Chronic systemic pesticide exposure reproduces features of Parkinson's disease

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ABSTRACT. The cause of Parkinson's disease (PD) is unknown, but epidemiological studies suggest an association with pesticides and other environmental toxins, and biochemical studies implicate a systemic defect in mitochondrial complex I. We report that chronic, systemic inhibition of complex I by the lipophilic pesticide, rotenone, causes highly selective nigrostriatal degeneration dopaminergic that associated behaviorally with hypokinesia and rigidity. Nigral neurons in rotenone-treated rats accumulate fibrillar cytoplasmic inclusions that contain ubiquitin and α synuclein. These results indicate that chronic exposure to a common pesticide can reproduce the anatomical, behavioral and neurochemical, neuropathological features of PD.

Parkinson's disease (PD) is a late-onset, progressive motor disease marked by selective degeneration of dopaminergic neurons of the substantia nigra and formation of fibrillar cytoplasmic inclusions, known as Lewy bodies, which contain ubiquitin and -synuclein¹. Rare cases of familial PD have been linked to mutations in -synuclein or parkin²-⁴, but the cause of the more commonly encountered sporadic disease is unknown, and the role of genetics in these cases is uncertain⁵. Postmortem studies strongly implicate oxidative damage and mitochondrial impairment in the pathogenesis of PD⁶. Epidemiological studies have repeatedly suggested that pesticide exposure is associated with an increased risk of developing PD⁻-9.

After the pro-toxin, N-methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP), was reported to produce in humans an acute parkinsonian syndrome that is virtually indistinguishable from idiopathic PD¹⁰, its metabolite, 1-methyl-4-pyridinium (MPP⁺), was found to be a mitochondrial poison, which inhibits mitochondrial respiration at complex I of the electron transport chain ¹¹⁻¹². The selectivity of MPP⁺ for dopaminergic neurons is due to the fact that it is an excellent substrate for the dopamine transporter and is thereby accumulated preferentially in

cells that transport dopamine¹³. Subsequent to the recognition of MPTP's toxicity and its mechanism of action, several laboratories reported a selective defect in complex I of the electron transport chain in PD¹⁴⁻²². Importantly, this defect appears to be systemic, affecting not only the brain but also peripheral tissues, such as platelets.

An accurate in vivo experimental model of PD should the progressive, selective nigrostriatal dopaminergic degeneration and Lewy body formation seen in PD, test the relevance of the systemic complex I defect, and explain the potential involvement of pesticide exposure in development of parkinsonism. Unfortunately, no current animal model incorporates all of these features. model causes selective nigrostriatal degeneration by inhibiting complex I but, unlike PD, MPTP does not cause a systemic complex I defect. Instead, the inhibition is highly selective for dopaminergic neurons. Moreover, MPTP does not typically produce cytoplasmic inclusions that closely resemble Lewy bodies²³. A recent report indicates that transgenic mice expressing the pathogenic human -synuclein mutation develop modest dopaminergic pathology (although the specificity of this degeneration was not detailed), and many neurons contain small cytoplasmic inclusions which are granular rather than fibrillar²⁴.

To develop a more accurate in vivo model of PD, we exposed rats chronically, continuously and systemically to the common pesticide, rotenone. A naturally-occurring compound derived from the roots of certain plant species, rotenone is commonly used as an insecticide in vegetable gardens, and is also used to kill or sample fish populations in lakes and reservoirs. It is widely believed to be a safe, natural alternative to synthetic pesticides. Rotenone is also a well characterized, high-affinity, specific inhibitor of complex I, one of the five enzyme complexes of the inner mitochondrial membrane involved phosphorylation. Because it is extremely hydrophobic, rotenone crosses biological membranes easily, and it does not depend on the dopamine transporter for access to the cytoplasm. Therefore, rotenone – unlike MPTP – is well-suited to produce a systemic inhibition of complex I.

