

Review and Resources

Grades 4-6, Lesson #19

Time Needed

50-60 minutes

Student Learning Objectives

To be able to...

1. Recognize the definitions of at least 90% of the vocabulary introduced in the unit.
2. Identify personal and community resources for information about sexuality and assistance with specific problems.
3. Use a phone book to access those resources.

Agenda

1. Explain reasons for lesson.
2. Use *Review & Resources Worksheet* and mini-case studies to help students identify community resources.
3. Use phone books as a small group exercise to help students practice locating resources.
4. Use a Vocabulary Bingo Activity to review new terminology from entire unit (Lessons #1-14).

Materials Needed

Classroom Materials:

- Eight sets of phone books (8 white pages; 8 yellow pages)

Student Materials: (for each student)

- *Resources Worksheet*
- *Review & Resources Vocabulary Bingo Gamecards* – You will need one class set. There are 8 different cards, so depending upon the size of your class, you will need approximately 4 copies of each *Gamecard*, so that each student gets one.

25 paper clips per student (to use as bingo markers)

Activity

1. Explain reasons for lesson.

Ask the class how they feel when they're lost. Explain that people sometimes feel the same way when they have a problem and don't know how to get help. This lesson is about finding help when you or a friend has a problem.

2. Use *Review & Resources Worksheet* and mini-case studies to help students identify community resources.

Hand out the Worksheet. Start by, as a group, making corrections to the form.

- Some locations have taped "Tel-Med" services available by telephone; most no longer do. Have students cross that out if it isn't available in your county.
- The Sex Information Line is a service of Planned Parenthood of Western Washington. If you live outside of Washington State, have students cross that off.
- The Community Information Line is a service of many county crisis clinics, including King County, Washington. If none is available in your area, have students cross it off.
- In Washington State, the agency that handles allegations of child abuse is called "Child Protective Services." If you live in another state, have students change the name to the correct name of your own state's child protective agency.

Read the first of the following situations aloud and have students silently mark one or more responses to each. Emphasize that there are no wrong answers. Discuss their responses. Then read situation #2, and so on.

- a. Your friends have all started puberty and you haven't. You're pretty sure there's nothing wrong, but you can't help worrying. Where could you turn for help?
- b. You have been feeling very tired lately and you need a physical checkup. Where could you turn for help?
- c. Your friend comes to school with bruises and welts on his back. He says his dad got mad at him. Where could you turn for help?
- d. You need information about STD's for a report at school. Where could you turn for help?
- e. You and your little brother and sister have a new babysitter. He is 18. Yesterday and today he came into your bedroom without knocking while you were changing your clothes. The first time you thought it was just a mistake. Now you're not sure. Where could you turn for help?
- f. You heard a word you didn't understand. Your friend thinks it has to do with checkups and cancer. You wonder what it means. Where could you turn for help?
- g. Your sister thinks she might be pregnant. Where could you suggest she turn for help?

- h. Ever since your parents' divorce, you've been sad and not very interested in yourself or school. Where could you turn for help?
- i. Your friend says he might have an STD, but he doesn't know how to find out. Where could you suggest he turn for help?
- j. You are invited to a party where you think there might be a lot of older kids and no parents. You don't want your friends to think you're a baby, but you're confused about the decision. Where could you turn for help?

3. Use phone books as a small group exercise to help students practice locating resources.

Have students, in eight teams of 2 to 4 students, take turns looking up phone numbers for resources 2 through 10 and any community resources they've written in (columns 13-16). (They can finish #1, 11 & 12 with their parents for homework. See "related activities," below.) The first time finished and the team with the best cooperation and peer support can share the honor of "winning."

4. In the same teams, play the "Vocabulary Bingo" activity to review the whole unit's new vocabulary.

Give each team 2-4 matching Bingo Gamecards and 25 markers per teammate. (Paper clips will do, as markers). At random, you read asterisked definitions, aloud, from the glossary (Appendix I). Each team places a marker on the correct term, if they have it. Discussion among team members is encouraged. The first team to complete a row of 5 (vertically, horizontally, or diagonally) wins. Play three times if time allows.

Homework

Students' options:

- Complete the *Review and Resources Worksheet* with an adult in the family. *
- If you (the student) have made a personal glossary during the unit, make a title page for, and bind your glossary.
- If you (the student) have completed 4 or more worksheets in this unit, make a title page and bind the collection of worksheets.

* see "Preparing Parents" page 4-5

Review & Resources Worksheet

DIRECTIONS: I will read you some stories. As I read you "SITUATION a", you decide where this person could go for help. Mark an X in the column or columns that make the most sense to you. If you have ideas you don't see here, write them in the columns at the right.

