



WEST VIRGINIA

WIC



Helps You
Help Your
Family

Find out if you qualify by
calling your local WIC office.

Call 211 toll-free or visit
www.wvdhhr.org/ons
for the WIC clinic nearest you.



Nutrition Education



Medical Referrals



Breastfeeding



Counseling



Prenatal Nutrition



Health Screening

WIC makes sure that pregnant women,
postpartum women, infants and children up to
the age of five have what they need to live a healthy life.
We assure that your family is getting good nutrition
through food vouchers, health services and counseling.

WEST VIRGINIA
Department of



**Health
&
Human
Resources**

This institution is an equal opportunity provider.