RESULTS

Sprague-Dawley and Lewis rats were infused continuously with rotenone by a jugular vein cannula attached to a subcutaneous osmotic minipump. Lewis rats showed less variability and more consistent lesions than Sprague-Dawley rats²⁵ and were used exclusively after completion of pilot studies. Initially, rotenone was infused at doses ranging from 1 to 12 mg/kg/day for various lengths of time. High doses of rotenone for short periods of time produced systemic (cardiovascular) toxicity and non-specific brain lesions, as reported by others²⁶ (M.F. Beal and J. Shulz, personal communication). Downward titration of rotenone dosing resulted in less systemic illness and highly specific dopaminergic degeneration. The optimal dose for inducing the pathology of PD was determined to be 2 - 3 mg/kg/day in Lewis rats, and animals were euthanized after 7 days to more than 5 weeks of continuous treatment. In the study presented here, 25 rats were infused with rotenone in this dose range and 12 demonstrated clear nigrostriatal dopaminergic lesions: no vehicle treated rats had lesions.

a 75% inhibition of specific binding translates to a free rotenone concentration of 20-30 nM in the brain²⁸. This concentration is known to inhibit complex I activity partially²⁹. However, oximetry analysis indicated that, in brain mitochondria – but not liver mitochondria, this level of complex I inhibition is insufficient to inhibit glutamate-supported respiration (Figure 1B).

Selective nigrostriatal dopaminergic degeneration

Systemic partial inhibition of complex I resulted in progressive nigrostriatal dopaminergic degeneration. Immunocytochemistry of phenotypic markers for dopaminergic neurons (tyrosine hydroxylase, TH; dopamine transporter, DAT; vesicular monoamine transporter type 2, VMAT2) all gave identical results, indicating dopaminergic degeneration. Depending on the dose and duration of rotenone exposure, animals demonstrated varying degrees of striatal dopaminergic denervation (Figure 2A - D). Lesions typically began focally in the central or dorsolateral portion of the anterior striatum – as evidenced by a complete loss of phenotypic markers – and spread to involve most of the motor striatum. Interestingly, even when striatal TH depletion was almost complete, there was relative sparing of

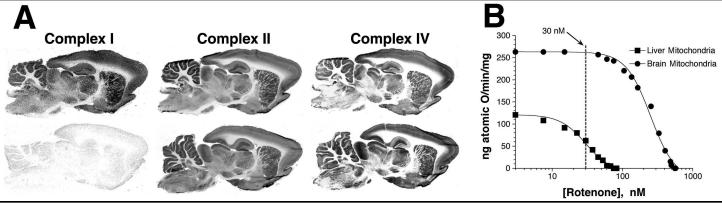


Figure 1. A, Rotenone infusion selectively and uniformly affects complex I throughout brain. Top panel: Adjacent sections from a vehicle-infused animal. Bottom panel: Adjacent sections from a rotenone-infused animal (2.0 mg/kg/day for 2 days). [³H]Dihydrorotenone binding to complex I²⁸ and succinate dehydrogenase (complex II) and cytochrome oxidase (complex IV) histochemistry were performed²⁷. Note the marked reduction of complex I binding (73%) indicating these binding sites were occupied by infused rotenone. Based on this degree of binding inhibition, the rotenone concentration in brain is estimated to be 20 – 30 nM²⁷. Complexes II and IV were unchanged by rotenone infusion. B, Titration of glutamate-supported respiration with rotenone in mitochondria from liver and brain. Oximetry⁴¹⁻⁴² s tudies showed that the estimated brain concentration of rotenone (30 nM maximum), known to partially inhibit complex I activity, partially inhibits respiration in liver mitochondria. However, it does not affect respiration in brain mitochondria.

Rotenone infusion affected complex I selectively. Enzymatic activities of succinate dehydrogenase (complex II) and cytochrome oxidase (complex IV), analyzed histochemically²⁷, were not affected by rotenone infusion. In animals treated systemically with rotenone, [³H]dihydrorotenone binding to complex I in brain²⁸ was reduced by about 75% (Figure 1A). Importantly, systemically administered rotenone acted on complex I uniformly throughout the brain, consistent with its ability to cross biological membranes easily. Based on the affinities of rotenone and dihydrorotenone for complex I,

dopaminergic fibers in medial aspects of striatum, nucleus accumbens and olfactory tubercle (Figure 2D), areas which are relatively spared in idiopathic PD³⁰.

