**SHIBA Program**250 Church St. SE, Ste. 200
Salem, OR 97301-3921

## Who uses SHIBA?

Anyone with Medicare — all ages.



Ask what SHIBA can do for YOU and what YOU can do for SHIBA.

#### **SHIBA Program**

250 Church St. SE, Ste. 200 Salem, Oregon 97301-3921 (800) 722-4134 www.oregonshiba.org





LOCAL HELP FOR PEOPLE WITH MEDICARE



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# Bef Help

### Do you know:

- \* How to get Medicare? (Some people need to sign up.)
- \* The important deadlines to buy additional insurance or prescription drug coverage?
- \* What happens if you continue to work after you are eligible for Medicare?

Research Medicare **before** you turn 65!

#### Free help: 1-800-722-4134



# Bive Help

### Find your **groove!**

Volunteer to help Medicare recipients:

- Enroll in prescription drug coverage
- Compare Medicare supplements
- \* Read bills
- File appeals and grievances
- \* Evaluate long-term care insurance



Free training for SHIBA volunteers!

(800) 722-4134 www.oregonshiba.org

Contact me about becoming a SHIBA volunteer!	SHIBA volunteer!	
Name:		
Phone:	E-mail:	
Address:		
	State:	ZID: