

# F.L.A.S.H. Curriculum Overview

4/5/6

7/8

Special Education: Secondary

- 1. Introduction
- 2. Family
- 3. Self-Esteem \*
- 4. Sex Roles \*
- 5. Friendship \*
- 6. Decision-Making \*
- 7-8. Sexual Exploitation \*
- 9-10. Puberty
- 11-12. Reproductive System
- 13-14. Pregnancy
- 15-16. HIV/AIDS 4/5<sup>th</sup> grade \*
- 17-18. HIV/AIDS 5/6<sup>th</sup> grade \*
- 19. Review & Resources

- 1. Introduction
- 2. Puberty
- 3. Sexual Health & Hygiene
- 4-5. Sexually Transmitted Diseases
- 6-7. Reproductive System
- 8-9. Pregnancy
- 10-11. Decision-Mkg. & Teen Parenthood \*
- 12-13. Touch & Abstinence \*
- 14. Birth Control
- 15. Resource People
- 16. Communication: The Basics \*
- 17. Asking Honestly for What You Want \*
- 18. Taking "NO" for an Answer \*
- 19. Saying "NO" \*
- 20. Defending your Rights \*
- 21-22. HIV/AIDS 7<sup>th</sup> grade \*
- 23-24. HIV/AIDS 8<sup>th</sup> grade \*

- 1. Introduction
- 2. Public & Private \*
- 3. Self-Esteem \*
- 4. Gender Identification
- 5. Families
- 6. Friendship & Dating \*
- 7. Helpers, Acquaintances, Strangers \*
- 8. Non-Verbal Communication \*
- 9. Assertiveness \*
- 10. Asking for What You Want \*
- 11. Hearing "NO" \*
- 12. Saying "NO" \*
- 13. Decision-Making \*
- 14. Touching (exploitation) \*
- 15. Exploitation & Getting Help \*
- 16. Anatomy
- 17. Puberty
- 18. Sexual Health & Hygiene
- 19. Reproduction
- 20. Pregnancy
- 21. Parenthood
- 22. Sexual Decision-Making \*
- 23. Contraception \*
- 24. Germs & Risks
- 25. Sexually Transmitted Diseases
- 26. HIV/AIDS \*

27-28. Resources & Review

- Physical Aspects of Sexuality (in red)
- Psychosocial Aspects of Sexuality (in green)
- Learning to Access Resources (in blue)

\* building blocks for abstinence

9/10

1. Introduction
2. Touch & Abstinence \*
- 2a. Abstinence \*
3. Reproductive System
4. Puberty and Adolescence - Overview
5. Adolescence - Who Am I? Where Am I Going?
6. Adolescence - Am I normal?
7. Adolescence - Will I fit in? \*
8. Adolescence - What will I decide about touch? \*
9. Sexual Exploitation - Communication \*
10. Sexual Exploitation - Consent vs. Exploitation \*
11. Sexual Exploitation - Continuum of Sexual touch \*
12. Sexual Exploitation - Assault Strategies \*
13. Pregnancy - the Developing Baby
14. Pregnancy - the Experience
15. Pregnancy - Pre-Natal Health
16. Planning to Parent - Infant Health
17. Planning ... Do I want children? How many? When?
18. Planning to Parent - Am I qualified?
19. Un-planned Pregnancy
20. Contraception - Overview
21. Contraception - A Closer Look
22. Contraception - What's the Best Method?
23. Contraception - Communication \*
- 23a. Contraception 911 - Emergency Contraception
24. Sexually Transmitted Diseases: Overview
25. HIV / AIDS - Understanding the Disease
26. HIV / AIDS - It's impact on People
27. Sexually Transmitted Disease - Epidemiology
28. Sexually Transmitted Disease - Communication
29. Sexual Health Care
30. Review & Post - test

11/12

1. Critical Thinking \*
  2. Child & Adolescent Sexual Development - Infant & Preschool
  3. Child & Adolescent ... Gender Identity and Expression
  4. Child & Adolescent ... Sexual Orientation & the Individual \*
  5. Child & Adolescent ... Sexual Orientation & Society
  6. Child & Adolescent ... Learning to Love \*
  7. Fertility & Infertility \*
  8. Unplanned Pregnancy - Abortion
  9. Unplanned Pregnancy - Adoption
  10. Unplanned Pregnancy - Parenting - Focus on Fathers
  11. Unplanned Pregnancy - Pregnancy Options & Society
  12. Contraception, Individuals & Society
  13. HIV / AIDS - Review, Update, Pretest \*
  14. HIV / AIDS - Focus on Testing \*
  15. HIV / AIDS - Friends & Family
  16. HIV / AIDS - Society
  17. Sexual Response System (includes alcohol & other drug information)
  18. Abstinence, Attitude & Activism \*
  19. Lifelong Sexuality & Unit Closure
- Physical Aspects of Sexuality (in red)
  - Psychosocial Aspects of Sexuality (in green)
  - Learning to Access Resources at these grade levels is also accomplished through "Individual Field Trips" followed by reports to the class

\* building blocks for abstinence