



Youth Suicide Prevention Program presents
an upcoming training opportunity

ASIST

Applied Suicide Intervention Skills Training

TUESDAY AND WEDNESDAY, **JANUARY 22ND & 23RD** 2008
8:30 A.M. - 4:30 P.M.

SPONSORED BY:

Youth Suicide Prevention Program

See Page 2 for
Spokane Class

LOCATION:

Providence Everett Medical Center - *Monte Cristo Room*
916 Pacific Ave., **Everett, WA 98201**

COST:

Just \$50.00 for both days

Funding for this training was partially underwritten by SM-06-005 from SAMHSA, under the Garrett Lee Smith Memorial Act. Training space provided at no cost by the Providence Everett Medical Center.

REGISTRATION:

- To **register online**, go to www.yspp.org/training
- To register or for more information by email or phone, contact Raquel Reyes at raquel@yspp.org or call (206) 297-5922
- **Registration deadline: January 18, 2008.**

CREDITS AVAILABLE FOR THIS WORKSHOP:

- Approved for 14 CEUs by the NASW (Washington Chapter, National Association of Social Workers) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Provider #1975-139.
- Approved for 14 clock hours by Northwest ESD 189.

OBJECTIVES:

By completing the workshop, participants will be able to:

- recognize that caregivers and persons at risk are affected by personal and societal attitudes about suicide;
- discuss suicide with a person at risk in a direct manner;
- identify risk alerts and develop safe plans related to them;
- demonstrate the skills required to intervene with a person at risk of suicide;
- list the types of resources available to a person at risk of suicide, including themselves;
- make a commitment to improving community resources; and
- recognize that suicide prevention is broader than suicide first-aid and includes life promotion and self-care for caregivers.

CURRICULUM:

Each **two-day workshop** is a skills-based training program developed by Living Works Education, Inc., a Canadian public service company dedicated to the prevention of suicide. The curriculum prepares "gatekeepers" to integrate intervention principles into everyday practice and includes five important sections: *Preparing, Connecting, Understanding, Assisting, and Networking.*

Skills and principles are illustrated by case studies presented in video and live dramatizations. Participants have multiple opportunities to practice skills in role-play simulations and to engage in highly interactive discussions with other participants and workshop trainers. Each participant receives a

Suicide Intervention Handbook.

TRAINERS:



Sue Eastgard, MSW, is the director of the Youth Suicide Prevention Program (YSPP). She is an accomplished practitioner and trainer in the areas of suicide prevention, intervention and

postvention. She was the executive director of the Crisis Clinic of Seattle/King County for 4 years and prior to that, spent over a decade providing outpatient mental health services to acutely and chronically mentally ill adults and children. Sue is a past President of the American Association of Suicidology.



Mary Schoenfeldt is currently a public education coordinator for the City of Everett in their Office of Emergency Management. She has over 20 years of experience working in the areas of crisis

response management and violence prevention for schools, communities and private businesses. Mary has served as a Board Member for the Washington State Critical Incident Stress Management Network and was awarded the 2007 Lifetime Achievement Award at the 9th World Congress of the International Critical Incident Stress Foundation. She has devoted her life to helping people both prevent and recover from traumatic life events.



YSP Youth Suicide Prevention Program

The Spokane County Suicide Prevention Coalition and the Youth Suicide Prevention Program present an upcoming training opportunity.

TRAINERS:



Sandy Williams is the Eastern Washington School-based Coordinator and Community Organizer for the Youth Suicide Prevention Program. She holds a Bachelor's degree in Psychology from Washington State

University and currently serves on the Spokane County Suicide Task Force.



AJ Hutsell is a Health Educator for the Spokane Regional Health District. Her area of expertise is suicide awareness and prevention. For the past 10 years, AJ has been educating youth and

adults on the myths, facts and warning signs of suicide. Her involvement in the community includes coordinating the Suicide Prevention Coalition, being an active partner in the annual Suicide Awareness Candlelight Vigil, working with teen peer education groups, and addressing the issue of elder depression and suicide.

ASIST

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**THURSDAY AND FRIDAY,
MARCH 20TH & 21ST 2008**
8:30 A.M. - 4:30 P.M.

LOCATION:

Spokane Community College
Lair Student Center - Littlefoot Rooms A & B
1810 N. Greene St.
Spokane, WA 99217

COST:

\$50.00 for both days - includes lunch

Funding for this training was partially underwritten by SM-06-005 from SAMHSA, under the Garrett Lee Smith Memorial Act and a grant from the Washington State Medical Association Alliance Health Foundation.



REGISTRATION:

Space is limited. Call (509)324-1530 to register or for more information.

Registration deadline: Friday, March 14, 2008

Spokane Regional Health District provides individuals with disabilities reasonable accommodation to participate in our classes, events, programs, and services. Requests may be made by calling Nancy Hawley at 509-324-1530 by March 14, 2008.

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