Suggested addresses (also to your MP):

36

Date: 8-13-0 Your Address: Ramona,

92065

CANADA

Mr Ron B Burke, Deputy Director

Food Regulatory, International & Interagency Affairs

Food Directorate, Health Protection Branch

Health Canada Rm 200, HPB Building

Tunney;s Pasture

02-022N 02-022N-136 Dianne G. Heise <u>HSA</u>

Executive Officer for Codex
US Codex Contact Point
Food Safety and Inspection Service
US Department of Agriculture
Rm 311, West End Court
Washington, DC 20250-3700

Greetings:

Ottawa, ON K1A 0L2

Re: Codex Alimentarius 'Guidelines'

I am writing to protest the above guidelines.

To protect the interests of the pharmaceutical industry in their purely symptom-oriented and often dangerous drugs, my right of access to effective vitamin/mineral/herb therapies and natural treatments, together with my fundamental right to health and well-being, are being seriously violated. The Codex 'guidelines' will artificially sustain the markets for now superfluous pharmaceutical drugs at a time when more and more widespread diseases and public health problems can be successfully combated by vitamin/mineral/herb and other natural therapies fiee of side-effects.

I am aware of research, including Dr Rath's, that vitamin deficiency is shown to be the cause of most widespread health problems of our time. Also the saving of thousands or millions of human lives is partially dependent on how quickly life-saving information about the health benefits of vitamins and other natural therapies can be spread.

This makes all legislative efforts to censor or ban the spreading of natural health information knowledge and/or products all the more unethical and contemptible. Censorship laws or 'guidelines' do not (contrary to arguments by the pharmaceutical/medical industry) protect consumers from 'alleged side-effects. What it does is allow thousands of people to die every year from the harmful side-effects of pharmaceutical drugs by prescription. In fact for instance, the deadly side-effects of cholesterol-blockers and other phanna-drugs have become the fourth most common cause of death in the industrialized world (surpassed only by heart attack, cancer, and strokes)!

As **a** political decision-taker supporting these laws you are knowingly risking the unnecessary deaths of citizens of **cur** country. Censorship forced upon us by such avenues **as** the Codex 'Guidelines' is unscrupulous and unfair, and even more so when there is no public discussion or publicity and when it is against the express will of the people of this country—no democratic process. It is even more appalling when we see in the newspapers that the EU Commission (involved in the Codex process) **was** dismissed by the European Parliament for corruption and for taking bribes **from** multinational companies.

I realize that I must take responsibility for my own health, and it is much more important than the share prices of a handful of pharmaceutical industry speculators.

Please take action/vote to stop the Codex Alimentarius and the EU Directive on dietary supplements and related censorship laws or guidelines on the national and international level. In fact I would **ask** that you openly support unrestricted access to information about the health benefits of **botanical** therapies and other natural treatments **as** a basic human right. **Also** please support dietary supplements (vitamins, minerals, herbs, plants) **as** foods and not **as** a category under **drugs** or under pharmaceutical **access** to control.

Yours truly,

Signed: Dianne S. Heise

Print Name: Dianne G. Heise