

**2008  
Community Service Grant Programs**



**King County  
Developmental Disabilities Division**



**Washington State Department of Social and Health Services  
Division of Developmental Disabilities  
Region 4**

**This document is available at:  
[www.kingcounty.gov/dchs/ddd](http://www.kingcounty.gov/dchs/ddd)**

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**TABLE OF CONTENTS**  
**2008 Community Service Grant Programs**

<b>Programs by Location</b>	<b>Page</b>
<b>Central</b>	
Children's Hospital - Sibshops	5
Parent to Parent Power	9
Seattle Center Foundation - The Seattle Center Arts Academy	6
<b>North</b>	
City of Shoreline Parks and Recreation - Community Choices Program	13
Northshore Senior Center	13
Parkview Services - Stepping Out For Fun	14
Sorenson Early Childhood Center/Northshore School District	
Parent Support	10
Wallingford Boys and Girls Club	8
<b>South</b>	
City of Des Moines Park and Recreation	
Young Adult Program	6
City of Enumclaw	12
City of Kent Parks and Recreation	14
Highline Community College - ACHIEVE Program	12
Refugee Women's Alliance	11
SW Youth and Family Services	10
<b>East</b>	
City of Issaquah - Recreation Program	11
Kindering Center – Parent Support Group	8
Outdoorsforall Foundation (Camp, Adaptive Recreation Events)	7
<b>West</b>	
Vashon Parks – Camp BEBA	15

# TABLE OF CONTENTS

<b>Programs by Service</b>	<b>Page</b>
Programs that serve children and teens	5-8
Programs that serve parents	8-10
Programs that serve parents and children	10-11
Programs that serve adults	11-14
Programs that serve adults and children	14-15
Summer Camps	7, 8, 11, 14, 15

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## 2008 Community Services Grant Programs

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### PROGRAMS THAT SERVE CHILDREN AND TEENS

**Location:** North  
**Type of Service:** Sibling Support Group  
**Who Served:** Siblings of Children with Developmental Disabilities  
**Service Available:** During the School Year  
**Agency/Program:** ***Children's Hospital and Regional Medical Center  
Sibshops***  
4800 Sand Point Way NE, MS: 2C-1  
Seattle, WA 98105  
**Contact Person:** Cathy Harrison 206-987-3285  
Email: cathy.harrison@seattlechildrens.org

**Description:** *Sibshops* is a program geared toward the siblings of children with special needs. The program acknowledges the fact that a sibling spends more time with a brother or sister who has special needs than anyone, except perhaps a parent. They also believe that being the brother or sister of a person with special needs is for some a good thing, others a not-so-good thing, and for many, somewhere in-between.

Sibshops provide regular, monthly, activity sessions for the brothers and sisters who have much to offer one another. Sibshops, offer participants an opportunity to explore their feelings about being the brother or sister of a sibling with special needs. This is accomplished through regular recreational and activity sessions such as: unique new games, arts and crafts, social opportunities, lunch, and discussion groups.

The activity sessions provided by Sibshops strive to create an atmosphere that recognizes the unique contributions made by siblings, and the unique problems with which they must deal. Sibshops are held once a month during the school year and hosted at Children's Hospital and Regional Medical Center. Sibshops serve children ages 6-13 years old (divided into two groups, 6-9 and 10-13 years of age.) Each Sibshop usually lasts three hours, and takes place one Saturday per month. Parent meetings are offered twice a year to support their involvement in the program.

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## 2008 Community Services Grant Programs

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**Location:** South  
**Type of Service:** Social/Recreational  
**Who Served:** Young Adults (ages 13 - 25 years)  
**Service Available:** Year Round  
**Agency/Program:** ***City of Des Moines Parks and Recreation***  
1000 S. 220<sup>th</sup> Street  
Des Moines, WA 98198  
**Contact Person:** Sara Gould 206-870-6548  
Email: recreation@desmoineswa.gov or sgould@desmoineswa.gov

**Description:** This is a partnership project between the Cities of Des Moines, Burien, SeaTac, Tukwila and the unincorporated areas of South King County.

