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Food Service School Questionnaire

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Ouestions

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Special Instructions

NOTE: THROUGHOUT THIS QUESTIONNAIRE, TEXT THAT APPEARS IN ALL CAPITAL LETTERS WILL NOT BE READ ALOUD TO RESPONDENTS.

THIS QUESTIONNAIRE WILL BE ADMINISTERED USING COMPUTER ASSISTED PERSONAL INTERVIEW TECHNOLOGY. THE INTERVIEWER WILL READ THE QUESTIONS ALOUD AND TYPE RESPONSES TO THE QUESTIONS INTO THE LAPTOP COMPUTER. THE INTERVIEW PROGRAM WILL 1) DISPLAY THE CORRECT TENSE OF VERBS, 2) PROVIDE ALTERNATE ANSWERS TO QUESTIONS (E.G., NOT APPLICABLE, AI DON=T KNOW@), 3) NAVIGATE COMPLEX SKIP PATTERNS, AND 4) PERFORM OTHER USEFUL FUNCTIONS. THE PROGRAMMING SPECIFICATIONS FOR THE INTERVIEW ARE NOT INCLUDED IN THIS PRINTED VERSION OF THE QUESTIONNAIRE.

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Food Service Organization

1. What is your job title at the school? (In which role do you spend more time?)

- 1) Principal
- 2) Asst. Principal/Other School Administrator
- 3) School Secretary
- 4) Physical Ed Teacher
- 5) Athletic Director
- 6) Health Ed Teacher
- 7) Other Teacher
- 8) Food Service Manager
- 9) Commercial Food Service Provider
- 10) Other School Food Service Staff

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- 11) School Counselor
- 12) Social Worker
- 13) Psychologist
- 14) Other Mental Health/Social Services Provider
- 15) Nurse
- 16) Health Aide
- 17) Physician
- 18) Other Health Services Provider
- 19) SBHC Health Services Staff
- 20) SBHC Mental Health/Social Services Staff
- 50) Other Staff

During this interview, I will ask about food service that schools may offer. If I ask you about things that do not apply to this school or that this school does not do, please bear with me. Please answer the questions based on how you usually do things at this school.

Breakfast Organization, Breakfast Food Variety and Availability

First, I would like to ask a few general questions about the food service program at this school.

2.	Does this school offer breakfast to students?
	Yes1 No
3.	Does this school
	Yes No
	 a. Offer a la carte breakfast items to students?
4.	Where does this school serve breakfast? MARK ALL THAT APPLY
	In the cafeteria
IF Q4	IS 2 <u>ONLY</u> , SKIP TO Q6.
5.	Are students allowed to bring breakfast into classrooms?
	Yes1 No2
Ċ	

IF Q4 IS 3 ONLY, SKIP TO THE INTRODUCTION TO Q7.

- 6. How long do students usually have to eat breakfast once they are seated?
 - _____ Minutes

The next set of questions asks about food variety and availability at breakfast at this school.

When I say "appealing," I mean food items that are acceptable to a majority of students as indicated by some kind of evaluation, such as analysis of plate waste or student choices.

7. Each day for breakfast, are students at this school offered at least one appealing fruit?

8. <u>Each day for breakfast</u>, are students at this school offered at least one appealing low-fat or non-fat dairy product, including milk?

9. <u>Each day for breakfast</u>, are students at this school offered 3 or more different types of milk, for example, 1% chocolate milk or skim unflavored milk?

Lunch Organization, Lunch Food Variety and Availability

10.	Does this school offer lunch to students?
	Yes1 No2
	IS SCHOOL DOES OFFER BREAKFAST (Q2 IS "YES") BUT NOT LUNCH (Q10 IS), SKIP TO Q22.
	IS SCHOOL DOES NOT OFFER BREAKFAST (Q2 IS "NO") OR LUNCH (Q10 IS), SKIP TO Q88.
11.	Does this school
	Yes No a. Offer a la carte lunch items to students? 1
12.	What time do you usually start serving lunch to students?
13.	What time do you usually stop serving lunch to students?
14.	How long do students usually have to eat lunch once they are seated? Minutes

The next set of questions asks about food variety and availability at lunch at this school.

15. Each day for lunch, are students at this school offered at least one appealing fruit?

16. <u>Each day for lunch</u>, are students at this school offered at least one appealing non-fried vegetable?

