CANNON. My time is almost gone. Can I just ask
3420 this, didn't the FDA have that obligation as an institution,
3421 and wouldn't it have been as well to have gone to them and
3422 talked to them about the issue?

3423 Dr. NISSEN. Well, the FDA, Mr. Cannon, I think has that
3424 responsibility, and I recognize that. The FDA, however, had
3425 the same data that I had.

3426 Mr. CANNON. Right.

3427 Dr. NISSEN. They actually had more data than I had. As
3428 I was explaining a little bit earlier, they had all the
3429 patient-level data. They had enough data to do a much more
3430 powerful analysis than I did. The question obviously on the
3431 table here is, where were they at in the process. Were
3432 they--

3433 Mr. CANNON. I think the question on the table here is,
3434 why do we have this sensationalist hearing when everybody
3435 agrees that the data is indeterminate and you have a really
3436 important drug and in the middle of all that, you are
3437 whacking on a business that is doing its job to create a
3438 better world for people who are sick?

3439 Dr. NISSEN. There is a reason, sir. The reason is that
3440 I wanted my colleagues who practice medicine and I wanted
3441 patients who take these drugs to be aware of our analysis. I
3442 thought that it was my obligation to inform them that there
3443 was a potential risk. I could not allow patients with

3444 | diabetes--

3445 | Mr. CANNON. Mr. Chairman, I see my time has expired. If
3446 | I can just make a comment.

3447 | Chairman WAXMAN. The gentleman's time has expired. And
3448 | we haven't really allowed other members to extend their time.

3449 | Mr. CANNON. I wouldn't dream of doing that. I yield
3450 | back, Mr. Chairman.

3451 | Chairman WAXMAN. Thank you, Mr. Cannon.

3452 | Mr. Cummings.

3453 | Mr. CUMMINGS. Thank you, Mr. Chairman.

3454 | I have a lot of questioning, but I have to say that
3455 | after being here for 11 years, I hate it when witnesses are
3456 | attacked, it bothers me. Particularly when they are trying
3457 | to do the best they can, in the words of Thurgood Marshall,
3458 | with what they have. I believe that you all are honorable
3459 | men, simply trying to be the best that you can be. So I am
3460 | going to ask one or two questions to clear this up. And I
3461 | hate that we have to make, that these accusations are made
3462 | that people are putting politics over the health of the
3463 | American people. That bothers me.

3464 | So let me ask it this way. Dr. Buse and Dr. Psaty, you
3465 | have heard this line of questioning, you heard what Dr.
3466 | Nissen has said. Do you all have any issue with the
3467 | professionalism that he has, the way he has gone about doing
3468 | what he has done to get this information published? Dr. Buse

3469 first.

3470 Dr. BUSE. I have no issue with it at all. I think he
3471 did a nice job of organizing the data and setting out that it
3472 was imperfect but important for people to be aware of.

3473 Mr. CUMMINGS. Dr. Psaty?

3474 Dr. PSATY. I agree. I think he did a terrific job in a
3475 difficult situation. There were opportunities to prevent
3476 this. GSK could have published their meta-analysis. The FDA
3477 has had this information for months. It was released in
3478 Europe in October. I don't know why it takes so long for the
3479 FDA to release information. Detailed analysis is important,
3480 but at some point, it looks like a lack of transparency and a
3481 lack of communication. It would have been perfectly
3482 reasonable in August to say, we have two studies from GSK,
3483 they suggest this risk, it is not clear, they contradict each
3484 other. It is important for people to know this information.

3485 What Steve is dealing with is a safety issue. And it is
3486 prudent to warn patients about risks. We have to first do no
3487 harm.

3488 Mr. CUMMINGS. The reason why I did that is because, you
3489 guys have to go home. You have to go back to where you came
3490 from. And I don't want, on national television for folks to
3491 believe that somebody is doing something that is improper if
3492 they are not doing it.

3493 Let me ask you this. Let me say this. In my district,

3494 | in Baltimore, we have a high, high degree of diabetes and
3495 | heart disease. I represent Johns Hopkins. But today, I
3496 | guarantee you, people will die, today, from diabetes. And
3497 | now I have learned something interesting, that they will die
3498 | from diabetes, but probably the heart disease will kill them.

3499 | So today, would you recommend, Dr. Nissen, based upon
3500 | what you see right now, would you, if your physicians came to
3501 | you and said, should we be prescribing this drug, what would
3502 | you say? Just what would you say? If they say, look, Doc,
3503 | we just saw you on C-SPAN and we are kind of concerned about
3504 | this.

3505 | Dr. NISSEN. I deliberately did not answer that question,
3506 | in the manuscript or subsequently. Let me tell you why.
3507 | With science, you have to allow individual physicians to make
3508 | their own minds up about how to interpret the data. My job
3509 | was to get the data into the public domain in the best
3510 | journal possible, carefully reviewed and thoughtfully
3511 | articulated. What I have said is, individual physicians
3512 | should look at the results, discuss it with their patients
3513 | and make their own minds up about what the right thing to do
3514 | is. We knew that it wasn't the definitive end, we knew there
3515 | were more questions to be asked. Rather than come to
3516 | conclusions, we said, here it is, you decide.

3517 | Mr. CUMMINGS. What kinds of tests would you recommend
3518 | that give us, would bring you to a conclusion where you would

3519 say, yes or no?

3520 Dr. NISSEN. What would need to be done is an adequately
3521 sized, long-term trial, probably in fairly high-risk
3522 patients, comparing Avandia to other therapies. That would,
3523 now, unfortunately, because such a trial doesn't exist, it
3524 would not be completed for probably about another seven
3525 years. So it is a long, long way off. The problem is, as
3526 Dr. Psaty said, the time to have launched such a study would
3527 have been 1999 or 2000.

