
Tobacco Cessation Services
in the State of Hawaii

Service Providers' Referral Guide

Clean *Break*

HAWAII

JUNE 2007

LIFE
AFTER
CIGARETTES

How to use this Tobacco Cessation Service Provider's Referral Guide.

Dear Tobacco Cessation Service Provider:

The Tobacco Prevention and Education Program (TPEP) at the Hawaii State Department of Health, in collaboration with the Coalition for a Tobacco Free Hawaii's Cessation Advisory Group (CAG) recently updated the list of *tobacco cessation service providers*. This Tobacco Cessation Service Referral Guide is presented for your use.

This guide was developed using the US Department of Health and Human Services Public Health Services and Clinical Practice Guideline, for Treating Tobacco Use and Dependence, based on a April 2007 survey of cessation service providers in Hawaii.

In this referral guide you will find contact information for the Hawaii Tobacco Quitline and other community-based tobacco cessation treatment programs available across the state. In addition, information is provided regarding each service providers program, including program length, type, cost, hours of operation, population served, as well as the availability of pharmacotherapy, translation services, and child care. When discussing the health benefits of cessation with your patients/clients, we encourage you to refer to the programs listed in this resource, which will also be posted on our website www.hawaii.gov/health/tobacco

Thank you for providing the most current program information to help more tobacco users quit.

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Tobacco Cessation Services In the State of Hawaii

STATEWIDE

Hawaii Tobacco Quitline

Island	Statewide
Contact Information	1-800-Quit-Now (1-800-784-8669) www.callitquitshawaii.org
Hours/Session Availability	Monday–Friday 5:00 am - 9:00 pm
* Type	Saturday & Sunday 5:00 am - 6:00 pm T, SH
Program Length	Total 5 sessions, 1st session 30 minutes, 2-5 sessions 15 minutes. One call or 5 sessions. Some people may not be eligible for 5 sessions/calls.
Program Cost	None
Pharmacotherapy	Nicotine patch & nicotine gum. Free for uninsured
Translation	Translation services through Language Line
Populations Served	All adult tobacco users
American Disability Act Compliance	N/A
Childcare	N/A

American Lung Association of Hawaii

Not on Tobacco, Special Program for Teens

Island	Statewide
Contact information	680 Iwilei Road, Suite 575 Honolulu, HI 96817 Debbie Odo. Ph. (808) 537-5966 ext 216. • Fax 537-5971
Hours/Session Availability	Whatever the need, whenever a group can be formed, community and worksite locations
* Type	I, G, SH
Program Length	Ten sessions, 45 minutes to 1 hour + four optional booster sessions.
Program cost	Free
Pharmacotherapy	None
Translation	None
Populations served	Teens
American Disability Act Compliance	Yes
Childcare	No

HMSA

Ready, Set, Quit: Telephone Counseling, Case Management, Tobacco Cessation Classes and NRT

Island	Statewide
Contact information:	Ready, Set, Quit! David Messing Oahu 952-4400 • Neighbor Islands toll free at 1 (888) 225-4122 Fax 952-4450
Hours/Session Availability	8:00 am - 4:00 pm Monday – Friday
* Type	I, G, T, SH
Program Length	18 months of telephonic case management services. Classes at Castle Medical Center, The Queen's Medical Center, and Waianae Coast Comprehensive Health Center. Class length and duration vary by location. Call Ready, Set, Quit! for class enrollment and information.
Program Cost	No charge for phone counseling services. No class cost for most HMSA members.
Pharmacotherapy	NRT provided depending on drug plan.
American Disability Act Compliance	Yes, at class locations.
Childcare	No



*** TYPE:**

I - individual counseling • G - group counseling • T - telephone counseling
SH-Self Help Materials • O - other

PHARMACOTHERAPY:

NRT = nicotine replacement therapy, including nicotine patch, gum, lozenge,
and/or nasal spray
ZB = Zyban, Bupropion SR
Chantix = Chantix is indicated as an aid to smoking cessation treatment