17. <u>Each day for lunch</u>, are students at this school offered at least one appealing low-fat or non-fat dairy product, including milk?

Yes		
No	2	
	····-	

18. <u>Each day for lunch</u>, are students at this school offered 3 or more different types of milk, for example, 1% chocolate milk or skim unflavored milk?

19. Each day for lunch, are students at this school offered a choice between...

Yes No

a.	2 or more different entrees or main courses?	.12
	2 or more different non-fried vegetables?	
	2 or more different fruits or types of 100% fruit juice?	

SHOW CARD 1

20. Which of the following statements on this card best describes the sale of deep fried foods at this school? Would you say...

21. When salad dressing is offered to students, are they able to select a low-fat dressing?

22. <u>Each week</u> during breakfast or lunch, are students at this school offered 5 or more foods containing whole grain?

sample

Menu Planning and Food Ordering

23.	Currently, does an outside food service management company operate the food service program at this school?
	Yes1
	No2 →SKIP TO Q25
24.	Does the food service management company provide
	Yes
	ANSWER A AND B IF Q2 IS "YES" ONLY. OTHERWISE, SKIP TO THE INSTRUCTIONS BEFORE C.
	 a. A la carte breakfast items?
	ANSWER C AND D ONLY IF Q10 IS "YES" ONLY. OTHERWISE, SKIP TO Q25.
	 c. A la carte lunch items? d. Lunch meals? 1
25.	Does this school offer brand-name fast foods from companies such as Pizza Hut or Taco Bell?
	Yes1 No
26.	In a typical week, on how many days are brand-name fast foods offered to students
	Days/Week
	ANSWER A AND B IF Q2 IS "YES" ONLY. OTHERWISE, SKIP TO THE INSTRUCTIONS BEFORE C.
\sim	 a. As a la carte breakfast items? b. For breakfast meals?
	ANSWER C AND D IF Q10 IS "YES" ONLY. OTHERWISE, SKIP TO Q27.
	c. As a la carte lunch items?d. For lunch meals?

27. Which group has primary responsibility for deciding which foods to order for this school? Would you say...

Staff working at the district food service office,1 \rightarrow SKIP TO THE

INTRODUCTION TO Q29

2
3
4
5
б

28. During a typical school week, how many half-pints of the following types of milk are ordered for this school?

Half-Pints

a.	Whole white milk
b.	2% or one and a half-percent white milk
с.	1% or half-percent white milk
d.	Skim white milk
e.	Whole chocolate or other whole flavored milk
f.	2% or one and a half percent chocolate or other
	flavored milk
g.	1% or half-percent chocolate or other flavored milk
h.	Skim chocolate or other flavored milk
i.	Buttermilk
j.	Lactose-free milk
k.	Soy milk
1.	Any other type of milk

Food Service School Questionnaire - Public Use Version

Food Preparation

Next, I would like to ask about preparation of food at this school. As you answer these questions, please think about the actual cooking of the food, not just the reheating of food that was previously prepared.

29.	9. Is any food actually prepared at this school for students' breakfasts or lunches?				
	Yes				
30.	Not counting the reheating of prepared foods, which group has primary responsibility for <u>cooking</u> foods for students at this school? Would you say				
	Staff working at the district food service office,1 →SKIP TO THE INTRODUCTION TO Q37				
	School staff,				
31.	Are you able to answer questions about food preparation procedures at this school?				
	Yes				
Ċ	anne				

SHOW CARD 2

I would like to ask about substituting one type of ingredient for another.

Using this card, please tell me how often the following practices were used when preparing food for this school.

32.	During the past 30 days, how often				
	2 aning the past 55 days, now orientin	Never	Rarely	Some- times	Almost Always or Always
a.	Were non-stick spray or pan liners used instead of grease or oil?	1	\mathcal{C}	3	4
b.	Was vegetable oil used instead of		X		
C	shortening, butter, or margarine? Were part-skim or low-fat cheese used	1		3	4
с.	instead of regular cheese?	1		3	4
d.	Were skim, low-fat, soy, or nonfat dry milk used instead of whole milk?	G	2	3	4
e.					
f.	Were cooked dried beans, canned beans, soy products, or other meat extenders used instead of meat?				
g.	Were low-sodium canned vegetables use				
U	instead of regular canned vegetables?	1	2	3	4
h.	Were other seasonings used instead of			_	
	salt?	1	2	3	4
i.	Were low-fat or nonfat yogurt, mayonnaise, or sour cream used instead of regular mayonnaise, sour cream, or creamy salad dressings?	1	2	3	4
Ċ					

Sometimes a school will reduce the amount of an ingredient rather than replace it with another ingredient. Please tell me how often during the past 30 days the following techniques were used when preparing food for this school.

