

THE CHILD CARE HEALTH CONNECTION

Health, Safety and Nutrition News
from the Child Care Health Program

A Program of Public Health - Seattle & King County



CLASS SCHEDULE May 2004

Vol. 3 No. 5

DATE	TIME	CLASS	LOCATION	PAYMENT
5/6/04 Thursday	6:30 PM – 9:00 PM	First Aid for Child Care Providers ☆ Please arrive on time because the door will be locked at 6:45.	Child Care Health* Public Health-Seattle & King Co. 1916 Boren, 2nd Floor, Seattle For directions, please call (206) 296-2770 or visit our web site @ www.metrokc.gov/health/childcare	\$16 Please make checks payable to: SKCDPH
5/12/04 Wednesday	7:00 PM – 9:00 PM	HIV/AIDS/Bloodborne Pathogens	Eastgate Public Health 14350 SE Eastgate Way Bellevue For directions, please call (206) 296-2770 or visit our web site @ www.metrokc.gov/health/childcare	\$10 Please make checks payable to: SKCDPH
5/13/04 Thursday	7:00 PM – 9:00 PM	*2 STARS CREDITS* Communicable Disease: Everything a Child Care Provider Needs to Know	Eastgate Public Health 14350 SE Eastgate Way Bellevue For directions, please call (206) 296-2770 or visit our web site @ www.metrokc.gov/health/childcare	\$16 Please make checks payable to: SKCDPH
5/19/04 Wednesday	7:00 PM – 9:00 PM	HIV/AIDS/Bloodborne Pathogens	Child Care Health* Public Health-Seattle & King Co. 1916 Boren, 2nd Floor, Seattle For directions, please call (206) 296-2770 or visit our web site @ www.metrokc.gov/health/childcare	\$10 Please make checks payable to: SKCDPH

* 1916 Boren is next to Dollar Rent-A-Car between Stewart St. and Virginia St. (West of I-5 and a few blocks from REI). Parking is available in nearby lots for \$2 or on the street (meters are free after 6 PM).



Schedule Continued on Page 2...



CHILD CARE HEALTH PROGRAM CLASS REGISTRATION FORM



Name: _____ Phone (work): _____ (home): _____

Class Name and Date: _____

STARS Identification Number _____ (Required for STARS credit)

Center or Home Address: _____

**Please enclose your payment & return this registration form to:
Child Care Health Program – Class Registration – 1916 Boren Ave, Suite 200 Seattle, WA 98101
Please Register Early!**

✂ Please cut here

May 2004 Classes, Continued

DATE	TIME	CLASS	LOCATION	PAYMENT
5/20/04 Thursday	6:30 PM – 8:30 PM	*2 STARS CREDITS* Breastfeeding Friendly Child Care: Learn how breastfeeding benefits mom, baby and child care and ways that child care programs can support the breastfeeding mom and baby	Tukwila Community Center 12424 – 42nd South Tukwila For directions, please call (206) 296- 2770 or visit our web site @ www.metrokc.gov/health/childcare	\$8** Please make checks payable to: SKCDPH
5/20/04 Thursday	7:00 PM – 9:00 PM	*2 STARS CREDITS* Stress Management for Child Care Providers: Causes, how to recognize, and how to cope with stress	Rainbow Connection 5005 SW 318th St. Federal Way For directions, please call (206) 296- 2770 or visit our web site @ www.metrokc.gov/health/childcare	\$16 Please make checks payable to: SKCDPH
5/25/04 Tuesday	7:00 PM – 9:00 PM	*2 STARS CREDITS* Culturally Sensitive Child Care: Learn to evaluate your environment for cultural relevancy and anti bias	Childtime 135 South 312th Federal Way For directions, please call (206) 296- 2770 or visit our web site @ www.metrokc.gov/health/childcare	\$16 Please make checks payable to: SKCDPH
5/27/04 Thursday	6:30 PM – 8:30 PM	*2 STARS CREDITS* Recognizing and Reporting Child Abuse and Neglect	Columbia Health Center 4400 – 37th Ave. South, 2nd Floor Seattle For directions, please call (206) 296- 2770 or visit our web site @ www.metrokc.gov/health/childcare	\$16 Please make checks payable to: SKCDPH