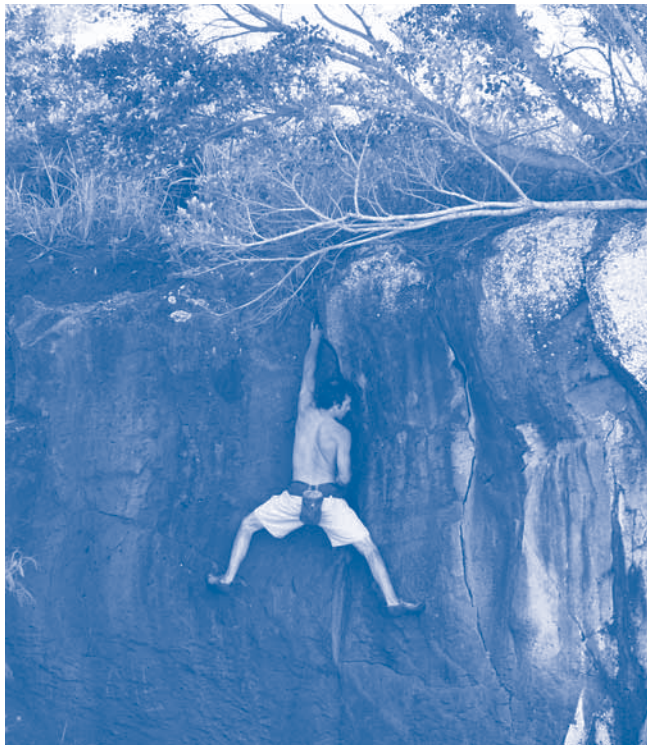
Tobacco Cessation Services In the State of Hawaii

STATEWIDE

US Coast Guard

Work-Life Center Tobacco Cessation Program

Island	Statewide
Contact Information	400 Sand Island Parkway Honolulu, HI 96819 Health Promotion Manager Ph: (808) 842-2088 • Fax: 842-2098
Hours/Session Availability	0730 - 1530 M-F flexible; on a scheduled basis, at main location only.
* Type	I, G, T SH, O
Program Length	Four 60–90 minute sessions, program lasts between 1 and 2 months
Program Cost	Free
Pharmacotherapy	Free NRT, Zyban and Chantix by prescription
Translation	None
Populations Served	Coast Guard and their families
American Disability Act Compliance	Yes
Childcare	No



OAHU

American Lung Association of Hawaii

Freedom From Smoking

Island	Oahu, Maui, Kauai, East Hawaii
Contact Information	680 Iwilei Road, Suite 575 Honolulu, HI 96817 Debbie Odo • Ph. (808) 537-5966 ext. 216 • Fax 537-5971
Hours/Session Availability	Whatever the needs, whenever a group can be formed. Offsite locations. Work place on request 1-1 1/2 hours
* Type	I, G, SH,T (1-800-LUNG-USA, press 2)
Program Length	8 sessions, 1-2 hour; program lasts 2 months
Program Cost	\$100
Pharmacotherapy	None
Translation	None
Populations Served	General population
American Disability Act Compliance	Yes
Childcare	No

Castle Medical Center

Wellness & Lifestyle Medicine Center Castle Center for Nicotine Dependency Treatment

Island	Oahu
Contact Information	642 Ulukahiki Street, Suite 105 Kailua HI 96734 Beth Z. Davidann Ph: (808) 263-5050 • Fax 263-5054
Hours/Session Availability	“Breathe Free” classes by appointment Weekly smoke free support group on a scheduled basis, ongoing
* Type	I, G, SH
Program Length	“Breathe Free” 9 sessions, 1-1/2 hours; program lasts 1 month or less
Program Cost	“Breathe Free” \$100 or covered by HMSA Ready Set Quit Program. For Individual appointment, individual \$75 and followup \$50
Pharmacotherapy	Recommended but does not provide
Translation	None
Populations Served	General population
American Disability Act Compliance	Yes
Childcare	No

Tobacco Cessation Services In the State of Hawaii

Free for life

Tobacco Cessation Program

Island	Oahu
Contact Information	44-160 Kou Place #2 Kaneohe, HI 96744 Toni Baran • Ph. (808) 235-2284 lovehawaii@hawaii.rr.com
Hours/Session Availability	8:00 am - 6:00 pm (Location varies with class booking)
* Type	G, SH, CD's
Program Length	Four sessions, 2 hours each
Program Cost	\$100 (Money will be returned if client attends all 4 sessions)
Pharmacotherapy	None
Translation	None
Populations Served	General population
American Disability Act Compliance	Yes
Childcare	No

Hickam Air Force Base Health and Wellness Center (HAWC)

Tobacco Cessation Program

Island	Oahu
Contact Information	800 Scott Circle Hickam AFB, Honolulu, HI 96853 Ms. Amy Gray Robitschek, Health Education Program Manager Ph: (808) 448-6170 • Fax: 448-6370
Hours Session Availability	Tuesday 1730 - 1900, Wednesday 1200 - 1330
*Type	G, SH, O
Program Length	Six 90 minute sessions
Office hours	M, T, Th, 0730 - 1630 W, F 0830 - 1630 On a scheduled basis over a set period of time (e.g. bi-weekly for eight weeks)
Program Cost	Free
Pharmacotherapy	Free NRT, Zyban and Chantix. Cost covered if clients completed at military treatment facility.
Translation	None
Population Served	Active duty military, dependents, DoD Civilians, retired military and their dependents
American Disability Act Compliance	Yes
Childcare	No