Two different programs are offered. The *Young Adult Social Program* offers a variety of recreational trips for young adults' ages 13-25 years. It is a program in which young adults can be with friends, do arts and crafts projects, play games, sports, etc. Dinner, snacks and beverages are provided. Themes such as dances, barbecues, etc., have been incorporated into the socials that are held on a rotating basis at each of the different community centers. This is an inclusive program, which includes both disabled and non-disabled teens in social settings. There is a \$2 drop-in fee.

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**Location:** Central  
**Type of Service:** Educational, Arts/Recreational  
**Who Served:** Children (7<sup>th</sup> and 8<sup>th</sup> Graders)  
**Service Available:** Summer  
**Agency/Program:** ***Seattle Center Foundation***  
***The Seattle Center Arts Academy***  
305 Harrison Street  
Seattle, WA 98109-4645  
**Contact Person:** Julia Colson, Community Programs Manager 206-684-7377  
Email: colsonj@seattle.gov

**Description:** The Seattle Center Academy is a two-week summer arts education program that provides art experiences to middle-school students (7<sup>th</sup> and 8<sup>th</sup> graders.) This sweeping program offers an impressive array of classes and activities for 275 students during the two-week session. To ensure a successful experience for all participants, the Academy also provides bus transportation, supplies and ongoing communication with the families. The program provides scholarships for approximately 20 students with developmental disabilities each year.

Participants spend five hours per day in a series of classes that include: sculpture, ceramics, dance, music, theater, cartooning, photography, and more. The Academy's program list seems endless. Classes are conducted by professionals and students from art organizations throughout the area.

## 2008 Community Services Grant Programs

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Within this framework, there is a segment of the Seattle Center Academy program called Reach For It! This segment recruits and supports kids with developmental disabilities. Participants receive special attention according to their needs and are integrated into general classes and activities. To support them, the academy provides mentors to assist them in going to and from classes, as well as during classes and other activities. There is a one to one student to mentor ratio. When necessary, the academy creates adaptive classes that provide special accommodations. But even with these special considerations, the program almost always maintains some level of integration and inclusion.

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**Location:** King County  
**Type of Service:** Outdoor Recreation - Day Camps  
**Who Served:** Children up to age 21  
**Service Available:** Year Round  
**Agency/Program:** ***Outdoors for All Foundation Inclusive Recreation Day Camps***  
1621 114<sup>th</sup> Avenue SE, Suite 132  
Bellevue, WA 98004-6905  
**Contact Person:** Gail Loveland 425-462-0978, Email: [info@outdoorsforall.org](mailto:info@outdoorsforall.org)

**Description:** Outdoors for All offers five sessions of week-long inclusive recreation day camps for King County residents with developmental disabilities. Day camps are scheduled to take place during school breaks, including: winter break (December) mid-winter break (February), spring breaks (two different weeks in April) and summer (June through August.) The day camps are offered, and transportation is provided, to at least three of the following new community locations — Rainier Valley, Central Seattle/Yesler Terrace, Skyway and Lake City. Camps are offered Monday through Friday with half-day and full-day options for participants. Camp activities may include adaptive cycling, hiking, rock climbing, water skiing, canoeing, snowshoeing, excursions to local parks and other programs depending upon the season and weather parameters.

Outdoors for All's Custom Events are designed to specifically serve children and adults with and without developmental disabilities. They include such activities as: adaptive cycling, in-line skating, snowshoeing, rock climbing, camping, water skiing, inner-tubing and paddling at various locations in King County. These Custom Events are offered, and transportation is provided, to at least three of the following new community locations — Rainier Valley, Central Seattle/Yesler Terrace, Skyway and Lake City. All instruction, equipment and support is provided by trained Outdoors for All staff and volunteers. For either of these programs you can request information about a scholarship for your child with a developmental disability.