** Partially funded by a STEPS Grant



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June 2004

Registration is now open for this class:

DATE	TIME	CLASS	LOCATION	PAYMENT
June 6/3/04 Thursday	6:30 PM – 9:00 PM	First Aid for Child Care Providers ☆ Please arrive on time because the door will be locked at 6:45.	Child Care Health* Public Health-Seattle & King Co. 1916 Boren, 2nd Floor, Seattle For directions, please call (206) 296- 2770 or visit our web site @ www.metrokc.gov/health/childcare	\$16 Please make checks payable to: SKCDPH

* 1916 Boren is next to Dollar Rent-A-Car between Stewart St. and Virginia St. (West of I-5 and a few blocks from REI). Parking is available in nearby lots for \$2 or on the street (meters are free after 6 PM).

Pre-registration is required for all classes. Classes fill quickly so please send in the registration form and payment as soon as possible. If a class fills before we receive your registration, your check will be returned to you. If a money order or cashier's check is used as payment, we will issue a refund. Please see the back page of the newsletter for more information about registering for classes.

STARS Training Opportunity

Child Care Health is also teaching a class for Child Care Resources:

Date/Time: Tuesday, May 18th, 2004, 7:00 PM – 9:00 PM
Class: Recognizing and Reporting Child Abuse and Neglect
Location: Little Folks School
16601 NE 95th St.
Redmond

To Register: Pre-registration is required. **Call Sandy at Child Care Resources (206) 329-1011, ext. 0 for registration and cost information.** PLEASE DO NOT SEND YOUR REGISTRATION FOR THIS CLASS TO THE CHILD CARE HEALTH PROGRAM.

This class will also be offered on Thursday, June 10, 7:00 PM – 9:00 PM at Luv N Care Day Care Ministries, 1225 – 29th St. SE, Auburn
Please call Child Care Resources to register for this class.

Information in this newsletter is available in alternate formats upon request by people with disabilities. Reasonable accommodations at workshops and trainings are available upon request by people with disabilities. For information call (206) 296-2770.





Soil Safety Tips

From the Environmental Health Division, Public Health Seattle & King County

We all know it can be a challenge to keep children from playing in the dirt and putting their hands in their mouths. Dust, dirt and mud are kid magnets! But we now know how dirty that dirt really might be. We're particularly concerned about poisonous chemicals that may be in the soil, including ones that occur naturally and those that come from industry, gasoline, old paints, and products used in the home and garden such as pesticides, herbicides and cleaners.

Arsenic and lead are two toxic substances that we know are in Puget Sound soils due to natural and human sources. Arsenic causes cancer, and lead is linked to developmental delay and lowered IQ in children. The amounts we have found in our soils are not enough to be an immediate health risk for most people but since the substances are harmful we do encourage all people to take care not to eat or breathe in dirt or dust.

Children are most at risk from contaminated soil, because they tend to put dirty hands and objects in their mouths. Also, children's bodies are more easily hurt by chemicals. Good nutrition keeps the body strong and helps prevent toxins from becoming absorbed. In addition, we suggest you follow these guidelines to reduce exposure to contaminated soils:

Inside

- ☆ Wash hands and face after playing in the soil, especially before eating
- ☆ Take off shoes when entering the building or classroom area
- ☆ Damp-mop and dust often to control dust
- ☆ Wash toddler toys and pacifiers often
- ☆ Encourage a balanced diet to help keep lead from being a problem in the body

Outside

- ☆ Keep children off contaminated dirt – consider putting down bark or grass on bare soil
- ☆ Do not eat or drink in contaminated soil
- ☆ Use soap and water, not "waterless soaps"
- ☆ Repair chipped or peeling paint because old paint may contain lead
- ☆ Wash garden veggies and fruits well and don't grow them near old painted structures

For more soil safety tips visit our website at:

<http://www.metrokc.gov/health/tsp/arseniclead.htm> or call Bonnie Meyer at 206-205-1150



IMPORTANT RECALL INFORMATION

The following products have recently been recalled by the Consumer Product Safety Commission (CPSC). For more information on these and other recalled products, please visit the CPSC web site at www.cpsc.gov and click on "Recalls/news," or call the CPSC hotline at 1-800-638-2772.