SITUATION	RESOURCE AND PHONE #												
	1) family	2) school:	3) police:	4) library:	5) Health Department:	6) Mental Health Center:	7) Tel-Med:	8) Sex Information Line:	9) Community Information Line:	10) Child Protective Services:	11) doctor:	12) place of worship:	others (write in)
a													
b													
c													
d													
e													
f													
g													
h													
i													
j													

Review & Resources Worksheet 1 – Answer Key/Sample

SITUATION	RESOURCE AND PHONE #												
	1) family	2) school:	3) police:	4) library:	5) Health Department:	6) Mental Health Center:	7) Tel-Med:	8) Sex Information Line:	9) Community Information Line:	10) Child Protective Services:	11) doctor:	12) place of worship:	others (write in)
a		<i>your school</i>		<i>911</i>		<i>Student's local branch</i>							
b						<i>nearest branch</i>							
c						<i>a local one</i>							
d							<i>621-9450</i>						
e								<i>328-7711</i>					
f									<i>447-3200</i>				
g										<i>721-4115</i>			
h											<i>perhaps a family physician</i>		
i											<i>student's own, if any</i>		
j											<i>friend or a family</i>		
											<i>parent</i>		

Seattle area only

Review & Resources Vocabulary Bingo Gamecard 1

Privacy	Nocturnal Emission	Implantation	Urethra	Labia
Alternative	Puberty	Ovulation	Penis	Clitoris
Considerate	Sperm	Genitals	Anus	Uterus
Exploitation	Ovum	Semen	Testicles	Fallopian Tube
Self-esteem	Erection	Circumcision	Scrotum	Vagina

Review & Resources Vocabulary Bingo Gamecard 2

Alternative	Puberty	Ovulation	Vas Deferens	Cervix
Sexuality	Menstruation	Genitals	Testicles	Clitoris
Exploitation	Sperm	Implantation	Prostate	Fallopian Tube
Self-esteem	Erection	Ejaculation	Penis	Ovary
Consequence	Ovum	Circumcision	Scrotum	Uterus

Review & Resources Vocabulary Bingo Gamecard 3

Sexuality	Sperm	Ejaculation	Scrotum	Vagina
Privacy	Ovum	Genitals	Prostate	Cervix
Consequence	Menstruation	Circumcision	Urethra	Ovary
Self-esteem	Erection	Semen	Penis	Fallopian Tube
Considerate	Pituitary	Fertilization	Vas Deferens	Labia

Review & Resources Vocabulary Bingo Gamecard 4

Privacy	Nocturnal Emission	Ejaculation	Urethra	Cervix
Exploitation	Puberty	Semen	Penis	Vagina
Alternative	Pituitary	Fertilization	Testicles	Uterus
Consequence	Ovum	Ovulation	Prostate	Clitoris
Considerate	Menstruation	Implantation	Anus	Ovary

Review & Resources Vocabulary Bingo Gamecard 5

Alternative	Puberty	Ovulation	Testicles	Uterus
Sexuality	Erection	Genitals	Urethra	Vagina
Self-esteem	Nocturnal Emission	Semen	Vas Deferens	Cervix
Considerate	Pituitary	Circumcision	Anus	Fallopian Tube
Exploitation	Sperm	Fertilization	Scrotum	Labia

Review & Resources Vocabulary Bingo Gamecard 6

Alternative	Menstruation	Ovulation	Scrotum	Ovary
Sexuality	Puberty	Fertilization	Anus	Fallopian Tube
Privacy	Sperm	Implantation	Vas Deferens	Clitoris
Self-esteem	Noctural Emission	Circumcision	Testicles	Labia
Consequence	Erection	Ejaculation	Prostate	Uterus

Review & Resources Vocabulary Bingo Gamecard 7

Alternative	Sperm	Semen	Urethra	Vagina
Considerate	Menstruation	Ejaculation	Vas Deferens	Labia
Exploitation	Puberty	Ovulation	Testicles	Uterus
Consequence	Pituitary	Fertilization	Prostate	Ovary
Sexuality	Ovum	Genitals	Penis	Cervix

Review & Resources Vocabulary Bingo Gamecard 8

Privacy	Menstruation	Implantation	Scrotum	Vagina
Sexuality	Erection	Genitals	Anus	Fallopian Tube
Exploitation	Ovum	Circumcision	Urethra	Clitoris
Self-esteem	Pituitary	Semen	Penis	Ovary
Consequence	Nocturnal Emission	Ejaculation	Prostate	Cervix