

2008

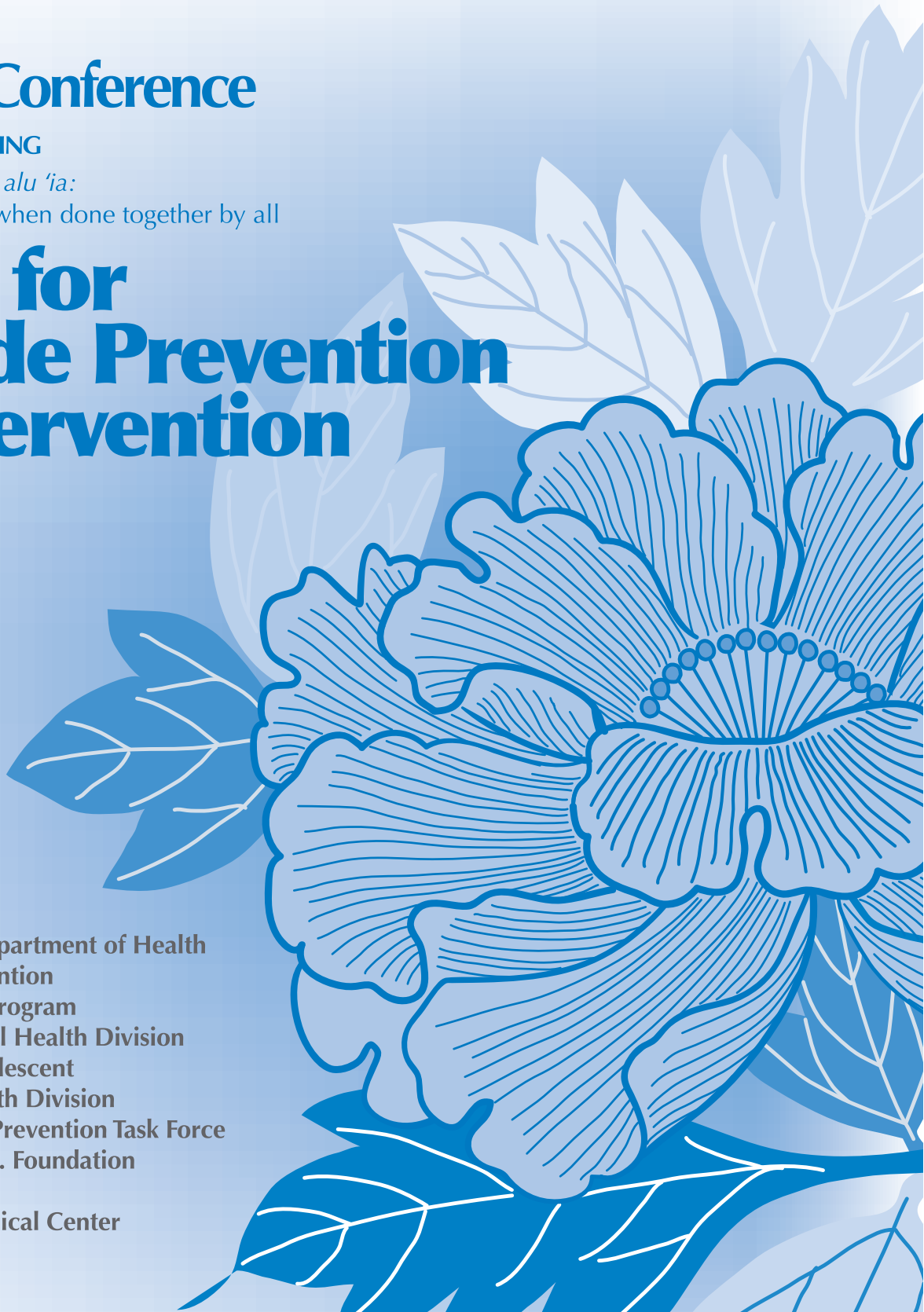
Hawai'i Conference

HOPE, HELP & HEALING

'A'ohe hana nui ke alu 'ia:

No task is too big when done together by all

Tools for Suicide Prevention & Intervention



Sponsors:

- Hawai'i State Department of Health
 - ✓ Injury Prevention & Control Program
 - ✓ Adult Mental Health Division
 - ✓ Child & Adolescent Mental Health Division
- Hawai'i Suicide Prevention Task Force
- Hawai'i S.P.E.A.R. Foundation
- HMSA
- The Queen's Medical Center

November 21, 2008 (Friday)
Pacific Beach Hotel
2490 Kalakaua Avenue · Honolulu, HI