There was also evidence of dopaminergic lesions in the cell bodies of the substantia nigra pars compacta. Animals with partial reductions in TH staining in striatum had relatively normal-appearing dopaminergic neurons in substantia nigra (Figure 2E-G); however, in animals with near complete striatal denervation, there were obvious reductions in TH-stained cells in substantia nigra (Figure 2H). These results suggest that striatal nerve terminals are

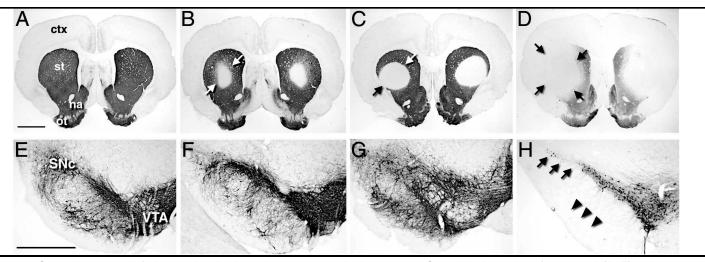


Figure 2. Systemic rotenone infusion resulted in nigrostriatal dopaminergic degeneration. Coronal brain sections from control (A, E) and rotenone-infused rats (2.5mg/kg/day). (B-D, F-H) were immunostained for TH. Duration of the rotenone infusion was 7 days (B,F), 36 days (C,G) or 33 days (D,H). A − D, TH immunocytochemistry in striatum. A, A vehicle-infused rat. B − D, Rotenone-infused rats. Progressive striatal dopaminergic denervation (marked by arrows), ranging from partial (B − C) to almost complete (D) was observed. Despite the almost total loss of dopaminergic terminals in the motor striatum, dopaminergic fibers were spared in the medial striatum, nucleus accumbens (NA) and olfactory tubercle (OB) were spared (B − D). (Scale bar = 2 mm). Ctx, cortex; st, striatum; na, nucleus accumbens; ot, olfactory tubercle. E − H, TH immunocytochemistry in substantia nigra. E, Vehicle-infused rat. F & G, Rotenone-infused rats with partial striatal denervation maintained relatively normal TH staining in substantia nigra. H, With more substantial striatal denervation, there was a loss of TH-immunoreactive neurons and processes. Neurons in the lateral portion (arrows) and ventral tier (arrow heads) of substantia nigra pars compacta were most vulnerable. (Scale bar = 1 mm). SNc, substantia nigra pars compacta; VTA, ventral tegmental area.

affected earlier and more severely by rotenone than nigral cell bodies. Similarly, in brains of patients dying with PD, there is a more profound loss of dopamine in striatum compared to substantia nigra³¹. Neurons in the lateral portion and ventral tier of the substantia nigra pars compacta were most vulnerable to systemic rotenone infusion (Figure 2H). This pattern of vulnerability matches that in idiopathic PD. Despite the loss of TH staining in substantia nigra, dopaminergic neurons of the ventral tegmental area (VTA) were relatively spared, as they are in PD. Moreover, just as in idiopathic PD, noradrenergic neurons of the locus ceruleus were mildly to moderately affected (not shown).

