

THE CHILD CARE HEALTH CONNECTION

Health, Safety and Nutrition News
from the Child Care Health Program



A Program of Public Health - Seattle & King County

CLASS SCHEDULE November 2005

Vol. 4 No. 11

DATE	TIME	CLASS	LOCATION	PAYMENT
11/3/05 Thursday	6:30 PM – 9:00 PM	First Aid for Child Care Providers ☆ Please arrive on time because the door will be locked at 6:45.	Child Care Health* Public Health-Seattle & King Co. 1916 Boren 2 nd floor Seattle 98101 For directions, please call (206) 296-2770 or visit our web site @ www.metrokc.gov/health/childcare	\$16 Please make checks payable to: SKCDPH
11/5/05 Saturday	9:00 AM – 1:00 PM	* 4 STARS Credits* The Media, Media Violence and Learning: Exploring the Relationship and its Impact on Children	Please see gold flyer in this issue for details and registration information.	\$26 Please make checks payable to: SKCDPH
11/10/05 Thursday	7:00 PM – 9:00 PM	* 2 STARS Credits* Stress Management for Child Care Providers Learn to recognize stress and ways to reduce and cope with stress.	A Country Garden Montessori 38722 Enumclaw – Black Diamond Road, Enumclaw 98022 For directions, please call (206) 296-2770 or visit our web site @ www.metrokc.gov/health/childcare	\$16 Please make checks payable to: SKCDPH
11/16/05 Wednesday	7:00 PM – 9:00 PM	Bloodborne Pathogens/HIV/AIDS	Eastgate Public Health Center 14350 SE Eastgate Way Bellevue 98007 For directions, please call (206) 296-2770 or visit our web site @ www.metrokc.gov/health/childcare	\$10 Please make checks payable to: SKCDPH
11/17/05 Thursday	7:00 PM – 9:00 PM	* 2 STARS Credits* Positive Child Guidance Setting limits and guiding children's behavior keeping development in mind.	A Country Garden Montessori 38722 Enumclaw-Black Diamond Road, Enumclaw 98022 For directions, please call (206) 296-2770 or visit our web site @ www.metrokc.gov/health/childcare	\$16 Please make checks payable to: SKCDPH

* 1916 Boren is next to Dollar Rent-A-Car between Stewart St. and Virginia St. (west of I-5 and a few blocks from REI). Parking is available in nearby lots for \$3 or on the street (meters are free after 6 PM).



November Classes, continued...

We are once again offering this exciting class celebrating the varied foods served in our region...

Bringing the World into your Kitchen: Culturally Relevant Mealtimes and Menu Planning

Widen your horizons and make your menus more exciting with unique and wonderful ideas to create child friendly, teacher pleasing menus. Serving diverse foods makes the world a friendlier, more understandable place for children. In this fast paced class, we'll learn to prepare (and sample!) a variety of foods.

When: Saturday, 11/19/05 9:00 AM – 3:00 PM

Where: Renton Technical College, Room H102
3000 NE 4th St.
Renton, WA 98056

For directions, please call (206) 296-2770 or visit our web site @ www.metrokc.gov/health/childcare A campus map is available at: www.rtc.edu/ContactUs/BuildingGuide/



Cost: \$48 Please make checks payable to: SKCDPH (Includes lunch and materials)

Registration is now open for this December Class:

DATE	TIME	CLASS	LOCATION	PAYMENT
<u>December</u> 12/01/05 Thursday	6:30 PM – 9:00 PM	First Aid for Child Care Providers ☆ Please arrive on time because the door will be locked at 6:45.	Child Care Health* Public Health-Seattle & King Co. 1916 Boren 2 nd floor Seattle 98101 For directions, please call (206) 296-2770 or visit our web site @ www.metrokc.gov/health/childcare	\$16 Please make checks payable to: SKCDPH

➤ To register for a class, please use the registration form on p. 6.

Pre-registration is required for all classes. Classes fill quickly so please send in the registration form and payment as soon as possible. If a class fills before we receive your registration, your check will be returned to you. If a money order or cashier's check is used as payment, we will issue a refund. Please see the back page of the newsletter for more information about registering for classes. To avoid disrupting the class, and to receive full credit, please try to arrive on time. We also request that you make other child care arrangements so that your attention can be focused on the class.



Ask the Child Care Health Team...



Dear Child Care Team,

We do not allow children to play with guns in my center; however many of the children use block building, or even their fingers to “make” guns and play at shooting their peers. How can I intervene? If children are only pretending should I set limits?

Sincerely,

- Anti-Violence in Federal Way

Dear Anti-Violence,

As you know, children today live in a world where they are exposed to a variety of frightening images: through TV shows and news, videogames, and sometimes in their own communities. Preschoolers are at a vulnerable point in their development. They are just beginning to branch out from their family world to establish important peer relationships and master more formal educational settings (e.g. kindergarten).

Worried about whether they can be safe, children may resort to using guns, or pretending to be super-heroes to feel more powerful and therefore safer.



So, what can you do?

First, provide ample opportunities to support the development of children’s self-competence. Let them know that they have handled themselves well when faced with challenges.

Remind children that guns are not necessary at your school because everyone is safe and that everyone is learning how to solve problems peacefully.

Diffuse gun play by naming some other things that might be “shot” from a gun. For example, “I see you are shooting and I wonder if it is delicious ice cream being sent in my direction!”

Our November 5 training on **The Media, Media Violence, and Learning** (see gold flyer in this issue) will provide more information.