Keynote Speaker for Hawai'i's Suicide Prevention Conference

November 21, 2008



M. David Rudd, PhD, ABPP, is Professor and Chair of the Department of Psychology at Texas Tech University, with an adjunct appointment as Professor of Psychiatry and Behavioral Sciences in the Texas Tech Health Sciences Center. He also maintains a part-time private practice in clinical psychology. Dr. Rudd completed his undergraduate training at Princeton University, his doctoral training at the University of Texas-Austin, and a post-doctoral fellowship in cognitive therapy at the Beck Institute in Philadelphia under the direction of Aaron T. Beck. He is a Diplomate of the American Board of Professional Psychology and a Fellow of three professional societies, including the American Psychological Association, the International Association of Suicide Research, and the Academy of Cognitive Therapy (a founding fellow). In addition to his clinical work, Dr. Rudd is an active researcher with over 150 publications. He has authored several books, including *Treating Suicidal Behavior (2001)*, *Suicide Science: Expanding the Boundaries (2001)* and *The Assessment and Management of Suicidality: A Pocket Guide (2006)*. His research focuses on clinical suicidology, cognitive therapy, and ethics and regulatory issues in psychology. His work has resulted in the receipt of several awards including the Edwin Shneidman (1999) and Exceptional Leadership (2005) Awards from the American Association of Suicidology, and the Outstanding Contribution to Science Award (1998) from the Texas Psychological Association, as well as several awards for his outstanding teaching. Dr. Rudd conducts national and international continuing education workshops on high-risk patients. He serves on several editorial boards and is Past-President of the American Association of Suicidology.

Conference Goal:

To bring together statewide, agencies, organizations, communities and individuals to increase their knowledge of suicide prevention best practices, interventions, and ultimately to reduce the incidence of suicides and suicide attempts in Hawai'i.

Objectives:

At the end of the conference, participants will have:

- Learned about the continuum of suicide from prevention, early intervention, to postvention.
- Learned about assessing risk for suicide and management procedures for effective clinical care of suicidal persons – best practices, programs that work, and promising approaches.
- Gained knowledge and skills to identify and refer individuals to help.
- Become able to empathize with the impact of suicide on survivors and provide understanding and support.

Audience:

Counselors, crisis center staff and volunteers, faith-based leaders, first responders (fire, police, EMT, etc.), mental health staff, nurses, physicians, program administrators, psychiatrists, psychologists, public health workers, researchers, school counselors, social workers, teachers, those who have lost a loved one to suicide, parents, and anyone who is interested.

Continuing Education Credits:

- The Mental Health Services Research, Evaluation, and Training Program (MHSRET) of the University of Hawai'i is approved by the American Psychological Association to sponsor Continuing Education for Psychologists. The MHSRET Program maintains responsibility for this program and its content. The MHSRET Program approves this activity for 6 credits.
- 6 CEU credits for social worker are approved by NASW.
- The Queen's Medical Center is an approved provider of continuing nursing education by the Hawai'i Nurses' Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. 6 contact hours will be granted upon full attendance and completion of the nursing evaluation form.

Conference Information:

- If you have special needs due to disability, please call 733-9238 by October 1, 2008.
- There will be a \$25 processing charge for any cancellations (call 734-9211). After October 31, 2007 no refunds will be made.
- Parking with validation: \$3 self park; \$7 for valet parking; if lot is full, \$8 or more for alternative parking.
- For additional Conference information, call 733-9238.

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AGENDA

8:00 – 9:00 AM

**Registration/Exhibits/
Continental Breakfast**

9:00 AM

Opening Oli / Pule

9:10 – 9:30 AM

Welcome

- Linda Rosen, MD, MPH,
Chief Emergency Medical
Services & Injury Prevention
System Branch, DOH

On partnering efforts

- Patricia Hamamoto, MA,
Superintendent
Department of Education

Plenary Session

9:30 – 10:30 AM

**Assessment & Management of
Suicidality:**

Science and Best Practices

David Rudd, PhD

10:30–10:45

BREAK

Plenary Session

10:45 – 11:45 AM

Suicide in Hawai'i

Iwalani Else, PhD

Dan Galanis, PhD

Dan Alicato, MD

Lunch

12:00 – 1:00 PM

**Cultural Competency as a
Protective Factor**

Kim Alameda, PhD

1:00 – 4:00 PM

Break Out Sessions (next page)

Plenary

4:00 – 4:30 PM

Wrap Up Session

Jane Maxwell and David Rudd

Attention!