To confirm that the loss of staining of dopaminergic neurons and nerve terminals was due to degeneration rather than reduced expression of phenotypic markers by surviving cells, silver staining was performed alone and in combination with TH-immunostaining. In the striatum, regions of degeneration densely stained with silver corresponded to areas where there was loss of TH staining (Figure 3A & B). In the substantia nigra, there was also clear degeneration. Although animals treated with vehicle never showed nigral degeneration (Figure 3C), animals with partial loss of striatal dopamine terminals had numerous nigral neurons with silver deposits in their cell bodies or dendrites interspersed with normal-appearing neurons (Figure 3D & E). Thus, although nigral TH staining was relatively normal in animals with partial denervation of striatum, silver staining revealed degenerative changes. Animals with severe dopaminergic denervation of striatum had extensive silver deposition in substantia nigra corresponding to the loss of phenotypic markers in this region (Figure 3F). Silver staining also confirmed the progressive, retrograde nature dopaminergic degeneration in the rotenone model. In an animal that survived for 2 weeks beyond the end of rotenone infusion, there was no longer silver staining in the region of striatum depleted of dopaminergic markers. Presumably, this was due to prior phagocytosis of degenerating neuronal elements. However, in this animal, there was massive silver deposition in substantia nigra (not shown). Silver staining also showed that there was no consistent neuronal degeneration elsewhere in the brains of rotenone-treated animals. For example, there is no silver staining in the cortex in figure 3B. Although we never saw silver staining in control animals, there is the possibility that silver deposition can reflect protein aggregation in the absence of frank degeneration. Therefore, the neuronal degeneration was confirmed in rotenone-infused animals with Fluoro-Jade histochemistry. Fluoro-Jade B is a fluorescein derivative that selectively stains neurons undergoing degeneration³². Vehicle-infused animals had no Fluoro-Jade B positive neurons in substantia nigra (Figure 3G); however, there were numerous Fluoro-Jade B positive neurons in substantia nigra of rotenone-infused animals (Figure 3H). Together, silver staining and Fluor-Jade B histochemistry demonstrated selective degeneration of nigrostriatal dopamine neurons in rotenone-infused animals.

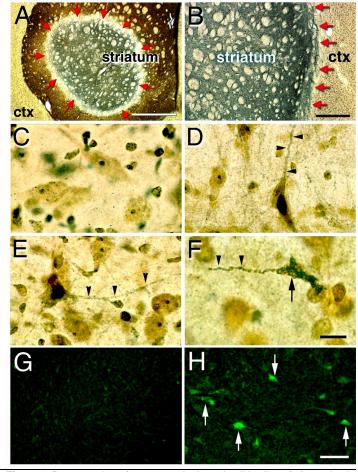


Figure 3. Degeneration of nerve terminals and cell bodies of nigrostriatal dopaminergic neurons in perfusion-fixed brain sections. Sections were taken from rats that received 2.5-2.75 mg/kg/day rotenone for 1 - 5 weeks. A & B, Silver staining in the striatum. A, In a rat with a partial lesion (2.5 mg/kg/day for 7 days) silver deposits (gray material denoted by red arrows) were restricted to focal regions devoid of THimmunoreactivity (brown reaction product). Silver grains and deposits indicate the presence of degenerating nerve terminals. Unaffected striatal regions and cortex were devoid of silver grains. CTX, cortex. Scale bar = 1 mm. B_{r} , In a rat with an almost complete lesion (2.5 mg/kg/day for 33 days) there was widespread silver staining throughout the striatum (red arrows). Scale bar = 200 μ m. C - F, Silver staining in substantia nigra. C, In vehicle-infused rats, silver deposits were never seen in cell bodies or processes. D & E, Nigral neurons containing silver grains were present along with normal cells in rotenone-treated animals with partial denervation of striatum. Arrowheads indicate presence of silver grains in dendrites. F, Silver grains were present throughout cell bodies and dendrites of degenerating nigral neurons in rats with near complete denervation of striatum. Scale bar = 10 µm. G & H, Fluoro-Jade B histochemistry in substantia nigra. G, In vehicle-infused rats no Fluoro-Jade B positive neurons were detected. H. In rotenone-treated rats numerous Fluoro-Jade B positive neurons (white arrows) were seen in substantia nigra. Scale bar = 30 μm.

