

OREGON DEPARTMENT OF CORRECTIONS
Operations Division
Health Services Section Policy and Procedure #P-F-04

SUBJECT: PERSONAL HYGIENE

POLICY: The Department of Corrections has established in Administrative Rule, guidelines so that inmates can take care of their personal hygiene. These guidelines are further outlined in institution documents such as the inmate handbook, correctional officer post orders, procedures and memoranda. These documents describe bathing schedules, clothing and bedding exchange, laundry facilities, haircuts and shaving arrangements, and the availability of personal hygiene products.

REFERENCE: NCCHC Standard P-F-04
OAR 291-123-005 through 291-123-015
OAR 291-11-005 through 291-11-070

PROCEDURE:

- A. Inmates can take a shower at any institution a minimum of every other day. Inmates in segregation shower a minimum of twice per week and may take a sponge bath in their cell at any time.
- B. In addition to clothing issued when the inmate is received at the institution, an inmate may exchange clothing on an as needed basis.
- C. Laundered clothing is issued to inmates at least once per week if laundry facilities are not available for the inmate to launder their own clothes.
- D. Clean bedding (sheets and pillowcase) is issued at least once per week.
- E. Inmates may have their hair cut at least once per month.
- F. Shaving products are issued to inmates in general population. Inmates in segregated status are allowed to shave during their shower. To prevent infection, all electric razors utilized for shaving or haircutting will be sanitized between patients. Sanitation with germicidal solution will occur according to manufacturer's directions.
- G. The following personal hygiene items are issued to inmates:
 - Soap
 - Comb
 - Toothbrush
 - Baking Soda for brushing teeth
 - Toilet Paper
 - Sanitary Napkins/Tampons (when necessary)
- H. Each week, inmates on "Loss of Privileges" and/or canteen restriction may purchase the following items:
 - One bar of soap
 - One bottle of shampoo
 - One container of body lotion
 - One tube of toothpaste
 - One box of denture cleaner
 - One container of Tylenol

Personal Hygiene

One container of cold medication
Seven envelopes

- I. A wide array of personal hygiene items is available to inmates for purchase from the canteen.

Effective Date: _____

Revision date: April 2007

Supersedes P&P dated: November 2006