# **GREENING FEDERAL FACILITIES**

An Energy, Environmental, and Economic Resource Guide for Federal Facility Managers and Designers

**SECOND EDITION** 



## **Greening Federal Facilities**

### An Energy, Environmental, and Economic Resource Guide for Federal Facility Managers and Designers

SECOND EDITION

"Then I say the earth belongs to each ... generation during its course, fully and in its own right, no generation can contract debts greater than may be paid during the course of its own existence."

Thomas Jefferson, September 6, 1789

Produced for:

U.S. Department of Energy Office of Energy Efficiency and Renewable Energy Federal Energy Management Program

Produced by: BuildingGreen, Inc., Brattleboro, Vermont

Under:

NREL Subcontract No. AAR-0-29469-01 DOE Prime Contract No. DE-AC36-99GO10337

Edited by: Alex Wilson, BuildingGreen, Inc. Design and Imagesetting by: Joy Wallens-Penford

May 2001

Section

## **Contents**

About the Contributing Organizations iv
Acknowledgments v
Executive Summary vii

#### Part I RATIONALE

1.1	A Tour of the Guide	2
1.2	Purpose	4
1.3	Current Federal Regulations	6

#### Part II

#### ENVIRONMENTAL AND ENERGY DECISION-MAKING

2.1	Green Teams – Innovations in
	Planning, Design, and Operation 10
2.2	Economic and Environmental Analysis 12
2.3	Green Procurement 14
2.4	Alternative Financing 16

#### Part III

#### SITE AND LANDSCAPE ISSUES

3.1	Land-Use Planning	and Transportation	20
-----	-------------------	--------------------	----

- 3.2 Site Selection and Site Planning ...... 22

- 3.6 Plantings in the Sustainable Landscape .. 30
- 3.7 Water Use in the Landscape ...... 32

#### Part IV BUILDING DESIGN

4.1	Integr	rated Building Design
	4.1.1	Passive Solar Design 40
	4.1.2	Daylighting Design 42
	4.1.3	Natural Ventilation 44
4.2	Build	ing Envelope46
	4.2.1	Windows and Glazing Systems 48
	4.2.2	Insulation 50

## Part V

#### ENERGY SYSTEMS

5.1	Energ	gy and Conservation Issues 54
5.2	HVAC	C Systems
	5.2.1	Boilers
	5.2.2	Air Distribution Systems 60
	5.2.3	Chillers 62
	5.2.4	Absorption Cooling 66
	5.2.5	Desiccant Dehumidification 68
	5.2.6	Ground-Source Heat Pumps 70
	5.2.7	HVAC Technologies to Consider 72
5.3	Water	Heating74
	5.3.1	Heat-Recovery Water Heating 76
	5.3.2	Solar Water Heating 78
5.4	Light	ing 80
	5.4.1	Linear Fluorescent Lighting 82
	5.4.2	Electronic Ballasts
	5.4.3	Compact Fluorescent Lighting 86
	5.4.4	Lighting Controls
	5.4.5	Exterior Lighting90
5.5	Office	e, Food Service, and Laundry
	Equir	oment

	5.5.1	Office Equipment
	5.5.2	Food Service/Laundry Equipment. 96
5.6	Energ	gy Management 98
	5.6.1	Energy Management and
		Control Systems 100
	5.6.2	Managing Utility Costs 102
5.7	Electi	ric Motors and Drives 104
	5.7.1	High-Efficiency Motors106
	5.7.2	Variable-Frequency Drives 108
	5.7.3	Power Factor Correction 110
	5.7.4	Energy-Efficient Elevators 112
5.8	Electi	rical Power Systems 114
	5.8.1	Power Systems Analysis 116
	5.8.2	Transformers 118
	5.8.3	Microturbines 120
	5.8.4	Fuel Cells 122
	5.8.5	Photovoltaics 124
	5.8.6	Wind Energy 126
	5.8.7	Biomass Energy Systems 128
	5.8.8	Combined Heat and Power 130

#### Part VI WATER AND WASTEWATER

6.1	Water Management 134
6.2	Toilets and Urinals 136
6.3	Showers, Faucets, and Drinking Fountains
6.4	Electronic Controls for Plumbing Fixtures
6.5	Reclaimed Water142
6.6	Graywater Collection and Use 144
6.7	Rainwater Harvesting146
6.8	On-site Wastewater Treatment Systems