Kaiser Permanente Hawaii Region

Health Education Tobacco Cessation Program

Island	Oahu, Maui, Hawaii
Contact Information	1010 Pensacola St. Honolulu, HI 96814 Belinda P Fagin • Ph: (808) 432-2274 Fax 432-2249
Hours/Session Availability	8:00 am-5:00 pm Monday–Friday, times and days vary from clinic to clinic. Main & offsite locations
* Type	I, G, SH, T
Program Length	One 1-hour session with phone follow up, program length per person varies; Telephone based counseling provided by “Free and Clear” - 12 month service
Program Cost	Members pay their usual office visit co-pay. \$25 for non-members
Pharmacotherapy	NRT covered co-pay for members with drug plan benefits - Chantix and zyban on formulary but with criteria
Translation	None
Populations Served	General population
American Disability Act Compliance	Yes
Childcare	No

*** TYPE:**

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SH-Self Help Materials • O - other

PHARMACOTHERAPY:

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Tobacco Cessation Services In the State of Hawaii

Kalihi-Palama Health Center

Smoke free Families Program

Island	Oahu
Contact Information	915 N. King Street Honolulu HI 96817 Ana Jimenez McMillan (No outside referral) Ph. (808) 848-1438 • Fax 845-2413
Hours/Session Availability	Weekdays on a scheduled basis by appointment
* Type	I, T, SH
Program Length	Four sessions; 20 minutes each, program may last 6-18 months, longer if necessary
Program Cost	Free
Pharmacotherapy	NRT, Zyban and Chantix recommended only
Translation	Japanese, Thai, Tagalog, Ilocano, Spanish, Vietnamese, Korean, Chuukese, Marshallese, Chinese, and others
Populations Served	Pregnant women, general populations, Southeast Asians, immigrants, homeless, mentally ill low-income individuals, people with existing medical conditions, parents of young children, and adolescents
American Disability Act Compliance	Yes
Childcare	No

Ke Ola Mamo Native Hawaiian Healthcare System, Oahu

Island	Oahu
Contact Information	1505 Dillingham Blvd., Room #205 Honolulu, HI 96817 Janice Fernandez Ph: (808) 848-8000 Ext. 224 • Fax: 848-8001
Hours Session Availability	8:00 am – 4:00 pm Monday – Friday
*Type	I,G
Program Length	Basic Tobacco Intervention and Training; Intervention for individuals and training for groups, 8 hour sessions
Program Cost	Free
Pharmacotherapy	None
Translation	None
Population Served	General Population
American Disability Act Compliance	Yes
Childcare	No



Kokua Kalihi Valley Comprehensive Family Services

Kalihi Stop Smoking Now

Island	Oahu
Contact Information	2239 North School Street Honolulu, HI 96819 Megan Inada • Ph: (808) 791-9400 Fax: (808) 847-1144
Hours/Session Availability	Monday–Saturday 8:00 am – 5:00 pm. Monday - Friday
* Type	I, G, SH
Program Length	6 - 12 sessions – 30 min.
Program Cost	Free covered by Quest and other Insurance
Pharmacotherapy	Free NRT and Chantix
Interpretation	Ilocano, Samoan, Chuukese
Population Served	Kalihi Valley residents only, men, women, youth, Filipino, Samoan, Chukese, Families, Tobacco users, with Psychiatric illnesses, Tobacco users with chemical and alcohol dependency
American Disability Act Compliance	Yes
Childcare	No

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PHARMACOTHERAPY:

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and/or nasal spray

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Chantix = Chantix is indicated as an aid to smoking cessation treatment

Tobacco Cessation Services In the State of Hawaii

Kokua Kalihi Valley Comprehensive Family Services

MCH Tobacco Cessation Program

Island	Oahu
Contact Information	2239 North School Street Honolulu, HI 96819 Michele Johnson Ph: (808) 791-9420 • Fax: 847-1144
Hours/Session Availability	Perinatal Services: Monday–Saturday 8:00 am - 6:00 pm WIC Services: Monday–Friday 8:00 am - 4:30 pm Saturday 8:00 am - 12:00 pm
*Type	I, SH
Program Length	12 Sessions, 30 minutes each prenatal/WIC Enrollment to 1 year postpartum
Program Cost	Free
Pharmacotherapy	None
Interpretation	Tagalog, Ilocano, Samoan, Vietnamese, Chuukese, Laotian, Cantonese, Mandarin, Thai
Population Served	Women that are enrolled in KKV's Perinatal services, Pregnant women, Filipino, Chukese, Uninsured low income individuals
American Disability Act Compliance	Yes
Childcare	No



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PHARMACOTHERAPY:

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and/or nasal spray

ZB = Zyban, Bupropion SR

Chantix = Chantix is indicated as an aid to smoking cessation treatment

Naval Health Clinic Hawaii

Health Promotion Department

Island	Oahu
Contact Information	Naval Health Clinic of Hawaii 480 Central Avenue Pearl Harbor HI 96860 Pat Ma'a Shields RN Ph. (808) 473-1880 ext 2283 Fax 473-4452
Hours/Session Availability	Session at Kaneohe Bay Tuesday 1300 – 1400 Kaneohe Bay Makalapa Wednesday 1000 – 1100 Second session 1630 – 1730
* Type	I, G, T, SH, O
Program Length	Four 1-hour sessions; program lasts 1 month or less
Program Cost	Free
Pharmacotherapy	Free NRT, Zyban and Chantix
Translation	Cantonese, Korean, Ilocano, Tagalog, Spanish and other
Populations Served	Active/retired military and/or their dependents
American Disability Act Compliance	Yes
Childcare	No

The Queen's Medical Center

Freedom from Smoking

Island	Oahu
Contact Information	Health, Education and Wellness Dept. 1301 Punchbowl Street QET5 Honolulu, HI 96813 Donna Ready, Wellness Coordinator • Ph: (808) 547-4823 / 537-7117 Fax: 585-5399
Hours/Session Availability	Evening classes offered on a scheduled basis, ongoing. This class requires a minimum of 6 participants
* Type	G
Program Length	8 sessions, 1 - 2 hours long; program lasts 1 month or less
Program Cost	\$110 (Covered by some insurance)
Pharmacotherapy	NRT, Zyban and Chantix recommended only
Translation	None
Populations Served	General population
American Disability Act Compliance	Yes
Childcare	No

Tobacco Cessation Services In the State of Hawaii

Tripler Army Medical Center

Tobacco Cessation Program

Island	Oahu
Contact Information	Department of Psychology 1 Jarrett White Road Honolulu, HI 96859 Dr Michael Kellar Ph. (808) 433-1498 • Fax 433-1466 Michael.kellar@amedd.army.mil
Hours/Session Availability	7:30 am - 4:30 pm Monday and Friday Tuesday 8:30 am - 9:30 am, Wednesday 2:00 pm - 3:00 pm Thursday 10:00 am - 11:00 am
* Type	I, G, T, SH
Program Length	Eleven sessions, 1 hour each
Program Cost	Free
Pharmacotherapy	Free NRT, Zyban and Chantix
Translation	None
Populations Served	Military families, retirees, and family of retirees, people with existing medical conditions/diseases COPD, CA's, emphysema, heart disease, etc
American Disability Act Compliance	Yes
Childcare	No



Waianae Coast Comprehensive Health Center

E Malama I Kou Ha "Care for Your Life Giving Breath" Cessation Program

Island	Oahu
Contact Information	86-260 Farington Hwy, Waianae, HI 96792 • Alicia Higa, Project Coordinator Fax: 696-1533 • Ph: (808) 696-1599
Hours/Session Availability	Thursdays 5:00 pm - 6:00 pm on a scheduled basis, ongoing, at Center. Individual sessions and home visits by appointment
* Type	I, G, T, SH, O
Program Length	Four 1 hour sessions; program lasts between 1 and 2 months
Program Cost	Free for WCCHC patients and HMSA members
Pharmacotherapy	NRT, Zyban and Chantix recommended only
Translation	Samoan
Populations Served	General population and Native Hawaiian, Samoan, Pacific Islanders, low income individuals, homeless
American Disability Act Compliance	Yes
Childcare	No

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SH-Self Help Materials • O - other

PHARMACOTHERAPY:

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Chantix = Chantix is indicated as an aid to smoking cessation treatment

Tobacco Cessation Services In the State of Hawaii

H A W A I I

Big Island Substance Abuse Council

Island	Hawaii
Contact Information	81-947 Halekii Street Keakakekua, HI 96750 Jonelle Balucan Ph. (808) 322-3100 • Fax 322-3001
Hours/Session Availability	By appointment
Type	I, G, T, SH
Program Length	Varies
Program Cost	Free
Pharmacotherapy	None
Translation	None
Populations Served	General Population
American Disability Act Compliance	Yes
Childcare	No

Department of Veterans Affairs

Tobacco Cessation Program

Island	Hawaii
Contact Information	Hilo Community Based Outpatients Clinic 1285 Waiuanue Avenue Suite 211 Hilo, HI 96720 Gordon Sharader Ph (808) 935-5774 • Fax 935-3783
Hours/Session Availability	8:00 am - 4:00 pm Monday–Friday
* Type	I, T
Program Length	Ten sessions, 30 Minutes
Program Cost	Free
Pharmacotherapy	Free NRT, Zyban and Chantix
Translation	None
Populations Served of Retirees and Veterans	Military families, retirees, and family
American Disability Act Compliance	Yes
Childcare	No

