

THE CHILD CARE HEALTH CONNECTION

Health, Safety and Nutrition News
from the Child Care Health Program



A Program of Public Health - Seattle & King County

CLASS SCHEDULE January/February 2007

Vol. 6 No. 1

DATE TIME CLASS LOCATION PAYMENT

January 2007 Classes				
1/04/07 Thursday	6:30 PM – 9:00 PM	First Aid for Child Care Providers ☆ Please arrive on time because the door will be locked at 6:45.	Child Care Health* Public Health-Seattle & King Co. 1916 Boren 2nd floor Seattle 98101 For directions, please call (206) 296-2770 or visit our web site @ www.metrokc.gov/health/childcare	\$20 Please make checks payable to: SKCDPH
1/18/07 Thursday	6:30 PM – 8:30 PM	Food Safety in Child Care/Food Handler Card Class See description on page 4.	Bellevue School District Transportation Training Center (TTC) 12025 NE 5th St., Bellevue For directions, please call (206) 296-2770 or visit our web site @ www.metrokc.gov/health/childcare	See p. 4 for payment information
1/24/07 Wed.	6:30 PM – 8:30 PM	☆2 STARS CREDITS☆ Safe Medication Practices for Child Care ☆ Please arrive on time because the door will be locked at 6:45.	Child Care Health* Public Health-Seattle & King Co. 1916 Boren 2nd floor Seattle 98101 For directions, please call (206) 296-2770 or visit our web site @ www.metrokc.gov/health/childcare	\$20 Please make checks payable to: SKCDPH

* 1916 Boren is next to Dollar Rent-A-Car between Stewart St. and Virginia St. (west of I-5 and a few blocks from REI). Parking is available in nearby lots for \$3 or on the street (meters are free after 6 PM). The Child Care Health Program entrance is on the southeast side of the building.



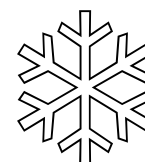
February 2007 Classes

DATE	TIME	CLASS	LOCATION	PAYMENT
2/01/07 Thursday	6:30 PM – 9:00 PM	First Aid for Child Care Providers ☆ Please arrive on time because the door will be locked at 6:45.	Child Care Health* Public Health-Seattle & King Co. 1916 Boren 2nd floor Seattle 98101 For directions, please call (206) 296-2770 or visit our web site @ www.metrokc.gov/health/childcare	\$20 Please make checks payable to: SKCDPH
2/07/07 Wednesday	6:30 PM – 8:30 PM	☆2 STARS CREDITS☆ Nutrition and Behavior	Millenium Kids 15801 Ambaum SW Burien 98168 For directions, please call (206) 296-2770 or visit our web site @ www.metrokc.gov/health/childcare	\$20 Please make checks payable to: SKCDPH
2/22/07 Thursday	7:00 PM – 9:00 PM	Food Safety in Child Care/Food Handler Card Class See description on page 4.	YMCA Norman Center 33250 – 21st Ave. South Federal Way For directions, please call (206) 296-2770 or visit our web site @ www.metrokc.gov/health/childcare	See p. 4 for payment information

March 2007 Classes

3/08/07 Thursday	6:30 PM – 9:00 PM	First Aid for Child Care Providers ☆ Please arrive on time because the door will be locked at 6:45.	Child Care Health* Public Health-Seattle & King Co. 1916 Boren 2nd floor Seattle 98101 For directions, please call (206) 296-2770 or visit our web site @ www.metrokc.gov/health/childcare	\$20 Please make checks payable to: SKCDPH
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2007 Class Fees

Our goal is to provide quality training for child care providers at a reasonable cost. Where possible we seek grant funding to underwrite a portion of training costs. Effective January 1, 2007 class fees will be \$10 per person per hour. A 2 credit STARS class will cost \$20 per person. All First Aid and Bloodborne Pathogens/HIV/AIDS classes will also be \$20.

If you have questions about our class fees, please call the Child Care Health Program at (206) 296-2770.



Class Registration Information

Pre-registration is required for all classes. To register, please mail the registration form on page 7. **Classes fill quickly so send in the registration form and payment as soon as possible.** We do not accept registrations by telephone. Please make your check payable to: SKCDPH (Seattle – King County Department of Public Health) & return the registration form with payment to:

Child Care Health Program – Class Registration
1916 Boren Ave, Suite #200, Seattle, WA 98101.

