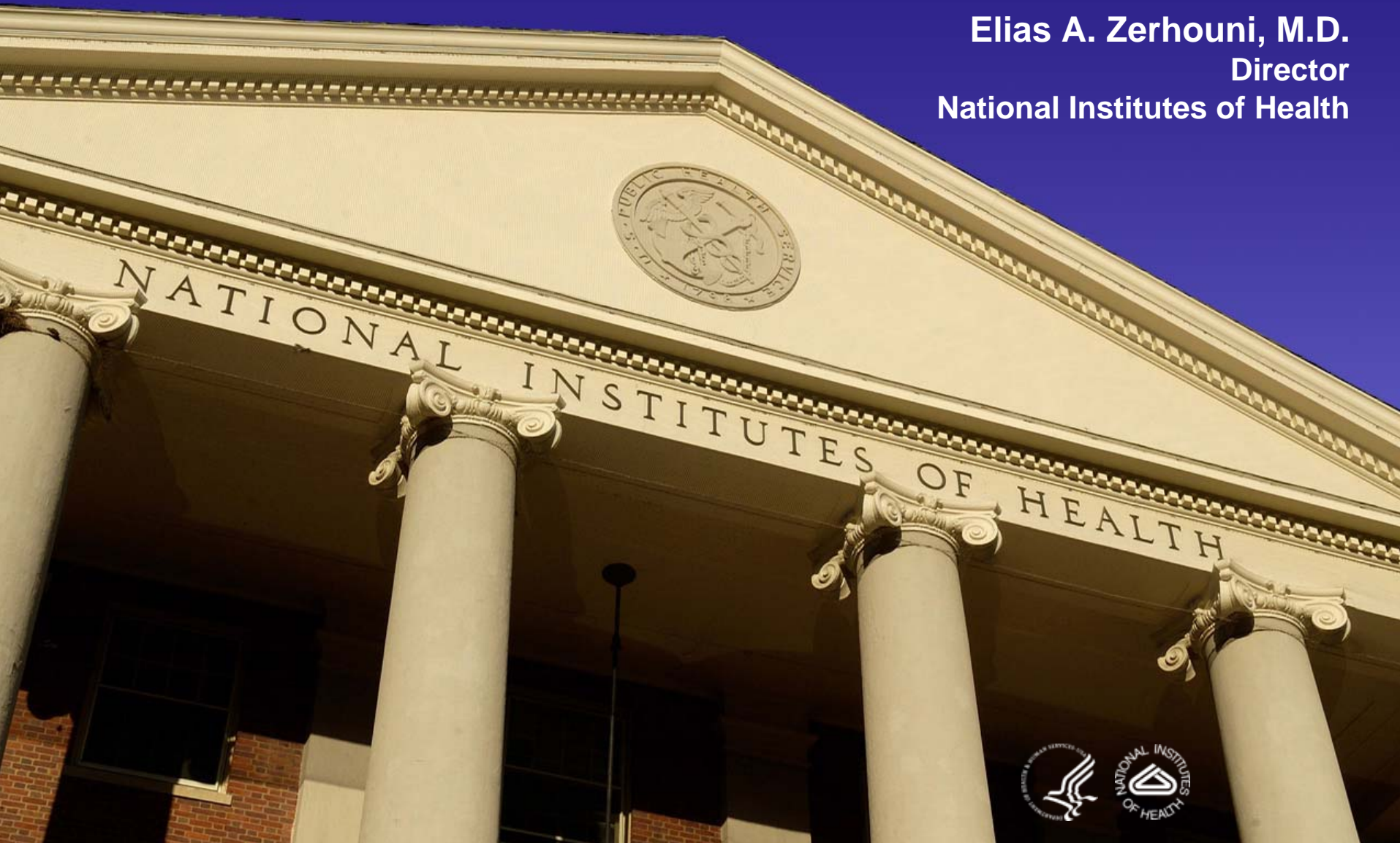


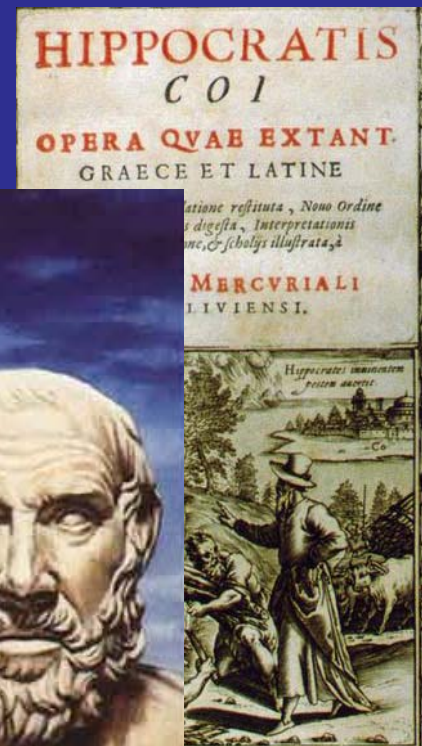
# Epilepsy Benchmarks and Beyond: NIH and the Future of Medicine

Elias A. Zerhouni, M.D.  
Director  
National Institutes of Health



# Historical Understanding of Epilepsy

- In ancient Greece, epilepsy was known as the “Sacred Disease”: thought to be caused by the gods
- Hippocrates disagreed: epilepsy was “nowise more divine nor more sacred than other diseases, but has a natural cause”
- Hippocratic vision of epilepsy:
  - Cause located cause in brain
  - “Curable”—by proper diet and regimen
  - “Origin is hereditary, like that of other diseases”
- Thousands of years later, we are still chasing down the hereditary basis of—and seeking a cure for—this disease



# Impact of Epilepsy



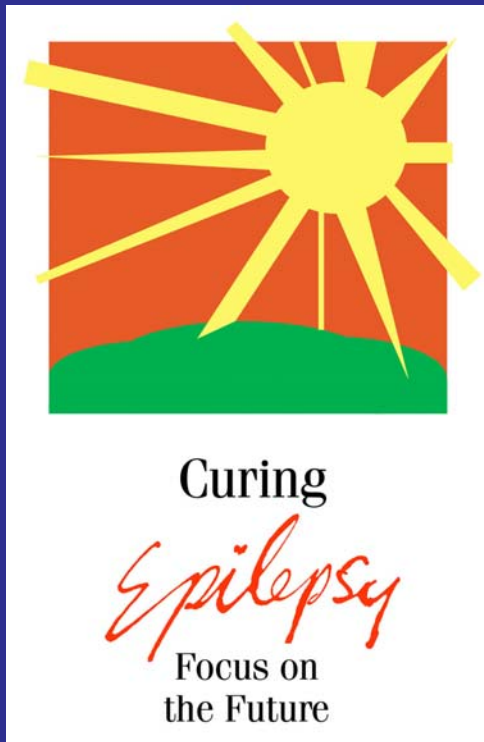
- Epilepsy affects an estimated 3 million Americans
- About 200,000 people in this country are diagnosed each year
- 25,000 – 50,000 deaths each year are due to seizures and seizure-related problems
- Estimated total cost of epilepsy in the U.S. is \$12.5 billion/year

**CURING EPILEPSY 2007**  
Translating Discoveries Into Therapies



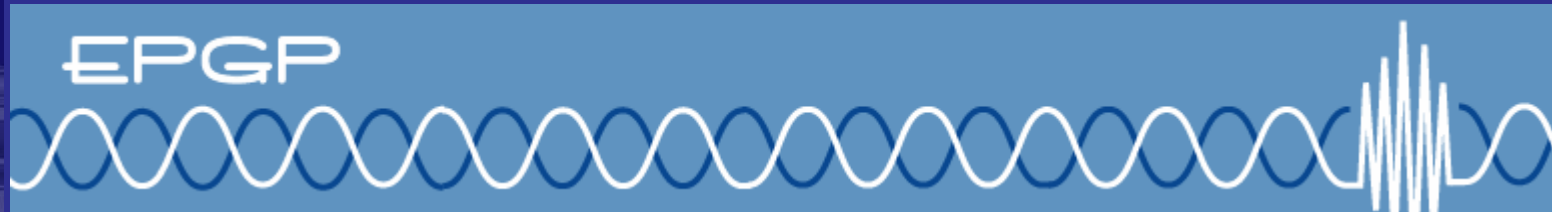
# Epilepsy Benchmarks: 2000

“Epilepsy Benchmarks” developed after first *Curing Epilepsy* conference (2000); identified critical areas to be explored in search for cure



- 17 specific benchmarks in three main areas:
  - Understanding how epilepsy develops
  - Finding ways to prevent seizures from developing in at-risk individuals
  - Finding better ways to stop seizures without side effects in those who have epilepsy
- Benchmarks help to focus research; serve as milestones to measure progress. Several have been largely achieved:
  - Epilepsy Phenome/Genome Project (EPGP)
  - Increased/improved use of surgery
  - Responsive neurostimulator

# Understanding Epilepsy: Epilepsy Phenome/Genome Project



- Collaborative project involving 15 medical centers; thousands of people with epilepsy
- Project: collect wide array of patient information, including genes and brain abnormalities; medical and family history; seizure types and frequency
- Goals: use improved understanding to:
  - Identify new genes that influence epilepsy
  - Identify genes that affect responsiveness to epilepsy medications
  - Improve epilepsy diagnosis, treatment, and prevention



# Treating Epilepsy: Drug Development

*30 years ago, only 5 drugs were approved for epilepsy; today, there are 20*



- **1970s:** NINDS-funded clinical trials led to approval of valproic acid, carbamazepine, clonazepam

**Despite available medicines and surgical therapies, 25 to 30% of epilepsy sufferers still have no treatment that can control seizures without troubling side effects**



- Eight new ASP-evaluated compounds now in active clinical tests; several others with novel targets in earlier stages of preclinical optimization and development

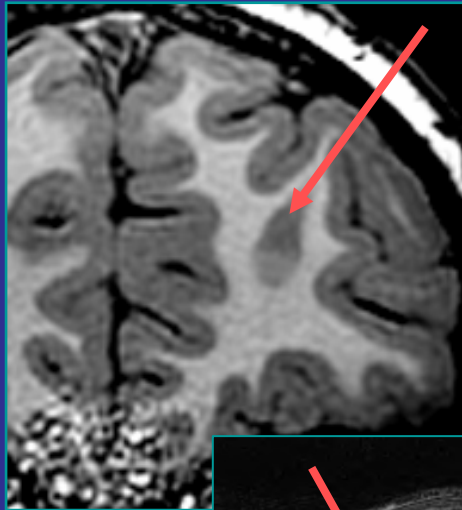
# Treating Epilepsy: Bioimaging Improves Surgical Intervention



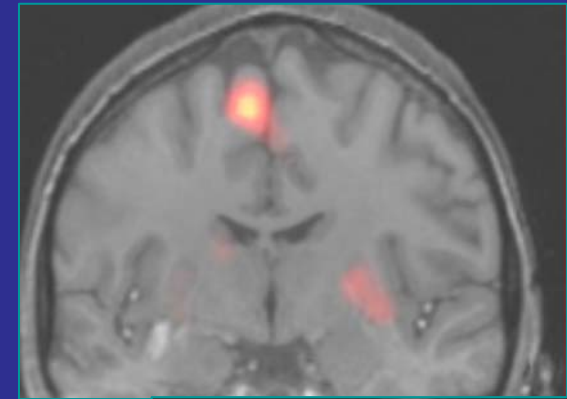
*Dr. James Duncan et al, Yale University*