* TYPE:

I - individual counseling • G - group counseling • T - telephone counseling
SH-Self Help Materials • O - other

PHARMACOTHERAPY:

NRT = nicotine replacement therapy, including nicotine patch, gum, lozenge,
and/or nasal spray

ZB = Zyban, Bupropion SR

Chantix = Chantix is indicated as an aid to smoking cessation treatment

Hamakua Health Center

Patients Education Office

Island	Hawaii
Contact Information	45-549 Plumera Street Honokaa, HI 96727 Beverly Cypriano, Chronic Disease Case Manager PH: (808) 930-2746 • Fax 775-9404 bcypriano@aloha.net
Hours/Session Availability	9:00 am - 5:00 pm Monday–Friday, on demand. At Center only
* Type	I, SH
Program Length	2 sessions, 45 minutes each
Program Cost	Free
Pharmacotherapy	NRT, Zyban and Chantix recommended but not provided
Translation	No
Populations Served	General population
American Disability Act Compliance	Yes
Childcare	No

Hui Malama Ola Na OIwi Native Hawaiian Healthcare System

Tobacco Cessation Program

Island	Hawaii
Contact Information	69-A Railroad Avenue Hilo, HI 96720 Leimomi Shearer Ph: (808) 969-9220 • Fax 961-4794 leimomi@huimalamahawaii.com
Hours/Session Availability	8:00 am - 4:30 pm Monday–Friday, on demand. Main & offsite locations.
* Type	I, G, T, SH
Program Length	8 sessions, 120 minutes or less; program lasts between 1 and 2 months
Program Cost	Free
Pharmacotherapy	None
Translation	None
Populations Served	Native Hawaiians and/or family members
American Disability Act Compliance	Yes
Childcare	No

Tobacco Cessation Services In the State of Hawaii

Lokahi Treatment Center

Tobacco Cessation Program

Island	Hawaii
Contact Information	68-1845 Waikoloa Road, Suite 224B Waikoloa, HI 96738 Candace Kauahi • Ph. (808) 883-0922 Fax. (808) 883-1022
Hours/Session Availability	Morning or evening
* Type	I, G
Program Length	Six to Thirty Six Sessions, 3 hours each
Program Cost	\$40.00 per session
Pharmacotherapy	None
Translation	None
Populations Served	General population
American Disability Act Compliance	Yes
Childcare	No

Tobacco Education and Assistance Programs

Kick – The – Nic Group Treatment

Island	Hawaii
Contact Information	P.O. Box 2087 Keaau, HI 96749 Cara Sadira, Director Ph. (808) 557-4838 Fax 1-866-825-7496 www.kickthenic.net
Hours/Session Availability	By Appointment. All hours and group sessions posted on the website www.kickthenic.net
Type	G, NRT, Chantix
Program Length	Seven sessions, 75 minutes
Program Cost	Free, Chantix with \$29.00
Pharmacotherapy	Free NRT, Chantix with \$29.00 Co Pay
Translation	Ilocano, Tagalog
Populations Served	General population
American Disability Act Compliance	Yes
Childcare	No

Tutu's House

Ready or Almost Ready to Quit / The Quitters Support Group

Island	Hawaii
Contact Information	64-1032 Mamalahoa HWY # 305 Kamuela HI 96743 Dana Moody, Program Leader Ph. (808) 885-6777 • Fax 885-4998 dana@tutushouse.org
Hours/Session Availability	By appointment – Monday – Friday 9:00 am – 6:00 pm
* Type	I, G, SH
Program Length	One introductory “get ready” one hour session. Then six sessions, 1 hour
Program Cost	Free
Pharmacotherapy	NRT, Zyban and Chantix recommended only
Translation	None
Populations Served	General population
American Disability Act Compliance	Yes
Childcare	No

West Hawaii Community Health Center

Tobacco Cessation Program

Island	Hawaii
Contact Information	75-5751 Kuakini Hwy Suite 101 Kailua - Kona, HI 96704 Jasmin Kiernan RN, Director of Nursing Ph. (808) 326-5629 • Fax 329-5057
Hours/Session Availability	6:00 pm – 8:00 pm for group
Type	G, SH
Program Length	8 Sessions, 1 - 2 hour
Program Cost	Free
Pharmacotherapy	NRT, Zyban and Chantix Recommended only
Translation	None
Populations Served	Smokers in General
American Disability Act Compliance	Yes
Childcare	No

