THE CHILD CARE HEALTH CONNECTION

Health, Safety and Nutrition News
From the Child Care Health Program



A Program of Public Health - Seattle & King County

Vol. 6 No. 5

News From the Child Care Health Program

We Have Moved!

On August 3 the Child Care Health Program moved to its new location on the 4th floor of the Downtown Public Health Clinic at 4th Avenue and Blanchard Street in Seattle. Our new address is:



2124 – 4th Ave., 4th Floor Seattle, WA 98121-2308

Our main phone number remains the same: **(206) 296-2770.** Phone numbers also remain the same for Child Care Health Program staff.

➤ Welcome Cathy Fritz, Child Care Health Program Supervisor!

In early June, Child Care Health Program staff welcomed their new Program Supervisor, Cathy Fritz. Cathy began working in community health in 1984, and was first involved with child care working with Head Start/ECEAP on the Colville Reservation in eastern Washington. She then joined the Spokane Health District as a Nursing Manager, where she worked for 21 years. One of her accomplishments was the development of the Child Care Health Program in Spokane. She also served on Spokane's Born Learning Advisory Committee and Early Learning Mobilization Team. She has been active in Healthy Child Care Washington and the Child Care Center WAC Revision Committee. She greatly admires the dedication of child care providers, and has worked closely with child care licensors, health inspectors and Child Care Resource and Referral staff in the Spokane area.

Cathy is excited to be a part of Public Health - Seattle & King County's Child Care Health Program and looks forward to meeting and working closely with the child care and early learning community in King County.



CLASS SCHEDULE September/October 2007

September 2007 Classes

New On-line Bloodborne Pathogens/HIV/AIDS Class

In partnership with Puget Sound Educational Service District, the Child Care Health Program will pilot a new on-line Bloodborne Pathogens/HIV/AIDS course beginning in September. The course will allow child care providers to complete their Bloodborne Pathogens/HIV/AIDS course requirement at home or work at their convenience. Access to the internet is required. The class is open to a pilot group of participants who will be expected to complete an evaluation as part of the pilot and contact us with any difficulties they encounter in taking the class. If you are interested in being a part of the pilot group of students, please contact us at (206) 296-2770. The cost of the pilot class will be \$25.

Once we have successfully piloted the course, we will offer it on an on-going Basis. Providers will be able to access the course through the Child Care Health website at www.metrokc.gov/health/childcare. Please watch for it later in the fall.

October 2007 Classes					
DATE	TIME	CLASS	LOCATION	PAYMENT	
10/6/07 Saturday	9:00 AM – 3:30 PM	*6 STARS CREDITS* Healthy Environment, Healthy Children For more information please see flyer in this issue	Highline Community College Highline Student Union (Bldg. 8) 2400 S. 240 th St. Des Moines 98198 For directions, please call (206) 296- 2770 or visit our web site @ www.metrokc.gov/health/childcare	\$30 Please make checks payable to: SKCDPH	
10/17/07 Wednesday	6:30 PM – 8:30 PM	*2 STARS CREDITS* Let's Get Moving: Fun physical activity for children	Eastgate Public Health Center 14350 SE Eastgate Way Bellevue 98007 For directions, please call (206) 296- 2770 or visit our web site @ www.metrokc.gov/health/childcare	\$20 Please make checks payable to: SKCDPH	
10/24/07 Wednesday	7:00 PM – 9:30 PM	First Aid for Child Care Providers Co-sponsored by the Education Department of Highline Community College	Highline Community College Building 23, Room 115 2400 S. 240 th St. Des Moines 98198 For directions, please call (206) 296- 2770 or visit our web site @ www.metrokc.gov/health/childcare	\$20 Please make checks payable to: SKCDPH	



Class Registration Information

Pre-registration is required for all classes. To register, please mail the registration form on page 5. The registration form is also available on our website at www.metrokc.gov/health/childcare. **Classes fill quickly so send in the registration form and payment as soon as possible.** We do not accept registrations by telephone. Please make your check payable to: SKCDPH (Seattle – King County Department of Public Health) & return the registration form with payment to:

Child Care Health Program – Class Registration 2124 – 4th Avenue, 4th Floor, Seattle, WA 98121

If you have any questions, please call (206) 296-2770. Space is limited. Please register early or call us at (206) 296-2770 to check for class openings. If a class fills before we receive your registration, your check will be returned to you. If a money order or cashier's check is used as payment, we will issue a refund. To avoid disrupting the class, and to receive full credit, please try to arrive on time. We also request that you make other child care arrangements so that your attention can be focused on the class.