33. During the past 30 days, how often was...

		Never	Rarely	Some- times Always or Always
a.	The amount of sugar called for in			
	recipes reduced or were low-sugar recipes used?	1	2	
b.	The amount of fats and oils called			Y
	for in recipes reduced or were low-	1		2
_	fat recipes used?	1		4
c.	The amount of salt called for in recipes reduced or were low-sodium		X	
	recipes used?		2	3 4
			······	

There are several ways to reduce fat when preparing meat and poultry. Please tell me how often during the past 30 days each of the following techniques was used when preparing food for this school.

34. During the past 30 days, how often was...

	CCX	Never	Rarely	Some- times	Almost Always or Always
a.	Meat roasted, baked, or broiled, rather				
	than fried?		2	3	4
b.	Meat or poultry roasted on a rack so fa	ıt			
	would drain?		2		4
с.	Fat drained from browned meat?	1	2	3	4
d.	Fat trimmed from meat or lean meat				
$\overline{}$	used?	1	2	3	4
e.	Skin removed from poultry or skinless				
	poultry used?	1	2	3	4
f.	Solid fat spooned from chilled meat or				
	poultry broth?	1	2	3	4
g.	Fat skimmed off warm broth, soup,				
	stew, or gravy?	1	2	3	4

There are several ways to reduce fat when preparing vegetables. Please tell me how often during the past 30 days each of the following techniques was used when preparing vegetables for this school.

35. During the past 30 days, how often were...

		Never	Rarely	Some- times Always or Always
a.	Potatoes boiled, mashed, or baked			
	rather than fried or deep fried?	1	2	
b.	Other vegetables steamed or baked?	1	2	
c.	Vegetables prepared without using butter, margarine, or a cheese or			
	creamy sauce?	1	2	4
			X	

HACCP-based recipes are those that include critical control points, such as cooking, and associated critical limits, such as time and temperature, in their directions. They are designed to reduce the risk of food contamination and bacterial growth that could lead to foodborne illness. For example, HACCP-based recipe directions might read, "Cook the chicken to at least 165 degrees Fahrenheit for at least 15 seconds."

36. During the past 30 days, how often did your school use Hazard Analysis and Critical Control Points (HACCP) based recipes?

Never		1
Sometimes		3
Almost always or	always	4

Sample

Food Variety and Availability

Irradiated meat is meat that has been exposed to a controlled amount of radiant energy to reduce the risk of foodborne illness by destroying harmful bacteria and other organisms.

lays, how often did your scho	ool use irradiated meat?	
	$\begin{array}{ccc} & & & & \\ & & & & \\ & & & & \\ & & & & $	
	ring the past 30 days?	
	2	
necessary	4	
CRYNC		
	lways ol not use irradiated meat du Γ APPLY nat irradiated meat is unsafe	days, how often did your school use irradiated meat?

ъ т

x 7

Next, I'd like to ask about the different a la carte foods that students are offered, not counting items available in a vending machine.

		Yes	No
a. 1	100% fruit juice or 100% vegetable juice?	1	2
	Soda pop or fruit drinks that are not 100% juice?		
c. \$	Sports drinks, such as Gatorade [®] ?	1	2
d	Sweetened iced tea?	1	2
	Fruit?		2
	Bread sticks, rolls, bagels, pita bread, or other bread products?	<u>A</u>	2
g. 1	Low-fat cookies, crackers, cakes, pastries, or other low-fat paked goods?		2
h. (Cookies, crackers, cakes, pastries, or other baked goods hat are not low in fat? Low-fat or nonfat yogurt? Pizza, hamburgers, or sandwiches?	1	2
i. 1	Low-fat or nonfat yogurt?	1	2
j. 1	Pizza, hamburgers, or sandwiches?	1	2
k. 1	Foods containing peanuts or peanut butter?	1	2
1. 1	Lettuce, vegetable, or bean salads?	1	2
m. `	Vegetables with low-fat dip?	1	2
n. l	Deep fried French fried potatoes?	1	2
	Oven baked French fried potatoes?		
n. (Other vegetables?		2
q. (Chocolate candy?	1	2
r. (Other kinds of candy?	1	2
	Salty snacks that are low in fat, such as pretzels, baked		
	chips, or other low-fat chips?	1	2
t	Salty snacks that are not low in fat, such as regular potato		
	chips or cheese puffs?	1	2
	Low-fat or fat-free ice cream, frozen yogurt, or sherbet?		
	ce cream or frozen yogurt that is not low in fat?		
	Frozen water ices or slushes that do not contain juice?		