Despite the profound loss of presynaptic dopaminergic nerve terminals in striatum, postsynaptic neuronal elements in striatum remained intact. Nissl staining, though relatively insensitive in striatum, did not show obvious lesions of striatal neurons (not shown). More than 90% of striatal neurons use -aminobutyric acid as their transmitter and they can be identified with

immunocytochemistry of glutamic acid decarboxylase (GAD). In striatal regions devoid of dopaminergic terminals, there was no loss of GAD immunoreactivity (Figure 4A – D). Thus, the predominant cell type in striatum appears to be intact in rotenone-treated animals. This is in direct contrast to what occurs when complex II – rather than complex I – is inhibited systemically. Animals treated systemically with the complex II inhibitor, 3nitropropionic acid, display selective degeneration of striatal neurons with relative sparing of the nigrostriatal dopamine system³³. An additional smaller population of striatal neurons is cholinergic and can be assessed with acetylcholinesterase (AChE) staining³⁴. Striatal AChE staining was similar in vehicle- and rotenone-treated animals (Figure 4E & F). These results further support the nigrostriatal dopaminergic selectivity of rotenone-induced neurodegeneration.

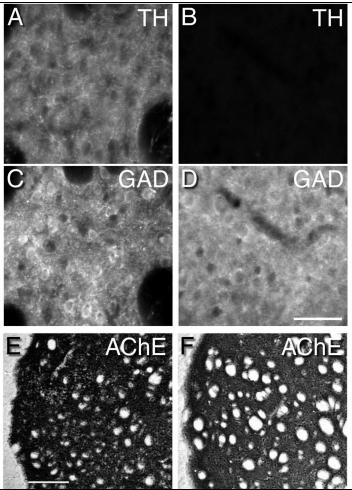


Figure 4. Striatal neurons postsynaptic to the degenerating dopaminergic fibers were unaffected by systemic rotenone infusion. A - D, Sections of striatum from a control animal (A & C) and an animal that received 2.5 mg/kg/day rotenone for 33 days (B & D) were double-labeled for TH (A & B) and GAD (C & D). In regions of striatum that were completely devoid of TH immunoreactivity (B), GAD immunofluorescence was intact (D). Scale bar = $50 \ \mu m$. **E & F**, AChE activity was unaffected in animals with dopaminergic denervation. Scale bar = $200 \ \mu m$.

Cytoplasmic inclusions reminiscent of Lewy bodies

Rats with dopaminergic degeneration had cytoplasmic inclusions in nigral neurons. These inclusions shared some features of the Lewy bodies associated with PD¹. With hematoxylin and eosin staining, pale eosinophilic inclusions were seen that resembled the 'pale body' precursors to Lewy bodies (Figure 5A & B). By light microscopy, some nigral neurons also showed aggregates of ubiquitin (Figure 5C) and -synuclein (Figure 5D) that were usually $1 - 4 \mu m$ in diameter. Electron microscopy showed electron dense cytoplasmic inclusions $(1 - 2 \mu m)$ in diameter) in the cytoplasm of nigral neurons (Figure 5F); such inclusions were frequently clustered in the cytoplasm. Ultrastructural features included homogeneous dense core surrounded by fibrillar elements similar to those seen in Lewy bodies. Some of the inclusions had a more granular appearance like those -synuclein trangenic mice²⁴. described in inclusions contained -synuclein immunoreactivity by immuno-electron microscopy (Figure 5f, inset). We did not find neuronal inclusions in rotenone-treated animals that did not have dopaminergic lesions as assessed by TH staining.

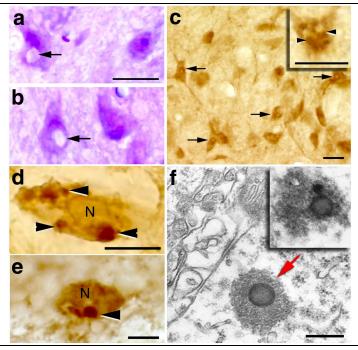


Figure 5. Cytoplasmic inclusions in nigral neurons of rotenone-infused rats. **A & B,** Pale cytoplasmic inclusions (arrows) were seen in nigral neurons of rotenone-infused rats by standard hematoxylin and eosin staining. Scale bars = 25 μm. **C,** Cytoplasmic inclusions in nigral neurons contained ubiquitin immunoreactivity. Arrows indicate cells containing ubiquitin-positive aggregates. **Inset,** a nigral cell at higher magnification illustrating ubiquitin-positive inclusions (arrowheads). Scale bars = 25 μm. **D & E,** Neurons with -synuclein positive-inclusions (arrowheads) Scale bars = 10 μm. **N,** nucleus. **F,** Ultrastructural analysis of inclusions showed a dense core with peripheral fibrillar elements (arrow). **Inset,** an -synuclein-positive inclusion as demonstrated by immuno-electron microscopy. Scale bar = 1 μm.

