

Your flashlight will help with more than just finding your way.

- Use this simple code to communicate: 1 flash for “Yes”, 2 flashes for “No”, 3 flashes for “Help!”
- Flashlights are very effective at getting someone’s attention, or directing traffic
- Use flashlights to see AND TO BE SEEN.

A whistle and flashlight give anyone their own personal alerting & warning system.

Use a flashlight for:

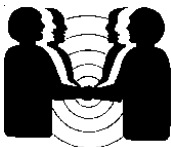
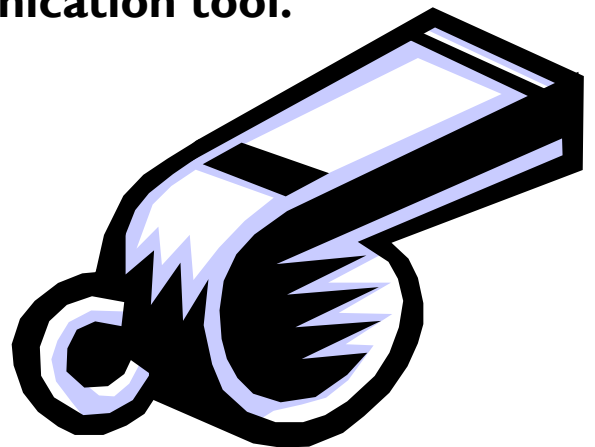
- Being seen/ getting attention
- Seeing in the dark
- Communication device
- Guidance device

Use a whistle to:

- Call for help
- Give a warning
- Stay in communication
- Signaling device

A whistle is also a valuable communication tool.

- The same code works for whistles: 1 blow for “Yes”, 2 blows for “No”, 3 blows for “Help!”
- A whistle’s sound will carry much further than your voice, and it will last longer
- Use a whistle as a warning signal.





EMERGENCY SUPPLIES: GO- KITS

Go-Kits are emergency kits you pack in advance so that if an emergency strikes, you just pick up the kit and GO! **Here are some items you will want in a Go-Kit...**

- Water (keep several small packets rather than one large bottle)
- Food (pick things you enjoy and items that don't need to be cooked)
- Small first-aid kits/essential medications/eyeglasses/hearing aids
- AM/FM radio (with extra batteries)
- Mylar blankets (space blanket)
- Flashlight (with extra batteries)
- Lightsticks
- Whistle (loud)
- Comfortable/sturdy shoes
- Clothes (several light layers is better than heavy or bulky items)
- Garbage bags /plastic bags
- Duct tape
- Tissues/toilet paper
- Deck of cards, book or something to help pass time
- Face masks/dust mask/Bandana or cloth to cover your face
- Pocket knife /Swiss Army knife/scissors
- Copies of important papers (ID, credit cards, insurance policies, etc.)
- Cash and coins
- Pen and paper
- For People with Limited English Proficiency (LEP):* a dual-language dictionary, contact information for bilingual friends and supporters, list of agencies where native language is supported, and translated emergency information for sharing with emergency personnel.

REMINDER:

**Don't forget to make "Go-Kits" and evacuation plans for your pets!
And be sure to have mini Go-Kits in your car, purse or fanny pack.**

CARD – Collaborating Agencies Responding to Disasters

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