3528 So we are in a very tough quandary here, in that we
3529 don't have the data to definitively answer the question. We
3530 just have the meta-analysis, which is all we are ever going
3531 to have, because it looks like RECORD isn't going to give the
3532 answer, either.

3533 Chairman WAXMAN. Thank you. Thank you, Mr. Cummings.
3534 Mr. Issa.

3535 Mr. ISSA. Thank you, Mr. Chairman.

3536 Dr. Nissen, I guess I am going to keep following up a
3537 little bit. One thing that was said in the previous panel,
3538 and it is unfortunate that the FDA you think so little of
3539 that you go to Congress before you go to the scientists and
3540 the doctors who we entrust to make these decisions, said, and
3541 they weren't willing to commit to the statistical likelihood,
3542 but you are somebody who reads some statistical likelihood.
3543 You are responsible for this compilation of meta-data.

3544 Why did you choose to ignore or to leave out meta-data
3545 in which nobody died, in which nobody had a heart attack?
3546 And before you answer why you chose to leave it out, by
3547 definition, if you had put it in, wouldn't it have lowered
3548 the conclusions that you reached? Please, Dr. Nissen.

3549 Dr. NISSEN. You can't calculate, in a meta-analysis, you
3550 can't use trials in which there are no events. It simply
3551 can't be done statistically. Let me explain why. I know you
3552 want a short answer, but--

3553 Mr. ISSA. Well, no, unfortunately I insist on a short
3554 answer, so I will rephrase it to help make that happen. If
3555 you put zeroes in, statistically, yes, you would get a lower
3556 number. So now, the fact that you can't put it in, anyone
3557 with common sense says, well, these studies where nobody got
3558 sick were not something, nobody had heart attacks, those were
3559 studies in which the public and the doctors that you say you
3560 are providing this information to, even though you are
3561 providing, I mean, you might as well just have everyone do
3562 studies and every doctor evaluate it if we are not going to
3563 use the FDA.

3564 But in this case, you left that information out of what
3565 the doctors got to know, didn't you?

3566 Dr. NISSEN. That information cannot be used to
3567 calculate--

3568 Mr. ISSA. No, no, my question was rephrased to make it a

3569 | yes or no. You left that information out so the doctors did
3570 | not have the knowledge that hundreds or thousands, whatever
3571 | number of people were in all those studies, did not have
3572 | heart attacks. You left that out, didn't you?

3573 | Dr. NISSEN. That information is publicly available on
3574 | the FDA web site.

3575 | Mr. ISSA. No, no. Of your, of your report, they are
3576 | relying on your report as part of the balancing act, you left
3577 | it out, didn't you?

3578 | Dr. NISSEN. Mr. Issa, you can't calculate an effect size
3579 | when there are no events.

3580 | Mr. ISSA. Okay, look, we already did this--

3581 | Dr. NISSEN. The manuscript was--

3582 | Mr. ISSA. No, no, sir, I have limited time. You are not
3583 | willing to answer the simple question of did you leave it
3584 | out, were the doctors aware of it. And to say that doctors
3585 | can pore into research that you came to the majority staff
3586 | and asked for help getting back in February as you planned to
3587 | release this very, very earth-shattering effect, whether you
3588 | intended it to be or not. And I suspect you intended it to
3589 | be. You came to Congress, you planned with them to
3590 | essentially bring this out. You asked for additional
3591 | information and then you are going to come here, I am a
3592 | little disappointed, and tell me that doctors can find it out
3593 | themselves, it is public. I am sorry, but leaving that out

3594 | is the reason that you clearly should have gone to the FDA.

3595 | I am going to ask you a question related to that. Did
3596 | you have discussion with the FDA back in January, February or
3597 | March, when you were having discussions with the majority
3598 | staff here?

3599 | Dr. NISSEN. No.

3600 | Mr. ISSA. Okay. So you didn't go to the very body that
3601 | we held here accountable, that we are holding oversight
3602 | hearings on, and yet we are going to ask them why they didn't
3603 | do their job, you didn't even give them the benefit of the
3604 | doubt. Did anyone from the majority staff suggest that you
3605 | at least bounce these off of the FDA?

3606 | Dr. NISSEN. That was never discussed.

3607 | Mr. ISSA. Did anyone here, as you were trying to get a
3608 | political body to get you more information, did anyone
3609 | suggest that you ask the FDA to assist you?

3610 | Dr. NISSEN. No.

3611 | Mr. ISSA. Okay. So it very much looks like this was a
3612 | political entity designed to make a big, public splash. It
3613 | is clear from letters that I have here that in fact, before
3614 | your study was published, we were asked to ask for a hearing.
3615 | So in fact, didn't you reach a conclusion, back in February,
3616 | that this was in your opinion a potentially dangerous drug,
3617 | and decide that you wanted to shed light on it using this
3618 | body in a public hearing in your article? Didn't you decide

3619 | that all the way back at least in February?

3620 | Dr. NISSEN. I did not come to that conclusion until I
3621 | finished the meta-analysis.

3622 | Mr. ISSA. Okay, so what were you doing in February when
3623 | you were saying you were concerned, and asking for this
3624 | information from a political body rather than in fact from
3625 | the fundamental group that we hold accountable at the end of
3626 | the day?

3627 | Dr. NISSEN. I had incomplete information. I didn't have
3628 | access to all 42 clinical trials. I knew that I needed it.

3629 | Mr. ISSA. And you hadn't asked the FDA for it.

3630 | Dr. NISSEN. The FDA is not allowed to give the data out.

3631 | Chairman WAXMAN. How about GSK? Did you ask them?

3632 | Dr. NISSEN. I did.

3633 | Chairman WAXMAN. Did they give you the information?

3634 | Dr. NISSEN. No. Well, we were unable to reach agreement
3635 | on getting the information.

3636 | Mr. ISSA. When Committee staff went with you, with the
3637 | primary drug reviews were raised, did they suggest that they
3638 | could in fact get that information and did you ask them to
3639 | try to get it through other channels, and did you wait for
3640 | that before publishing?