39. During a typical week, are students at this school offered...

IF Q39B, Q39C, Q39D, Q39H, Q39N, Q39Q, Q39R, Q39T, Q39V <u>AND</u> Q39W ARE "NO", SKIP TO Q42.

FOR FOOD ITEMS LISTED IN Q39B, Q39C, Q39D, Q39H, Q39N, Q39Q, Q39R, Q39T, Q39V <u>AND</u> Q39W, ANSWER Q41.

- 42. At this school, are students able to get butter or margarine...
 - a. In the serving line or on the tables?b. If they ask for it?

43. Is salt available to students...

anne

Yes No

No

Yes

School Cafeterias

44.	Does this school have a cafeteria?
	Yes1 No
45.	At your peak meal time, how full is the cafeteria compared to the maximum seating capacity? Would you say it is Less than 50% full,
46.	During the past 12 months, have students visited the cafeteria to learn about food safety, food preparation, or other nutrition-related topics? Yes
47.	Do all food service staff at this school receive basic food safety training before they are allowed to prepare or serve food? Yes
48.	Is basic food safety training provided in a language other than English, as appropriate? Yes

49.	Is a certified food safety manager preser	nt while food	l is being		
			Ye	es	No
	a. Prepared?b. Served?				
50.	During the past 12 months, how often di Never 1 time 2 times More than 2 times	1 2 3	2	pect the cafet	eria?
51.	During the past 30 days, has any school food safety self-inspection of the cafeter inspection Checklist? Yes No	ia, for exam			
52.	During the past 12 months, how often w a. Food stored in plastic, glass, or metal containers with tight lids	as Never	Rarely	Some- times	Almost Always or Always
	so that it was inaccessible to pests?	1	2		4
	b. Food preparation equipment				
	cleaned promptly?	1	2	3	4
Ċ	c. Surfaces contaminated by food cleaned promptly?	1	2	3	4

53. Does this school's food service program have a written plan for crisis response in the event of...

		Yes	No
	a. Natural disasters such as blizzards or tornados?	1	2
	b. Water, gas, or electrical outages?	1	2
	c. Equipment failure, such as refrigerator or freezer breakdow		N2C
	d. Food bio-security breaches, that is the intentional contamination of food to cause illness?		
	e. Other terrorist events, such as a bomb threat?		
	f. Suspected foodborne illness outbreak?		
	g. Food recall?		2
		$\sim O^{\vee}$	
54.	Does this school's food service program have a written plan	for	
		Yes	No
	a. Implementation of a risk-based approach to food safety,	for	
	example a HACCP-based program?	1	2
	b. Feeding students with severe food allergies?	1	2
55.	During the past 12 months, did the cafeteria have a separate, peanut-free) table where students with severe food allergies	•	(such as
	Yes1		
	No		
	No students with food allergies		
56.	Does the cafeteria have a handwashing facility or hand sanit students' use?	izing station a	vailable for
	Yes1		
Ċ	No		

Promotion

Next, I'll ask about things that might be done at this school to encourage students to eat meals provided at this school.