# Imaging: Perspectives on Epilepsy

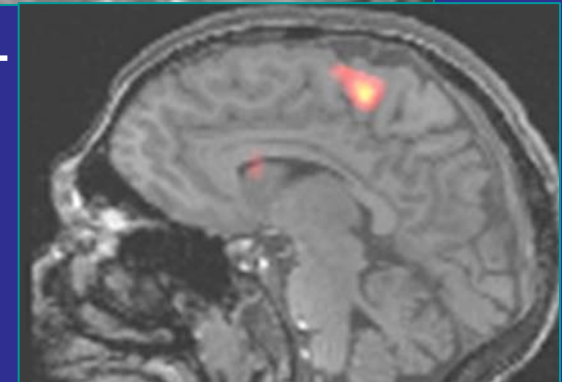
## Heterotopia



MRI



SPECT

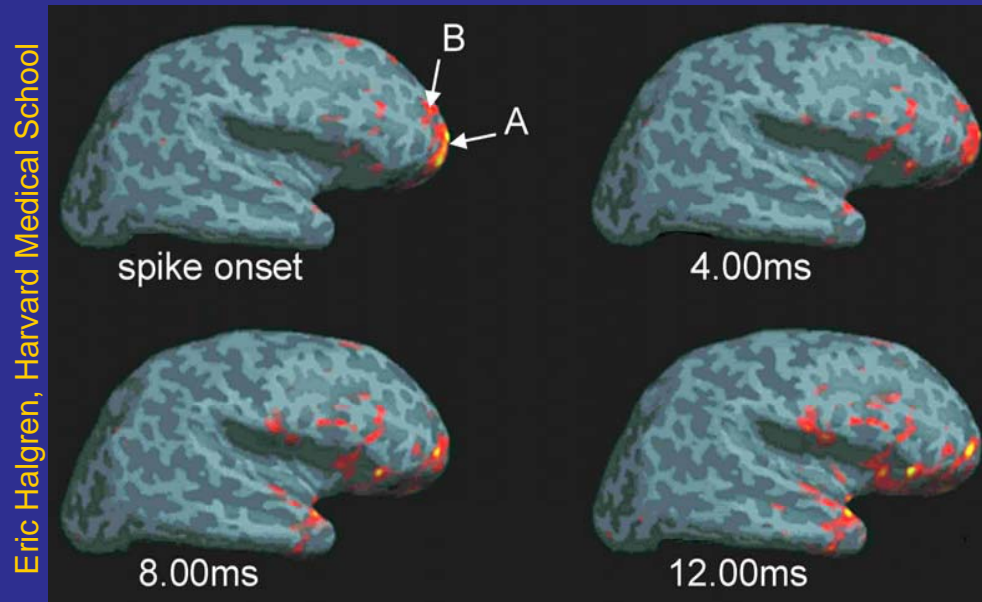


Imaging increases precision of surgical interventions



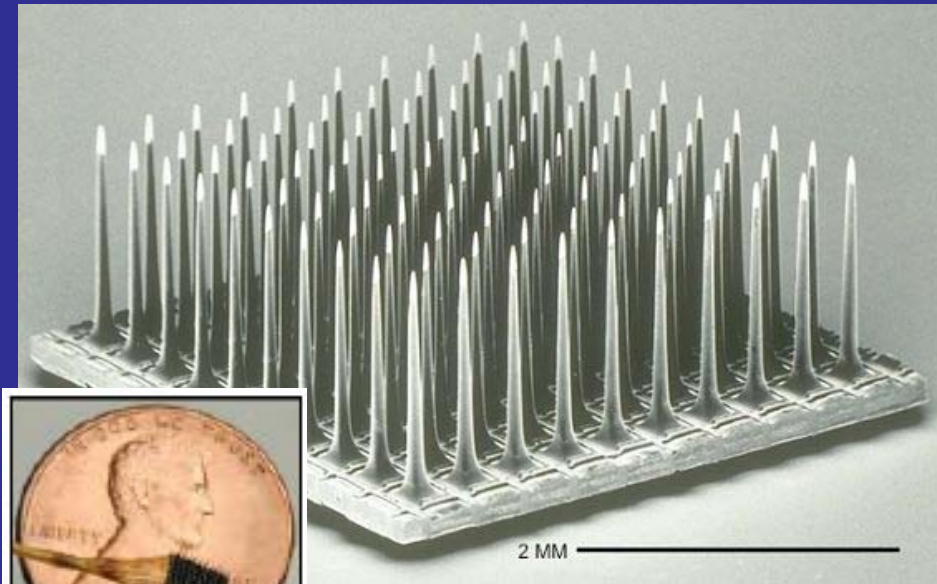
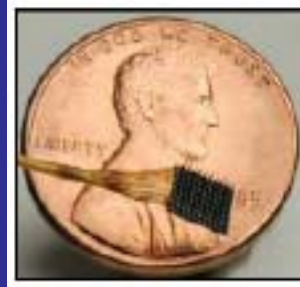
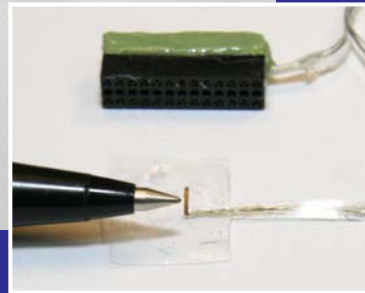
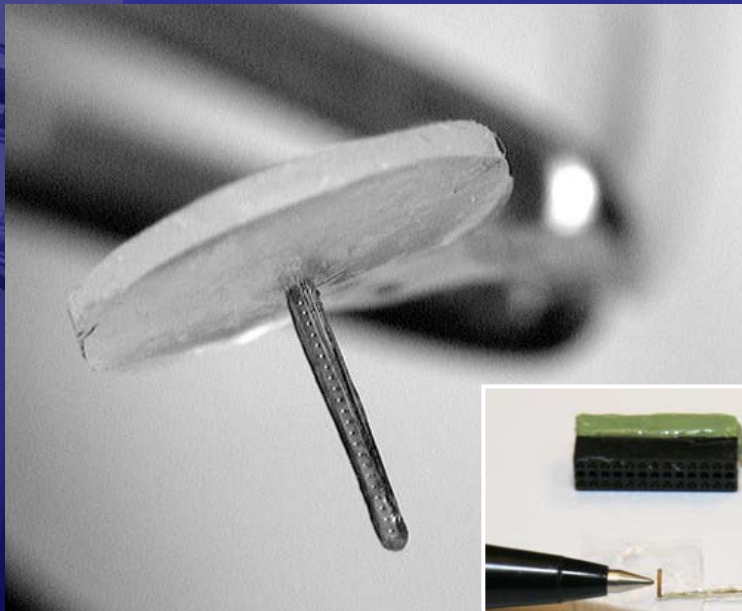
# Imaging: Perspectives on Epilepsy

- Advances in recording and analysis of abnormal electrical discharges enable mapping source and spread of seizures in brain
- Overlay of structural and electrical maps provides directions for surgical removal of seizure-generating brain areas



Interictal spike propagation recorded with MEG; 'A' shows origin of spike

# Cutting Edge Technologies – Microelectrode Recordings in Human Cortex to better understand, detect and predict seizures (to be discussed by John Donoghue on Friday afternoon section and some results presented by Sydney Cash at Junior Investigator Program)



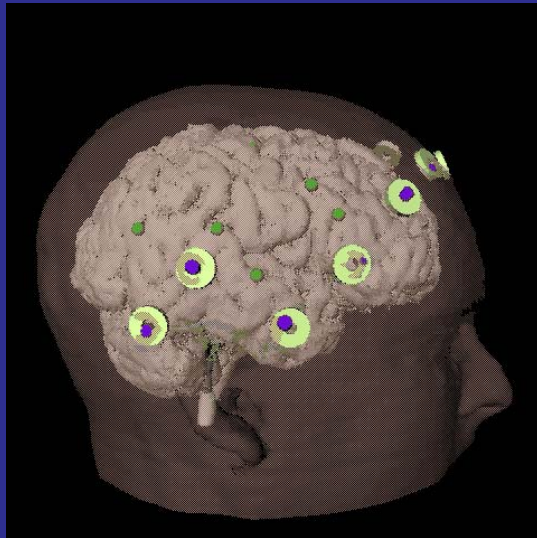
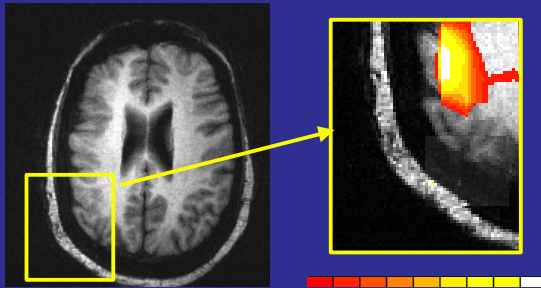
Laminar Microelectrode Array developed by Istvan Ulbert and George Karmos and in use by a collaboration led by Eric Halgren and Sydney Cash at UCSD, New York University and Harvard Medical School.

Neuroport® Array developed by Cyberkinetics Neurotechnology Systems Inc. and in use at Columbia Univ. and Harvard Medical School.

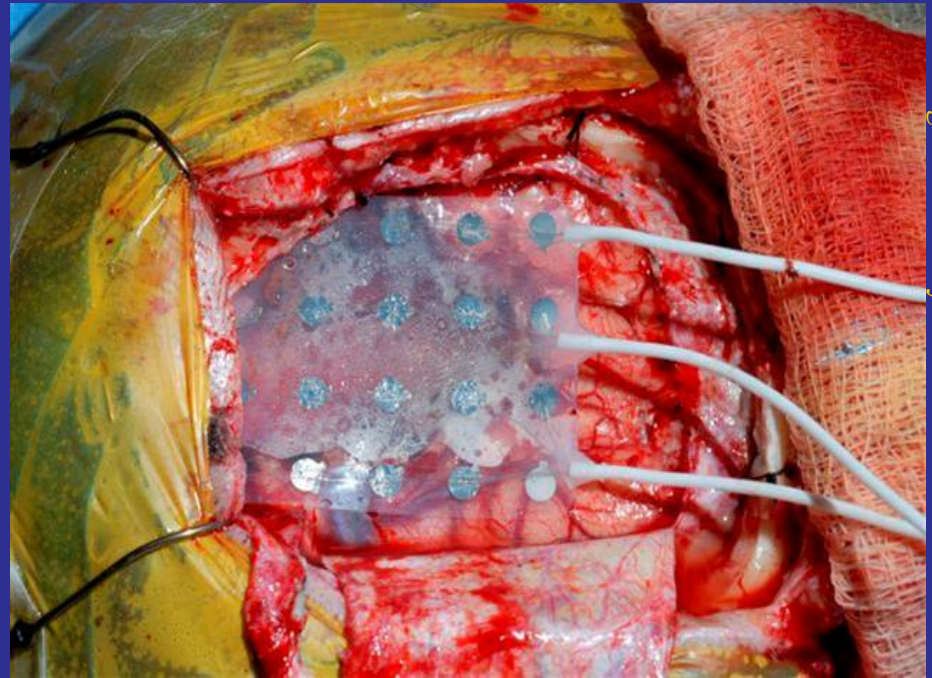


# Epilepsy: Imaging to Operation

## Preoperative Images



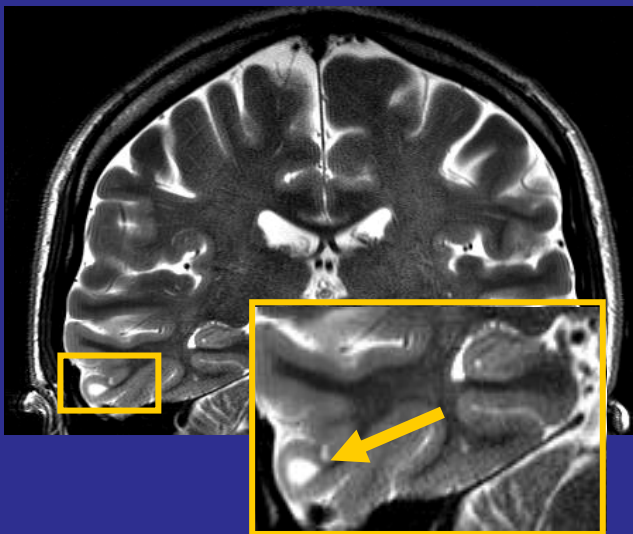
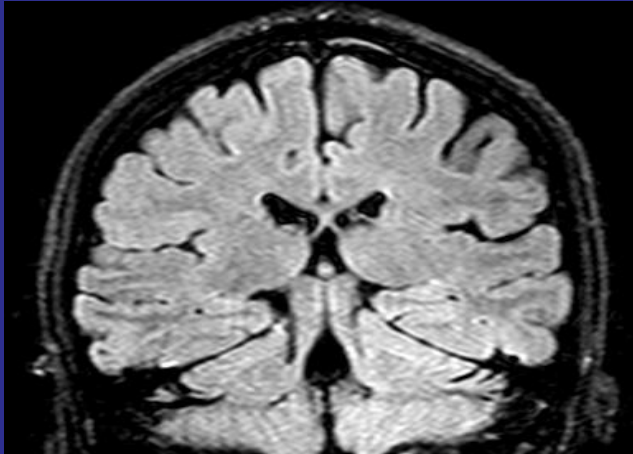
## Intra-operative Grid