3641 | Dr. NISSEN. I am sorry, I didn't hear your question. I
3642 | don't understand your question.

3643 | Mr. ISSA. When you met with Committee staff, or I am

3644 | sorry, when Committee staff met with the FDA, reviewers were
3645 | raising the same concern. You said the FDA included studies
3646 | with their meta-data analysis that you did not. Can you
3647 | understand why they included the studies and you didn't?

3648 | Dr. NISSEN. My understanding is, they have not in fact
3649 | announced what studies they have included, so I have no way
3650 | of knowing how they did their analysis. Remember, their
3651 | analysis has not been published or presented. So we have no
3652 | way of comparing the two analyses.

3653 | Chairman WAXMAN. The gentleman's time has expired. Dr.
3654 | Psaty and Dr. Buse have been raising their hands.

3655 | Mr. ISSA. Mr. Chairman, they can do what they want on
3656 | somebody else's time. If you are going to interrupt me
3657 | during my time to ask a question and then you are going to
3658 | bring it to a close, please use somebody else's time to do
3659 | this. I wish we had more time, because this very much does,
3660 | Mr. Chairman, as I said in my opening remarks, this does look
3661 | like in fact this was a political concoction to anecdotally
3662 | go after a company rather than to do legitimate oversight on
3663 | the FDA. I object to it.

3664 | Chairman WAXMAN. The gentleman is being demagogic. This
3665 | is not anything that is political. Dr. Nissen's paper was
3666 | peer-reviewed and published in a very respectable journal. It
3667 | is that article that has raised a lot of concern. It is
3668 | certainly appropriate for this Committee to raise these

3669 | issues and bring in the various parties to talk about the
3670 | issue. You are the one who wants to politicize this issue.

3671 | Now, you asked a lot of questions and two of the
3672 | witnesses wanted to respond to your questions. Do you object
3673 | to having them respond?

3674 | Mr. ISSA. I asked and did not get answers from one
3675 | individual who continually wanted to evade giving me the
3676 | proper yes or no that I deserved when I rephrased the
3677 | question.

3678 | Chairman WAXMAN. That is not my fault. You did what you
3679 | could and he answered to the best of his ability.

3680 | Mr. ISSA. Mr. Chairman, in regular order, I would
3681 | appreciate that we can have a second round and certainly
3682 | those can be asked and answered on either one of our times.
3683 | I would look forward to a second round if you think it is
3684 | appropriate, Mr. Chairman.

3685 | Chairman WAXMAN. Do you object to these two gentlemen
3686 | responding to your--

3687 | Mr. ISSA. Mr. Chairman, I would ask for regular order.

3688 | Chairman WAXMAN. Well, let's go on to, I think Mr.
3689 | Shays' time. Maybe he wants to be recognized.

3690 | Mr. SHAYS. I would be happy to let Mr. Issa pursue his
3691 | questions.

3692 | Chairman WAXMAN. Okay, Mr. Issa--

3693 | Mr. SHAYS. Beforehand, I just want to, having come late

3694 | to this, Dr. Nissen, and I will allow the two other gentlemen
3695 | to respond to the questions that were asked, because I would
3696 | like to know the answers.

3697 | What I am unclear about, in just one area, is did you
3698 | come to this Committee because you wanted this Committee to
3699 | use its resources to get data for you?

3700 | Dr. NISSEN. That is correct.

3701 | Mr. SHAYS. And did you feel that this Committee had
3702 | legislative ability to get this information that someone else
3703 | didn't have the ability?

3704 | Dr. NISSEN. I didn't know what authority it had. But I
3705 | had met the staff, because we had discussed some pending
3706 | legislation. So I said, look, I have a concern here.

3707 | Mr. SHAYS. What pending legislation was that?

3708 | Dr. NISSEN. This is the Waxman-Markey bill that is being
3709 | considered, that is the companion to Kennedy-Enzi.

3710 | Mr. SHAYS. See, my problem is that sometimes I feel
3711 | Congress has been used to go after companies, and that the
3712 | trial lawyers and everybody else uses the mechanism of
3713 | Congress to then build a case and to be able to get
3714 | information from the company that you wouldn't have a right
3715 | to unless you mis-used Congress to do it. That is where I
3716 | start to become very defensive about the process. I believe
3717 | that once people come before a committee, my colleague on the
3718 | other side of the aisle says he objects to how witnesses are

3719 | treated. I think it is just as important, once you walk into
3720 | this territory, you have to be willing to have the scrutiny
3721 | and to be able to respond to questions. But I would like to
3722 | the two other gentlemen to respond.

3723 | Chairman WAXMAN. Would the gentleman yield to me?

3724 | Mr. SHAYS. Yes, absolutely.

3725 | Chairman WAXMAN. I don't know if you were here at the
3726 | time, but Dr. Nissen came to Senator Grassley's staff, our
3727 | staff, Mr. Dingle's staff, others that I might not be aware
3728 | of, asked for help getting data. And he did not get the help
3729 | with getting the data. He asked the company to give him the
3730 | data. He did not eventually get that information.

3731 | So that was the extent of our involvement.

3732 | Mr. SHAYS. All right, thank you.

3733 | Chairman WAXMAN. I don't know if there is anything
3734 | improper about it.

3735 | Mr. SHAYS. I would like the two gentlemen to respond to
3736 | that. And I would be happy to yield.

3737 | Dr. BUSE. Just very briefly in response to Congressman
3738 | Issa's questions for Dr. Nissen, I have had the opportunity
3739 | to speak with two statisticians in part of various duties I
3740 | have regarding the analysis that Dr. Nissen did. By the
3741 | technique, he had to leave out those studies and he disclosed
3742 | in the paper that, I left out those studies because I have to
3743 | to be able to do this meta-analysis. And GlaxoSmithKline and

3744 | the FDA have done their own analysis, best that they could
3745 | do, and basically all the analyses come up with the same
3746 | result.

