

Support Group Resources

Consumer and Advocate Resources

- National Alliance on Mental Illness (NAMI) 800-950-6264
www.nami.org
- Screening for Mental Health 800-253-7658 ext 116 or 112
www.mentalhealthscreening.org
- National Domestic Violence Hotline 800-799-7233 www.ndvh.org
- Therapist Referral Network (TRN) 800-843-7274 or 858-481-1515
www.1-800-therapist
- American Psychological Association (APA) 800-964-2000
www.apa.org
- Substance Abuse Mental Health Services Administration (SAMHSA)
800-789-2647 www.samhsa.gov

Children's Mental Health

- Federation of Families for Children's Mental Health 703-684-7710
www.ffcmh.org
- American Academy of Child and Adolescent Psychiatry
www.aacap.org
- Child and Adolescent Bipolar Foundation (CABF) 847-256-8525
www.bpkids.org
- Children and Adults with Attention Deficit/Hyperactivity Disorder (CHADD) 800-233-4050 www.chadd.org
- Depressed Teens www.depressedteens.com
- Family Mental Health Foundation 877-773-4673 www.fmhf.org 24 hour helpline
- NARSAD: Mental Health Research Association 800-829-8289
www.narsad.org