#### Part VII

#### MATERIALS, WASTE MANAGEMENT, AND RECYCLING

7.1	Material Selection 1	
	7.1.1	Writing Green Specifications 154
	7.1.2	Structural Building Components 156
	7.1.3	Wood Products 158
	7.1.4	Low-Slope Roofing 160
	7.1.5	Floor Coverings162
	7.1.6	Paints and Wall Coverings 164
	7.1.7	Contract Furnishings 166
7.2	Opera	tional Waste Reduction
	and R	Lecycling 168
7.3	Const	ruction Waste Management 170
7.4	Decor	nstruction 172

#### Part VIII

#### INDOOR ENVIRONMENTAL QUALITY

Indoor Air Quality	176
Controlling Soil Gases	178
Controlling Biological Contaminants	180
Productivity in the Workplace	182
Noise Control and Privacy	184
	Indoor Air Quality Controlling Soil Gases Controlling Biological Contaminants Productivity in the Workplace Noise Control and Privacy

#### Part IX MANAGING BUILDINGS

9.1	The Role of Operations &
	Maintenance (O&M) 188
9.2	Building Commissioning 190
9.3	Maintaining Healthy Indoor
	Environments 192
9.4	Leased Buildings 194
9.5	Measuring and Monitoring Benefits 196
9.6	Setting Standards and Training 198
9.7	Employee Incentive Programs 200

## **About the Contributing Organizations**

**U.S. Department of Energy –** The U.S. Department of Energy (DOE) contributes to the welfare of the Nation by providing resources to achieve efficiency in energy use, diversity of energy sources, a more productive and competitive economy, improved environmental quality, and a secure national defense. DOE provides scientific and technical information and educational resources to Federal agencies and the public.

**Office of Energy Efficiency and Renewable Energy –** DOE's Office of Energy Efficiency and Renewable Energy leads the Nation to a stronger economy, a cleaner environment, and a more secure future through the development and deployment of sustainable energy technologies.

**Federal Energy Management Program** – The Federal Energy Management Program (FEMP) reduces the cost of government by advancing energy efficiency, water conservation, and the use of solar and other renewable energy. FEMP accomplishes its mission by creating partnerships, leveraging resources, transferring technology, and providing training and support. Each of these activities is directly related to achieving not only the goals set forth in legislation and Executive Orders, but also those that are inherent in sound management of Federal financial and personnel resources.

**BuildingGreen, Inc.** – BuildingGreen, Inc., provides information on green building to architects, builders, facility owners, and facility managers. BuildingGreen publishes the monthly newsletter *Environmental Building News*; the *Green Building Advisor*, a software tool for identifying strategies for greening buildings; and *GreenSpec*, a directory of green building products.

**ENSAR Group, Inc.** – ENSAR Group, Inc., is an international design consulting firm, based in Boulder, Colorado, specializing in sustainable building development. ENSAR has led the design of many extremely energy-efficient federal buildings. ENSAR coordinates many sustainable design activities, including the development of this publication.

**Greening America** – Greening America is a nonprofit foundation that educates the public and private sectors about energy-efficient and environmentally sound design, innovation, and technology. Greening America, which had its genesis in the Greening of the White House, produces videos, publications, online technical resources, and other materials that show practical examples of how sound energy and environmental decision-making makes good economic sense.

**Sustainable Systems, Inc.** – Sustainable Systems, Inc., is a consulting firm that is dedicated to implementing the principles of sustainability in development. Multi-disciplinary teams of technical professionals, social scientists, economists, and business administrators address problems—from community development to technological issues—from the viewpoint of minimizing the resource and environmental impacts of the activities of its clients, without compromising quality of life.

#### Disclaimer

This document was prepared by BuildingGreen, Inc., under the direction of ENSAR Group, Inc., and the U.S. Department of Energy. A significant portion of the content was drawn from the First Edition of *Greening Federal Facilities*, which was produced by Greening America and written by Sustainable Systems, Inc. Any opinions, findings, conclusions, or recommendations expressed herein do not necessarily reflect the views of DOE, BuildingGreen, ENSAR Group, Greening America, or Sustainable Systems. Neither DOE, BuildingGreen, ENSAR Group, Greening America, or Sustainable Systems, nor any of their employees, makes any warranty, express or implied, or assumes any legal liability or responsibility for the accuracy, completeness, or usefulness of any information, apparatus, product, or process disclosed, or represents that its use would not infringe on privately owned rights. Reference herein to any specific commercial product, process, or service by trade name, trademark, manufacturer, or otherwise, does not constitute or imply an endorsement, recommendation, or favoring by DOE, BuildingGreen, ENSAR Group, Greening America, or Sustainable Systems.