3747 | So from my perspective, we don't have to have a big
3748 | discussion about what kind of analysis was done and whether
3749 | it was done properly. Everybody gets the same result.

3750 | Mr. SHAYS. Is your answer the same, sir?

3751 | Dr. PSATY. It is, but I think I can perhaps, I am a
3752 | biostatistically inclined epidemiologist. If you think about
3753 | it, if a study has no heart attacks, it can add no
3754 | information to a meta-analysis about heart attacks. This is
3755 | not an effort to create incidents routes. It is ratios, and
3756 | they are not affected by leaving out trials that--

3757 | Mr. SHAYS. Well, to my non-scientific mind, if you do a
3758 | study and there is not an outcome that is negative, it
3759 | strikes me from a non-scientific mind that that is certainly
3760 | important data.

3761 | Dr. PSATY. The studies compare heart attack rates in one
3762 | group to another. And if you have two groups and there are
3763 | no heart attacks, you have no information about heart attack
3764 | risk. This is a standard approach.

3765 | Mr. SHAYS. Other than they are not getting heart
3766 | attacks.

3767 | [Laughter.]

3768 | Mr. SHAYS. With all due respect, let me--

3769 Dr. PSATY. But it is not an incidence rate that you are
3770 looking at.

3771 Mr. SHAYS. I understand there is something I don't get
3772 because I am not a scientist. And I don't mean that in any
3773 way, you are just not going to be able to connect with me.
3774 Logically, if people don't have heart attacks, that is data.

3775 Mr. ISSA. Earlier we heard that there was a study left
3776 out that had one heart attack, but they didn't die. So I
3777 guess if you don't die, you don't count, either.

3778 Dr. PSATY. I think that was in the analysis of
3779 cardiovascular deaths.

3780 Mr. ISSA. Okay, well, the FDA in its review with our
3781 staff, when we were preparing for this, said that by leaving
3782 out that data, you did bias the risk assessment, that clearly
3783 if you take 1,000 people who all took the drug and you say 43
3784 percent are more likely to have a heart attack, that 43
3785 percent is a relative number and it can be expressed in a
3786 number of ways.

3787 So having said that, my concern here today is not
3788 whether or not this drug is more dangerous, because I think
3789 the science is still to be worked out on that, and I look
3790 forward to it being done. My concern here today, and the
3791 Chairman is calling it demagoguery, but it is part of minority's
3792 job, is to second guess what is being simply handed to us.
3793 And what is being handed to us is the various Democrat

3794 | leadership, you prepared for paper in harmony with them. And
3795 | Doctor, you obviously did not intend to get peer review
3796 | quietly. You intended to get it loudly and you are getting
3797 | it here today.

3798 | I yield back.

3799 | Chairman WAXMAN. You didn't get peer review, Dr. Nissen,
3800 | from members of Congress, did you?

3801 | Dr. NISSEN. No, they didn't see the manuscript.

3802 | Chairman WAXMAN. Okay. Well, that completes the
3803 | questioning from members. I want to thank the three of you
3804 | for your presentation here. I note, Dr. Buse, you were
3805 | reluctant to participate in the hearing, so I especially
3806 | appreciate your participation.

3807 | Ironically enough, if the FDA and the drug manufacturer,
3808 | GlaxoSmithKline, had listened to you seven years ago, we
3809 | would have had a more definitive answer on the very important
3810 | question that affects millions of Americans. We don't have
3811 | the answer to it, although some members of Congress have
3812 | answers as to how the scientific evaluation ought to be done
3813 | statistically. But most of us can't reach these conclusions.
3814 | The conclusion I reach is that we have wasted a lot of time
3815 | and as a result of the information, the meta-analysis, we
3816 | have an ongoing question that people have to grapple with,
3817 | which is unfortunately not resolved.

3818 | I thank you very much and appreciate your being here.

3819 | Our last witness is Dr. Moncef Slaoui. Dr. Slaoui is
3820 | the Chairman of Research and Development of GlaxoSmithKline.
3821 | Dr. Slaoui has a Ph.D. in molecular biology and immunology in
3822 | Belgium, completed post-doctoral studies at Harvard Medical
3823 | School and Tufts University School of Medicine. In his
3824 | current position at GlaxoSmithKline, he has served on the
3825 | research and development executive team and spearheaded
3826 | recent changes to enhance drug discovery and accelerate
3827 | product development.

3828 | Dr. Slaoui, we are pleased to welcome you to our hearing
3829 | today. As you might have been aware from earlier witnesses,
3830 | it is the practice of this Committee to ask you to rise to
3831 | take an oath, if you would.

3832 | [Witness sworn.]

3833 | Chairman WAXMAN. The record will indicate you answered
3834 | affirmatively.

3835 | We are pleased to have you, and I want to recognize you
3836 | for your oral presentation. Your full statement will be in
3837 | the record in full. We would like to ask you, if you would,
3838 | to limit your presentation to five minutes.

3839 STATEMENT OF MONCEF M. SLAOUI, PH.D., CHAIRMAN, RESEARCH AND
3840 DEVELOPMENT, GLAXOSMITHKLINE

3841 STATEMENT OF MONCEF M. SLAOUI

3842 Mr. SLAOUI. Mr. Chairman and members of the Committee,
3843 thank you for having me here today. My name is Moncef
3844 Slaoui, and I am the Chairman of Research and Development at
3845 GlaxoSmithKline, or GSK. I am here to share with you GSK's
3846 extensive and ongoing efforts to research both the safety and
3847 the benefits of Avandia, the important medicine that helps
3848 patients fight the devastating effects of type 2 diabetes.