Greg Cascino Mayo Clinic Rochester



# Application: Bioimaging and Intervention in Neocortical Epilepsy

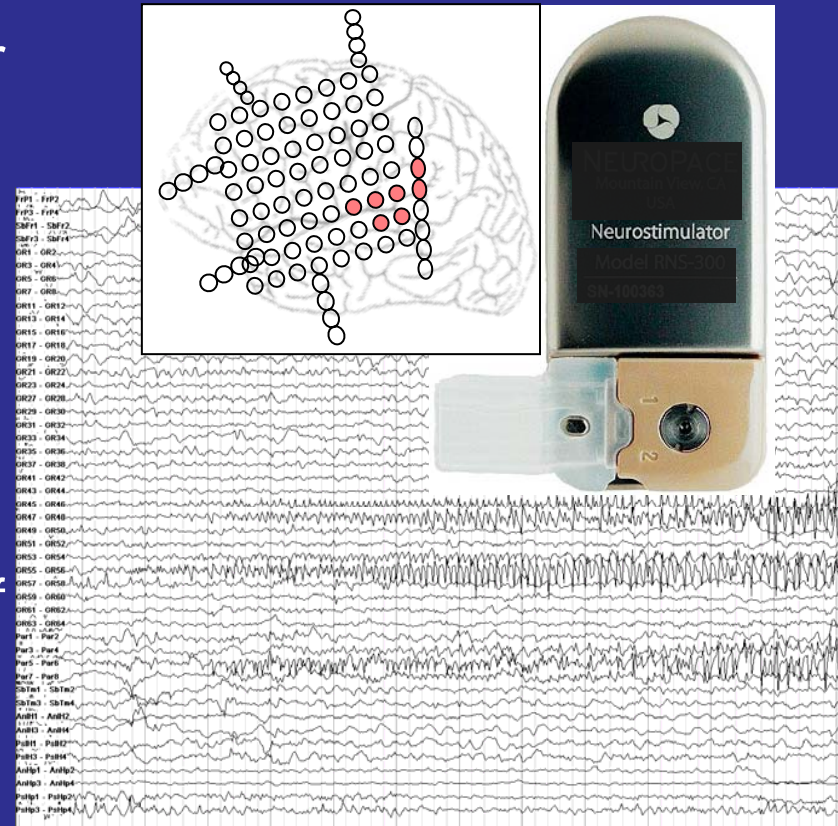


- Dramatic improvements in Bioimaging technology allows intervention in Neocortical Epilepsy
- Today:
  - 60% Increase in Seizure Foci Identification
  - Successful image-guided epilepsy surgery
  - Reduce or eliminate major post-op neurologic deficits

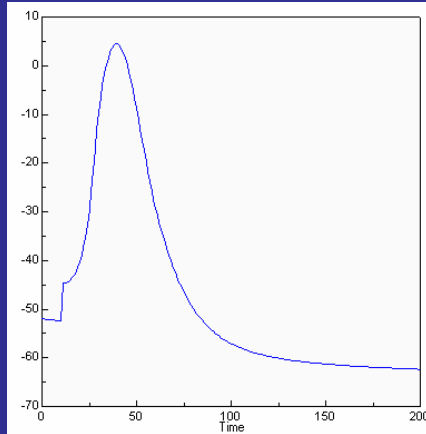
# Responsive Neurostimulator

**Epilepsy Benchmark (2000):** Create a device “that, in at least one type of epilepsy, will detect an oncoming seizure and apply treatment to stop the seizure before it begins”

- Responsive neuro-stimulator system now being tested clinically in people with partial seizures
- System includes pacemaker-like device implanted in brain
  - Continuously monitors electrical activity for signs of seizure onset
  - Delivers brief electrical stimulation to suppress seizure

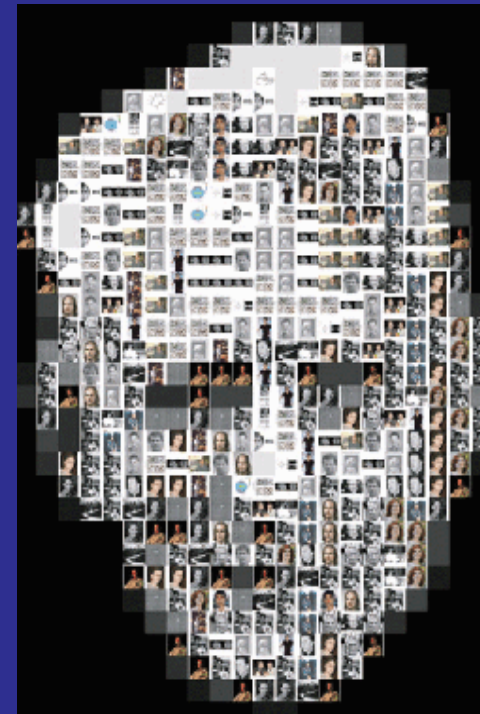
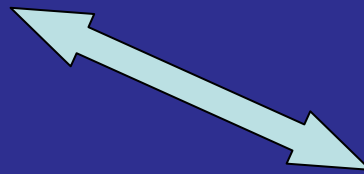


# Hodgkin-Huxley ... Computational Neuroscience



*“ ... collaboration between experimentalists and theoreticians is thriving.”*

--Floyd Bloom, Oct. 6 *Science*



Neuroscience Database  
Gateway

<http://ndg.sfn.org/>



# Advancing Our Understanding: Epilepsy and Animal Models



- Collaborative network identifying genetic programs common to multiple animal models of epilepsy
- Research should lead to new theories about genetic basis of epileptogenesis
- Many new animal models have been developed in past decade, including:
  - New models of drug-resistant epilepsy
  - New models for febrile seizures and infantile spasms
  - Models of nerve toxin exposure



# NIH, Biomedical Research, and Curing Epilepsy



You are here: [Home](#) > [Funding & Research](#) > [Research](#) > [Epilepsy Research Web](#)

## Epilepsy Research Web

### Funding Resources

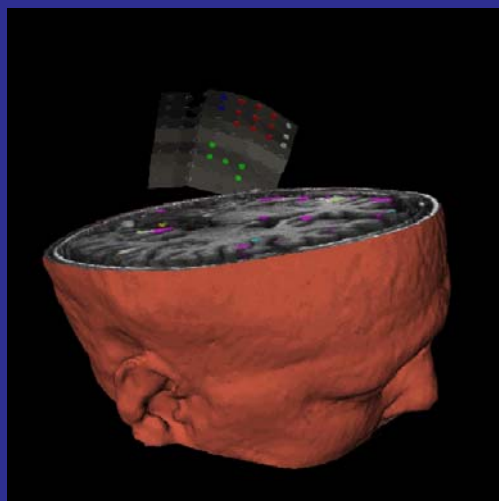
- [Funding Overview](#)
- [Funding Strategy](#)
- [Funding Opportunities](#)
- [Grant Mechanisms](#)
- [Contracts Management](#)
- [Review Committees](#)
- [Funding News](#)
- [Program Areas](#)

### Table of Contents

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- [I. Basic Disease Mechanisms](#)
- [II. Prevention](#)
- [III. Treatment](#)
- [Conclusion](#)

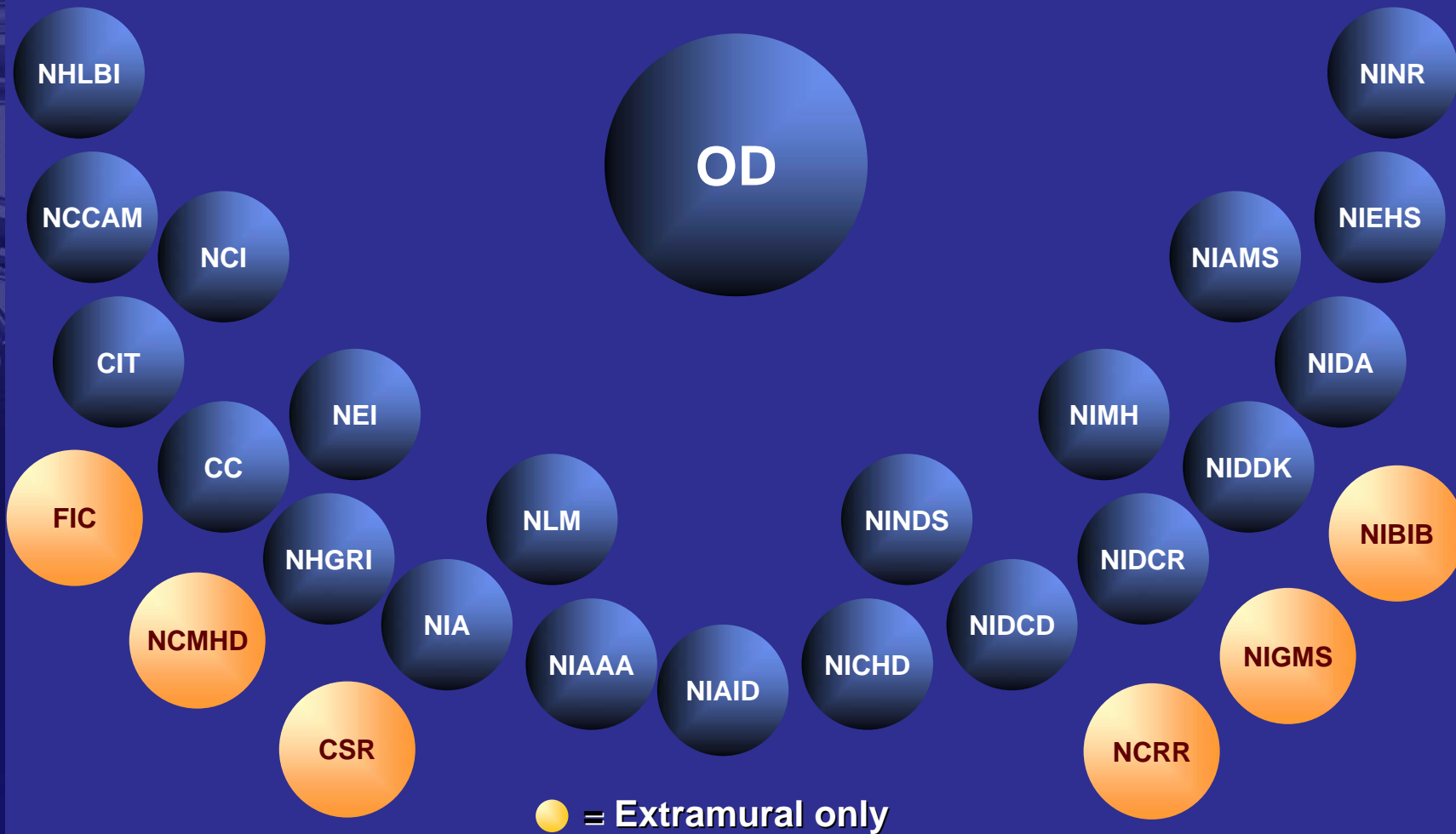
### "Benchmarks" For Epilepsy Research:

- [Introduction](#)