Tobacco Cessation Services In the State of Hawaii

K A U A I

Kauai Family Center

Tobacco Cessation Program

Island	Kauai
Contact Information	Two Locations: Nana's House 9875 Waimea Rd, Waimea, HI 96796 Rebecca Smith, Tobacco Treatment Specialist Ph: (808) 338-0252 Fax: (808) 338-0403 Email: rsmith@cfs-hawaii.org Hale Ho'omalū Aida Pascual, Tobacco Treatment Specialist 4-1112 Kuhio Hwy, Kapaa, HI 96746 Mailing Address: 2970 Kele Street, Lihue, HI 96766 Ph: (808) 821-2520 Fax: (808) 821-0625 Email: apascual@cfs-hawaii.org
Hours/Session Availability	Nana's House: Monday - Friday, 9:00 am - 5:00 pm, some evenings for group Hale Ho'omalū: Monday & Tuesday 12:00 noon 5:00 pm, Wednesday, Thursday and Friday, 9:00 am - 5:00 pm, some evenings for group
* Type	I, G, T, SH, Individual and Family Sessions
Program Length	8-12 Sessions - 1/2 - 1 1/2 hour
Program Cost	Free
Pharmacotherapy	Up to 50% discount for NRT products, Zyban and Chantix
Translation	Ilokano, Tagalog and Spanish
Populations Served	All adults
American Disability Act Compliance	Yes
Childcare	No

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Kauai Rural Health Association

Tobacco Prevention & Cessation Service—Kauai East Side School Complex

Island	Kauai
Contact Information	Kapaa High School 4695 Mailihuna Rd, Kapaa, HI 96740 Valarie Saiki Ph. (808) 821-4401 ext. 140 Fax 821-4420
Hours/Session Availability	7:45 am - 2:45 pm; morning, lunch recess, after school, in school detention (ISD); regular, ongoing, continuous sessions at school year round
* Type	I, G, SH, O
Program Length	Ten sessions, 30 minutes
Program Cost	Free
Pharmacotherapy	None
Translation	None
Populations Served	Youth
American Disability Act Compliance	Yes
Childcare	No

Hoola Lahui Hawaii Native Hawaiian Health Care System

Pau Tobacco

Island	Kauai
Contact Information	4491 Rice Street, Unit 6 Lihue, HI 96766 • Kamuela Aea Community Health Services Project Coordinator kaea@hoolalahui.org Ph. (808) 240-0107 • Fax 246-9551
Hours/Session Availability	8:00 am – 4:30 pm Monday–Friday (Hours of operation) call to schedule an appointment
* Type	I, T, SH
Program Length	Varies
Program Cost	Free
Pharmacotherapy	Provided to patients as part of Cessation activity
Translation	Hawaiian - Niihau (Health Education Material only)
Populations Served	For registered users of Hoola Lahui Hawaii/Kauai Community Health Center
American Disability Act Compliance	Yes
Childcare	No

Tobacco Cessation Services In the State of Hawaii

K A U A I

Waimea High School/Canyon School

Tobacco Prevention and Cessation Program

Island	Kauai
Contact Information	9707 Tsuchiya Road Waimea, Kauai, HI 96796 Rebecca Smith Ph. (808) 338-6810 ext 155 Fax 338-6807
Hours/Session Availability	7:00 am - 3:00 pm Monday–Friday
* Type	I, T, G
Program Length	3 to 8 sessions, 1 hour each
Program Cost	Free
Pharmacotherapy	None
Translation	None
Populations Served	Youth, Pregnant Teen, LGBTIQ Youth, Native Hawaiian Youth, Filipino Youth, Hispanic or Latino Youth, African American Youth
American Disability Act Compliance	Yes
Childcare	No

L A N A I

Coalition for a Drug Free Lanai

Tobacco Cessation Program

Island	Lanai
Contact Information	730 Lanai Avenue, Suite #10 Lanai City, Lanai, HI 96763 Joelle Aoki • Ph. (808) 565-6043 Fax. (808) 565-6240
Hours/Session Availability	8:00 am - 4:00 pm Monday–Friday
* Type	I, G, T
Program Length	Four sessions, 30 minutes each
Program Cost	Free
Pharmacotherapy	NRT assistance
Translation	None
Populations Served	General population
American Disability Act Compliance	Yes
Childcare	No

M A U I

Community Clinic of Maui

Tobacco Dependence Treatment Program

Island	Maui
Contact Information	48 Lono Ave., Wailuku HI 96732 Kelley Aiyana – LCSW-CTTS Ph. (808) 872-4075 • Fax 872-4029 kelley@ccmaui.org
Hours/Session Availability	8:00 am - 6:00 pm; regular, ongoing, continuous sessions. Main & off-site locations.
* Type	I, SH
Program Length	4 to 8 sessions, 30-60 or 60-90 minutes
Program Cost	Free
Pharmacotherapy	NRT, Zyban and Chantix provided at no cost
Translation	None
Populations Served	General Population, Men, women, pregnant women, unemployed, uninsured, Lesbian, Gay, Bisexual, Transgender, HIV+/HepC, homeless, African American, Hispanic or Latinos. (For current CCM patients or people that actually become new patients by choosing CCM as their primary care providers.)
American Disability Act Compliance	Yes
Childcare	No



