

Minority Health Resources

Minority Health Concerns in the U.S.

Some conditions that affect minorities disproportionately are:

◆ Asthma

Although asthma affects people of all races, African Americans are more likely than caucasians to be hospitalized for asthma attacks and to die from asthma.

◆ Cancer

African Americans are 30% more likely to die of cancer than whites. The incidence of certain cancers is also higher in Asian, Hispanic, and Hawaiian populations than in the white population.

◆ Cardiovascular disease

Heart disease is the leading cause of death for all racial and minority groups.

◆ Diabetes

The prevalence of type 2 diabetes is 2.6 times higher in Native Americans, 2 times higher in African Americans, 1.9 times higher in Hispanics/Latinos, and 2 times higher in Mexican Americans than in whites.

◆ HIV/AIDS

The incidence of HIV/AIDS is 24 times higher in African American females than in white females.

◆ Infant mortality

The infant death rate is twice as high among American Indians, African Americans, and Alaska Natives as among whites.

Sources: National Institutes of Health; Centers for Disease Control and Prevention; and National Heart, Lung, and Blood Institute.

Consumer Health Resources in English and Spanish

- ◆ **MedlinePlus[®]** — Over 740 health topics including complementary and alternative medicine, interactive tutorials, drug information, a medical encyclopedia, surgery videos, and more.

In English: <http://medlineplus.gov>

en español:

<http://medlineplus.gov/spanish>

Health Topics for Population Groups:
<http://www.nlm.nih.gov/medlineplus/populationgroups.html>

HIV/AIDS Information

- ◆ **National Library of Medicine AIDS Information Portal** — A comprehensive AIDS information service for consumers, physicians, scientists, researchers, educators, and students.

<http://aids.nlm.nih.gov>

- ◆ **AIDSinfo[®]** — Links to medical guidelines, clinical trials, prevention, and drug information.

In English: <http://aidsinfo.nih.gov>

en español:

<http://aidsinfo.nih.gov/infosida>

- ◆ **HIV/AIDS and Minorities** — Web links for specific ethnic populations, including information in Spanish.

<http://sis.nlm.nih.gov/hiv/minorities.html>

Web Sites for and about Specific Populations

- ◆ Health topics and issues affecting the health and well-being of Arctic, American Indian, Asian American, and other populations.

<http://www.arctichealth.org>

<http://americanindianhealth.nlm.nih.gov>

<http://asianamericanhealth.nlm.nih.gov>

Environmental Justice Tools and Resources

- ◆ **Environmental Justice Web Site** — Resources to help minority and low income communities receive equal protection under environmental laws.

<http://sis.nlm.nih.gov/enviro/environmentaljustice.htm>

- ◆ **TOXMAP[®]** — Maps identifying chemical releases and ethnic populations living within areas of release.

<http://toxmap.nlm.nih.gov>



Additional NLM Internet Resources

MEDLINE®/PubMed®—References and abstracts from 4,800 biomedical journals
<http://pubmed.gov>

Environmental Health and Toxicology Resources—Databases and resources related to environmental health and toxicology
<http://tox.nlm.nih.gov>

Tox Town®—Interactive guide to common toxic substances and environmental health risks
<http://toxtown.nlm.nih.gov>
<http://toxtown.nlm.nih.gov/espanol>

Household Products Database—Health and safety information on household products
<http://hpd.nlm.nih.gov>

Haz-Map—Information about occupational exposure to hazardous agents
<http://hazmap.nlm.nih.gov>

NIHSeniorHealth—Health information for older adults
<http://nihseniorhealth.gov>

ClinicalTrials.gov—Descriptions and locations of clinical research studies
<http://clinicaltrials.gov>

DIRLINE®—Directory of health organizations
<http://dirline.nlm.nih.gov>

National Library of Medicine
Trusted Health Information from the World's Largest Medical Library

For more information, please contact:

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Bethesda, MD 20894
Telephone: 1-888-FIND-NLM
1-888-346-3656
E-mail: custserv@nlm.nih.gov

www.nlm.nih.gov



National Institutes of Health
www.nih.gov

Department of Health and Human Services
www.os.dhhs.gov

Health information obtained from NLM databases should be used for information only and as a basis for discussion with your doctor. In all medical matters, we suggest you consult your physician.

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Empowering minority communities with health information

www.nlm.nih.gov