3849 GSK has initiated the most comprehensive research
3850 program for any oral anti-diabetic medicines available today,
3851 with experience in over 52,000 patients studied in clinical
3852 trials. By doing so, GSK has already undertaken what Congress
3853 has suggested all pharmaceutical companies should do; that
3854 is, rigorous scientific studies of a medicine's safety and
3855 benefit after it is approved by the FDA.

3856 The data we have collected from those studies not only
3857 confirm Avandia's efficacy in controlling blood glucose
3858 levels in diabetes patients, but those data also show that
3859 Avandia controls blood sugar for longer periods than other

3860 | currently available oral anti-diabetes medicine. Avandia has
3861 | shown 30 percent and 60 percent superior efficacy to
3862 | Metformin and to sulfonyureas, the two most commonly used
3863 | oral anti-diabetes medicines.

3864 | As concerns the very important point of safety, the
3865 | comparable data that we have generated over the last eight
3866 | years establishes that when compared to other widely used
3867 | oral anti-diabetes medicines, Avandia is not associated with
3868 | an increased risk of death, including death from a
3869 | cardiovascular event. The data also show that except for the
3870 | well described increased risk for congestive heart failure
3871 | associated with this class of medicines, the TZDs, not just
3872 | with Avandia, Avandia has a comparable cardiovascular safety
3873 | profile to that of the most widely used oral anti-diabetes
3874 | medicine.

3875 | Let me take you through this. From day one, GSK and
3876 | regulatory agencies believed it was important to develop the
3877 | highest level of scientific evidence to assess the
3878 | cardiovascular benefits to the risk profile of Avandia.
3879 | Accordingly, in the year 2000 and again in the year 2001, we
3880 | started two very large prospective long-term clinical trials,
3881 | respectively the ADOPT and the RECORD studies. Both trials
3882 | allowed us to compare over a period of three to four years
3883 | the safety of Avandia to that of the two most widely used
3884 | oral anti-diabetes medicine, each in more than 4,000 diabetes

3885 patients.

3886 Specifically, the primary goal of the RECORD study was
3887 to compare the risk of cardiovascular deaths and
3888 cardiovascular hospitalization in these patients, including
3889 heart attack, stroke, congestive heart failure in patients
3890 using Avandia or patients using other medicines.

3891 Importantly, given the length of these prospective
3892 clinical studies, we did not just sit there and rely on ADOPT
3893 and RECORD studies to come out. We proactively used other
3894 available scientific methodologies, albeit less robust than
3895 the prospective clinical trials, we just heard the
3896 discussions around that analysis, to assess Avandia's
3897 cardiovascular safety profile.

3898 We ran our own meta-analysis in 2005 already and also in
3899 2006, which we knew would be useful for generating
3900 hypotheses, yes, but not for providing definitive answers.
3901 We also ran a very large real world epidemiological study in
3902 over 33,000 diabetes patients. That study showed that there
3903 was no increased risk for Avandia.

3904 While the meta-analysis conducted in 2005 and 2006 did
3905 suggest a potential increase in cardiovascular patients using
3906 Avandia, all other more robust scientific evidence that we
3907 have, and that is coming from four independent, high-level
3908 scientific experimentation, three large trials, the ADOPT
3909 trial, the DREAM trial, the RECORD trial and the large

3910 epidemiological study that I just spoke about, all those
3911 studies have shown that the hypothesis is not accurate that
3912 there is an increase of cardiovascular risk associated with
3913 the use of Avandia, when we compare it to the two most widely
3914 used oral anti-diabetes medicines.

3915 Throughout this time, we also communicated diligently
3916 with the FDA the data that we received from the
3917 meta-analysis. We transparently published the DREAM study and
3918 the ADOPT study in reputable journals and we posted all our
3919 clinical trial results as well as our meta-analysis on GSK's
3920 clinical trial registry, actually in October of 2006, well
3921 before the publication in the New England Journal of
3922 Medicine.

3923 We also diligently communicated to physicians and
3924 patients Avandia's scientifically-established safety risks.
3925 In summary, at every step, GSK examined the questions
3926 generated by our meta-analysis and by that of others. We
3927 determined that more robust scientific data consistently
3928 conflicted with the signals raised. The complete body of
3929 evidence available to date clearly supports our conviction
3930 that the cardiovascular safety of Avandia is comparable to
3931 that of the two most widely used oral anti-diabetes
3932 medicines.

3933 As we all work together here today on these issues, I do
3934 ask that we all remember that we are working on behalf of

3935 diabetic patients who are at risk of many major
3936 complications. They were cited: kidney failure, limb
3937 amputation, nerve injury, blindness, cardiovascular events,
3938 deaths. Unfortunately, the world-wide epidemic of type 2
3939 diabetes shows no signs of abating.

3940 All medicines have risks. But the benefits of oral
3941 anti-diabetic medicines like Avandia help millions of
3942 patients control their diabetes and live healthier, more
3943 productive lives.

3944 I will say that we found the RECORD data which we
3945 published yesterday in the New England Journal of Medicine
3946 very reassuring, recognizing that it is interim and therefore
3947 not fully conclusive. We are extremely disappointed by the
3948 editorials published yesterday in the New England Journal of
3949 Medicines that cherry-picked data points when the data taken
3950 as a whole supports the safety profile of Avandia.

3951 I thank you very much for your attention, and I would be
3952 happy to take your questions.

3953 [Prepared statement of Mr. Slaoui follows:]

3954 ***** INSERT *****

3955 Chairman WAXMAN. Thank you very much, Dr. Slaoui. I
3956 want to recognize Mr. Issa for questions.

3957 Mr. ISSA. Thank you, Mr. Chairman.

3958 I want to note that I appreciate your being here today.
3959 The first panel was mutually agreed to as being the
3960 Commissioner, that is common for Administration officials.
3961 Unfortunately, we hoped to have you on the second panel, so
3962 that we could have the kind of interface that I am afraid we
3963 are being denied right now. But I will work with what we
3964 have.

