

Crane, Nancy T

From: Sylvia Machado [sylviam@machadoenviro.com]
Sent: Monday, August 12, 2002 12:26 PM
To: Crane, Nancy T
Subject: Vitamins and nutrition

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02-022N-47
Sylvia Machado

Dear Ms. Crane:

I have been using vitamins and natural products for over 30 years. I have NEVER had a bad side effect from these, as I use them intelligently. However, I HAVE seen other people have negative side effects (my mother is one of them) from prescription drugs, **even when taken as prescribed**. Almost every single person in my family and all my friends take natural substances, very successfully. One would have to take natural substances VERY un-wisely to have an adverse reaction. I personally don't know anyone who's done this.

I really don't understand the problem that's trying to get solved. Would you please let me know what it is. It is beyond my understanding. I know that the FDA is there for our protection, and has done a great job in doing so over the decades. But I don't know what the heck is going on with this anti-vitamin campaign. Is it being pushed by the drug manufacturers? They are the only ones that could possibly benefit from this.

I would really appreciate your throwing some light on this for me.

Thank you very much,

Sylvia Machado
2219 Broadview Dr.
Glendale, CA 91208
818-249-3620