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## 2008 Community Services Grant Programs

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**Location:** North  
**Type of Service:** Social/Recreational  
**Who Served:** Children  
**Service Available:** Year Round  
**Agency/Program:** **Wallingford Boys and Girls Club**  
P.O. Box 31760  
Seattle, WA 98103  
**Contact Person:** Meghan Sweet 206-547-7261, Email: msweet@positiveplace.org

**Description:** The Wallingford Boys and Girls Club conducts a special needs program. This provides specialized support to youth with developmental disabilities to help them fully participate in Boys and Girls Club programming. This program provides drop-in respite after school. Learning room and daily activities are provided. The program helps youth develop independent living skills, have fun, and build self-esteem.

The Boys and Girls Club serves children 5 to 18 years old. The organization provides a staff member that meets children who have a developmental disability as they arrive at the drop-in program. This staff member then makes sure that the children receive the necessary assistance to participate in the day's activities. The Club's list of classes and activities is extensive. The Wallingford Boys and Girls Club attempt to insure that inclusion occurs in all of its events and activities. This program operates year round.

A summer camp is also offered called: *Camp Blast*. This program is for children and teens with high functioning special needs. The nine week camp runs from 9:00 a.m. – 1:00 p.m. daily. In the afternoon, many campers join the Club's regular drop-in program from 1:00 – 6:00 p.m. The program emphasizes exercise, education and expression. Every day a field trip is offered, examples might include: the local fire department, Seattle Storm basketball games, Woodland Park Zoo, Experience Music Project, Bite of Seattle, Wild Waves, swimming and mini-golf.

### PROGRAMS THAT SERVE PARENTS

**Location:** East  
**Type of Service:** Circulo de Mamas (Support Group for Spanish Speaking Mothers)  
**Who Served:** Parents  
**Service Available:** Twice a month  
**Agency/Program:** **Kindering Center**  
16120 NE 8<sup>th</sup> Street  
Bellevue, WA 98008  
**Contact Person:** Rosanne Feder 425-653-4306  
Email: Rosanne.feder@kinding.org

**Description:** The support group will serve both Spanish speaking mothers of children with special needs and Spanish speaking mothers of typically developing children from the community. Through meetings twice each month the support group will promote the health and wellbeing of Spanish speaking women and their families by providing this

## 2008 Community Services Grant Programs

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highly isolated population of women with a place to connect with each other, access important community resources, and work through the cultural and personal challenges of raising a family in the U.S. and of raising a child with special needs in the Spanish community.

The group is led by a native Spanish speaking mental health therapist. The Kindering Center believes that having a native speaker facilitating the group greatly increases the level of intimacy and candid discussion among participants. The group meets for two-hour sessions twice a month and be provided free-of-charge to participants. The support group is structured to serve up to 20 participants at each meeting. Each session includes free, onsite childcare provided by Spanish speaking childcare professionals. In the case that transportation difficulties arise, agency funds are available to help cover costs such as reimbursement for gas.

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**Location:** Central  
**Type of Service:** Parent Support Group  
**Who Served:** Parents  
**Service Available:** Year round  
**Agency/Program:** *Parent to Parent Power/ Chinese Parent Information and Education Support Project*  
1118 S. 142<sup>nd</sup> St., Suite B  
Tacoma, WA 98444  
**Contact Persons:** Yvone Link 253-531-2002, Email: yvone\_link@yahoo.com  
Ginger Kwan 206-372-1072, Email: kwkwan@msn.com

**Description:** The purposes of the Parent to Parent Power/Chinese Parent Information and Education Support Project (CPIESP) are to provide linguistically and culturally relevant services to Chinese children, youth, and adults with developmental disabilities and their families residing in King County. This project facilitates networking with Chinese parents who have similar interests, experiences, and/or challenges. This networking builds strength, knowledge, and fellowship among families who need additional assistance.

Parent to Parent Power was designed by a group of Chinese parents who have children with developmental disabilities. A total of four group meetings and one family community outing are offered throughout 2008. Each of the six meetings will last between three to four hours, and the two family outings are all day activities. Through the partnership and collaboration among the Tzu Chi Foundation and Parent to Parent Power, Chinese parents with children with developmental disabilities are offered opportunities to learn and access services with appropriate language and cultural supports. Please call or Email for meeting schedule.