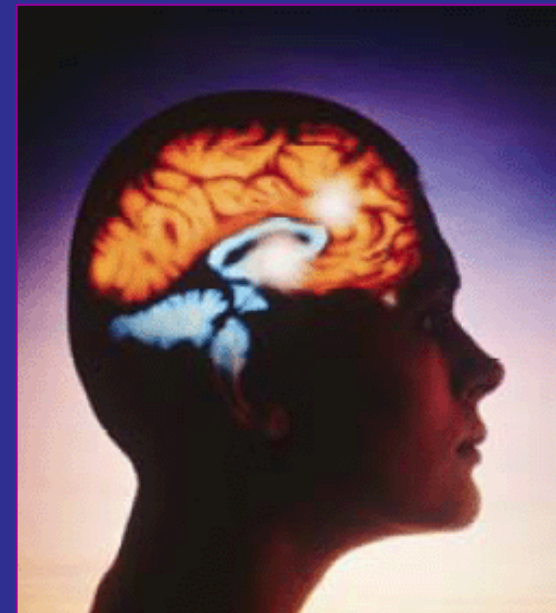


# NIH Consists of 27 Institutes and Centers

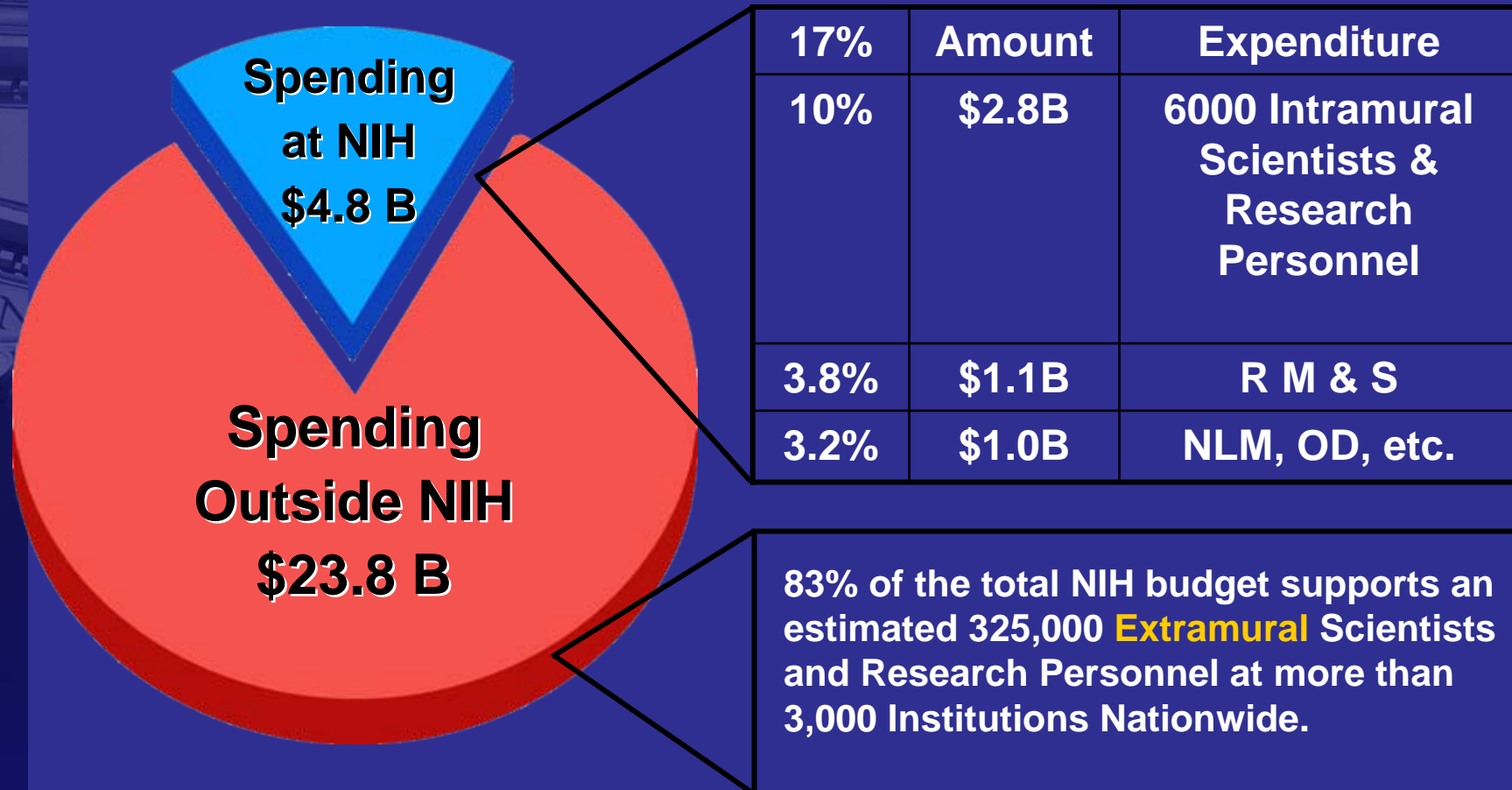


# Collaboration at NIH

- **Interagency Epilepsy Working Group**
  - 8 NIH institutes and centers (ICs) plus CDC
  - **Goal:** increase communication among institutes and agencies sponsoring epilepsy-related research; explore opportunities for increased coordination
- **NIH Blueprint**
  - Collaboration among 15 ICs
  - Areas of study: neurodegeneration, neurodevelopment, and neuroplasticity: *all highly relevant to epilepsy research*
  - **Goal:** develop new tools, resources, training opportunities to accelerate pace of discovery in neuroscience research



# NIH Budget in FY 2006: \$28.6 Billion



# FY 2005 NIH Extramural Grants by Research Institution

**3,641 New Technologies  
Brought to Market**

By 185 US Research Institutions (1998-2005)

*Funding to Develop Technologies Provided by  
Both US Government and Private Industry*

**5,171 New Companies Formed**

Around Technologies from  
US Research Institutions (1980-2005)

*2,671 Companies Still in Operation  
as of 12/2004*



# Evolving Public Health Challenges



Shift from Acute to Chronic Conditions



Aging Population



Health Disparities



Emerging and Re-emerging Infectious Diseases



Emerging Non-communicable Diseases - Obesity

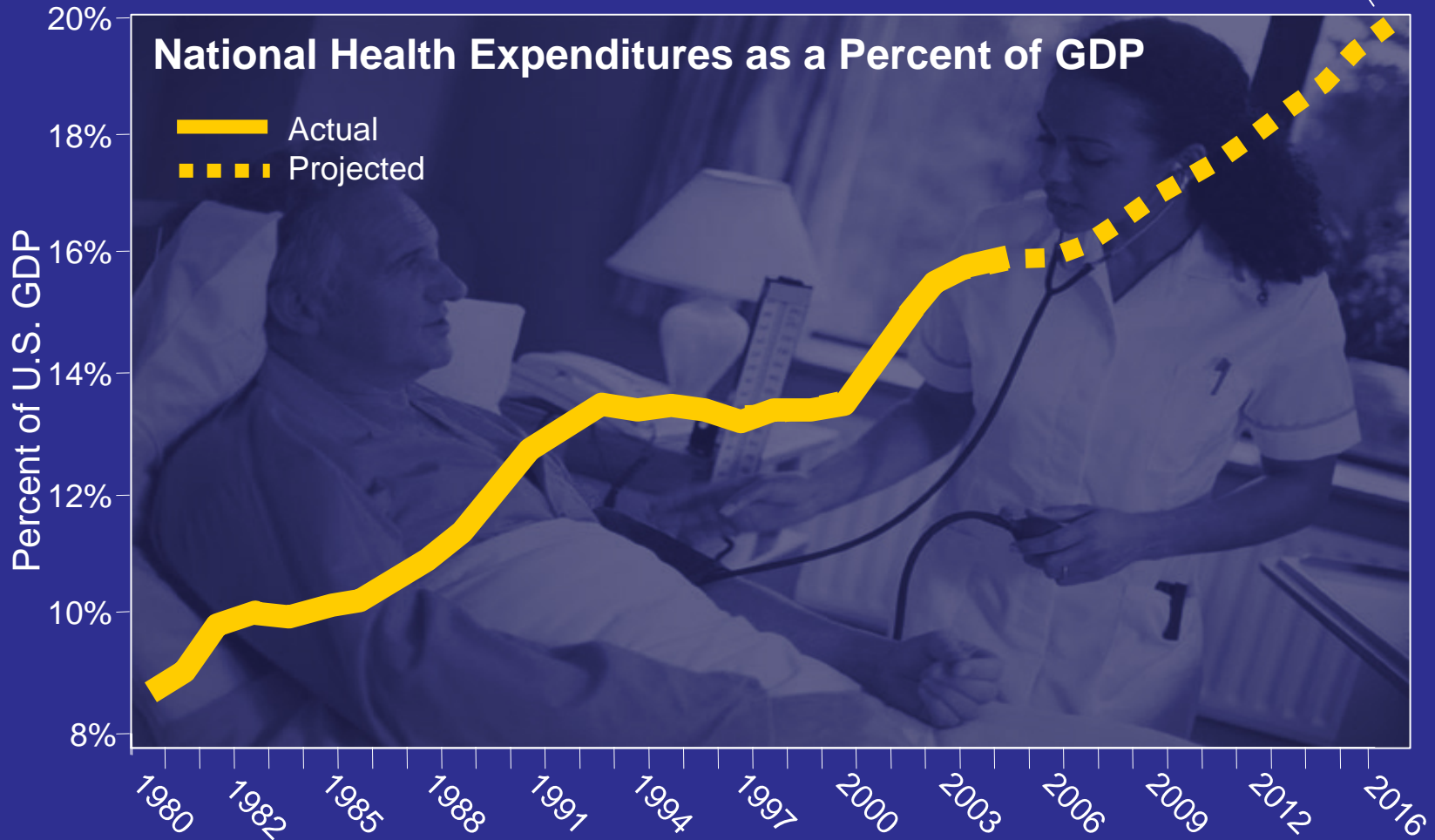


Biodefense

# Challenge of Rising U.S. Health Expenditures

*Biomedical Research Must Deliver*

**\$4.1 trillion**



# Challenges

*Demand for Grants “Took Off” Just as NIH Budget Was “Landing”!*

Applications



Budget



- Post doubling “boom” in applications has led to a *supply/demand imbalance*
- Success rate drop is due to
  - Near 100% increased demand for grants
  - 40% increased costs of grants
  - Decrease in inflation adjusted budget
- Budget cycling effect will slightly improve supply vs. demand of grants in 2007 and beyond



# NIH: Adaptive Strategies for Tough Times



- **Our Approach:** No inflationary adjustments for non-competing renewal awards in FY2007

- **Our Goal:**

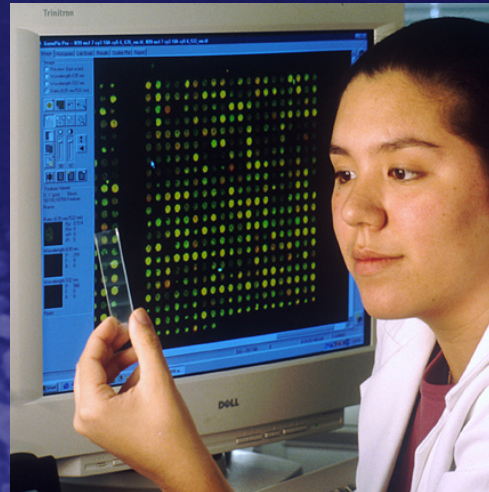
- Stabilize number of competing grants
- Strengthen support for at-risk populations:
  - S New Investigators
  - S First grant renewals
  - S Well-established investigators with little or no additional support





# The Future Paradigm: The 4 P's

*Transform Medicine from Curative to Preemptive*



Predictive ↔ Personalized ↔ Preemptive



Participatory

Era of Precision Medicine

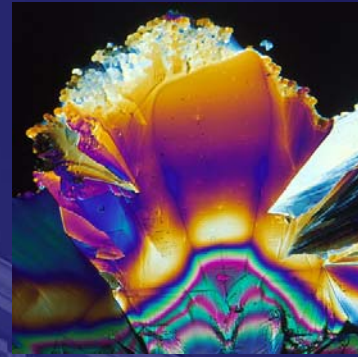


# Benchmarks and Beyond: Toward Pre-empting Epilepsy

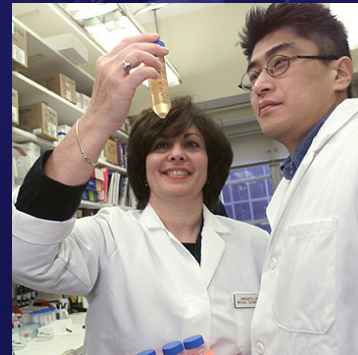
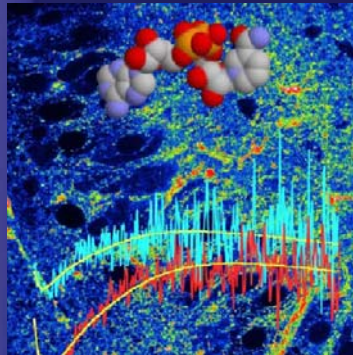
- **Personalized:** Identifying molecular causes of epilepsy in all patients will allow **personalized** treatments
- **Predictive:** Technology to identify sub-clinical seizure-like activity in brain can predict when a seizure is about to occur
- **Preemptive:** Devices being developed that can stop seizures before they cause symptoms
- **Participatory:** People with epilepsy will participate in the Epilepsy Phenome/Genome Project, results will enhance disease understanding at many levels

