

# THE CHILD CARE HEALTH CONNECTION

Health, Safety and Nutrition News  
from the Child Care Health Program



A Program of Public Health - Seattle & King County

## CLASS SCHEDULE January/February 2006

Vol. 5 No. 1

### Welcome to the January/February 2006 Child Care Health Connection!

In 2006 the Child Care Health Connection will be published every other month. Each newsletter will have information on classes for two months, as well as informational articles and fact sheets. This change is being made to lower our printing and mailing costs.

Please remember to check out our website at [www.metrokc.gov/health/childcare](http://www.metrokc.gov/health/childcare) for class information. We will include information on any classes added after the newsletter deadline has passed. Model policies for child care programs and child care health information on a variety of topics are also available on the website.

Additionally, if you would like to receive the newsletter by e-mail (instead of regular mail) please send an e-mail with your name, e-mail address, and phone number to [ChildCareHealthProgram@metrokc.gov](mailto:ChildCareHealthProgram@metrokc.gov). Please type "Newsletter" in the subject line. We will move your name to our electronic mail list.



# JANUARY/FEBRUARY 2006 CLASS SCHEDULE

DATE	TIME	CLASS	LOCATION	PAYMENT
<b>January 2006 Classes</b>				
1/5/06 Thursday	6:30 PM – 9:00 PM	<b>First Aid for Child Care Providers</b> ☆ Please arrive on time because the door will be locked at 6:45.	<b>Child Care Health*</b> Public Health-Seattle & King Co. 1916 Boren 2 <sup>nd</sup> floor Seattle 98101 For directions, please call (206) 296-2770 or visit our web site @ <a href="http://www.metrokc.gov/health/childcare">www.metrokc.gov/health/childcare</a>	\$16 Please make checks payable to: SKCDPH
1/9/06 Monday	7:00 PM – 9:00 PM	<b>Bloodborne Pathogens/HIV/AIDS</b>	<b>White Center Public Health Center</b> 10821 – 8 <sup>th</sup> Ave. SW Seattle 98146 For directions, please call (206) 296-2770 or visit our web site @ <a href="http://www.metrokc.gov/health/childcare">www.metrokc.gov/health/childcare</a>	\$10 Please make checks payable to: SKCDPH
1/11/06 Wednesday	7:00 PM – 9:00 PM	<b>First Aid for Child Care Providers</b>	<b>Discovery World Learning Center</b> 22038 – 9 <sup>th</sup> Ave. South Des Moines 98198 For directions, please call (206) 296-2770 or visit our web site @ <a href="http://www.metrokc.gov/health/childcare">www.metrokc.gov/health/childcare</a>	\$16 Please make checks payable to: SKCDPH
1/18/06 Wednesday	7:00 PM – 9:00 PM	<b>Bloodborne Pathogens/HIV/AIDS</b>	<b>Eastgate Public Health Center</b> 14350 SE Eastgate Way Bellevue 98007 For directions, please call (206) 296-2770 or visit our web site @ <a href="http://www.metrokc.gov/health/childcare">www.metrokc.gov/health/childcare</a>	\$10 Please make checks payable to: SKCDPH
1/25/06 Wednesday	6:30 PM – 8:30 PM	<b>*2 STARS CREDITS*</b> <b>Preventing and Recognizing Child Abuse and Neglect</b>	<b>Northwest Center Child Development</b> 2919 – 1 <sup>st</sup> Ave. West, Seattle 98119 For directions, please call (206) 296-2770 or visit our web site @ <a href="http://www.metrokc.gov/health/childcare">www.metrokc.gov/health/childcare</a>	\$16 Please make checks payable to: SKCDPH
<b>February 2006 Classes</b>				
2/2/06 Thursday	6:30 PM – 9:00 PM	<b>First Aid for Child Care Providers</b> ☆ Please arrive on time because the door will be locked at 6:45.	<b>Child Care Health*</b> Public Health-Seattle & King Co. 1916 Boren 2 <sup>nd</sup> floor Seattle 98101 For directions, please call (206) 296-2770 or visit our web site @ <a href="http://www.metrokc.gov/health/childcare">www.metrokc.gov/health/childcare</a>	\$16 Please make checks payable to: SKCDPH
2/8/06 Wednesday	7:00 PM – 9:00 PM	<b>Bloodborne Pathogens/HIV/AIDS</b>	<b>Northshore Public Health</b> 10808 NE 145 <sup>th</sup> Bothell 98011 For directions, please call (206) 296-2770 or visit our web site @ <a href="http://www.metrokc.gov/health/childcare">www.metrokc.gov/health/childcare</a>	\$10 Please make checks payable to: SKCDPH
2/9/06 Thursday And 2/11/06 Saturday	6:30 PM – 9:00 PM And Sat. 8:00 AM – 4:00 PM	<b>*10 STARS CREDITS*</b> <b>Emergency Preparedness for Child Care Providers (See enclosed flyer for more information)</b>	<b>Highline Community College</b> 2400 S. 240 <sup>th</sup> St. Des Moines 98198 For directions, please call (206) 296-2770 or visit our web site @ <a href="http://www.metrokc.gov/health/childcare">www.metrokc.gov/health/childcare</a>	\$80 Please make checks payable to: SKCDPH



