

# THE CHILD CARE HEALTH CONNECTION

Health, Safety and Nutrition News  
from the Child Care Health Program



A Program of Public Health - Seattle & King County

## CLASS SCHEDULE November/December 2006

Vol. 5 No. 6

DATE	TIME	CLASS	LOCATION	PAYMENT
<b>November 2006 Classes</b>				
<b>11/02/06</b> Thursday	6:30 PM – 9:00 PM	<b>First Aid for Child Care Providers</b> ☆ Please arrive on time because the door will be locked at 6:45.	<b>Child Care Health* Public Health-Seattle &amp; King Co.</b> 1916 Boren 2 <sup>nd</sup> floor Seattle 98101 For directions, please call (206) 296-2770 or visit our web site @ <a href="http://www.metrokc.gov/health/childcare">www.metrokc.gov/health/childcare</a>	<b>\$16</b> Please make checks payable to: <b>SKCDPH</b>
<b>11/02/06</b> Thursday	6:30 PM – 8:30 PM	<b>Food Safety in Child Care/Food Handler Card Class</b> See description on page 4.	<b>University Temple Children's School</b> 1415 NE 43 <sup>rd</sup> St. Seattle 98105 For directions, please call (206) 296-2770 or visit our web site @ <a href="http://www.metrokc.gov/health/childcare">www.metrokc.gov/health/childcare</a>	See p 4 for payment information
<b>11/09/06</b> Thursday	7:00 PM – 9:00 PM	<b>☆2 STARS CREDITS☆ Stress Management for Child Care Providers:</b> Learn to recognize signs of stress, the effects of stress, and what to do about stress	<b>Kindercare Brown's Point</b> 34110 Hoyt Road Federal Way 98033 For directions, please call (206) 296-2770 or visit our web site @ <a href="http://www.metrokc.gov/health/childcare">www.metrokc.gov/health/childcare</a>	<b>\$16</b> Please make checks payable to: <b>SKCDPH</b>
<b>11/16/06</b> Thursday <b>and</b> <b>11/18/06</b> Saturday (2 part series)	6:30 PM – 9:00 PM on Thursday and 8:00 AM – 4:00 PM on Saturday	<b>☆10 STARS CREDITS☆ (in Administration) Disaster and Emergency Preparedness for Child Care Providers:</b> <b>Excellence Award Series</b> Please see flyer in this issue for details.	<b>The 2100 Building</b> 2100 – 24 <sup>th</sup> Ave. South Seattle 98144 For directions, please call (206) 296-2770 or visit our web site @ <a href="http://www.metrokc.gov/health/childcare">www.metrokc.gov/health/childcare</a>	<b>\$80</b> Please make checks payable to: <b>SKCDPH</b>



## December 2006 Classes

DATE	TIME	CLASS	LOCATION	PAYMENT
12/02/06 Saturday	9:00 AM – 3:30 PM	☆6 STARS CREDITS☆ <b>Get the Lead Out! Protecting Our Children From Lead in the Environment</b> Please see flyer in this issue for details.	Center for Urban Horticulture 3501 NE 41 <sup>st</sup> Street Seattle, WA 98105 For directions, please call (206) 296-2770 or visit our web site @ <a href="http://www.metrokc.gov/health/childcare">www.metrokc.gov/health/childcare</a>	\$24 Please make checks payable to: SKCDPH
12/06/06 Wednesday	7:00 PM – 9:00 PM	<b>Bloodborne Pathogens/HIV/AIDS for Child Care Providers</b> ☆ Please arrive on time because the door will be locked at 7:15.	Child Care Health* Public Health-Seattle & King Co. 1916 Boren 2 <sup>nd</sup> floor Seattle 98101 For directions, please call (206) 296-2770 or visit our web site @ <a href="http://www.metrokc.gov/health/childcare">www.metrokc.gov/health/childcare</a>	\$10 Please make checks payable to: SKCDPH
12/07/06 Thursday	6:30 PM – 9:00 PM	<b>First Aid for Child Care Providers</b> ☆ Please arrive on time because the door will be locked at 6:45.	Child Care Health* Public Health-Seattle & King Co. 1916 Boren 2 <sup>nd</sup> floor Seattle 98101 For directions, please call (206) 296-2770 or visit our web site @ <a href="http://www.metrokc.gov/health/childcare">www.metrokc.gov/health/childcare</a>	\$16 Please make checks payable to: SKCDPH
12/07/06 Thursday	7:00 PM – 9:00 PM	☆2 STARS CREDITS☆ <b>Stress Reduction Techniques in the Classroom</b> Learn strategies to help children calm themselves.	Kindercare Brown's Point 34110 Hoyt Road Federal Way 98033 For directions, please call (206) 296-2770 or visit our web site @ <a href="http://www.metrokc.gov/health/childcare">www.metrokc.gov/health/childcare</a>	\$16 Please make checks payable to: SKCDPH