57. During the past 12 months, has this school...

		Yes	No
	a. Collected suggestions from students about the school food service program?		
	b. Collected suggestions from school staff about the school food service program?		2
	c. Collected suggestions from family members of students about the school food service program?		2
	d Conducted taste-tests with students?		2
	e. Conducted taste-tests with family members of students?	·	2
58.	Does this school have a committee that includes students who school food service program?	provide sug	gestions for the
	Yes1		
	No2		
59.	Currently, does the school food service staff make changes in	the foods of	fered to any
	Yes	No	N/A
	a. Students with food allergies?1	2	3
	b. Students with chronic health conditions,		
	such as diabetes?1		
	c. Students who are vegetarians?1.	2	3
60.	Does this school participate in the USDA's Team Nutrition ini Yes	itiative?	
	No	TO Q62	
	2		

61. During the past 12 months, has this school...

		Yes	No
	a. Used Team Nutrition posters?	1	2
	b. Used Team Nutrition teaching materials?		
	c. Used Team Nutrition recipes?		
	d. Used Team Nutrition materials for parents?		
	e. Participated in special events related to Team Nutrition?		
	During the past 12 months, has this school	ŝ	
		Yes	No
	a. Provided menus to students?		2
	b. Provided students with information on the nutrition and)	
	caloric content of foods available to them?	1	2
	c. Placed posters or other materials promoting healthy eating		
	habits on display in the cafeteria?	1	2
	d. Placed posters or other materials promoting healthy eating		
	habits on display in the school?	1	2
	e. Included food service topics during school announcements?		2
	f. Included articles about the school food service program in a	L	
	school newsletter, newspaper, website, or other		
	publication?	1	2
63.	During the past 12 months, has this school		
		Yes	No
	a. Provided menus to families of students?	1	2
	b. Provided families with information on the nutrition and		
	caloric content of foods available to students?	1	2
	c. Provided families with information on the school food		
	service program?	1	2
	d, Met with a parents' organization, such as the PTA, to		
Ċ	discuss the school food service program?	1	2
	e. Invited family members to a school meal?	1	2
A			

Collaboration

64. During the past 12 months, have the school food service staff talked or taught about good nutrition, healthy eating habits, or food safety to...

Yes No

ANSWER A FOR ELEMENTARY SCHOOL ONLY. OTHERWISE, SKIP TO THE INSTRUCTIONS BEFORE B.

a. Students at this school as part of a health education lesson?.....1..... 2^{1}

ANSWER B AND C FOR MIDDLE/JUNIOR HIGH AND SENIOR HIGH SCHOOL ONLY. OTHERWISE, SKIP TO Q65A.

b.	A health education class at this school?	 2
	Some other class?	

65a. During the past 12 months, have the school food service staff worked on school food service or nutrition activities with health education staff from this school?

Yes	1
No	2
School does not have health education staff	3

65b. What about with physical education staff from this school?

1

Yes		1
No		
School does not have	physical education	ı
staff		3

65c. What about with health services staff from this school?

Yes	1
No	
School does not have health services staff	

65d. What about with mental health or social services staff from this school?

Yes	1
No	2
School does not have mental health or social	
services staff	3

66. During the past 12 months, have the school food service staff worked on school food service or nutrition activities with staff or members from...

		Yes	No	N/A
a.	A county cooperative extension office?	1	2	
b.	A local health department?		2,	3
с.	A local hospital?	1		3
d.	A local mental health or social services agency?	1	2	
e.				
0.	Heart Association or the American Cancer			
	Society?			
f.	A food commodity organization, such as the	2		
	Dairy Council or produce growers			
	association?	1	2	3
g.		1	2	3
h.		1	2	
	Cart			
	Re			
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Food Service Manager

67. Currently, does someone at this school oversee or coordinate food service, such as a school food service manager?

68. At this school, what is the minimum level of education required for <u>newly hired</u> food service managers?

69. As I read the following list of qualifications, please tell me if each is required for <u>newly</u> <u>hired</u> food service managers at this school.

		Yes	No
a.	A Registered Dietitian (RD) credential from the American		
	Dietetic Association	1	2
).	A Registered Dietetic Technician (DTR) credential from		
	the American Dietetic Association	1	2
	A School Food Service and Nutrition Specialist credential		
	from the School Nutrition Association (formerly, the		
	American School Food Service Association)	1	2
	A School Nutrition Association certification	1	2
	The successful completion of a school food service training		
	program provided or sponsored by the state	1	2

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IF SOMEONE AT THIS SCHOOL DOES NOT COORDINATE FOOD SERVICE (Q67 IS "NO"), SKIP TO Q88.