Information on recalled car seats and booster seats is posted on the website of the Safety Restraint Coalition, Washington's Child Passenger Safety Program: please visit www.800BUCKLUP.org.

Children's Rings being recalled by Brand Imports LLC because they contain high levels of lead, posing a risk of lead poisoning to young children. The metal rings are silver in color with shapes including hearts and stars, with slashes of colored paint. They were sold at vending machines in malls and stores from Dec. 2002 through August 2003 for about 25 cents. Consumers should throw the ring away or contact Brand Imports LLC at (800) 967-3048 for more information.

Fire Engine Pull-Along Toys are being recalled by FAO Schwarz, Inc. because small parts can detach from the toy, posing a choking hazard to small children. The pull-along toys are red with a yellow ladder. Made of wood, they are 18-inches long and come with six toy firemen. They were sold at FAO Schwarz stores from Sept. 2002 through Jan. 2004 for about \$20. Consumers should take the product away from small children immediately and discard. The seller of this product has declared bankruptcy and can no longer accept returns.

Isabella Model Cribs are being recalled by the Stanley Furniture Company Inc. because an incorrect screw was provided for the assembly of some of these cribs (used to attach the movable gate). The crib cannot be assembled using this screw. However, if consumers have substituted their own screw, it may not properly hold the movable gate in place. The result is a potential risk that a child could fall from the crib or become entrapped between the gate and the mattress. The white wooden cribs have model number 326-94C1 or 326-94C2 on the bar code label. Consumers should contact the store where the crib was purchased to schedule a free, in-home crib inspection and repair, if needed. For more information, contact Stanley Furniture at (888) 839-6822 or visit www.youngamerica.com.

Snail Push Toys are being recalled by Babies "R" Us because the screw securing the toy handle to the push toy could detach, posing a choking hazard. The brightly colored push toy is made of wood. The snail has moveable parts painted purple, green, yellow, or orange. The wheels have three colored balls attached with string. The handle has a red ball on the end. The toys are sold at Babies "R" Us stores from July 2003 through November 2003 for about \$8. Consumers should take the push toy away from small children immediately and return it to Babies "R" Us for a full refund. For more information call (800) 804-5419 or visit www.toysrusinc.com/productrecall.

TV/VCR Carts are being recalled by Sauder Woodworking Co. because the carts can tip over and injure or kill children and adults when the cart and television fall. These TV/VCR carts were sold in a kit to be assembled by consumers from January 1993 through December 1999 for about \$100. The model numbers being recalled are 2655 and 2755. The number is on the instruction booklet that came with the cart. Consumers should stop using the TV/VCR carts immediately and:

- Remove the television and all contents from cart.
- Turn cart over and remove the four casters from bottom of cart. This will improve stability.
- Contact Sauder Woodworking Co. at (888) 800-4590 or www.sauder.com to receive a free repair kit that will further stabilize the cart. Do not use the cart until the repair kit has been installed.
- This cart is intended to hold a TV that weighs 95 pounds or less. This includes most 24-inch and smaller TVs, and may include some 27-inch TVs.



Child Care Health Program
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Seattle, WA 98101-1467

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Ron Sims, Executive



Class Registration Information

Pre-registration is required. To register, please mail the registration form on page 2. **Classes fill quickly so send in the registration form and payment as soon as possible.** Please make your check payable to: SKCDPH (Seattle – King County Department of Public Health) & return the attached registration form along with your payment to:

Child Care Health Program – Class Registration

1916 Boren Ave, Suite #200, Seattle, WA. 98101. If you have any questions, please call (206) 296-2770. Space is limited. Register early or call us at (206) 296-2770 to check for class openings. **Please check out our web site at <http://www.metrokc.gov/health/childcare>**

Child Care Health Program 1916 Boren Avenue, Suite 200 Seattle, WA 98101 (206) 296-2770

Our office is in Seattle at 1916 Boren (between Stewart and Virginia) on the second floor.

The entrance is located on the southeast side of the building.

Our Class Cancellation Policy

- ☆ If we cancel a class (due to low enrollment, snow, or other reason) you may choose between receiving a refund or a credit toward another class.
- ☆ Remember, our classes fill quickly. If you register for a class and find you cannot attend, please notify us at (206) 296-2770 as soon as possible, so another child care provider can attend. You may be eligible for a credit toward another class.

