

Nonviolent Crisis Intervention[®] Training Program

Fidelity Scale

This checklist is intended to ensure that each session of the *Nonviolent Crisis Intervention*[®] training program meets the training standards of the Crisis Prevention Institute. Certified Instructors or an auditor should complete this checklist during or at the end of each full *Nonviolent Crisis Intervention*[®] training session. Please check each box indicating positive completion of each measure. The completed checklist is intended for internal fidelity measurement only and should be forwarded to a training supervisor. It is not necessary to forward this to the Crisis Prevention Institute with training documentation.

Instructor Requirements	Program Quality Standards	Facilitation Dynamics
<ul style="list-style-type: none"> ○ Only Active Certified Instructors certified by the Crisis Prevention Institute taught the training program. ○ Only authorized participants from the Certified Instructor's Base of Employment attended the program. ○ No more than three Certified Instructors team taught the same program. 	<ul style="list-style-type: none"> ○ Only original CPI training materials were used. ○ Units I–VII were adequately covered prior to teaching any physical interventions. ○ Program duration for all units was no less than 8 hours, but no more than 16 hours for full program (Units I–X). ○ Only CPI's Classroom Models were used without substitutions of outside physical techniques. ○ All units of the program were taught in sequence. 	<ul style="list-style-type: none"> ○ Due Care was provided to participants by following the Procedural Safety Outline on pgs. 1–2 of Instructor Manual. ○ Adequate space was used for training. (For 15–25 participants, a minimum of 1500 square feet is recommended.) ○ Every participant had a <i>Nonviolent Crisis Intervention</i>[®] training workbook. ○ Class size did not exceed 40 participants.
Course Content		
<ul style="list-style-type: none"> ○ Introductions/Pre-Test ○ Unit I: CPI Crisis Development ModelSM <ul style="list-style-type: none"> ○ CPI Crisis Development ModelSM Lecture ○ Unit II: Nonverbal Behavior <ul style="list-style-type: none"> ○ Proxemics and Kinesics Exercises ○ Proxemics Lecture ○ Kinesics Lecture ○ CPI Supportive StanceSM Lecture ○ Unit III: Paraverbal Communication <ul style="list-style-type: none"> ○ Paraverbal Communication Exercise ○ Paraverbal Communication Lecture ○ Unit IV: Verbal Intervention <ul style="list-style-type: none"> ○ CPI Verbal Escalation ContinuumSM Exercises ○ CPI Verbal Escalation ContinuumSM Lecture ○ Verbal Intervention Tips and Techniques Lecture ○ Empathic Listening Lecture 	<ul style="list-style-type: none"> ○ Unit V: Precipitating Factors, Rational Detachment, Integrated Experience <ul style="list-style-type: none"> ○ Precipitating Factors Lecture ○ Rational Detachment Lecture ○ Integrated Experience Lecture ○ Unit VI: Staff Fear and Anxiety <ul style="list-style-type: none"> ○ Staff Fear and Anxiety Exercise ○ Staff Fear and Anxiety Lecture ○ Unit VII: CPI's Personal Safety TechniquesSM <ul style="list-style-type: none"> ○ CPI's Personal Safety TechniquesSM Lecture ○ Review of Safety Rules ○ Personal Safety Demonstrations and Practice ○ Punch Block <ul style="list-style-type: none"> ○ Kick Block ○ CPI One-Hand Wrist Grab Release ○ CPI Two-Hand Wrist Grab Release ○ CPI One-Hand Hair Pull Release ○ CPI Two-Hand Hair Pull Release ○ CPI Front Choke Release ○ CPI Back Choke Release ○ CPI Bite Release 	<ul style="list-style-type: none"> ○ Unit VIII: Nonviolent Physical Crisis InterventionSM and Team Intervention <ul style="list-style-type: none"> ○ Introduction and Review of Safety Rules ○ <i>Nonviolent Physical Crisis Intervention</i>SM Demonstrations and Practice <ul style="list-style-type: none"> ○ Block ○ Pull Through ○ CPI Children's Control PositionSM ○ CPI Team Control PositionSM <ul style="list-style-type: none"> ○ Half-Team (practice step) ○ Full Team (basic position) ○ Control Dynamics ○ Control Dynamics Lecture ○ Team Intervention Lecture ○ Review of Risks of Restraint Information ○ CPI Transport PositionSM/CPI Interim Control PositionSM Demonstration and Practice ○ Unit IX: Situational Role-Plays ○ Unit X: Postvention <ul style="list-style-type: none"> ○ Postvention: Establishing Therapeutic Rapport Lecture ○ Post-Test/Evaluation

If any of the above criteria are not met, the training session did not comply with the training standards of the Crisis Prevention Institute. Please refer to the Instructor Manual for the *Nonviolent Crisis Intervention*[®] Training Program. If you have any questions on these training standards, please contact CPI's toll-free Instructor Services number at 1-877-877-5390.