*In the future, significant improvements in medicine will improve the quality of life for people with epilepsy and reduce the personal and economic costs of the disease*





# NIH *Transforming medicine and health through discovery*

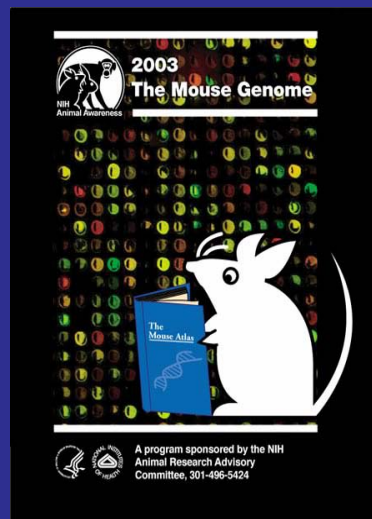
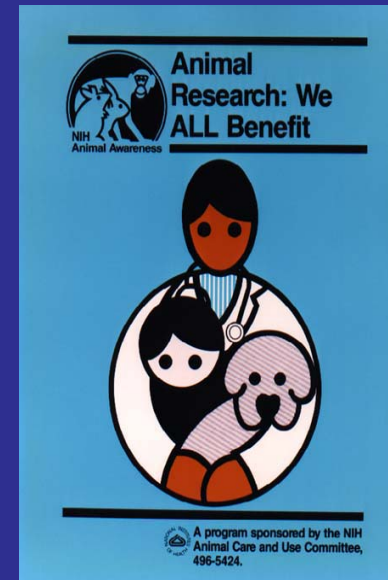
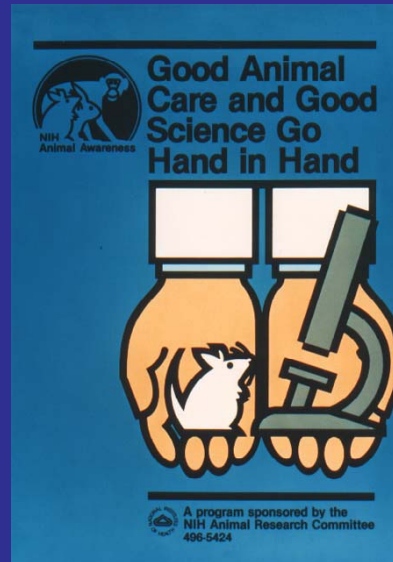
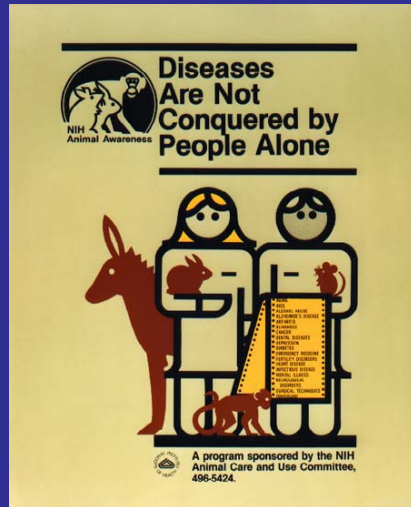


# Extra Slides

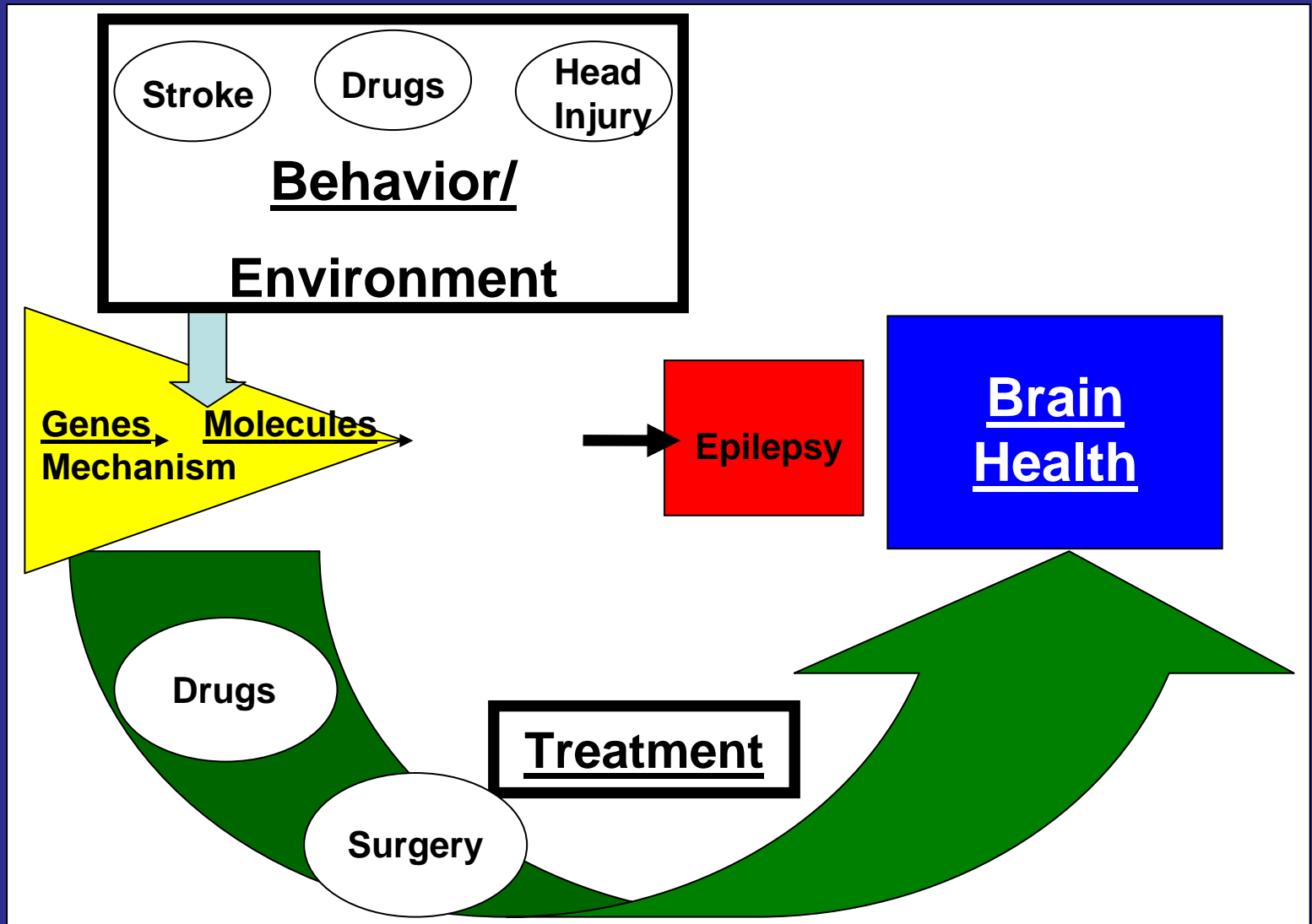


# Promote the Value of Ethical Animal Research for the Benefit of Humans and Animals.

*Stand by our Scientists*

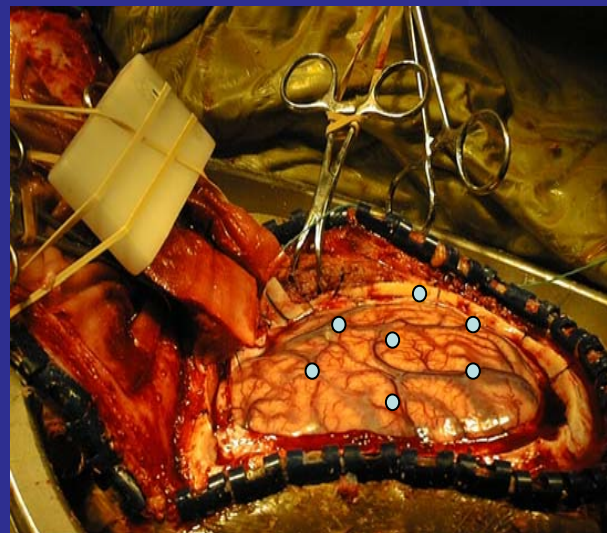
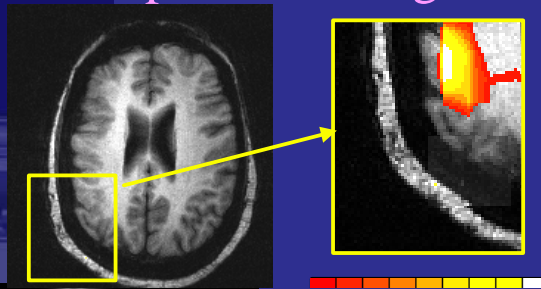