## January 2007 Classes

1/4/07 Thursday	6:30 PM – 9:00 PM	<b>First Aid for Child Care Providers</b> ☆ Please arrive on time because the door will be locked at 6:45.	Child Care Health* Public Health-Seattle & King Co. 1916 Boren 2 <sup>nd</sup> floor Seattle 98101 For directions, please call (206) 296-2770 or visit our web site @ <a href="http://www.metrokc.gov/health/childcare">www.metrokc.gov/health/childcare</a>	\$20 Please make checks payable to: SKCDPH
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\* 1916 Boren is next to Dollar Rent-A-Car between Stewart St. and Virginia St. (west of I-5 and a few blocks from REI). Parking is available in nearby lots for \$3 or on the street (meters are free after 6 PM). The Child Care Health Program entrance is on the southeast side of the building.

### Our Class Cancellation Policy

- ☆ If we cancel a class (due to low enrollment, snow, or other reason) you may choose between receiving a refund or a credit toward another class.
- ☆ If you register for a class and find you cannot attend, please notify us at (206) 296-2770 **at least 24 hours** before the class. No refunds will be made, but if you notify us at least 24 hours before the class you will be eligible for a credit toward another class.



## Class Registration Information

Pre-registration is required for all classes. To register, please mail the registration form on page 5. **Classes fill quickly so send in the registration form and payment as soon as possible.** We do not accept registrations by telephone. Please make your check payable to: SKCDPH (Seattle – King County Department of Public Health) & return the registration form with payment to:

Child Care Health Program – Class Registration  
1916 Boren Ave, Suite #200, Seattle, WA 98101.

If you have any questions, please call (206) 296-2770. Space is limited. Please register early or call us at (206) 296-2770 to check for class openings. If a class fills before we receive your registration, your check will be returned to you. If a money order or cashier's check is used as payment, we will issue a refund. To avoid disrupting the class, and to receive full credit, please try to arrive on time. We also request that you make other child care arrangements so that your attention can be focused on the class.

### 2007 Class Fees

Our goal is to provide quality training for child care providers at a reasonable cost. Where possible we seek grant funding to underwrite a portion of training costs. Effective January 1, 2007 class fees will be \$10 per person per hour. A 2 credit STARS class will cost \$20 per person. All First Aid and Bloodborne Pathogens/HIV/AIDS classes will also be \$20.

As always, scholarships are available through STARS. Please call the "Scholarship Line" at (253) 854-2565, ext. 16 for information about applying for a scholarship. Information is also available at [www.waeyc.org](http://www.waeyc.org) (click on "WA STARS"). If you have questions about our class fees, please call the Child Care Health Program at (206) 296-2770.

## STARS Scholarships Are Available!



Do you know that scholarships are available to child care providers to cover the cost of your STARS classes?

- ☆ When you take STARS classes you can submit a "Reimbursement Application" and receive a scholarship to cover your classes. Please note that the Child Care Health Program does not accept STARS vouchers for classes.
- ☆ Up to \$100 per child care provider is available
- ☆ Please visit [www.waeyc.org](http://www.waeyc.org) and click on "WA STARS" for more information.



## Do you...

- **Have Questions about Food Safety?**
- **Need a Food Handler Card?**
- **Need Some STARS Credits?**



We are offering a class on Food Safety in Child Care which includes the option to take the test to get your Food Handler Card.

When: Thursday, November 2, 2006 6:30 PM – 8:30 PM  
Where: University Temple Children's School  
1415 NE 43rd St., Seattle 98105

Designed for people working in child care programs, this class will cover food safety concerns in a child care setting. The training will also include all the essential components required to take the Food Handler Card test. The Food Handler Card test is offered at the end of class.