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Tobacco Cessation Services In the State of Hawaii



Hui No Ke Ola Pono Maui's Native Hawaiian Healthcare System

Holomua "Pupukahi I Holomua"

Island	Maui
Contact Information	J. Walter Cameron Center 95 Mahalani St., Room 21 Wailuku, Maui, HI 96793 Joey Gonsalves Ph. (808) 244-4647 Fax (808) 242-6676 Hana Community Center 1501 Uakea Rd, Room D-14 Hana, HI 96713 David MK Kaina Ph. (808) 248-7502 Fax (808) 248-7836
Hours/Session Availability	8:00 am - 5:00 pm Monday-Friday
* Type	I, T, SH
Program Length	6 sessions - 1 1/2 hour. Individual Brief Interventions are provided on an on demand basis. Group intensive program encompasses a total of 11 weeks at an hour for each week
Program Cost	Free
Pharmacotherapy	Nicotine patch, gum and nicotine lozenge provided to patients as part of Cessation activity. Zyban and Chantix recommended only
Translation	None
Populations Served	General population, Native Hawaiian, Uninsured, Low income individuals
American Disability Act Compliance	Yes
Childcare	No

Judiciary Maui Drug Court

Island	Maui
Contact Information	2050 Main Street, Wailuku, HI 96793 Barbara-Ann Keller, Administrator Ph. (808) 442-3850 Fax. (808) 243-5299
Hours/Session Availability	At Drug Court Office Wednesday 12:00 pm - 1:00 pm Thursday 3:30 pm - 4:30 pm At Maui Community Correctional Center Females-Thursdays 11:00 am - 12:00 pm Males-Monday 9:00 am - 10:00 am
* Type	Group Counseling
Program Length	Four sessions per month, 60 minutes each
Program Cost	Free
Pharmacotherapy	None
Translation	None
Populations Served	Those within the criminal justice system. Men, Women Tobacco users with chemical dependency.
American Disability Act Compliance	Yes
Childcare	No



*** TYPE:**

I - individual counseling • G - group counseling • T - telephone counseling
SH-Self Help Materials • O - other

PHARMACOTHERAPY:

NRT = nicotine replacement therapy, including nicotine patch, gum, lozenge,
and/or nasal spray
ZB = Zyban, Bupropion SR
Chantix = Chantix is indicated as an aid to smoking cessation treatment

Tobacco Cessation Services In the State of Hawaii

M O L O K A I

Na Puuwai Native Hawaiian Healthcare System

Quit Smoking Program

Island	Molokai
Contact Information	P.O.Box 130, Kaunakakai, HI 96748 Dr. Jill Oliveira Ph: (808) 553-8288 • Fax 553-8277 oliveira@napuuwai.org
Hours/Session Availability	Evening group classes 5:00 pm - 6:00 pm once a week whenever a group can be formed. Morning-afternoon individual session: 8:00 am – 4:00pm Main location only. For appointment call the office between 8:00 am – 4:00 pm
* Type	I, G
Program Length	11 week sessions, 1 hour each
Program Cost	Free
Pharmacotherapy	NRT recommended but not provided
Translation	None
Populations Served	General population
American Disability Act Compliance	Yes
Childcare	No



O T H E R T H E R A P Y

Alliance of Hawaii Hypnotherapist Hawaii Hypnotherapy Association

Island	Oahu
Contact Information	126 Kaluamoo Street Kailua, HI 96734 Dr. Stann Reiziss • Ph. (808) 261-2618 reiziss@hawaiiantel.net
Hours/Session Availability	By appointment
* Type	I, G, SH, Hypnosis, Self Hypnosis, Life Coaching Cognitive — Behavioral Approaches
Program Length	3 to 5 sessions, 1 hour each
Program Cost	Fee varies with Practitioner
Pharmacotherapy	None
Translation	None
Populations Served	General population
American Disability Act Compliance	No
Childcare	No

Hawaii Acupuncture Association

Island	Statewide
Contact Information	John Welden, President P.O. Box 11202, Honolulu, HI 96828 Ph. (808) 538-6692
Hours/Session Availability	By appointment only
* Type	I, Acupuncture, Herbal Medicine
Program Length	20 sessions, 1 hour
Program Cost	Variable – Average \$75.00
Pharmacotherapy	None
Translation	Depends on Practitioner
Populations Served	General population
American Disability Act Compliance	Yes
Childcare	No

*** TYPE:**

I - individual counseling • G - group counseling • T - telephone counseling
SH-Self Help Materials • O - other

PHARMACOTHERAPY:

