

**FRAMINGHAM STUDY PHYSICAL EXAMINATION COMPONENT OFFSPRING**

	Offspring 1971-75	1979-82	1984-87	1987-90	1991-95	1996-97	To Start 9/ 1998
Components	Exam: 1	2	3	4	5	6	Exam: 7

**ANTHROPOMETRY**

Height	X	X	X	X	X	X	
Weight	X	X	X	X	X	X	
Skinfolds		X	X	X	X	X	
Thigh Girth				X	X	X	
Arm Girth		X		X	X	X	
Waist Girth				X	X	X	
Hip Girth				X	X	X	

**BLOOD PRESSURE**

Resting (2)	X	X	X	X	X	X	
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**URINALYSIS**

Urinalysis		X	X	X	X	X	
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**LIFESTYLE/HABITS**

Coffee/Tea		X	X	X	X	X	
Tobacco	X	X	X	X	X	X	
Alcohol	X	X	X	X	X	X	
Work Status		X	X			X	
Sociodemographic		X	X	X	X	X	

**MEDICAL HISTORY/INTERIM**

Interim Hospitalization		X	X	X	X	X	
Interim MD visits		X	X	X	X	X	
Hypertension	X	X	X	X	X	X	
Syncope	X	X	X	X	X	X	

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**MEDICAL HISTORY/INTERIM CONTINUED**

Arthritis History					X	X	
Oral Contraceptive History	X	X	X	X	X	X	
Female Genitourinary	X	X	X	X	X	X	
Male Genitourinary		X	X	X	X	X	
Thyroid/GI	X	X			X	X	
Respiratory		X	X	X	X	X	
Heart	X	X	X	X	X	X	
CVD	X	X	X	X	X	X	
Peripheral	X	X	X	X	X	X	
Cancer		X	X	X	X	X	
Other Non-Vasc Dis.	X	X		X		X	
Vascular Procedures					X	X	
Cardiovascular Meds	X	X	X	X	X	X	
Estrogen Replacement Therapy	X	X	X	X	X	X	
NSAID'S			X	X	X	X	

**MD PHYSICAL EXAM**

Md Physical Exam	X	X	X	X	X	X	
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**CHEMISTRIES**

LIPIDS							
Cholesterol	X	X	X	X	X	X	
HDL	X	X	X			X	
HDL3				X	X		
Triglycerides	X	X	X	X	X	X	
LDL	X	X	X			X	
CBC	X	X				X	
Chemical Profile	X	X					
Insulin					X		
Fasting Glucose		X			X	X	
Glucose	X	X	X	X			
Oral Glucose Tolerance Test					X		
Apoprotein A1, B1			X				
ApoE Phenotype			X				
Fibrinogen						X	
Estradiol			X				
Testosterone (men)			X				
FSH/LH			X				
T4, TSH			X				
Sinking pre B	X						

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**CHEMISTRIES CONTINUED**

Glucose Challenge							
Homocysteine fasting						X	
Postmethionine load						X	
Glycosylated Hb					X		

**ECHOCARDIOGRAPHY**

Echocardiography				X	X	X	
2 D, M-Mode Doppler				X	X	X	

**CAROTID DOPPLER**

Carotid Doppler					X	X	
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**ELECTROCARDIOGRAM**

Electrocardiogram	X	X	X	X	X	X	
Heart rate variability ECG		X		X		X	

**HOLTER MONITOR**

Holter monitor		X	X				
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**PULMONARY FUNCTION**

Testing	X	X		X	X	X	
Carbon Monoxide Level		X		X	X	X	

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**PHYSICAL ACTIVITY/ FITNESS**

Physical Activity: 1 yr HX				X	X	X	
Physical Activity Quest		X		X	X	X	
Rest/Activity Cycle/Day		X		X	X	X	
Katz ADL					X	X	
Nagi I-ADL					X	X	
Rosow Breslau					X	X	
Walk/Jog					X	X	
Falls				X	X	X	

**COGNITION**

MMSE					X	X	
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**PSYCHOSOCIAL**

Subjective Health					X	X	
CES-D			X			X	
Type A		X	X				