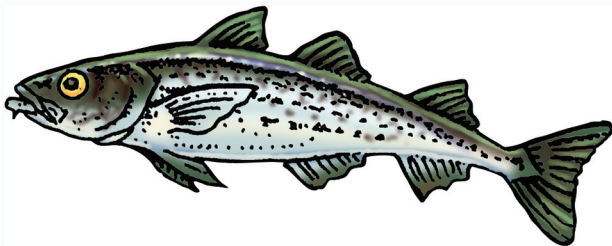


POLLOCK

Fish Watch

U.S. Seafood Facts



Alaska pollock population levels are high, and no overfishing is occurring.

The Alaska pollock fishery is the largest U.S. fishery, by volume. Annual catches average 2.5 billion pounds.

Alaska pollock is high in protein and low in carbohydrates and fat.

Almost all of the pollock sold in the U.S. is caught by U.S. fishermen; imported pollock accounts for less than 2% of the pollock consumed domestically.

Get the facts
fishwatch.noaa.gov