Parkinsonian behavior

Rotenone-treated animals developed motor and postural deficits characteristic of PD, the severity of which depended on lesion extent. Animals became hypokinetic and had unsteady movement and hunched posture, even after termination of the rotenone infusion. Some animals developed severe rigidity and 3 animals had shaking of one or more paws that was reminiscent of rest tremor. Preliminary experiments indicate that the motor deficits are ameliorated by the dopamine agonist, apomorphine (not shown).

DISCUSSION

Taken together, our results indicate that a systemic partial defect in complex I is sufficient to reproduce the behavioral, anatomical, neurochemical neuropathological features of PD. The fact that rotenone affected complex I uniformly throughout the brain (Figure 1A), coupled with the resultant highly selective neurodegeneration of the nigrostriatal dopaminergic system, suggests that this population of neurons has an intrinsic sensitivity to complex I defects. Because the brain rotenone concentration (20 – 30 nM) was sufficient to partially inhibit complex I, but too low to significantly impair respiration of brain mitochondria, it appears that a bioenergetic defect with ATP depletion cannot explain the neurodegneration. Instead, oxidative damage may be involved. Inhibition of complex I by rotenone stimulates production of reactive oxygen species^{35, 36}. Moreover, we have found that culture of neural cells with 5 nM rotenone induces over a period of weeks progressive oxidative damage to proteins and DNA and sensitizes cells to subsequent oxidative stressors; eventually, it also begins to induce release of cytochrome c from mitochondria to the cytoplasm³⁷. This mechanism could also explain the cytoplasmic inclusions found in nigral neurons of rotenone-treated rats, since both oxidative damage and cytochrome c enhance -synuclein aggregation^{38, 39}.

The compound we employed to inhibit complex I, rotenone, is a naturally-occurring and commonly used pesticide. It appears to have little toxicity when administered orally (Sherer and Greenamyre, unpublished results); however, our results highlight the possibility that environmental toxins, including pesticides, which inhibit mitochondrial function, may contribute to pathogenesis of PD. In this regard, it is important to note that many other naturally-occurring compounds and synthetic pesticides are known to be potent inhibitors of complex I⁴⁰. Individuals are likely to be variably exposed to numerous natural or synthetic complex I inhibitors through diet, drinking water or other environmental Such exposures, combined with genetic differences in complex I function 14-22, or inter-individual differences in the ability to metabolize xenobiotics⁷ may underlie most cases of typical idiopathic PD.

METHODS

Animal Surgery

Male Sprague Dawley and Lewis rats (300 – 350 g; approximately 2 months old) were used for this study. Alzet osmotic mini pumps (models 2ML4 or 2ML1) were filled with rotenone dissolved in equal volumes of dimethylsulfoxide (DMSO) and polyethylene glycol (PEG). Pumps were attached to Tygon microbore tubing and placed in sterile 0.9% saline at 37°C for at least 4 hrs. Ketamine (75mg/kg) and Rompum (10mg/kg) were injected intramuscularly for anesthetic. Alzet osmotic mini pumps were implanted under the skin on the back of each animal and the right jugular vein was cannulated. Pumps were exchanged after 28 days. Control rats received DMSO:PEG (1:1) only. Following surgery, rats were monitored for behavior, weight loss, and overall health. In the instances when rotenone-treated rats began to lose weight, diet was supplemented with oral administration of NutricalTM (Evsco Pharmaceuticals, Buena, Subcutaneous lactated Ringer's injection USP solution (Baxter Healthcare Corporation, Deerfield, II) was given when rats showed signs of dehydration.