DATE	TIME	CLASS	LOCATION	PAYMENT
2/15/06 Wednesday	7:00 PM – 9:00 PM	First Aid for Child Care Providers	Eastgate Public Health Center 14350 SE Eastgate Way Bellevue 98007 For directions, please call (206) 296- 2770 or visit our web site @ <a href="http://www.metrokc.gov/health/childcare">www.metrokc.gov/health/childcare</a>	\$16 Please make checks payable to: SKCDPH
2/16/06 Thursday	7:00 PM – 9:00 PM	<b>*2 STARS CREDITS*</b> School Age Growth, Development and Behavior	A Country Garden Montessori 38722 Enumclaw – Black Diamond Road, Enumclaw 98022 For directions, please call (206) 296- 2770 or visit our web site @ <a href="http://www.metrokc.gov/health/childcare">www.metrokc.gov/health/childcare</a>	\$16 Please make checks payable to: SKCDPH

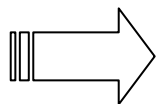
\* 1916 Boren is next to Dollar Rent-A-Car between Stewart St. and Virginia St. (west of I-5 and a few blocks from REI). Parking is available in nearby lots for \$3 or on the street (meters are free after 6 PM). The Child Care Health Program entrance is on the southeast side of the building.

**To register for a class, please use the registration form on p. 5.**

Pre-registration is required for all classes. Classes fill quickly so please send in the registration form and payment as soon as possible. If a class fills before we receive your registration, your check will be returned to you. If a money order or cashier's check is used as payment, we will issue a refund. Please see the back page of the newsletter for more information about registering for classes. To avoid disrupting the class, and to receive full credit, please try to arrive on time. We also request that you make other child care arrangements so that your attention can be focused on the class.

**Announcing...**

**The Fourth Annual FACES North**



**From Crib to Classroom Conference**

Saturday, February 11, 2006  
Shoreline Center in Shoreline, WA



A day long conference for parents, caregivers and staff on the "latest and greatest" strategies to enhance development during the early years.

Sponsored by FACES North, Child Care Resources, Puget Sound ESD, Shoreline School District, Northshore School District, United Way of King County.

For registration materials:  
Contact Child Care Resources at (206) 329-1011, ext. 0.



# Playing Outside in Northwest Weather

Please Post for  
Parents

**The Washington Administrative Code (WAC) 388-295-2130 1 requires child care facilities to provide outdoor playtime activities for all children in their programs. This means that even in the rain, children need to go outside and play!**



**Remember, your child doesn't get sick from playing outside in the rain. Colds are caused by viruses, not wet clothes, so it's safe for children to play in the rain.**



**Of course, getting wet is uncomfortable, so bring rain gear (including boots if possible) and a change of clothes for your child.**

**Encourage children to be active outdoors. Playing in the sun or rain helps children develop emotionally, socially and physically. It's also fun, so encourage physical activity even in rain.**