**Survivors of Suicide Healing Conference 2008
at Kapi'olani Community College
November 22, 2008 (Saturday)**

Contact Pua Kaninau-Santos

hawaiiispear@aol.com 808-271-8582

or Mikilani Sorman at mikilani@aol.com

808-232-5741



BREAK OUT SESSIONS

	INTERVENTIONS/TREATMENTS	PROTECTIVE FACTORS/ PREVENTION	POSTVENTION	COMMUNITY RESOURCES
Concurrent Sessions I 1:00 – 2:00 PM	(A) Assessment & Management of Suicidal Patients David Rudd, PhD	(B) Lesbian, Gay, Bisexual, Transgender, and Questioning Youth: Strategies for Risk Reduction Robert Bidwell, MD	(C) Caring and Responding to Suicide in Maui District Schools Jeny Bissell, BSN Charmaine Bissen, PsyD	(D) Using Crisis and Emergency Services Loraine Fleming, APRN <i>moderator</i> Steve Balcom, MA John Donkervoet, PhD Stan Luke, PhD Enrique Villareal, MD
Concurrent Sessions II 2:00 – 3:00 PM	(E) SOS (Signs of Suicide) Program in the DOE Peer Education Program Cathy Kawamura, MEd and others	(F) “SafeTALK” session <i>(Prepares you to be alert for persons who might be at risk for suicide.)</i> Chris Piper, APRN Pua Kaninau-Santos, MSW Ann Nakagawa, BA (Note: 2 hour session; for first 30 people who sign up)	(G) The Case Review of Adolescent Suicides: Turning Tragedy into Systems Improvements and Prevention Susan Anderson, RN, MA Teri Covington, MPH	(H) Role of Faith-Based Organizations in Suicide Prevention Marya Grambs, MS <i>moderator</i> Tom Davidson-Marx, RN Pastor Karen Perkins
Concurrent Sessions III 3:00 – 4:00 PM	(I) Come Together Right Now Over Me; The Family in Suicide Intervention Scott Shimabukuro, PhD		(J) Bereavement and Support for Survivors of Suicide Gina Kaulukukui Jane Maxwell, RN	(K) VA Suicide Prevention Susan Bass, RN, MSN <i>moderator</i> David Bernstein, MD Kenneth Hirsch, MD Clay Park Darryl Vincent, BS, CSAC

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REGISTRATION FORM

083HEASIST

Name: _____ Work Phone: _____

Title: _____ Home Phone: _____

Agency/Organization: _____ FAX: _____

Address: _____

City/State: _____ Zip Code: _____

Email: (please provide) _____

Please select one session in each of the
Concurrent Sessions you will attend:

Concurrent Sessions I (select one)

- A)
- B)
- C)
- D)

Concurrent Sessions II (select one)

- E)
- F) (limited to first 30)
- G)
- H)

Concurrent Sessions III (select one)

- I)
- J)
- K)

Lunch: Only check if vegetarian choice

Check if applying for Continuing Education Credits:

- Psychologist
- Social Worker
- Nurse

Conference Cost: \$50 regular
 \$35 students

(If cost is a hardship, there are limited scholarships available – please call 733-9238 ASAP.)

Payment Method:

Visa MasterCard

Name on Charge Card: _____

Card No: _____

Expiration Date: _____

Signature: _____

Check/Money Order \$ _____

Make checks payable to: Kapi'olani Community College
With memo to read: Suicide Prevention Conference 2008

Purchase Order # _____

Attach copy with authorized signature

Billing address: _____

Mail or FAX this Registration Form with Payment to:

Kapi'olani Community College
Non-Credit Registration, 'Ilima 106
4303 Diamond Head Road
Honolulu, HI 96816

FAX (808) 734-9447 / Phone: (808) 734-9211
For registration information call (808) 734-9138

REGISTRATION: Capacity is limited. Registration must be received by October 31, 2008. NO walk-in registrations will be accepted.

CANCELLATION POLICY: There will be a \$25.00 processing charge for any cancellations. After October 31, 2007 no refunds will be made.

SPECIAL NEEDS: If you have special needs due to disability, please call 733-9238 by October 1, 2008.

HOTEL: The conference will be held at the Pacific Beach Hotel, 2490 Kalakaua Avenue Honolulu, HI 96815. Please contact them if you need a room reservation, (808) 922-1233 or 1-800-367-6060. Their website is www.pacificbeachhotel.com.

PARKING: with validation: \$3 – self park; \$7 – valet parking; if lot is full, you will be directed to alternative parking at a higher cost (\$8 or more).