3965 Dr. Nissen has been quoted as saying that Avandia as a
3966 drug has no established health benefits. Would you like to
3967 comment on that?

3968 Mr. SLAOUI. Well, I completely disagree with that. I
3969 think that the scientific field has established in the 1990s
3970 very clearly that if you decrease the blood sugar levels over
3971 a period of time, you significantly decrease the risk to
3972 diabetes patients for what is called microvascular disease,
3973 which is blindness, amputation, renal failure, as well as
3974 cardiovascular disease. Every single oral anti-diabetes
3975 medicine that is today approved in the U.S. by the FDA,
3976 including two medicines approved last year, have been
3977 approved on those grounds.

3978 Mr. ISSA. So essentially by definition, for the FDA to
3979 approve, your efficacy has already been established and that

3980 | is a really unfortunate statement, since it flies in the face
3981 | of the approval process, isn't that true?

3982 | Mr. SLAOUI. That is absolutely true. I would like to
3983 | add, Congressman, that not only is Avandia effective, it is
3984 | actually superior to the most widely-used medicines. It as,
3985 | as I said, 30 percent and 60 percent superior.

3986 | Mr. ISSA. I have been commenting on this being a
3987 | political process. And I am not going to back away from
3988 | that, because I think unfortunately we are playing science
3989 | here when in fact we shouldn't be.

3990 | Let me just ask you one question. How do you believe
3991 | doctors and statisticians should handle meta-analysis results
3992 | prior to receiving data from large clinical trials? We don't
3993 | want to alarm the public unnecessarily or needlessly. But we
3994 | also don't want to sit and let patients not have facts as
3995 | soon as we have them. So how should this have, not only how
3996 | should we do it in general, but how should this have been
3997 | presented, if you don't believe it was presented
3998 | appropriately by meeting with the majority folks behind
3999 | closed doors and then in fact publishing without dealing with
4000 | your company or with the FDA?

4001 | Mr. SLAOUI. Congressman, I would like not to comment on
4002 | exactly what Dr. Nissen has done. I will tell you what I
4003 | would have done, what actually GSK has done. In 2004, we
4004 | knew that it was important for us to continuously look at the

4005 | cardiovascular safety of Avandia. Actually as of 1999, we
4006 | had a very stringent pharmaco-vigilance system that looks at
4007 | cases of cardiovascular deaths or cardiovascular heart
4008 | attacks, et cetera, to assess whether there is an imbalance.
4009 | We have not seen such an imbalance.

4010 | Yet there was some report in some patient population, in
4011 | combination with the incident that was cited earlier, that
4012 | attracted our attention to myocardial infarcts. We
4013 | immediately ran a meta-analysis ourselves. However, we knew
4014 | exactly what we were dealing with. These are hypothesis
4015 | generating technologies, methodologies. These are not
4016 | fact-establishing methodologies.

4017 | So we did that analysis and we immediately came with
4018 | another scientific strategy, which was a real life
4019 | epidemiological study on 33,000 patients that has shown
4020 | absolutely no increased risk. We communicated both
4021 | information to the agency and I think we did the right thing.

4022 | Mr. ISSA. Now, GlaxoSmithKline, I don't want to get into
4023 | the secret work you are doing, but I am assuming with TZD
4024 | having, we believe, a side effect, in other words, that it
4025 | can have secondary effects as a class, not your drug but all
4026 | the drugs, wouldn't it be reasonable, and say yes if you can,
4027 | that you are working on next generation that is going to
4028 | reduce that either by changing the basic class of drug or by
4029 | reducing the tendency of TZDs to have those potential side

4030 effect, isn't that true?

4031 Mr. SLAOUI. Congressman, ourselves as well as man other
4032 companies have and continue to work on second generations of
4033 medicines.

4034 Mr. ISSA. Okay, now, there has been a lot of talk about
4035 statistics. But if in fact this study was normalized for the
4036 fact that TZDs all have a certain higher risk, at least
4037 anecdotally, it is believed that they tend to, that you get a
4038 good and maybe a little bad, if it had been reduced for that,
4039 wouldn't in fact the study have had different outputs? And I
4040 am only asking for one reason. Isn't it true you could have
4041 sliced these statistics several different ways to get much
4042 less alarming and yet equally accurate statistics?

4043 Mr. SLAOUI. Congressman, meta-analyses are as good as
4044 the studies you put into them. The studies that we, the FDA
4045 and Dr. Nissen have put into the meta-analyses, the raw
4046 materials, if you wish, on which the technology acts, were
4047 not designed to look for cardiovascular events. You have
4048 heard experts here talking about adjudication of cases. The
4049 cases were not adjudicated.

4050 So the starting material, the raw material, is not
4051 designed for the question that is being asked. The right way
4052 to ask the question, Congressman, are prospective controlled
4053 large studies. We have three of them. The three studies do
4054 not show a significant increase in cardiovascular events. We

4055 | think that is very clear evidence and we seriously look
4056 | forward to the discussion of the FDA advisory committee on
4057 | the 30th to have an in-depth scientific debate around this.

4058 | Mr. ISSA. I thank you for that conclusive answer.

4059 | Chairman WAXMAN. The gentleman's time has expired.

4060 | Mr. McHenry, I will recognize you now for five minutes.

4061 | Mr. MCHENRY. I appreciate the Chairman recognizing me.

4062 | I have actually one question to begin with. I know GSK
4063 | was one of the first pharmaceutical companies, I believe the
4064 | first pharmaceutical company to put the company's clinical,
4065 | to actually publicly distribute the clinical trial register,
4066 | is that correct?

4067 | Mr. SLAOUI. That is correct, yes.

4068 | Mr. MCHENRY. And there are some other companies that are
4069 | now following suit. But can you describe what this means for
4070 | patient safety and what this really means for public access?