Mitochondrial Respiration

Oxygen consumption by rat brain and liver mitochondria was measured polargraphically as described⁴¹ using an Instech minichamber (Instech Laboratories, Plymouth Meeting, PA) equipped with a magnetic stirrer and oxygen electrode (Yellow Spring Instrument Co., Inc.) connected to a chart recorder. For maximum State 3 respiration activity, the following medium was used: 125 mM KCl, 10 mM MOPS, 2 mM MgCl₂, 2 mM KH₂PO₄, 1 mM EGTA, 0.7 mM CaCl₂, 20 mM glucose, 8 units of hexokinase, and 20 mM glutamate plus 2 mM malate. Brain mitochondria were isolated by the method of Sims⁴² without BSA because BSA binds rotenone nonspecifically.

Immunocytochemistry

Paraformaldehyde-fixed brains were used. For single immunolabeling studies 40 µm sections were incubated in primary antibody for 24 h, followed by 1 h incubation with biotinylated secondary antibody. The avidin-biotin complex method was used to detect the antigen signal (ABC elite kit, Vector laboratories, Burlingame, CA) and 3, 3'-diaminobenzidine tetrachloride (DAB) was used to visualize the final product. The primary antibodies used were monoclonal mouse antibody against TH (Chemicon, Temecula, CA, 1:2000), polyclonal rabbit antibody against ubiquitin (Dako corporation, Carpinteria, CA, 1:1000), and polyclonal rabbit antibody against synuclein (Dr. B. Ghetti, 1:400). Secondary antibodies used were biotinylated goat anti-mouse immunnoglobulin G (IgG) or biotinylated goat anti-rabbit IgG (Jackson Immunoresearch labs Inc, West Grove, PA; 1:200).

Double labeling for TH and GAD was performed by immunofluorescence. Sections were simultaneously incubated with antibodies against TH (as above) and GAD (polyclonal rabbit antibody, Chemicon, 1:2000) for 24 h. Texas red-conjugated goat anti-mouse IgG was used to detect TH-positive cells and fluorescein isothiocyanateconjugated goat anti-rabbit IgG was used to detect GAD expressing cells (Jackson Immunoresearch labs Inc, West Grove, PA; 1:200). For controls, one or both primary antibodies were omitted. Immunostained sections were examined using bright-field microscopy or conventional fluorescence microscopy. Images were captured on a Leitz microscope (Leica) linked to an image analysis system (Imaging Research, St. Catharines, Ontario, Canada) with selective filter sets to visualize FITC and Texas red separately, as well as simultaneously. For final output, images were processed using Adobe Photoshop 5.0 software.

Detection of neuronal degeneration

Both silver staining and Fluor-Jade B histochemistry were used to detect degenerating neurons. The FD Neurosilver kitTM (FD NeuroTechnologies, Ellicott City, stained degenerating neuronal elements in paraformaldehyde-fixed brain tissue from control and rotenone-infused rats. Silver staining was performed according to the manufacturer's protocol. Following silver staining, sections were mounted on Superfrost plusTM slides (Fisher Scientific, PA), air-dried, cleared with xylene, and coverslipped with Permount. Sections were examined using bright-field microscopy. immunostained sections were also processed for silver staining to demonstrate selective neurodegeneration. Fluoro-Jade B histochemistry was performed on paraformaldehyde-fixed brain sections from control and rotenone-infused rats according to the manufacturer's protocol (Histo-Chem Inc., Jefferson, AR).

Electron microscopy

Paraformaldehyde-fixed brain sections from 4 rats were processed for standard electron microscopy. The tissue was post-fixed in osmium tetroxide and embedded in epon. Ultra-thin sections were stained with uranyl acetate and lead citrate and examined with a Hitachi electron microscope. For immuno-electron microscopy, sections stained for -synuclein using DAB as chromophore were fixed with 0.5% glutaraldehyde and processed for routine electron microscopy as described.

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