**We are offering 3 different options for this class (please make checks payable to SKCDPH):**

- Option 1** To receive 1.5 STARS Credits and a Food Handler Card:  
Plan to stay until 8:30 and send us a **registration payment of \$18.**
- Option 2** To receive a Food Handler Card only:  
Plan to stay until 8:30 and send us a **registration payment of \$10.**
- Option 3** To receive 1.5 STARS credits only:  
Plan to stay until 8:00 (you will not have to take the food handler test) and send us a **registration payment of \$8.**

If you have questions or need more information, please call us at (206) 296-2770.

## IMPORTANT RECALL INFORMATION

There have been many recalls these past two months that involve products relating to children. Please visit the CPSC web site at [www.cpsc.gov](http://www.cpsc.gov) and click on "Recalls and Product Safety News" or call the CPSC hotline at 1-800-638-2772 for detailed information on these recalls. Information on recalled car seats and booster seats is posted on the website of the Safety Restraint Coalition, Washington's Child Passenger Safety Program: please visit [www.800BUCKLUP.org](http://www.800BUCKLUP.org).

- **Learn-Around Playground Activity Center**
- **"Ideal" and "Brighter Child" Brand Science Kits**
- **Air Hogs RC Skywinder Radio-Controlled Airplane**
- **9-Foot Patio Umbrellas**
- **Jet Streamers™ Water Blasters Pool Toys**
- **LEGO EXPLORE Super Trucks**
- **"Candie's" Brand Children's Hoodie Sweatshirts with Drawstrings**
- **"phil & teds" T2 Travel Cots**
- **Suave Kids Bath Set**





# CHILD CARE HEALTH PROGRAM CLASS REGISTRATION FORM



Class Name & Date: \_\_\_\_\_

Name: \_\_\_\_\_ Phone (work): \_\_\_\_\_ (home): \_\_\_\_\_

Your Address: \_\_\_\_\_ (zip code) \_\_\_\_\_

STARS ID Number: \_\_\_\_\_

Name of the child care program where you work: \_\_\_\_\_

Is this a center? \_\_\_\_\_ or a family child care home? \_\_\_\_\_ Program's phone #: \_\_\_\_\_

Program's e-mail address: \_\_\_\_\_

Is your program in Seattle? Yes  No  Number of children enrolled: \_\_\_\_\_

**Please Register Early! Enclose your payment & return this registration form to:  
Child Care Health Program – Class Registration – 1916 Boren Ave, Suite 200 Seattle, WA 98101**

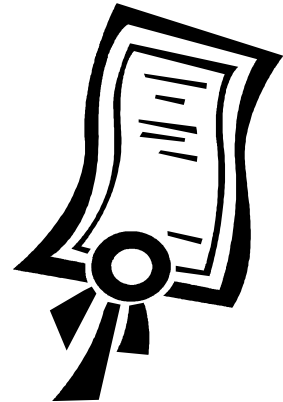
✂ Please cut here .....

## Child Care Programs Receive Excellence Award in Disaster Preparedness!

Congratulations to those programs who have recently achieved our Excellence Award in Disaster Preparedness in Child Care! These programs have taken significant steps toward being prepared for disasters and emergencies:

☆ **Child Learning and Care Center**

We hope to see your program on the list soon! If you have attended one of our Disaster/Emergency Preparedness trainings, contact your public health nurse to schedule a follow-up consultation. If you haven't taken this acclaimed training, sign up for it today!



Information in this newsletter is available in alternate formats upon request by people with disabilities. Reasonable accommodations at workshops and trainings are available upon request by people with disabilities. For information call (206) 296-2770.



Child Care Health Program  
1916 Boren Ave., Suite 200  
Seattle, WA 98101-1467

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- ▶ STARS Scholarship Information
- ▶ Classes and Workshops Available:
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  - ☆ Get the Lead Out! Protecting Our Children From Lead in the Environment
  - ☆ Disaster and Emergency Preparedness Excellence Award Series
  - ☆ Stress Management for Providers and Stress Reduction in the Classroom
  - ☆ First Aid and Bloodborne Pathogens/HIV/AIDS