NRT = nicotine replacement therapy, including nicotine patch, gum, lozenge, and/or nasal spray
ZB = Zyban, Bupropion SR
Chantix = Chantix is indicated as an aid to smoking cessation treatment

Training Resources

Basic Tobacco Intervention Skills Certification Training Program

Tobacco Prevention and Education Program Hawaii State Department of Health

Training Coordinator: Lila Johnson
1250 Punchbowl Street, Room 217
Honolulu, HI 96813
Phone (808) 586-4613
Toll free (808) 810-8112
Fax: (808) 586-8252

Certified Tobacco Treatment Specialist Training

University of Massachusetts Basic Skills Training

Available online for \$100
<http://www.umassmed.edu/behavmed/tobacco/>
(508) 856-4099

Certified Tobacco Treatment Specialist Training

University of Medicine & Dentistry of New Jersey

UMDNJ-SPH-Tobacco Dependence Program
317 George Street, Suite 210
New Brunswick, NJ 08901
(732) 235-8220
Fax: (732) 235-8297
Email: joan.maurer@umdnj.edu

Certified Tobacco Treatment Specialist Training

Mayo Clinic

<http://www.mayoclinic.org/ndc-rst/tts-certification.html>

MedEdCME.com

<http://www.mededcme.com/tobacco.php>
Online CME for physicians

To access

US Public Health Service Clinical Guidelines: Treating Tobacco Use and Dependence: Clinical Practical Guidelines And Treating Tobacco... Quick Reference Online:
www.cancer.gov
www.ahrq.gov/path/tobacco.htm

University of Wisconsin

Free CME course, 1 hour
Treating Tobacco Use by Michael Fiore
<http://www.cme.uwisc.org>

Cessation Programs for Providers

Quit Essentials

www.programstogo.com

Smoking Cessation Leadership Center

<http://smokingcessationleadership.ucsf.edu/index.html>

Self – Study Materials

American Cancer Society

800-ACS-2345
www.cancer.org

American College of Obstetricians and Gynecologists

Material for pregnant women
202-638-5577

American Heart Association

800-AHA-USA-1 (242-8721)
www.americanheart.org

American Legacy Foundation

www.americanlegacy.org

American Lung Association of Hawaii

Oahu: 808-537-5966 x305
Neighbor Islands: 800-LUNG-USA
www.ffsonline.org
www.lungusa.org
www.ala-hawaii.org

Centers for Disease Control and Prevention

800-CDC-1311
www.cdc.gov/tobacco

Interactive website for smokers

www.Smokefree.gov

National Cancer Institute (NCI)

http://cis.nci.nih.gov/fact/8_13.htm
<http://cancer.gov> (see also Live Help link)
<http://smokefree.gov>
800-4-CANCER

Next Generation California Tobacco Control Alliance (NGA)

<http://www.cessationcenter.org/index.htm>
complete website to help health care practitioners learn more about smoking cessation

Office of the Surgeon General

www.surgeongeneral.gov/tobacco

Office on Smoking and Health (OSH)

National Center for Chronic Disease Prevention and Health Promotion
Centers for Disease Control and Prevention
Mail Stop K-50, 4770 Buford Highway, NE.
Atlanta, GA 30341-3724
800-CDC-1311 (800-232-1311)
770-488-5705
Fax: 770-488-5939
Fax: Information Service: 770-332-2552
<http://www.cdc.gov/tobacco/>
E-mail: cdcinfo@cdc.gov

Hawaii State Department of Health Tobacco Prevention and Education Program

1250 Punchbowl Street, Room 217
Honolulu, Hawaii 96813
Phone (808) 586-4613
Toll Free (888) 810-8112
Fax (808) 586-8252
www.hawaii.gov/health/tobacco

Brochures

1. Think About It
2. Hawaii Cessation Handbook
3. Hawaii Tobacco Cessation Resources Guide
4. Tobacco Cessation Services in the State of Hawaii Service Providers' Referral Guide

Linda Lingle, Governor of Hawai'i
Chiyome Leinaala Fukino, M.D.
Director of Health

Hawai'i State Department of Health
Tobacco Prevention and Education Program
Chronic Disease Management and Control Branch
Community Health Division
1250 Punchbowl Street, #217
Honolulu, Hawai'i 98613-2416

Telephone: (808) 586-4613 + Toll Free (888) 810-8112
Fax (808) 586-8252
www.hawaii.gov/health/tobacco

NONDISCRIMINATION IN SERVICES

We provide access to our programs and activities without regard to race, color, national origin (including language), age, sex, religion, or disability. Write or call the Tobacco Prevention & Education Program or our Affirmative Action Officer at PO Box 3378, Honolulu HI 96801-3378 or at (808) 586-4616 (voice/TTY) within 180 days of a problem.

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