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From: Mary Hurst [vibehealth@earthlink.net]
Sent: Wednesday, August 21, 2002 1:15 PM
To: nancy.crane@cfsan.fda.gov.
Subject: Regulations regarding Supplements

02-022N
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Mary Hurst

I am once again appalled by our government's interference and attempt to tell the American public...what they can or cannot take to help with minor medical conditions!

It is obvious that the lobbyists for the pharmaceutical companies and the billions of dollars at stake are more important than the wishes of health-minded people who have found an alternative to their toxic drugs. Even if a person is improving because of a "placebo" effect of the supplement...it is a far cry less expensive and toxic to their bodies to take a plant based, natural substance.

In my practice, I have witnessed people's overall health and well-being improve by using supplements. People who were at their wits end attempting to purchase expensive drugs and often having to choose between food, housing and the prescription drug..."just because the doctor told them they had to take it". Most of these people began experiencing side effects from the prescription and found themselves once again in the doctor's office with new symptoms....only to be given a prescription for yet another drug (which they couldn't afford either).

Please, please consider the desires of millions of people to have a choice in how they address their health concerns. If they want to purchase vitamins, minerals, or other herbal supplements....let it be and let us choose!

- Mary Hurst

Vibrant Health Resources

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