4071 | Mr. SLAOUI. Congressman, it is actually very easy to
4072 | access our clinical trial register. You just need to
4073 | remember the name of the company, GSK, and you put dot com
4074 | next to it. I am disappointed that some may have taken a long
4075 | time to reach that information.

4076 | When you get onto our clinical trial register, you can
4077 | click on the name of a medicine and that takes you to every
4078 | single clinical trial that has been completed, whether it was
4079 | a positive outcome or a negative outcome. The trial is

4080 summarized there and you can have all the information. I
4081 think what this means is full transparency. We do not
4082 withhold any information on a completed study.

4083 Mr. MCHENRY. I also know that we have disclaimers on
4084 all, there are disclaimers available for all prescription
4085 medicine. And it describes specifically what the
4086 manufacturer has found in the clinical trials and the
4087 research. And Avandia, beginning 1999, Avandia's label
4088 stated it was not indicated for patients with moderate or
4089 severe symptoms of heart failure.

4090 Now, that was out of what was derived through your
4091 clinical trials, is that not correct?

4092 Mr. SLAOUI. That is correct, sir.

4093 Mr. MCHENRY. And that was available to the FDA before
4094 they allowed GSK to take it to the market, is that correct?

4095 Mr. SLAOUI. Absolutely. And discussed very clearly and
4096 it was a known effect of the whole class of medicines called
4097 TZDs.

4098 Mr. MCHENRY. I think a larger question here today is
4099 beyond that. There are short-term studies and long-term
4100 studies. GSK is very involved through third party sources, I
4101 believe, being a North Carolina company, I try to pay
4102 attention to what Glaxo has been doing. But the long-term
4103 study about the effectiveness and what medicines can do to
4104 reduce diabetes. Can you talk about some of the data and the

4105 | difference between a long-term study and a short-term study?

4106 | Mr. SLAOUI. Yes. Short-term studies, usually lasting
4107 | about six months observation period, usually allow you to
4108 | have a very thorough and clear assessment of what has been
4109 | called the surrogate marker here for the control of the level
4110 | of blood glucose. Long-term studies allow you to look at
4111 | somewhat more of the clinical events.

4112 | Diabetes is a very long-term chronic disease. It takes
4113 | 10 years, 15 years, 20 years, as the expert had said earlier,
4114 | for all the clinical outcomes to unfold. Running a study for
4115 | 20 years is simply impractical, and those can be large
4116 | population studies, not clinical trials.

4117 | So we elected to run trials over a period of three or
4118 | four years that, for instance, one trial was, when you take a
4119 | diabetes medicine, in fact you are condemned to fail on your
4120 | medicine, because your diabetes evolves and all of a sudden
4121 | your medicine doesn't work any more. So you run a trial, we
4122 | ask, does Avandia allow diabetes patients to succeed
4123 | controlling their glucose levels for a longer period of time
4124 | than all other medicines. That is where Avandia was shown to
4125 | be 30 percent or 60 percent better than the other medicine.
4126 | There are another study where people that are going to
4127 | develop diabetes can be identified, and within a year or two
4128 | you will become a diabetic. When tested in this setting,
4129 | Avandia was shown to prevent 60 percent the development of

4130 | diabetes in such-called pre-diabetes patient.

4131 | So Avandia has significant public health impact and
4132 | clinical advantages, above and beyond the advantages of the
4133 | other available oral anti-diabetes medicines.

4134 | Mr. MCHENRY. Additionally, talk about clinical trials.
4135 | Because that is something that GSK, you outsource to a third
4136 | party for verification of your research, do you not?

4137 | Mr. SLAOUI. Yes. Actually, when we run the large
4138 | clinical study, we have what we call a steering committee of
4139 | investigators, who are totally independent from GSK, could be
4140 | Dr. Nissen or Dr. Buse, who control the clinical study,
4141 | control the communication around the clinical trial. We also
4142 | have what we call an independent drug safety monitoring
4143 | board. This is a group of experts, again, physician
4144 | scientists, who look at the safety of the patients in the
4145 | clinical study. And if they see an imbalance in any event,
4146 | they actually have the authority to stop the study.

4147 | Every one of our studies has a BSNB. None of the BSNBs
4148 | who have all been informed of all the data we are discussing
4149 | have decided or elected to stop or in any way, shape or form
4150 | impact the course of the studies.

4151 | Mr. MCHENRY. Thank you for your testimony.

4152 | Chairman WAXMAN. The gentleman's time is expired.

4153 | I want to ask you a few questions, if I might. Dr.
4154 | Slaoui, we are not here to make the scientific determination

4155 | of whether Avandia makes patients healthier or whether it
4156 | harms them. That is the job of the FDA. Hopefully the new
4157 | data that you have generated will go to the FDA's advisory
4158 | committee that is going to be convened to address this issue
4159 | and help them.

4160 | But what I am interested in is why it took eight years
4161 | after Avandia was approved for market that doctors and their
4162 | patients still don't have a clear answer. Now, a major
4163 | reason we don't have the data has been that there is no
4164 | large, adequately designed post-marketing study of whether
4165 | Avandia increases or reduces the risk of heart attack in
4166 | patients with diabetes. ADOPT, the study ADOPT was a
4167 | post-marketing study that your company conducted. And it was
4168 | not designed to answer these questions.

4169 | Can you help us understand why, despite the
4170 | recommendations of the FDA's medical reviewer, ADOPT was not
4171 | designed to address the reviewer's concerns about deleterious
4172 | long-term effects on the heart?

4173 | Mr. SLAOUI. Certainly, Congressman. I think as the
4174 | experts from the FDA have clearly explained to this
4175 | Committee, and I will clarify it further, a clinical trial,
4176 | in the design, addresses more than one question. The
4177 | questions that the ADOPT study addressed were several, of
4178 | which four very specifically were safety questions. At the
4179 | time Avandia was approved, hepatic failure was a very

4180 | important concern.

