

MATRIX MODEL FIDELITY SCALE STRUCTURAL ELEMENTS

Rater: _____

Site: _____

Date: _____

Total Score: _____

CRITERION	RATINGS/ANCHORS							
	1	2	3	4	5		SCORE	
MODEL COMPONENTS								
M1 Two relapse prevention groups per week	Four or less RP groups in four weeks	Five RP groups in four weeks	Six RP groups in four weeks	Seven RP groups in four weeks	Eight RP groups in four weeks			
M2 One family education group per week	No FE groups in four weeks	One FE group in four weeks	Two FE groups in four weeks	Three FE groups in four weeks	Four FE groups in four weeks			
M3 Two early recovery skills groups per week, for the first four weeks of treatment	Four or less ER groups in four weeks	Five ER groups in four weeks	Six ER groups in four weeks	Seven ER groups in four weeks	Eight ER groups in four weeks			
M4 One social support group per week, starting with week 13 of treatment	No SS groups in four weeks	One SS groups in four weeks	Two SS groups in four weeks	Three SS groups in four weeks	Four SS groups in four weeks			
M5 Urine and alcohol testing every week	Almost never 0-24% of clients who showed up over a four-week period were tested	Rarely 25-44% of clients who showed up over a four-week period were tested	Sometimes 45-69% of clients who showed up over a four-week period were tested	Frequently 70-89% of clients who showed up over a four-week period were tested	Almost always 90% or more of clients who showed up over a four-week period were tested			
M6 Three individual sessions during the first 16 weeks	Almost never 0-24% of the completed clients were offered the individual sessions	Rarely 25-44% of the completed clients were offered the individual sessions	Sometimes 45-69% of the completed clients were offered the individual sessions	Frequently 70-89% of the completed clients were offered the individual sessions	Almost always 90% or more of the completed clients were offered the individual sessions			

CRITERION	RATINGS/ANCHORS					SCORE
	1	2	3	4	5	

UTILIZATION OF MANUAL

U1 Clients complete items in the Matrix notebook	Almost never 0-24% of clients use the notebook at least half of the time	Rarely 25-44% of clients use the notebook at least half of the time	Sometimes 45-89% of clients use the notebook at least half of the time	Frequently 70-89% of clients use the notebook at least half of the time	Almost always 90% or more of clients use the notebook at least half of the time	
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GROUP CHARACTERISTICS

G1 RP Group size	1 client or, 20 or more	2 clients or, 15-19	3-4 clients	5-6 clients	7-15 clients	
G2 Use of co-leader	Almost never 0-24% of the groups had a co-leader in four weeks	Rarely 25-44% of the groups had a co-leader in four weeks	Sometimes 45-69% of the groups had a co-leader in four weeks	Frequently 70-89% of the groups had a co-leader in four weeks	Almost always 90% or more of the groups had a co-leader in four weeks	

ATTENDANCE:

A1 Therapists call when clients no-show	Almost never Therapists make phone calls to clients who miss sessions 0-24% of the time	Rarely Therapists make phone calls to clients who miss sessions 25-44% of the time	Sometimes Therapists make phone calls to clients who miss sessions 45-59% of the time	Frequently Therapists make phone calls to clients who miss sessions 70-89% of the time	Almost always Therapists make phone calls to clients who miss sessions 90% or more of the time	
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CRITERION		RATINGS/ANCHORS					SCORE
		1	2	3	4	5	
STAFFING							
S1	Group sessions occur with no more than a three-day break	Almost never 0-24% of the groups occurring with a three-day break or less	Rarely 25-44% of the groups occurring with a three-day break or less	Sometimes 45-69% of the groups occurring with a three-day break or less	Frequently 70-89% of the groups occurring with a three-day break or less	Almost always 90% or more of the groups occurring with a three-day break or less	
S2	Providing access to a therapist between groups by phone	Program never offers on-call coverage	Program Rarely offers on-call coverage	Program Sometimes offers on-call coverage	Program usually offers on-call coverage	Program always offers on-call coverage	
S3	Continuity of clinical staffing	Annual turnover rate 75% or more	Annual turnover rate 55 - 74%	Annual turnover rate 30 - 54%	Annual turnover rate 11 - 29%	Annual turnover rate 10% or less	

Where there any extra-services that were offered to patients for whatever reasons (because the patients requested, or to attract patients and improve group attendance, etc.)?

SCALE:

- 5 – Model fully implemented;
- 4 – Model mostly implemented;
- 3 – Model satisfactorily implemented;
- 2 – Model not satisfactorily implemented;
- 1 – Model not implemented at all.