70.	Are you the person who oversees or coordinates food service at this school?
	Yes
SHO	W CARD 3
71.	Looking at this card, please tell me who you work for. MARK ALL THAT APPLY
	School district
Now,	I'd like to ask you some questions about your educational background.
72.	What is the highest grade or year of education you have completed?
	Less than high school
73.	Do you have an undergraduate degree?
Ċ	Yes

74.	What did you major in?
	MARK ALL THAT APPLY
	Decision 1
	Business1
	Education
	Food service administration or
	management
	Home economics or family and
	consumer science
	Nutrition or dietetics
	Other6
75.	Did you have an undergraduate minor?
75.	Did you have an undergraduate minor?
	Yes
	No
76.	What did you minor in?
	MARK ALL THAT APPLY
	Business1
	Education2
	Food service administration or
	management
	Home economics or family and
	consumer science
	Nutrition or dietetics
	Other6
77.	Do you have a graduate degree?
	Yes1
	No
	NO

78.	In what area or areas? MARK ALL THAT APPLY		
	Business		
	Food service administration or		
	management		
	consumer science		
	Nutrition or dietetics		
	Other	/	
		~	
79.	Have you earned the School Food Service and Nutrition Sp		
	School Nutrition Association (formerly, the American Scho	ol Food Service	•
	Association)?		
	Vac		
	Yes		
	No2		
80.	Do you hold the following credentials from the American D	vietetic Associat	ion?
		Yes	No
			_
	a. Registered Dietitian or RD		
	b. Registered Dietetic Technician or DTR		2
81.	Are you a certified dietary manager?		
	Yes1		
	No2		
82.	Are you a certified food safety manager?		
02.	Are you a certified food safety manager :		
	Yes1		
		IP TO Q84	
C			

83.	Who are you certified by? MARK ALL THAT APPLY
	ServSafe [®] Food Protection Manager Certification by the National Restaurant Association Educational Foundation
	Certified Food Safety Manager TM by the National Registry of Food Safety Professionals
	State or local health agency Food Handler's Card
84.	Do you have any other food service certifications from a state agency or state-level professional group?
	Yes
Ċ	ample

SHOW CARD 4

As I read the list printed on this card, please tell me if you received any staff development on each topic during the past two years. This might include workshops, conferences, continuing education, graduate courses, or any other kind of in-service.

85.	35. During the past two years, did you receive staff development on		
		Yes	No
	 a. Menu planning for healthy meals? b. Cultural diversity in meal planning? c. Implementing the Dietary Guidelines for Americans in 	1	
	school meals?		2
	d. Using the cafeteria for nutrition education?e. Food service for students with special dietary needs?	1	2
	 Food service for students with special dietary needs? Selecting and ordering food? 	1 1	2
	f. Selecting and ordering food?g. Healthy food preparation methods?	1	2
	n. Increasing the percentage of students participating in school meals?	1	2
	. Making school meals more appealing?	1	2
	Customer service?Competitive food policies to create a healthy food	1	2
	environment?	1	2
	. Financial management?		
	n. Personnel management?n. Facility design and layout, including equipment selection?		
	5. Food safety?		
	b. Procedures for food-related emergencies such as choking or		2
	severe food allergy reactions?		
	:. Using Hazard Analysis and Critical Control Points or		
	HACCP?	1	2
	contamination of food to cause illness?	1	2
Ċ	Procedures for responding to food recalls?		
	a. Personal safety for food service staff?	1	2

86. Have you completed the Orientation to Child Nutrition Management Workshop, sponsored by the National Food Service Management Institute (NFSMI)?

Yes1 No......2

SHOW CARD 4

Which of these topics would you like to receive further staff development on? 87. Menu planning for healthy meals1 Cultural diversity in meal planning2 Implementing the Dietary Guidelines for Using the cafeteria for nutrition education4 Food service for students with special dietary Healthy food preparation methods......7 Increasing the percentage of students Customer service......10 Competitive food policies to create a healthy Facility design and layout, including Procedures for food-related emergencies such as choking or severe food allergy reactions16 Emergency preparedness17 Using Hazard Analysis and Critical Control Procedures for responding to food recalls20 Personal safety for food service staff......21

88. My supervisor may wish to call you to ask about how I conducted this interview. Would you please tell me a telephone number where we might reach you starting with the area code?

J.DC

- () -
- 1) Daytime or
- 2) Evening/weekend

Thank you very much for taking the time to complete this interview today.

sample cort