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## 2008 Community Services Grant Programs

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**Location:** North  
**Type of Service:** Family Support Counseling  
**Who Served:** Parents  
**Service Available:** During School Year  
**Agency/Program:** **Sorenson Early Childhood Center**  
**Northshore School District**  
19705 - 88<sup>th</sup> Avenue NE  
Bothell, WA 98011  
**Contact Person:** Mary Springer 425-489-6467, Email: mspringer@nsd.org

**Description:** This group is a parent driven group. They plan for two phases of the year: January through June and September through December. The support group provides a forum for psychosocial support and also for education on parenting concerns and community resources. They provide at least one opportunity for respite (Parents Night Out) during the year. Two aspects of the program that remain constant: one is the Email group that people may sign up for when their child starts at Sorenson Early Childhood Center and the other is the Friday afternoon Parent Support group. The Email group provides a way to share current and relevant information to families and the support group is a monthly open ended discussion group intended to provide community development and peer support.

This program also provides an evening program for education and information sharing. Childcare is always provided as a way to prevent barriers for attendance. Topics are selected based on interest and age appropriate needs, for example: toilet training, social skill development, parenting issues, transition to Kindergarten, child safety and abuse prevention.

### PROGRAMS THAT SERVE PARENTS AND CHILDREN

**Location:** South  
**Type of Service:** Parent Support/Sewing Group  
**Who Served:** Parents and Children  
**Service Available:** Year Round  
**Agency/Program:** **SW Youth and Family Services**  
4555 Delridge Way SW  
Seattle, WA 98106  
**Contact Persons:** Sili Savusa 206-937-7680, Ext. 219, Email: ssavusa@swyfs.org  
Sambath Soung 206-937-7680, Ext. 230  
Email: ssoung@swyfs.org

**Description:** The Inclusion Sewing Circle provides support for immigrant and refugee mothers to meet twice a month on Saturdays from 10:00 a.m. to 1:00 p.m. The purpose of the group is to provide inclusion activities for Cambodian and other families as well as to provide social and practical support to mothers and caretakers of children with

## 2008 Community Services Grant Programs

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developmental disabilities. Mothers meet to learn to sew, improve sewing skills or just have access to a sewing machine. In this context, mothers talk, share experiences and meet friends, old and new. Parents with and without children with developmental disabilities share tips and approaches to parenting. Activities are organized for all of the children and snacks are provided. The Sewing Group serves as a source of information for participants. As issues are raised in the group, staff researches community information and presents resources on the relevant topic at the next meeting. Transportation to and from the group is provided or coordinated to ensure that transportation is not a barrier to participation.

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**Location:** South  
**Type of Service:** Parent Support  
**Who Served:** Parents and Children  
**Service Available:** Year Round  
**Agency/Program:** *Refugee Women's Alliance*  
4008 Martin Luther King Jr. Way, S.  
Seattle, WA 98108  
**Contact Person:** Jeff Sikora 206-721-8450, Email: [jeff@REWA.org](mailto:jeff@REWA.org)

**Description:** Refugee Women's Alliance (REWA) offers three support groups that meet quarterly to support families who speak Vietnamese, Somali, and Cambodian. Each support group serves 8-12 families. Parent support groups are facilitated by a family advocate and bring together parents and families to share experiences and provide peer support. Support groups are conducted in each group's native language and reduce feelings of isolation by fostering a sense of community for families facing similar challenges. This safe environment provides parents an outlet to express feelings of frustration, an opportunity for problem-solving, and a venue for celebrating their children's progress and accomplishments. After each support group, the Family Advocates follow up with families to learn and understand how the support groups are helping them, to make sure that the family is taking advantage of community participation opportunities, to identify needs and connect the family to services.