# CHILD CARE HEALTH PROGRAM CLASS REGISTRATION FORM



Class Name & Date: \_\_\_\_\_

Name: \_\_\_\_\_ Phone (work): \_\_\_\_\_ (home): \_\_\_\_\_

Your Address: \_\_\_\_\_ (zip code) \_\_\_\_\_

STARS ID Number: \_\_\_\_\_

Name of the child care program where you work: \_\_\_\_\_

Is this a center? \_\_\_\_\_ or a family child care home? \_\_\_\_\_ Program's phone #: \_\_\_\_\_

Program's e-mail address: \_\_\_\_\_

Is your program in Seattle? Yes  No  Number of children enrolled: \_\_\_\_\_

**Please Register Early! Enclose your payment & return this registration form to:  
Child Care Health Program – Class Registration – 1916 Boren Ave, Suite 200 Seattle, WA 98101**

✂ Please cut here .....

## IMPORTANT RECALL INFORMATION

There have been several recalls this past month that involve products relating to children. We are listing the products below and strongly encourage you to stop using them and visit the CPSC web site at [www.cpsc.gov](http://www.cpsc.gov) and click on "Recalls/news," or call the CPSC hotline at 1-800-638-2772 for detailed information on these recalls. **Information on recalled car seats and booster seats is posted on the website of the Safety Restraint Coalition, Washington's Child Passenger Safety Program: please visit [www.800BUCKLUP.org](http://www.800BUCKLUP.org).**

**Fairy Wand Party Favors** distributed by American Greetings Corporation, manufactured in China and at discount, toy, drug, grocery, party and specialty gift stores nationwide from March 2003 through September 2005 for about \$4.

**Viking Chubbies Toy Cars** distributed by International Playthings, Inc., manufactured in Thailand, and sold at specialty toy stores nationwide from June 2005 through August 2005 for about \$14.

**Flexitoys Monster-Size Toy Vehicles** distributed by International Playthings, Inc., manufactured in China, and sold at specialty toy stores nationwide from May 2005 through Sept. 2005 for about \$4.

**Lov's "Europa" Natural Color Cribs** manufactured in Indonesia by Delta Enterprise Corp. and sold exclusively at Toys R Us nationwide from July 2004 through August 2005 for about \$200.

**Children's Metal Necklaces and Zipper Pulls** manufactured by Stravina Operating Co. and sold at discount, toy, party, grocery and drug stores from March 2002 through Sept. 2005 for between \$2 and \$4.

**10-in-1 Activity Trunks by Kid Connection** made in China, imported by Wal-Mart Stores, Inc. and sold exclusively at Wal-Mart stores from July 2005 through September 2005 for about \$15.

Information in this newsletter is available in alternate formats upon request by people with disabilities. Reasonable accommodations at workshops and trainings are available upon request by people with disabilities. For information call (206) 296-2770.



Child Care Health Program  
1916 Boren Ave., Suite 200  
Seattle, WA 98101-1467

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## Class Registration Information

Pre-registration is required. To register, please mail the registration form on page 5. **Classes fill quickly so send in the registration form and payment as soon as possible.** We do not accept registrations by telephone. Please make your check payable to: SKCDPH (Seattle – King County Department of Public Health) & return the registration form with payment to:

Child Care Health Program – Class Registration  
1916 Boren Ave, Suite #200, Seattle, WA 98101.

If you have any questions, please call (206) 296-2770. Space is limited. Please register early or call us at (206) 296-2770 to check for class openings.

Child Care Health Program 1916 Boren Avenue, Suite 200 Seattle, WA 98101 (206) 296-2770

**Please check out our web site at <http://www.metrokc.gov/health/childcare>**

### Our Class Cancellation Policy

- ☆ If we cancel a class (due to low enrollment, snow, or other reason) you may choose between receiving a refund or a credit toward another class.
- ☆ If you register for a class and find you cannot attend, please notify us at (206) 296-2770 **at least 24 hours** before the class. No refunds will be made, but if you notify us at least 24 hours before the class you will be eligible for a credit toward another class.