## **Acknowledgments**

*Greening Federal Facilities* is the result of the dedicated efforts of many individuals and organizations. We gratefully acknowledge and thank the following for their commitment to the success of this resource guide.

#### **PROGRAM MANAGERS:**

Federal Energy Management Program Elizabeth Shearer, Director (Second Edition) Mark Ginsberg, Former Director (First Edition) Anne Sprunt Crawley, Program Manager

National Renewable Energy Laboratory Andy Walker

ENSAR Group, Inc. Gregory Franta, FAIA

BuildingGreen, Inc. Alex Wilson

Greening America (First Edition) Carl Costello Sustainable Systems, Inc. (First Edition)

Charles Kibert

#### **CONTRIBUTORS:**

Terry Brennan, Camroden Associates Nancy Clanton, Clanton Engineering, Inc. Roger Courtenay, EDAW Greg Franta, ENSAR Group, Inc. Brad Guy, Sustainable Systems, Inc. Doug Hornbeck, Sustainable Systems, Inc. Charles Kibert, Sustainable Systems, Inc. Gail Lindsey, Design Harmony, Inc. Nadav Malin, BuildingGreen, Inc. Peter Rumsey and Leslie Hummel, Supersymmetry USA Joel Ann Todd, The Scientific Consulting Group, Inc. Peter Warshall, Peter Warshall and Associates Alex Wilson, BuildingGreen, Inc., Editor Peter Yost, BuildingGreen, Inc.

#### **REVIEWERS**:

Richard (Tim) Arthurs, U.S. Department of State Fred Beason, U.S. Air Force Thomas Bee, U.S. Department of Defense Robert Billick, U.S. Department of Defense Frank Bishop, National Association of State Energy Officers

William Brodt, National Institutes of Health William Browning, Rocky Mountain Institute James Buckley, Chugach Electric James Buczek, U.S. Department of Defense Ed Cannon, National Renewable Energy Laboratory Nancy Carlisle, National Renewable Energy Laboratory Millard Carr, U.S. Department of Defense Charles Claar, International Facility Managers Association Nancy Clanton, Clanton Engineering James Crawford, ASHRAE Louis D'Angelo, U.S. Department of Energy Norman Dean, Green Seal, Inc. André Desjarlais, Oak Ridge National Laboratory Eric Dunham, U.S. General Services Administration Patrina Eiffert, Solar and Wind Energy Specialist Neal Elliott, American Council for an Energy Efficient Economy Helen English, Sustainable Buildings Industry Council Larry Farwell, Water Reuse Specialist S. Richard Fedrizzi, U.S. Green Building Council Trudy Forsyth, National Renewable Energy Laboratory Sieglinde Fuller, National Institute of Standards and Technology Harry T. Gordon, The American Institute of Architects Jim Green, National Renewable Energy Laboratory Thomas Hall, U.S. Department of Energy Jeffrey Harris, Lawrence Berkeley National Laboratory James Hill, National Institute of Standards and Technology Adam Hinge, Sustainable Energy Partnerships Kathryn Houser, Sustainable Living Alliance Bill Howe, FT Energy/E Source, Inc. David Hunt, Pacific Northwest National Laboratory Kevin Hydes, Keen Engineering Arun Jhaveri, U.S. Department of Energy Greg Kats, U.S. Department of Energy Sandra Kloth, International Facility Managers Association Martin Kurtovich, U.S. Department of Energy Pat Ledonne, U.S. Department of Energy Russell Leslie, RPI Lighting Research Center Leonard LeVee, National Association of Vertical Transportation Professionals Suzanne LeViseur, Blue Heron Consulting, Inc.

David Lewis, ASHRAE Stan Lindgren, Electric Power Research Institute Edward Murtagh, U.S. Department of Agriculture Aimee McKane, Lawrence Berkeley National Laboratory Fran McPoland, Office of the Federal Environmental Executive Jack Nichols, Direct Fire Technical, Inc. Kathy O'Dell, National Renewable Energy Laboratory Annette Osso, Public Technology, Inc. Steven Parker, Pacific Northwest National Laboratory Jim Patchett, Conservation Design Forum Richard Pinkham, Rocky Mountain Institute Paula Pitchford, National Renewable Energy Laboratory Marsha Prillwitz, U.S. Bureau of Reclamation Bill Sandusky, Pacific Northwest National Laboratory Dale Sartor, Lawrence Berkeley National Laboratory Michael Shepard, FT Energy / E Source, Inc.