### PROGRAMS THAT SERVE ADULTS

**Location:** East  
**Type of Service:** Social/Recreational  
**Who Served:** Children and Adults  
**Service Available:** Year Round  
**Agency/Program:** *City of Issaquah*  
Community Club  
P.O. Box 1307  
Issaquah, WA 98027  
**Contact Person:** Ross Hoover, Recreation Coordinator 425-837-3300  
Email: [rossh@ci.issaquah.wa.us](mailto:rossh@ci.issaquah.wa.us)

## 2008 Community Services Grant Programs

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**Description:** The Parks and Recreation Department of the City of Issaquah provides a variety of recreation programs including day camps, after school programs, sports, arts and crafts and community access programs. Day Camps are provided when school is not in session. The camps run from 9:00 a.m. – 4:00 p.m. weekdays. The Community Club program provides regular day activities (twice a week) for special populations such as fitness class, sports, arts and craft projects, game room, and weekly field trips. Many activities take place at the Issaquah Community Center and are open to everyone. The program director networks with other community resources such as the library, where program participants go monthly. For some activities, participants pay admission fees, or other necessary personal expenses. Additional programs include youth sports and after school youth programs. Call for brochures and further information.

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**Location:** South  
**Type of Service:** Social/Recreational  
**Who Served:** Adults and Children  
**Service Available:** Year Round  
**Agency/Program:** ***City of Enumclaw Parks and Recreation Department***  
1339 Griffin Avenue  
Enumclaw, WA 98022  
**Contact Person:** Gwen Streeter 360-802-0233  
Email: [gwenstreeter@ci.enumclaw.wa.us](mailto:gwenstreeter@ci.enumclaw.wa.us)

**Description:** The City of Enumclaw offers wellness classes geared toward healthy eating, weight loss, agility, and strength training. Water aerobics also augment the wellness program. Other ongoing activities include dining out, movie night, bowling, trips, and tours. Participants also conduct volunteer projects along with community members.

All activities promote inclusion, are community-oriented, and encourage interaction. The wellness and water aerobics classes are held for the general public. Some popular trips are: river rafting, camping, over-night at Ocean Shores, and summer water fight. This is a year round program serving both adults and children.

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**Location:** South  
**Type of Service:** Educational  
**Who Served:** Adults  
**Service Available:** Year Round  
**Agency/Program:** ***Highline Community College***  
***ACHIEVE Program***  
Community Development and Education/ Achieve Program  
P.O. Box 98000, MS: 99-180  
Des Moines, WA 98198  
**Contact Person:** Jenni Sandler 206-878-3710, Ext. 3474  
Email: [jsandler@highline.edu](mailto:jsandler@highline.edu)

## 2008 Community Services Grant Programs

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**Description:** The ACHIEVE Program provides inclusive and affordable adult continuing education at Highline Community College for people with learning or other disabilities. The courses are open to anyone in the community and are offered on a quarterly basis. The program focuses on four major areas of learning: Employment Readiness, Independent Living, Self-Advocacy and Essential Skill Building. Scholarships are offered through this program for individuals who qualify for developmental disability services.

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**Location:** North  
**Type of Service:** Social/Recreational  
**Who Served:** Adults  
**Service Available:** Year Round  
**Agency/Program:** *Northshore Senior Center*  
10201 East Riverside Drive  
Bothell, WA 98011  
**Contact Person:** Lee Harper, Director 425-448-5757  
Email: [leeh@seniorservices.org](mailto:leeh@seniorservices.org)

**Description:** The Northshore Senior Center Inclusion Developmental Disabilities Program provides social and recreational opportunities for individuals with developmental disabilities in community locations that are used by non-disabled individuals for the same or similar activities. Senior Center staff work individually with adults with developmental disabilities to help them identify their interests, gifts, and needs. Staff involves participants in the activities of their choice: art programs, physical activities, the Health Enhancement Program (HEP), clubs, outings, support groups, special events, meals, committees and volunteer opportunities. Most participants come to the Northshore Senior Center one to three times per week. They enjoy activities, visit with new friends, and offer volunteer assistance. Caregivers and families of participants are invited to participate in the center's Caregiver Support groups facilitated by a team of social workers and volunteers.

