Comparison charts are also available on the DMAP's Web site at:

<a href="http://www.dhs.state.or.us/healthplan/">http://www.dhs.state.or.us/healthplan/</a> data pubs/planlist/main.html>



Open this guide to see Medical Plan Comparisons. Turn it over to see **Dental Plan Comparisons.** 

Dental Plan

P



Find out if they are located near you.

### If you join a Dental Plan:

- Find out which dentists you will have to use.
- Find out if they are located near you.

# Do you or a family member have a clinic or PCP that you go

- A PCP is a Primary Care Provider (personal doctor or nurse).
- If you have a PCP or clinic, call and ask which Medical Plan your **PCP** or clinic belongs to.
- Specialist doctors.

Some Medical and Dental Plans have different rules about using specialist doctors. These rules can affect your use of referrals and other services. Call the Plan's Member Services to find out if the Medical and Dental Plan rules for specialist care meet your needs.

#### **Choose your OHP Medical and Dental Plan carefully** because...

You are not allowed to change Medical or Dental Plans until you reapply, unless you have a special reason. Talk to your worker. All Plans are **not alike**, even though all cover the same basic services.

#### If you have Medicare coverage...

If the OHP Medical Plan contracts with Medicare you'll see the name of the Medicare Plan in the row titled **Associated Medicare** 

**Plan.** If you have Medicare coverage and you choose an OHP Medical Plan that lists a Medicare Plan, you will also be required to join that Medicare Plan. The Medicare Plan will cover your Medicare benefits and prescription drugs covered by Medicare. Call the OHP Medical Plan for more information about coverage provided by its Medicare Plan.



Tips to help you choose the OHP **Medical and Dental Plan that is** right for you.

Call the Plans you are interested in and ask questions about the things that are important to you.

#### If you join a Medical Plan:

Willamette Dental Group

Find out which doctors, clinics, hospitals, pharmacies and mental health arrangements you and your family will have to use.

### When you apply for the Oregon Health Plan, you may need to choose an OHP Managed Care Plan.

Your OHP Managed Care Plan will coordinate all of your health care needs. With managed care:

- You and your family have guaranteed access to health care, 24 hours a day, 7 days a week,
- Your health care records are kept in one place to give you and your family better service and
- Your Plan covers a "basic" set of services.



### **Choosing OHP Medical, Dental and Mental Health Plans**

Every family member must be in the same OHP Medical Plan. However, each family member can have a different Primary Care Provider (PCP) for example, personal doctor or nurse.

Every family member must be in the same OHP Dental Plan. However, each family member can have a different Primary Care Dentist (PCD).

You do not have to choose a **Mental Health Plan.** One will be assigned to you based on the OHP Medical Plan you choose.

All Medical, Dental and Mental Health Plans must provide the same basic services.









# **Comparison Chart Douglas County**

## Your guide to choosing Oregon Health Plan (OHP) **Managed Care Plans**

Use this chart to help you choose an OHP Medical Plan and Dental Plan. Fill in your Medical and Dental Plan choices on your OHP application.

# Your Dental Plans for Douglas County

Advantage Dental Services, Hayden Family Dentistry

Name	LLC	Group	Windingerie Benrai Group	
(541) 504-3901 or 1-866-268-9631 Dental Plan Phone Numbers		Not all ZIP Codes covered  Eugene: (541) 484-1835 Florence: (541) 902-8333 North Bend: (541) 751-1915 or 1-888-468-0022 TTY: 1-866-599-8657	(503) 952-2100 or 1-800-461-8994 TTY: 1-800-735-1232	
Web Address	www.advantagedental.com	www.hfdg.com	www.willamettedental.com	
Primary Care Dentist Locations	Myrtle Creek Riddle Roseburg	Eugene Florence North Bend	Roseburg	
	Dental Plan Phone Numbers  Web Address  Primary Care Dentist	Name  LLC  (541) 504-3901 or 1-866-268-9631  TTY: 1-866-236-9617  Web Address  Www.advantagedental.com  Myrtle Creek Riddle Roseburg  Primary Care Dentist	Name	