Our Class Cancellation Policy

- If we cancel a class (due to low enrollment, snow, or other reason) you may choose between receiving a refund or a credit toward another class.
- If you register for a class and find you cannot attend, please notify us at (206) 296-2770 at least 24 hours before the class. No refunds will be made, but if you notify us at least 24 hours before the class you will be eligible for a credit toward another class.

Disaster & Emergency Preparedness Training for Child Care Providers

A Disaster and Emergency Preparedness training will be held again this fall. Please check our website for information or call us at 296-2770 and ask to be put on a registration list – we'll send you a flyer when we have the date and location.

This 7 hour class (7 STARS credits in Administration) is designed for child care center directors and other in-charge center staff. Seattle Emergency Management and Public Health – Seattle & King County have joined together to provide a program designed to help child care providers develop a comprehensive disaster plan (as required by WAC) and effectively prepare for everything from earthquakes to pandemic flu. The training has 5 components:

- Developing a plan
- Stocking appropriate supplies
- Educating staff, children, and parents about disasters and your disaster plan
- Planning, running, and evaluating effective drills
- Identifying and mitigating hazards.

Take-away items include a modifiable plan, sample forms, and a response flip chart. Participants will be encouraged to use their new knowledge and materials to prepare their child care site for a disaster.



Are you a Child Care Director or Program Manager?

Then you may have questions about bloodborne pathogens training for your staff...

Who must have bloodborne pathogens training?

Every employee included in the staff to child ratio must have written proof of bloodborne pathogens training, including HIV/AIDS (WAC 170-295-1110).

When does an employee have to receive bloodborne pathogens training?

Training on bloodborne pathogens must occur <u>before</u> assigning the employee to tasks where he/she might be exposed to blood or other body fluids (WAC 296-823-12005). In a child care setting, a worker could become exposed to bloodborne pathogens when providing basic first aid or when cleaning up after a body fluid spill.

What must be included in the bloodborne pathogens training?

Bloodborne pathogens classes must cover prevention, transmission and treatment of bloodborne pathogens, including HIV, as well as confidentiality issues (WAC 170-295-1110).

How often is bloodborne pathogens training required?

Employees must have the complete bloodborne pathogens training (as described above) once. However, you must have an ongoing training program for your staff at risk for bloodborne pathogens exposures on the job.

What must be included in my ongoing bloodborne pathogens training program?

Your training program must be provided to employees at no cost to them and occur during compensated work hours. It must occur at least once a year and include:

- 1. A copy of the state laws that apply to potential occupational exposure to bloodborne pathogens (WAC 296-823-12005)
- 2. General information about the causes, symptoms, spread and prevention of bloodborne diseases
- 3. Explanation of your Exposure Control Plan
 - a. How employees can get a copy of the plan
 - b. Tasks that could involve exposure to blood
 - c. Methods to prevent or reduce exposure (safer work practices, wearing gloves)
- 4. Information about the hepatitis B vaccine
- 5. Review of actions to take if an exposure incident occurs
- 6. Opportunity for staff to ask questions of the trainer.





CHILD CARE HEALTH PROGRAM CLASS REGISTRATION FORM



Name:	Phone (work):	(home):
Your Address:		(zip code)
STARS ID Number:		
Name of the child care program	where you work:	
Is this a center? Or a fam	nily child care home? Pro	ogram's phone #:
Program's e-mail address:		
Is your program in Seattle? Yes	No Num	ber of children enrolled:
	! Enclose your payment & retu Class Registration – 2124 – 4	urn this registration form to: th Ave., 4 th Floor, Seattle, WA 9812
Places out have		

IMPORTANT RECALL INFORMATION

There have been many recalls these past two months that involve products relating to children. Please visit the CPSC web site at www.cpsc.gov and click on "Recalls and Product Safety News" or call the CPSC hotline at 1-800-638-2772 for detailed information on recalls. The website also allows you to sign up to receive e-mails from the CPSC when children's products are recalled.

Information on recalled car seats and booster seats is posted on the website of the Safety Restraint Coalition, Washington's Child Passenger Safety Program: Please visit www.800BUCKLUP.org.



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CHANGE SERVICE REQUESTED





July/August 2007

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 - Healthy Environment, Healthy Children
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 - Bloodborne Pathogens/HIV/AIDS PILOT On-line Class