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**Location:** North  
**Type of Service:** Social/Recreational  
**Who Served:** Adults  
**Service Available:** Year Round  
**Agency/Program:** *City of Shoreline Parks, Recreation and Cultural Services*  
*Adult Community Choices Program*  
17544 Midvale Avenue N.  
Shoreline, WA 98133-4921  
**Contact Person:** Jill Rogers 206-418-3378 or Cell: 206-571-2971  
Email: [jrogers@ci.shoreline.wa.us](mailto:jrogers@ci.shoreline.wa.us)

**Description:** The Adult Community Options Program is a community resource program geared toward the City of Shoreline's adults with special needs. Two days per week,

## 2008 Community Services Grant Programs

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four hours each day, participants attend a variety of outings including local parks, art and history museums, the Zoo, the Aquarium and the Pacific Science Center. Additional activities include a variety of projects including art, music, gardening, cooking, balloon volleyball and bingo. Program participants are encouraged to participate in community service projects such as baking for the teen shelter, delivering craft projects to nursing homes, and on-site volunteering at Food Lifeline. Program staff, volunteers, and attendants, provide a ratio of 1:3, which provides the opportunity for interpersonal interaction between the staff and participants and between the participants and the public. Our goal is to strengthen community connections, build friendships and grow opportunities for both sides in learning from different types of people.

**Location:** North  
**Type of Service:** Social/Recreational "Partners"  
**Who Served:** Adults  
**Service Available:** Year Round  
**Agency/Program:** **Parkview Services - Stepping Out For Fun**  
P.O. Box 65157  
Shoreline, WA 98155  
**Contact Person:** Anne Guthrie 206-779-7275  
Email: [anne@parkviewservices.org](mailto:anne@parkviewservices.org)

**Description:** This program brings together community volunteers and people with disabilities who live with their families. The program creates opportunities for program participants to enjoy community activities once a month for 3-4 hours. Volunteers play a vital role in this program. Volunteers are recruited, trained, and paired with program participants according to mutual interests. Together they regularly go out and have fun at a variety of community-based activities such as; pottery making, eating out, sporting events, art museums, music concerts, and bowling. The kinds of activities partners participate in are limitless. Donated tickets to King County venues are solicited and offered, so partners can have a low-cost outing. The activities are one-to-one, and client based.

### PROGRAMS THAT SERVE ADULTS AND CHILDREN

**Location:** South  
**Type of Service:** Educational/Recreational  
**Who Served:** Children (ages 6-12 years)  
**Service Available:** Summer Camp (June – August)  
**Agency/Program:** **City of Kent Parks, Recreation and Community Services**  
315 E. Meeker Street  
Kent, WA 98030  
**Contact Person:** Janet Hasselblad 253-856-5030  
Email: [jhasselblad@ci.kent.wa.us](mailto:jhasselblad@ci.kent.wa.us)

## 2008 Community Services Grant Programs

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**Description:** The City of Kent Parks, Recreation and Community Services offer six, week-long day camps for children ages 6–12 years. Camp W.A.L.K.A.P.A.L.A. provides campers a summer of fun with a full range of activities: games, outings, visiting clowns, sports, arts and crafts, and more. The Adaptive Recreation program provides children with developmental disabilities an opportunity to participate at Camp W.A.L.K.A.P.A.L.A. alongside their typically developing peers. The program provides a high ratio of staff to campers to make full inclusion possible. With approximately three campers to one staff, most children are able to join in on every activity provided.

**Location:** West  
**Type of Service:** Educational/Recreational  
**Who Served:** Children (ages 4-21 years)  
**Service Available:** Summer Camp (June – July)  
**Agency/Program:** *Vashon Parks – Camp Beba*  
P.O. Box 1553  
Vashon Island, WA 98070  
**Contact Person:** Susan McCabe 206-463-9602  
Email: susanm@vashonparkdistrict.org

**Description:** Camp Beba will once again be offering long boating, kayaking, sailing, swimming, horseback riding as well as art, music and science experiences. Camp Beba will be serving the special education population ages 4-21 inclusive with typical peers' ages 4-12. Camp Beba's mission is to provide an environment that serves all children in a safe, fun and educational way. The camp is under the co-direction of a highly qualified special education teacher who has many years of experience working with diverse populations. Each counselor must have prior experience working with children with disabilities, a great attitude and work ethic. They must be able to remain confidential and respectful of others at all times. Every counselor must report all information received pertaining to each individual camper's health and welfare to directors immediately, as per mandate.