See inside for Medical Plan information

# Your Medical Plans for Douglas County

	Medical Plan Name	Douglas County IPA	Mid-Rogue IPA	Oregon Health Management Services	CareOregon
		Not all ZIP Codes covered	Azalea and Glendale only	Not all ZIP Codes covered	Not all ZIP Codes covere
	Medical Plan Phone Numbers	(541) 672-1685 or 1-800-676-7735 TTY: (541) 957-0377 or 1-888-236-4417	(541) 471-4106 or 1-888-460-0185 TTY: 1-800-735-1232	(541) 471-4208 or 1-800-471-0304 TTY: 1-800-735-2900	(503) 416-4100 or 1-800-224-4840 TTY: (503) 416-3700
	Web Address	www.dcipa.com	www.mripa.org	www.ohmsoregon.com	www.careoregon.org
Services and Benefits	Contracted Hospitals	Roseburg: Mercy Medical Center	Ashland: Ashland Community Hospital; Grants Pass: Three Rivers Community Hospital; Medford: Providence Medical Center, Rogue Valley Medical Center	Grants Pass: Three Rivers Community Hospital; Medford: Asante/Rogue Valley Medical Center, Providence Medical Center	Eugene: McKenzie Willamette Hospital, Sacred Heart Hospital; Florence: Peace Harbor Hospital; Reedsport: Lower Umpqua Hospital
	Primary Care Provider Locations	Canyonville Drain Glide Myrtle Creek Roseburg Sutherlin Winston	Grants Pass	Grants Pass	Reedsport
	Pharmacy Arrangements	Bi-Mart, Fred Meyer, K-mart, Rite Aid, Wal-Mart; 13 other local pharmacies	Bi-Mart, Gordon's, Rite Aid, Safeway, Wal-Mart; 11 other local pharmacies	Bi-Mart, Fred Meyer, Rite Aid, Safeway, Wal-Mart; 14 other local pharmacies	Bi-Mart, Fred Meyer, Reedsport Pharmacy, Rite Aid, Safeway; 3 other local pharmacies
	Associated Medicare Plan	ATRIO Health Plan	CareSource	None	None
	Mental Health Arrangements	Jefferson Behavioral Health (541) 440-3532 or 1-888-214-3337 TTY: (541) 440-3548 or 1-800-735-2900	Jefferson Behavioral Health (541) 440-3532 or 1-888-214-3337 TTY: (541) 440-3548 or 1-800-735-2900	Jefferson Behavioral Health (541) 440-3532 or 1-888-214-3337 TTY: (541) 440-3548 or 1-800-735-2900	Jefferson Behavioral Health (541) 440-3532 or 1-888-214-3337 TTY: (541) 440-3548 or 1-800-735-2900
	Web Address	www.jbh.org	www.jbh.org	www.jbh.org	www.jbh.org
ality Survey Results	Getting needed care  Members found a PCP and got referrals to specialists.	**	**	**	**
	Getting care without long waits  Members got appointments easily, did  not have a long wait in the reception  area, and got help on the phone.		**	**	**
	Doctor's communication  Members had a doctor who listens, explains, shows respect and spends time with them.	**	**	**	**
	Courtesy of doctor's office staff Doctors' office staff are courteous and helpful.	**	**	**	**
3	Medical Plan's customer service  Members got helpful information and paperwork.	**	**	**	**

### **About the Medical Plan Quality Survey**

The survey information is from 2004 and it's for the medical plan's service areas throughout Oregon, it is not county specific.

The Division of Medical Assistance Programs (DMAP) manages the Oregon Health Plan. DMAP asked an independent, outside company to do a survey to find out what adults and children think of their Medical Plan and medical care.

The survey asked about things that only patients can answer, such as whether it's easy to get the care they need.

People young and old, well and sick, of different cultures, from all over Oregon answered questions about their Medical Plan and care. Adults were asked about their care; parents were asked about their child's Medical Plan and care.

See the full survey results at:
<www.dhs.state.or.us/healthplan/data\_
pubs/reports.html>