

Department of Human Services  
Addictions and Mental Health Services Division

**Substance Use Prevention - 2008 Evidence Based Practice Survey**

Addictions and Mental Health (AMH) defines evidence based practices for prevention as: “Population-based services which are either programs or services that work at the community level with civic, religious, law enforcement, and other government organizations to reduce risk factors for mental health and substance abuse problems. Substance abuse prevention programs that enhance anti-drug norms and pro-social behaviors are an example. Fidelity to the evidence-based structure, content and delivery of population-based programs will result in specific, intended, and measurable outcomes, such as reduction in drug abuse in the targeted population.”

Please list prevention practices you are implementing from the approved AMH list located at <http://www.oregon.gov/DHS/mentalhealth/ebp/practices.shtml>. List them here along with when the EBP was implemented and the implementation phase as defined below.

| EBP Title | Date of Implementation | Implementation Phase |
|-----------|------------------------|----------------------|
|           |                        |                      |
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|           |                        |                      |

**1. Implementation Phase**

For each of the listed practices (both the original list and any updates), indicate your stage of implementation using the following:

“Early” – Anywhere from having identified the practice you want to implement to actively planning implementation

- Identified the practice
- Outlined the implementation process
- Established a plan for improvement and sustainability

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“Middle” – Anywhere from initial training to a year or more of implementation.

- Trained staff or community members in the practice
- Delivered the practice
- Completed an internal review and made revisions
- Had an external review completed and made revisions

“Late” – At this point the practice is in continuous use and is sustainable

- Have regular external reviews and make ongoing revisions
- Revised sustainability plan
- Provided technical assistance to others
- Are identified as a model program for that practice

### **2. Number of People Served**

How many combined total people did you serve during the past 12 months using all of the previously listed EBPs? \_\_\_\_\_

### **3. Cost of Providing EBPs**

Please provide the total cost for delivering **all prevention services** during the past 12 months \_\_\_\_\_

*For the figure below, the estimated costs are to be the combination of the implementation of all evidence-based services listed. The costs are to be derived by estimating the percentage time spent by **all** staff supporting the practice(s) and multiplying it against the **total** costs of staff.*

*(ex: Staff A estimates 20% time spent on supporting practice with full cost of employee of \$1000/mo and Staff B estimates 40% with full cost of employee of \$2000.*

*.20 + .40 = .60, \$1000 + \$2000 = \$3000, take .60 x 3000 = \$1800)*

- If you are in a county with the minimum allocation that supports your position “indicate the percentage of time that you spent supporting or coordinating the identification, implementation and maintenance of approved EBPs”

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- Do the same if not in county with a minimum allocation. Identify the prevention EBPs funded with public dollars and the percentage of total dollars spent on those EBPs of the total budget.

Please provide the total costs of delivering evidence-based practices:

\_\_\_\_\_

**4. Maintaining Fidelity and/or Adherence to Practice Standards**

Please check all that apply to your efforts to facilitate implementation of or implement all of your EBPs within the standards associated with the practices:

- Regularly occurring fidelity reviews
- Internal reviews of practice primary components or principles
- External review of practice primary components or principles
- Individual professional proficiency reviews
- Consultation with the developer
- Other, please explain \_\_\_\_\_

**5. Outcomes**

In the space below, please summarize the outcomes you have achieved through implementation of evidence-based practices. These outcomes can be specific to a given practice or you can apply them to your program as a whole. Review and consider your 2007-09 county implementation plan.