Other resources include:

www.naeyc.org/about/positions/PSMEVI98.asp

www.naeyc.org/ece/1997/16.asp

<http://www.naeyc.org/ece/2003/01.asp>

www.aap.org/advocacy/childhealthmonth/media.htm

www.action4mediaed.net

Sincerely,

- Lenore Rubin, Ph.D.
Child Psychologist

Information in this newsletter is available in alternate formats upon request by people with disabilities. Reasonable accommodations at workshops and trainings are available upon request by people with disabilities. For information call (206) 296-2770.



IMPORTANT RECALL INFORMATION

There have been several recalls this past month that involve products relating to children. We are listing the products below and strongly encourage you to stop using them and visit the CPSC web site at www.cpsc.gov and click on "Recalls/news," or call the CPSC hotline at 1-800-638-2772 for detailed information on these recalls.

Information on recalled car seats and booster seats is posted on the website of the Safety Restraint Coalition, Washington's Child Passenger Safety Program: please visit www.800BUCKLUP.org.

Back Trails Jr. Bicycle Helmets manufactured by UNA International Limited, of China, distributed by Dynacraft BSC Inc. and sold at Target Stores nationwide from April 2004 through July 2005 for about \$13.

Red Sunglasses/Toddler Cap Set manufactured in Taiwan, imported by Walt Disney Parks and Resorts, LLC and sold at Disneyland Resorts and Disney Cruise Line from November 2004 through June 2005 for about \$16.

Sesame Street Toy Sunglasses manufactured in China by American Greetings Corp. and sold at discount, toy, drug, grocery, party and specialty/gift stores nationwide from December 2003 through August 2005 for about \$3.

Surf Club™ Arm Bands (children's pool floats) manufactured in China, imported by CVS Pharmacy, Inc. and sold at CVS stores nationwide from April 2003 through August 2005 for about \$1.

Harley-Davidson 16-inch BMX Bicycles manufactured in China, distributed by World Wide Cycle Supply Inc., and sold at Toys "R" Us stores nationwide from July 2002 through June 2005 for about \$80.

Spindle Cribs manufactured in Taiwan and sold at Pottery Barn Kids retail stores, the Pottery Barn Kids catalog and PotteryBarnKids.com nationwide from January 2004 through July 2005 for between \$300 and \$500.

Certain AC Adapters sold with slim version Playstation® made in China, imported by Sony Computer Entertainment America, Inc. and sold at electronics, toy and computer game stores nationwide, as well as Web retailers, from October 2004 through August 2005 for about \$150 for the complete system.

"Bottle Sippers" Pull-Up Bottle Caps manufactured in China by Bradshaw International, Inc. and sold at grocery stores nationwide from January 2002 through August 2005 for about \$2 per package.

Necklace and Earring Sets made in China, imported by Dollar General Corp., and sold at Dollar General Stores nationwide from May 2005 through August 2005 for between \$1 and \$3.

Reebok Children's Fleece Pullover/Pant Sets imported by Adjmi Apparel Group, and sold at Gordmans, Mervyns, JC Penney, Kohl's, The Bon, Fred Meyer, Ross, DD's, Edisons, Macy's, AJ Wright, and Reebok Corporate Headquarters from September 2004 – February 2005 for \$17 - \$36.





CHILD CARE HEALTH PROGRAM CLASS REGISTRATION FORM



Class Name & Date: _____

Name: _____ Phone (work): _____ (home): _____

Your Address: _____ (zip code) _____

STARS ID Number: _____

Name of the child care program where you work: _____

Is this a center? _____ or a family child care home? _____ Program's phone #: _____

Program's e-mail address: _____

Is your program in Seattle? Yes No Number of children enrolled: _____

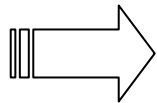
**Please Register Early! Enclose your payment & return this registration form to:
Child Care Health Program – Class Registration – 1916 Boren Ave, Suite 200 Seattle, WA 98101**

✂ Please cut here

Save the Date!

Save the Date!

Save the Date!



Fourth Annual FACES North

From Crib to Classroom Conference

Saturday, February 11, 2006
Shoreline Center



A day long conference for parents, caregivers and staff on the "latest and greatest" strategies to enhance development during the early years.

Sponsored by FACES North, Child Care Resources, Puget Sound ESD, Shoreline School District, Northshore School District, United Way of King County.



Child Care Health Program
1916 Boren Ave., Suite 200
Seattle, WA 98101-1467

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Class Registration Information

Pre-registration is required. To register, please mail the registration form on page 5. **Classes fill quickly so send in the registration form and payment as soon as possible.** Please make your check payable to: SKCDPH (Seattle – King County Department of Public Health) & return the attached registration form along with your payment to:

Child Care Health Program – Class Registration

1916 Boren Ave, Suite #200, Seattle, WA 98101. If you have any questions, please call (206) 296-2770. Space is limited. Register early or call us at (206) 296-2770 to check for class openings. **Please check out our web site at <http://www.metrokc.gov/health/childcare>**

Child Care Health Program 1916 Boren Avenue, Suite 200 Seattle, WA 98101 (206) 296-2770

Our office is in Seattle at 1916 Boren (between Stewart and Virginia) on the second floor.

The entrance is located on the southeast side of the building.

Our Class Cancellation Policy

- ☆ If we cancel a class (due to low enrollment, snow, or other reason) you may choose between receiving a refund or a credit toward another class.
- ☆ Remember, our classes fill quickly. If you register for a class and find you cannot attend, please notify us at (206) 296-2770 at least 24 hours before the class, so another child care provider can attend. You may be eligible for a credit toward another class.