If you have any questions, please call (206) 296-2770. Space is limited. Please register early or call us at (206) 296-2770 to check for class openings. If a class fills before we receive your registration, your check will be returned to you. If a money order or cashier's check is used as payment, we will issue a refund. To avoid disrupting the class, and to receive full credit, please try to arrive on time. We also request that you make other child care arrangements so that your attention can be focused on the class.

Our Class Cancellation Policy

- ☆ If we cancel a class (due to low enrollment, snow, or other reason) you may choose between receiving a refund or a credit toward another class.
- ☆ If you register for a class and find you cannot attend, please notify us at (206) 296-2770 **at least 24 hours** before the class. No refunds will be made, but if you notify us at least 24 hours before the class you will be eligible for a credit toward another class.

Save the Date!!!

STARS Credits Available!



From Crib to Classroom A Path to Emotionally Healthy Children

Saturday, January 20, 2007
8:00 am – 2:30 pm at the Shoreline Conference Center
18560 – 1st Ave NE, Shoreline

A conference for early childhood educators, caregivers, and parents of young children sponsored by FACES North (Families and Children Early Support). For more information, contact: Peter Blair at 206-388-1994 or peter@sjcc.org



Do you...

- **Have Questions about Food Safety?**
- **Need a Food Handler Card?**
- **Need Some STARS Credits?**



These classes on Food Safety in Child Care include the option to take the test to get a Food Handler Card:

January 18, 2007

When: Thursday, January 18, 2007 6:30 PM – 8:30 PM
Where: Bellevue School District Transportation Training Center (TTC)
12025 NE 5th St., Bellevue

Or

February 22, 2007

When: Thursday, February 22, 2007 6:30 PM – 8:30 PM
Where: YMCA Norman Center
33250 – 21st Ave. South, Federal Way

Designed for people working in child care programs, this class will cover food safety concerns in a child care setting. The training will also include all the essential components required to take the Food Handler Card test. The Food Handler Card test is offered at the end of class.

We are offering 3 different options for this class (please make checks payable to SKCDPH):

- Option 1** To receive 1.5 STARS Credits and a Food Handler Card:
Plan to stay until 8:30 and send us a **registration payment of \$20.**
- Option 2** To receive a Food Handler Card only:
Plan to stay until 8:30 and send us a **registration payment of \$10.**
- Option 3** To receive 1.5 STARS credits only:
Plan to stay until 8:00 (you will not have to take the food handler test) and send us a **registration payment of \$10.**

If you have questions or need more information, please call us at (206) 296-2770.

STARS Scholarships Are Available!



Do you know that scholarships are available to child care providers to cover the cost of your STARS classes? Please call (253) 854-2565, ext. 16 or visit www.waeyc.org and click on "WA STARS" for more information.



Playing Outside in Northwest Weather

The Washington Administrative Code (WAC) 388-295-2130 1 requires child care facilities to provide outdoor playtime activities for all children in their programs. This means that even in the rain, children need to go outside and play!



Remember, your child doesn't get sick from playing outside in the rain. Colds are caused by viruses, not wet clothes, so it's safe for children to play in the rain.



Of course, getting wet is uncomfortable, so bring rain gear (including boots if possible) and a change of clothes for your child.

Encourage children to be active outdoors. Playing in the sun or rain helps them develop emotionally, socially and physically. It's also fun, so encourage physical activity even in rain.



IMPORTANT RECALL INFORMATION

There have been many recalls these past two months that involve products relating to children. Please visit the CPSC web site at www.cpsc.gov and click on "Recalls and Product Safety News" or call the CPSC hotline at 1-800-638-2772 for detailed information on these recalls.

Information on recalled car seats and booster seats is posted on the website of the Safety Restraint Coalition, Washington's Child Passenger Safety Program: please visit www.800BUCKLUP.org.