4181 | Chairman WAXMAN. So it wasn't a study just on heart
4182 | disease, it involved other issues? That is what Dr. von
4183 | Eschenbach told us. Do you agree with that?

4184 | Mr. SLAOUI. Yes.

4185 | Chairman WAXMAN. And as a result of that study, did you
4186 | have enough information to tell you specifically on the heart
4187 | attack question that there was no additional risk?

4188 | Mr. SLAOUI. I will share with you the data, Congressman,
4189 | because everybody needs to hear it. This study had 4,400 and
4190 | some patients included into it. There were 24 cases of heart
4191 | attacks in the Avandia group and 20 cases in the Metformin
4192 | group, the control medication. These are 4 out of 4,400
4193 | patients treated with--this a 4 individual difference. The
4194 | reason we conclude that this is not a demonstration, it is a
4195 | statistical methodology, is because the number of events is
4196 | so small that we cannot conclude.

4197 | Chairman WAXMAN. Right.

4198 | Mr. SLAOUI. Let me share with you other information, if
4199 | I may. You know and you are aware we ran a second study, the
4200 | RECORD study, where the primary input for cardiovascular--

4201 | Chairman WAXMAN. That wasn't requested by FDA. That was
4202 | requested by the Europeans, isn't that accurate?

4203 | Mr. SLAOUI. Yes, England.

4204 | Chairman WAXMAN. And that hasn't been completed.

4205 Mr. SLAOUI. Yes. But I have great news for diabetes
4206 patients.

4207 Chairman WAXMAN. I know you have some preliminary
4208 information. But let me ask you, because I only have limited
4209 time and we also have votes on the Floor, you might have
4210 heard the bells, in 2005 and then later in 2006, you did a
4211 meta-study. And of course, your meta-study could be more
4212 complete than Dr. Nissen's, because you have information that
4213 he didn't have.

4214 As I understand it, as a result of your 2006 meta-study,
4215 you reported to the FDA, not you personally, but the company,
4216 that there was a 31 percent increased risk of heart attack
4217 and that was statistically significant. Is that an accurate
4218 statement?

4219 Mr. SLAOUI. That is accurate. And as you have heard
4220 from every expert, including Dr. Nissen, meta-analyses
4221 generate hypotheses. They do not provide answers. We
4222 immediately acted on that information. We took it extremely
4223 seriously. We ran an epidemiological study on 33,000
4224 patients. We analyzed the ADOPT and the DREAM studies.
4225 These are higher quality standards, scientific
4226 experimentation. When you can take a plane to Europe, you
4227 don't take a bus or a boat. Meta-analysis is a boat.

4228 Chairman WAXMAN. Dr. Nissen's study was peer-reviewed.
4229 You didn't have to have your peer-reviewed. Would you be

4230 willing to make available to our Committee the data and the
4231 information on the meta-studies that you did in 2006 and
4232 2005?

4233 Mr. SLAOUI. Congressman, I would be of course very
4234 happy. Actually, for your information, this data has been
4235 available in full as of October 2006 on our web site. And
4236 Dr. Nissen knows it.

4237 Chairman WAXMAN. Okay, that is very good. He had asked
4238 you for some information that would have made his analysis
4239 more complete. Did you ever give him that information?

4240 Mr. SLAOUI. No, sir, but I believe that this Committee
4241 has a full report on our communication with Dr. Nissen.

4242 Chairman WAXMAN. The information on your web site is not
4243 patient-level data. Will you make that available to us?

4244 Mr. SLAOUI. We will provide that to this Committee.

4245 Chairman WAXMAN. We appreciate it.

4246 I thank you very much for being here. I think your
4247 presentation was important for us to hear. We didn't have
4248 anybody request you to be on the second panel as opposed to
4249 the third panel. My staff asked you or your representatives
4250 if you minded being on the third panel or if you wanted to be
4251 on the second panel. So I would just point that out, because
4252 it is hard to keep up with these grievances that suddenly
4253 come up. I find hard to believe there is a partisan
4254 oversight investigation.

4255 But we are trying to get the truth, as all members want
4256 us to get. My time is up and I am going to have to leave.
4257 But I do want to point out that I think it was pretty
4258 shocking the way Dr. Buse was treated when he came in with
4259 his complaints. Did you, did GSK ever apologize to Dr. Buse?

4260 Mr. SLAOUI. Dr. Buse, as he stated, made actually a
4261 mistake in a very balanced and good presentation that he made
4262 in 1999. GSK, I think appropriately, requested that the
4263 mistake be corrected. There was a lot of passion, as Dr.
4264 Buse expressed at the time, on his side and on the side of
4265 the scientists which were involved--

4266 Chairman WAXMAN. He has described intimidations. He was
4267 going to have to personally pay the \$4 billion in drop in
4268 stock prices, that his university was going to be complained,
4269 the department was going to get complaints from the company.
4270 It sounded like real intimidation. You heard what he had to
4271 say, didn't you?

4272 Mr. SLAOUI. I know the person that Dr. Buse was
4273 referring to. That person was my boss for the last four
4274 years, I succeeded him in this role.

4275 Chairman WAXMAN. Who was?

4276 Mr. SLAOUI. Dr. Yamada, who is a world-renowned
4277 scientist and currently dedicating his life to the Bill and
4278 Melinda Gates Foundation to help children and patients in the
4279 developing world. He is passionate about his work. He

4280 | dedicated his life to developing drugs. And as scientists,
4281 | they had quite a hefty debate and I probably would not have
4282 | done it the same way. We regret that Dr. Buse felt
4283 | pressured, absolutely.

4284 | Chairman WAXMAN. Thank you.

4285 | Well, I appreciate your being here. Your testimony
4286 | concludes our hearing, so we stand adjourned.

4287 | [Whereupon, at 2:10 p.m., the committee was adjourned.]

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