

If you experience shortness of breath, get a simple breathing test. Talk with your doctor about treatment options. COPD is a serious lung disease that makes it hard to breathe. In fact, COPD is the #4 cause of death. You can take steps to make breathing easier and live a longer and more active life. www.LearnAboutCOPD.org



# AMERICAN LUNG ASSOCIATION®



**U.S. Department of Health and Human Services**National Institutes of Health
National Heart, Lung, and Blood Institute