# Understanding Epilepsy; Curing Epilepsy

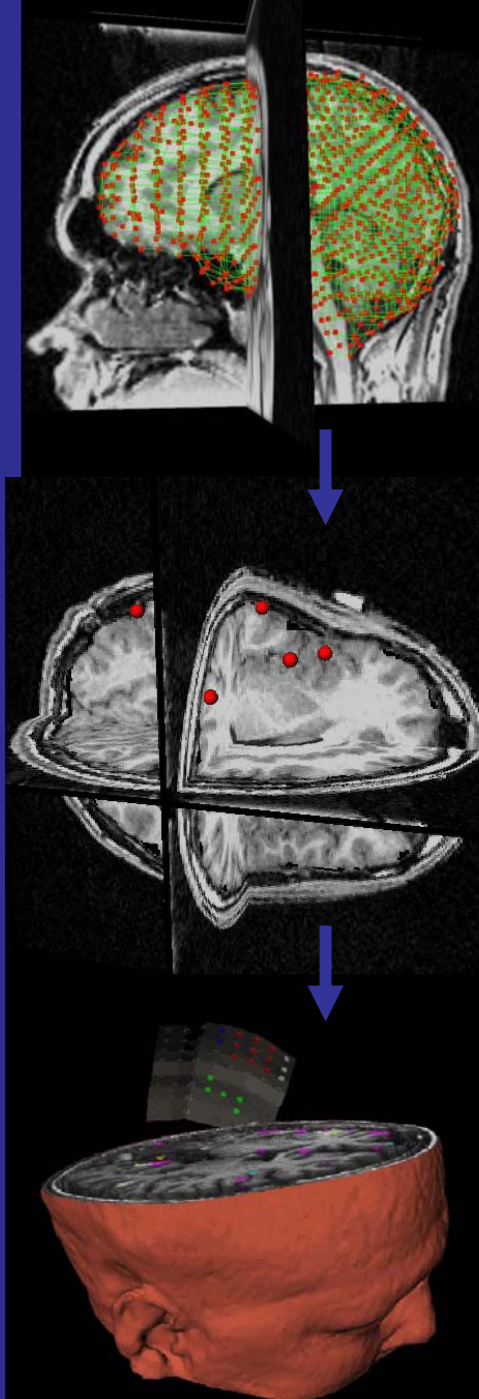


# Image-Guided Epilepsy Surgery

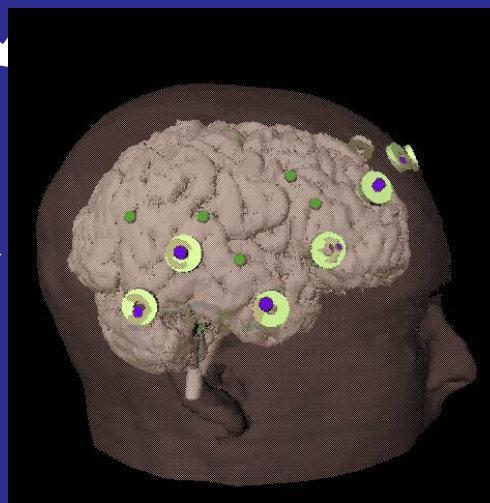
## Preoperative Images



But the brain deforms



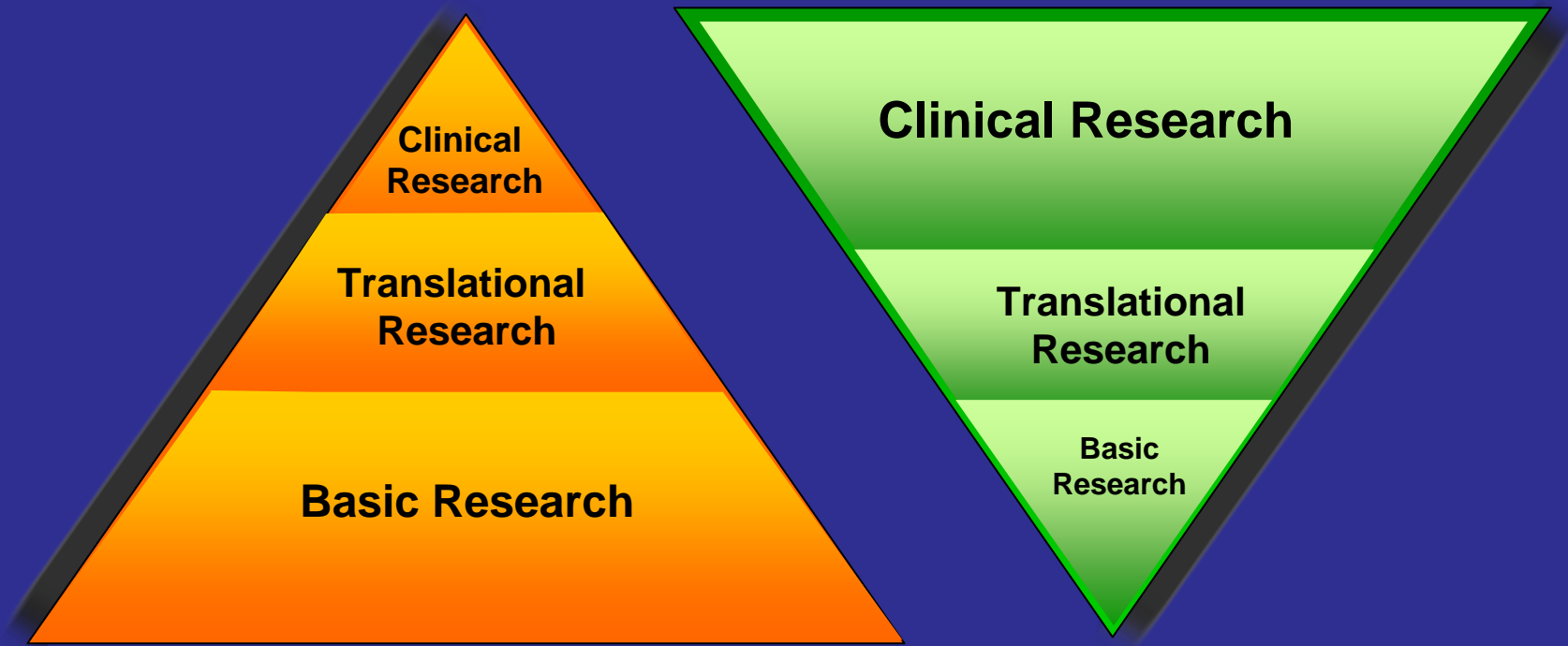
OF HEALTH  
Intraoperative Stereotactic Frame



Marker-registered frames

Elias A. Zerhouni, M.D.

# Balanced National Biomedical Research Portfolio



**NIH – \$28 B**

**Private Sector – \$59 B**



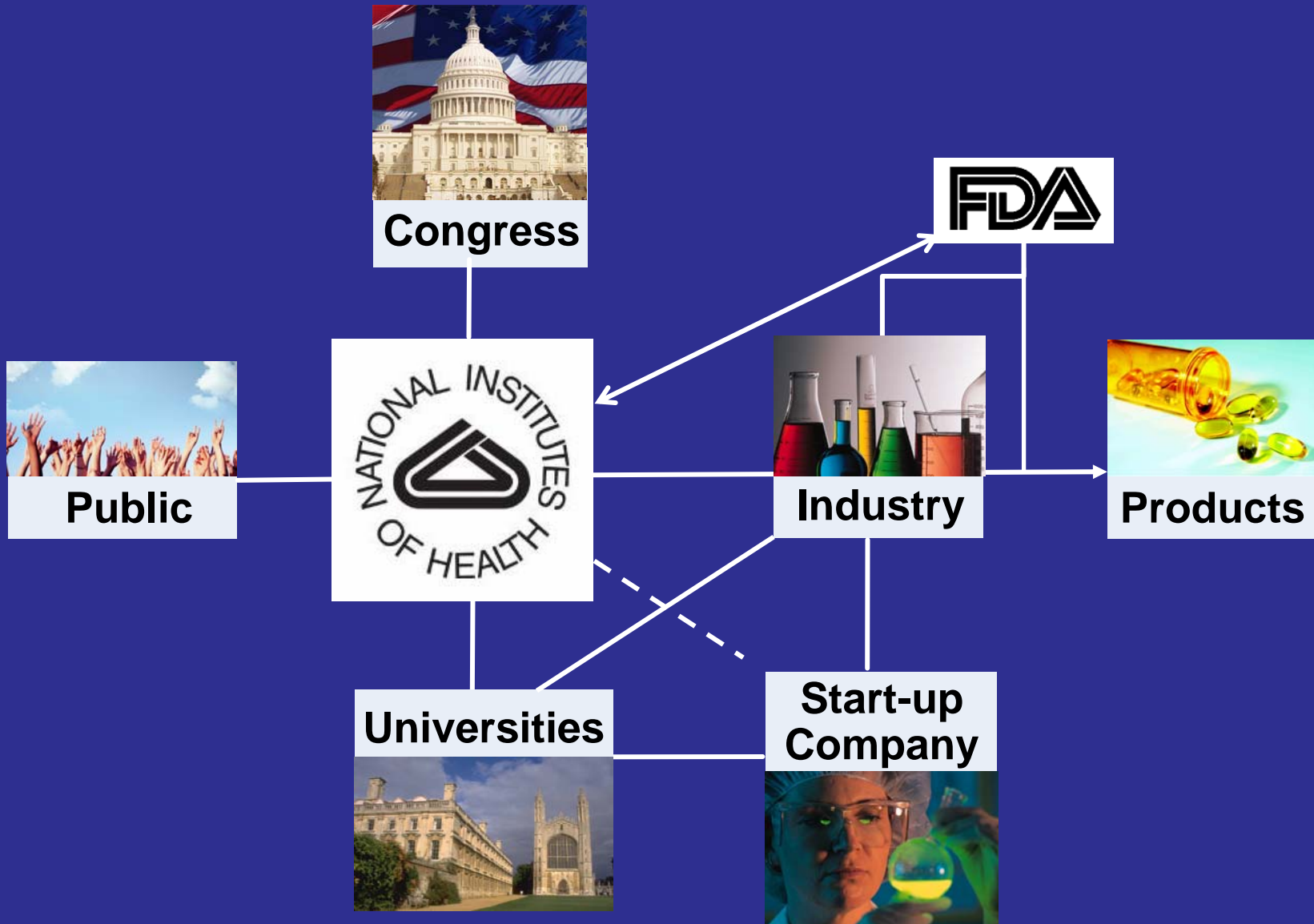


# Need to Transform Health and Medicine in the 21st Century

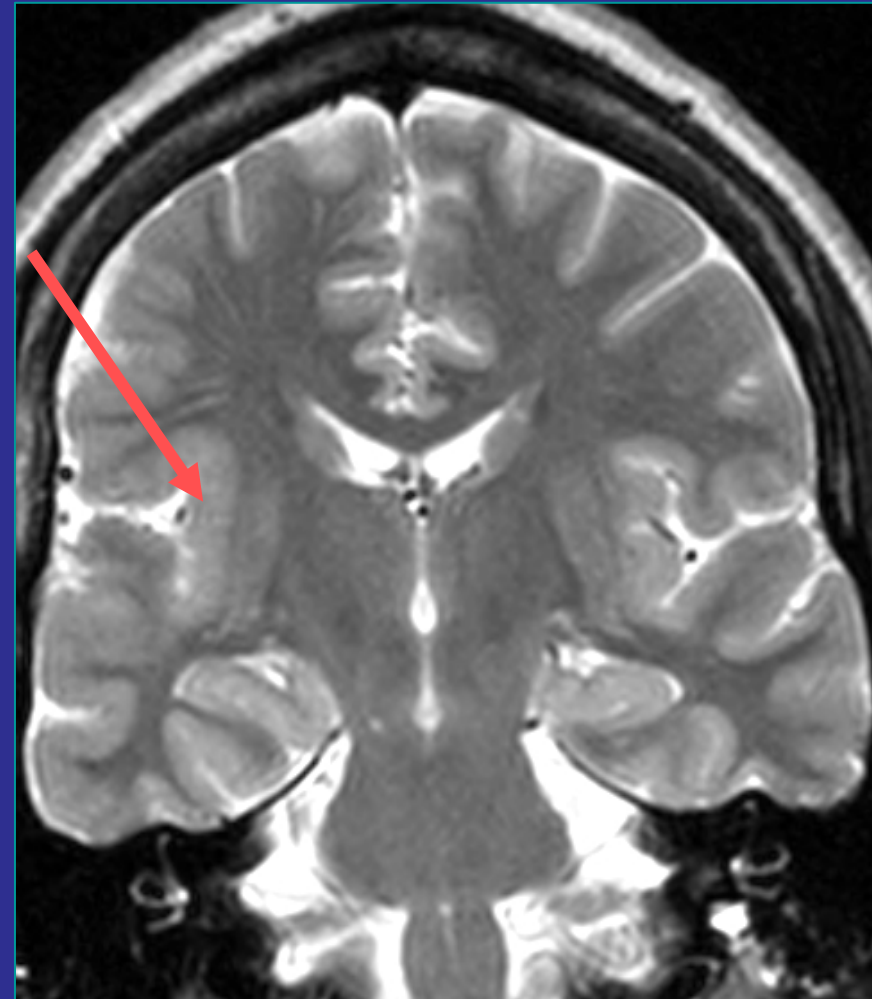
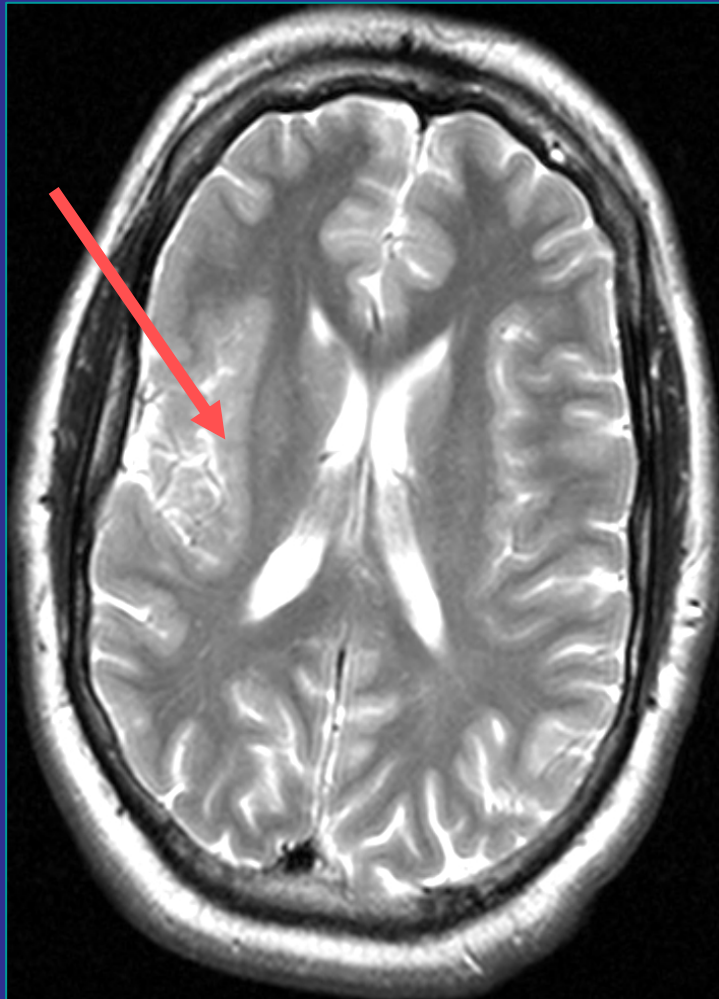
<b>20<sup>th</sup> Century</b>	<b>21<sup>st</sup> Century</b>
<b>Treat disease when symptoms appear and normal function is lost</b>	<b>Intervene before symptoms appear and preserve normal function for as long as possible</b>
<b>Did not understand the molecular and cellular events that lead to disease</b>	<b>Understanding preclinical molecular events and ability to detect patients at risk</b>
<b>Expensive in financial and disability costs</b>	<b>Orders of magnitude more effective</b>