- **Children's Mood Necklaces and Diva Necklaces** made in China, imported by Really Useful Products, Inc. and sold by children's, dollar, and discount stores nationwide from September 2004 through November 2006 for about \$1.
- **Antique White Furniture from the Cottage Collection** made in Mexico and imported and sold by The Land of Nod® from September 2003 through August 2006 for between \$50 and \$1,100.
- **"Cars" Toy Storage Benches** made in China by Delta Enterprise Corp. and sold at Toys "R" Us stores from March 2006 through August 2006 for about \$50.
- **Toy Keys** made in China, imported by RC2 Brands, Inc. and sold at department stores and independent toy stores nationwide from August 2005 through October 2006 for about \$6.
- **Flashing Pacifiers** made in China, imported by several companies and sold at novelty shops, toy stores, carnivals, amusement parks and by Web retailers nationwide from January 2003 through September 2006 for between \$0.55 and \$13.
- **Suave Kids Bath Sets**, made in China by Almar Sales Co. and sold at Wal-Mart stores nationwide from March 2006 through June 2006 for about \$10.
- **Minnie Mouse Cardigan Sets** made in China, distributed by Wal-Mart Stores, Inc. and sold exclusively at Wal-Mart stores nationwide from July 2006 through August 2006 for about \$15.
- **Baby Gund Woodles™** Activity Toys made in Vietnam by Gund, Inc. and sold at independent specialty toy stores nationwide and in Canada from June 2005 through April 2006 for about \$12.
- **Helix Remote Control Micro Helicopter** made in China by Spin Master Toys and sold at national retailers from July 2006 through early November 2006 for about \$100.
- **Baby Cookie Monster Toys** sold with DVD made in China by the Betesh Group and sold exclusively at Wal-Mart stores nationwide from March 2006 to July 2006 for about \$15.
- **Mattel's Polly Pocket Dolls and Accessories with Magnets** made in China, imported by Mattel Inc. and sold at discount department stores and toy stores from May 2003 through September 2006 for between \$15 and \$30.
- **"Play Wonder" Puzzle Tables** made in China by Sunrise and sold at Target stores nationwide and on www.target.com from December 2005 through October 2006 for about \$25.
- **Various "Kool Toyz" Children's Products** made in China by Toy Century Industrial Ltd. and sold by Target Stores nationwide from July 2006 through September 2006 and on Target.com from August 2006 through September 2006 for between \$10 and \$20.
- **Decorative Snaps and Metal Clips** made in China by Provo Craft and sold at scrapbook stores and craft retailers nationwide from August 2005 through October 2006 for about \$6.

Information in this newsletter is available in alternate formats upon request by people with disabilities. Reasonable accommodations at workshops and trainings are available upon request by people with disabilities. For information call (206) 296-2770.





CHILD CARE HEALTH PROGRAM CLASS REGISTRATION FORM



Class Name & Date: _____

Name: _____ Phone (work): _____ (home): _____

Your Address: _____ (zip code) _____

STARS ID Number: _____

Name of the child care program where you work: _____

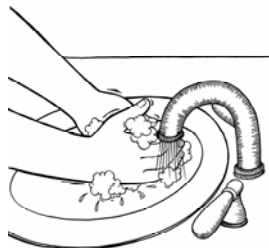
Is this a center? _____ or a family child care home? _____ Program's phone #: _____

Program's e-mail address: _____

Is your program in Seattle? Yes No Number of children enrolled: _____

**Please Register Early! Enclose your payment & return this registration form to:
Child Care Health Program – Class Registration – 1916 Boren Ave, Suite 200 Seattle, WA 98101**

✂ Please cut here



Stop Germs, Stay Healthy

To minimize the risk for getting or spreading colds and flu this year:

- ☆ Avoid contact with other people who have respiratory infections and colds.
- ☆ When you are ill, stay home from work and avoid contact with other people.
- ☆ Cover your coughs and sneezes with tissue, or cough into your shirtsleeve.
- ☆ Wash your hands frequently and after touching your nose and mouth.
- ☆ Get the flu vaccine. Public Health strongly recommends flu vaccine for caregivers of children 0 – 5 years of age.

For more information, including downloadable posters visit:

<http://www.metrokc.gov/health/immunization/fluseason.htm>
<http://www.metrokc.gov/health/stopgerms/index.htm>



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Seattle, WA 98101-1467

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CHANGE SERVICE REQUESTED



**In this issue of the Child
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- ▶ Playing Outside in Northwest Weather: Information for Families
- ▶ Stop Germs, Stay Healthy: Preventing Colds and Flu
- ▶ Classes and Workshops Available:
 - ☆ Food Safety in Child Care/Food Handler Card
 - ☆ First Aid for Child Care Providers
 - ☆ Safe Medication Management for Child Care
 - ☆ Nutrition and Behavior