Bahman Sheikh, Water Reuse Specialist Michael Shincovich, U.S. Department of Energy Sheri Sorenson, U.S. Department of Defense Kim Sorvig, University of New Mexico Steve Strong, Solar Design Associates Stephanie Tanner, National Renewable Energy Laboratory Michael Tinkelman, Electric Power Research Institute Otto Van Geet, National Renewable Energy Laboratory Carmine Vasile, WaterFilm Energy, Inc. Andy Walker, National Renewable Energy Laboratory Steve Williford, U.S. General Services Administration Philip Wirdzek, U.S. Environmental Protection Agency James Woods, U.S. Department of Commerce Paul Wormser, Solar Design Associates Debra Yap, U.S. General Services Administration Mia Zmud, U.S. Environmental Protection Agency

## **Executive Summary**

*Greening Federal Facilities, Second Edition*, is a nutsand-bolts resource guide designed to increase energy and resource efficiency, cut waste, and improve the performance of Federal buildings and facilities. It is intended primarily for Federal facility managers, who administer more resources and have more impact on the environment than any other group in the world. Collectively, they are a powerful force for introducing improvements, and they set an example for the rest of the economy.

This guide highlights practical actions that facility managers, planners, and design and construction staff can take to save energy and money, improve the comfort and productivity of employees, and benefit the environment. The guide is one more step in a national effort to promote energy efficiency and sustainable actions in the nation's 500,000 Federal buildings and facilities.

Executive Order 13123, Section 403(d), instructs Federal agencies to develop sustainable design principles and use them in planning and building new facilities. This order also instructs agencies to optimize life-cycle costs and other environmental and energy costs associated with the construction, life-cycle operation, and decommissioning of a facility. The order's chief goals are to reduce the greenhouse gas emissions associated with Federal facility energy use by 30% by 2010 in comparison to 1990 levels, to reduce energy consumption by 35% between 1985 and 2010, and to increase water conservation and the cost-effective use of renewable energy.

The U.S. Department of Energy's (DOE) Federal Energy Management Program (FEMP) has supported several Federal facilities working to meet these goals through a process called greening. The Pentagon, the Naval Support Activity Mid-South in Millington, Tennessee, the Presidio of San Francisco, and Grand Canyon, Yellowstone, and other national parks are some of the many facilities that have well-organized, ongoing greening programs based on comprehensive, facility-wide planning activities. And on May 3, 2001, President George W. Bush announced that the Chief of Staff would review energy usage in the White House, which has also adopted energy-efficient practices. "Since I've asked other agencies to review their policy, I'm going to ask the White House to do the same. We want to be good, efficient users of energy in the White House," President Bush said.

FEMP's experience in helping to transfer the energy and environmental technologies used in the government's greening projects is summarized in this introductory guide. *Greening Federal Facilities* describes a wide range of effective actions that include selecting nonpolluting materials, recycling, conserving energy and water, improving landscaping, and purchasing energy-efficient lighting, heating, and cooling equipment. The guide highlights best practices to:

- Invest in improvements that have quick paybacks and make economic sense;
- Increase the productivity, comfort, and health of employees and building occupants;
- Maximize innovative financing and partnering opportunities;
- Facilitate interagency cooperation;
- Work within the ongoing operations and procedures of facilities management staff; and
- Reduce environmental impacts.

To produce *Greening Federal Facilities*, FEMP assembled an interagency team consisting of experts within DOE, the Department of Defense, the General Services Administration, the Environmental Protection Agency, the Office of the Federal Environmental Executive, and other agencies. FEMP also received considerable support from Greening America, ENSAR Group, Inc., BuildingGreen, Inc., and a team of experts from DOE's Lawrence Berkeley National Laboratory, National Renewable Energy Laboratory, and Pacific Northwest National Laboratory. An advisory group included dozens of leading private-sector experts in architecture, engineering, building operations, and energy and environmental management.

As a result, this guide concentrates on actions that are practical and cost-effective. *Greening Federal Facilities* reflects a long-standing commitment to make government work better and cost less, to use the Federal government's enormous purchasing power to stimulate markets for American energy and environmental technologies, and to save taxpayers money by reducing materials costs, waste disposal costs, and utility bills.