# NIH and its Partners



# Dysplastic cortex – macrogyria as source of epilepsy



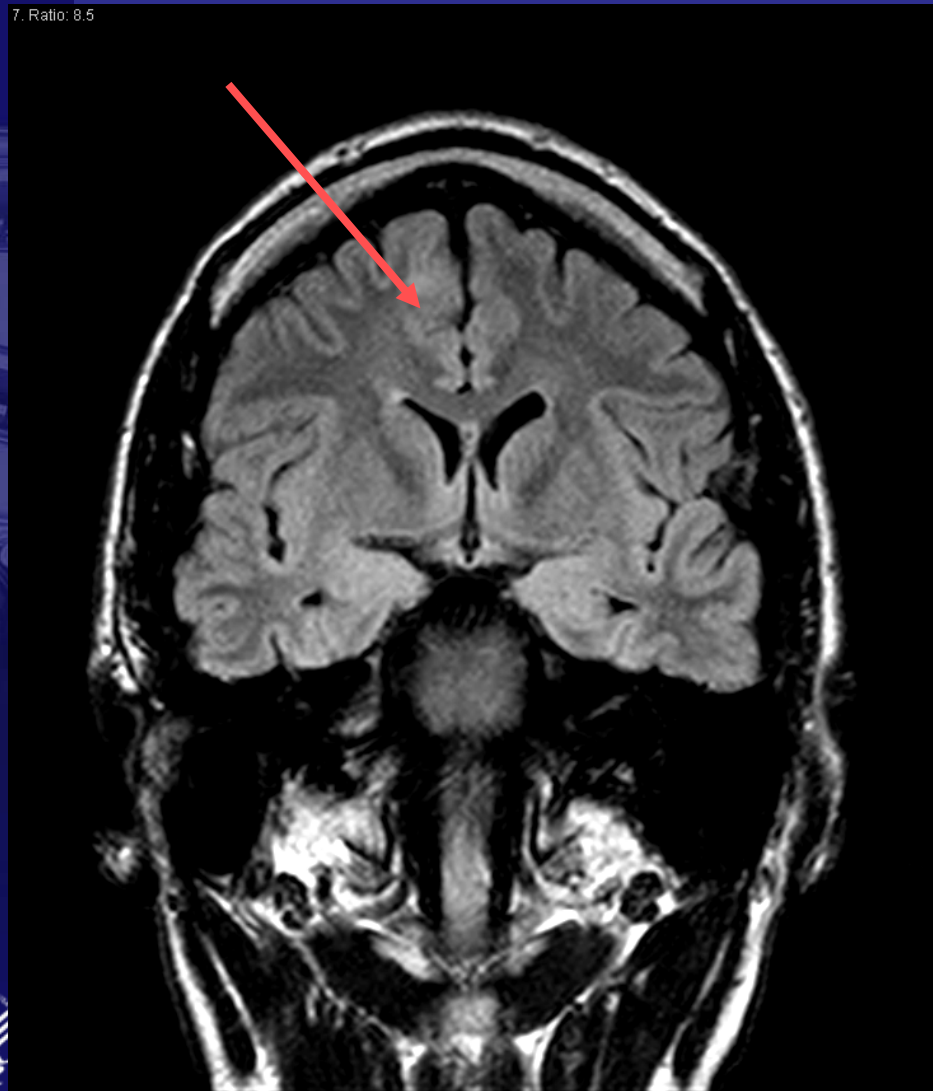
Mass Gen Hosp: Cole/Cash

Elias A. Zerhouni, M.D.

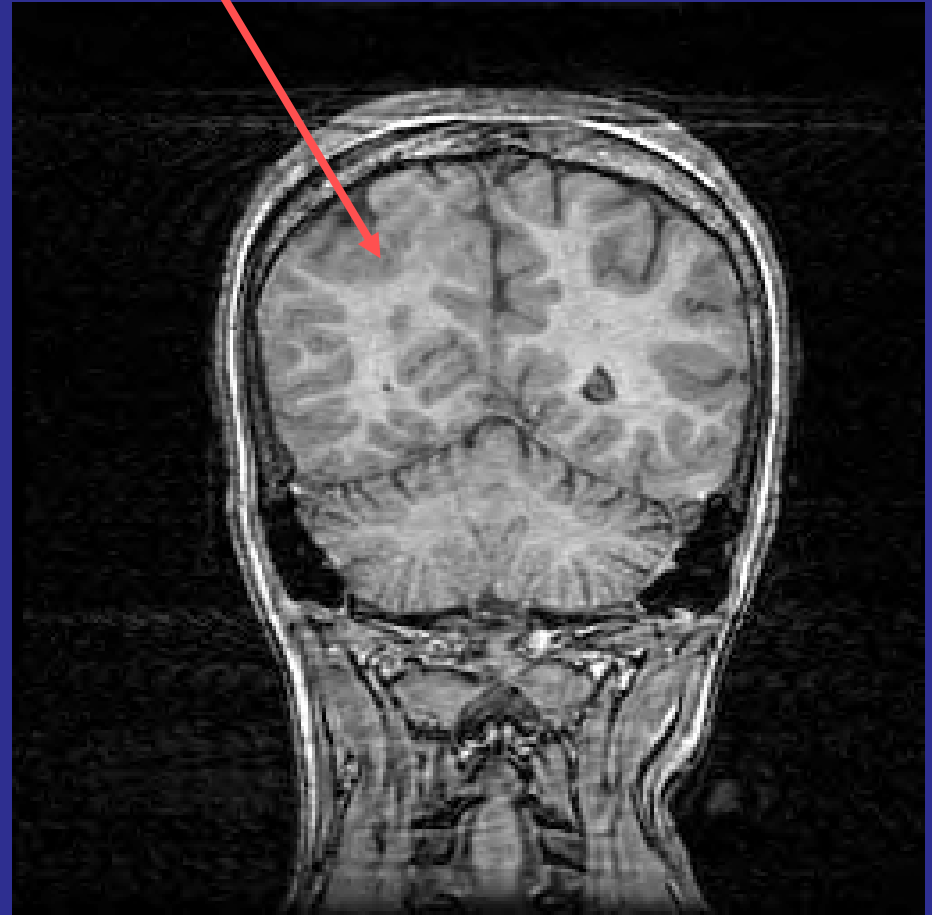
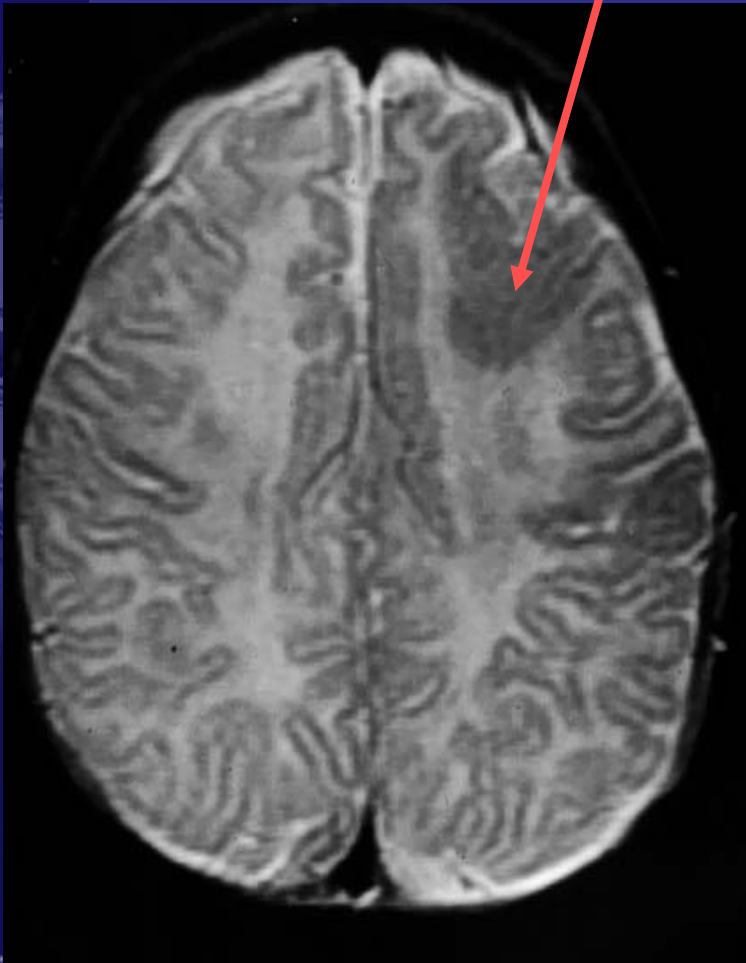
March 29, 2007



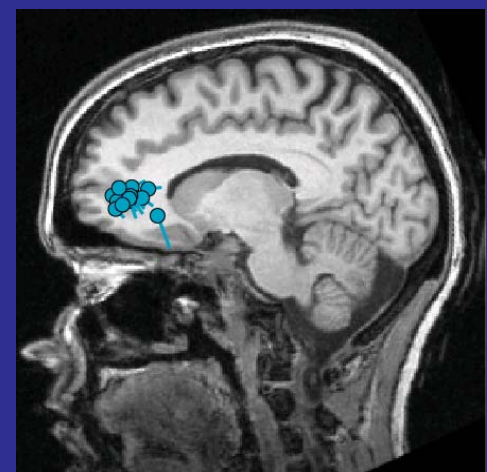
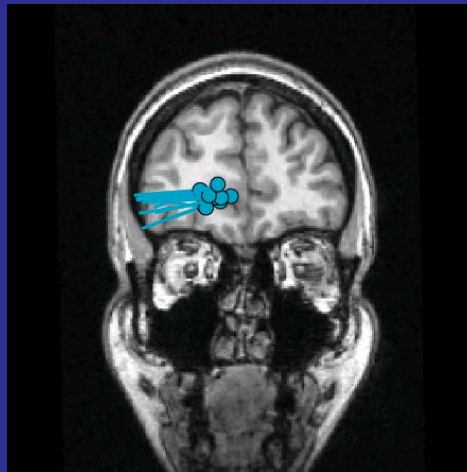
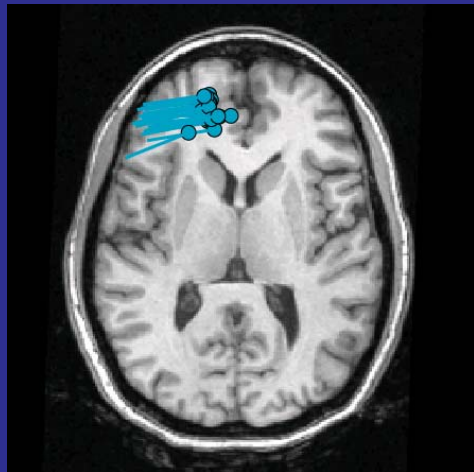
# Subtle cortical dysplasia as source of focal epilepsy. Surgically curable?



# 2 different patients with sizable dysplastic lesions seen on MRI

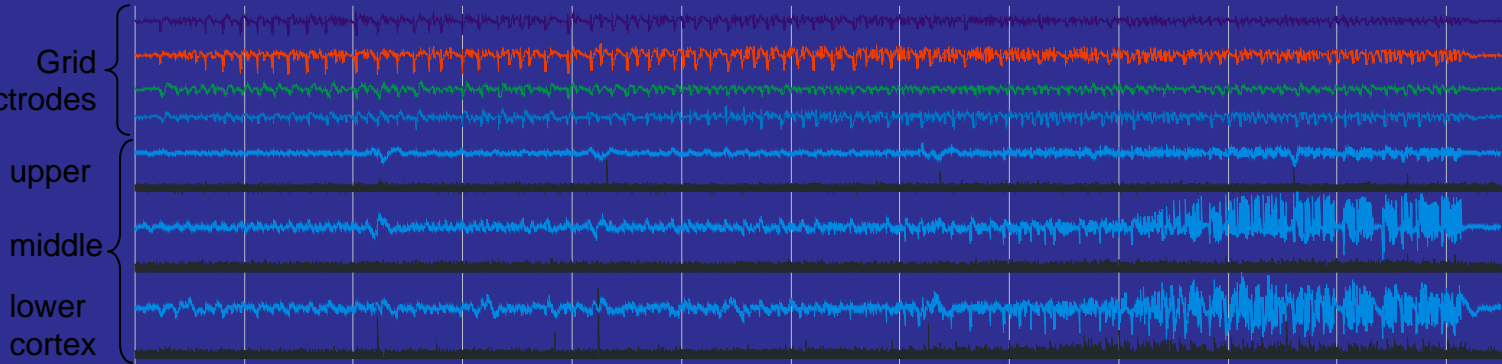
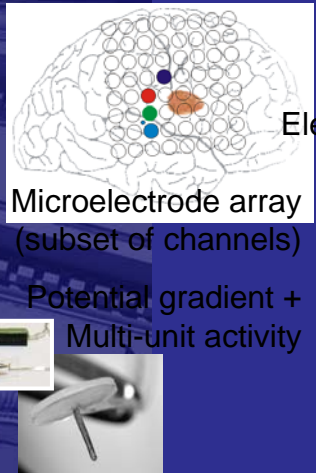


# Magneto Encephalography (MEG) based localization of Equivalent Current Dipoles of Interictal Spikes



Yellow arrows show region of dysplastic cortex.  
Blue circles and bars show location and orientation of ECDs.

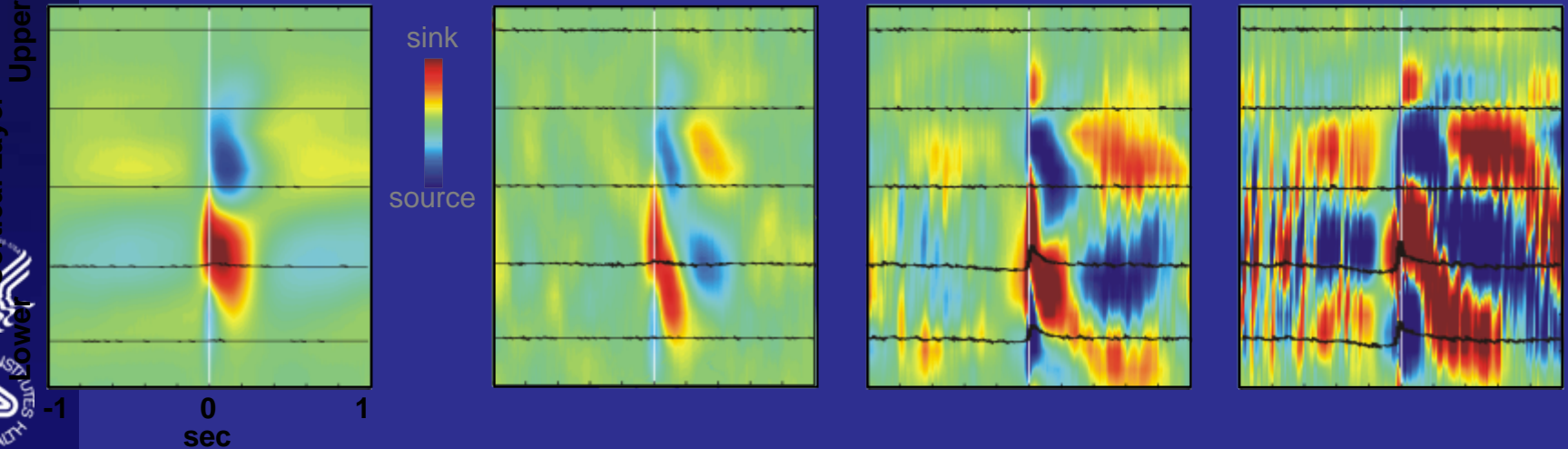
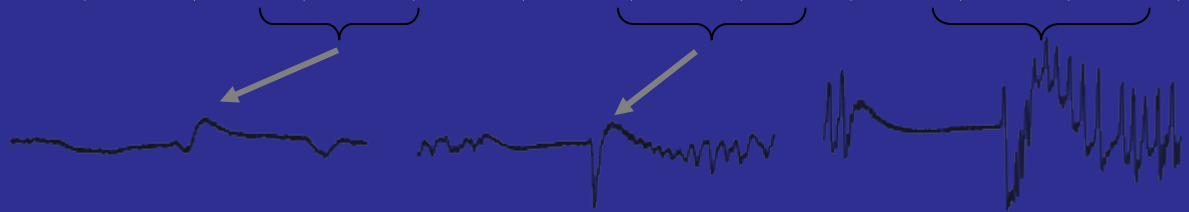
# Seizure activity recorded on an intracortical grid and laminar microelectrode array showing changing pattern of cortical layers involved in the generation of ictal discharges

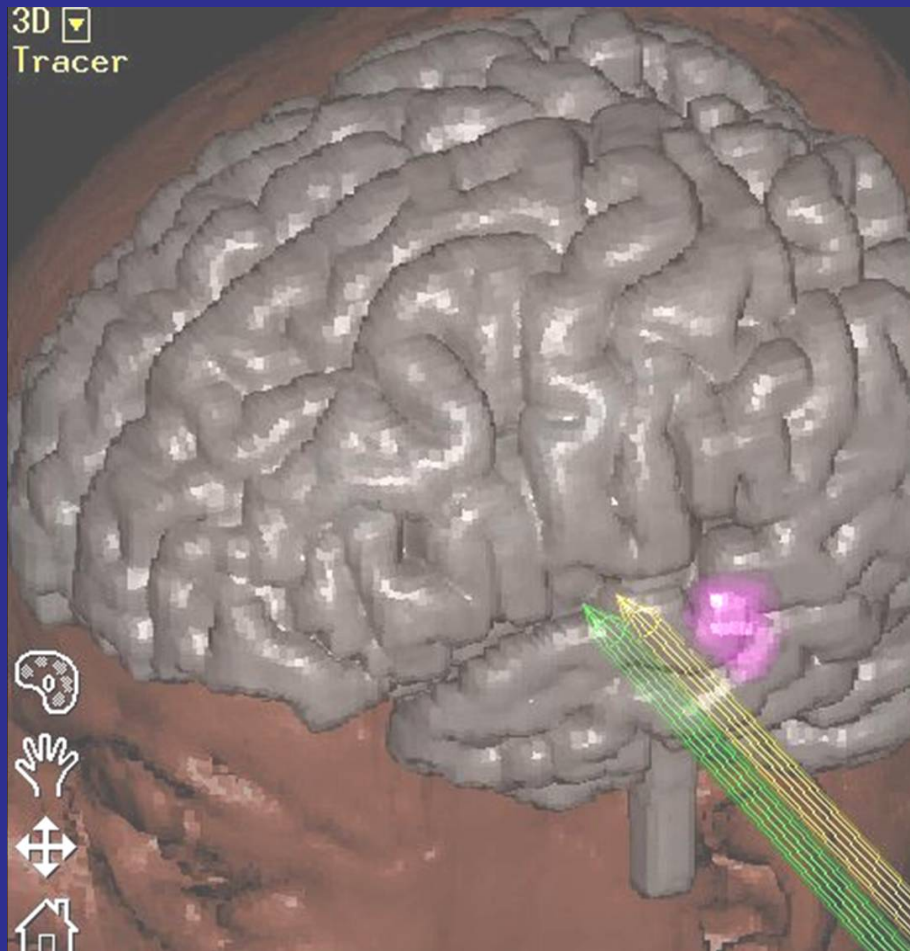


Interictal Spike



60 uv





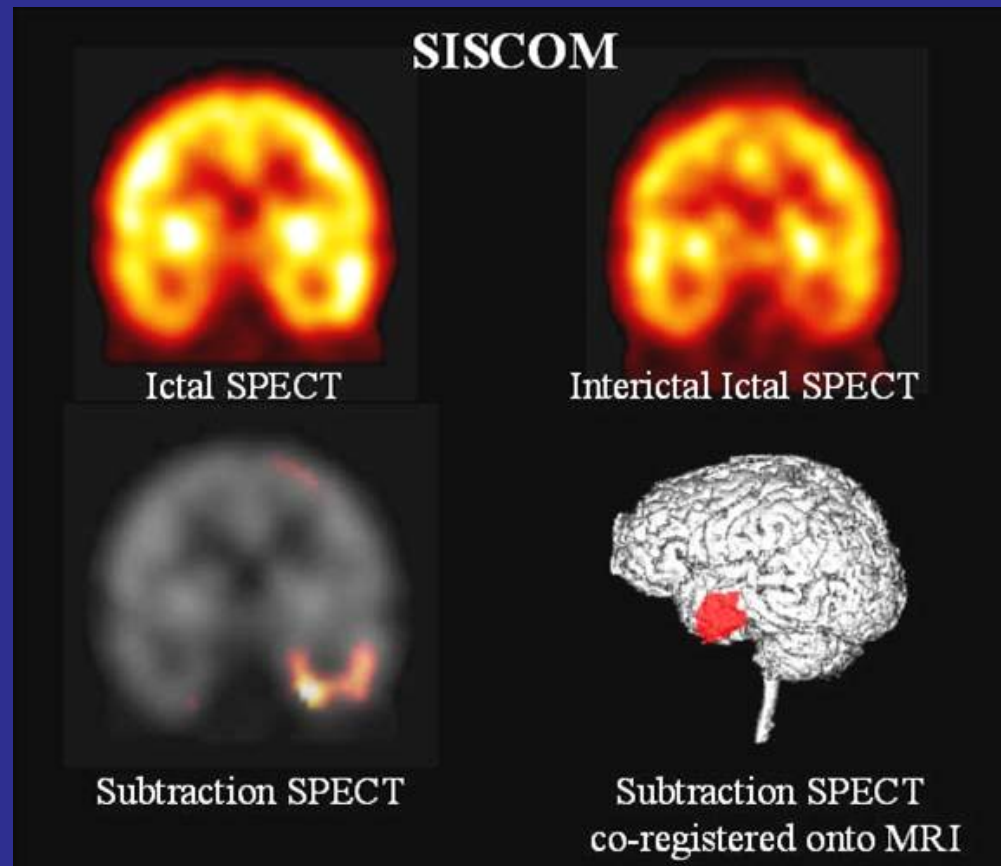
## Brain with focus of epileptiform activity from SPECT mapped onto MRI

From Greg Cascino Mayo Clinic Rochester





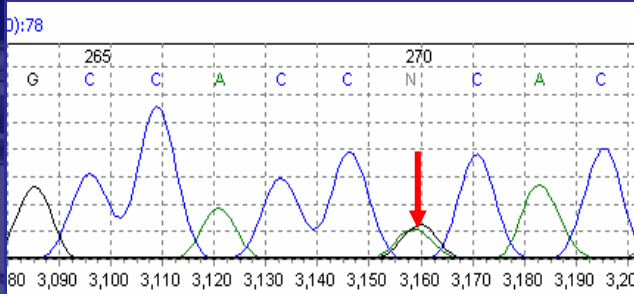
# SPECT overlay on MRI scan of a left temporal lobe focus



From Greg Cascino Mayo Clinic Rochester

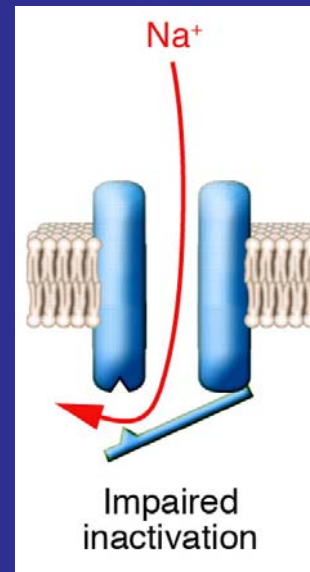
# Ion Channel Genes & Epilepsy

Patient



Amino Acid  
Change

Channel



Gene-specific therapy



Novel AED

